



New York State Public High School Athletic Association

TOURNAMENT WEIGH-IN SHEET

EXACT WEIGHT MUST BE RECORDED

COACHES: KEEP THESE SHEETS ON FILE FOR POST-SEASON WT. VERIFICATIONS

TOURNAMENT _____ DATE: _____

All wrestlers listed below are eligible to wrestle in this tournament. Wt. Allowance _____
They have been cleared of any injury or skin rash.

Weight	Wrestler	Actual Wt.
96		
103		
112		
119		
125		
130		
135		
140		
145		
152		
160		
171		
189		
215		
285		

Minimum weights are as follows: In Excess of: 88 for 96, 93 for 103, 180 for 215, 210 for 285

SIGNATURE: **Tournament Director** _____