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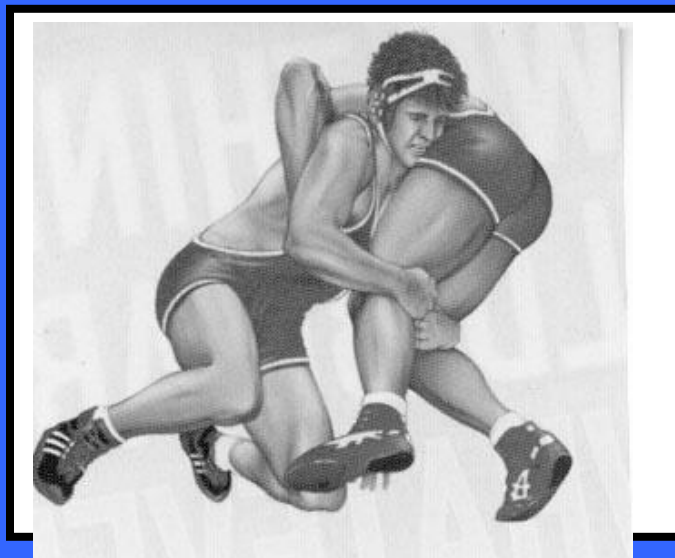
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# SECTION 9 WRESTLING

**COACHES AND A.D.'s  
HANDBOOK 2023-24**

(ENTIRE NYS PROGRAM FOR WRESTLING HANDBOOK IS INCLUDED WITHIN)



# 2023-24

# COACHES CHECK SHEET

## PRE-SEASON RESPONSIBILITIES FOR SECTION 9 WRESTLING:

- \_\_\_\_\_ **Complete your schedule** and notify the Section 9 Chairman if you are in search of a dual meet, a tournament, or a team for a tournament you are hosting.
- \_\_\_\_\_ Update **name/address/phone directory** handout from Section 9 Chairman. Include yourself and your JV and Modified coach and return it PRIOR to the first Section 9 Coaches meeting. Be sure to include a **fax** number and **e-mail** address if you have one.
- \_\_\_\_\_ Sell at least one ad for the Friends of Section 9 Program.
- \_\_\_\_\_ Get at least one parent to attend Friends of S9 meetings.
- \_\_\_\_\_ Obtain Booster Memberships from your parents for: Friends-S9 Program.
  
- \_\_\_\_\_ **Collect a completed NYS Parent Permission Form (Form 01)** from each wrestler on your team, prior to their weight certification day. Keep forms on file in you Athletic Directors office.
- \_\_\_\_\_ **Contact you're A.D.** to order a bus for your Regional Weight Certification site.
- \_\_\_\_\_ Attend the first Section 9 Coaches meeting on: **WED, NOVEMBER 15**  
**Zoom Meeting - 6:30 p.m.**
  
- \_\_\_\_\_ **Sign-on to the Trackwrestling website and follow the instructions to update your roster and print your Individual Profile forms prior to arrival at certification site.** Report to your assigned site for certifications. Wrestlers who are not hydrated must report back on a different date.

## IN-SEASON RESPONSIBILITIES FOR SECTION 9 WRESTLING:

- \_\_\_\_\_ Call in, (or use Form09-S9DualMeetResultForm) **results of all home dual meets** to:  
**The Record:** Phone #: **1-800-295-2181** Fax #: **342-6024** and  
[SectionIXWrestling@GMail.com](mailto:SectionIXWrestling@GMail.com), [Slnterdonato@TH-Record.com](mailto:Slnterdonato@TH-Record.com), and  
[Daniel.Morse@ouboces.org](mailto:Daniel.Morse@ouboces.org)
- \_\_\_\_\_ Update your wrestlers records in the TRACKWRESTLING database in a timely (bi-weekly) manner.
- \_\_\_\_\_ Update your wrestlers Form 11-NYSCompetiton Form to track their points and weigh-in's in a timely manner.
- \_\_\_\_\_ Send in your data or actual ad for the Section 9 Program.by: **SUN, JANUARY 14**
  
- \_\_\_\_\_ Get the necessary **documentation copied for the** Section 9 Seeding meeting.  
Email your Division 1 lineup by **MON, FEBRUARY 5**  
Email your Division 2 lineup by **TUES, FEBRUARY 6**
  
- \_\_\_\_\_ **Attend the Section 9 seeding meeting** for the Section 9 tournament:  
**Division 1** at 3:30 pm **WED, FEBRUARY 7** NFA – Lecture Room  
**Division 2** at 3:30 pm **THURS, FEBRUARY 8** at Highland HS
  
- \_\_\_\_\_ Vote by Monday **2/25/23** for the year end awards for the Friends of S9 Banquet on **TBA**

## 2023-24 PRE-SEASON - SECTION 9 TEAM RANKINGS

Minisink Valley is the defending D1 Section 9 Champion.

Red Hook is the defending D2 Section 9 Champion.

To determine the pre-season rankings a formula was applied to each team to determine their tournament strength for the upcoming year. Each D1 and D2 team receives 2 points for each returning wrestler who competed in Sectionals last year (no graduates are included). To arrive at a grand total, each team receives additional points for returning sectional placers (1<sup>st</sup>=16, 2<sup>nd</sup>=12, 3<sup>rd</sup>=9, 4<sup>th</sup>=7, 5<sup>th</sup>=5, and 6<sup>th</sup>=3 points). The rankings below are based on this formula. These point values are only used for these rankings and do not affect any seeding. These rankings have nothing to do with a team's dual meet strength. If a team had a Section Champ returning and forfeited the other 12 weight classes: under this system, they would earn approximately 18 points for just that one wrestler. One wrestler could rank a very weak dual meet team high using tournament scoring.

RANK	TEAM (BOLD=ENTERED IN S9 DUALS)	# RETURNING WRESTLERS	DIV	LEAGUE
1	<b>MINISINK VALLEY</b>	10	D1	1B
2	MIDDLETOWN	11	D1	1A
3	NEWBURGH	12	D1	1A
4	VALLEY CENTRAL	7	D1	1B
5	WARWICK VALLEY	8	D1	1B
6	BEACON	7	D1	1C
7	MONROE WOODBURY	10	D1	1A
8	FDR-HYDE PARK	8	D1	1B
9	SAUGERTIES	8	D1	1C
10	WASHINGTONVILLE	9	D1	1B
11	WALLKILL	8	D1	1C
T-12	PINE BUSH	8	D1	1A
T-12	GOSHEN	10	D1	1C
14	CORNWALL	8	D1	1C
15	KINGSTON	9	D1	1A
16	MONTICELLO	6	D1	1C

1	<b>PORT JERVIS</b>	15	D2	2A
2	RED HOOK	9	D2	2A
3	ONTEORA	13	D2	2B
4	HIGHLAND	10	D2	2A
5	CHESTER	7	D2	2B
6	NEW PALTZ	9	D2	2A
7	OUR LADY OF LOURDES	5	D2	2A
8	MARLBORO	3	D2	2B
9	RONDOUT VALLEY	13	D2	2A
10	BURKE	7	D2	2B
11	ELLENVILLE	3	D2	2B
12	ELDRED-SULLIVAN WEST	5	D2	2B
13	LIBERTY	2	D2	2A
14	FALLSBURGH-TV	4	D2	2B

## SECTION IX ATHLETICS- WRESTLING BY-LAWS

1. The current year National Federation Rules and the Wrestling control Plan as stated in the NYSPHSAA State Handbook will apply.
2. MATCH TIME: Varsity follows JV match. Home school establishes start time.
3. JV LEVEL: Seniors may wrestle exhibition matches but don't score team pts.
4. REQUIRED SUPERVISION: Minimum of one adult Supervisor (faculty chaperone or security guard) and one adult timer.
5. POSTPONEMENTS: On the first available date for both schools.
6. WEIGH-IN's: Adhere to the procedures stated in the NYSPHSAA Handbook.
7. COACHES MEETINGS: Attendance is required at a pre-season Section IX Coaches Meeting and Post-Season Seeding meeting.
8. ADVANCE NOTIFICATION CONCERNING NUMBER OF MATCHES: Schools that have less than a full JV team will notify the opposing school far enough in advance to allow the Home School to notify/cancel referees and to set a different starting time.
9. WEIGHT CLASSES: All weight classes including the 96 lb. and 285 lb. weight class will be wrestled for all Section IX contests.
10. UNSPORTSMANLIKE CONDUCT: (Revised August 2011)  
Sportsmanship: The NYSPHSAA and Section IX recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA AND Section IX has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

### I. Coach:

Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest (dual meet or tournament) at the same level (e.g. junior varsity, varsity, etc.) has been completed. **The coach may not be present at the game site.** **NOTE:** "Not being physically present at the site" means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet.

1. A coach who strikes, shoves, kicks or makes other physical contact with the intent to do so to another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for one year from the date of the offense.
2. The coach of the player(s) who was ejected will notify his/her Athletic Director of the incident on the same day that it occurred. The Athletic Director will then contact the League Coordinator to confirm that the player(s) will not be allowed to participate in the school's next scheduled game/games as below.

### II. Player:

1. When a wrestler is disqualified from a match or meet for fighting or unsportsmanlike conduct, the following action will be taken:
  - a. **First Ejection** – the wrestler cannot attend or participate in the next scheduled contest (match or tournament). If the season has ended the wrestler cannot attend or participate in the next scheduled contest in his/her next season of participation.
  - b. **Second Ejection** – that wrestler cannot attend or participate in the next two scheduled contests (matches or tournaments). If the season has ended the wrestler cannot attend or participate in the next two scheduled contests in his/her next season of participation.

(continued next page)



# SECTION IX ATHLETICS- WRESTLING BY-LAWS

(continued)

## 10. UNSPORTSMANLIKE CONDUCT:

### II. Player:

1. When a wrestler is disqualified from a match or meet for fighting or unsportsmanlike conduct, the following action will be taken:

c. **Third Ejection** – the wrestler cannot attend or participate in any remaining scheduled contests for the remainder of that sports season, including sectionals or any higher level of competition. If the season has ended the player(s) cannot attend or participate in the next three scheduled contests in his/her next season of participation.

**Please note: Disqualified from one season carries over to the next season of participation.**

### III. Member of the squad: (includes player, manager, scorekeeper, timers, statisticians)

1. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to do so to an official shall be expelled from the game immediately and banned from further participation in all sports for one year from the date of the offense.

### IV. Official:

1. Unprofessional conduct on the part of official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the Section Executive Director. A request will be made to the appropriate sport officials' chapter to investigate the incident and to report their action to the Section in a timely manner.

2. The official who ejected the wrestler(s), member(s) of the squad or coach shall notify the League Coordinator prior to 12:00 Noon the following day of the name(s) of the player(s) or the coach and the infraction(s). The League Coordinator shall notify the Athletic Director of the offending school.

11. CHAMPIONSHIPS: Section IX Wrestling consists of four (4) divisions: Each division will recognize a champion. The following breaks divisional ties:

1. Head to head between the teams that are tied.

2. In the event of a 3-way tie the NYS Wrestling Fed Handbook is used.

12. AWARDS (Varsity Only): Plaques: 4 Division Champions (Teams)

Patches: Each school may purchase their own patches if they choose to.

13. Information regarding the Section IX Tournament, seeding, weight certification, assessors, Section IX Duals Tournament and other aspects of S9 Wrestling can be found in the S9 Wrestling Coaches & A.D.'s Handbook.

14. MODIFIED (7<sup>th</sup> and 8<sup>th</sup> Grade): Wrestling programs and competition will be conducted as specified in the NYSPHSAA Handbook.





# Section IX Athletics

Greg Ransom, Executive Director

## Section IX Coaches Code of Conduct

In order to ensure that the principles of sportsmanship, fair play, skill development, and mutual respect among players, coaches, officials and spectators are the primary considerations governing competition in Section IX, the following Code of Conduct has been established and adopted.

Each coach shall:

1. Know the rules and abide by them. Instruct team members in the rules and coach his team in such a way as to motivate each player to compete according to the rules at all times.
2. Respect the game officials and refrain from questioning their decisions in a disrespectful or abusive manner. No negative comments in media.
3. Ensure that all facility rules and regulations are followed by the players, coaches and spectators, respecting at all times the property of others.
4. Assist the game officials in maintaining control of spectators during the games when necessary.
5. Respect the coaches and players of the opposing team and demonstrate appropriate gestures of sportsmanship during the play of the game and at its conclusion. Be humble and generous in victory. Be proud and courteous in defeat. Teach each player, especially through personal example, to be humble and generous in victory and proud and courteous in defeat.
6. Maintain emotional and physical control, avoiding the use of abusive language or profanity, humiliating remarks, gestures of ill temper, and physical assault upon another individual.
7. Instruct team support personnel (e.g., assistant coaches, managers, scorebook keepers, and timekeepers) in their responsibilities in accordance with established rules and procedures.
8. Realize, accept, and practice the principle that a team's reputation is built not only on its playing ability, but also on its sportsmanship, courtesy and conduct.



# Section IX Athletics

Greg Ransom, Executive Director

## Section IX Spectators Code of Conduct

Section IX Athletics recognizes the importance of behavior and personal character in our student athletes. As such, we ask our spectators to:

1. Demonstrate a high degree of sportsmanship.
2. Show team support by making only positive comments.
3. Show respect for the judgment of coaches, officials, and referees.
4. Acknowledge mats, gyms, and equipment as the player's domain during contests.
5. Monitor the safety of children in the bleachers and stands.
6. Respect the law. All public schools and Section IX venues are smoke-free, substance free environments.
7. Athletic contests home, away, or at a neutral site are an extension of the classroom. Therefore, all school rules are in effect.
8. Spectators will respect and obey all school officials, supervisors, and site personnel at contests.
9. There will be no ringing of bells, sounding of horns, or other noise makers at indoor contests. \* Outdoor use will be at the discretion of the site personnel.

\*This does not apply to spirit groups including school approved pep bands or cheerleaders.

10. The throwing of debris, confetti, or other objects from the stands is prohibited. Offending individuals will be asked to leave the premises.
11. Exceptions to this behavior will lead to ejection from the event.

\*\*\* Please note that individual schools may have more stringent policies \*\*\*

Section IX Athletics | 53 Gibson Road | Goshen, NY 10924 | Phone (845) 294-5799 | Fax (845) 291-7306

Web site: <http://www.sectionixathletics.org>

## INTRODUCTION

The NYSPHSAA's 2023-24 Wrestling Program booklet has been designed to assist school personnel, athletic administrators and coaches, in understanding and complying with all rules and regulations. It is not intended to serve as a substitute for the NYSPHSAA Handbook or NFHS Wrestling Rulebook. Please refer to the NYSPHSAA 2023-24 Handbook for all other sport and eligibility standards and the NFHS Wrestling Rulebook, Casebook and Manual for sport related rules.

## SPORT SAFETY

### **EQUIPMENT**

All safety equipment (headgear etc. including orthodontics) must be worn at all practices as well as competitions.

#### **Headgear taping rule:**

Effective January 2012: NYS Championship Committee granted a waiver to the Headgear taping rule. Straps and chinstraps may be taped to allow for better fit of the headgear; however, no taping is allowed on the ear section of the headgear.

#### **Singlet Strap Rule:**

Effective September 2014: NYSWC clarified the singlet shoulder strap rule.

In dual meets a penalty will be called if the strap is down while any part of the wrestler is on the mat. If the wrestler is completely off the mat on the hardwood floor, the strap can be dropped without penalty. As it is common in both individual and dual meet tournaments to have mats together and coaches chairs on the mats, NYSWC feels that wrestlers should not be penalized for taking straps down while in their corners either dressing before their match or undressing after their match. In tournaments, a penalty will be called if the strap is down while any part of the wrestler is in the mat circle. If the wrestler is completely out of the circle, the strap can be dropped without penalty.

**Pink Ribbons:** A waiver to the uniform rule exists during the month of February to permit pink ribbon(s) on the uniform in recognition of Breast Cancer Awareness.

## **SKIN DISEASE**

NFHS Rule 4-2-3: If a participant is suspected of having a communicable skin disease, the coach shall provide current written documentation

- NYSPHSAA requires the **original** copy of the signed side of the two-sided form entitled: *NYSPHSAA PHYSICIAN RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION(S)*. Page 2: Upper right should read: **For use during 2023-24 season**. This form must be signed only by a M.D., Physician Assistant or Nurse Practitioner for the wrestler to be eligible to participate. This may require a second trip to the doctor for final clearance if the doctor felt that the original issue was contagious and needed treatment.
- Photocopies are not acceptable. In situations where a section requires that all skin forms are to be filed with the Sectional Chairman or their designee, the Chairman/designee should receive a copy of the form. The original is to stay with the coach at all times.

Forms are available at [www.nysphsaa.org](http://www.nysphsaa.org) under the following tabs:

Sports..Winter..Wrestling..Left Side Menu: Skin Form Infectious Disease

**In tournament situations, skin checks are to be performed on each day of wrestling competition.**

**(Forms Book: Form12-SkinForm-23-24.pdf)-Form should read:**

**For use during 2023-24 season** in upper right hand corner.

NYS would define the “On-Site health care provider” as a: Physician, Physician’s assistant or nurse practitioner (**not a certified trainer**)

When traveling out of state:

1-If a NY wrestler is not cleared to wrestle by a NYS: Physician, Physician’s assistant or nurse practitioner they are not eligible to leave NY to wrestle until they are cleared.

2-If they do not have an approved NYS skin form with them and a question arises at the skin check at the on-site/out of state event, it is legal for that states health care provider to deem the NY wrestler ineligible after the skin inspection. With or without the form, the onsite appropriate health care provider can rule the wrestler ineligible.

3-If they have an approved NYS form with them, it would seem logical that the other state would accept it, as it could be thought of as being “more strict” than the other states (since in NY the health care provider must be either a Physician, Physician’s assistant or nurse practitioner and not a certified trainer)

When out of state teams come to NY:

A wrestler cleared by a non-NY State health care provider will be allowed to compete, as they meet the rules required for their state. However, the NY on site Physician could rule the wrestler ineligible.

## **NYSPHSAA WRESTLING WEIGHT CONTROL PLAN**

### **WEIGHT CERTIFICATIONS**

The NYSPHSAA Wrestling Minimum Weight Certification Procedure must be followed by all high schools sponsoring wrestling. The Wrestling Minimum Weight Certification Program School Manual outlining the approved procedure is sent to all Athletic Directors prior to the start of the wrestling season. Note: The manual includes the Appeal Procedure and any newly approved protocols.

Based on 7% body fat for males and 14% for females, the minimum wrestling weight is the lowest weight at which an athlete will be allowed to compete. Certification must be conducted by a NYSPHSAA Approved Assessor and must occur within 14 days (exclusive of Sundays and school closing for holidays or emergencies) from the first day of the season in the Section.

Assessments must be performed at the centralized assessment sites for all wrestlers. The InBody machine will be used for calculating weight assessments beginning in 2020-21.

- a. The use of sweat boxes; hot showers; whirlpools; rubber, vinyl and plastic type suits; or similar artificial heating devices; diuretics or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition. NFHS Rule 4-4-3
- b. The minimum weight class in which a contestant may compete will be determined by a NYSPHSAA approved assessor, following guidelines of the Minimum Weight Certification Program. In conjunction with Track Wrestling a minimum weight will be established for each wrestler. At no time may they participate at a weight class lower than their approved minimum weight.
- c. A contestant shall be prohibited from wrestling within a weight classification more than one class above his/her actual weight. NFHS Rule 4-4-2
- d. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season. (May 2008)
- e. Situations where a wrestler cannot pass the hydration test (ex; due to being on a prescribed medicine) will be handled on a case by case basis. Sectional Chairmen should contact Todd Nelson-Assst director if a wrestler in their Section cannot pass hydration.
- f. A Parents' Awareness Form for the wrestling minimum weight certification is required to be signed by the parent/guardian and the student and kept on file by the school athletic director (May 2008).
- g. All NYSPHSAA Approved Assessors must enter certification results into the In-Body machine (which will sync with the Track Wrestling database) where Minimum Weights and team rosters will be generated. Wrestlers must be tested and entered into the Track Wrestling database prior to competition.

**WAIVERS:**

Any wrestler who comes out for the team after the team's certification day, must apply for a waiver.

**The wrestler is not eligible to practice** until the official NYS Waiver Form is approved by the Section Chairman.

**The wrestler is not eligible to compete** until the wrestler's Individual Profile Form **is entered into Track Wrestling** (which must be within 14 days of the receipt of the official NYS Waiver Form).

**OPTIONS FOR ALLOWING WAIVERS FOR THE 14-DAY RULE**

**Option 1:** Wrestler joined after the 14-day certification period and has not yet practiced.

**Practices:** May not begin to count the **10** required practices until Chairman approves the official NYS Waiver Form.

**Certification Date:** Has 14 days from date Chairman signs the official NYS Waiver Form to certify with an assessor

**Option 2:** Fall Athlete involved in Post Season Play

Waivers can be granted to fall athletes who miss the certification process and deadline due to participation in NYSPHSAA Fall championship events.

**Practices:** May not begin to count the **6** required practices until Chairman approves the official NYS Waiver Form.

**Certification Date:** Has 14 days from date of last fall contest to certify with assessor.

Note-Fall athletes that do not need extra days to certify, can certify with the rest of the team within the first 14 days and not have to complete the official NYS Waiver Form. If they do so, they do not have to wait to start having their 6 practices counted.

**Wrestlers who were on the Track rosters but did not certify within the first 14 days:**

**Note:** If a wrestler anticipates a problem with hydration or being able to attend their originally assigned certification site, they should attend a different site on an earlier date, so as to have more chances to pass within the 14-day period.

**This option should be rarely used**

**Practices:** Must have **10** practices total.

**Wrestler may not practice with the team between day #14 and the day they are actually certified.**

Wrestlers who cannot pass hydration within the 14-day certification period must see a doctor and present doctors note documenting reason for hydration failure.

**Certification Date:** Should be first possible day once wrestler returns (assigned by Chairman).

Chairmen also have discretion to decide how many of the original practices are to be counted and have the right to have the wrestler restart the count of the 10 practices from the day they return from their absence or with the doctors note.

**The wrestler must be hydrated for the assessment. (If hydration is failed again, the NYSPHSAA office should be contacted on how to proceed).**

**APPEAL PROCEDURE**

A wrestler may appeal his/her In-Body result. Appeals may not be done on the same day as the original assessment. They are to be conducted on day one, two or three after the original assessment - three consecutive calendar days (count Sundays, holidays and days school is closed). **Exception-if a school cancels after school activities on the 3<sup>rd</sup> day, the appeal can occur on the 4<sup>th</sup> day.** Appeal procedures must be completed prior to any competition. ALL COSTS INCURRED ARE THE RESPONSIBILITY OF THE STUDENT/ATHLETE.

Appeals must be performed by an assessor appointed by the Section Consultant. The assessor will use the **actual weight of the wrestler on the day of the appeal if the wrestler passes the hydration test.**

*The appeal process is:* If the wrestler is dissatisfied with the In-Body results of the minimum weight determination, the wrestler is retested by the assessor appointed by the Section Consultant. Retests must be within 3 days of the original date of measurement. When conducting an appeal, the assessor will use the **actual weight of the wrestler on the day of the appeal if the wrestler passes the hydration test.** The urinalysis must be repeated and passed. The wrestler may choose which measurement to accept (the original or the second measurement-they cannot appeal a second time).

The section consultant will input the results of the appeal on the Track Wrestling website.

*NOTIFY YOUR SECTIONAL WRESTLING COORDINATOR OF ALL APPEALS.*

IF YOU WERE ASSESSED ON:	THE LAST POSSIBLE DAY TO APPEAL YOUR RESULTS WOULD BE:
THURSDAY 11/16	SATURDAY 11/18
FRIDAY 11/17	MONDAY 11/20
SATURDAY 11/18	TUESDAY 11/21 @ RED HOOK
MONDAY 11/20	WEDNESDAY 11/22 @ RED HOOK



# S9 - WEIGHT CERTIFICATIONS:

You should have already received from your athletic director a copy of the: N.Y.S.P.H.S.A.A. SCHOOL MANUAL for THE WRESTLING MINIMUM WT CERTIFICATION PROGRAM. This manual should answer most of your questions. If you did not receive a manual, please contact the S9 Chair immediately. All procedures will be reviewed at the coaches meeting. All teams in S9 will be required to do a regional assessment.

**ALL wrestlers must be certified within the first 14 days of the season.**

**ALL ASSESSMENTS MUST BE COMPLETED BY 1:30 PM ON WED 11/22**

The Regional Assessment Schedule as of 10/15 is as follows: Please check email updates for possible changes

SCHOOL	DAY/DATE	SITE	TIME
BEACON	SAT 11/18/23	NEWBURGH	9:45 am
BURKE	FRI 11/17/23	WARWICK	4:00 pm
CHESTER	FRI 11/17/23	WARWICK	5:45 pm
CORNWALL	SAT 11/18/23	NEWBURGH	10:30 am
ELDRED / SULLIVAN WEST	FRI 11/17/23	WARWICK	4:00 pm
ELLENVILLE	FRI 11/17/23	WARWICK	5:15 pm
FALLSBURG-TRI VALLEY	FRI 11/17/23	WARWICK	5:30 pm
FDR-HYDE PARK	THUR 11/16/23	NEW PALTZ	3:30 pm
GOSHEN	FRI 11/17/23	WARWICK	6:15 pm
HIGHLAND/MARLBORO	THUR 11/16/23	NEW PALTZ	6:15 pm
KINGSTON	THUR 11/16/23	NEW PALTZ	3:45 pm
LIBERTY	MON 11/20/23	MIDDLETOWN	4:15 pm
MIDDLETOWN	MON 11/20/23	MIDDLETOWN	3:00 pm
MINISINK VALLEY	FRI 11/17/23	WARWICK	4:15 pm
MONROE WOODBURY	SAT 11/18/23	NEWBURGH	11:15 am
MONTICELLO	FRI 11/17/23	WARWICK	5:00 pm
NEW PALTZ	THUR 11/16/23	NEW PALTZ	3:00 pm
NEWBURGH	SAT 11/18/23	NEWBURGH	9:00 am
ONTEORA	THUR 11/16/23	NEW PALTZ	5:00 pm
OUR LADY OF LOURDES	SAT 11/18/23	NEWBURGH	12:45 pm
PINE BUSH	MON 11/20/23	MIDDLETOWN	5:15 pm
PORT JERVIS	MON 11/20/23	MIDDLETOWN	6:15 pm
RED HOOK	THUR 11/16/23	NEW PALTZ	5:30 pm
RONDOUT VALLEY	THUR 11/16/23	NEW PALTZ	6:00 pm
SAUGERTIES	THUR 11/16/23	NEW PALTZ	4:30 pm
VALLEY CENTRAL	MON 11/20/23	MIDDLETOWN	5:45 pm
WALLKILL	MON 11/20/23	MIDDLETOWN	4:45 pm
WARWICK VALLEY	FRI 11/17/23	WARWICK	3:00 pm
WASHINGTONVILLE	SAT 11/18/23	NEWBURGH	12:15 pm

Wrestlers who absent or are not hydrated the day of their assessment may go to any of the other assessment sites, or attend a make-up session at:

**RED HOOK 11/21 or 11/22.**

**The following ASSESSORS are ASSIGNED to the following SITES:**

**TORY FRANCO**– NEW PALTZ, WARWICK, NEWBURGH, MIDDLETOWN

**CRAIG OLEJNICZAK**– NEW PALTZ, WARWICK, MIDDLETOWN

**SUSAN ABEL** – NEW PALTZ, WARWICK, NEWBURGH

**RACHEL MEYERS**– NEW PALTZ, NEWBURGH

**SHARON DELMONICO, DIANE MAINOR, MATT MAHONEY, NATE REYNAUD** -tba

# **SECTION 9 WRESTLING**

## **REGIONAL WEIGHT ASSESSMENT INFO**

**2023-24**

CONTACTS: JEFF CUILTY – SECTION 9 CHAIRMAN

[JeffCUILTY@GMail.com](mailto:JeffCUILTY@GMail.com)

(Cell) 845- 591-1498

TORY FRANCO – REGIONAL ASSESSOR

[TFranco@RHCSd.org](mailto:TFranco@RHCSd.org)

845-303-5567

### **APPROVED ASSESSORS:**

**TORY FRANCO- Cell: 845-303-5567 is our Regional Assessor.**

All S9 assessors used are on the approved assessor list. The list is

annually updated by 10/31 on the following website: [www.NYSPHSAA.org](http://www.NYSPHSAA.org)

-Click on the link at the left of their home page for: **Sports**

-Then Click on: **Sports Specific Programs**

-Then Click on: **Assessors** (If an Assessor is **not** listed they are not eligible to do certifications).

### **Step 1: HYDRATION:**

Passing the hydration test is the first step in the Regional Assessment. Wrestlers who are not hydrated may not step on the scale. **Their test is halted if they are not hydrated. They must wait at least 24 hours and return to be re-tested** on one of the other assessment dates.

### **HOW IS HYDRATION TESTED?**

The assessor's opinion has no bearing whatsoever. A machine called a digital refractometer will be used. The urine is placed on the machine, the machine displays a number, if the number is within a certain range, the wrestler is not hydrated and cannot continue. Your assessors cannot give your wrestler the "benefit of the doubt". It is clear cut if they can continue.

### **TIPS ON BEING HYDRATED:**

At trial tests last year around the state: Some schools that showed up with 35 kids: had 33 out of 35 wrestlers hydrated, while others had only 2 out of 35. The difference was directly related to the education the wrestlers on each team received. Coaches must tell their wrestlers how to be hydrated. When a wrestler is hydrated, their urine is basically almost clear. If it is a dark brown or deep yellow, they will not pass the test.

- The urine being tested should not be the first or second urine the wrestler has produced that day.
- Caffeine, excessive protein, and salty foods all make you dehydrated. Do not consume: soda, coffee, tea, chocolate, "Red Bull" or any other sources of caffeine, pizza, potato chips, etc. at least 48 hours prior to being tested.
- You may want to stop vitamin intake 48 hours prior to your test.
- When possible, try to eat a light breakfast (juice/water and piece of toast) the day of your test.
- Wrestlers in the upper weights tend to be dehydrated. The "fat" kids are not looking to cut from 230 to 160 lbs. Many of them are looking to stay right at 220, but even if they don't want to be certified at the lower weights, they will still be rejected from the test if they are not hydrated.
- Wrestlers should drink lots of water the day of the test. This is obviously a "Catch 22". They want to weigh as little as possible, but they must be hydrated. They will not necessarily hydrate by chugging a half gallon (4 pounds worth) of water prior to being tested. They would be better off drinking at least 3 small cups (8 oz-half pound) cups of water, every hour or so throughout the day they are being tested and urinate as necessary. Each time they urinate the urine should become lighter (which is more hydrated). Try to consume your last drink of water about 3 hours prior to your test time.

# **SECTION 9 WRESTLING**

## **REGIONAL WEIGHT ASSESSMENT INFO**

**2023-24**

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### **Step 1: HYDRATION (continued):**

Wrestlers will bring their Profile Forms with them to the bathroom and hand them to the assessor assigned to that station. If they are hydrated the assessor will give them their form to continue to the next station where they will be measured, weighted, and pinched. If they are not hydrated, the assessor will mark "Fail" on the form and collect it. This will stop the wrestler from completing the rest of the procedure. (Assessors do not mark the wrestler's hands with a marker to indicate pass or fail).

### **CHEATERS:**

Wrestlers who are desperate to get to a certified weight class, who know they can't do it while being hydrated, may attempt to cheat. They try to add water to their urine sample by: partially filling their cup before producing the urine, holding the cup under the urinal while it is being flushed, filling their mouth with water and spitting it into the cup. The test will require them to individually go to a urinal, wearing only their underwear, carrying a cup. Their urine will be tested immediately.

Please emphasize that if they are caught cheating: **they are prohibited from wrestling for the entire year.** One wrestler in the state has already been caught and has been deemed ineligible by the NYSPHSAA. Signs will be posted at each site indicating the penalty.

### **Step 2: HEIGHT:**

Once wrestlers have passed the hydration test, they will need to have their height recorded so it can be inputted into the calculation of % of body fat.

### **Step 3: WEIGH-IN:**

Once wrestlers have passed the hydration test and have had their height recorded, they bring their Profile form to the next station. The wrestler will now step onto the InBody scale and hold the handle out at arms-length. Every wrestler in the section will be stepping on the same scale. Wrestlers must weigh in wearing either a singlet or shorts and a T-Shirt. The InBody scale will calculate the % of Body fat which will be transferred to TrackWrestling software via Bluetooth. The lowest weight the wrestler will be allowed to wrestle at will be calculated by the TrackWrestling OPC software.

# SECTION 9 WRESTLING

## REGIONAL WEIGHT ASSESSMENT INFO

2023-24

### COACHES RESPONSIBILITIES FOR REGIONAL ASSESSMENTS:

#### Prior to going to your Regional Assessment site:

1. Coaches must collect a signed **Form01-NYS Parental Awareness Form** from each wrestler. The form briefly outlines the Minimum weight Assessment program for parents. If it is collected, but not signed, it does not absolve the wrestler of any penalties. These forms must be kept on file with Athletic Directors for the entire season. Suggestion is to the form done along with the school's sport permission slips. Copies of the form are attached and are in the Wt Certification manuals and are also available in the S9 forms book and on-line at NYSPHSAA.org under Sports-Sport Specific Programs
2. All weight certifications are done through the TRACKWRESTLING site. You will setup your roster on the site. (It currently has your returning wrestlers with their grades updated).
  - a. Log on to the TRACKWRESTLING site using the login ID and Coaches temp password given to you at the coaches meeting. You can then set up your new password.
  - b. You must confirm the coaching info they have for you on file and follow the instructions to confirm your free membership into the TRACKWRESTLING.
  - c. When done, return to the OPC click on the **Coaches** tab at the top, then on the **Wrestlers** tab on the left. Click on **Show Entire Roster** and confirm your current returning team members. Delete anyone no longer on your team (by changing their grade to "Remove"). When done go to the top and: **Save Roster Information**.
  - d. To finish your roster: Click on: **Add New Wrestlers** and enter any wrestlers not already on the roster one at a time: You will need: First and Last Name, Gender, Grade, **Birth Date, Email and Hometown are now MANDATORY** (Age is optional and the tab for Past Achievements is also optional). Click: **Save Wrestler Info** for each new wrestler.
3. **Form 03: INDIVIDUAL PROFILE FORM (IPF)** will be used by the assessors to enter your wrestler's data. You will not need to photocopy the forms this year. After you have saved your updated roster (in Step 2) you will be able to print a full roster set of profile forms (one for each wrestler) directly from the TRACKWRESTLING site. They will print with all to the data already filled in. When you are ready to print them, (on the left side of the page): Click on: **Team Reports...Wrestlers on File...Print Data Collection Forms**

#### **\*\*\* YOU MUST BRING YOUR PRE-PRINTED FORMS TO YOUR CERTIFICATION SITE. \*\*\***

The assessor will: complete the remainder of the form, sign each form, and enter the data on-line into the TRACKWRESTLING database. The Sectional Chairman will have copies of the original forms for each individual wrestler. You may request copies for any or all of your team if desired. This year you will be able to go on the TRACKWRESTLING site and print weight certification rosters of your team as well as rosters of any of your opponents (once the assessor has entered the data)

#### The day of your Regional Assessment:

(Mats will be available at your site to workout before or after your assessment time.)

- **Arrive at your site at least one half hour prior to your assigned time.**  
Coaches will report to the assessment area with one completed Individual Profile Form for each wrestler getting certified.
- Wrestlers will all be weighed (wearing **singlets** or t-shirt and shorts) on the **InBody machine**. Only approved assessors can do the weigh-in.
- **You may be asked to assist with data entry on a supplied laptop as your team is being certified.**
- You must schedule make-ups for all wrestlers who did not pass the hydration test at one of the remaining available sites.

# SECTION 9 WRESTLING

## REGIONAL WEIGHT ASSESSMENT INFO

2023-24

### APPEALING YOUR RESULTS:

THE STEPS OF THE APPEAL PROCESS ARE COPIED FROM THE NYS HANDBK. ON PAGE 15:

- Appeals the wrestler must be hydrated and will re-do the In-Body machine procedure which can be administered by any of the assessors who is in possession of the In-Body machine and dongle switch.

### WAIVERS:

THE STEPS OF THE WAIVER PROCESS ARE COPIED FROM THE NYS HANDBK. ON PAGE 14:

The final day to receive a Waiver is **January 1, 2024**.

### COACHES

1- Complete: **Form04-NYSWaiver form** on or before the day of your assessment and Scan and email it to: [JeffCulity@GMail.com](mailto:JeffCulity@GMail.com) for approval.

**Your wrestler may not practice until the waiver is approved.**

2- Contact one of the following assessors (within 14 days calendar days of getting the approved waiver) to get the late wrestler tested:

You can use either of the following assessors for **new** wrestlers but only **Tory Franco** for **returning** wrestlers:

TORY FRANCO	RED HOOK	<a href="mailto:TFranco@RHCSd.org">TFranco@RHCSd.org</a>	303-5567
SUE ABEL	WARWICK	<a href="mailto:SAbel@WVCSD.org">SAbel@WVCSD.org</a>	987-3050 x12162
CRAIG OLEJNICZAK	MIDDLETOWN	<a href="mailto:CraigOATC@Yahoo.com">CraigOATC@Yahoo.com</a>	988-3030
RACHEL MEYERS	KINGSTON	<a href="mailto:RMeyers@KingstonCitySchools.org">RMeyers@KingstonCitySchools.org</a>	399-3266
SHARON DELMONICO	VC	<a href="mailto:Sharon.Delmonico@ValleyCentralSchools.org">Sharon.Delmonico@ValleyCentralSchools.org</a>	590-2669
NATE REYNAUD	SAUGERTIES	<a href="mailto:NReynaud@Saugerties.k12.ny.us">NReynaud@Saugerties.k12.ny.us</a>	750-7058
MATT MAHONEY	MINISINK	<a href="mailto:MMahoney@Minisink.com">MMahoney@Minisink.com</a>	820-2889
DIANE MAINOR	MONROE	<a href="mailto:DMainor@MW.k12.ny.us">DMainor@MW.k12.ny.us</a>	522-4300

3- Follow up with your assessor as to the approximate day/time they will be faxing

**Form 03: INDIVIDUAL PROFILE FORM (IPF)-Male/Female**

### ASSESSORS:

1-Complete **Form03: INDIVIDUAL PROFILE FORM (IPF)-Male/Female**.

2-Confirm with the coach the approximate day/time you will be faxing the completed Profile form .

3-Scan and email completed profile form to Jeff Culity to be entered into TrackWrestling.

### SECTION 9 CHAIRMAN:

1-Once Chairman has received **the Waiver form** the wrestler is **eligible to begin practice**.

Chairman will e-mail BOTH the coach and the assessor to let them know it has been received.

(if you haven't heard from the Chairman, ASSUME the form has NOT yet been received and the wrestler is NOT yet eligible to begin practice.

2-Once Chairman has received **the Profile Form AND** the wrestler has had **10 practices from the date the waiver was approved**, the wrestler is then **eligible to compete vs other teams**.

Chairman will e-mail BOTH the coach and the assessor to let them know the Profile Form was

received. (If you haven't heard from the Chairman, ASSUME the form has NOT yet been received and the wrestler is NOT yet eligible to compete.

3-As the TrackWrestling database updates rosters instantly, the eligible wrestlers will appear as soon as their data are typed in.

4-Chairmen will email all coaches an updated Waiver list showing wrestlers who have received waivers and what day they are eligible to compete vs other teams.

## WEIGHT CLASSES

The following 13 weight classes are required: **101, 108, 116, 124, 131, 138, 145, 152, 160, 170, 190, 215, 285** for all dual meets and tournaments.

The approved Weight Certification Procedure will certify a wrestler for a weight. Wrestlers may only compete in a weight class equal or above their certified weight.

No wrestler may wrestle in a weight class that they are in excess of. The weight class may vary from day to day (due to additional pound allowances), but once the weight class for the day is established, no wrestler may wrestle at the weight class if they are in excess of it. Example: Wrestlers in excess of 285 lbs. are not eligible for exhibition bouts with other wrestlers in excess of 285. However, if due to an additional pound the weight class for the day was  $285+1=286$  and the wrestler in question weighed 285.5 that day, they would not be in excess of 286 and could wrestle that day.

## GROWTH ALLOWANCES

Each wrestler must make the scratch weight class for every contest prior to: 12/25. NYSPHSAA will grant a 2 lb. growth allowance for each weight class on December 25<sup>th</sup> (NFHS Rule 4-4-Article 4). This 2 lb. growth allowance does not apply to the minimum weight requirements for the weights of **101 lbs, 108 lbs, 215 lbs. and 285 lbs.** for the 7<sup>th</sup> and 8<sup>th</sup> graders who have successfully completed the Athletic Placement Process (APP). It may now be possible for certain wrestlers with certified minimum weights originally above the original scratch weights to now wrestle at the new weight classes. Example: Minimum Weight Certification was **103 lbs.** This wrestler could not wrestle at **101 lb** weight class (prior to 12/25) but can now wrestle at **103 lb** weight class (after 12/25). At no time can a wrestler wrestle at a weight below their certified minimum weight.

**Note:** Additional pounds added to dual meets or tournaments due to back to back competitions, inclement weather, etc. do not permit a wrestler to compete at a different weight class. However, after the December 25<sup>th</sup> growth allowance, a wrestler may adjust the weight class accordingly.

Prior to 12/25, a wrestler may only wrestle at these weight classes

**101, 108, 116, 124, 131, 138, 145, 152, 160, 170, 190, 215, 285**

Situation 1: A wrestler is certified at 139.0 lbs cannot wrestle at the 138 lb weight class and must move up to the 145 lb weight class.

Situation 2: A wrestler is certified at 139.0 lbs. Due to back to back competitions an extra pound is granted for a contest. They still cannot wrestle at the  $138+1=139$  lb weight class and must still move up to 145 lb weight class.

**After 12/25** Growth Allowance: a wrestler may only wrestle at these weight classes:

**103, 110, 118, 126, 133, 140, 147, 154, 162, 172, 192, 217, 287**

Situation 1: A wrestler is certified at 139 lbs. they can now wrestle at the  $138+2=140$  lb class.

Situation 2: A wrestler is certified at 141 lbs. Due to back to back competitions an extra pound is granted for a contest. The wrestler cannot wrestle at the  $138+2+1=141$  lb weight class and must still move up to the 147 lb weight class.



### **WRESTLERS CERTIFY TO A WEIGHT CLASS (NOT A WEIGHT)**

The only choices for weight classes are the ones listed before and after 12/25. A wrestler who certifies at 140 may not wrestle at 138 prior to 12/25 but can wrestle at 140 after 12/25. But at no time can someone certified at 141 wrestle at either 138 (prior to 12/25) or  $138+2=140$  (after 12/25). There is never a 141 lb weight class to choose from even though an additional pound may have been added for back-to-back matches etc. ( $138+2+1=141$ )

**Minimum weights** are required for certain weight classes for Athletic Placement Process (APP) 7<sup>th</sup> and 8<sup>th</sup> graders: (see page 35 & 42)

## **WRESTLING STANDARDS CHART**

# of PRACTICES	TEAM	INDIV.
# Practices prior to scrimmage	10	10
# Practices prior to first contest	10	10*

\* Wrestlers involved in Post Season games from Fall sports are "Gifted" 4 practices" and only require 6 instead of 10 practices prior to their first contest.  
(As per NYSPHSAA Handbook page 102:Practice Sessions)

<b>MAXIMUM # OF POINTS</b> (see below)	N/A	20 pts *
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<b>MINIMUM TIME BETWEEN CONTESTS</b>	1 Night	1 Night
<b>MINIMUM TIME BETWEEN BOUTS</b>	N/A	45 min.

<b># of BOUTS per DAY</b>	<b>DUALS</b>	<b>TOURN.</b>
Individuals	4 bouts	5 bouts



## MAXIMUM NUMBER OF POINTS

The maximum number of points a wrestler will be permitted is established by the NYSPHSAA. For 2023-24 the maximum points permitted shall be 20 points. A contestant may not exceed the maximum number of points during the regular season.

### 1. Individual Points:

- a. A dual meet will be assessed one point. Each match/ forfeit/ exhibition counts as 1 point toward the individual's maximum, points. Under extenuating circumstances (postponements due to inclement weather, school cancellations) a school may request permission from Section Coordinator to wrestle two dual meets in one day, with a limitation of two per season.
- b. Tournaments will be assessed two points. Only six tournaments are permitted.

-Of the six permitted tournaments:

There is no limit on the number of individual bracketed tournaments.

**You may only attend a maximum of 2-two-day tournaments if the format of the two-day tournament is not an individual bracketed tournament.**

(Examples of two-day non-bracketed individual tournaments include:

Dual meet tournaments and Individual Round robin, pooled, or combined tournaments).

Example: An individual could attend 6 two-day individual bracketed tournaments.

But if the individual attends 2 two-day tournaments that are not individual bracketed tournaments (such as a two-day round robin dual meet or individual tournament, a two-day pooled dual meet or individual tournament, or a two-day individual combined tournament) then their remaining 4 tournaments must be either two-day individual bracketed tournaments or 4 single day tournaments of any type.

Example: An individual attended a two-day team dual meet tournament and a two-day individual round robin. This individual still can attend four more tournaments, but if any of them are two days, they can only be individual bracketed tournaments (such as Eastern States).

If an individual enters a combined 2-day tournament (where some weight classes are pooled, and some are bracketed), this will count as one of their two 2-day tournaments, even if their individual weight class is bracketed and not pooled.

**Back to back tournaments are allowed. A minimum of one night's rest is required between tournaments.** A tournament ends the day it's finals are contested (not the day a wrestler is eliminated from it).

Example: If a wrestler is entered in a 2-day tournament on Friday and Saturday and is eliminated from it on Friday, they cannot compete in another tournament on Saturday. The original tournament finals were held on Saturday, so one night's rest (Saturday) is required before the next tournament can be entered.

2. **Once a wrestler has reached their 20 point limit:** they may no longer continue to weigh in. If a wrestler's name (with 20 points) appears on a weigh-in sheet, then an ineligible wrestler has been entered.

### 3. Section Tournaments

Sectional Individual Tournaments and Sectional dual meet tournaments are not considered part of the regular season and do not count as points towards the maximum number of points permitted.

### 4. Forfeit

A forfeit is considered a contest.

## **SECTION 9 DUALS:**

**Sectional Dual meet tournaments do not count toward an individual's 20 point maximum. Weigh-in's for Sectional Dual Meet tournaments do not count for the 50% rule.**

### **HISTORY:**

The Section 9 Duals began in 1991-92. For the first 3 years only the Top 6 teams were invited. From the 1995-96 season thru the 2008-09 season, the Duals were open to any team that wanted to participate. In 2008-09 both a D1 and D2 Champ were recognized. Since 2009-10 as a cost saving measure, the S9 Athletic Council capped the number of teams allowed to participate at 12 for D1 and 2 for D2. Beginning in 2017-18 the duals became a qualifier for the NYS Dual Meet Championships in both Divisions.

### **PURPOSE:**

The purpose of the Section 9 Duals is two-fold. It will determine the top D1 and D2 Dual meet teams that will represent Section 9 at the NYS Dual Meet Championships on **January 27**, at the **SRC Arena at OCC in Syracuse**. Secondly, it will enable us to set up bracket matchups between teams that are not scheduled to meet during the regular dual meet season. This will give us more head-to-head matchups that will help us in seeding our Sectional Tournaments at the end of the year.

### **THIS YEARS DATES AND SITES:**

The **2023-24** Section 9 Duals will be held on two days for D1. Qualifier on: Tuesday, **January 9** at Walkkill and Newburgh-D1, and the Finals on: Wednesday, **January 10**, at Minisink Valley HS (on 2 mats). D2 will be done and completed in **one day** at Port Jervis, Tuesday, **January 9** (on 3 mats)

### **FUTURE YEAR SITES:**

Schools interested in hosting in **2024-25** must have the ability to hold 2 mats with adequate space for score tables and at least 500 spectators. Host Schools must supply: 2 Timers, 2-boppers, 1-Ticket-taker, Security (as needed), and a trainer. Schools interested in hosting must e-mail the Section 9 Chairman **prior to July 1<sup>st</sup>** (prior to the season). Preference will be given to schools centrally located.

### **CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS:**

#### **A. ELIGIBILITY:**

The S9 Athletic Council has limited the number of teams entering the tournament to the top 14- D1 teams and top 8-D2 teams that wish to participate. All teams entered must be able to contest **at least 7 weight classes**.

# SECTION 9 DUALS:

## CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

### B. SEEDING AND DEVELOPMENT OF BRACKETS:

- The week weight certifications end all teams that wish to participate will submit their best anticipated January lineup by weight (assuming the +2-pound weight allowance has gone into effect). The weight certifications will determine the lowest weight class each wrestler can compete at. Coaches will also note any weight classes they will not be able to fill.
- Once received the Section Chairman and/or Asst. Chairman will assign point values to the submitted lineups as follows: Based on prior year Sectional place: 6 pts for 1<sup>st</sup> or 2<sup>nd</sup> place, 5 pts for 3<sup>rd</sup> place, 4 pts for 4<sup>th</sup> place, 3 pts for 5<sup>th</sup> or 6<sup>th</sup> place. Each returning non-placer who was seeded will earn 2 pts. Each returning non-placer who was "line-seeded" will earn 1 pt. Projected forfeits will cause a -6 point deduction. Total points per team will be tallied and used as the teams seeding point value.
  - Should any teams have the same total points, # of points earned in the prior year sectional tournament will be used as the tie breaker.
  - An adjustment factor is used when teams change Divisions from one year to the next as follows:
    - Moving from D1 to D2: Multiply point value by 1.25
    - Moving from D2 to D1: Multiply point value by 0.60

### 14-D1 Teams and 8-D2 Teams are placed on the bracket using the following guidelines:

- The NUMBER OF SEEDING PTS (based on the above formula) will determine the seeds.
- The top 2 seeded D1 teams will all earn any BYEs needed to fill the bracket.
- The top 6 teams with the most points will be entered on the bracket sheet as the #1-#6 seeds. Remaining teams will then be entered as the next available seeds, however any time two teams from the same league that are ranked #7 or lower end up meeting each other, the lower of the two seeds will be switched with the seed below them, so as to avoid two teams from the same league meeting in the first round.
- There are no wrestlebacks or consolation matches in this tournament, the winner must beat all.
- This will be the **initial draft bracket** and will be distributed **Thanksgiving weekend**.
- The **final bracket** will be distributed the **Sunday prior to the return from Christmas break**. Changes to the draft bracket could occur if **transfers not originally accounted for become known, math errors in applying the point formula are discovered, or if teams become aware they cannot fill the required number of weight classes or if Head to Heads have occurred**. Any team that defeated a top 6 seeded team in a dual meet prior to Christmas break will be able to jump that seeded team, unless they are blocked by a team in-between them who beat them head-to-head, in which case they would move up to the block. (This mirrors the procedure for seeding used in our individual tournament and those procedures will be used to determine the final seeds).

Should more than the allotted number of teams by division apply, they will be wait-listed. Once a bracket becomes official, if a D1 team scratches, the D1 bracket **will not** be re-done, the team scheduled to wrestle the scratched team will advance by forfeit. In D1: the wait-listed team will move into the bracket as the 15<sup>th</sup> seed- on the Bye line and wrestle the #2 seed. If a D2 seeded team scratches, a wait-listed team can be added. The D2 bracket **will** be redrawn. No changes will be made to the D2 bracket after the Tuesday prior (1/2/24). Scratches after that point will become Forfeits.

With consent of both Athletic Directors, teams may count their match in the Section 9 Duals as their league match. This gives more flexibility in scheduling opponents you are not originally scheduled to wrestle.

# **SECTION 9 DUALS:**

## **CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:**

### **C. DETERMINING OUR AT-LARGE ENTRY FOR NYS DUALS:**

Each section can determine the way they will determine their entry and At-Large bid for the NYS Duals. The S9 Duals Champ will represent S9 at the NYS Duals.

The runner-up team shall be the team allowed to submit the At-Large bid with the following exception: Any team whose NYS At-Large bid form has a higher point value than the runner-up team shall replace the runner-up team as our At-Large bid entry, so long as they were not defeated by the runner-up team at any time during the season or during the S9 Dual Meet tournament. The NYS Duals At-Large bid form must be submitted by **Wed 1/17/24**.

### **D. ENTRY FEES:**

The non-host schools must pay for one full official's fee plus an official's travel fee. The OCIAA Athletic Office will bill each school participating for the officials.

You do not need to bring a voucher. The host school is responsible for security, personnel, gate, custodians etc. They keep the gate fees received to offset their costs. Section 9 will pick up the cost of DAY #2.

### **E. FINAL INFO SHEETS:**

Once the bracket is approved by the Section 9 Athletic Council a final information sheet containing transportation and weigh-in information shall be mailed to the Athletic Directors and coaches of the D1 and D2 teams that are participating.

### **F. WEIGHT CLASSES:**

**No honor weigh-in's are permitted.**

As the Sectional Dual meet tournaments are considered qualifiers for the NYS Dual Meet Tournament, no extra pounds are allowed (except for the growth allowance or for wrestling on consecutive days). This procedure is consistent with the NYS Tournament. A 1 lb allowance will be granted to any teams competing in the "Final Four" on Day 2.

# **SECTION 9 DUALS:**

## **CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:**

### **G. WEATHER DELAY-TOURNAMENT POSTPONEMENTS:**

As the tournament is held on weekdays there will be no weather related start time delays. If the tournament needs to be postponed: As per the S9 Athletic Council Policy of 9/9/08: In Sectional competition involving multiple schools, the Section Chairman will advise the Executive Director or Designee of any adverse conditions. The Executive Director or Designee will consult with the participating schools then decide whether to hold or cancel the competition.

#### Phone Tree:

Sectional Chairman calls: Section 9 Executive Director

Section 9 Executive Director calls: AD of host school, OCL office, S9 Chairman

Based on decision of Executive Director:

Sectional Chairman calls: All head coaches of teams, OCL calls: Head official

If the tournament must be postponed, the Sectional Chairman will work with the Athletic Directors of the host schools to determine a possible make-up date. If a host school is unable to host on the date of the make-up, an alternate site will be sought out.

### **H. LATE ARRIVAL:**

If for some unforeseen reason your team will arrive late for weigh-in's it is the responsibility of the head coach to place an alert phone call. Section Chairman Cell: [845-591-1498](tel:845-591-1498). Also call:

-the site of the tournament (Phone # given at seeding meeting)

### **I. ADMISSION FEES:**

The following fee structure was approved for wrestling. On Day 1-Host school collects the fees and keeps monies collected to offset cost of staff. On Day 2-Host school collects the fees and turns them over to S9 Athletics to offset cost of staff.

<b>Prepaid tickets from GoFan is the preferred method of payment</b>	<b>STUDENT</b>	<b>ADULT</b>
<b><u>TUESDAY 01/09:</u></b> D1-ROUND 16 & QUARTERS D2-QUARTERS, SEMI's & FINALS	<b>\$7.00</b>	<b>\$ 7.00</b>
<b><u>WEDNESDAY 01/10:</u></b> D1-SEMI's & FINALS	<b>\$7.00</b>	<b>\$7.00</b>

### **J. PROGRAM:**

A small program with the bracket, results from the previous night, history of the tournament, and possible matchups will be available at the Admissions booth for the finals. It will be included (free) with the entry fee.

### **K. REFEREE SELECTION:**

The selection criteria shall be based upon, but not limited to: an official in good standing, prior years ranking by rating cards, and tournament experience.

### **L. AWARDS CEREMONY:**

The S9 Dual meet Championship (D1 & D2) plaques will also be presented at the conclusion of the Section 9 Individual finals at the end of the year.

## SECTIONAL SCHEDULING

Your team has been assigned between 7 and 8 dual meets by your league office. Accumulating the remaining points is your responsibility. To assist you in booking other matches and tournaments, let your Chairman know you need points. A master list of tournaments is mailed biweekly thru December. If you host a tournament, please make sure your tournament is listed and that all the info for it is accurate.

## **TYPES OF COMPETITIONS AND THEIR POINT VALUES**

An Individual wrestler may flip back and forth between Varsity and JV as many times as they want to. **Form11-NYS-PointsAndWeighInTracking Form-22-23** is available for tracking each individuals points and weigh in's. It must be turned in prior to Sectionals to verify that your team is eligible for post season. (see Penalty: **page 23 & 55**)

### **CLARIFICATION of MAXIMUM NUMBER OF POINTS**

The following examples will assist in understanding how points are assessed in a variety of circumstances

**NOTE:** Wrestling twice in a dual meet: A wrestler may compete two times in a regular two-team dual meet in the following situations: There must be a 45 minute rest between matches (with the exception of a wrestler who has earned a forfeit) and the wrestlers may only wrestle one weight class higher than the weight class qualified for at the weigh in.

**Forfeits:** A wrestler from Team A accepts a forfeit from Team B. The Team A wrestler may wrestle an exhibition match with a Team B member.

*Points:* Team A Wrestler: One point for the forfeit and one point for the exhibition match.

*Points:* Team B Wrestler: One point for the exhibition match

**Extra wrestlers:** A wrestler from Team A wrestles a match vs. Team B.

Team B has a second wrestler weighed in at this weight (or one weight class higher). The Team A wrestler may wrestle an exhibition match with the other Team B wrestler.

*Points:* Team A Wrestler: One point for the first match and one point for the exhibition match.

*Points:* Team B Wrestler: One point for the exhibition match.

**Two Exhibition Matches:**

*Points:* Team A Wrestler: Two points for the exhibition matches

*Points:* Team B Wrestler: Two points for the exhibition matches

**NOTE:** Wrestling exhibition in a Dual Meet tournament:

**No Match:** A wrestler from Team A weighs in for a dual meet tournament but is never used in any of the Varsity matches.

*Points:* Team A Wrestler is not charged any points for the tournament but must count the weigh in towards the 50% rule.

**Exhibition:** A wrestler from Team A has the ability to wrestle an exhibition match in a dual meet tournament (as it will not put them over the **6 bout** limit or **7 bout** limit if one of the **6 bouts** was a forfeit).

*Points:* Once a wrestler wrestles one match in a dual meet tournament they are considered entered in the tournament. Even if they only wrestle one bout (either Varsity or Exhibition) it will cost them 2 points and be counted as one of their 6 tournaments. It would be suggested that if the wrestler gets one bout, they attempt to find a second, so as to not waste the two points assigned.

**No additional points will be charged for the extra exhibition bouts.**



Wrestling exhibition in a Dual Meet tournament (continued):

If you have a "**team of 1**", that practices with another team.

If the "team of 1" attends a dual meet tournament with the team they practice with.

The member of the "team of 1" cannot wrestle in any of the duals as they are not a member of the team. The member of the "team of 1" can get 6 exhibition bouts but must count the tournament as one of their 6 allotted tournament and will be charged 2 pts vs

6 pts. (note: Theory is that if a JV member of the full team went to the Dual meet tournament and was not used in any of the duals, they would be allowed the 6 exhibition bouts for 2 points, so the member of the "team of 1" should be treated the same way.

**NOTE:** Wrestling exhibition in an Individual tournament:

**Exhibition:** A wrestler who has been eliminated from an Individual tournament has most likely had at least two matches and has used 2 points for the tournament. They are still technically in the tournament (even though they have been eliminated from it and cannot enter another tournament until this tournament is concluded). They are permitted to wrestle one or more exhibition matches with others who were eliminated from the tournament. New for 2020-21: As they have already been charged 2 points for the tournament, they will no longer be charged one additional point for each additional exhibition match they compete in

Exhibition bouts wins and losses:

Exhibition bouts will **not** count for NYSPHSAA won/loss records (but Sections have the option as to how they want to handle them for their Sectional seeding criteria).

Section 9 will allow head-to-head wins from exhibition bouts to count for seeding: but will not allow the matches to count towards won/loss records unless they belong to a wrestler who is shadowing another team (as Exhibition matches are the only non-tournament matches available to them).

Should any wrestler from your team be involved with either of these 3 examples of wrestling twice in a dual meet, please make sure **they are charged with 2 points** (one for each match) towards their 20 point maximum when entering their results on the:

[Form11-NYS-PointsAndWeighInTracking Form-22-23.xls](#)

and when entering your results into the **TrackWrestling database**.

## COMPETITION

### COIN TOSS

The starting weight class will still be drawn and then follow the Federation Rule and have the pre-meet disc toss for choice of odd/even matches in dual meets.

### SCHEDULING

Beginning with the 2023-24 season, additions to schedules **can** now be made after the Saturday of Week #28. (Prior to the 2023-24 season Week #28 had been the deadline date for being able to schedule new competitions due to teams trying to add events to assist with the past 50% rule, which is no longer in effect).



### **SEVEN-DAY RULE** (NYSPHSAA handbook pg 103)

“No student of team may be permitted to participate in school organized practice or play on **seven consecutive** days during the regular season” (does not apply to post-season). If you have any Sunday competitions scheduled, please note the following:

If you were to practice/compete from Monday thru Friday and then enter a 2-day tournament on Sat/Sunday you have violated this rule. The penalty from the Section’s Athletic council could be: censuring of your team, team being placed on probation, or team being suspended. Tournament directors of Sunday events may be asked to submit a list of the participating teams and the day of the week they opted not to practice as verification.

If you competed in a Saturday/Sunday competition mentioned above, you will also need to take a day off during the second week in order to avoid participating seven consecutive days.

If a team was to take the Monday prior to the Sat/Sunday tournament off but then had a dual meet scheduled the Monday after the Sat/Sunday tournament, they would violate the seven day rule if they wrestled in the Monday dual meet.

**Coaches must plan ahead so as not to practice seven days in a row at any time (which may mean taking a day off the week prior to and the week immediately following a Sat/Sunday event).**

**Section 9 Coaches must advise the Sectional Chairman if they are hosting any Sunday Competitions so that the verification form can be sent to them.**

### **HANDSHAKES:**

In a typical dual meet: Handshakes could occur as follows:

- 1-Pre-match introductions vs opponents,
- 2-pre-match captains/coaches meeting,
- 3-among competitors prior to each individual match and
- 4-at the conclusion of each individual match,
- 5-competitors with opposing coaches at the end of each individual match,
- 6-among all contestants at the conclusion of the dual meet.

From 4/4/11 NYSWC Conference call:

Sportsmanship committee does not want to dictate how the sport of wrestling does handshakes but suggests some consistency be used.

NYSWC’s recommendation to coaches would be: At dual meets is to **eliminate handshake #5** (above) with the opposing coach at the end of each individual match. It is **not considered “unsportsmanlike”** if you do not shake hands in this situation.

Request is that **all members of the team are consistent** either all kids are shaking or no kids are shaking.

Shaking hands with opposing coaches in tournament situations is optional and there is no formal recommendation as to whether it should be kept or eliminated.

## **DUAL MEETS**

**Double- Dual Meet:** Three (or more) teams compete, with each team wrestling a dual meet against two of the other teams at the same site. Each individual is charged 2 points toward the maximum number of points permitted.

**Triangular Meet:** Three teams compete, with each team wrestling a dual meet against each of the other two teams at the same site. Each individual is charged 2 points toward their maximum number of points permitted.

**Quadrangular Meet:** Four teams compete, with each team wrestling a dual meet against each of the other three teams at the same site. Each individual is charged 1 point for each match wrestled toward their maximum number of points permitted.

**Multi Team Meet:** To be considered a Multi Team Meet, at Least 3 teams must be represented and at least a total of 20 wrestlers must participate in the event.

Wrestlers are matched by their weigh-in weights and are allowed to wrestle up to 3 times. Wrestlers could compete at their weigh-in weight or go up one weight class from the weigh-in weight to get additional matches.

**There is no limit to the number of Multi-meets an Individual can participate in (so long as they do not exceed their 20-point maximum).**

No team scoring is kept. No awards are given out.

No additional pounds shall be granted for multi-meets for back-to back contests, as they are not a team event. No additional pound is granted for the Multi-meet if a wrestler in the meet competed the day prior, and no additional pound is granted for a contest the day after a Multi-meet if a wrestler had competed in the Multi-meet the day prior. (Note an extra pound for multi-meets can only be granted when a competition is postponed for one calendar day for reasons beyond the control of the participating school(s) or if one teams practice (the day before a competition) is cancelled due to school policy.

Each individual is charged 2 points towards the maximum number of points permitted (if the wrestler wrestled either 2 or 3 times) and 1 point if they only wrestled one time. As Multi Team Meets are not a dual meet or a tournament, then if a bout sheet has been prepared and sent to the head table and one of the wrestler's decide they do not want to compete, no result should be recorded if no bout takes place. It is recommended that unless a wrestler becomes injured or time becomes a factor, they should honor the agreement to wrestle all bouts that are scheduled. In a multi meet format, athletes from the same school cannot wrestle each other. (If they wanted to wrestle an exhibition match, they could but the result would not count as a match, would not count on the W/L record and could not be entered as a result into Track Wrestling).

Teams may not cancel dual meets scheduled by their leagues and change them to Multi Team meets without consent of the Athletic Directors of both schools.

A Multi Team meet does **not** count as a tournament.

**Note:** A Multi Team meet can be held on the same day as another Varsity meet at the same site. Example: Required Varsity League meet only has 3 matches contested, so a Multi Team meet is scheduled to follow it. **Points:** Any wrestler who wrestled in the Varsity League Meet is charged 1 point. If any of those same wrestlers then compete in the Multi Team event, they are charged additional points (as per Multi Meet points listed above).

## **INDIVIDUAL TOURNAMENTS**

Each individual is charged 2 points toward the maximum number of points permitted. Each of the formats listed below count as one of the six allowed tournaments.

If multiple entries are permitted in the following types of tournaments the tournament director must declare how the tournament will be scored: that either all individuals will be scored, the highest placer will be scored, each team will indicate who their scoring wrestler will be or that team scores will not be tallied.

**Bracketed Individual Tournament:** Individuals are placed in a bracket, with the winners advancing to a championship and losers competing in a wrestleback consolation bracket to determine individual placement.

**Pooled Individual Tournament:** Wrestlers are placed in pools. Each wrestler competes against every other wrestler in their pool, to determine the rank of the individuals in each pool. Individuals from each pool wrestle against the same-ranked individuals from the other pool to determine final individual placement.

**Round-Robin Individual Tournament:** Each individual wrestles against every other individual in the weight class. Individual placements may be determined by win/loss record, or by a predetermined tie breaking criterion.  
(If there are only 2 wrestlers entered at a weight class, they allowed to wrestle best 2 out of 3 and record all matches wrestled in Track). **(No contestant shall wrestle in more than 10 matches in a 2-consecutive day period)**

**Combined Individual Tournament:** Tournament directors have the option of combining any of the above formats. Each weight class in the tournament could be contested differently. **(No contestant shall wrestle in more than 10 matches in a 2-consecutive day period)**

**Team Scoring:** When either a Pooled Individual, Round-Robin Individual or Combined Individual format is conducted, team scoring shall not include advancement points (only place points and bonus points shall be calculated at each weight class).

## **DUAL MEET TOURNAMENTS**

Each individual is charged 2 points toward the maximum number of points permitted. Once a wrestler competes in one bout of a dual meet tournament they are charged 2 points, even if they only wrestle once.

Each of the formats listed below count as one of the six allowed tournaments.

**A Maximum of 2 two-day dual meet tournaments for the individual is permitted.**

**Bracketed Dual Meet Tournament:** Teams are placed in a bracket, with the winning teams advancing to a championship. Losing teams may compete in a consolation bracket to determine team placement.

**Pooled Dual Meet Tournament:** Teams are placed in pools. Teams compete in dual meet competition against every team in their pool, to determine the rank of teams in each pool. Teams from each pool wrestle against the same-ranked team(s) from the other pool(s) to determine team placement.

**Round-Robin Dual Meet Tournament:** Each team wrestles a dual meet against **all** the other teams in the tournament, not to exceed **6 bouts** per day. Team placements may be determined by win/loss record, or by a predetermined tie breaking criterion.  
**(No contestant shall wrestle in more than 10 matches in a 2-consecutive day period)**

## **DUAL MEET TOURNAMENTS** (continued)

### **Entering an A and B team in a Varsity Dual Meet Tournament:**

School's may enter an "A" and "B" team in a dual meet tournament but wins and losses earned by the "B" team should not be counted on the school's overall dual meet record. Individual wins and losses from participants of the "B" team should all be recorded in Track as Varsity matches.

In the event that a dual meet tournament ends up with only 3 teams (due to last minute cancellations), the event can be wrestled as a Triangular meet. Each contestant will be charged one point for each match wrestled. The event will no longer count as one of the six allotted tournaments.

**NOTE:** Any school wishing to conduct a tournament with a unique format (not listed here) shall apply to the NYS Wrestling Committee prior to their fall meeting for approval. The Wrestling Committee must receive NYSPHSAA Executive Committee approval for the format to be used in the upcoming season.

**You may NOT attend a tournament with a format different than the approved formats that are listed above.**

### **Scoring Multiple Entry Tournaments**

If multiple entries are permitted in the following types of tournaments the tournament director must declare that either: **all individuals will be scored, the highest placer will be scored, each team will indicate who their scoring wrestle will be,** or that team scores will not be tallied.

NYSWC recommends that when the choice that all wrestlers are to score is selected, that tournament directors should announce in advance of the tournament that they will either:

-Ask teams to enter an A team and a B team and keep a separate team score for each. (This method recommended when teams are allowed to enter a lot of entries. Obviously, a team with a full lineup plus 8 to 10 multiple entries will out score a team with only 15 total entries. By asking the team with 23-25 entries to enter two separate teams it gives the team with only 15 entries more of a chance at a team trophy)

or

-Score all multiple entries as one large team. This method recommended when teams are allowed a small number of entries (or when ALL teams are allowed basically the same number of entries). If each team is allowed 16 or 17 entries they could all be scored as one team without having to enter two separate lineups. In this case, a team with only 15 entries could still compete for a team title with 2 or 3 less wrestlers. If all teams are allowed between 20-25 wrestlers and most teams take advantage of it, they could all be scored as one team without having to enter two separate lineups

# OUT OF STATE COMPETITION:

Go to: [www.NYSPHSAA.org](http://www.NYSPHSAA.org)

AD's and Coaches Tab..Resources Tab..Sanctioning

## TOURNAMENTS (HOSTING):

When competing out of state, or when out of state teams are invited to your tournament, the tournaments must be sanctioned by NYSPHSAA. One of two types of a sanctioning form is required.

<p><b>For interstate contests involving:</b></p> <ul style="list-style-type: none"> <li>• less than 8 schools (one from out-of-state) or</li> <li>• any number of schools from states bordering NY, or</li> <li>• for contests involving 3 or more out-of state schools</li> </ul>	<p><b>For interstate contests involving:</b></p> <ul style="list-style-type: none"> <li>• two (2) or more schools which is co-sponsored by or titled in the name of an organization outside the high school community</li> <li>• non-bordering events if five (5) or more states are involved</li> <li>• non-bordering events if more than eight (8) schools are involved</li> <li>• any event involving two (2) or more schools that involves a team from a foreign country</li> </ul> <p>Exceptions: Canada &amp; Mexico which are considered "bordering states".</p>
<p><b>File :NYSPHSAA Application for Sanction</b> (Adobe Acrobat needed) <b>Use this link to obtain the form:</b> <a href="http://www.nysphsaa.org/Portals/0/PDF/Sanctioning/Sanctioning.pdf">http://www.nysphsaa.org/Portals/0/PDF/Sanctioning/Sanctioning.pdf</a></p>	<p><b>Use the link: <a href="http://www.nfhs.org/sanctioning">www.nfhs.org/sanctioning</a> to the NFHS website.</b> You must first register as the Event Manger The event registration and approval process generally follows these steps:</p> <ol style="list-style-type: none"> <li>1. The Event Manager creates the event and uploads an initial list of invited schools.</li> <li>2. The hosting State Association submits their approval for the event.</li> <li>3. The Event Manager pays any fees.</li> <li>4. The invited State Associations submit their approval for the event.</li> <li>5. The Event Manager coordinates with the State Associations to meet any requirements along with submitting updated and final lists of invited schools.</li> <li>6. After all State Associations have approved the event, the NFHS submits their approval.</li> </ol>
<p><b>Fees:</b> None</p>	<p><b>Fees:</b> Required</p>
<p><b>Deadline:</b> must be filed <b>at least 30 days prior</b> to the event.</p>	<p><b>Deadline:</b> must be filed <b>at least 60 days prior</b> to the event.</p>

Contact person: Todd Nelson at [TNelson@nysphsaa.org](mailto:TNelson@nysphsaa.org)

**Mail to:** NYSPHSAA 8 Airport Park Blvd. Latham, NY 12110

NYSPHSAA Director of Sanctioning: Todd Nelson

**(518) 690-0771 x13**

**Fax: 518-690-0775**

**TOURNAMENTS- (ATTENDING):** *if you are going Out of State with 4 or more schools or attending any 2(or more) team event sponsored, titled etc. by an entity outside the high school community. Your school must ensure that the contest is a sanctioned contest and must submit an online: Notice of Entry form...Click on this link :*

<http://www.nysphsaa.org/ADs-Coaches/Submit-Information-Online/Notice-of-Entry-Sanctioning>

*(Complete the required items and hit the "submit" button).*

Notice of Entry forms will be reviewed by the NYSPHSAA office and you will receive verification of your request.

## **DUAL MEETS**

Make sure the out of state team is a member in good standing of their states association.

FYI if you ever need a letter from NJ State office: (609) 259-2776

<http://www.njsiaa.org/league-conference>

## WEIGH – IN PROCEDURES

### CERTIFYING SCALES:

Weigh-in's are to be done on a certified scale. To get a scale certified contact:  
Bureau of Weights & Measures: Orange: **360-6700** Sullivan: **807-0184**

**WEIGH IN ATTIRE:** NFHS RULE 4-5-7 (May 2020): a legal uniform shall be worn during weigh-in and no additional weight allowance be granted for it. Shoes and ear guards are prohibited from being worn during weigh-in 4-1-1c: female wrestlers are permitted to wear a form-fitted compression shirt that completely covers their breasts in addition to a one-piece singlet and a suitable undergarment. With the institution of the legal uniform (one-piece singlet or two-piece), male and female wrestlers are now able to weigh-in together in the same lineup, allowing gender-specific language to be removed from previous rules. Additionally, the form-fitted compression shirt offers females a more suitable uniform for post-weigh-in skin checks, which are typically done by male officials. **No sweatpants are allowed. Underwear only is not allowed. Weighing in naked is not allowed. If a wrestler is found to have weighed-in without following the approved weigh-in clothing as listed above, the weigh in shall be declared an illegal weigh-in. Penalty shall be that the wrestler(s) involved would be ineligible participants.**

**(At no time is there to be a .2 or any other weight allowance granted for the weight of the undergarment).**

### HONOR WEIGH INS

Beginning with the 2023-24 season, Honor Weigh-ins will no longer be used.

### THE 1.5% RULE:

Beginning with the 2023-24 season, NYS will follow the 1.5% weight loss method where no wrestler can lose more the 1.5% of their body weight in a given week. Once certified, Track wrestling will still assign each wrestler a MWW (Minimum Weight). As in the past no wrestler may ever compete at a weight lower than their MWW. Beginning in 2023-24, Track will also produce a WLP (Weight Loss Plan) for each wrestler. The WLP will start with the weight the wrestler actually weighed on certification day and then calculate the lowest weight they can wrestle at on a weekly basis using the 1.5% method. Every time a wrestler's weigh-in weight is entered into Track, the WLP will recalculate (if needed) and adjust the amount of time it may take for the wrestler to reach their MWW weight. Each weigh-in sheet will show each wrestlers **EWC (Eligible Weight Class)**, which will be the lowest weight class the wrestler can compete at for that competition. At no time can a wrestler compete at a weight class lower than the one shown on the weigh in sheet (as the EWC) for each specific event (even if they actually weigh less than the weight shown). **If a wrestler competes at a weight class lower than the one listed on the events weigh in sheet, they shall be deemed an ineligible wrestler for that contest and the penalties for an ineligible wrestler will be enforced.**

**Example:** A wrestlers MWW is 147 but their WLP (Weight Loss Plan) shows they cannot compete at 147 until January 24.

The wrestler weighs 146 for a competition on January 22.

The weigh in form will show the wrestlers EWC (Eligible Weight Class) as 152/160. Even though the wrestler weighs lower than their MWW, they cannot compete at 147 until January 24 and they must compete at 152 until January 24.

The EWC will show the lowest weight they can compete at for the day of the competition (152) as well as the next weight class up (160: as they are allowed to go up one weight class). Note: However, this wrestler would not be allowed to wrestle at 160, because they would have to weigh in excess of 147 (the minimum weight).

If they only weigh 146, they are below that minimum weight and, in this example, could only wrestle at 152 on January 22.



### **WEIGH INS:**

Beginning with the 2023-24 Season: All weigh in forms for dual meets must be printed from Track. All dual meet weigh ins will be matside. If needed, the home school should afford their opponent every opportunity to generate a weigh-in form on site. **If a coach shows up at the matside weigh in without the Track wrestling weigh in form, the weigh in and the dual meet cannot take place and they must forfeit the dual meet.**

If the dual meet is forfeited, the team who won by forfeit (and had the weigh in form) must officially weigh in and record the weigh in into Track (so as to be able to have the weigh in data entered into each wrestler's WLP).

### **FLATLINE DATE:**

The flatline date for NYS will be **Saturday 2/3/24** (the first day of postseason competition for NYSPHSAA schools). As of the flatline date, the wrestlers WLP (weight loss plan) will no longer re-calculate. The MWC shown on the flatline date shall be final. Note: Some Sections begin post-season events the week after the flatline date. Should events (ex: make-up duals) be contested between the flatline date and the first day of their postseason event, the weights for these events must still be entered into Track, but the WLP will **not** recalculate based on these weigh-ins. The MWC shown on the flatline date is final.

### **DNP: (DID NOT PARTICIPATE IN WEIGH IN):**

The DNP box on the weigh in sheet is to be checked off when a wrestler was added to a weigh in sheet but did not show up for the weigh in.

It should be noted that DNP does **NOT** mean: Did Not Participate in the event. It means the wrestler Did Not Participate in the weigh in.

**Any time a wrestler weighs in for a competition, the weigh in must be recorded on the weigh in sheet and entered into Track (even if they do not wrestle).**

### **S.A.T. accommodation for tournaments From 10/12/10 NYSWC Conf Call:**

Each Section can determine how they want to handle the conflict. Suggestion: If an athlete cannot weigh-in for dual meet tournament due to the S.A.T. exam they can do a weigh-in at their home site (certified by an administrator) and then enter the tournament when the test is completed. If the S.A.T. falls on the first day of a 2-day dual meet tournament, they must do a weigh in at their home school (certified by an administrator) before being able to enter the tournament on the second day.

### **WEIGH INS: DUAL MEETS**

NFHS Rule 4-5-Articles 1,2,3 are replaced by the following in NYS: **Contestants shall weigh in at the dual meet site wearing a legal uniform and a suitable undergarment**

Contestants shall have the opportunity to weigh in, shoulder-to- shoulder, a maximum of 1 hour and a minimum of half an hour before the time a dual meet is scheduled to begin. When a preliminary meet is followed by a varsity meet, the 30-minute weigh in period for the second meet may, by mutual consent, precede the preliminary meet. The weigh in period shall extend no longer than 30 minutes and shall be conducted at the dual meet site.

The referee or other authorized person shall supervise the weigh ins.

**Suggested procedure:** The coaches will use a random draw method to determine the starting weight class. (Example: Use a 3x5 card for each weight class, shuffle and pick one). Once the starting weight is drawn, the first wrestlers to weigh-in will be the ones participating in the starting weight class. Example: 285 is drawn as the starting weight.

**Weigh in order will be: 285, 101, 108, 116, 124, 131, 138, 145, 152, 160, 170, 190, 215.**



## **WEIGH INS: TOURNAMENTS**

NFHS Rule 4-5-Articles 1,2,3 are replaced by the following in NYS: Contestants shall weigh in at the tournament site wearing a legal uniform and a suitable undergarment a maximum of two hours and a minimum of half hour before the first session. The tournament manager shall establish the weigh in time within the maximum and minimum time period. Weigh ins for the second day of a tournament must be conducted on the second day, following the same time limits as the first day. Weigh ins at the conclusion of the first day are not allowed. When a dual meet tournament lasts 2 days, the weigh in will be treated the same as a regular tournament. The weigh in on day one locks a wrestler into a weight class. (Therefore, a wrestler must weigh-in on Day 1 to be able to wrestle on Day 2). A wrestler who does not make weight on day two, may not move up to the next weight class, and is scratched from the tournament.

Note: Since one day of rest is required between contests a wrestler cannot be pulled from a 2-day contest to enter a separate contest on the second day (even if the wrestler was eliminated on the first day of the 2-day contest). Example: If a team has a 2-day tournament and a dual meet scheduled on the same day as the second day of the 2-day tournament, a wrestler cannot be pulled from Day 2 of the 2-day tournament to wrestle in the dual meet on the second day as they will not have a day of rest between the two contests.

### **All wrestlers must make the minimum weight on both days of a 2-day tournament.**

Example: At a December tournament a wrestler weighs 152.5. They do not make weight for 152 so they must compete at either 160 or 170. It is decided they will enter the tournament at 170. The 1-pound weight allowance is granted for day 2. If the wrestler were to weigh in at 152.5 again, they would not be eligible for 170. They would have to weigh in excess of  $152+1=153$  on day 2 to wrestle at  $170+1=171$ .

Beginning with the 2023-24 Season: Weigh in forms for tournaments can either be printed from Track or can be designed by the tournament administrator. **Coaches should bring the Track weigh in sheets with them to the tournament for verification of allowed minimum weight classes. If they do not have the Track weigh in sheet, they cannot participate in the tournament.**

Coaches must collect the original copy of the tournament weigh-in sheet (signed by the tournament director-or their designee) before leaving the tournament **so that they can enter the tournament weigh in weights into Track once weigh ins are concluded.**

### **OPEN WEIGH IN's:**

An "OPEN WEIGH IN" is a weigh in that took place but was not yet entered into Track.

#### **ONE "OPEN WEIGH IN" SHALL BE ALLOWED:**

NYSPPHSAA will allow only one "Open Weigh In" in Track. If there are more than one "Open Weigh Ins", Track will not allow the wrestler (or wrestlers) with more that one "Open Weigh In" to be added to any future weigh in forms, until the "Open Weigh Ins" are entered. If Track is prohibiting a coach from adding a wrestler(s) to a weigh in form it is probably because more than one "Open Weigh In" is still outstanding. Coaches should consult the current year's **TrackWrestling-DataEntry** manual for specific details on how to fix outstanding "Open Weigh Ins".

### OPEN WEIGH IN's: (Examples)

#### Example:

A team has a dual meet on Wednesday and Thursday, a tournament on Saturday and a dual meet the next Tuesday.

The coach does not have time to enter Wednesday weigh ins into Track prior to printing the Thursday dual meet weigh in form. The Wednesday weigh in shall be considered an "Open Weigh In". Since one "Open Weigh-In is allowed, Track will allow the coach to print Thursday's weigh in form.

Continuing the same example: If the coach does not enter the Thursday weigh in either.

The team now has 2 "Open Weigh Ins" (one for the Wednesday dual and one for the Thursday dual).

Track will now prohibit the coach from printing the weigh in form for the Saturday tournament. As only one open weigh in is allowed, Tuesdays form can be printed so long as the prior Wednesday and Thursday weigh ins are entered. The Saturday tournament weigh-in would not have to be entered yet as that would now be the one allowed outstanding Weigh in.

**LEAVING AN "OPEN WEIGH-IN" COULD RESULT IN AN INELIGIBLE WRESTLER:** Example: Team has a dual on Tuesday & Wednesday and a tournament Saturday. A wrestler who has been competing at 154 all year has been consistently weighing in below 154 as their WLP states they can compete at 147 for the first time on Wednesday. The coach does NOT enter the Tuesday weigh-in but is allowed to print the Wednesday weigh-in sheet (as they are allowed 1 open weigh in). The wrestler weighs in and competes at 147 for first time on Wednesday. When the coach goes back to enter the Tuesday weigh in (so the wrestler can compete in Saturdays tournament), the weight the wrestler actually weighed on Tues (ex 149) is now entered. It turns out, that the wrestler needed to weigh 148 on Tuesday to be eligible to go 147 on Wednesday. So had the weigh in been entered before the Wednesday weigh in sheet was printed, this would have been known. But because the coach delayed in entering the open weigh in, it turns out the wrestler was now ineligible for 147 on Wednesday and was an ineligible wrestler for that match. Wednesday's WLP will now show the Wednesday weigh-in weight in red. Because the coach left an open weigh in, this was not known until after the fact, so the wrestler now takes a loss by forfeit and the team forfeits the Wednesday dual meet.

### MINIMUM WEIGHTS

Minimum weights are only required for Athletic Placement Process (APP) wrestlers. A wrestler must weigh **in excess of 93** for the **101 lb** weight class, **98** for **108**, **180** for 215, and **210** for 285. These minimum weights do not increase when the 12/25 Growth Allowances take place. Minimum Weights **MUST** be met and **RECORDED** at the matside weigh in. Students in grades 9<sup>th</sup> through 12<sup>th</sup> do not have to make minimum weights in the weight classes in which NYSPHSAA has specified minimum weights.

In a situation where a 7<sup>th</sup>/8<sup>th</sup> grader is 15 years old as of July 1<sup>st</sup> then they meet eligibility for high school and therefore do not have to make the minimum weights listed above. To avoid confusion at weigh ins, as they will be listed as a 7<sup>th</sup>/8<sup>th</sup> grader on the weigh in sheet but do not have to make minimum weights in the weight classes in which NYSPHSAA has specified minimum weights, the coach should present the **NYSPHSAA Wrestling Minimum Weight Waiver Form** as proof.

## ADDITIONAL POUNDS

Under no circumstances may coaches or school administrators agree to grant an extra pound(s), with the following exceptions:

- a. A 1 lb allowance is granted when an individual from a school has back-to-back competitions. (In tournament situations: if just one individual from a team in the tournament has back-to-back competitions, then all teams in the tournament get the extra pound. 48 hours' notice is required to get the extra pound). NHSF-Rule 4-5-5.
- b. A 1 lb allowance is granted when a competition is postponed for one calendar day for reasons beyond the control of the participating school(s) or if one team's practice (the day before a competition) is cancelled due to school policy. (Example: Superintendent cancels after school activities due to weather). In these situations, the other school should be made aware of the extra pound as soon as the first school learns of the cancellation, 48 hours' notice is not required.  
Suggestion: The day prior to a dual meet, all coaches should check the status of "After school activities" for their next day opponent's school (on the radio or internet) to keep this situation from occurring. If they learn their opponent is leaving school, they should contact their opponent to confirm the extra pound(s) and not necessarily wait for their opponent to contact them.

In the case of a tournament: A tournament director grants all the teams in the tournament an extra pound because one of the individuals from a team entered is wrestling a dual the day before the tournament. The dual the day before the tournament is cancelled (bad weather, etc), or the team that enabled the other teams to get the extra pound is told by their administration that they are no longer allowed to attend. All teams in the tournament still get the extra pound. NFHS-Rule 4-5-5. So long as all the teams were given the 48 hours' notice of the extra pound, the extra pound cannot be taken away.

Note: A school being closed for budget concerns does not give the teams an additional pound. The following examples do not allow for extra pounds: Most schools do not wrestle Monday dual meets as most schools are not allowed access to their buildings to practice on Sundays. No additional pounds are allowed for Monday dual meets. The same holds for a school not being able to practice on a Holiday Monday for a Tuesday dual meet. No additional pound is allowed.

Note: **Merged Teams-Additional Pounds-**

**If all of the merged schools are not allowed to practice the extra pound will be allowed.**

**If any of the merged schools are allowed to practice, no extra pound will be granted.**

- c. The maximum allowance to be granted is two (2) lbs. (**not including the growth allowance**). A third consecutive day of completion would grant this 2 lb allowance to the schools involved. A fourth and fifth consecutive day would require the 2 lb allowance to carryover. The allowance would never go to 3 lbs over (**not including the growth allowance**).

Example: After December 25 the 2 lb growth allowance is in effect.

Dual Meet Tuesday:  $102+2= 104$  lbs.,

Dual Meet Wednesday:  $104+1= 105$  lbs.,

Dual Meet Thursday:  $105+1= 106$  lbs.,

Tournament Friday: All teams in the tournament at **106** lbs.,

2<sup>nd</sup> day of Tournament on Saturday: **106 lbs.** Since the maximum allowance is +2; that would mean NO EXTRA POUND for a second day of a 2-day tournament (if the tournament began on Friday with +2). The +2 would carry over from the first day. NFHS-Rule 4-5-5

### **ADDITIONAL POUNDS** (continued)

- d. Weight allowances could prohibit a wrestler from being able to go up one weight class from the weigh-in weight:

When a wrestler's certified weight is in-between the Growth Allowance Weight and the weight class being contested that day (due to additional pounds), and their actual weight is greater than their certified weight, they are prohibited from going up one weight class from the weigh-in weight.

Example: The wrestler is certified at 148 (they can never wrestle at 147)  
January Dual Meet Wednesday:  $145+2=147$  lbs.,  
January Dual Meet Thursday:  $145+2+1=148$  lbs.,  
Tournament-Day 1-Friday:  $145+2+2=149$   
Tournament-Day 2 Saturday:  $145+2+2=149$  (max +4 has been granted)  
Wrestler actually weighs 148.5 on Friday.

Even though 148.5 is less than the weight class that day (149), they are actually attempting to weigh-in in at the 147 wt class, (which is a weight they are not certified to wrestle at).

Therefore, they **must** wrestle at  $152+4=156$  for this tournament  
They weighed in at the 147 wt class but are not allowed to wrestle there.  
Yet, they cannot move up to  $160+4=164$  as that would be going up two weight classes from where they weighed in at  
If they were to wrestle at either  $145+4=149$ , or if they were to wrestle up two weight classes at  $160+4=164$ , they would be considered ineligible.

### **Back to back matches (example):**

Tuesday: Regularly scheduled Dual Meet Team A vs Team B: +0 for the dual meet.  
Wednesday: Regularly scheduled Dual Meet Team A vs Team C: +1 for the dual meet.  
Thursday: Regularly scheduled Dual Meet: Team C vs Team D: +2 for the dual meet.

### **Back to back tournaments**

Back to back tournaments are allowed. A minimum of one-night rest is required between tournaments.

However: A tournament ends the day it's finals are contested (not the day a wrestler is eliminated from it).

Example: If a wrestler is entered in a 2-day tournament on Friday and Saturday and is eliminated from it on Friday, they cannot compete in another tournament on Saturday. The original tournament finals were held on Saturday, so one night's rest (Saturday) is required before the next tournament can be entered.

**Varsity Events following JV events (and vice-versa):** Varsity and JV events are to be treated as separate entities with respect to allowing additional pounds. Example: If a wrestler participates in a JV tournament on a Friday, then a Varsity dual meet on Saturday, there should be no extra pound allowed for Saturday's Varsity event. A minimum of one night's rest is required between tournaments. Tournament directors need to clearly identify if the tournament is a JV or Varsity event prior to the event. Just because there may be some individual Varsity wrestlers entered in a JV event, it should not be labeled as a Varsity event so as to take advantage of getting an extra pound the next day, or for inflating W-L Varsity records for post-season. If it is a JV event, it should be labeled as such.

**ADDITIONAL POUNDS** (continued)

**Post-season wrestling tournaments:** (namely Class and Sectional competitions that are involved in the process of selection of competitors for championship competition and Sectional dual meet tournaments that are qualifiers for the NYS Dual Meet

Championship) **do not allow for the extra pound** on the first day (if a team happened to wrestle the day before). If the post season tournament is a two-day event, the extra pound will be given for the second day. Example: First day must be  $145+2=147$  lbs (can never start at 148 lbs), Second day would be  $147+1=148$  lbs (can never be 149 lbs.)

**Beginning in 2018-19-**When a Class or Sectional tournament is postponed one calendar day for reasons beyond the control of the participating school(s), or if one team's practice is cancelled the day before the tournament due to school policy, the rule for an additional pound will apply. **(A maximum of 1 additional pound would be granted).**

**The additional pound is not granted for back-to-back events.**

**Note:** In the event a Section has multiple tournaments by Class, only the classes where a school cancelled will receive the additional pound.

Example: A Section hosts a Class A, B, and C tournament. One school in Class A and one school in Class B have after school activities cancelled the day prior to the Class Tournament. All teams in the Class A and B tournaments will be granted the additional pound, but NO school in Class C will be granted the pound (as none of their schools cancelled the day prior).

**50% RULE**

Beginning with the 2023-24 season, the 50% Rule will no longer be in effect.

## **RECORDING YOUR RESULTS**

All Section 9 Coaches are required to email **results of all home dual meets**, or use TrackWrestling to send results Email form: [Form09-S9Dual ResultForm](#)

Send **results of all home dual meets** to:

[SectionIXWrestling@GMail.com](mailto:SectionIXWrestling@GMail.com) and

[KMcMillan@TH-Record.com](mailto:KMcMillan@TH-Record.com) (or The Record: Phone #: 1-800-295-2181

Fax #: 342-6024)

**Dual meet team scores must be entered into the rSchool app** so the league office can monitor league standings.

**All Section 9 Coaches are required to update your wrestler's records in TrackWrestling in a timely manner.** (You will be issued a password at the start of the season to access your team). A separate [TrackWrestling-DataEntry-23](#) document will be sent to you with specific instructions on how the database works.

**All Section 9 Coaches are required (in a timely manner) to update your wrestlers: Results should be entered no later than 2 weeks after the event.**

[Form11-NYS-PointsAndWeightInTracking Form-22-23](#) to track their points.

## **PROCEDURE FOR WEIGH-IN'S WHEN:**

### **1. A wrestler is declared ineligible by a referee because of a skin condition.**

When a referee determines that a wrestler is ineligible to participate due skin issue, the official and the coach will notify the opposing coach prior to the start of the dual meet and the name of the wrestler shall be crossed off the team's weigh in sheet. The ineligible wrestler shall not participate in the warm ups or introductions

Suggestion: For a wrestler to be eligible to wrestle JV or Varsity, they must be skin checked by either the JV or Varsity official. If they are not checked off on the weigh-in sheet, they would be declared an ineligible wrestler.

For sections that wrestle JV prior to Varsity (where a separate JV ref is being used), the coach shall be required to make two separate copies of the weigh-in sheet (one for the JV ref's pre-meet check, and one for the Varsity ref's pre-meet check). When the pre-meet meeting is concluded, both sheets should be sent to the scorer's table. So long as a wrestler was checked off by the JV ref, they are eligible to wrestle in the Varsity meet. They do not have to be checked by both the JV and Varsity official. All officials should indicate on the weigh-in sheets any wrestler that had a proper skin form that was accepted.

### **2. Two duals are allowed on the same day at different sits due to end of season make up's.**

Permission from the Sectional Chairman must be granted. Wrestling two duals on the same day by permission is limited to two times per season.

Team A wrestles vs Team B.

Team A then travels to Team C for the second match.

Team A does not have to re-weigh, they must just provide the weigh in sheet from the first dual meet. Team C weighs in one hour prior to scheduled start time (with a referee or an administrator). Team A does not have to be present.

### **3. Entering a 2-day: Dual Meet Tournament:** When a dual meet tournament

lasts 2 days, the weigh in will be treated the same as a regular tournament. The weigh in on day one locks the wrestler into a weight class. If the wrestler does not make weight on day two, the wrestler may not move up to the next weight class. The wrestler is scratched from the tournament.

#### **With respect to 7<sup>th</sup>/8<sup>th</sup> graders who must make a minimum weight:**

On Day 1: If they weigh between **93.1** and **101.0** they lock in to the **101** lb. weight class for Day 1. If they are in excess of **98** (which is the minimum weight for **108**), they could be allowed to move up to **108** for Day 1. If they are exactly **98** or below, they cannot move up to **108**.

To be consistent with how the other weight classes are treated: **Assuming they were not in excess of 98 on Day 1:** If on Day 2: they now weigh between **98.1** and **102**, they must remain at **102** (**101+1**). Even though they are now in excess of **93** for **101** and also in excess of **98** for **108**, they cannot wrestle at **either** **102** (**101+1**) or **109** (**108+1**) and can only wrestle at **102** (**101+1**) as the weigh in on the first day was not in excess of **98** and that locked them into the **101** weight class for the tournament.

**PROCEDURE FOR WEIGH INS WHEN:** (continued)

4. **Entering a 2-day: Individual Tournament:** When an individual tournament lasts 2 days the weight class the wrestler weighs in at, on the **Track** weigh in form, enables the wrestler to either wrestle at that weight or move up one weight class. Should the wrestler opt to go up one weight class, the wrestler would not have to make weight at the lower weight class shown on the weigh in sheet on the second day because they are not entered at that weight.

5. **A wrestler is overweight for a tournament weigh in:**  
Individual tournament: A wrestler enters an individual tournament at a weight class (**124 lbs**), gets on the scale and is overweight. They do not wrestle in the tournament.

Dual meet tournament: If the wrestler in the above example was entered in a dual meet tournament, the wrestler could wrestle at the **131 lbs** class.

The coach will decide on a meet by meet basis if the wrestler will be used. It may be possible that the wrestler does not actually compete, but since they were eligible to compete in the tournament, they must enter the weigh in into **Track**. They are NOT charged 2 points for the tournament because they did not compete.

6. **When Weigh in is Out of State and the NYS Weight class is not contested:**  
A wrestler is entered in an out of state tournament where the NYS Weight is not contested. The wrestler weighs in at the NYS weight on the **Track** weigh in sheet but wrestles up at the out of state weigh class.

7. **Schools are cancelled:**  
**(Snow days are treated like competitions with respect to extra pounds)**

**Situation 1:** Back to Back Duals – Snow Day – Tournament

Wednesday: Regularly scheduled Dual Meet: +0 for the dual meet.

Thursday: Regularly scheduled Dual Meet: +1 for the dual meet.

Friday: Snow Day (No school)

Saturday: Tournament: All teams get +2 allowance

**Situation 1A:** Snow Day – Snow Day – Tournament

Wednesday: Regular Practice is held.

Thursday: Snow Day (No school)

Friday: Snow Day (No school)

Saturday: Tournament: All teams get +2 allowance



**PROCEDURE FOR WEIGH INS WHEN:** (continued)

7. **Schools are cancelled:**  
**(Snow days are treated like competitions with respect to extra pounds)**

**Situation 2:** Snow Day – Dual – Tournament

- Wednesday: Snow day (or schools cancelled) (Day 1),
- Thursday: Teams who had school closed on Wednesday (Day 1) who have dual meets on Thursday (Day 2) will get +1 for the dual meet.
- Friday: If any of the teams with the dual meets from Thursday (Day 2) then enter a tournament on Friday (Day 3): All teams in the tournament are at +2
- Saturday: If the tournament is a 2-day tournament, the allowance remains at +2 (No allowance can ever exceed +2)

**Situation 3:** Dual – Snow Day – Tournament

- Thursday: Regularly scheduled Dual Meet: +0 for the dual meet.
- Friday: Snow Day (No school)
- Saturday: Tournament: All teams get +2 allowance

**Situation 4:** Dual – Dual – Tournament Snowed Out – Tournament

- Thursday: Regularly scheduled Dual Meet: +0 for the dual meet.
- Friday: Regularly scheduled Dual Meet: +1 for the dual meet.
- Saturday: Regularly scheduled Tournament Postponed due to weather.
- Sunday: Tournament: All teams get +2 allowance

**Situation 5:** Dual Or Tournament – Tournament Snowed Out – Tournament

- Friday: Regularly scheduled Dual Meet or Tournament: +0.
- Saturday: Regularly scheduled Tournament Postponed due to weather.
- Sunday: Tournament: All teams get +2 allowance

**Situation 6:** Tournament – Tournament – Dual – Dual

- Sunday: Due to make-ups: Teams enter in a one-day Sunday tournament.
- Monday: Some of the teams who wrestled on Sunday are then entered in a Monday-Holiday tournament.  
All teams in the Monday tournament are at +1.
- Tuesday: Many of the teams from the Monday tournament are scheduled to wrestle dual meets on Tuesday which would be at +2.
- Wednesday: Some of those same schools are also scheduled to wrestle again on Wednesday. The +2 remains in effect for the Wednesday duals as you can never go above +2.

Note: If Tuesday is a snow day and all schools are closed. Teams that were in the Monday tournament and closed on Tuesday would still get the +2 for the Wednesday dual meets.

**PROCEDURE FOR WEIGH INS WHEN:** (continued)

7. **Schools are cancelled:**

(Snow days are treated like competitions with respect to extra pounds)

**Situation 7:** Weekday match cancelled (due to reasons beyond school's control: weather, transportation etc),

As the matside weigh-in for both teams did not occur, the weigh-in should **not** be entered into Track.

8. **Interrupted Duals:**

A dual meet is interrupted due to a situation beyond either teams control (Example: a power failure).

The dual meet should be made up the next day if both schools are available. If either school has a conflict it should be made up on a date agreeable to the schools involved.

The dual meet will pick up from the end of the point of interruption. Bouts in progress will be restarted.

If the dual meet can be made up:

The weigh in sheet from the original match will continue to act as the official weigh in sheet (as it locks the wrestlers into a weight class for this competition). A new Track weigh-in sheet column should be used for the wrestlers that need to compete on the makeup day.

Normal rules for granting additional pounds shall be followed.

If the dual meet cannot be made up:

All individual results of the bouts wrestled shall be counted.

Each league can rule independently on the outcome of the dual meet.

NYS will not mandate the outcome.

Examples could be:

-The dual meet could be entered as a "No Contest" with respect to the team score regardless of the score at the time it was interrupted.

-If one team had already clinched the dual meet, the bouts yet to be wrestled will be entered as "no contests" and the team score shall be counted.

-If no team had yet to clinch the dual meet, there will be no final team dual meet score and no team winner or loser.

**PROCEDURE FOR WEIGH INS WHEN:** (continued)

9. **Teams that do not show up for a dual meet:**

**Situation 1:** Meet is not wrestled and **no weigh in occurs:**

In situations where a team did not show up for a dual meet, the weigh in is not conducted and the match does not occur:

The team available to wrestle the dual has one of two choices:

Choice 1: Schools involved agree to treat the meet as a “no contest”. No team or individual records are affected. No points are charged.

Choice 2: Schools involved agree to treat the meet as a “forfeit” A win and a loss is added to each team’s record. As per NFHS interpretation: Since no matches were contested no individual records would be affected.

**Situation 2:** Meet is not wrestled (not due to school closing)

In situations where a team does not show up for a scheduled match (not related to school closing or transportation problems) as they just do not want to wrestle the match.

The team that was in compliance to wrestle the dual has one of two choices:

Choice 1: Schools involved agree to treat the meet as a “no contest”. No team or individual records are affected. No points are charged.

**No weigh in should be entered into Track.**

Each team may reschedule another match with another team at a different date.

Choice 2: The meet will be treated as a “forfeit” A win and a loss is added to each team’s record. As per NFHS interpretation: Since no matches were contested no individual records would be affected.

**No weigh in should be entered into Track**

**Situation 3:** Meet is not wrestled (due to school closing).

In situations where a team does not show up for a scheduled match because of conditions beyond their control (weather/transportation problems):

If the meet will be rescheduled:

**No weigh in should be entered into Track.**

No team or individual records are affected, and no points are charged.

If the meet will **not** be rescheduled:

The meet will be treated as a “no contest”.

**No weigh in should be entered into Track.**

No team or individual records are affected.

**Situation 4:** If the dual meet (that wasn’t wrestled) was **part of a dual meet tournament** (as **one team leaves** and does not wrestle their match):

The meet will be treated as a “forfeit” A win and a loss is added to each team’s record. As per NFHS interpretation: Since no matches were contested no individual records would be affected. (Two points have already been charged to these individuals 20 point maximum as this was a tournament. The dual meet will be recorded as a 1-0 team score (but the TrackWrestling will show the team score to be 78-0 based on 13 weights at 6 points each).

## **PROCEDURE FOR WEIGH INS WHEN:** (continued)

**Situation 5:** If in a 2-day dual meet tournament a team does not show up for any matches on the second day, the following procedure will apply for all matches that were scheduled on the second day. Each team will earn a dual meet win by forfeit over the other team. Each team adds either a win or a loss to their team's record for every match that was scheduled. As per NFHS interpretation: Since no matches were contested no individual records would be affected.

**Situation 6:** No Official

Both teams do a matside weigh-in in the afternoon and set the matchups for the scorebook. The **official does NOT show up AND the dual CANNOT** be rescheduled.

The weigh in should be entered into Track.

## **TOURNAMENTS: WHEN IS A WRESTLER CONSIDERED TO BE OFFICIALLY ENTERED IN A TOURNAMENT?**

NFHS Rule 4.5.6 states "a contestant representing a school in an individually bracketed tournament shall be named by weight class prior to the conclusion of the weigh in Interpretation from NFHS: Rule 10-2-1-"Failure to verify entries by a stipulated deadline or by the completion of weigh ins shall result in disqualification from the tournament. If a stipulated deadline has not been predetermined as per below, the deadline shall be the completion of weigh in's".

### Example A: Dual Meet Tournament Weigh in

In a Dual Meet tournament wrestlers who are eligible to wrestle when the weigh ins conclude are officially entered in the tournament. (In this example, wrestlers who do not make weight can move up a weight class and still be officially entered in the tournament).

A wrestler who is not eligible to weigh in for the first day of a Dual Meet Tournament is not eligible to weigh in for the second day.

### Example B: Scratch at Tournament Weigh in

When an individual tournament is seeded and the brackets are set prior to the tournament and the tournament director determines that the wrestlers may not change weight classes from that class they were entered at on the day of the tournament (whether seeded or not), then if a wrestler does not make weight at the weight class they were entered at, they are scratched at the weigh in. The tournament director will determine if the spot on the bracket sheet would become a BYE or redrawn. (In this example, wrestlers who do not make weight are **not** officially entered in the tournament).

### Example C: Scratch at Tournament Scratch Meeting

If the tournament director of an individual tournament announces there will an official coach's scratch meeting after weigh ins are concluded and before the brackets are prepared, the stipulated deadline is still the conclusion of the weigh in. Wrestlers who are eligible to wrestle when the scratch meeting concludes are officially entered in the tournament. (In this example, wrestlers who do not make weight are **not** officially entered in the tournament). The wrestler who cannot compete should be entered as a Bye. The tournament director can leave the Bye where it falls or re-draw the bracket.

### Example D: Bracket Changes made as teams Weigh in

If the tournament director of an individual tournament allows wrestlers to change weight classes on the day of the event and the tournament scorekeeper (or their designee(s)) is in attendance at the weigh ins to make additions and deletions to the brackets as each team weighs in, then the stipulated deadline is the conclusion of the weigh in's. Coaches of wrestlers who do not make weight must inform the scorekeeper or designee if the wrestler is moving up to the next weight class. If the scorekeeper is not informed, then the wrestler is scratched and not entered in the tournament. Wrestlers who are eligible to wrestle when the weigh ins conclude are officially entered in the tournament. (In this example, wrestlers who do not make weight are **not** officially entered in the tournament).

## **TOURNAMENTS: WHEN IS A WRESTLER CONSIDERED TO BE OFFICIALLY ENTERED IN A TOURNAMENT?** (continued)

### **Process for Sectional Tournaments:**

Most Sections pre-draw the brackets. If a wrestler slated to wrestle one of the Top seeds decides not to show up the seeded wrestler should not get a Bye but instead earn a forfeit. Earning a Bye could easily have an impact on the Sectional team scoring as the top seeded wrestlers could lose opportunities of getting bonus points for pins/TF etc. Sectional Chairmen should announce prior to the start of their seeding meetings if the “no-shows” will be counted as Byes or Forfeits. If counted as forfeits:

*Winner:* Earns a win by forfeit over the school (but not a name of the specific opponent). Unless the bracket is re-drawn (perhaps because the wrestler who scratched was a seeded wrestler and the seeds are being rotated): In this situation the wrestler may now get a different first round match or even a bye.

*Loser:* The wrestler who forfeited does not take a loss on their record as they never actually entered the tournament.

### **Summary of Tournament Entry:**

Once a wrestler is officially entered in a tournament, if the wrestler then needs to be removed from the tournament: follow the rules for “WRESTLING FORFEITURES” (Situations 2 thru 11).

Once a wrestler is officially entered in the tournament, the tournament must count as one of their six allowed tournaments, as 2 points towards their 20 points, **and the weigh in must be entered into Track.**

## **EXTENDED INJURY TIME-CONCUSSION EVALUATION**

Extended injury time will be handled in one of the following three ways:

1. Tournament designates medical personnel for the tournament (physician, physician’s assistant, certified athletic trainer, registered nurse, nurse practitioner, EMT). The athlete may be granted extended time.  
Example: All teams in attendance at the tournament can use the designated trainer for extended time.  
Example: Tournament does not designate a medical person, but some teams bring their own trainer(s). **ONLY** the teams who have a trainer can get extended time only for wrestlers belonging to their school.
2. No designated medical personnel but the school has brought their own school appointed medical personnel. The athlete may be given extended time.  
Example: Home team designates their trainer as the medical personnel.  
Away team did not bring a trainer.  
Trainer can be used for extended time for both Home and Away teams.  
Example: Home team does not have a trainer to designate.  
Away team did bring a trainer.  
Trainer can be used for extended time **ONLY** for the Away team.
3. No designated medical personnel or school appointed personnel. The athlete is not given extended time.

## WRESTLING FORFEITURES

Notes: A wrestler who earns a forfeit **does not have to wait 30 minutes** before their next match. (Dec. 2010). A forfeit will no longer be counted in the count of tournament matches wrestled in a day. In an individually bracketed tournament, a wrestler can compete in a 7<sup>th</sup> bout in a day if one of the previous bouts was a forfeit.

If the forfeit was received in a dual meet tournament and an exhibition bout is set up as the 7<sup>th</sup> bout of the day, **then no additional points will be charged to wrestlers who compete in exhibition matches.**

The “no additional points will be charged” as listed above refers to wrestlers already competing in the tournament. If an “extra wrestler” is weighed in on a dual meet roster and they participate in just one exhibition match, they are charged 2 points and charged for a tournament.

Recording results: You are only allowed to record **6 non-forfeit matches** in a day as wins/losses. The wins by forfeit are the matches that should be recorded in Track and the total matches should not exceed **6 (plus the # of forfeits received)**. The additional matches (which could have been at one weight above the weigh-in weight class) should not be recorded in Track as Varsity matches for either participant. They could be entered as JV or Exhibition, but they cannot appear on the Varsity record.

The following is provided to assist administrators and coaches to appropriately deal with forfeitures. Procedures for recording W/L Records:

## WRESTLING FORFEITURES (cont.)

The following is provided to assist administrators and coaches to appropriately deal with forfeitures. Procedures for recording W/L Records:

### **Dual Meet Forfeits:**

**Situation 1:** A team has multiple wrestlers weighed in at a weight class. When it comes time to produce a wrestler for a weight class, the coach decides to forfeit the match.

Record as follows:

*Winner:* Earns a win by forfeit over the school (but not over any specific opponent)

*Loser:* There is no loser in this scenario, so no individual wrestler would take a loss on their record.

### **Tournament-Forfeits: Due to injury/sickness**

Acceptable reasons for injury/sickness: All of the following are acceptable reasons why a wrestler may not compete due to an injury/sickness: On site trainer does not let wrestler continue, On site trainer approves wrestler to continue but the coach does not let them continue, On site trainer and coach approves wrestler to continue but wrestler does not want to continue, no on-site trainer available, coach does not let wrestler continue, and no on-site trainer available, coach approves wrestler to continue but wrestler does not want to continue.

Summary: The forfeit procedure (to follow) basically attempts to make the number of losses that a wrestler must take for withdrawing from a tournament consistent for both Individual Bracketed tournaments and Individual Round Robin tournaments. With the exceptions noted in **Situations 4 and 5 (Medical Forfeits)** below, a wrestler who withdraws from a tournament will normally be charged with just two losses.

### **Tournament-Forfeits in Individual Bracketed Formats**

**Situation 2:** A wrestler withdraws from a bracketed tournament (**but is not injured**).

*Winners over the withdrawing wrestler:* Earn wins by forfeit over the school and name of the wrestler who forfeited.

*Loser (the withdrawing wrestler):* The wrestler who withdrew takes a loss on their record against the school and name of the opponent they forfeited to in each and every round they are still scheduled to wrestle on the bracket.

Note: Most bracketed tournaments are double elimination so in this scenario the withdrawing wrestler is taking **two losses on their record**, as it would take two losses to remove them from the official bracket.

Note: If a wrestler had advanced to a semifinal (in a tournament that places the Top 6) the wrestler would receive **three losses on their record**: One for the semi, one for the consolation semi and a third for the consolation final for 5th/6th. The reason the wrestler would take an additional loss in this example is because they are earning a place in the tournament which would require an additional round beyond the double elimination.

### **Not making weight on the second day of a bracketed tournament:**

*Loser (the wrestler who did not make weight):* The wrestler who forfeited takes a loss on their record against the school and name of the opponent they forfeited to in each and every round they are still scheduled to wrestle on the bracket.

Note: They would be denied their place finish in the tournament and the team would not receive any placement points for the wrestler (but the team would earn any advancement or bonus points earned by the wrestler)-2013-14 Wrestling Casebook Manual p.66 \*10.2.7.



## WRESTLING FORFEITURES (cont.)

### Tournament-Individual Bracketed Formats

#### Seventh bout of the day (during regular season):

**Situation 3:** A wrestler is not allowed to compete in a consolation round match because if they wrestled their next bout, it would be their 7<sup>th</sup> match of the day which would put them over the allotted 6 bouts per day.

Record as a “no contest”:

*Winner:* The wrestler who is eligible to wrestle (who has not exceeded their 6 bout limit) earns the higher place and earns a win by forfeit over the school of the wrestler who forfeited (not the name of the wrestler).

*Loser:* The wrestler would exceed the 6 bout limit: takes the lower place.

The wrestler who forfeited does not record the match and does not receive a loss on their record against the school and name of the opponent they forfeited to.

*Note:* If both wrestlers are not eligible to wrestle the consolation bout the two wrestlers involved both earn the lower place. Ex: Do not add the 5<sup>th</sup> and 6<sup>th</sup> place points and split them. There is no 5<sup>th</sup> place wrestler. Each wrestler will earn the 3 points for 6<sup>th</sup> place.

Neither wrestler who forfeited records the match neither receive a loss on their record.

If a **seventh** bout of the day is wrestled the penalty for an ineligible wrestler as described in the NYSPHSAA handbook (page 37) would apply. **The ineligible wrestler would forfeit ALL matches wrestled in the event, and the team will lose all their team points.** In addition, the violation must be reported to the Sectional Chairmen who must then report it to their Athletic Council for a determination if further action is required.

### Tournament-Individual Round Robin:

#### Tournament-Forfeits: Following an injury default or Due to injury/sickness

**Situation 4:** If a wrestler loses a match by injury default and will withdraw from the tournament due to medical reasons, the coach must inform the head table (tournament administrator) that the wrestler is withdrawing from the tournament for medical reasons. This situation will now be considered a MEDICAL FORFEIT. (Note: MEDICAL FORFEITS were not allowed in NYS prior to the 2023-24 season). **MEDICAL FORFEITS do NOT count against the wrestlers won/loss record.**

To be recorded as follows:

*Winners over the injured wrestler:* Earn wins by MEDICAL FORFEIT over the school and name of the wrestler who forfeited.

*Loser (the injured wrestler):* The wrestler who is forfeiting must record **all remaining matches as MEDICAL FORFEITS** but will not receive losses on their record against the school and name of the opponent they forfeited to.

## WRESTLING FORFEITURES (cont.)

### Tournament-Individual Round Robin:

#### Tournament-Forfeits: Re-Entering a Tournament (after a Forfeits due to injury)

**Situation 5:** Due to the nature of the injury or sickness a wrestler may forfeit a round of a tournament but return in a later round if they are feeling better. The coach should inform the Head Table when they originally scratch that there is a possibility that the wrestler may return in a later round and therefore the wrestler should not be removed from the round-robin bracket. In this situation, bouts that the wrestler does not compete in shall be recorded as losses by forfeit (not MEDICAL FORFEITS) and the losses will be entered on their won/loss records. If they then return to the tournament in a later round and get injured again, after recording the result of that match, the coach must now inform the head table (tournament administrator) that the wrestler is permanently withdrawing from the tournament for medical reasons. All bouts to be wrestled after this point shall be considered MEDICAL FORFEITS and will follow the procedures listed in Situation #4 above.

**Reason for the rule:** is to not give a wrestler the option of “saying they are injured” and being able to take a Medical Forfeit so as not having to record a loss on their record, but then return to the tournament in the next round.

**Example:** A coach informs the head table his wrestler is not able to compete in the next round but is hopeful that they can return the following round. If the wrestler is able to compete in the following round, the current round that they missed must be recorded as a loss by forfeit (not a medical forfeit as they did not withdraw permanently from the tournament). However: if it turns out the wrestler was not able to recover and was not able to participate in the following round either, then the coach should go back to the head table and inform them that the wrestler is now permanently scratching from the event. In the situation, since they never wrestled another match after their injury and they were permanently removed from the event, the current round and the following round can now **both** be entered as MEDICAL FORFEITS and no losses will appear on the W/L record.

### Tournament-Individual Round Robin

#### Tournaments-Forfeit due to not wrestling on a 2nd Day:

**Situation 6:** A wrestler who advanced on a bracket to the second day of a round robin tournament does not show up, does not make weight, or is sick or injured on Day #2. Although they never take the mat:

Record as follows:

*Winners over the wrestler who is withdrawing:* Earn a wins by forfeit over the school and the name of the wrestler who withdrew.

*Loser (the wrestler who withdrew):* The wrestler who withdrew takes a loss on their record against the school and name of the opponent they forfeited to in the next two rounds they were scheduled to wrestle. They do not have to record any additional losses in any remaining rounds.

**Note:** To stay consistent with recording forfeit losses in a bracketed tournament the injured wrestler is taking **two losses on their record**, for the next two scheduled matches only.

## WRESTLING FORFEITURES (cont.)

### **Tournament-Individual Round Robin:**

#### **Weight Class is short entries**

**Situation 7:** In a round robin pooled tournament a weight class is short one or more entry(s) due to a team(s) not having a representative(s) at that weight class. The missing entries become BYES and not forfeits.

Record as follows:

*Winner:* Earns a Bye in each round they were scheduled to wrestle a school without an entry.

*Loser:* There is no loser as no wrestler was entered in the weight class.

### **Tournament-Individual Round Robin:**

#### **JV wrestler inserted as a forfeit**

**Situation 8:** In a round robin pooled tournament a weight class is short an entry due to a team not having a representative at that weight class. Another team enters a “JV” or “extra” Varsity wrestler in the weight to fill the bye. But this wrestler never actually wrestles; they are entered but will forfeit all of their matches.

Record as follows:

*Winner:* Earns a win by forfeit over the school and the name of the “extra” wrestler who forfeited.

*Loser:* The “extra” wrestler who forfeits each round takes a loss on their record against the school and name of the opponent they forfeited to for the first two rounds only. This “extra” wrestler must count the tournament as one of their 6 tournaments, and it will cost them 2 points towards their 20 point maximum and they will take two losses on their record.

### **Tournament-Flagrant Misconduct Removal:**

**Situation 9:** A wrestler is removed from a tournament for Flagrant Misconduct. The deduction of team points is three plus all points earned in the tournament by that wrestler. With respect to won/loss records: Even though team points and points earned from that individual are being deducted because of the flagrant misconduct, the previous matches still count because the bracket does not change.

Record as follows:

*Winner by DQ: Flagrant Misconduct:* Earns a win by DQ over the school and the name of the wrestler who was just disqualified.

*Loser by DQ: Flagrant Misconduct:* The disqualified wrestler takes a loss against the school and name of the wrestler they were wrestling at the time of the DQ. All wins and losses earned in the tournament prior to being disqualified are not erased and count on their won/loss record. Any other wrestlers who faced the disqualified wrestler prior to them being disqualified will have the wins and losses stand.

**Example:** If there is an 8-person bracket and Wrestler A won their quarter and semifinal match they would be 2-0 going into the finals match. The two matches are completed and the results count with respect to win-loss records. If the flagrant misconduct happens during the finals, it would be a loss for Wrestler A and a win for Wrestler B. Scoring: Deduct three team points and remove all previous team points earned in the tournament by Wrestler A.

**Note:** In cases where the wrestler who was DQ'd for flagrant misconduct still had scheduled matches to wrestle, the disqualified wrestler takes additional losses by forfeit against the school and name of the wrestler they were still scheduled to wrestle. The wrestlers they were still scheduled to wrestle earn wins by forfeit over the name and school of the wrestler DQ'd for flagrant misconduct.

**Note:** To be consistent, if the wrestler DQ'd for flagrant misconduct still had scheduled matches to wrestle in an **Individual Round Robin tournament**, then they would only take **two losses by forfeit** for the next two rounds they were scheduled to wrestle.

## WRESTLING FORFEITURES (cont.)

### **Tournament-Withdrawal by School Administration**

#### **Situation 10: Reason for withdrawal is not the fault of the wrestlers**

An entire school is withdrawn by their school administration (could either be forced to leave a tournament early or to not be able to return at all for a second day). Some possible reasons for withdrawal by school administration could be for weather conditions or if a team with only one coach, has an injured wrestler who must go to the hospital and the coach is required to go with him, thus leaving no one else to coach the team.

Record as follows:

*Winners:* Earn wins by forfeit over the school of the wrestler who forfeited (not the name of the wrestler).

*Losers (team that left):* The wrestlers who forfeited do not record the matches and do not receive losses on their record against the school or names of the opponent they forfeited to.

#### **Reason for withdrawal is not the fault of the wrestlers-2 Day Dual Tournament**

School administration does not allow a team to enter Day 1 of a Two-day Dual meet tournament. Assuming the School administration allows, the team can be entered for the second day.

**The tournament will count as one of the two allowed 2-Day event tournaments.**

They will be allowed the +1 weight allowance that the other teams are being granted and the Day 2 weigh-in **will be entered into Track.**

To be consistent with page 46:

#### **Teams that do not show up for a dual meet: Situations 4 and 5:**

For all duals the team was scheduled to wrestle on Day 1, each meet will be treated as a “forfeit” A win and a loss is added to each team’s record. As per NFHS interpretation: Since no matches were contested no individual records would be affected. The dual meet will be recorded as a 1-0 team score (but the TrackWrestling will show the team score to be 78-0 based on 13 weights at 6 points each).

When the team rejoins the tournament on Day 2 they will continue with their original spot on the bracket sheet, pool, or round robin.

Note- The team that could not attend Day 1 has the right to decide not to go on Day 2 (even if allowed) if they do not want it to count as one of their 2-Day contests.

Note: A team cannot join a 2-Day tournament on the second day, if they were not originally scheduled to be a participant in the tournament.

#### **Forfeits effect on seeding:**

Wins and losses by forfeit count for seeding but wins and losses by forfeit do NOT count as head to head wins. However, a wrestler who wins by forfeit will earn any available Seeding Competition Points for the win. (The logic is that there should be some type of penalty to keep wrestlers from not wrestling).

## **PENALTIES**

### **PENALTIES FOR EXCEEDING MAXIMUM NUMBER OF POINTS:**

If a wrestler exceeds the maximum points **or tournaments** permitted (as explained on **Page 23**) at any time during the season, the wrestler will be ineligible for the remainder of the season. In addition, the coach of the wrestler who exceeded the maximum number of points or tournaments will be suspended from the team's next previously scheduled competition and could be subject to additional penalties by their Sections Athletic Council.

If the individual exceeds the maximum points in a dual meet competition, the team will forfeit the match, the individual will lose by forfeit, but the individual performances of all the other matches would stand. If the individual exceeds the maximum points in a tournament competition, the team will earn zero team points, the individual will lose all matches competed in by forfeit, but the individual performances of all the other matches would stand. NYSPHSAA HANDBOOK.

### **PENALTIES FOR ALLOWING UNAUTHORIZED ADDITIONAL POUNDS:**

Should a Sectional Chairman become aware of two teams allowing an extra weight allowance for any other reason, not specifically covered by the Additional Pound section above the following procedures will apply:

Dual Meet: The teams will both forfeit the dual meet. The weigh in sheet will be used to determine which individual wrestlers receive forfeit wins and losses. Each individual wrestler who accepted the extra pound will receive a loss on their individual records. Any individual wrestler who did not take the unauthorized extra pound will not be penalized and their individual match performance will stand.

Tournament: If a tournament allowed an unauthorized additional pound, all teams who had at least one wrestler accept the unauthorized pound will receive a team score of zero. The tournament weigh in sheets will determine which wrestlers accepted the unauthorized pound and their matches will be forfeited.

### **PENALTIES FOR INELIGIBLE WEIGHT CLASS**

After a dual is wrestled, it is found out that a team used a wrestler at a weight lower than his/her certified weight (or at a weight above the State minimum weight: (Example: 8<sup>th</sup> grade 85 pounder wrestles at 99 and does not meet the 91 pound minimum), the team forfeits the dual meet and the wrestler takes a loss on his/her record. The won/loss records of the other wrestlers who wrestled in the dual meet are not affected and the results of their individual bouts stand. (NYSPHSAA Handbook-Penalties). If the ineligible wrestler was competing in a Dual Meet tournament, the team would forfeit all Dual meets that the ineligible wrestler participated in. The ineligible wrestler would take losses for every bout they wrestled that day which could result in a maximum penalty of going 0-5 if they had 5 matches.

If, while a dual meet is in progress, it is discovered that an ineligible wrestler has competed, the dual meet becomes a forfeit. However, the meet will be wrestled to its conclusion so that the win/loss records of the other wrestlers who competed in the dual meet are not affected. As penalty corrections only involve bookkeeping, there is no time limit for identifying them.

### **PENALTIES FOR NOT HAVING A TRACK WEIGH IN FORM AT THE MATSIDE WEIGH IN FOR A DUAL MEET:**

**The team without the weigh in form must forfeit the dual meet.**

## SECTIONAL COMPETITION

### **ELIGIBILITY FOR SECTIONAL SPONSORED INDIVIDUAL COMPETITION**

Participation in a minimum of six (6) **contests** is required to be eligible for Individual Sectional competition. Therefore, a wrestler must compete (exhibition, **Varsity** forfeit, varsity/JV match) and be charged with at least six (6) points towards their maximum number of points **and** the six required **contests** must be held on six separate dates. There is no such thing as a JV forfeit or Exhibition forfeit and these will not count as a contest.

Note: a 2-day tournament is only one contest.

**REPRESENTATION:** *To be eligible for sectional, intersectional, or state competition, a team must have competed in six (6) school scheduled contests during the season. Wrestlers must also have represented their school in (6) scheduled contests during the season to be eligible. These required contests must occur on six different dates and must be concluded prior to the conclusion of the team's regular schedule. NYSPHSAA HANDBOOK*

Section sponsored tournaments (Sectional Individual Or Sectional Dual meet tournaments) are not considered part of the regular season and do not count as contests towards the six required contests for eligibility, do not count as one of the six allowed tournaments, do not count as points towards the 20 point limit. Team and Individual wins and losses from these events will count and should be entered into the TrackWrestling results.

To enter into the Sectional Tournament a TrackWrestling District Report form must be printed and signed by every wrestler and coach prior to the start of the post season qualifier seeding meeting. All Varsity results for individual wrestlers must be entered into the TrackWrestling database prior to the post season seeding meetings.

## NYSPHSAA STATE CHAMPIONSHIPS

### **AUTO QUALIFIER SYSTEM**

The Auto Qualifier system (which began in 2021-22) will be used to fill byes in the tournament. This format allows for multiple entries from each section. The procedure and timeline for determining the Auto-Qualifier System for the season will be posted on the NYSPHSAA website and sent to all Sectional Chairmen for distribution to wrestling coaches and Athletic Directors prior to the start of the wrestling season.

### **NYS TOURNAMENT SEEDING**

The procedure and timeline and mechanics for seeding the NYS tournament will be included on the NYSPHSAA website and sent to all Sectional Chairmen for distribution to wrestling coaches and Athletic Directors prior to the start of the wrestling season. "The NYSPHSAA Wrestling Committee maintains the authority to make adjustments in tournament seeding, through the appeal process, when the purpose and objective of the seeding procedure has not been met".

Previously scheduled matches or make-up matches held after the Sectional tournament would count for NYS Seeding. No other individual record or statistic forms are permitted.

## **NYS TOURNAMENT APPEALS PROCESS**

1. The Appeals Committee shall be the NYSWOA President, NYSWOA Past President and the NY State Rules Interpreter. The NY State Wrestling Chairman will oversee the operation and participate in the process but will not be a voting member of the committee. The NYSWOA President is the Head Official at the State Tournament, so he directs the process. The interpreter is a participant and of course his knowledge and expertise carry a lot of weight in the discussion within the Appeals Committee, but it is the NYSWOA President as the Chairman of the Appeals Committee who is out front and dealing with the coaches and not the interpreter. If there is a question, only the official and assistant confer. The call is determined and stands.
2. What Qualifies for Appeal and what procedures are followed
  - a. The **ONLY** appeals that will be honored and ruled on by the Appeals Committee must involve a misapplication of a rule or a rule interpretation rule interpretation. As usual, calls involving judgment cannot be questioned nor can they be appealed.
  - b. The coach must first follow the procedures in the Rulebook (Rule 6-6-6). The coach must tell the mat official that he wants to appeal the referee's application of the rule or interpretation as soon as possible and prior to the start of the subsequent period.
    1. If the appeal is at the end of the match, only the offended wrestler must remain on the mat, but the mat official shall instruct the other wrestler to remain in the mat area. If coach insists on appeal, the NYSWOA President will be summoned and the NYSWOA President will initiate the process which will be followed specifically as written below. The Appeals Committee shall be summoned. The coach has two (2) minutes to state his case, but the Committee may want to question him additionally. Videotape will, **NOT** be submitted as evidence, nor shall the Appeals Committee review any tape prior to making their decision. The referee and assistant shall explain the call and the rationale for it. *The NYSPHSAA has granted a waiver of National Federation Rule 3-1-9 and will allow video review for **ONLY the NY State Wrestling Tournament Semifinals and Finals only if the Appeals Committee requests it** (no coach can request the video replay) and only video from State Tournament supplied cameras will be used.* (Waiver approved 2021)  
Note, the official does not call the Interpreter to the mat; only the NYSWOA President will summon the Interpreter as part of the Appeals Committee when it is decided that there will be an appeal and only the Appeals Committee can decide if a video is to be reviewed. There will be no separate discussions between members of the Appeals Committee and the coaches or officials.
3. The Appeals Committee shall meet alone where they can be free from any interference and once they present their decision, it is FINAL. The NYSWOA President will inform both coaches of the committee's decision.
  - a. If a rule or interpretation has been misapplied, any penalties for misconduct levied against the coach because of his protest shall be removed. The situation shall be corrected and bad time re-wrestled, if necessary.
  - b. If the appeals Committee rules that it is judgment being questioned, the coach shall be penalized for misconduct according to the rulebook only if he has not already been penalized during the match for questioning the same judgment call.
  - c. If the Appeals committee rules that the referee's decision was correct, the coach will be penalized for misconduct in accordance with the penalty chart. However, the coach may be penalized for any unsportsmanlike actions after the decision has been rendered.





**POST – SEASON TOURNAMENTS**  
**2023-24**

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FRIDAY, FEBRUARY 9, 2024

**DIVISION ONE -SECTIONAL QUALIFIER**  
**@ MONROE WOODBURY H.S.**

**Start: 4:15 p.m. End: 9:15 p.m.**

(16 entries per team – Outbrackets and Round of 16, Quarterfinals, Qtr Losers)  
6 wrestlers per weight (Semifinalists and Blood Round winners advance to Saturday)

SATURDAY, FEBRUARY 10, 2024

**DIVISION ONE -SECTION 9 TOURNAMENT9**  
**@ MONROE WOODBURY H.S.**

**Start: 11:00 a.m. Semi- Finals 4:45 p.m. Finals**

(Semifinals, Consolation finals, Finals),  
(Top 3 at each weight advance to States)

SUNDAY, FEBRUARY 11, 2024

**DIVISION TWO -SECTION 9 TOURNAMENT**  
**& GIRLS SECTION 9 TOURNAMENT**  
**@ FDR HYDE PARK**

**Start: 11:15 p.m. Finals: 5:15 p.m.**

(16 entries per team –Outbrackets, Quarterfinals, semi's, qtr losers, cons-semi's and Finals)  
(Champions advance to States)

FRIDAY-SATURDAY, FEBRUARY 23 – FEBRUARY 24, 2023

**NY STATE TOURNAMENT**  
**DIVISIONS ONE AND TWO**  
**@ MVP ARENA, ALBANY**

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# SECTION 9 WRESTLING TOURNAMENTS

## TIME SCHEDULES

2023-24

### DIVISION ONE:

FRIDAY 2/9/24 QUALIFIER at MONROE WOODBURY HIGH SCHOOL 8 OFFICIALS

- 2 : 00 - 3 : 00 p.m. -Weigh-In's
- 3 : 00 p.m. -Coaches Meeting
- 4 : 15 p.m. -Outbrackets (4 mats) 50 bouts/4 mats
- 5 : 15 p.m. -Round of 16 (3 mats while girls are running on Mat 1) 8 x13 =104 bouts
- 7 : 00 p.m. -Quarterfinals (4 mats) 4 x13 =52 bouts/3 mats = 17 (1 1/2 hrs)
- 8 : 30 p.m. -Wrestlebacks (Qtrfinal losers) (4 mats) 26 bouts/2 mats = 13
- 9 : 15 p.m. -Approximate finish time (Boys)  
(Mat 4 stays out for Saturday as warm-up mat)

SATURDAY 2/10/24 FINALS at MONROE WOODBURY HIGH SCHOOL 6 OFFICIALS

- 9 : 30 - 10 : 30 a.m. -Weigh-In's
- 10 : 30 a.m. -Coaches Meeting
- 11 : 00 a.m. -Semifinals (2 front mats-Mat 3&4 Warm up mats) 26 bouts
- 12 : 30 p.m. -Break
- 1 : 15 p.m. -Cons-Semifinals (3 mats) 2 bouts x 13wts =26
- 2 : 30 p.m. -Consolation Finals 3rd/4th and 5th/6th (2 mats) 26 bouts 3rd place=NYS Qualifier
- 4 : 00 p.m. -Set up for Finals
- 4 : 45 p.m. -Introductions
- 5 : 00 p.m. -Finals (1 mat)
- 7 : 00 p.m. -Special Awards
- 7 : 15 p.m. -Meeting with Champs, parents, and coaches
- 7 : 45 p.m. -Approximate finish time

### D1-SNOW CANCELLATION DATES ARE SATURDAY 2/10 AND SUNDAY 2/11

*If Friday is cancelled tournament will begin on Saturday 2/10 with a 9:00 a.m. Weigh in's, ending approximately 5:00 p.m. Finals would then be Sunday with 10:30 a.m. Weigh in and a 6:30 final, ending approximately 9:15 p.m. If just Saturday is cancelled, tournament will be held on Sunday 2/11. A one day tournament from 7:30 am-10:15 pm is possible if needed.*

### DIVISION TWO & GIRLS SECTIONS:

SUNDAY 2/11/24 FINALS at FDR HYDE PARK 6 OFFICIALS-BOYS  
2 OFFICIALS-GIRLS

- 9 : 00 - 10 : 00 a.m. -Weigh-In's
- 10 : 00 a.m. -Coaches Meeting
- 11 : 15 p.m. -Outbrackets/Round of 16 (4 mats)-30 min
- 11 : 45 p.m. -Quarterfinals (4 mats) 4 x13 =52 bouts/4 mats = 13 (1 hr 15 min)
- 12 : 30 - 1 : 30 p.m. -Girls -Weigh-In's
- 1 : 00 p.m. -Semifinals (2 mats) 26 bouts/2 mats = 13 (1 hr 15 min)  
-Wrestlebacks (Qtrfinal losers) (2 mats) 26 bouts/2mats =13 (1hr 15 min)
- 2 : 15 p.m. -Cons-Semifinals (2 mats) 2 bouts x 13wts =26/2=13= (1 hr 15 min)  
-Girls Outbrackets and Quarterfinals (2 mats) (20 bouts) (45 min)
- 3 : 00 p.m. -Girls Semifinals (2 mats) 16 bouts est (30 min)
- 3 : 30 p.m. -Break
- 4 : 00 p.m. -Consolation Finals (2 mats) 13 bouts =30 min  
-Girls Consfinals 3rd/4th (2 mats) 10 bouts est (30 min)
- 4 : 30 p.m. -Set up for Finals (30 min)
- 5 : 00 p.m. -Introductions
- 5 : 15 p.m. -Finals (Boys and Girls-Alternating) (1 mat) 26 bouts max
- 7 : 15 p.m. -Meeting with Champs, parents, and coaches
- 7 : 45 p.m. -Approximate finish time

D2-SNOW CANCELLATION DATE IS MONDAY 2/12 (Is NOT a school holiday- same times WILL require early dismissals)  
MONDAY 2/12 SNOW SITE IS TBA



# Section IX Athletics

Greg Ransom, Executive Director

## Section IX Championships – Neutral Site

Approved by the Section IX Athletic Council – Tuesday, September 16, 2014

The Section IX Executive Director, with input from the sport chairperson, will be responsible for determining where the Section IX Tournament Finals will be played in the event of a host team conflict at a designated site. The Executive Director will get involved with neutrality issues only when a particular sport's championship venue is formally called into question based on a host team's involvement in the finals.

With the implementation of the new Neutral Site Rule every effort should be made to choose a neutral site as close to participating schools as possible. The Section IX sports chairpeople should make this part of the decision making process on selecting a site for the Championships.

Greg Ransom, Executive Director  
Section IX Athletics

## SECTION 9 WRESTLING TOURNAMENT (INDIVIDUAL - STATE QUALIFIER)

### SITE SELECTION:

#### A. THIS YEARS SITE AND FUTURE YEAR SITES:

The **2023-24** Division One Tournament will be held on two days: Qualifier on: Friday, **February 9** and Finals on: Saturday, **February 10**, at Monroe Woodbury High School (on 4 mats) with wrestle-backs to 6 places. **This year the top 3 placers at each weight qualify for the NYS Tournament so no True Second matches are needed.** The Division Two Section 9 Tournament will be combined with the girls at FDR Hyde Park, Sunday, **February 11**, on **4 mats**) with wrestlebacks. NY State will continue the 2-Class system indefinitely. Sites for **2024-25** will be **TBA** for D1 and **TBA** for D2. Schools interested in hosting in **2024-25** must have the ability to hold 4 mats (D1) and 4 mats (D2/Girls) with adequate space for score tables and at least 1,000 spectators. Schools interested in hosting must send a letter of intent to the Section 9 Chairman as described below.

#### B. LETTER OF INTENT:

To be selected to host a Class Tournament any year in the future, a letter (e-mail) of intent must be sent to the Section 9 Chairman. This letter (e-mail) should give a brief description of your facility and formally express your interest in hosting the tournament for a stated year. This letter (e-mail) shall include signatures of the Athletic Director, and High School Principal. Once received, the Chairman will follow up by sending the school a **Request for Hosting worksheet**. The worksheet will list your school's mat availability, spectator capacity, and a budget for costs: including: facility rental, custodial fees, security fees, copying fees, etc. The worksheet will also provide a list of both paid and volunteer staff you will need to provide, supplies needed to host, and a list of areas of your building that will need to be designated for the tournament. Your letter of intent and worksheet will be evaluated by the Section 9 Chairman, Asst Chairman and OCIAA office. Based on number of requests received, a schedule of hosts by class will be developed for up to the next 4 seasons. The Section 9 Chairman will forward the names of the schools selected to host next season's sites to the Section 9 Secretary for notification.

Letters of intent for next season should be received by: **MAY 1, 2024**

### CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS:

#### A. # OF ENTRIES:

Both Divisions One (Large) and Two (Small) will be open tournaments. **Each school in Division One and Division Two is allowed 3 additional Sectional entries over the total number of weight classes for a total of 16 entries. You may not enter more than 2 wrestlers at a weight class but can enter your 16 wrestlers in any combination you want so long as you do not exceed two per weight.** Division One will compete in a two-day tournament that will have wrestlebacks from the quarterfinals to 6 places. Division Two will compete in a one-day tournament that will have wrestlebacks from the quarterfinals to 3<sup>rd</sup>/4<sup>th</sup> place.



## CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

### B. ELIGIBILITY RULE FOR PARTICIPATION IN SECTIONALS:

By [NYSPHSAA Handbook p.104](#):

**REPRESENTATION:** To be eligible for sectional, intersectional, or state competition, a **team** must have competed in **six (6) school scheduled contests** during the season. **Wrestlers** must also have represented their school in **(6) scheduled contests** during the season to be eligible. These required contests must occur on **six different dates** and must be concluded prior to the conclusion of the team's regular schedule.

To count a contest:

1-First the wrestler must be **eligible**:

The official weigh-in sheet that will be kept at the head table for each dual meet and tournament will list the wrestlers who were **eligible** to wrestle for that contest.

To be eligible and appear on the weigh-in sheet, you must meet the following three conditions:

1. **have made weight**
2. **be academically eligible**
3. **be physically eligible** (cleared of any injuries or skin rashes)

It is the responsibility of the coach, and not the official, to list the eligible wrestlers.

**Just because you are eligible does not mean you can count the contest as one of your 6 contests. You must have actually wrestled or received a forfeit.**

2-Second they must have **earned at least one** point toward their 20 point total from the event. For the sport of wrestling: "**REPRESENTED**" is defined as competing (exhibition, forfeit, varsity/JV match) and being **charged with six (6) points** towards their maximum 20 points.

3-If they were eligible and they earned at least one point at the contest, the contest counts, **To compete in post-season tournaments, a wrestler must have appeared in 6 or more contests on six different dates. The rule is school specific. All six weigh-ins must be for the same school.**

**Just because a wrestler has 6 matches or 6 points on their record for seeding that does not mean they are eligible for post season.**

#### EXAMPLES:

-Wrestling 3 matches at a tournament counts as 2 points but will only count as 1 contest. It is the responsibility of each coach to document that a wrestler has wrestled in 6 different contests.

-A 2-day tournament and/or a Tri-meet are each only one weigh-in and each only one contest, (even though you may have wrestled 3 or more times and accumulated either 2 or 3 individual points toward your 20 point total),

**NOTE: Section sponsored tournaments** (Sectional Individual Or Sectional Dual meet tournaments) are **not** considered part of the regular season and do **not** count as contests towards the six required contests for eligibility.

#### ELIGIBILITY WAIVERS:

A coach may request a waiver for an athlete who does not meet the maximum number of contests due to injury. The request must be made to: Greg Ransom: Section 9 Executive Director **(in writing) prior to the post season tournaments.**  
Greg Ransom-Section 9 Executive Director 53 Gibson Road, Goshen, NY 10924  
Fax: 291-7306 e-mail: [gransom1@hvc.rr.com](mailto:gransom1@hvc.rr.com)

## CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

### **C. DEVELOPMENT OF BRACKETS BY WEIGHT CLASS:**

Coaches will meet prior to the tournament and apply a pre-approved seeding criterion, to determine the seeds. Preliminary brackets will be set up at the seeding meeting. Finalized brackets will be prepared after weigh-ins to account for scratches, movements, and forfeits.

### **D. WEIGH-IN'S:**

By Federation rule, p.16, art. 2, contestants shall have the opportunity to weigh-in, shoulder-to-shoulder. The S9 Chairman will set the weigh-in time a maximum of two hours, prior to the start of competition. D1 Winners from Friday **2/9** must weigh in again on Saturday **2/10**. D1 teams will weigh-in one Day 1 in the order listed on the Seeding Rotations document. D1-Day 2 and D2 will weigh in first come-first serve. D2 host school will create the list.

### **E. WEIGHT CLASSES:**

By direction of the NYSPHSAA there will be a **2 pound growth allowance** for the **2023-24** season. **As the 50% rule has been removed, a wrestler may wrestle at a weight class so long as their Track WLP shows they are eligible to be there on the date of the tournament. (Note: it could be possible that they are eligible to compete at their post season weight for the first time, without every competing at it during the regular season).** Competition weight classes for the Section 9 tournament will be **scratch +2 (scratch +3 for D1 on the second day).**

### **F. WEATHER DELAY:**

The decision to institute a weather-related delay shall be made by the Section Chairman no later than two hours prior to the scheduled weigh-in time. Either an hour or two-hour delay shall be declared at decision time, with adjustments made to the time schedule.

As per the S9 Athletic Council Policy of 9/9/08: In Sectional competition involving multiple schools, the Section Chairman will advise the Executive Director or Designee of any adverse conditions. The Executive Director or Designee will consult with the participating schools then decide whether to hold or cancel the competition.

In the unlikely event that the tournament cannot be held, the Executive Director or Designee in consultation with the Sectional Chairman will determine the Sectional Champions at each weight class. Under ordinary circumstances, this will be the highest seed. If due to unforeseen circumstances, this highest seed is not chosen, the selection of the Section Champs at each weight by the Executive Director or Designee is final and binding.

#### Phone Tree:

##### Sectional Chairman calls:

Section 9 Executive Director

##### Section 9 Executive Director calls:

AD of host school, OCL Coordinators office, S9 Chairman

Based on decision of Executive Director:

##### Sectional Chairman calls:

All head coaches of teams competing

##### OCL Coordinator calls:

Head official

### **G. LATE ARRIVAL:**

If for some unforeseen reason your team will arrive late for weigh-in's it is the responsibility of the head coach to place an alert phone call. Section Chairman Cell: **845-591-1498**. Also call: -the site of the tournament (Phone # given at seeding meeting)

## CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

### **H. ADMISSION FEES:**

The following fee structure was approved for wrestling. These fees have been agreed upon to off-set sectional tournament expenses. The tournament tickets will be on-line ticket purchases thru GOFAN .

<b><u>DIVISION ONE:</u></b>	<b>GOFAN</b>	
<b><u>FRIDAY 2/9:</u></b> OUTBRKTS-ROUND 16-QTRS	<b>\$10.00</b>	<b>Adults &amp; Students</b>

<b><u>SATURDAY 2/10:</u></b> ALL DAY SATURDAY	<b>\$10.00</b>	<b>Adults &amp; Students</b>
(No separate admission for finals)		

<b><u>DIVISION TWO:</u></b>	<b>GOFAN</b>	
<b><u>SUNDAY 2/11:</u></b> ALL DAY SUNDAY	<b>\$10.00</b>	<b>Adults &amp; Students</b>
(No separate admission for finals)		

### **I. GATE LIST:**

Head coaches of each school will receive full day passes for administrators, coaches, coaches' wives and coaches' families, who require entrance privileges, **at the Section 9 Seeding Meeting**. (Parents of wrestlers and Booster Club members may not be entered on Gate lists). Envelopes for each school will be made available at the gate, for guests that coaches were not able to get passes to, prior to the tournament. If a school exceeds a maximum of 20 passes, the district will be billed for any number over. (As per S9AC Minutes 4/5/05).

### **J. PROGRAM:**

A virtual program shall be developed and supported by the Friends of Section 9 Wrestling Coaches Association. Each school shall submit a full page ad. Copies of the program will be sent to coaches for email distribution to parents and fans.

### **K. REFEREE SELECTION:**

Coaches are encouraged to submit: Referee Rating Cards throughout the season. The Section 9 Chairman will request the top-rated officials from the OCIAA and MHAL offices. Representation shall be: **8** of the top officials available to officiate the Division 1 on Day 1, **6** of the top officials available to officiate the Division 1 on Day 2 at **Monroe**, and **8** of the top officials available to officiate the Division 2 tournament at **FDR Hyde Park**. The selection criteria shall be based upon, but not limited to: official in good standing, current ranking by rating cards, tournament experience, and current selection to the NY State Wrestling Tournament.



## CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

### L. AWARDS CEREMONY:

Individual Medals shall be awarded to in each weight class as follows:

1st, 2nd, 3rd, 4th for Division One and 1st, 2nd, 3rd for Division Two.

Note In D1: Awards will be distributed prior to the True Second Matches. The loser of the finals will receive the 2<sup>nd</sup> place medal. When needed: the True Second match (**not needed in 2023-24**) is only for determining state qualifiers, so if the 3<sup>rd</sup> place finisher does defeat the runner-up, they will still receive the bronze medal.

Champions shall receive: Wall charts and medals the night of the finals.

Championship Plaques shall be awarded to the 1st place team only, in each division: as determined by the tournament team scoring system.

S9 Dual meet Championship plaques (D1 & D2) will also be presented at the conclusion of the finals.

A "**Most Outstanding Wrestler**" plaque shall be awarded to the wrestler who has been selected by a poll of head wrestling coaches. Coaches will also vote to determine the **Michael DeCapua Award** for the: **Most Exciting Match of the Finals**. (Both wrestlers in this weight class will receive plaques). Plaques are purchased and donated by the Friends of Section 9 Wrestling. The awards ceremony shall occur during the finals at the end of each weight class following a two-weight class delay.

At the end of the 116 lb final: Awards for the 101 lb. classes shall be presented. At the end of the 124 lb final: Awards for the 108 lb. classes shall be presented, etc. Award recipients should wear their team warm-up top. No hats worn on awards stand.

### OTHER:

1. **Wrestle-backs** from Quarters will be held in D1 for 3rd thru 6th place and in D2 for 3rd-4th place.
2. An **appeals committee** will be announced by Chairman prior to the start of wrestling. It must include a referee and Section 9 Chairman. Committee will hear and resolve potential problems. If an appeal committee member is associated with a school who initiates such appeal, then the Section 9 Chairman shall appoint a neutral party to represent the vacancy created.
3. **No substitution** of a wrestler is permitted once initial weigh-ins are concluded and the tournament has been bracketed. Winners will advance to the NYS tournament.
4. Winners by **Forfeit** (as defined within the tournament) will receive appropriate team points as listed in the rule book.
5. **TRUE SECOND MATCHES** for the Auto-Qualifier procedure need to be held in D1, any year our section earns 2 qualifiers. Any situation where the 3<sup>rd</sup> place wrestler did not lose to the 2<sup>nd</sup> place wrestler **during the Sectional tournament** will require a True Second match to be contested (if requested by the 3<sup>rd</sup> place finisher). These matches will be held immediately after the awards presentations (allowing for a 45-minute rest if needed). The True-Second matches will have no impact on the awards presentation or the team scoring. No True Second matches will be held in the D2 tournament. If by NYS Tournament criteria a D2 weight class might earn an extra qualifier, the wrestler who placed 2<sup>nd</sup> at that weight will earn the spot. Should the D2 champion not be able to participate, we are allowed to replace them with our runner-up anytime up until the Thursday prior to the tournament. Should either of our D1 entries become unable to participate we can replace them with our 3<sup>rd</sup> place finisher (or loser of the True Second bout up until noon on the Wednesday following the S9 tournament. (**N/A in 2023-24**))
6. **All NYS tournament qualifiers** will be announced for qualifying 2<sup>nd</sup> or 3<sup>rd</sup> place finishers by the Wednesday following the tournament.

**ATHLETIC DIRECTORS HOSTING SECTIONAL EVENTS MUST COMPLETE:**  
**S9 DUALS:** WALLKILL, NEWBURGH, PORT, MINISINK  
**S9 TOURNAMENT:** MONROE, FDR HYDE PARK



# Section IX Athletics

**Greg Ransom, Executive Director**

## Section IX Emergency Preparedness and Crowd Control

### D. Check List

Directions: Please instruct your Site Chairperson(s) to verify each of the following measures will be in place at the time of your sport's tournament.

Have this checked and signed prior to the Section IX Tournament. Forward a copy to the Section IX Office, c/o Section IX Secretary. Fax number: 845-291-7306.

- A site emergency plan is in place for the Section IX Tournament.
- The local authorities (fire department, police, and school personnel) have been contacted on reacting to an emergency.
- Plans have been made to have the tournament site secured prior to team/spectator arrival.
- Evacuation routes for cars and pedestrians are planned.
- Proper supervision (police and non-police) including duties outlined and times to remain on site has been arranged.
- Participating schools have been notified of all emergency and crowd control measures that will be in place before, during and after the tournament.
- Parking for contest officials and emergency medical personnel has been provided.
- Our announcer will be familiar and possess a copy of what to broadcast in case of emergency.

Sport: \_\_\_\_\_

Date: \_\_\_\_\_

Signature/Title: \_\_\_\_\_

Section IX Athletics | 53 Gibson Road | Goshen, NY 10924 | Phone: (845) 294-5799 | Fax: (845) 291-7306

Web site: <http://www.sectionixathletics.org>

**ATHLETIC DIRECTORS HOSTING SECTIONAL EVENTS MUST COMPLETE:**

**S9 DUALS:** WALLKILL, NEWBURGH, PORT, MINISINK

**S9 TOURNAMENT:** MONROE, FDR HYDE PARK



# SECTION IX ATHLETICS

Robert Thabet, Executive Director

Greg Ransom,

December 4, 2008

Dear Sports Chair:

As per the discussion at the December Section IX meeting, I am asking that you put the following directive in your handbook:

In the event that you schedule an ambulance to be present at a sectional contest, please make sure that ambulance drivers have printed directions available to the hospital(s) where they would transport an injured athlete. These printed directions should be given to school personnel and/or parents as needed."

Thanks for your cooperation.

Greg Ransom

Executive Director, Section IX

## AED PROVISION

Directions: Please complete the form below indicating that the Section IX Tournament site(s) will have an Automated External Defibrillator(s) (AED) provided with trained personnel available for the AED's proper operation in case of an emergency. File this form with your paperwork as Site Chairperson. Make sure all site personnel are aware of your procedures.

An AED and trained personnel to operate an AED will be present at the site(s) being used for the Section IX Tournament in my sport.

The personnel and equipment will be provided by:

\_\_\_\_\_  
(name of organization or institution/school)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Sport

\_\_\_\_\_  
Date

## Section 9 Tournament Seeding Meeting **2023-24**

Two separate seeding meeting will be held for both Divisions

	DATE	TIME	LOCATION
<b>DIVISION 1</b>	<b>WEDNESDAY, February 7</b>	3:30 pm	Newburgh Free Academy Lecture Room
<b>DIVISION 2</b>	<b>THURSDAY, February 8</b>	3:30 pm	Highland High School

### ***MANDATORY ATTENDANCE REQUIRED OF ALL COACHES***

- **This will be the OFFICIAL seeding meeting.** Only scratches and weight class changes (for wrestlers seeded at more than one weight class) and name changes will be considered the day of the tournament. Come prepared. We will not consider “missed” head to heads or “missed” Competition Points the day of the tournament. **Once the meeting is concluded you may not go back and appeal a weight class unless an error in applying the seeding criteria or if incorrect information provided by an opposing coach that allowed them to earn a seed above you can be documented.** These errors can be corrected prior to, or at the coaches meeting the day of the tournament.
- **Each team is allowed **three additional Sectional entries** over the total number of weight classes. for a total of **16 entries**.** You may not enter more than 2 wrestlers at a weight class but can enter your 16 wrestlers in any combination you want so long as you do not exceed two per weight. When the meeting ends you must lock in your 16 entries. You will not be allowed to enter replacement wrestlers on the day of the tournament at weights where you did not have an original entry.
- **Wrestlers will not be allowed to move up or down weight classes on the day of the tournament.** You may seed a wrestler at more than one weight class at this meeting. At the end of every two weight classes completed you must make a decision as to what weight your wrestler will be competing at. **You may not move a seeded wrestler on the day of the tournament.** Wrestlers may only compete at weights they were seeded at. If they were seeded at a weight, they cannot change weight classes to a weight class they were not seeded at. They will have to wrestle at their seeded weight or be scratched.
- **A coaches meeting will follow weigh-ins at the actual tournament.** Remember, your wrestler must be eligible for the weight class they are seeded at **as per their Track WLP weigh in sheet.** Time constraints prohibit us from meeting and making numerous changes for an hour or more prior to the start of the actual tournament. Only scratches and name changes will be considered at this meeting.

## **SECTION 9 TOURNAMENT - SEEDING CRITERIA** **2023-24 SEASON**

**Each coach will be responsible for adhering to the following, prior to the seeding meeting:**

1. Email your Sectional entries with W-L records (on the form provided prior to sections) to the Section 9 Chairman by: **Sunday 2/04/24**
2. **To enter into the Sectional Tournament a TrackWrestling: NYSPHSAA-Season Record Form must be printed and signed by every wrestler and coach prior to the start of the Sectional tournament (preferably at the seeding meeting). All individual wrestlers Varsity results must be entered into the TrackWrestling database prior to the post season seeding meetings. No other individual record or statistic forms are permitted. THE SHEETS MUST BE SIGNED BY BOTH THE COACH AND THE WRESTLER**
3. **If entering more than one wrestler in a weight class, the coach must designate who is the “A” wrestler and who is the “B” wrestler.**
4. **To be consistent on recording Individuals records:  
You must follow the rules for recording FORFEITS (pages 50-54)**
5. Prepare a packet for your school. The packet will consist of the TrackWrestling forms you have prepared for each wrestler you are entering, listed in weight class order. If you have a full team, then your packet will consist of at least 16 pages (more if an individual wrestler’s printout is more than one page). Please photocopy the packet in order from **101-285** pounds.
6. Make a photocopy of your packet. The Section Chairman will need the original and you will need a copy. (With most having internet/phone access to TrackWrestling, it is no longer needed to make packets to share with other coaches).
7. **Bring your track weigh-in sheet for Sections.  
Bring Form 11- NYS-PointsAndWeighInTracking Form**

Note: JV and Assistant coaches may attend the meeting; but may not participate in the actual seeding. JV coaches may communicate their opinions through the Varsity coaches, but the Chairman of the meeting will not recognize them.

**Please come prepared and on time to the meeting.**

**Pizza and soda will be provided by the Friends of Section 9 Wrestling.**



## SECTION 9 TOURNAMENT - SEEDING CRITERIA **2023-24 SEASON**

- To be eligible for Sectionals: Wrestlers must have at least **6** separate competitions. **and Show they are eligible for the weight class on their Track weigh in sheet.**
- All wrestlers with more than 10 matches and winning records will be seeded. (Wrestlers with losing records or less than 10 matches who have H2H criteria to go over a previously seed wrestler will also be seeded).
- Wrestlers who do not show up at the weight they were seeded at will not be allowed to participate and brackets will be adjusted.
- Coaches may seed a wrestler at more than one weight class at the seeding meeting, but after two weight classes are completed must decide as to the weight the wrestler will be competing at.
- Schools that wish to enter an additional (second) wrestler at a weight class must do so at the seeding meeting. The additional (second) wrestlers may not change from the weights they were entered. If the additional (second) wrestler scratches a different name can be entered at weigh-in's but they must be at the same weight class. By the end of the night of the meeting schools must lock in their 16 entries.

### PROCEDURE FOR BRACKET DEVELOPMENT:

1. The officially seeded wrestlers are followed by the unofficial "LINE SEEDED" wrestlers (who are listed as **LINE SEEDED** with records in red). The LINE SEEDED wrestlers are listed as the remaining seeds in their point rank order.
2. A LINE SEEDED wrestler will not wrestle another wrestler from their school in the Outbrackets, Round of 16, or Quarterfinals. If a conflict exists, the next available school will be used then the school removed due to the conflict will be immediately put back into the draw at the next available line. If two wrestlers of the same school are both Officially seeded, they would have to face each other if the seeding requires them to meet.
3. This original bracket will not be adjusted until the coaches meeting prior to the tournament (should scratches occur).

**Seed#1=**

Seed #16=

Seed #9=

**Seed#8=**

**Seed#5=**

Seed #12=

Seed #13=

**Seed#4=**

**Seed#3=**

Seed #14=

Seed #11=

**Seed#6=**

**Seed#7=**

Seed #10=

Line #14=

**Seed#2=**

## SECTION 9 WRESTLING TOURNAMENT SEEDING MECHANICS 2023-24 SEASON

\*\*\*Any circumstance that arises that is not covered in this document will be handled in the same manner as it would at the NYS Seeding Meeting

**Wrestlers** with losing records or with less than 10 total matches will not be seeded unless they have a H2H win over a seedable wrestler above them.

***Only matches listed in Track can be used for seeding criteria.***

***Wrestlers will earn seeding points in three categories:***

- 1-Winning percentage,***
  - 2-Placement points from last year),***
  - 3-Competition points,***
- as follows:***

**One Gender Competition** – Wins and losses accumulated in competitions designed for girls only do not count towards seeding.

Example: A female wrestler has a record of 6-5 on the season. 3 of those victories came at an All-Girls Tournament. Her record for winning percentage in Section 9 seeding is 3-5.

### **Winning Percentage**

Wrestlers earn points in this category by dividing their number of wins by their total number of matches. This percentage is then multiplied by 100 to determine the number of points.

Example:

Record is 20-5, take 20 divided by 25 to get .80 x 100 gives the wrestler 80 points

\*Wrestlers must have **20 or more** matches-**D1** (**15 or more** matches-**D2**) in order to receive the full value of their winning percentage points.

Wrestlers with less than **11-19** matches-**D1** (**11-14** matches-**D2**) will receive 50% of their winning percentage points.

Wrestlers with **10 or less** matches will receive points for their total wins x 4.

To help equate records for wrestlers who participated in “Premier” tournaments, an additional 3 wins are awarded to the win total in the above formula for Eastern States.



## SECTION 9 WRESTLING TOURNAMENT SEEDING MECHANICS (continued)

### Placement Points

Wrestlers earn placement points for placing at States or S9 the previous year.

**Placement points will be awarded to wrestlers that placed at either the NYS or Section 9 tournament in 2022-23 according to the following tables**

#### NYS Placement Points

NYS Place Finish	Points	Going up 1 wt class	Going up 2 wt classes	Going up 3+ wt classes
1	195	190	185	180
2	185	180	175	170
3	175	170	165	160
4	170	165	160	155
5	160	155	150	145
6	155	150	145	140
7	150	145	140	135
8	145	140	135	130

#### Section 9 Placement Points

Section 9 Place Finish	Points	Going up 1 wt class	Going up 2 wt classes	Going up 3+ wt classes
1	100	95	90	80
2	90	85	80	70
3	80	75	70	60
4	70	65	60	50
5	65	60	55	45
6	60	55	50	40

\*A Wrestler can only use the **highest** point value from these two categories.

## SECTION 9 WRESTLING TOURNAMENT SEEDING MECHANICS (continued)

### Placement Points

Wrestlers earn placement points for placing at States or S9 the previous year.

**Placement points will be awarded to wrestlers that placed at either the NYS or Section 9 tournament in **2022-23** according to the following tables**

#### NYS Placement Points

NYS Place Finish	Points	Going up 1 wt class	Going up 2 wt classes	Going up 3+ wt classes
1	175	170	165	160
2	165	160	155	150
3	155	150	145	140
4	150	145	140	135
5	140	135	130	125
6	135	130	125	120
7	125	120	115	110
8	120	115	110	105

#### Section 9 Placement Points

Section 9 Place Finish	Points	Going up 1 wt class	Going up 2 wt classes	Going up 3+ wt classes
1	70	65	60	50
2	60	55	50	40
3	50	45	40	30
4	40	35	30	20
5	35	30	25	15
6	30	25	20	10

\*A Wrestler can only use the **highest** point value from these two categories.

**SECTION 9 WRESTLING TOURNAMENT  
SEEDING MECHANICS (continued)**  
**Placement Points When Changing Divisions**

Last Year-

Section 9 Place Finish D2 To D1	Points	Going up 1 wt class	Going up 2 wt classes	Going up 3+ wt classes
1	60	55	50	40
2	40	35	30	20
3	30	25	20	10
4	15	10	5	0

Last Year-

Section 9 Place Finish D1 To D2	Points	Going up 1 wt class	Going up 2 wt classes	Going up 3+ wt classes
1	80	75	70	60
2	70	65	60	50
3	60	55	50	40
4	50	45	40	30
5	35	30	25	15
6	30	25	20	10

## SECTION 9 WRESTLING TOURNAMENT SEEDING MECHANICS (continued)

### Competition Points

Wrestlers earn competition points by defeating wrestlers that placed at the State Tournament or Sectional tournaments **in 2022-23.**

**Points earned by defeating a NYS place finisher from 2022-23.**

1st –	38 points
2 <sup>nd</sup> –	30 points
3 <sup>rd</sup> –	26 points
4 <sup>th</sup> –	22 points
5 <sup>th</sup> –	18 points
6 <sup>th</sup> –	16 points
7 <sup>th</sup> –	14 points
8 <sup>th</sup> –	13 points
At-Large Qualifier –	12 points

**Points earned by defeating a Sectional place finisher from the previous year:**

D2 all other Sections	
1st –	12 points
2 <sup>nd</sup> –	10 points
3 <sup>rd</sup> –	8 points
4 <sup>th</sup> –	6 points
5 <sup>th</sup> –	4 points
6 <sup>th</sup> –	2 points

S9 D1 wins over S9 D2 wrestlers		
1st –	10 points	
2 <sup>nd</sup> –	4 points	
3 <sup>rd</sup> –	0 points	
4 <sup>th</sup> –	0 points	
5 <sup>th</sup> –	0 points	
6 <sup>th</sup> –	0 points	

\*Only the **highest** point value is to be used per wrestler

\*\*The **maximum** number of times that a wrestler can earn points by defeating the same wrestler is **2**

**WRESTLERS WHO DEFEAT A CURRENT YEAR: EASTERN STATES PLACER EARN THE FOLLOWING IN ADDITION TO THE ABOVE POINTS:**

EASTERN STATES 1 <sup>st</sup> –	6 points
EASTERN STATES 2 <sup>nd</sup> –	5 points
EASTERN STATES 3 <sup>rd</sup> –	4 points
EASTERN STATES 4 <sup>th</sup> –	3 points
EASTERN STATES 5 <sup>th</sup> –	2 points
EASTERN STATES 6 <sup>th</sup> –	1 point

## SECTION 9 WRESTLING TOURNAMENT SEEDING MECHANICS (continued)

### Procedure I: Initial Point Ranking

#### Procedure I: Identifying Protected Wrestlers

**1.- Returning State Place winners, sectional champions, Auto-Qualifiers, sectional runner-ups will automatically be placed as the tops seeds** and remain in the top positions, unless another wrestler on the board can jump them with a Head to Head win. If there are more than one returning State Placer, sectional champion, At-Large qualifier, sectional runner-up in the weight class, they will be seeded by State place (and point totals if state place is tied).

**These wrestlers will automatically be placed as next available seeds** and remain in the next position unless they have lost to another wrestler on the board. (However: Their Protected Status” is **not** lost if the loss was to another **protected wrestler**.)

**However, if protected wrestler’s loss was to another protected wrestler who happens to become unprotected at any time (because they lost to an unprotected wrestler), then the original protected wrestler will also lose their protection.**

**Ex: “A” and “B” are “Protected status” but “A” lost to “B”. Assuming neither “A” nor “B” lost to any unprotected wrestlers, they both remain protected with B=1<sup>st</sup> seed and A=2<sup>nd</sup> seed.**

**Ex: “A” and “B” are “Top 3 Protected status” and “A” lost to “B”, but “B” also lost to “C” (unprotected). As “B” now loses protection, so does “A” (because “B” is now unprotected), meaning that “A” has now also lost to an unprotected wrestler. In this case C=1<sup>st</sup>, B=2<sup>nd</sup>, A=3<sup>rd</sup> (and the original two protected wrestlers will now meet in the semifinals).**

If the wrestler is jumped by a Head to Head loss, the wrestler loses their automatic placement and moves back to their original position based on their point value (before any other movements took place).

Note: As NYS does not use medical forfeits and it cannot be determined if the wrestler who lost by forfeit was due to injury or another reason. Therefore, all forfeits shall be treated as a loss and the protected status shall be lost

All “Protected Status” wrestlers above will be highlighted in green at this time.

### **2. If there are multiple “Top 3 Protected Status “wrestlers in a weight class:**

they will form their own pool.

- If a “Protected Status” wrestler was beaten by an unprotected wrestler, (or another originally protected undefeated who just lost their protected status) then they lose their “Protected Status” and would be resorted with the other non-protected’s by their point total.
- All “Protected Status” wrestlers will form their own “Protected Status” wrestler’s pool and will apply NYS seeding mechanics to determine a rank order within that pool.
- All unprotected wrestlers will do the same within the unprotected pool.

3. Wrestlers with winning records (who have **10** or more matches) will be considered seedable. Wrestlers with losing records (or winning records with less than **10** matches) are considered “LINE SEEDED” and un-seedable. All seedable wrestlers will be listed in rank order from the wrestler with the highest number of points to the wrestler with the lowest number of points. The LINE SEEDED red non-seedable wrestlers will be listed below the seedables in point rank order. Once all seedable wrestlers are seeded, any LINE SEEDED wrestler who has a head-to-head advantage over any seeded wrestlers will also be seeded. Once all official seeds are done, the LINE SEEDED non-seedable wrestlers will take unofficial seeds based on their points.

## SECTION 9 WRESTLING TOURNAMENT SEEDING MECHANICS (continued)

### Tie Breaker Procedure

The following procedure will be used to break any ties in the initial rank order of points:

1. Overall total of competition points
2. Higher Section 9 place from last year
3. Win/Loss Percentage Points
4. Coin Flip

### Procedure II Head-To-Head Competition

1. Defaults and Disqualifications count.
2. Forfeits do not count as head to head wins as outlined in the NYS Seeding Mechanics.
3. We will start the head-to-head evaluation with the wrestler who has the highest number of points from Procedure I. The second-ranked wrestler has the first opportunity to advance on head-to-head competition over the top-ranked wrestler. The third-ranked wrestler follows and so forth in the order of Procedure I rank. However, **a wrestler may not move over an opponent to whom he has lost. Each wrestler by point order will be asked "Did you beat anyone above you?"**
4. If a wrestler has a win over another wrestler ranked higher but has been defeated by someone else that is ranked between them they are blocked. The lower ranked wrestler will be moved to the spot directly behind the wrestler to whom he has lost. (Ex #7 beat #1 but lost to #2, #7 moves to #3 as long as they have not lost to #3, #4, #5, and #6). (Note: a LINE SEEDED wrestler can block another LINE SEEDED wrestler from being able to jump a seeded wrestler).  
**When a team has two wrestlers entered in a weight class, the "A" wrestler will always be a block to the "B" wrestler.**  
**(Ex: a team's "B" wrestler is at #7, and the team's "A" wrestler is at #2. If "B" wrestler #7, beat #1, they cannot jump #1, they are blocked by their "A" wrestler and will move to #3 as long as they have not lost to #3, #4, #5, and #6). When moving a wrestler up to another weight where a wrestler from the same school exists, a new ranking of the A and B wrestlers must be announced before re-seeding.**
5. **In head-to-head situations where opponents met twice and split, the wrestler with the higher point value will earn the higher seed. (if points values are tied, the most recent win will be used to break the tie).**  
However, the wrestler with the lower ranking can move to the spot behind the other wrestler as long as they are not blocked by anyone between them (as outlined in Step 4).
6. **Head to Heads can only be used for the current 2023-24 season.**  
In head-to-head situations where opponents met an odd number of times, the wrestler with the best record in these matches will receive the higher seed. However, the wrestler with the lower ranking can move to the spot behind the other wrestler as long as they are not blocked by anyone between them. (as outlined in Step 4)
7. This will establish the seeding order
8. This shall be the seeding criteria. Should a situation arise where a team feels the seeding criteria should be modified, they may make a motion as to what the exact change should be. There will then be discussion on the motion, and then a vote will be taken. For the change to be implemented for the current season it must receive a 2/3 majority.  
(D1 must have **11** of **16** votes in favor, D2 must have **9** of **13** votes in favor)  
If a 2/3 majority is not obtained, the motion cannot be implemented for the current season but will become a discussion item in the off season. For it to be implemented in the off-season for the following year, it will need a simple majority.

## SEEDING MECHANICS (continued)

### Examples:

It is important to remember that each seed is established one-at-a-time beginning with number one and proceeding in descending (top down) order. The NYS Seeding Mechanics puts the names of all seed-worthy wrestlers up simultaneously. By working from the top downward the highest ranking wrestlers will have first chance at the top seeds, but each lower ranked wrestler will still have a chance to move up in rank order turn.

- ORIGINAL RANKING =
1. A 105 points
  2. B 90 points
  3. C 65 points
  4. D 58 points
  5. E 50 points
  6. F 49 points
  7. G 40 points
  8. H 19 points

Scenario #1:	Seed	
H has a Head-to-Head over A	1	<b>H</b>
B,C,D,E,F, G have not beaten H	2	A
	3	B
<b>Result:</b>	4	C
H moves to #1	5	D
	6	E
	7	F
	8	G

Scenario #2:	Seed	
H has a Head-to-Head over A	1	A
B,C,D,E,F have not beaten H	2	B
G has beaten H	3	C
	4	D
<b>Result:</b>	5	E
H is blocked by G and can't move	6	F
	7	G
	8	<b>H</b>

Scenario #3:	Seed	
H has a Head-to-Head over A	1	A
C,D,E,F,G have not beaten H	2	B
B has beaten H	3	<b>H</b>
<b>Result:</b>	4	C
H moves to #3 can't jump A	5	D
because is blocked by B, but	6	E
can jump C,D,E,F and G	7	F
	8	G

Scenario #4:	Seed	
G & H have Head-to-Heads over A	1	A
G has more points than H	2	B
C,D,E,F,have not beaten G or H	3	<b>G</b>
B has beaten both G and H	4	<b>H</b>
<b>Result:</b>	5	C
G & H move to #3 can't jump A	6	D
because they are blocked by B, but	7	E
can jump C,D,E,F	8	F
G gets higher seed over H as G has more points		

Scenario #5:	Seed	
G has Head to Head over C	1	A
G can jump C as D,E,and F have not beaten G	2	B
G & H have met 3 times and G has won 2 of the 3	3	<b>G</b>
C,D,E have more points than H	4	<b>H</b>
<b>Result:</b>	5	C
H can't pass G as H lost 2 of 3 to G, but H can jump C,D,E due to the one win over G	6	D
	7	E
	8	F



**SECTION 9 TOURNAMENT:**  
**RULES FOR SEED MOVEMENTS**

At the conclusion of weigh-ins, In the event that one or more wrestlers in a weight class need to be changed, the following guidelines will be used in moving wrestlers within the bracket.

**No weight class should have a situation where a wrestler advances from the quarters to the semifinals due to a BYE,** (unless there are less than 8 total wrestlers in the bracket).

**Schools that wish to enter an additional (second) wrestler at a weight class had to do so at the seeding meeting. The additional (second) wrestlers may not change from the weights they were entered.** If the second wrestler does not compete, the rules for name substitutions and scratches (listed below) will apply.

**NAME SUBSTITUTIONS:**

If a wrestler was in the **red LINE SEEDED pool**, a different name of a wrestler from the same school may be substituted on the same line of the bracket that the school originally held.

If a seeded wrestler is scratched, the school may substitute a non-seedable replacement wrestler at the same weight class. After all wrestlers at the weight are rotated upward to take the spot of the scratched seeded wrestler, the non-seedable replacement wrestler **will take the line of the last seed**. (In the unlikely event this puts them on a line with someone else from their school, their bracket spot will be flipped with the spot of the next highest seed above them).

**SEEDED WRESTLER SCRATCHES**

If a wrestler from the seeded pool scratches, all seeds are rotated upward.

**WRESTLER SCRATCHES - WITH NO SUBSTITUTION:**

If a LINE SEEDED wrestler scratches and the school does not have a replacement wrestler to fill the spot, the bout will be considered a **FORFEIT** and team points will be awarded. The FORFEIT will be inserted into the bracket sheet and will remain a FORFEIT, even if the bracket is redrawn. **This includes situations where additional wrestlers from the same school are entered.**

SAT  
2/10  
MW  
CFINAL  
5th-6th

SAT  
2/10  
MW

SAT  
2/10  
MW  
CFINAL  
3rd-4th

SAT  
2/10  
MW  
CONS  
SEMI

FRI  
2/9  
MW  
QTR  
LOSERS

FRI  
2/9  
MW  
OUTBKTS  
1

FRI  
2/9  
MW  
R 16

FRI  
2/9  
MW  
QTRS

SAT  
2/10  
MW  
SEMIS

SAT  
2/10  
MW  
FINALS

SAT  
2/10  
MW

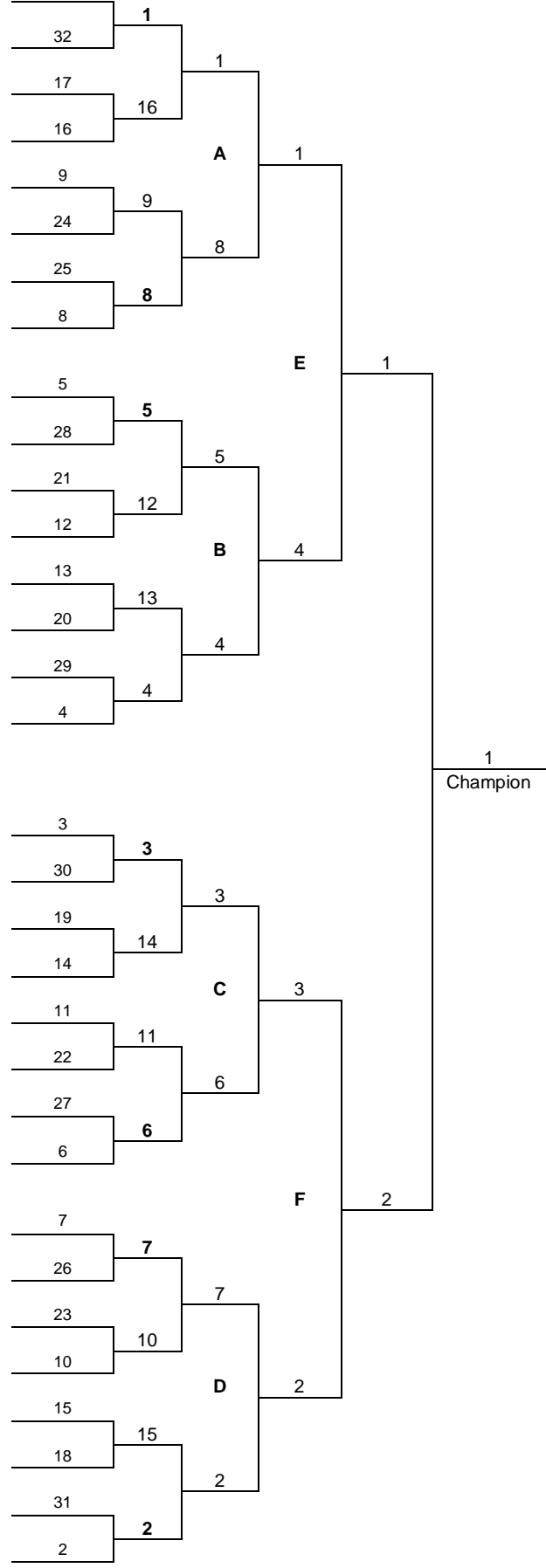
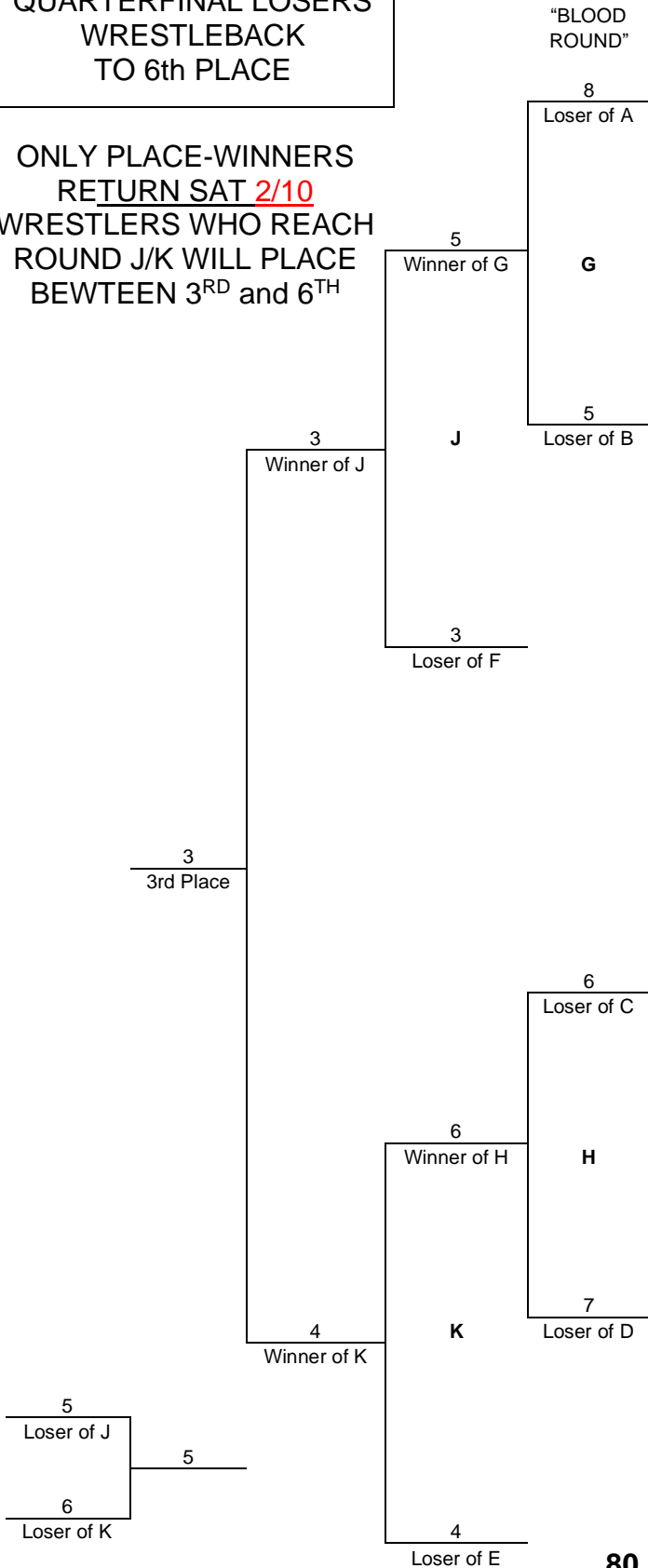
# 16 MAN BRACKET

## WITH OUTBRACKETS AND WRESTLEBACKS

(SEEDS PLACED ON LINE NUMBERS)

QUARTERFINAL LOSERS  
WRESTLEBACK  
TO 6th PLACE

ONLY PLACE-WINNERS  
RETURN SAT 2/10  
WRESTLERS WHO REACH  
ROUND J/K WILL PLACE  
BEWTEEN 3<sup>RD</sup> and 6<sup>TH</sup>



# NYSPHSAA STATE CHAMPIONSHIPS

## AUTO QUALIFIERS

The At-Large system was replaced by the Auto Qualifier system in 2020-21.

Auto Qualifiers allow some of our most qualified wrestlers (who are in the same Section as the best wrestler in the state) to also be able to compete. This format allows for multiple entries from each section based on the strength of each Section within their Division as determined by the performance over the 3 prior NYS tournaments. The procedure and timeline for determining the Auto Qualifiers for the current season will be sent to all Sectional Chairmen for them to distribute to all wrestling coaches and Athletic Directors in their sections prior to the start of the wrestling season.

### FORMULA FOR DETERMINING THE AUTO QUALIFIERS:

The Wrestling Committee finalized the exact formula with their 10/01/20 Meeting.

(see the official AutoQualifiersInfo-23-24 document for full information)

Divisions in each Section will earn points as follows:

**Power Points** will be used to determine strengths of Sections based on a **3-year weighted average. The weighted average shall be: Current year: 100%, Prior Year 75%, and 2 Years Prior =50%**

State places will earn points as follows 1<sup>st</sup>=16, 2<sup>nd</sup>=12, 3<sup>rd</sup>=9, 4<sup>th</sup>=7, 5<sup>th</sup>=5, 6<sup>th</sup>=3, 7<sup>th</sup>=2, 8<sup>th</sup>=1

With respect to calculating points for the 3-year average:

**Only one wrestler per section will be allowed to earn Power Points for placing.** Prior to 2023-24, the **Section Champ** was the one designated to earn the points Example: If Section Champ is eliminated, and both the #2 and #3 entries from the same section both place at the weight, the section will not earn any power points as their champ did not place. **All future tournaments starting with 2023-24, the Highest Placer shall earn the Sections points instead of the Section Champ**

For 2023-24 season	Power Points	# qualifiers per wt
Section 9 -Division 1	226.00	3
Section 9 -Division 2	23.25	1

Sections earning multiple qualifiers have the option of holding a “True Second” match for any situation where the 3<sup>rd</sup> place wrestler did not lose to the 2<sup>nd</sup> place wrestler during their Sectional tournament.

**S9 TRUE SECOND MATCH POLICY** for the Auto-Qualifier procedure will need to be held in D1, when our section earns 2 qualifiers. Any situation where the 3<sup>rd</sup> place wrestler did not lose to the 2<sup>nd</sup> place wrestler **during the Sectional tournament** will require a True Second match to be contested (if requested by the 3<sup>rd</sup> place finisher). These matches will be held immediately after the awards presentations (allowing for a 45-minute rest if needed). The True-Second matches will have no impact on the awards presentation or the team scoring. No True Second matches will be held in the D2 tournament. If by NYS Tournament criteria a D2 weight class might earn an extra qualifier, the wrestler who placed 2<sup>nd</sup> at that weight will earn the spot. Should the D2 champion not be able to participate, we are allowed to replace them with our runner-up anytime up until the Thursday prior to the tournament. Should either of our D1 entries become unable to participate we can replace them with our 3<sup>rd</sup> place finisher (or loser of the True Second bout up until noon on the Wednesday following the S9 tournament.

**Sections that qualify 3 wrestlers may not send a replacement wrestler (as no 4<sup>th</sup> place sectional finishers are allowed).**

## **NYS TOURNAMENT SEEDING**

The Sectional Chairman will meet with all coaches (with state qualifiers) at the: **Thursday 2/15** practice to review each qualifier's seeding points and Head to Head Victories earned over other state qualifiers.

The actual NYS Seeding meeting will be held on **Saturday: 2/17** at the NYSPHSAA office in Albany. The meeting must be attended by the Sectional Chairman or their designee. Wrestlers in both Divisions will be seeded and brackets created. The meeting normally lasts the entire day. You will be notified via e-mail when the brackets will be available on-line at official tournament website: [www.NYSPHSAAWrestling.com](http://www.NYSPHSAAWrestling.com). Sectional Chairmen will meet in Albany late Thursday afternoon **2/22** to make any final revisions to the brackets prior to weigh-in's the next morning

## MODIFIED

**Game Conditions:** See chart p. 139, 2023-24 NYSPHSAA Handbook.

1. A contestant (or team) may participate in competitions not to exceed 14 points during their season. Points assessed to competitions are as follows:
  - a) 1 Point Meets are any competitions where a wrestler or wrestlers compete in one or two bouts.
  - b) 2 Point Meets are any competitions where a wrestler or wrestlers compete in 3 or 4 bouts.
2. No contestant (or team) can accumulate more than 10 points out of the maximum 14 points allowed via 2 point contest, so no contestant (or team) may have more than 5 of the 3 bouts in a day type of competitions.
3. No contestant (or team) can accumulate more than 4 points per week.

Examples of Points:

# of contests	# matches at the contest	Total matches wrestled	Total points charged
5	3	15	5 x 2=10
4	2	8	4 x 1= 4
		<b>23</b>	<b>14</b>

= Max pts allowed

# of contests	# matches at the contest	Total matches wrestled	Total points charged
14	2	28	14 x 1=14
		<b>28</b>	<b>14</b>

= Max pts allowed

4. There shall be no competition between wrestlers with an age difference of more than 24 months.
5. At least 2 nights shall elapse between contests.
6. The time periods for bouts shall be as follows:
  - a) If a contestant competes in only one bout per contest, the time periods are:
    - Program 1: Three 1 and 1/2 minute periods
    - Program 2: 1st Period - 1 minute
    - 2nd and 3rd Periods - 1 and 1/2 minutes
  - b) If a contestant competes in two or three bouts per contest, the time periods will be either: (1) Three 1 minute periods, or (2) 1st Period: 1 minute; 2nd and 3rd Periods: 1 1/2 minutes. There must be a 30 minute rest period between bouts.
  - c) With Section approval, When the contestants are tied at the end of the three regular periods, they may wrestle overtime. Overtime will first consist of one 30 second sudden victory period in which the wrestlers will start in the neutral position, and if the score is still tied after this sudden victory overtime period wrestlers may use another 30-second ultimate ride out tiebreaker using the NFHS game rules for overtime. (July 2023.)”
7. Weight Control:
  - a) The Physical Education Director shall establish each wrestler’s weight class prior to the first match. A contestant may not wrestle out of this established weight class except as indicated under (b).
  - b) No attempt at weight reduction before the official weigh in is permitted except on written permission from the parents and a written recommendation of a physician. Once a wrestler is established in a weight class, weight reduction and participation in a lower weight class is permitted only under a doctor’s authorization and with the parent’s permission.
  - c) A squad list, indicating the established weight classes for each team member as well as birth dates and ages, shall be sent to all opposing schools.
  - d) Wrestlers participating in the Modified Program may progress in weight in their individual classes at the same pound and date allowance as high school wrestlers.

## MODIFIED

8. Weigh ins on the day of a dual meet shall be established by the Section Athletic Council.
9. For multi-school contests, refer to General Eligibility Rule #10 (p. 132).
10. Modified Wrestling Alternative Uniform: With section/league approval, modified wrestlers have the option of wearing an alternative to the traditional singlet. Options may include a form-fitting compression shirt and compression shorts, or a form-fitting compression shirt under the school uniform singlet.”

### Game Rules (Program 1)

1. Weight Classes: the official weight classes for competition are: 80, 86, 92, 98, 104, 110, 116, 122, 128, 134, 140, 148. For schools having only 7th and 8th grade students a 155 pound weight class may be optional. Optional classes may be 74, 165 and unlimited classes with contestants competing weighing within 10 pounds of each other. Minimum weight for the 74 lb weight class is 67 lbs.
2. Honor Weigh in: The procedures described in the Wrestling Weight Control Plan shall be followed. (2010-2012 NYSPHSAA Handbook)
3. There is no limit to the total team bouts in a contest.
4. Scoring: Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.

### Game Rules (Program 2)

1. Weights: Weight class is listed first, variance second: 70-80 lbs. (**10** lbs); 80-90 lbs. (**10** lbs); 90-100 lbs. (**10** lbs); 100-110 lbs. (**10** lbs); 110-120 lbs. (**10** lbs); 120-130 lbs. (**10** lbs); 130-140 lbs. (**10** lbs); 140-150 lbs. (**10** lbs); 150-160 lbs. (**10** lbs); heavier weights (as much as **10** lbs.).  
*Variance:* The variance listed above permits a contestant to compete against a contestant who is either in a lower or upper weight group. As long as both wrestlers stay within the variance listed. (i.e. a wrestler in the 70-80 lbs. group who weighs 78 lbs. can compete with a wrestler in the 80-90 lbs. weight group as long as the heavier wrestler does not weigh more than 88 lbs.)
2. Matching wrestlers: Both coaches will get together and match their wrestlers. All safety measures on the squad roster form are to be used to equalize competition, namely, experience, physical strength and maturity.
3. There is no limit to the total team bouts in a contest.
4. Scoring: Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.



# 2024 Eastern States Wrestling Classic

*Friday/Saturday: January 12-13, 2024*  
*Sullivan Community College-Loch Sheldrake, NY*  
*As of October*

## **SECTION 1**

ARLINGTON  
BREWSTER  
BRIARCLIFF-BYRAM HILLS  
CARMEL  
EDGEMONT  
FOX LANE  
HORACE GREELEY  
JOHN JAY-CROSS RIVER  
MAHOPAC  
NEW ROCHELLE  
NYACK  
OSSINING  
PEARL RIVER  
PLEASANTVILLE  
PORT CHESTER  
PUTNAM VALLEY  
SCARSDALE  
SOMERS-NORTH SALEM  
YONKERS  
YORKTOWN

## **SECTION 2**

AMSTERDAM  
AVERILL PARK  
BALLSTON SPA  
BETHLEHEM CENTRAL  
BURNT HILLS  
COBLESKILL-  
RICHMONDVILLE  
COLUMBIA  
COXSACKIE-ATHENS  
DUANESBURG-SCHOHARIE  
GREENVILLE  
GUILDERLAND  
HUDSON FALLS  
MOHONASEN  
NISKAYUNA  
SALEM-CAMBRIDGE  
SHAKER  
SHENENDEHOWA  
TAMARAC  
**AIS & PRIVATE**  
COLLEGIATE  
HACKLEY  
**OHIO**  
BENEDICTINE

## **SECTION 3**

CARTHAGE  
CENTRAL VALLEY ACAD  
COOPERSTOWN-MILFORD  
DOLGEVILLE  
INDIAN RIVER  
LITTLE FALLS  
LOWVILLE  
NEW HARTFORD-SV-UP  
SACKETS HARBOR  
SHERBURNE EARLVILLE  
VERNON-VER SHERRILL

## **SECTION 4**

ITHACA  
WALTON-DELAWARE ACAD

## **SECTION 5**

ATTICA-BATAVIA  
BOLIVAR-RICHBURG  
CANISTEO-GREENWOOD  
CHURCHVILLE-CHILI  
DANSVILLE-WAYLAND  
COHOCTON  
FAIRPORT  
HILTON  
HONEOYE FALLS-LIMA

McQUAID-JESUIT  
PALMYRA MACEDON  
PITTSFORD  
RUSH-HENRIETTA  
VICTOR

## **SECTION 6**

CLARENCE  
FRONTIER  
GRAND ISLAND  
HAMBURG  
LANCASTER  
LEWISTON PORTER  
NEWFANE  
NIAGARA FALLS  
ORCHARD PARK  
STARPOINT  
WILLIAMSVILLE N-W-E  
**RHODE ISLAND**  
PONAGANSET

## **SECTION 7**

SARANAC  
**SECTION 8**  
BELLMORE-JFK  
BETHPAGE  
COLD SPRING HARBOR  
EAST MEADOW  
FARMINGDALE  
FREEPORT  
GARDEN CITY  
HERRICKS  
HEWLETT  
LEVITTOWN DIVISION  
LOCUST VALLEY  
LONG BEACH  
LYNBROOK  
MacARTHUR  
MASSAPEQUA  
MEPHAM  
OCEANSIDE  
PLAINEDGE  
ROOSEVELT  
SOUTH SIDE-EAST  
ROCKAWAY  
UNIONDALE  
WANTAGH  
WESTBURY

## **HOST: SECTION 9**

BEACON  
CORNWALL  
GOSHEN  
HIGHLAND  
MARLBORO  
MIDDLETOWN  
MINISINK VALLEY  
MONROE WOODBURY  
NEW PALTZ  
NEWBURGH (NFA)  
PINE BUSH  
PORT JERVIS  
VALLEY CENTRAL  
WALLKILL  
WARWICK VALLEY  
**SECTION 10**  
GOUVERNEUR  
MALONE

## **SECTION 11**

BAYPORT-BLUEPOINT  
BRENTWOOD  
COMMACK  
COMSEWOGUE  
EAST ISLIP  
HAUPPAUGE  
HUNTINGTON  
KINGS PARK  
MILLER PLACE  
MOUNT SINAI  
NORTHPORT  
ROCKY POINT  
SHOREHAM-WADING RIVER  
SMITHTOWN WEST  
WARD MELVILLE  
**CHSAA**  
CHAMINADE  
FORDHAM PREP  
IONA PREP  
KELLENBERG MEMORIAL  
MONSIGNOR FARRELL  
ST FRANCIS  
ST JOSEPH'S COLLEGIATE

## **CONNECTICUT**

DANBURY  
FAIRFIELD LUDLOWE  
FAIRFIELD PREP  
FAIRFIELD WARDE  
NEW CANAAN  
NEW FAIRFIELD  
RIDGEFIELD  
STRATFORD

## **MAINE**

NOBLE  
**MASSACHUSETTS**  
CATHOLIC CENTRAL  
HAVERHILL  
LUDLOW  
XAVIERIAN BROTHERS

## **PENNSYLVANIA**

WYOMING SEMINARY  
**VIRGINIA**  
BRENTSVILLE



# FRIENDS OF SECTION 9 WRESTLING

(An organization of volunteer parents working to support Section 9 wrestling)

They fundraise to provide program printing fees for Eastern States and Sectional Tournaments, plaques for our placewinners and special awards at the year end banquet, and partial scholarships for our top grads attending college. Every team in Section 9 should have representation within this group. We need a commitment of either time or money. Every team has parents, please encourage them to get on board and help any way they can.

<p><u>President:</u> <b>Dan Wernikoff</b> Monroe Woodbury (845) 774-8483 Dan@Champion-Athletes.com</p>	<p><u>Vice President:</u> <b>Gary Rissler</b> Washingtonville (845) 496-1464 GRissler@HVC.RR.com</p>	<p><u>Finance Chairman:</u> <b>Jeff CUILTY</b> Cape Cod (845) 591-1498 JeffCUILTY@GMail.com</p>
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Marketing Director & SectionIXWrestling.com: **Mike Carey** 742-5926

Eastern States Hospitality: **Kristen Rummel**

Partial List of Support Staff include:

**Dirk Boersma, Phil/Theresa Rosas,  
John & Cindy Sause, Pat Clair, Sandy Strauss  
Dave Thomas, Mike Kroemer, Bob Zifchock**

As our organization evolves, people move on, and kids graduate. We would like to re-assign certain tasks that have to be done on a yearly basis. Even though many of the tasks below have someone with experience, returning to run them next year, others have no volunteers as of yet. Please sign-up tonight or contact us if you think you will be able to help out with anything listed below.

## EASTERN STATES CLASSIC (Friday/Saturday: 1/12 & 13):

- \_\_\_-Mat moving (coordinate with moving company and schools)
- \_\_\_-Set up crew (Thursday night: 1/11)
- \_\_\_-Assist with weigh-ins (announcer and scale person)
- \_\_\_-Ticket takers / program sellers (Friday and Saturday)
- \_\_\_-Copy machine (bracket sheets)
- \_\_\_-Wall charts: creation and updates
- \_\_\_-Merchandise shirt/sweats booth staff
- \_\_\_-Table workers (scores and timers)
- \_\_\_-Mat rolling and removal as tournament enters later rounds
- \_\_\_-Security coordinator
- \_\_\_-Fundraising (getting ads for program)
- \_\_\_-Hospitality (restocking food/drinks/supplies)
- \_\_\_-Finals set up coordinator (slide show/introductions)
- \_\_\_-Clean up (break down)

## SECTION NINE TOURNAMENTS (D1-Fri/Sat 2/9 & 2/10, D2-Sun-2/11)

- \_\_\_-Merchandise shirt/sweats programs booth staff
- \_\_\_-Wall chart brackets updates
- \_\_\_-Copy machine (bracket sheets)
- \_\_\_-Finals- assisting with award presentations

## END OF YEAR BANQUET (Sunday 3/10)

- \_\_\_-Registration table
- \_\_\_-Decorating committee
- \_\_\_-Plaque assemblies



**FRIENDS OF  
SECTION 9  
WRESTLING**



The Friends of Section 9 Wrestling will support our wrestlers again this year. Based on their existing budget the following will be in effect for the 2023-24 school year.

1. No school will be required to pay for a program ad in the Section 9 program. Friends of S9 will print an ad free of charge for all schools and pay the printing costs associated with the program.
2. No school will be asked to donate to sponsor a weight class at the Friends of S9 banquet at the end of the season. Friends S9 will continue to purchase the special awards that are presented each year.
3. Friends of S9 will not purchase a "Gear Pack" for the Section 9 wrestlers attending the NYS tournament. The "Gear Pack" (consisting of a bag, T-shirt with Champ's names on the back, S9 Champion warmup top and shorts) must now be purchased by each individual wrestler at a cost of \$100 each.
4. Friends of S9 will not purchase a dinner for Sectional Placewinners at the year end banquet. Each placewinner will be responsible for the cost of their meal (\$TBA). The cost of the meal will include the placement certificate.
5. Friends of S9 will grant credits for work performed to support the organization during the season. These credits may not be turned in for cash but can be applied towards Gear Packs for Champions or for meals at the banquet. In addition, any program ads sold to local individuals or business for the S9 program, will be credited to a team's account on a dollar for dollar basis. If a team sells \$100 of ads, the team earns \$100 of credits to apply to Gear Bags or dinners. Unused credits will not roll over to 2024-25. The amount available per credit will not be known until the Eastern States Classic is completed and the current year budget in adjusted.

Teams can earn 1 credit for each of the following:

	<b>Eastern States: 3 hr team Setup Crew Th:1/11</b>
	<b>Eastern States Tkt Booth-Hosp Rm Fri/Sat 1/12-13</b>
<b>Eastern States: 3 hour team table shift</b>	<b>Eastern States S9 Tourn: Brackets</b>
<b>Eastern States: 3 hr Tkt Booth shift</b>	

The Friends of Section 9 Board of Directors feels that by implementing the above procedures all teams in Section 9 will be treated equally with respect to both benefits received from; and services performed for The Friends of S9 Wrestling.

## OFF-SEASON WRESTLING

When wrestling in the off-season:

- 1- There can be no school affiliation. (No formal school name, no school uniform, no school transportation).
- 2- Participation cannot be mandated, and no one can be excluded from participation.
- 3- Any coach can coach the off-season team.
- 4- If there are violations, the NYSPHSAA is not responsible for issuing penalties. Penalties are to be handled by the Sections and Leagues. Penalties could consist of sanctions, suspensions, etc.

### **GIRLS WRESTLING:**

In 2019-20 NYSPHSAA passed a proposal from Section 9 to change the representation rule to increase participation for girls, so that girls (that wrestle on a boy's team) can compete in "girls only" tournaments during the season (so long as they do not exceed the 20-point rule or maximum # of tournaments rule) and in their own post-season tournament.

**As of 2022-23:** Girl's wrestling is now a sanctioned sport by NYSPHSAA.

**Eric Hartmann**-Port Jervis is the S9 Girls Chairman and can be contacted at:

[ehartmann@pischools.org](mailto:ehartmann@pischools.org)

# COLLEGE SCHOLARSHIPS

Just as the Orange County League and Mid Hudson League have their own sets of rules and bylaws, so do most colleges. The NCAA league, the NAIA league, and the NJCAA league all have different rules, regulations, and eligibility requirements. More information on specific rules and regulations, not outlined below, can be obtained from each leagues website: [www.ncaa.org](http://www.ncaa.org), [www.naia.org](http://www.naia.org), or [www.njcaa.org](http://www.njcaa.org).

**The NCAA:** -Made up of 972 member colleges split into three Divisions.  
(Wrestling Schools: 85-Division 1, 38-Division 2, and 99-Division 3 Schools)  
Wrestling scholarships are awarded in Division 1 & 2 and the wrestler must meet

The following academic requirements to be able to compete:

- The SAT or ACT test must be taken by the spring of their junior year
- The NCAA Clearinghouse Form must be completed after their junior year.

**Division 1** athletes must:

- Maintain a H.S. Grade Point Average (GPA) of 2.0 or better = 70 or "C" average in their 13 core courses and must meet a minimum SAT or ACT score based on a sliding scale.
- The higher the GPA, the lower the ACT or SAT score that is required.  
(The ACT score is the sum of the four scores achieved on the test).

**Division 2** athletes must:

- Maintain a H.S. Grade Point Average (GPA) of 2.0 or better = 70 or "C" average in their 13 core courses and must meet a minimum SAT or ACT score based on a sliding scale.
- Minimum Scores needed: ACT =68 or SAT = 820  
(The ACT score is the sum of the four scores achieved on the test).  
The higher the GPA, the lower the ACT or SAT score that is required.

Example: If the GPA = 2.0 then ACT minimum = 86 or SAT minimum = 1010  
But if the GPA > 2.5, then ACT minimum = 68 or SAT minimum = 820

**Division 3** schools are prohibited from granting scholarships so they do not impose any academic requirements.

**The NAIA:** -made up of 23 wrestling schools.  
-full or partial scholarships are awarded  
Academic Requirements: (Must meet 2 of 3)

- Grade Point Average (GPA) of 2.0 or better
- ACT minimum score = 18 or SAT minimum score = 860
- Must graduate in top 50% of their class

**The NJCAA:** -made up of 45 wrestling schools, split into Divisions 1,2,and 3 just like the NCAA.

- Division 1 & Division 2 junior colleges can offer scholarships
- Division 3 Junior colleges may not offer scholarships.  
-There are no academic eligibility requirements to enter junior colleges.

# COLLEGES in NY STATE with WRESTLING PROGRAMS

<b>NYS DIVISION 1 Wrestling Schools</b>
<b>ARMY</b> Coach: <b>Kevin Ward</b> <a href="mailto:Kevin.Ward@WestPoint.edu">Kevin.Ward@WestPoint.edu</a> (845) 938-3123
<b>BINGHAMTON</b> Coach: <b>Kyle Borshoff</b> <a href="mailto:kborshof@binghamton.edu">kborshof@binghamton.edu</a> (607) 777-5860
<b>BUFFALO</b> Coach: <b>John Stuzman</b> <a href="mailto:Fjs4@Buffalo.edu">Fjs4@Buffalo.edu</a> (716) 645-6876
<b>COLUMBIA</b> Coach: <b>Zach Tanelli</b> <a href="mailto:ZT2204@columbia.edu">ZT2204@columbia.edu</a> (212) 854-3435
<b>CORNELL</b> Coach: <b>Mike Gray</b> <a href="mailto:MJG263@Cornell.edu">MJG263@Cornell.edu</a> (607) 255-9118
<b>HOFSTRA</b> Coach: <b>Dennis Papadatos</b> <a href="mailto:Dionisios.Papadatos@hofstra.edu">Dionisios.Papadatos@hofstra.edu</a> (516) 463-6615
<b>WAGNER</b> (dropped 2011-12)

<b>NYS Division 3 Wrestling Schools</b>	
<b>BROCKPORT</b> Coach: <b>Sam Recco</b> <a href="mailto:srecco@brockport.edu">srecco@brockport.edu</a> (585) 395-5741	<b>ONEONTA</b> Coach: <b>Duane Ritter</b> <a href="mailto:Duane.Ritter@oneonta.edu">Duane.Ritter@oneonta.edu</a> (607) 436-2100
<b>CORTLAND</b> Coach: <b>Tommy Prairie</b> <a href="mailto:Thomas.Prairei@cortland.edu">Thomas.Prairei@cortland.edu</a> (607) 753-5718	<b>OSWEGO</b> Coach: <b>Mike Howard</b> <a href="mailto:Michael.howard@oswego.edu">Michael.howard@oswego.edu</a> (315) 341-2402
<b>HUNTER</b> Coach: <b>Nicholas Coco</b> <a href="mailto:NC3865@Hunter.CUNY.edu">NC3865@Hunter.CUNY.edu</a>	<b>RIT</b> Coach: <b>Jason Bovenzi</b> <a href="mailto:jabatl@rit.edu">jabatl@rit.edu</a> (585) 475-7476
<b>ITHACA</b> Coach: <b>Marty Nichols</b> <a href="mailto:michols@ithaca.edu">michols@ithaca.edu</a> (607) 274-3660	<b>RPI –Club Team</b> (518) 276-6505
<b>MARITIME</b> (dropped 2011-12)	<b>US MERCH. MARINE</b> Coach: <b>Beau Bruno</b> <a href="mailto:BrunoB@usmma.edu">BrunoB@usmma.edu</a> (516) 726-5648
<b>NYU</b> Coach: <b>Bruce Haberli</b> <a href="mailto:Bh7@nyu.edu">Bh7@nyu.edu</a> (212) 998-2050	<b>YESHIVA</b> Dropped program in 2015

## **NYS Junior Colleges with Wrestling Programs:**

<b>ALFRED STATE</b> Coach: <b>Justin Signorelli</b> <a href="mailto:SignorJM@alfredstate.edu">SignorJM@alfredstate.edu</a> (607) 587-4362	<b>NASSAU C.COLLEGE</b> Coach: <b>Vogar Oroudjov</b> <a href="mailto:vougar.ouroudjov@ncc.edu">vougar.ouroudjov@ncc.edu</a> (516) 572-7522 x25210	<b>COMMUNITY COLLEGE</b> (drops 2011-12) <b>COBLESKILL, CORNING-DELHI</b>
<b>JAMESTOWN C.COL.</b> Coach: <b>Brian Dowdell</b> <a href="mailto:BrianDowdall@Mail.sunycc.edu">BrianDowdall@Mail.sunycc.edu</a> (619) 987-8289	<b>NIAGARA C.COLLEGE</b> Coach: <b>Keith Maute</b> <a href="mailto:kmaute@niagaracc.suny.edu">kmaute@niagaracc.suny.edu</a> (716) 715-1775	<b>MORRISVILLE, TOMPKINS</b>
<b>LONG IS. UNIV POST</b> Coach: <b>Joe Patrovich</b> <a href="mailto:joseph.patrovich@liu.edu">joseph.patrovich@liu.edu</a> (516) 299-3577	<b>SULLIVAN C.COLLEGE</b> (drops 2021-22)	<b>ULSTER C.COLLEGE</b> Coach: <b>Matt Shields</b> <a href="mailto:ShieldsMt@sunyulster.edu">ShieldsMt@sunyulster.edu</a>



# SECTION 9 ATHLETIC COUNCIL

## COUNCIL OFFICERS:

<b>EXECUTIVE DIRECTOR</b>	<b>GREG RANSOM</b> 914-805-6302	GRansom1@HVC.RR.com
<b>PRESIDENT</b>	<b>TIM BULT</b> 355-5172	TBult@ Minisink.com
<b>1<sup>st</sup> VICE PRESIDENT</b>	<b>STEPHEN BOUCHER</b> 871-5500 x5535	SBoucher@ RhinebeckCSD.org
<b>2nd VICE PRESIDENT</b>	<b>SUZANNE LENDZIAN</b> 845-497-4000 x24562	SLendzian@ Wcsdk12.org
<b>PAST PRESIDENT</b>	<b>TOM CASSATA</b> 758-2241 x3248	TCassata@ RHCSO.org
<b>TREASURER</b>	<b>LINDA TRAPANI</b> 742-5867	OCIAA BOCES LTrapani@HVC.RR.com
<b>SECRETARY</b>	<b>JAMES OSBORNE</b> 570-618-2200	OCIAA BOCES JOsborneSection9@GMail.com

## NYS CENTRAL COMMITTEE MEMBERS:

<b>TBA</b> X	<b>ROBERTA GREENE-</b> 494-4286 RGree2@GMail.com	<b>DAVID COATES</b> Middletown 326-1532 David.Coates@ECSDM.org
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## SUPERINTENDENT REPRESENTATIVES:

<b>ULSTER</b> <b>JOSEPH MORGAN</b> -Rondout Valley 687-2400 JMorgan@Rondout.k12.ny.us	<b>SULLIVAN</b> <b>IVAN KATZ</b> -Fallsburg 434-6800 x1214 IKatz@FallsburgCSD.net
<b>ORANGE</b> <b>BRIAN MONAHAN</b> -Minisink 355-5115 BMonahanI@Minisink.com	<b>DUTCHESS</b> <b>RAY CASTELLANI</b> -Webutuck 373-4123 Raymond.Castellani@Webutuck.org

## LEAGUE REPS:

<b>MICHAEL BELLAROSA</b> OCIAA: 457-2400 x18885	<b>JASON SEMO</b> OCIAA: 534-8009 X7504	<b>JOHN GIAMETTI</b> OCIAA: 838-6900 X3218
<b>JASON CLOSS</b> OCIAA: 985-2296 x5304	<b>MARCO LANZONI</b> MHAL: 463-7824	<b>GREG WARREN</b> MHAL: 256-4151

## N.Y.S.P.H.S.A.A. OFFICERS

<b>EXECUTIVE DIRECTOR</b> <b>ROBERT ZAYAS</b> 518-690-0771 x11 RZayas@nysphsaa.org		<b>ASST. DIRECTOR</b> <b>TODD NELSON</b> 518-690-0771 x13 TNelson@nysphsaa.org		<b>ASST. DIRECTOR</b> <b>JOE ALTIERI</b> 518-690-0771 x14 Altieri@nysphsaa.org	
General Administration Liaison: National Fed. Liaison: State Ed Dept CFO Central & Executive Com Mtgs Official Rule Interpreter Handbook	Financial & Legal Matters Legislative Relations Section Appeals Coordinator Public Relations NYSPHSAA Calendar Spaulding Contract	Safety Committee Unified Sports Sportsmanship Programs Modified Athletics Handbook Updates Eligibility Interpretations	Interstate Sanctioning Classification Wrestling Min Wt Cert Program Cheerleading Championship Programs OCF	Time Warner Contract Internship Program Apparel Contract Hotel Contracts Championship Branding Ticketleap Liaison-Sports Coords Facilities Contracts NYSPHSAA/NFHS HOF	Championship Advisor Committee Championship Official Photographers Handbook Interprets Championship Logistics & Expenses Public Relations Site RFPs Plaques & Medals Sports Coord Packets



**NEW YORK STATE PUBLIC HIGH SCHOOL  
ATHLETIC ASSOCIATION INC.  
STATE WRESTLING COMMITTEE**



**Marty Sherman**

**NYS Wrestling Chairman – Section 2**  
518-793-7380 Win304@ Roadrunner.com

SEC	CHAIRMAN's NAME	Chairman's E-Mail	Chairman's Home School Blank=Retired	Chairman's School Phone
1	<b>Jamie Block</b>	JABlock@ChappaquaSchools.org	Horace Gr	914-683-5181
	<b>Bob Bernaducci</b>	BernardR@Pville.K12.NY.US	Pleasantville	914-274-7870
2	<b>John Vishneowski</b>	Vishs2Wr @Gmail.com		518-469-8129
	<b>Chad Languish</b>	LanguishC@Schenectady.k12.ny.us	Schenectady	518-248-6176
3	<b>Brad Hamer</b>	BradfordHamer @GMail.com		315-209-2689
	<b>Bill Kays</b>	WJKays @Gmail.com		315-529-8932
4	<b>Rick Armstrong</b>	RickSArmstrong@GMail.com		607-217-5492
	<b>Jeff Nolan</b>	JNolan@Windsor-CSD.org	Windsor	607-725-6237
5	<b>Bill Hadsell</b>	BHadsell@GenevaCSD.org	Geneva	315-781-0404
	<b>Chris Bourne</b>	BourneChris7@GMail.com		585-370-4021
6	<b>Mike DeBarbieri</b>	MikeDeBarbieri72@GMail.com		716-933-1190
	<b>Israel Martinez</b>	Coachlz67@GMail.com		716-278-5800
7	<b>Gary Edwards</b>	GaEdwards @PeruCSD.org	Peru	518-420-9064
	<b>Rob Witkiewicz</b>	RWitks@Yahoo.com		518-873-6371
8	<b>John Mankowich</b>	JMankowich@JerichoSchools.org	Jericho	516-203-3600 x3248
	<b>Ed Ramirez</b>	RamirezE@GCUFSD.net	Garden City	516-765-0112
9	<b>Jeff Culty</b>	JeffCulty @GMail.com	Cape Cod	<b>845-591-1498</b>
	<b>Eric Hartmann</b>	EHartmann@PJSchools.org	Port Jervis	<b>845-551-1762</b>
10	<b>Randy Morrison</b>	RandyMorrison01@HotMail.com	Gouverneur	315-287-0494
11	<b>Matt DeVincenzo</b>	MDeVincenzo@Comsewogue.K12.NY.US	Comsewogue	631-474-8175
	<b>Bob Panariello</b>	BPanariello@BayShore.K12.NY.US	Bay Shore	631-968-1186 x5
CHS	<b>Tom Straehle</b>	TStraehle@IonaPrep.org	Iona Prep	914-629-1875
	<b>Dave Ironman</b>	IronmanLaw@AOL.com	Msgr Farrell	917-691-2263
PSAL	<b>Ken Bigley</b>	PSALWrestling@GMail.com		646-753-1033
AIS	<b>Carmine Giovino</b>	PSCoord@NYSAIS.org		
	<b>Jason Edwards</b>	JEwards@HackleySchools.org	Hackley	914-924-1654
	<b>Jim Regan</b>	JRegan@MartinLutherNYC.org	Martin Luther	917-723-5834



# **WRESTLING SCORING SYSTEMS**

## **INDIVIDUAL MATCH SCORING**

**1** point for: **ESCAPE**

**2** points for: **TAKEDOWN**  
**REVERSAL**  
**NEAR FALL** (Less than 5 seconds)

**3** points for: **NEAR FALL** (5 seconds or more)

**STALLING:** Warning, 1 point, 1 point, 2 points, Disqualification  
**TECHNICAL VIOLATIONS** 1 point

## **DUAL MEET TEAM SCORING**

**6** points for: **PIN**  
**INJURY DEFAULT**  
**DISQUALIFICATION**  
**FORFEIT**

**5** points for: **TECHNICAL FALL**  
(Winning margin of 15 or more points)

**4** points for: **MAJOR DECISION**  
(Winning margin between 8 and 14 points)

**3** points for: **REGULAR DECISION**  
(Winning margin between 1 and 7 points)

# ***TOURNAMENT TEAM SCORING***

Each individual wrestler can earn points for his team in a tournament in three different ways:

## **ADVANCEMENT POINTS:**

- 2** points for: Each victory in the CHAMPIONSHIP bracket
- 1** point for: Each victory in the WRESTLE-BACKS bracket

Wrestlers who earn BYE's in a tournament, earn no points until they win their next round match. Upon victory they earn 2 points for the previous rounds bye (1 point if the bye was in wrestlebacks).

## **BONUS POINTS:**

- 2** points for: **PIN**  
**FORFEIT / DEFAULT / DISQUALIFICATION**
- 1 ½** points for: **TECHNICAL FALL**  
-(Winning margin of 15 or more points)
- 1** point for: **MAJOR DECISION**  
-(Winning margin between 8 and 14 points)

## **PLACEMENT POINTS:**

Tournament awarding medals 1<sup>st</sup> – 8<sup>th</sup>      Tournament awarding medals 1<sup>st</sup> – 6<sup>th</sup>      Tournament awarding medals 1<sup>st</sup> – 4<sup>th</sup>

<b>1<sup>st</sup></b>	<b>16</b> points	<b>16</b> points	<b>14</b> points
<b>2<sup>nd</sup></b>	<b>12</b> points	<b>12</b> points	<b>10</b> points
<b>3<sup>rd</sup></b>	<b>9</b> points	<b>9</b> points	<b>7</b> points
<b>4<sup>th</sup></b>	<b>7</b> points	<b>7</b> points	<b>4</b> points
<b>5<sup>th</sup></b>	<b>5</b> points	<b>5</b> points	-----
<b>6<sup>th</sup></b>	<b>3</b> points	<b>3</b> points	-----
<b>7<sup>th</sup></b>	<b>2</b> points	-----	-----
<b>8<sup>th</sup></b>	<b>1</b> point	-----	-----

## CHECKLIST FOR AVOIDING PENALTIES

Some of the most common mistakes that could cause a wrestler/team to become ineligible. Ineligible wrestlers will cause the wrestler, the team, and the coach to be subject to the penalties listed on page 55.

- An individual wrestler is caught cheating on their weight certification.
- An individual wrestler exceeds the 20-point limit.
- An individual wrestler exceeds 6 tournaments.
- An individual wrestler exceeds the maximum of 2 two-day non-individual bracketed tournaments. (see Individual Points: Tournaments page 23).
- An individual wrestler competes in back to back tournaments while the first tournament they were entered in has not yet ended (see Individual Points: Tournaments page 23).
- A wrestler illegally competes in a 7<sup>th</sup> bout in a one-day tournament: page 51)
- An honor weigh-in is conducted: Honor weigh ins are no longer allowed. The weights at the matside weigh-in will determine the eligible weight classes for the event. (see removal of Honor Weigh-In's page 35).
- Granting unauthorized additional pounds for Post Season or a Sectional Dual Meet Tournament (see page 41)
- The coach of a team grants unauthorized additional pounds. (see pages 39-41)
- A coach weighs in a wrestler for an event (who has already reached the 20-point limit) (see page 23 #2)
- A coach lists an ineligible wrestler on their weigh-in sheet. (wrestlers listed must be academically eligible, cleared of injuries requiring school/doctor release, and not currently restricted by a doctor by a skin disease)
- An individual wrestler wrestles at an ineligible weight class.

Typical examples would be:

- A 7<sup>th</sup>/8<sup>th</sup> grader not meeting their minimum weight requirement at the shoulder to shoulder weigh-in, but still wrestles in a dual meet/tournament.
- A wrestler competes below their certified weight because the coach thought that the additional pounds granted for that event made the wrestler now eligible to compete there. (see Growth Allowances page 35 & 42).
- A coach shows up to a matside weigh in without a Track wrestling weigh in sheet (see page 37-37 & 55).