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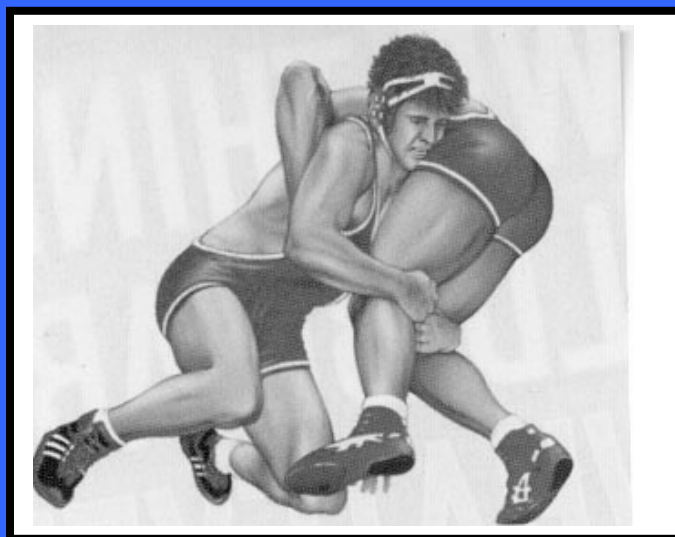
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SECTION 9 WRESTLING

COACHES AND A.D.'s

HANDBOOK 2015-16

(ENTIRE NYS PROGRAM FOR WRESTLING HANDBOOK IS INCLUDED WITHIN)



2015-16

COACHES CHECK SHEET

PRE-SEASON RESPONSIBILITIES FOR SECTION 9 WRESTLING:

- _____ **Complete your schedule** and notify the Section 9 Chairman if you are in search of a dual meet, a tournament, or a team for a tournament you are hosting.
- _____ Update **name/address/phone directory** handout from Section 9 Chairman. Include yourself and your JV and Modified coach and return it PRIOR to the first Section 9 Coaches meeting. Be sure to include a **fax** number and **e-mail** address if you have one.
- _____ Sell at least one ad for the Friends of Section 9 Program.
- _____ Get at least one parent to attend Friends of S9 meetings.
- _____ Obtain Booster Memberships from your parents for: Friends-S9 Program.
- _____ **Collect a completed NYS Parent Permission Form (Form 01)** from each wrestler on your team, prior to their weight certification day. Keep forms on file in you Athletic Directors office.
- _____ **Contact you're A.D.** to order a bus for your Regional Weight Certification site.
- _____ Attend the first Section 9 Coaches meeting on: **TUES, NOVEMBER 10**
GOSHEN M.S. Auditorium - 6:00 p.m.
- _____ **Sign-on to the Trackwrestling website and follow the instructions to update your roster and print your Individual Profile forms prior to arrival at certification site.** Report to your assigned site for certifications. Wrestlers who are not hydrated must report back on a different date.

IN-SEASON RESPONSIBILITIES FOR SECTION 9 WRESTLING:

- _____ Call in, (or use Form09-S9DualMeetResultForm) **results of all home dual meets to:**
The Record: Phone #: 1-800-295-2181 Fax #: 342-6024 and
SectionIXWrestling@GMail.com and SInterdonato@TH-Record.com
- _____ Update your wresters records in the NWCA database in a timely (bi-weekly) manner.
- _____ Update your wresters Form 11-NYSCompetition Form to track their points and weigh-in's in a timely manner.
- _____ Send in your data or actual ad for the Section 9 Program.by: **SUN, JANUARY 24**
- _____ Get the necessary **documentation copied for the** Section 9 Seeding meeting.
Fax in your Division 2 lineup by **FRI, FEBRUARY 5**
Fax in your Division 1 lineup by **FRI, FEBRUARY 5**
- _____ **Attend the Section 9 seeding meeting** for the Section 9 tournament:
Division 1 at 3:30 pm **WED, FEBRUARY 10** NFA – Lecture Room
Division 2 at 11:00 am **SAT, FEBRUARY 6** at Warwick JV Tournament.
- _____ Vote by Monday **2/22/16** for the year end awards for the Friends of S9 Banquet on Sunday **3/13/16**

2015-16 PRE-SEASON - SECTION 9 TEAM RANKINGS

Monroe Woodbury is the defending D1 Section 9 Champion.

Red Hook is the defending D2 Section 9 Champion.

A formula is applied to each team at the end of each season to determine their tournament strength for the upcoming year. Each D1 and D2 team receives 2 points for each returning wrestler who competed in Sectionals last year (no graduates are included). To arrive at a grand total, each team receives the total number of points each returning wrestler earned at last years Section 9 Tournament. The rankings below are based on the formula and even though they are used to seed the Top 5 teams in the Section 9 duals, don't be misled as they have nothing to do with a team's dual meet strength. If a team had a Section Champ returning and forfeited the other 14 weight classes: under this system, they would earn approximately 26 points for just that one wrestler. One wrestler could rank a very weak dual meet team high using tournament scoring.

RANK	TEAM	# RETURNING WRESTLERS	DIV	LEAGUE
1	MONROE WOODBURY	8	D1	1A
2	MINISINK VALLEY	5	D1	1B
3	WALLKILL	9	D1	1C
4	WARWICK VALLEY	12	D1	1B
5	VALLEY CENTRAL	10	D1	1B
6	PINE BUSH	14	D1	1A
7	WASHINGTONVILLE	11	D1	1B
8	GOSHEN	12	D1	1C
9	MIDDLETOWN	9	D1	1A
10	MONTICELLO	12	D1	1C
11	CORNWALL	14	D1	1B
12	SAUGERTIES	12	D1	1C
13	KINGSTON	11	D1	1A
14	PORT JERVIS	9	D1	1C
15	NEWBURGH	11	D1	1A

1	RED HOOK	15	D2	2A
2	NEW PALTZ	12	D2	2A
3	ELDRED/LIBERTY/SULLIVAN W	9	D2	2B
4	TUXEDO	8	D2	2B
5	CHESTER	11	D2	2B
6	RONDOUT VALLEY	12	D2	2A
7	ONTEORA	8	D2	2A
8	HIGHLAND	8	D2	2A
9	ELLENVILLE	5	D2	2A
10	MARLBORO	1	D2	N/A
11	BURKE	3	D2	2B
12	TRI-VALLEY	4	D2	2B

SECTION IX ATHLETICS- WRESTLING BY-LAWS

1. The current year National Federation Rules and the Wrestling control Plan as stated in the NYSPHSAA State Handbook will apply.
2. MATCH TIME: Varsity follows JV match. Home school establishes start time.
3. JV LEVEL: Seniors may wrestle exhibition matches but don't score team pts.
4. REQUIRED SUPERVISION: Minimum of one adult Supervisor (faculty chaperone or security guard) and one adult timer.
5. POSTPONEMENTS: On the first available date for both schools.
6. WEIGH-IN's: Adhere to the procedures stated in the NYSPHSAA Handbook.
7. COACHES MEETINGS: Attendance is required at a pre-season Section IX Coaches Meeting and Post-Season Seeding meeting.
8. ADVANCE NOTIFICATION CONCERNING NUMBER OF MATCHES: Schools that have less than a full JV team will notify the opposing school far enough in advance to allow the Home School to notify/cancel referees and to set a different starting time.
9. WEIGHT CLASSES: All weight classes including the 96 lb. and 285 lb. weight class will be wrestled for all Section IX contests.
10. UNSPORTSMANLIKE CONDUCT: (Revised August 2011)
Sportsmanship: The NYSPHSAA and Section IX recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA AND Section IX has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

I. Coach:

Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest (dual meet or tournament) at the same level (e.g. junior varsity, varsity, etc.) has been completed. **The coach may not be present at the game site.** **NOTE:** "Not being physically present at the site" means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet.

1. A coach who strikes, shoves, kicks or makes other physical contact with the intent to do so to another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for one year from the date of the offense.
2. The coach of the player(s) who was ejected will notify his/her Athletic Director of the incident on the same day that it occurred. The Athletic Director will then contact the League Coordinator to confirm that the player(s) will not be allowed to participate in the school's next scheduled game/games as below.

II. Player:

1. When a wrestler is disqualified from a match or meet for fighting or unsportsmanlike conduct, the following action will be taken:
 - a. **First Ejection** – the wrestler cannot attend or participate in the next scheduled contest (match or tournament). If the season has ended the wrestler cannot attend or participate in the next scheduled contest in his/her next season of participation.
 - b. **Second Ejection** – that wrestler cannot attend or participate in the next two scheduled contests (matches or tournaments). If the season has ended the wrestler cannot attend or participate in the next two scheduled contests in his/her next season of participation.

(continued next page)

SECTION IX ATHLETICS- WRESTLING BY-LAWS

(continued)

10. UNSPORTSMANLIKE CONDUCT:

II. Player:

1. When a wrestler is disqualified from a match or meet for fighting or unsportsmanlike conduct, the following action will be taken:

- c. **Third Ejection** – the wrestler cannot attend or participate in any remaining scheduled contests for the remainder of that sports season, including sectionals or any higher level of competition. If the season has ended the player(s) cannot attend or participate in the next three scheduled contests in his/her next season of participation.

Please note: Disqualified from one season carries over to the next season of participation.

III. Member of the squad: (includes player, manager, scorekeeper, timers, statisticians)

1. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to do so to an official shall be expelled from the game immediately and banned from further participation in all sports for one year from the date of the offense.

IV. Official:

1. Unprofessional conduct on the part of official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the Section Executive Director. A request will be made to the appropriate sport officials' chapter to investigate the incident and to report their action to the Section in a timely manner.
2. The official who ejected the wrestler(s), member(s) of the squad or coach shall notify the League Coordinator prior to 12:00 Noon the following day of the name(s) of the player(s) or the coach and the infraction(s). The League Coordinator shall notify the Athletic Director of the offending school.

11. CHAMPIONSHIPS: Section IX Wrestling consists of four (4) divisions: Each division will recognize a champion. The following breaks divisional ties:

1. Head to head between the teams that are tied.
2. In the event of a 3-way tie the NYS Wrestling Fed Handbook is used.

12. AWARDS (Varsity Only): Plaques: 4 Division Champions (Teams)

Patches: Each school may purchase their own patches if they choose to.

13. Information regarding the Section IX Tournament, seeding, weight certification, assessors, Section IX Duals Tournament and other aspects of S9 Wrestling can be found in the S9 Wrestling Coaches & A.D.'s Handbook.

14. MODIFIED (7th and 8th Grade): Wrestling programs and competition will be conducted as specified in the NYSPHSAA Handbook.



Section IX Athletics

Robert Thabet, Executive Director

Section IX Coaches Code of Conduct

In order to ensure that the principles of sportsmanship, fair play, skill development, and mutual respect among players, coaches, officials and spectators are the primary considerations governing competition in Section IX, the following Code of Conduct has been established and adopted.

Each coach shall:

1. Know the rules and abide by them. Instruct team members in the rules and coach his team in such a way as to motivate each player to compete according to the rules at all times.
2. Respect the game officials and refrain from questioning their decisions in a disrespectful or abusive manner. No negative comments in media.
3. Ensure that all facility rules and regulations are followed by the players, coaches and spectators, respecting at all times the property of others.
4. Assist the game officials in maintaining control of spectators during the games when necessary.
5. Respect the coaches and players of the opposing team and demonstrate appropriate gestures of sportsmanship during the play of the game and at its conclusion. Be humble and generous in victory. Be proud and courteous in defeat. Teach each player, especially through personal example, to be humble and generous in victory and proud and courteous in defeat.
6. Maintain emotional and physical control, avoiding the use of abusive language or profanity, humiliating remarks, gestures of ill temper, and physical assault upon another individual.
7. Instruct team support personnel (e.g., assistant coaches, managers, scorebook keepers, and timekeepers) in their responsibilities in accordance with established rules and procedures.
8. Realize, accept, and practice the principle that a team's reputation is built not only on its playing ability, but also on its sportsmanship, courtesy and conduct.



Section IX Athletics

Robert Thabet, Executive Director

Section IX Spectators Code of Conduct

Section IX Athletics recognizes the importance of behavior and personal character in our student athletes. As such, we ask our spectators to:

1. Demonstrate a high degree of sportsmanship.
2. Show team support by making only positive comments.
3. Show respect for the judgment of coaches, officials, and referees.
4. Acknowledge mats, gyms, and equipment as the player's domain during contests.
5. Monitor the safety of children in the bleachers and stands.
6. Respect the law. All public schools and Section IX venues are smoke-free, substance free environments.
7. Athletic contests home, away, or at a neutral site are an extension of the classroom. Therefore, all school rules are in effect.
8. Spectators will respect and obey all school officials, supervisors, and site personnel at contests.
9. There will be no ringing of bells, sounding of horns, or other noise makers at indoor contests. * Outdoor use will be at the discretion of the site personnel.

*This does not apply to spirit groups including school approved pep bands or cheerleaders.

10. The throwing of debris, confetti, or other objects from the stands is prohibited. Offending individuals will be asked to leave the premises.
11. Exceptions to this behavior will lead to ejection from the event.

*** Please note that individual schools may have more stringent policies ***

Section IX Athletics | 53 Gibson Road | Goshen, NY 10924 | Phone (845) 294-5799 | Fax (845) 291-7306

Web site: <http://www.sectionixathletics.org>

INTRODUCTION

The NYSPHSAA's 2015-16 Wrestling Program booklet has been designed to assist school personnel, athletic administrators and coaches, in understanding and complying with all rules and regulations. It is not intended to serve as a substitute for the NYSPHSAA Handbook or NFHS Wrestling Rulebook. Please refer to the NYSPHSAA 2015-2016 Handbook for all other sport and eligibility standards and the NFHS Wrestling Rulebook, Casebook and Manual for sport related rules.

SPORT SAFETY

EQUIPMENT

All safety equipment (headgear etc. including orthodontics) must be worn at all practices as well as competitions.

Headgear taping rule:

Effective January 2012: NYS Championship Committee granted a waiver to the Headgear taping rule. Straps and chinstraps may be taped to allow for better fit of the headgear; however, no taping is allowed on the ear section of the headgear.

Singlet Strap Rule:

Effective September 2014: NYSWC clarified the singlet shoulder strap rule.

In dual meets a penalty will be called if the strap is down while any part of the wrestler is on the mat. If the wrestler is completely off the mat on the hardwood floor, the strap can be dropped without penalty. As it is common in both individual and dual meet tournaments to have mats together and coaches chairs on the mats, NYSWC feels that wrestlers should not be penalized for taking straps down while in their corners either dressing before their match or undressing after their match. In tournaments a penalty will be called if the strap is down while any part of the wrestler is in the mat circle. If the wrestler is completely out of the circle, the strap can be dropped without penalty.

SKIN DISEASE

NFHS Rule 4-2-3: If a participant is suspected of having a communicable skin disease, the coach shall provide current written documentation

- NYSPHSAA requires the **original** copy of the signed side of the two-sided form entitled: *NYSPHSAA PHYSICIAN RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION(S)* (NYSPHSAA Approved October 2014 in lower right). This form must be signed only by a M.D., Physician Assistant or Nurse Practitioner (a D.O. is considered to be a doctor) for the wrestler to be eligible to participate. This may require a second trip to the doctor for final clearance if the doctor felt that the original issue was contagious and needed treatment.
- Photocopies are not acceptable. In situations where a section requires that all skin forms are to be filed with the Sectional Chairman or their designee, the Chairman/designee should receive a copy of the form. The original is to stay with the coach at all times.

Forms are available at www.nysphsaa.org under the following tabs:

Sports..Winter..Wrestling..Left Side Menu: Skin Form Infectious Disease

In tournament situations, skin checks are to be performed on each day of wrestling competition.

(Forms Book: Form12-SkinForm-15-16.pdf)-Form should read updated: Oct 2015
NYS would define the “On-Site health care provider” as a: Physician, Physician’s assistant or nurse practitioner **(not a certified trainer)**

When traveling out of state:

1-If a NY wrestler is not cleared to wrestle by a NYS: Physician, Physician’s assistant or nurse practitioner they are not eligible to leave NY to wrestle until they are cleared.

2-If they do not have an approved NYS skin form with them and a question arises at the skin check at the on-site/out of state event, it is legal for that states health care provider to deem the NY wrestler ineligible after the skin inspection. With or without the form, the onsite appropriate health care provider can rule the wrestler ineligible.

3-If they have an approved NYS form with them, it would seem logical that the other state would accept it, as it could be thought of as being “more strict” than the other states (since in NY the health care provider must be either a Physician, Physician’s assistant or nurse practitioner and not a certified trainer)

When out of state teams come to NY:

A wrestler cleared by a non-NY State health care provider will be allowed to compete, as they meet the rules required for their state. However, the NY on site Physician could rule the wrestler ineligible.

NYSPHSAA WRESTLING WEIGHT CONTROL PLAN

WEIGHT CERTIFICATIONS

The NYSPHSAA Wrestling Minimum Weight Certification Procedure must be followed by all high schools sponsoring wrestling. The Wrestling Minimum Weight Certification Program School Manual outlining the approved procedure is sent to all Athletic Directors prior to the start of the wrestling season. Note: The manual includes the Appeal Procedure and any newly approved protocols.

Based on 7% body fat for males and 14% for females, the minimum wrestling weight is the lowest weight at which an athlete will be allowed to compete. Certification must be conducted by a NYSPHSAA Approved Assessor and must occur within 14 days (exclusive of Sundays and school closing for holidays or emergencies) from the first day of the season in the Section.

Assessments must be performed at the centralized assessment sites for all wrestlers. Only the refractometer shall be used to test hydration.

- a. The use of sweat boxes; hot showers; whirlpools; rubber, vinyl and plastic type suits; or similar artificial heating devices; diuretics or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition. NFHS Rule 4-4-3
- b. The minimum weight class in which a contestant may compete will be determined by a NYSPHSAA approved assessor, following guidelines of the Minimum Weight Certification Program. In conjunction with the NWCA a minimum weight will be established for each wrestler. At no time may they participate at a weight class lower than their approved minimum weight.
- c. A contestant shall be prohibited from wrestling within a weight classification more than one class above his/her actual weight. NFHS Rule 4-4-2
- d. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season. (May 2008)
- e. Situations where a wrestler cannot pass the hydration test (ex; due to being on a prescribed medicine) will be handled on a case by case basis. Sectional Chairmen should contact Todd Nelson-Asst. director if a wrestler in their Section cannot pass hydration.
- f. A Parents' Awareness Form for the wrestling minimum weight certification is required to be signed by the parent/guardian and the student and kept on file by the school athletic director (May 2008).
- g. All NYSPHSAA Approved Assessors must enter certification results into the National Wrestling Coaches Association (NWCA) database where Minimum Weights and team rosters will be generated. Wrestlers must be tested and entered into the database prior to competition.
- h. The NFHS 1.5% Weight Loss Rule is waived and will not be followed by NYS. (May 2007)

WAIVERS:

Any wrestler who comes out for the team after the team’s certification day, must apply for a waiver. Waivers are not granted to fall athletes who miss the certification process and deadline due to participation in NYSPHSAA Fall championship events.

Fall athletes participating in post season must either certify within the first 14 days of the season (Option 1), or they can apply for a waiver using Option 2 (on the waiver form). If Option 2 is selected they have 14 days from the date of their last post-season game to certify. If Option 2 is selected they still earn the 4 allotted practices for post season and will only need 9 practices to be able to compete.

No matter which option is selected, a wrestler cannot begin practice until the waiver is approved. The approval date of the waiver starts the 14-day clock for certification for Option 1 and the date of the last post-season game starts the 14-day clock for Option 2. (Oct. 2014)

APPEAL PROCEDURE

A wrestler may appeal his/her skinfold measurements or calculations. Appeals may not be done on the same day as the original assessment. They are to be conducted on day one, two or three after the original assessment - three consecutive calendar days (count Sundays, holidays and days school is closed). Appeal procedures must be completed prior to any competition. **ALL COSTS INCURRED ARE THE RESPONSIBILITY OF THE STUDENT/ATHLETE.**

Appeals must be performed by an assessor appointed by the Section Consultant. The assessor will use the **actual weight of the wrestler on the day of the appeal if the wrestler passes the hydration test.**

The appeal process is:

If the wrestler is dissatisfied with the results of the skinfold and minimum weight determination, the wrestler is remeasured by the assessor appointed by the Section Consultant. Measurements must be within 3 days of the original date of measurement. When conducting an appeal, the assessor will use the **actual weight of the wrestler on the day of the appeal if the wrestler passes the hydration test.** The urinalysis must be repeated and passed. The wrestler may choose which measurement to accept (the original or the second measurement).

The section consultant will input the results of the appeal on the National Wrestling Coaches Association website.

NOTIFY YOUR SECTIONAL WRESTLING COORDINATOR OF ALL APPEALS.

IF YOU WERE ASSESSED ON:	THE LAST POSSIBLE DAY TO APPEAL YOUR RESULTS WOULD BE:
MONDAY 11/16 @ NEW PALTZ	THURSDAY 11/19 @ NEWBURGH
TUESDAY 11/17 @ PORT JERVIS	FRIDAY 11/20 @ PINE BUSH
WEDNESDAY 11/18 @ NEWBURGH	SATURDAY 11/21 @ PINE BUSH
THURSDAY 11/19 @ NEWBURGH	SATURDAY 11/21 @ PINE BUSH
FRIDAY 11/20 @ PINE BUSH	MONDAY 11/23 @ PINE BUSH
SATURDAY 11/21 @ PINE BUSH	MONDAY 11/23 @ PINE BUSH

S9 - WEIGHT CERTIFICATIONS:

You should have already received from your athletic director a copy of the: N.Y.S.P.H.S.A.A. SCHOOL MANUAL for THE WRESTLING MINIMUM WT CERTIFICATION PROGRAM. This manual should answer most of your questions. If you did not receive a manual please contact the S9 Chair immediately. All procedures will be reviewed at the coaches meeting . All teams in S9 will be required to do a regional assessment.

ALL wrestlers must be certified within the **first 14 days** of the season.

ALL ASSESSMENTS MUST BE COMPLETED BY WED 11/25

The Regional Assessment Schedule as of 10/15 is as follows: Please check email updates for possible changes

SCHOOL	DAY/DATE	SITE	TIME
BURKE	FRI 11/20/15	PINE BUSH	4:00 pm
CHESTER	TUES 11/17/15	PORT JERVIS	5:30 pm
CORNWALL	THURS 11/19/15	NEWBURGH	3:00 pm
ELDRED/SULLVN WEST	TUES 11/17/15	PORT JERVIS	3:30 pm
ELLENVILLE	FRI 11/20/15	PINE BUSH	5:15 pm
GOSHEN	FRI 11/20/15	PINE BUSH	4:15 pm
HIGHLAND/MARLBORO	MON 11/16/15	NEW PALTZ	4:00 pm
KINGSTON	THURS 11/19/15	NEWBURGH	4:30 pm
LIBERTY	TUES 11/17/15	PORT JERVIS	3:45 pm
MIDDLETOWN	FRI 11/20/15	PINE BUSH	4:45 pm
MINISINK VALLEY	TUES 11/17/15	PORT JERVIS	6:00 pm
MONROE WOODBURY	WED 11/18/15	NEWBURGH	4:00 pm
MONTICELLO	TUES 11/17/15	PORT JERVIS	5:00 pm
NEW PALTZ	MON 11/16/15	NEW PALTZ	3:00 pm
NEWBURGH	WED 11/18/15	NEWBURGH	3:00 pm
ONTEORA	MON 11/16/15	NEW PALTZ	5:45 pm
PINE BUSH	FRI 11/20/15	PINE BUSH	3:00 pm
PORT JERVIS	TUES 11/17/15	PORT JERVIS	3:00 pm
RED HOOK	MON 11/16/15	NEW PALTZ	6:15 pm
RONDOUT VALLEY	MON 11/16/15	NEW PALTZ	3:30 pm
SAUGERTIES	MON 11/16/15	NEW PALTZ	5:00 pm
TRI-VALLEY	TUES 11/17/15	PORT JERVIS	4:45 pm
TUXEDO	WED 11/18/15	NEWBURGH	5:15 pm
VALLEY CENTRAL	WED 11/18/15	NEWBURGH	5:30 pm
WALLKILL	THURS 11/19/15	NEWBURGH	4:00 pm
WARWICK VALLEY	TUES 11/17/15	PORT JERVIS	4:00 pm
WASHINGTONVILLE	WED 11/18/15	NEWBURGH	6:15 pm

Wrestlers who absent or are not hydrated the day of their assessment may go to any of the other assessment sites, or attend a make-up session at:

NFA 11/18 & 11/19, or PINE BUSH 11/20, & 11/21 & 11/23.

The following ASSESSORS are ASSIGNED to the following SITES:

JOHN GOFF –NEWBURGH, NEW PALTZ, PORT JERVIS, PINE BUSH
BOB COUDREY – NEWBURGH, NEW PALTZ, PORT JERVIS, PINE BUSH
CRAIG OLEJNICZAK– NEWBURGH, NEW PALTZ, PORT JERVIS, PINE BUSH
SUSAN ABEL – NEWBURGH, NEW PALTZ, PORT JERVIS, PINE BUSH
SHARON DELMONICO – NEWBURGH, NEW PALTZ, PORT JERVIS

SECTION 9 WRESTLING

REGIONAL WEIGHT ASSESSMENT INFO

2015-16

CONTACTS: JEFF CUILTY – SECTION 9 CHAIRMAN

JOHN GOFF – REGIONAL ASSESSOR
PINE BUSH HIGH SCHOOL

JeffCUILTY@GMail.com
(H) 561-7792 (Cell) 591-1498
JohnGoffATC@Yahoo.com
744-2031 x3055

APPROVED ASSESSORS:

JOHN GOFF- PINE BUSH HS - 744-2031 x3055 is our Regional Assessor.

All S9 assessors used are on the approved assessor list. The list is

annually updated by 10/31 on the following website: www.NYSPHSAA.org

-Click on the link at the left of their home page for: **Sports**

-Then Click on: **Sports Specific Programs**

-Then Click on: **Assessors** (If an Assessor is **not** listed they are not eligible to do certifications).

Step 1: HYDRATION:

Passing the hydration test is the first step in the Regional Assessment. Wrestlers who are not hydrated may not step on the scale. **Their test is halted if they are not hydrated. They must wait at least 24 hours and return to be re-tested** on one of the other assessment dates.

HOW IS HYDRATION TESTED?

The assessor's opinion has no bearing whatsoever. A machine called a digital refractometer will be used. The urine is placed on the machine, the machine displays a number, if the number is within a certain range, the wrestler is not hydrated and cannot continue. Your assessors cannot give your wrestler the "benefit of the doubt". It is clear cut if they can continue.

TIPS ON BEING HYDRATED:

At trial tests last year around the state: Some schools that showed up with 35 kids: had 33 out of 35 wrestlers hydrated, while others had only 2 out of 35. The difference was directly related to the education the wrestlers on each team received. Coaches must tell their wrestlers how to be hydrated. When a wrestler is hydrated, their urine is basically almost clear. If it is a dark brown or deep yellow, they will not pass the test.

- The urine being tested should not be the first or second urine the wrestler has produced that day.
- Caffeine, excessive protein, and salty foods all make you dehydrated. Do not consume: soda, coffee, tea, chocolate, "Red Bull" or any other sources of caffeine, pizza, potato chips, etc. at least 48 hours prior to being tested.
- You may want to stop vitamin intake 48 hours prior to your test.
- When possible try to eat a light breakfast (juice/water and piece of toast) the day of your test.
- Wrestlers in the upper weights tend to be dehydrated. The "fat" kids are not looking to cut from 230 to 160 lbs. Many of them are looking to stay right at 220, but even if they don't want to be certified at the lower weights, they will still be rejected from the test if they are not hydrated.
- Wrestlers should drink lots of water the day of the test. This is obviously a "Catch 22". They want to weigh as little as possible, but they must be hydrated. They will not necessarily hydrate by chugging a half gallon (4 pounds worth) of water prior to being tested. They would be better off drinking at least 3 small cups (8 oz-half pound) cups of water, every hour or so throughout the day they are being tested and urinate as necessary. Each time they urinate the urine should become lighter (which is more hydrated). Try to consume your last drink of water about 3 hours prior to your test time.

SECTION 9 WRESTLING

REGIONAL WEIGHT ASSESSMENT INFO

2015-16

Step 1: HYDRATION (continued):

Wrestlers will bring their Profile Forms with them to the bathroom and hand them to the assessor assigned to that station. If they are hydrated the assessor will give them their form to continue to the next station where they will be measured, weighted, and pinched. If they are not hydrated, the assessor will mark "Fail" on the form and collect it. This will stop the wrestler from completing the rest of the procedure. (Assessors do not mark the wrestlers hands with a marker to indicate pass or fail).

CHEATERS:

Wrestlers who are desperate to get to a certified weight class, who know they can't do it while being hydrated, may attempt to cheat. They try to add water to their urine sample by: partially filling their cup before producing the urine, holding the cup under the urinal while it is being flushed, filling their mouth with water and spitting it into the cup. The test will require them to individually go to a urinal, wearing only their underwear, carrying a cup. Their urine will be tested immediately.

Please emphasize that if they are caught cheating: **they are prohibited from wrestling for the entire year.** One wrestler in the state has already been caught and has been deemed ineligible by the NYSPHSAA. Signs will be posted at each site indicating the penalty.

Step 2: WEIGH-IN:

Once wrestlers have passed the hydration test they bring their Profile form to the next station and hand it to their coach who will be recording their data. The wrestler will now get weighed. Section 9 owns their own digital scale. Every wrestler in the section will be stepping on the same scale. Wrestlers must weigh in wearing underwear. They may not "strip down".

Step 3: CALIPERS:

Once wrestlers have passed the hydration test and weighed in, they will be marked by the assessor and pinched in three places as they have done in prior years. Results of the pinches will be tabulated and entered into the computer. Each coach will take home a printout listing all wrestlers and their approved certified weight classes when they leave the assessment site.

SECTION 9 WRESTLING

REGIONAL WEIGHT ASSESSMENT INFO

2015-16

COACHES RESPONSIBILITIES FOR REGIONAL ASSESSMENTS:

Prior to going to your Regional Assessment site:

1. Coaches must collect a signed **Form01-NYS Parental Awareness Form** from each wrestler. The form briefly outlines the Minimum weight Assessment program for parents. If it is collected, but not signed, it does not absolve the wrestler of any penalties. These forms must be kept on file with Athletic Directors for the entire season. Suggestion is to the form done along with the school's sport permission slips. Copies of the form are attached and are in the Wt Certification manuals and are also available in the S9 forms book and on-line at NYSPHSAA.org under **Sports-Sport Specific Programs**
2. All weight certifications are done through the NWCA site. You will setup your roster on the NWCA site. (It currently has your returning wrestlers with their grades updated).
 - a. Logon to the NWCA site using the login ID and Coaches temp password given to you at the coaches meeting. You can then set up your new password.
 - b. You must confirm the coaching info they have for you on file and follow the instructions to confirm your free membership into the NWCA.
 - c. When done, return to the OPC click on the **Coaches** tab at the top, then on the **Wrestlers** tab on the left. Click on **Show Entire Roster** and confirm your current returning team members. Delete anyone no longer on your team (by changing their grade to "Remove"). When done go to the top and: **Save Roster Information**.
 - d. To finish your roster: Click on: **Add New Wrestlers** and enter any wrestlers not already on the roster one at a time: You will need: First and Last Name, Gender, and Grade (birth date and age are optional and the tab for Past Achievements is also optional). Click: **Save Wrestler Info** for each new wrestler.
3. **Form 03: INDIVIDUAL PROFILE FORM (IPF)** will be used by the assessors to enter your wrestler's data. You will not need to photocopy the forms this year. After you have saved your updated roster (in Step 2) you will be able to print a full roster set of profile forms (one for each wrestler) directly from the NWCA site. They will print with all to the data already filled in. When you are ready to print them, (on the left side of the page): Click on: **Team Reports...Wrestlers on File....Print Data Collection Forms**

***** YOU MUST BRING YOUR PRE-PRINTED FORMS TO YOUR CERTIFICATION SITE. *****

The assessor will: complete the remainder of the form, sign each form, and enter the data on-line into the NWCA database. The Sectional Chairman will have copies of the original forms for each individual wrestler. You may request copies for any or all of your team if desired. This year you will be able to go on the NWCA site and print weight certification rosters of your team as well as rosters of any of your opponents (once the assessor has entered the data)

The day of your Regional Assessment:

(Mats will be available at your site to workout before or after your assessment time.)

- **Arrive at your site at least one half hour prior to your assigned time.**
Coaches will report to the assessment area with one completed Individual Profile Form for each wrestler getting certified.
- Wrestlers will all be weighed (wearing shorts) on the same certified scale (owned by S9). Only approved assessors can do the weigh-in. Coaches will record the weights the assessors read to them.
- You will be asked to assist with data entry on the form as your team is being certified.
- You must schedule make-ups for all wrestlers who did not pass the hydration test at one of the remaining available sites.

SECTION 9 WRESTLING

REGIONAL WEIGHT ASSESSMENT INFO

2015-16

APPEALING YOUR RESULTS:

THE STEPS OF THE APPEAL PROCESS ARE COPIED FROM THE NYS HANDBK. ON **PAGE 14:**

- Appeals the wrestler is re-measured by one of the following assessors:
-John Goff-Pine Bush or -Bob Coudrey-NFA

WAIVERS:

THE STEPS OF THE WAIVER PROCESS ARE COPIED FROM THE NYS HANDBK. ON **PAGE 14:**

The final day to receive a Waiver is **January 1, 2016.**

COACHES

1- Complete: **Form04-NYSWaiver form** on or before the day of your assessment and Fax it to: Jeff Culty at 845-561-7792 for approval. **Your wrestler may not practice until the waiver is approved.**

2- Contact one of the following assessors (within 14 days calendar days of getting the approved waiver) to get the late wrestler tested:

You can use either of the following 5 assessors for **new** wrestlers but only **John Goff and Bob Coudrey only** for **returning** wrestlers:

JOHN GOFF	PINE BUSH	JohnGoffATC@Yahoo..com	800-1336
BOB COUDREY	NEWBURGH	TrnBob@Yahoo.com	518-2795
SUE ABEL	WARWICK	SAbel@WVCSD.org	987-3050 x12162
CRAIG OLEJNICZAK	MIIDDLETOWN	CraigOATC@Yahoo.com	988-3030
SHARON DELMONICO	VALLEY CEN.	Sharon.Delmonico@ValleyCentralSchools.org	590-2669

3- Follow up with your assessor as to the approximate day/time they will be faxing

Form 03: INDIVIDUAL PROFILE FORM (IPF)-Male/Female

ASSESSORS:

1-Complete **Form03: INDIVIDUAL PROFILE FORM (IPF)-Male/Female.**

2-Confirm with the coach the approximate day/time you will be faxing the completed Profile form .

3-Forward completed profile form to Jeff Culty (Fax: 845-561-7792) to be entered into the NWCA DataBase.

SECTION 9 CHAIRMAN:

1-Once Chairman has received **the Waiver form** the wrestler is **eligible to begin practice.**

Chairman will e-mail BOTH the coach and the assessor to let them know it has been received.

(if you haven't heard from the Chairman, ASSUME the form has NOT yet been received and the wrestler is NOT yet eligible to begin practice.

2-Once Chairman has received **the Profile Form AND** the wrestler has had **13 practices from the date the waiver was approved**, the wrestler is then **eligible to compete vs other teams.**

Chairman will e-mail BOTH the coach and the assessor to let them know the Profile Form was received. (If you haven't heard from the Chairman, ASSUME the form has NOT yet been received and the wrestler is NOT yet eligible to compete.

3-As the NWCA database updates rosters instantly, the eligible wrestlers will appear as soon as their data is typed in.

4-Chairmen will email all coaches an updated Waiver list showing wrestlers who have received waivers and what day they are eligible to compete vs other teams.

WEIGHT CLASSES

The following weight classes are required: **99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285** for all dual meets and tournaments

The approved Weight Certification Procedure will certify a wrestler for a weight. No wrestler may wrestle in a weight class that they are in excess of. The weight class may vary from day to day (due to additional pound allowances), but once the weight class for the day is established, no wrestler may wrestle at the weight class if they are in excess of it. Example: Wrestlers in excess of 285 lbs. are not eligible for exhibition bouts with other wrestlers in excess of 285. However: If due to an additional pound the weight class for the day was $285+1=286$ and the wrestler in question weighed 285.5 that day, they would not be in excess of 286 and could wrestle that day.

GROWTH ALLOWANCES

Each wrestler must make scratch weight for every contest prior to: 12/25. NYSPHSAA will grant a 2 lb. growth allowance for each weight class on December 25th (NFHS Rule 4-4-Article 4). This 2 lb. growth allowance does not apply to the minimum weight requirements for the weights of 99 lbs., 106 lbs., 220 lbs. and 285 lbs. for the 7th and 8th graders who have successfully completed the selection classification process. It may now be possible for certain wrestlers with certified minimum weights originally above the original scratch weights to now wrestle at the new weight classes. Example: Minimum Weight Certification was 108 lbs. This wrestler could not wrestle at 106 lb weight class (prior to 12/25) but can now wrestle at 108 lb weight class (after 12/25). At no time can a wrestler wrestle at a weight below their certified minimum weight.

Note: Additional pounds added to dual meets or tournaments due to back to back competitions, inclement weather, etc do not permit a wrestler to compete at a different weight class. However after the December 25th growth allowance, a wrestler may adjust the weight class accordingly.

Prior to 12/25, a wrestler may only wrestle at these weight classes

99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Situation 1: A wrestler is certified at 139.0 lbs cannot wrestle at the 138 lb weight class and must move up to the 145 lb weight class.

Situation 2: A wrestler is certified at 139.0 lbs. Due to back to back competitions an extra pound is granted for a contest. They still cannot wrestle at the $138+1=139$ lb weight class and must still move up to 145 lb weight class.

After 12/25 Growth Allowance, now a wrestler may only wrestle at these weight classes:

101, 108, 115, 122, 128, 134, 140, 147, 154, 162, 172, 184, 197, 222, 287

Situation 1: A wrestler is certified at 139 lbs. they can now wrestle at the $138+2=140$ lb class.

Situation 2: A wrestler is certified at 141 lbs. Due to back to back competitions an extra pound is granted for a contest. The wrestler cannot wrestle at the $138+2+1=141$ lb weight class and must still move up to the 147lb weight class.

WRESTLERS CERTIFY TO A WEIGHT (NOT A WEIGHT CLASS)

The only choices for weight classes are the ones listed before and after 12/25. A wrestler who certify's at 140 may not wrestler at 138 prior to 12/25, but can wrestler at 140 after 12/25. But at no time can someone certified at 141 wrestle at either 138 (prior to 12/25) or $138+2=140$ (after 12/25). There is never a 141 lb weight class to choose from even though an additional pound is may have been added for back to back matches etc. ($138+2+1=141$)

Minimum weights are required for certain weight classes for Selectively Classified 7th and 8th graders: (see page 33)

WRESTLING STANDARDS CHART

# of PRACTICES	TEAM	INDIV.
# Practices prior to scrimmage	10	8
# Practices prior to first contest	15	13*

* Wrestlers involved in Post Season games from Fall sports are "Gifted" 4 practices" and only require 9 instead of 13 practices prior to their first contest.
(As per NYSPHSAA Handbook page 102:Practice Sessions)

MAXIMUM # OF POINTS (see below)	N/A	20 pts *
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MINIMUM TIME BETWEEN CONTESTS	1 Night	1 Night
MINIMUM TIME BETWEEN BOUTS	N/A	45 min.

# of BOUTS per DAY	DUALS	TOURN.
Individuals	4 bouts	5 bouts

MAXIMUM NUMBER OF POINTS

The maximum number of points a wrestler will be permitted is established by the NYSPHSAA. For **2015-2016** the maximum points permitted shall be 20 points. A contestant may not exceed the maximum number of points during the regular season.

1. Individual Points:

- a. A dual meet will be assessed one point. Each match/ forfeit/ exhibition counts as 1 point toward the individual's maximum, points. Under extenuating circumstances (postponements due to inclement weather, school cancellations) a school may request permission from Section Coordinator to wrestle two dual meets in one day, with a limitation of two per season.
- b. Tournaments will be assessed two points. . Only six tournaments are permitted. Of the six permitted tournaments **a maximum of 2-two-day dual meet tournaments will be allowed.**

2. Section Tournaments

Sectional Individual Tournaments and Sectional dual meet tournaments are not considered part of the regular season and do not count as points towards the maximum number of points permitted.

3. Forfeit

A forfeit is considered a contest

SECTION 9 DUALS:

Sectional Dual meet tournaments do not count toward an individual's 20 point maximum. Weigh-in's for Sectional Dual Meet tournaments do not count for the 50% rule.

HISTORY:

The Section 9 Duals began in 1991-92. For the first 3 years only the Top 6 teams were invited. From the 1995-96 season thru the 2008-09 season, the Duals were open to any team that wanted to participate. In 2008-09 both a D1 and D2 Champ were recognized. Since 2009-10 as a cost saving measure, the S9 Athletic Council capped the number of teams allowed to participate at 12 for D1 and 2 for D2.

PURPOSE:

The purpose of the Section 9 Duals is two-fold. It will determine the top D1 and D2 Dual meet teams (at the beginning of the season). Eventually when the NYS moratorium on expanded events is lifted, there will be a NYS Dual meet tournament and the D1 and D2 winners of the S9 Duals will be our Sectional representatives for this event. Secondly, it will enable us to set up bracket matchups between teams that are not scheduled to meet during the regular dual meet season. This will give us more head-to-head matchups that will help us in seeding our Sectional Tournaments at the end of the year.

THIS YEARS DATES AND SITES:

The **2015-16** Section 9 Duals will be held on two days.

Qualifier on: Tuesday, **December 15** at Goshen and Wallkill High Schools (on 2 mats) and the Finals on: Wednesday, **December 16**, at Newburgh Free Academy (on 2 mats) with no consolation matches.

FUTURE YEAR SITES:

Schools interested in hosting in **2016-17** must have the ability to hold 2 mats with adequate space for score tables and at least 500 spectators. Host Schools must supply: 2 Timers, 2-boppers, 1-Ticket-taker, Security (as needed), and a trainer. Schools interested in hosting must e-mail the Section 9 Chairman **prior to July 1st** (prior to the season). Preference will be given to schools centrally located.

CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS:

A. ENTRIES:

The formula used to determine the Top 12-D1 teams and the Top 2-D2 teams is based upon the returning NUMBER OF SECTIONAL POINTS. Each team returning Sectional participants from last year earn 2 points and those points are then added to the total number of points the team earned in the sectional tournament last year (not counting graduates). The top 12 point values for D1 and the top 2 point values for D2 determine who will be entered into the tournament.

SECTION 9 DUALS:

CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

B. SEEDING AND DEVELOPMENT OF BRACKETS:

The two D2 teams will wrestle each other.

The twelve D1 teams will be placed on a 16 team bracket using the following guidelines:

- The NUMBER OF SECTIONAL PTS (described above) will determine the top 4 teams.
- The top 4 teams will all earn a BYE in the round of 16 bracket.
- The team with the most points will be entered on the bracket sheet as the #1 seed.
- The remaining top 3 teams will be entered on the bracket in the spots of the 2nd, 3rd, and 4th seed (but not necessarily in the correct order). If the semifinal matchup can be adjusted as to allow a matchup of two Top 4 teams that are not scheduled to wrestle during the year, the adjustment will be made as to get the head-to head matchup(s) for sectional seeding that we would not have had without making the adjustment.
- The remaining 8 teams will be placed on the bracket to allow as many as possible matchups of teams that are not scheduled to wrestle each other during the season regardless of the teams point values. Another factor that could be considered in placing the remaining 8 teams is the teams available to host a site and travel distances.
- There are no wrestlebacks or consolation matches in this tournament, the winner must beat everyone. Getting the matchups we would not normally get during the year to help us seed at the end of the year is more important than giving a team an easier or harder path to the championship.

The finalized bracket shall be presented at the September Section 9 Athletic Council meeting for final approval before it is made official.

C. ENTRY FEES:

The non-host schools must pay for one full official's fee plus an official's travel fee. The OCIAA Athletic Office will bill each school participating for the officials.

You do not need to bring a voucher. The host school is responsible for security, personnel, gate, custodians etc. They keep the gate fees received to offset their costs. Section 9 will pick up the cost of DAY #2.

D. FINAL INFO SHEETS:

Once the bracket is approved by the Section 9 Athletic Council a final information sheet containing transportation and weigh-in information shall be mailed to the Athletic Directors and coaches of the 12-D1 and 2-D2 teams that are participating.

E. WEIGHT CLASSES:

By direction of the NYSPHSAA there will be a **no growth allowance** for the tournament as it is always scheduled prior to the growth allowance date of: 12/25. Honor weigh-ins will be held on both days and a 1 lb allowance will be granted to the 4-D1 teams competing in the "Final Four" on the second day.

SECTION 9 DUALS:

CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

F. WEATHER DELAY-TOURNAMENT POSTPONEMENTS:

As the tournament is held on weekdays there will be not weather related delays. IF the tournament needs to be postponed : As per the S9 Athletic Council Policy of 9/9/08: In Sectional competition involving multiple schools, the Section Chairman will advise the Executive Director or Designee of any adverse conditions. The Executive Director or Designee will consult with the participating schools then decide whether to hold or cancel the competition.

Phone Tree:

Sectional Chairman calls: Section 9 Executive Director

Section 9 Executive Director calls: AD of host school, OCL office, S9 Chairman

Based on decision of Executive Director:

Sectional Chairman calls: All head coaches of teams, OCL calls: Head official

If the tournament must be postponed, the Sectional Chairman will work with the Athletic Directors of the host schools to determine a possible make-up date. If a host school is unable to host on the date of the make up, an alternate site will be sought out.

G. LATE ARRIVAL:

If for some unforeseen reason your team will arrive late for weigh-in's it is the responsibility of the head coach to place an alert phone call. Section Chairman Cell: [845-591-1498](tel:845-591-1498). Also call:

-the site of the tournament (Phone # given at seeding meeting)

H. ADMISSION FEES:

The following fee structure was approved for wrestling. On Day 1-Host school collects the fees and keeps monies collected to offset cost of staff. On Day 2-Host school collects the fees and turns them over to S9 Athletics to offset cost of staff.

	STUDENT	ADULT
<u>TUESDAY 12/15:</u> ROUND 16 & QUARTERFINALS	\$3.00	\$ 5.00
<u>WEDNESDAY 2/16:</u> SEMI's & D1 & D2 FINALS	\$3.00	\$6.00

I. PROGRAM:

A small program with the bracket, results from the previous night, history of the tournament, and possible matchups will be available at the Admissions booth for the finals. It will be included (free) with the entry fee.

J. REFEREE SELECTION:

The selection criteria shall be based upon, but not limited to: official in good standing, prior years ranking by rating cards, and tournament experience.

K. AWARDS CEREMONY:

The S9 Dual meet Championship (D1 & D2) plaques and individual patches will also be presented at the conclusion of the Section 9 finals at the end of the year.

SECTIONAL SCHEDULING

Your team has been assigned between 7 and 8 dual meets by your league office. Accumulating the remaining points is your responsibility. To assist you in booking other matches and tournaments, let your Chairman know you need points. A master list of tournaments is mailed biweekly thru December. If you host a tournament please make sure your tournament is listed and that all the info for it is accurate.

TYPES OF COMPETITIONS AND THEIR POINT VALUES

An Individual wrestler may flip back and forth between Varsity and JV as many times as they want to. [Form11-NYS-PointsAndWeighInTracking Form-15-16](#) is available for tracking each individuals points and weigh in's. It must be turned in prior to Sectionals to verify that your team is eligible for post season. (see Penalty: [page 21 & 50](#))

CLARIFICATION of MAXIMUM NUMBER OF POINTS

The following examples will assist in understanding how points are assessed in a variety of circumstances

NOTE: Wrestling twice in a dual meet: A wrestler may compete two times in a regular two-team dual meet in the following situations: There must be a 45 minute rest between matches (with the exception of a wrestler who has earned a forfeit) and the wrestlers may only wrestle one weight class higher than the weight class qualified for at the weigh in.

Forfeits: A wrestler from Team A accepts a forfeit from Team B. The Team A wrestler may wrestle an exhibition match with a Team B member.

Points: Team A Wrestler: One point for the forfeit and one point for the exhibition h.

Points: Team B Wrestler: One point for the exhibition match

Extra wrestlers:. A wrestler from Team A wrestles a match vs. Team B.

Team B has a second wrestler weighed in at this weight (or one weight class higher). The Team A wrestler may wrestle an exhibition match with the other Team B wrestler.

Points: Team A Wrestler: One point for the first match and one point for the exhibition match.

Points: Team B Wrestler: One point for the exhibition match.

Two Exhibition Matches:

Points: Team A Wrestler: Two points for the exhibition matches

Points: Team B Wrestler: Two points for the exhibition matches

NOTE: Wrestling exhibition in a dual meet tournament:

No Match: A wrestler from Team A weighs in for a dual meet tournament but is never used in any of the Varsity matches.

Points: Team A Wrestler is not charged any points for the tournament but must count the weigh in towards the 50% rule.

Exhibition: A wrestler from Team A has the ability to wrestle an exhibition match in a dual meet tournament (as it will not put them over the 5 bout limit or 6 bout limit if one of the 5 bouts was a forfeit).

Points: Team A Wrestler (and his opponent from Team B) are both charged

2 points for the tournament. **No additional points will be charged for exhibition bouts.**

Should any wrestler from your team be involved with either of these 3 examples of wrestling twice in a dual meet, please make sure **they are charged with 2 points** (one for each match) towards their 20 point maximum when entering their results on the:

[Form11-NYS-PointsAndWeighInTracking Form-15-16.xls](#)

and when entering your results into the **NWCA database**.

COMPETITION

COIN TOSS

Effective with the 2010-11 season, the starting weight class will still be drawn and then follow the Federation Rule and have the pre-meet disc toss for choice of odd/even matches in dual meets.

SEVEN-DAY RULE (NYSPHSAA handbook pg 103)

““No student of team may be permitted to participate in school organized practice or play on **seven consecutive** days during the regular season” (does not apply to post-season). If you have any Sunday competitions scheduled, please note the following:

If you were to practice/compete from Monday thru Friday and then enter a 2-day tournament on Sat/Sunday you have violated this rule. The penalty from the Section’s Athletic council could be: censuring of your team, team being placed on probation, or team being suspended. Tournament directors of Sunday events may be asked to submit a list of the participating teams and the day of the week they opted not to practice as verification.

If you competed in a Saturday/Sunday competition mentioned above, you will also need to take a day off during the second week in order to avoid participating seven consecutive days.

If a team was to take the Monday prior to the Sat/Sunday tournament off but then had a dual meet scheduled the Monday after the Sat/Sunday tournament, they would violate the seven day rule if they wrestled in the Monday dual meet.

Coaches must plan ahead so as not to practice seven days in a row at any time (which may mean taking a day off the week prior to and the week immediately following a Sat/Sunday event).

Section 9 Coaches must advise the Sectional Chairman if they are hosting any Sunday Competitions so that the verification form can be sent to them.

HANDSHAKES:

In a typical dual meet: Handshakes could occur as follows:

- 1-Pre-match introductions vs opponents, 2-pre-match captains/coaches meeting,
- 3-among competitors prior to each individual match and 4-at the conclusion of each individual match, 5-competitors with opposing coaches at the end of each individual match, 6-among all contestants at the conclusion of the dual meet.

From 4/4/11 NYSWC Conference call:

Sportsmanship committee does not want to dictate how the sport of wrestling does handshakes but suggests some consistency be used.

NYSWC's recommendation to coaches would be: At dual meets is to **eliminate handshake #5** (above) with the opposing coach at the end of each individual match. It is **not considered "unsportsmanlike"** if you do not shake hands in this situation.

Request is that **all members of the team are consistent** either all kids are shaking or no kids are shaking.

Shaking hands with opposing coaches in tournament situations is optional and there is no formal recommendation as to whether it should be kept or eliminated.

DUAL MEETS

Double- Dual Meet: Three (or more) teams compete, with each team wrestling a dual meet against two of the other teams at the same site. Each individual is charged 2 points toward the maximum number of points permitted.

Triangular Meet: Three teams compete, with each team wrestling a dual meet against each of the other two teams at the same site. Each individual is charged 2 points toward their maximum number of points permitted.

Quadrangular Meet: Four teams compete, with each team wrestling a dual meet against each of the other three teams at the same site. Each individual is charged 1 point for each match wrestled toward their maximum number of points permitted.

INDIVIDUAL TOURNAMENTS

Each individual is charged 2 points toward the maximum number of points permitted. Each of the formats listed below count as one of the six allowed tournaments.

If multiple entries are permitted in the following types of tournaments the tournament director must declare that either all individuals will be scored or team scores will not be tallied.

Bracketed Individual Tournament: Individuals are placed in a bracket, with the winners advancing to a championship and losers competing in a wrestleback consolation bracket to determine individual placement.

Pooled Individual Tournament: Wrestlers are placed in pools. Each wrestler competes against every other wrestler in their pool, to determine the rank of the individuals in each pool. Individuals from each pool wrestle against the same-ranked individuals from the other pool to determine final individual placement.

Round-Robin Individual Tournament: Each individual wrestles against every other individual in the weight class. Individual placements may be determined by win/loss record, or by a predetermined tie breaking criteria.

Combined Individual Tournament: Tournament directors have the option of combining any of the above formats. Each weight class in the tournament could be contested differently.

Team Scoring: When either a Pooled Individual, Round-Robin Individual or Combined Individual format is conducted, team scoring shall not include advancement points (only place points and bonus points shall be calculated at each weight class).

DUAL MEET TOURNAMENTS

Each individual is charged 2 points toward the maximum number of points permitted. Each of the formats listed below count as one of the six allowed tournaments. **Maximum of 2 two-day dual meet tournaments for the individual is permitted.**

Bracketed Dual Meet Tournament: Teams are placed in a bracket, with the winning teams advancing to a championship. Losing teams may compete in a consolation bracket to determine team placement.

Pooled Dual Meet Tournament: Teams are placed in pools. Teams compete in dual meet competition against every team in their pool, to determine the rank of teams in each pool. Teams from each pool wrestle against the same-ranked team(s) from the other pool(s) to determine team placement.

Round-Robin Dual Meet Tournament: Each team wrestles a dual meet against other teams in the tournament, not to exceed 5 bouts per day. Team placements may be determined by win/loss record, or by a predetermined tie breaking criteria.

NOTE: Any school wishing to conduct a tournament with a unique format (not listed here) shall apply to the NYS Wrestling Committee prior to their fall meeting for approval. The Wrestling Committee must receive NYSPHSAA Executive Committee approval for the format to be used in the upcoming season.

You may NOT attend a tournament with a format different than the approved formats that are listed above.

Scoring Multiple Entry Tournaments

If multiple entries are permitted in the following types of tournaments the tournament director must declare that either **all individuals will be scored** or **team scores will not be tallied**. NYSWC recommends that when the choice that all wrestlers are to score is selected, that tournament directors should announce in advance of the tournament that they will either:

-Ask teams to enter an A team and a B team and keep a separate team score for each. (This method recommended when teams are allowed to enter a lot of entries. Obviously a team with a full lineup plus 8 to 10 multiple entries will out score a team with only 15 total entries. By asking the team with 23-25 entries to enter two separate teams it gives the team with only 15 entries more of a chance at a team trophy)

or

-Score all multiple entries as one large team. This method recommended when teams are allowed a small number of entries (or when ALL teams are allowed basically the same number of entries). If each team is allowed 16 or 17 entries they could all be scored as one team without having to enter two separate lineups. In this case, a team with only 15 entries could still compete for a team title with 2 or 3 less wrestlers. If all teams are allowed between 20-25 wrestlers and all take advantage of it they could all be scored as one team without having to enter two separate lineups

OUT OF STATE COMPETITION:

Go to: www.NYSPHSAA.org

AD's and Coaches Tab..Resources Tab..Sanctioning

TOURNAMENTS (HOSTING):

When competing out of state, or when out of state teams are invited to your tournament, the tournaments must be sanctioned by NYSPHSAA. One of two types of a sanctioning form is required.

<p>For interstate contests involving:</p> <ul style="list-style-type: none"> • less than 8 schools (one from out-of-state) or • any number of schools from states bordering NY, or • for contests involving 3 or more out-of state schools 	<p>For interstate contests involving:</p> <ul style="list-style-type: none"> • two (2) or more schools which is co-sponsored by or titled in the name of an organization outside the high school community • non-bordering events if five (5) or more states are involved • non-bordering events if more than eight (8) schools are involved • any event involving two (2) or more schools that involves a team from a foreign country <p>Exceptions: Canada & Mexico which are considered "bordering states".</p>
<p>File :NYSPHSAA Application for Sanction (Adobe Acrobat needed) Use this link to obtain the form: http://www.nysphsaa.org/Portals/0/PDF/Sanctioning/Sanctioning.pdf</p>	<p>Use the link: www.nfhs.org/sanctioning to the NFHS website. You must first register as the Event Manger The event registration and approval process generally follows these steps:</p> <ol style="list-style-type: none"> 1. The Event Manager creates the event and uploads an initial list of invited schools. 2. The hosting State Association submits their approval for the event. 3. The Event Manager pays any fees. 4. The invited State Associations submit their approval for the event. 5. The Event Manager coordinates with the State Associations to meet any requirements along with submitting updated and final lists of invited schools. 6. After all State Associations have approved the event, the NFHS submits their approval.
<p>Fees: None</p>	<p>Fees: Required</p>
<p>Deadline: must be filed at least 30 days prior to the event.</p>	<p>Deadline: must be filed at least 60 days prior to the event.</p>

Contact person: Todd Nelson at TNelson@nysphsaa.org

(518) 690-0771 x13

Mail to: NYSPHSAA 8 Airport Park Blvd. Latham, NY 12110

Fax: 518-690-0775

NYSPHSAA Director of Sanctioning: Todd Nelson

TOURNAMENTS- (ATTENDING): *if you are going Out of State with 4 or more schools or attending any 2(or more) team event sponsored, titled etc. by an entity outside the high school community. Your school must ensure that the contest is a sanctioned contest and must submit an online: Notice of Entry form...Click on this link :*

<http://www.nysphsaa.org/Sanctioning/NoticeofEntry.aspx>

(Complete the required items and hit the "submit" button).

Notice of Entry forms will be reviewed by the NYSPHSAA office and you will receive verification of your request.

DUAL MEETS

Make sure the out of state team is a member in good standing of their states association.

FYI if you ever need a letter from NJ State office: (609) 259-2776

<http://www.njsiaa.org/league-conference>

WEIGH – IN PROCEDURES

CERTIFYING SCALES:

Weigh-in's are to be done on a certified scale. To get a scale certified contact:
OC Bureau of Weights & Measures **845-360-6700**

WEIGH-IN ATTIRE: Competitors will be required at weigh-ins to wear a suitable undergarment that completely covers the buttocks and the groin area. Boxers, briefs, compression shorts or swimsuits are acceptable. Singlets, cut off shorts, or basketball shorts will not be allowed. In addition, for female competitors the suitable undergarment must also cover the breasts. One piece swimsuits, singlets will not be acceptable for female contestants.

(At no time is there to be a .2 or any other weight allowance granted for the weight of the undergarment).

FEMALES: When a school has a female competitor, there is an obligation for the school with the female wrestler to communicate with their opponent prior to their arrival. The NFHS procedures for female weigh-ins shall be followed. The rule states “the Referee, or other authorized person of the same gender shall supervise the weigh-ins”. With the increase in female participants, the NFHS Rules Committee has clarified the fact that a like-gender officials or authorized persons shall weigh in contestants which includes the weight check, hair rule conformity and communicable disease checks.

The following procedure is suggested: It is the responsibility of a school having a female squad member to notify opponents that a situation will arise whereby special accommodations and an authorized female shall be needed to verify the weight of a female participant(s) in private. If the host school cannot or does not wish to provide someone to monitor the weigh in, it is the responsibility of the female's school to bring a person with team to handle that responsibility. (National Federation).

Coaches of female wrestlers are encouraged to communicate with opponent to verify that an authorized female will be available to conduct the weigh-in.

HONOR WEIGH-IN'S

Dual meets scheduled on a school day shall use the honor weigh in procedure. A certified list of recorded weights signed by the Principal or Athletic Director shall be submitted at the official weigh in before the meet. In the event that one team has school on a school day and the opponent does not, Honor Weigh ins are allowed. Honor Weigh ins for non-school day, dual meet wrestling matches are **not** allowed. Honor Weigh ins are **not** allowed for any Tournament. Each wrestler who makes the scratch weight at the weigh in to be conducted prior to the school's first scheduled academic instruction period on the day of the match is permitted an allowance of 3 pounds at the mat side weigh in. A wrestler not making the scratch weight at the early weigh in **will not** be permitted the 3 pounds allowable and must make scratch weight at mat side in order to compete. The weight written down on the morning honor weigh in sheet locks the wrestler into a weight class for that day. (Therefore the wrestler can only move up one weight class from the locked in weight class). Weigh in administrators should **not** write down a weight on the honor weigh in sheet if the wrestler does not make weight. That wrestler, and any wrestlers, who were not present for the honor weigh in, must make scratch weight if they weigh in at matside. In the event that a competition is postponed or cancelled, the honor weigh in is not an official weigh in, and therefore does not count towards the 50% rule.

If a wrestler makes weight at the morning weigh in but does not make weight at the 3 lb. check at the matside weigh in, the weigh in **will** count (in regards to the 50% Rule) for the higher weight class, unless the coach scratches the wrestler from the weigh in sheet at the mat-side weigh in. If the wrestler is scratched from the weigh in sheet, the weigh in **will not** count towards the 50% Rule. If the wrestler is not scratched from the weigh in sheet, the weigh in **will** count towards the 50% Rule at the higher weight.

–Example: Wrestler makes scratch at 113 at morning weigh in but does not make weight at the 3 lb. check (weighing in at 116.2). They are eligible for 120 only (as they were locked in at the morning weigh in at 113). They cannot wrestle at 126.

S.A.T. accommodation for tournaments From 10/12/10 NYSWC Conf Call:

Each Section can determine how they want to handle the conflict. Suggestion: If an athlete cannot weigh-in for dual meet tournament due to the S.A.T. exam they can do a weigh-in at their home site (certified by an administrator) and then enter the tournament when the test is completed. If the S.A.T. falls on the first day of a 2-day dual meet tournament, they must do a weigh in at their home school (certified by an administrator) before being able to enter the tournament on the second day.

-All schools must now use the standardized NYS Honor Weigh-in forms.

Separate Honor Weigh-In forms exist: (either format is acceptable). **Form07** for dual meets and **Form08**-for tournaments. The tournament form has columns available for one day and two day weigh-in's. Both forms are available in either MS Word or MS Excel formats.

WEIGH-IN'S: DUAL MEETS

NFHS Rule 4-5-Articles 1,2,3 are replaced by the following in NYS: Contestants of the same gender shall have the opportunity to weigh in, shoulder-to- shoulder, wearing a suitable undergarment a maximum of 1 hour and a minimum of half an hour before the time a dual meet is scheduled to begin. When a preliminary meet is followed by a varsity meet, the 30 minute weigh in period for the second meet may, by mutual consent, precede the preliminary meet. The weigh in period shall extend no longer than 30 minutes and shall be conducted at the dual meet site. The referee or other authorized person of the same gender as the contestant shall supervise the weigh-ins.

WEIGH-INS: TOURNAMENTS

NFHS Rule 4-5-Articles 1,2,3 are replaced by the following in NYS: Contestants of the same gender shall weigh-in at the tournament site wearing a suitable undergarment a maximum of two hours and a minimum of half hour before the first session. The tournament manager shall establish the weigh in time within the maximum and minimum time period. The referee or other person of the same gender as the contestant shall supervise the weigh-ins. Weigh-ins for the second day of a tournament must be conducted on the second day, following the same time limits as the first day. Weigh-ins at the conclusion of the first day are not allowed. When a dual meet tournament lasts 2 days, the weigh-in will be treated the same as a regular tournament. The weigh-in on day one locks a wrestler into a weight class. A wrestler who does not make weight on day two, may not move up to the next weight class, and is scratched from the tournament.

Note: Since one day of rest is required between contests a wrestler cannot be pulled from a 2-day contest to enter a separate contest on the second day (even if the wrestler was eliminated on the first day of the 2-day contest). Example: If a team has a 2-day tournament and a dual meet scheduled on the same day as the second day of the 2-day tournament, a wrestler cannot be pulled from Day 2 of the 2-day tournament to wrestle in the dual meet on the second day as they will not have a day of rest between the two contests.

MINIMUM WEIGHTS

Minimum weights are only required for selectively classified wrestlers. A wrestler must weigh **in excess of 91** for the 99 lb weight class, **96** for 106, **185** for 220, and **210** for 285. These minimum weights do not increase when the 12/25 Growth Allowances take place. Minimum Weights **MUST** be met and **RECORDED** at the matside weigh-in. If the wrestler does not make the minimum weight at the morning honor weigh-in, the morning weight should not be recorded. The minimum weight must be exceeded at the matside weigh-in for the match to count toward the 50% rule. A wrestler who exceeds the minimum weight at the honor weigh in, is not eligible if they don't exceed it again at the matside weigh-in. Students in grades 9th thru 12th do not have to make minimum weights in the weights classes in which NYSPHSAA has specified minimum weights.

In a situation where a 7th/8th grader is 15 years old as of July 1st then they meet eligibility for high school and therefore do not have to make the minimum weights listed above. To avoid confusion at weigh-ins, as they will be listed as a 7th/8th grader on the weigh-in sheet but do not have to make minimum weights in the weights classes in which NYSPHSAA has specified minimum weights, the coach should present the **NYSPHSAA Wrestling Minimum Weight Waiver Form** as proof.

ADDITIONAL POUNDS

Under no circumstances may coaches agree to grant an extra pound(s) with the following exceptions:

- a. A 1 lb allowance is granted when schools have back to back competitions. (In tournament situations: if just one team in the tournament has back to back competitions, then all teams in the tournament get the extra pound. 48 hours notice is required to get the extra pound. 48 hours notice is required to get the extra pound). NHSF-Rule 4-5-5.
- b. A 1 lb allowance is granted when a competition is postponed for one calendar day for reasons beyond the control of the participation school(s) or if one teams practice (the day before a competition) is cancelled due to school policy (Example: Superintendent cancels after school activities due to weather). In these situations the other school should be made aware of the extra pound as soon as the first school learns of the cancellation, 48 hours notice is not required.

Suggestion: The day prior to a dual meet, all coaches should check the status of "After school activities" for their next day opponent's school (on the radio or internet) to keep this situation from occurring. If they learn their opponent is leaving school they should contact their opponent to confirm the extra pound(s) and not necessarily wait for their opponent to contact them. In the case of a tournament; a tournament director grants all the teams in the tournament an extra pound because one of the teams entered is wrestling a dual the day before the tournament. The dual the day before the tournament is cancelled (bad weather, etc). All teams in the tournament still get the extra pound. NFHS-Rule 4-5-5

Note: A school being closed for budget concerns does not give the teams an additional pound. The following examples do not allow for extra pounds: Most schools do not wrestle Monday dual meets as most schools are not allowed access to their buildings to practice on Sundays. No additional pounds are allowed for Monday dual meets. The same holds for a school not being able to practice on a Holiday Monday for a Tuesday dual meet. No additional pound is allowed.

- c. The maximum allowance to be granted is two (2) lbs. A third consecutive day of completion would grant this 2 lb allowance to the schools involved. A fourth and fifth consecutive day would require the 2 lb allowance to carryover. The allowance would never go to 3 lbs over.

Example: After December 25 the 2 lb growth allowance is in effect.

Dual Meet Tuesday: $99+2= 101$ lbs.,

Dual Meet Wednesday: $101+1= 102$ lbs.,

Dual Meet Thursday: $102+1= 103$ lbs.,

Tournament Friday: All teams in the tournament at 103 lbs.,

2nd day of Tournament on Saturday: 103 lbs. Since the maximum allowance is +2; that would mean NO EXTRA POUND for a second day of a 2-day tournament (if the tournament began on Friday with +2). The +2 would carry over from the first day. NFHS-Rule 4-5-5

Back to back matches (example):

Tuesday: Regularly scheduled Dual Meet Team A vs Team B: +0 for the dual meet.

Wednesday: Regularly scheduled Dual Meet Team A vs Team C: +1 for the dual meet.

Thursday: Regularly scheduled Dual Meet: Team C vs Team D:+2 for the dual meet.

ADDITIONAL POUNDS

Varsity Events following JV events (and vice-versa): Varsity and JV events are to be treated as separate entities with respect to allowing additional pounds. Example: If a wrestler participates in a JV tournament on a Friday, then a Varsity Tournament or dual meet on Saturday, there should be no extra pound allowed for Saturday's Varsity event. Tournament directors need to clearly identify if the tournament is a JV or Varsity event prior to the event. Just because there may be some individual Varsity wrestler's entered in a JV event, it should not be labeled as A Varsity event so as to take advantage of getting an extra pound the next day, or for inflating W-L Varsity records for post-season. If it is a JV event, it should be labeled as such.

Post-season wrestling tournaments: (namely Class and Sectional competitions that are involved in the process of selection of competitors for championship competition) do not allow for the extra pound on the first day (if a team happened to wrestle the day before). If the post season tournament is a two-day event, the extra pound will be given for the second day. Example: First day must be $99+2=101$ lbs (can never start at 102 lbs), Second day would be $101+1=102$ lbs (can never be 103 lbs.)

50% RULE

50% of the weigh-ins during the season must be at the minimum weight he/she will wrestle during the state tournament and post season qualifiers. An official weigh-in counts towards the 50% rule whether an athlete competes or not, as long as he/she is eligible to compete and has made weight at both the honor (a.m.) weigh-in (if used) and the mat side (p.m.) weigh-in, or just the mat side (p.m.) weigh-in if the honor (a.m.) weigh-in is not used.

- a. The 50% rule applies to a wrestler's total weigh in's and not their actual bouts wrestled. Example: A wrestler weighs in 14 times for 14 different contests but actually only wrestles in 8 of the 14 contests. The wrestler must have made weight at the desired post season weight class 7 (or more) times (which is 50% of 14 actual weigh in's) not 4 times (50% of the 8 contests actually wrestled).
- b. A wrestler who is **not eligible** to wrestle (academics, skin infection, etc) cannot weigh in.
- c. In addition, it is not encouraged for a Varsity wrestler to attend a JV match just to weigh in, with no intention to wrestle, just to count the weigh in towards their 50%. **Should this situation be brought to the attention of a Sectional Chairman, the Chairman should inform the school that they should not attempt to do this.**
- d. **Once the Section's first post-season qualifying tournament begins, the post season is considered to have begun for that Section. Any dual that is made up after that date will not count towards the 50% rule. These makeup duals (after post-season begins) will also not count for wins and losses for post-season seeding and the results should not be entered into the NWCA until after post-season has concluded.**

When a Section has both D1 and D2 tournaments, each will be treated independently. If one divisions post season qualifier begins prior to the other division, the division that has not yet begun their post season qualifier can continue to count matches wrestled since their division has not yet begun post season completion.

THE 50% RULE FOR NYS WEIGH-IN'S ***continued***

All wrestlers in NYS must have weighed in at their certified weight class a minimum of 50% of the time.

All wrestling teams in NYS are now under the **20 point rule** (see [page 21](#)) (Most teams will compete in 8 duals and 6 tournaments).

A wrestler with a full schedule will most likely weigh-in for 14 events: (8 Duals and 6 tournaments) but teams that opt for 16 duals and 2 T's could actually have 18 weigh-ins. A double weigh-in for a 2-day tournament only counts as one weigh-in as it is only one event.

Based on the actual number of weigh-ins for each individual wrestler the chart on the next page is used to determine how many weigh-ins are needed at a certain weight class to be able to compete at that weight in the post-season. The 50% rule requires you to round up to the next whole number for any fraction over.

THE 50% RULE FOR NYS WEIGH-IN'S

continued

CHART FOR CALCULATING 50% RULE:

TOTAL # OF WEIGH-IN'S	WEIGH-Ins X 50%	# OF WEIGH-IN'S NEEDED
6	3.0	3
7	3.5	4
8	4.0	4
9	4.5	5
10	5.0	5
11	5.5	6
12	6.0	6
13	6.5	7
14	7.0	7
15	7.5	8
16	8.0	8
17	8.5	9
18	9.0	9
19	9.5	10
20	10.0	10

NYS Honor Weigh-in forms: Form08 for duals and Form09 for tournaments must be kept on file to verify the correct number of weigh-in's.

Coaches should also bring the weigh-in form for tournaments to all tournaments they compete in.

If an injury occurs prior to the wrestler getting their required number of weigh-ins: they may not wrestle at the lower weight as they have not weighed in the proper number of times.

Form11-NYS-PointsAndWeighInTracking Form-15-16 is available for tracking each individuals points and weigh in's. It must be turned in prior to Sectionals to verify that your team is eligible for post season. (see Penalty: **page 21 & 50**)

RECORDING YOUR RESULTS

All Section 9 Coaches are required to email in, (or use the Section 9 Email form:

Form09-S9Dual ResultForm results of all home dual meets to:

The Record: Phone #: 1-800-295-2181 Fax #: 342-6024 and to **SectionIXWrestling@GMail.com**

All Section 9 Coaches are required to update your wrestler's records in the NWCA database in a timely manner. (You will be issued a password at the start of the season to access your team). A separate **TrackWrestling-DataEntry-16** document will be sent to you with specific instructions on how the database works.

All Section 9 Coaches are required (in a timely manner) to update your wrestlers: Results should be entered no later than 2 weeks after the event.

Form11-NYS-PointsAndWeighInTracking Form-15-16 to track their points and weigh-in's.

PROCEDURE FOR WEIGH-IN'S AND 50% RULE WHEN:

1. **Two duals are allowed on the same day due to end of season make up's.**
Permission from the Sectional Chairman must be granted. A limit of two per season.

School day:

Teams A, B, and C do honor weigh-ins at their schools.

Team A wrestles vs Team B after school.

Both teams get the 3 lb allowance at matside weigh-in.

Team A then travels to Team C for the second match.

Team A does not have to re-weigh, they must just provide the weigh-in sheet from the first dual meet. Team C weighs in one hour prior to scheduled start time (with an administrator) with the 3 lb allowance.

50% Rule: This is one weigh-in so it only counts as one weigh-in for the 50 % rule.

Weekend:

Team A travels to Team B and does a matside weigh-in.

Team C does an honor weigh-in at the same scheduled time as the Team A/B weigh-in.

Note: Honor weigh-ins are not normally allowed for weekend matches. This is a special circumstance due to a make-up match.

Team A then travels to Team C for the second match.

Team A must provide their weigh-in sheet.

Team C must have a matside weigh-in.

50% Rule: This is one weigh-in so it only counts as one weigh-in for the 50 % rule.

2. **Entering a 2-day: Dual Meet Tournament:** When a dual meet tournament lasts 2 days, the weigh-in will be treated the same as a regular tournament. The weigh-in on day one locks the wrestler into a weight class. If the wrestler does not make weight on day two, the wrestler may not move up to the next weight class. The wrestler is scratched from the tournament.

With respect to 7th/8th graders who must make a minimum weight:

On Day 1: If they weigh between 91.1 and 96.0 they lock in to the 99 lb. weight class for Day 1 and cannot wrestle at 106 (as they are in excess of 91 but are not in excess of 96).

To be consistent with how the other weight classes are treated: On Day 2: If they now weigh between 96.1 and 100, they must remain at 100 (99+1).). Even though they are now in excess of 91 for 99 and also in excess of 96 for 106, they cannot wrestle at either 100 (99+1) or 107 (106+1). The weigh-in on the first day, locked them into the weight class for the tournament.

50% Rule: The weigh-in on the first day would count towards the 50% rule even if the wrestler does not participate as the wrestler made weight and was eligible to wrestle.

3. **Entering a 2-day: Individual Tournament:** When an individual tournament lasts 2 days the weight class the wrestler weighs in at, on the NYS weigh-in form, shall be the weight counted towards the 50% rule. The wrestler may wrestle at that weight or move up one weight class. Should the wrestler opt to go up one weight class, the wrestler would not have to make weight at the lower weight class shown on the weigh in sheet on the second day because they are not entered at that weight.

50% Rule: As with the 2-day dual meet tournament (above), the weight class weighed in at on the NYS weigh-in form on the first day of a tournament counts towards the 50% rule. You do not have to make weight twice in the same tournament for it to count for 50% of your weigh-in's.

PROCEDURE FOR WEIGH-IN'S AND 50% RULE WHEN:

4. A wrestler is overweight for a tournament weigh-in:

Individual tournament: A wrestler enters an individual tournament at a weight class (126 lbs), gets on the scale and is overweight. They do not wrestle in the tournament.

50% rule : The wrestler may not count that weigh-in as a weigh-in for 132 lbs for the 50% rule because they did not wrestle in the tournament.

Dual meet tournament: If the wrestler in the above example was entered in a dual meet tournament, the wrestler could count the weigh-in for 132 lbs for the 50% rule as the wrestler entered is one of the eligible 132 lb wrestlers for their school. The coach will decide on a meet by meet basis if the wrestler will be used. It may be possible that the wrestler does not actually compete, but since they were eligible to compete in the tournament they may count the weigh-in. Even though they get to count the weigh-in, they are NOT charged 2 points for the tournament because they did not compete.

5. When Weigh-in is Out of State and 99 lbs is not contested:

A wrestler is entered in an out of state tournament where 99 lbs is not contested. The wrestler weighs in at 99 on the NYS weigh-in sheet but wrestles up at 106 lb weigh class.. The weigh-in counts for the 50% rule at 99 lbs.

6. Schools are cancelled:

(Snow days are treated like competitions with respect to extra pounds)

Situation 1: Back to Back Duals – Snow Day – Tournament

Wednesday: Regularly scheduled Dual Meet: +0 for the dual meet.

Thursday: Regularly scheduled Dual Meet: +1 for the dual meet.

Friday: Snow Day (No school)

Saturday: Tournament: All teams get +2 allowance

Situation 2: Snow Day – Dual – Tournament

Wednesday: Snow day (or schools cancelled) (Day 1),

Thursday: Teams who had school closed on Wednesday (Day 1) who have dual meets on Thursday (Day 2) will get +1 for the dual meet.

Friday: If any of the teams with the dual meets from Thursday (Day 2) then enter a tournament on Friday (Day 3): All teams in the tournament are at +2

Saturday: If the tournament is a 2-day tournament, the allowance remains at +2 (No allowance can ever exceed +2)

Situation 3: Dual – Snow Day – Tournament

Thursday: Regularly scheduled Dual Meet: +0 for the dual meet.

Friday: Snow Day (No school)

Saturday: Tournament: All teams get +2 allowance

PROCEDURE FOR WEIGH-IN'S AND 50% RULE WHEN:

6. Schools are cancelled: (continued)

(Snow days are treated like competitions with respect to extra pounds)

Situation 4: Dual – Dual – Tournament Snowed Out – Tournament

Thursday: Regularly scheduled Dual Meet: +0 for the dual meet.

Friday: Regularly scheduled Dual Meet: +1 for the dual meet.

Saturday: Regularly scheduled Tournament Postponed due to weather.

Sunday: Tournament: All teams get +2 allowance

Situation 5: Dual – Tournament Snowed Out – Tournament

Friday: Regularly scheduled Dual Meet: +0 for the dual meet.

Saturday: Regularly scheduled Tournament Postponed due to weather.

Sunday: Tournament: All teams get +1 allowance

Situation 6: Tournament – Tournament – Dual – Dual

Sunday: Due to make-ups: Teams enter in a one-day Sunday tournament.

Monday: Some of the teams who wrestled on Sunday are then entered in a Monday-Holiday tournament.

All teams in the Monday tournament are at +1.

Tuesday: Many of the teams from the Monday tournament are scheduled to wrestle dual meets on Tuesday which would be at +2.

Wednesday: Some of those same schools are also scheduled to wrestle again on Wednesday. The +2 remains in effect for the Wednesday duals as you can never go above +2.

Note: If Tuesday is a snow day and all schools are closed. Teams that were in the Monday tournament and closed on Tuesday would still get the +2 for the Wednesday dual meets.

Situation 7: Weekday match cancelled (due to reasons beyond school's control: weather, transportation etc),

If a team does an honor weigh-in in the morning and their opponent does not show up for the afternoon or evening match (due to reasons beyond their control: weather, transportation etc), the honor weigh-in does not count.

7. **Interrupted Duals:**

A dual meet is interrupted due to a situation beyond either teams control (Example: a power failure).

The dual meet should be made up the next day if both schools are available. If either school has a conflict it should be made up on a date agreeable to the schools involved.

The dual meet will pickup from the end of the point of interruption. Bouts in progress will be restarted.

If the dual meet can be made up:

The weigh-in sheet from the original match will continue to act as the official weigh-in sheet (as it locks the wrestlers into a weight class for this competition). A column should be added for the wrestlers that need to compete on the makeup day.

Normal rules for honor weigh-in's and granting additional pounds shall be followed.

If the dual meet cannot be made up:

The original weigh-in sheet shall count for the 50% rule. All individual results of the bouts wrestled shall be counted.

Each league can rule independently on the outcome of the dual meet. NYS will not mandate the outcome.

Examples could be:

- The dual meet could be entered as a "No Contest" with respect to the team score regardless of the score at the time it was interrupted.
- If one team had already clinched the dual meet, the bouts yet to be wrestled will be entered as "no contests" and the team score shall be counted.
- If no team had yet to clinch the dual meet, there will be no final team dual meet score and no team winner or loser.

PROCEDURE FOR WEIGH-IN'S AND 50% RULE WHEN:

8. Teams that do not show up for a dual meet:

Situation 1: Meet is not wrestled and **no weigh-in occurs:**

In situations where a team did not show up for a dual meet, the weigh-in is not conducted and the match does not occur:

The team available to wrestle the dual has one of two choices:

Choice 1: Schools involved agree to treat the meet as a “no contest”. No team or individual records are affected. No points are charged.

Choice 2: Schools involved agree to treat the meet as a “forfeit” A win and a loss is added to each team’s record. As per NFHS interpretation: Since no matches were contested no individual records would be affected.

Situation 2: Meet is not wrestled (not due to school closing**) and honor weigh-in occurs:**

In situations where a team does not show up for a scheduled match (not related to school closing or transportation problems) as they just do not want to wrestle the match.

The team that was in compliance to wrestle the dual has one of two choices: Choice 1: Schools involved agree to treat the meet as a “no contest”. No team or individual records are affected. No points are charged. The weigh-in does not count towards the 50% rule. Each team may reschedule another match with another team at a different date.

Choice 2: The meet will be treated as a “forfeit” A win and a loss is added to each team’s record. As per NFHS interpretation: Since no matches were contested no individual records would be affected. One point is charged to their 20 point maximum. For the weigh-in to count towards the 50% rule, a matside weigh-in must occur. The matside weigh-in and weigh-in sheet must be signed by someone (other than the coach) who is qualified to supervise morning honor weigh-ins.

Situation 3: Meet is not wrestled (due to school closing**), and honor weigh-in occurs:**

In situations where a team does not show up for a scheduled match because of conditions beyond their control (weather/transportation problems):

If the meet will be rescheduled:

The weigh in does not count towards the 50%, no team or individual records are affected and no points are charged.

If the meet will **not** be rescheduled:

The meet will be treated as a “no contest”. The weigh in **does not count** towards the 50%, no team or individual records are affected. Coaches need to be aware that this situation could cost an individual wrestler the ability to meet their 50% rule. **Every effort needs to be made to reschedule the meet to avoid this situation.**

Situation 4: If the dual meet (that wasn’t wrestled) was **part of a dual meet tournament (as **one team leaves** and does not wrestle their match):**

The meet will be treated as a “forfeit” A win and a loss is added to each team’s record. As per NFHS interpretation: Since no matches were contested no individual records would be affected. (Two points have already been charged to these individuals 20 point maximum as this was a tournament and the contest does count for the 50% rule as other rounds were wrestled). The dual meet will be recorded as a 1-0 team score (but the NWCA will show the team score to be 90-0 based on 15 weights at 6 points each).

PROCEDURE FOR WEIGH-IN'S AND 50% RULE WHEN:

Situation 5-If in a 2-day dual meet tournament a **team does not show up** for any matches **on the second day**, the following procedure will apply for all matches that were scheduled on the second day. Each team will earn a dual meet win by forfeit over the other team. Each team adds either a win or a loss to their team's record for every match that was scheduled. As per NFHS interpretation: Since no matches were contested no individual records would be affected.

TOURNAMENTS: WHEN IS A WRESTLER CONSIDERED TO BE OFFICIALLY ENTERED IN A TOURNAMENT?

NFHS Rule 4.5.6 states "a contestant representing a school in an individually bracketed tournament shall be named by weight class prior to the conclusion of the weigh in Interpretation from NFHS: Rule 10-2-1-"Failure to verify entries by a stipulated deadline or by the completion of weigh ins shall result in disqualification from the tournament. If a stipulated deadline has not been predetermined as per below, the deadline shall be the completion of weigh in's".

Example A: Dual Meet Tournament Weigh in

In a Dual Meet tournament wrestlers who are eligible to wrestle when the weigh ins conclude are officially entered in the tournament. (In this example, wrestlers who do not make weight can move up a weight class and still be officially entered in the tournament).

Example B: Scratch at Tournament Weigh in

When an individual tournament is seeded and the brackets are set prior to the tournament and the tournament director determines that the wrestlers may not change weight classes from that class they were entered at on the day of the tournament (whether seeded or not), then if a wrestler does not make weight at the weight class they were entered at, they are scratched at the weigh in. Their spot on the bracket sheet would become a BYE. (In this example, wrestlers who do not make weight are **not** officially entered in the tournament).

Example C: Scratch at Tournament Scratch Meeting

If the tournament director of an individual tournament announces there will an official coaches scratch meeting after weigh ins are concluded and before the brackets are prepared, the stipulated deadline is still the conclusion of the weigh in. Wrestlers who are eligible to wrestle when the scratch meeting concludes are officially entered in the tournament. (In this example, wrestlers who do not make weight are **not** officially entered in the tournament). The wrestler who cannot compete should be entered as a Bye. The tournament director can leave the Bye where it falls or re-draw the bracket.

Example D: Bracket Changes made as teams Weigh in

If the tournament director of an individual tournament allows wrestlers to change weight classes on the day of the event and the tournament scorekeeper (or their designee(s)) is in attendance at the weigh ins to make additions and deletions to the brackets as each team weighs in, then the stipulated deadline is the conclusion of the weigh in's. Coaches of wrestlers who do not make weight must inform the scorekeeper or designee if the wrestler is moving up to the next weight class. If the scorekeeper is not informed, then the wrestler is scratched and not entered in the tournament. Wrestlers who are eligible to wrestle when the weigh ins conclude are officially entered in the tournament. (In this example, wrestlers who do not make weight are **not** officially entered in the tournament).

TOURNAMENTS: WHEN IS A WRESTLER CONSIDERED TO BE OFFICIALLY ENTERED IN A TOURNAMENT? (continued)

Process for Sectional Tournaments:

Most Sections pre-draw the brackets. If a wrestler slated to wrestle one of the Top seeds decides not to show up the seeded wrestler should not get a Bye but instead earn a forfeit. Earning a Bye could easily have an impact on the Sectional team scoring as the top seeded wrestlers could lose opportunities of getting bonus points for pins/TF etc. Sectional Chairmen should announce prior to the start of their seeding meetings if the “no-shows” will be counted as Byes or Forfeits. If counted as forfeits:

Winner: Earns a win by forfeit over the school (but not a name of the specific opponent). Unless the bracket is re-drawn (perhaps because the wrestler who scratched was a seeded wrestler and the seeds are being rotated): In this situation the wrestler may now get a different first round match or even a bye.

Loser: The wrestler who forfeited does not take a loss on their record as they never actually entered the tournament.

Summary of Tournament Entry:

Once a wrestler is officially entered in a tournament, if the wrestler then need to be removed from the tournament: follow the rules for “WRESTLING FORFEITURES” (Situations 2 thru 11).

Once a wrestler is officially entered in the tournament, the tournament must count as one of their six allowed tournaments, as 2 points towards their 20 points, and as a weigh in towards their 50% rule.

WRESTLING FORFEITURES

Note: A wrestler who earns a forfeit does not have to wait 45 minutes before their next match. (Dec. 2010).

Note: Beginning with the 2013-14 Season: A forfeit will no longer be counted in the count of tournament matches wrestled in a day. In an individually bracketed tournament, a wrestler can compete in a 6th bout in a day if one of the previous bouts was a forfeit.

If the forfeit was received in a dual meet tournament and an exhibition bout is set up as the 6th bout of the day, **then no additional points will be charged to wrestlers who compete in exhibition matches.**

The following is provided to assist administrators and coaches to appropriately deal with forfeitures. Procedures for recording W/L Records:

INELIGIBLE WEIGHT CLASS

After a dual is wrestled, it is found out that a team used a wrestler at a weight lower than his/her certified weight (or at a weight above the State minimum weight: (Example: 8th grade 85 pounder wrestles at 99 and does not meet the 91 pound minimum), the team forfeits the dual meet and the wrestler takes a loss on his/her record. The won/loss records of the other wrestlers who wrestled in the dual meet are not affected and the results of their individual bouts stand. (NYSPHSAA Handbook-Penalties).

If, while a dual meet is in progress, it is discovered that an ineligible wrestler has competed, the dual meet becomes a forfeit. However, the meet will be wrestled to its conclusion so that the win/loss records of the other wrestlers who competed in the dual meet are not affected.

WRESTLING FORFEITURES (cont.)

Dual Meet Forfeits:

Situation 1: A team has multiple wrestlers weighed in at a weight class. When it comes time to produce a wrestler to compete at a weight class, the coach decides to forfeit the match.

Record as follows:

Winner: Earns a win by forfeit over the school (but not over any specific opponent)

Loser: There is no loser in this scenario, so no individual wrestler would take a loss on their record.

Tournament-Forfeits: Due to injury/sickness

Acceptable reasons for injury/sickness: All of the following are acceptable reasons why a wrestler may not compete due to an injury/sickness: On site trainer does not let wrestler continue, On site trainer approves wrestler to continue but the coach does not let them continue, On site trainer and coach approves wrestler to continue but wrestler does not want to continue, no on-site trained available, coach does not let wrestler continue, and no on-site trainer available, coach approves wrestler to continue but wrestler does not want to continue.

Summary: The forfeit procedure (to follow) basically attempts to make the number of losses that a wrestler must take for withdrawing from a tournament consistent for both Individual Bracketed tournaments and Individual Round Robin tournaments. With the exceptions noted in Situations 2 and 6 below, a wrestler who withdraws from a tournament will normally be charged with just two losses.

Tournament-Forfeits in Individual Bracketed Formats

Situation 2: A wrestler withdraws from a bracketed tournament.

Winners over the withdrawing wrestler: Earn wins by forfeit over the school and name of the wrestler who forfeited.

Loser (the withdrawing wrestler): The wrestler who withdrew takes a loss on their record against the school and name of the opponent they forfeited to in each and every round they are still scheduled to wrestle on the bracket.

Note: Most bracketed tournaments are double elimination so in this scenario the withdrawing wrestler is taking **two losses on their record**, as it would take two losses to remove them from the official bracket.

Note: If a wrestler had advanced to a semifinal (in a tournament that places the Top 6) the wrestler would receive **three losses on their record**: One for the semi, one for the consolation semi and a third for the consolation final for 5th/6th. The reason the wrestler would take an additional loss in this example is because they are earning a place in the tournament which would require an additional round beyond the double elimination.

Not making weight on the second day of a bracketed tournament:

Loser (the wrestler who did not make weight): The wrestler who forfeited takes a loss on their record against the school and name of the opponent they forfeited to in each and every round they are still scheduled to wrestle on the bracket.

Note: They would be denied their place finish in the tournament and the team would not receive any placement points for the wrestler (but the team would earn any advancement or bonus points earned by the wrestler)-2013-14 Wrestling Casebook Manual p.66 *10.2.7.

WRESTLING FORFEITURES (cont.)

Tournament-Individual Bracketed Formats

Sixth bout of the day:

Situation 3: A wrestler is not allowed to compete in a consolation round match because if they wrestled their next bout, it would be their 6th match of the day which would put them over the allotted 5 bouts per day.

Record as a “no contest”:

Winner: The wrestler who is eligible to wrestle (who has not exceeded their 5 bout limit) earns the higher place and earns a win by forfeit over the school of the wrestler who forfeited (not the name of the wrestler).

Loser: The wrestler would exceed the 5 bout limit: takes the lower place.

The wrestler who forfeited does not record the match and does not receive a loss on their record against the school and name of the opponent they forfeited to.

Note: If both wrestlers are not eligible to wrestle the consolation bout the two teams involved and both earn the lower place. Ex: Do not add the 5th and 6th place points and split them. There is no 5th place wrestler. Each wrestler will earn the 3 points for 6th place.

If a sixth bout of the day is wrestled the penalty for an ineligible wrestler as described in the NYSPHSAA handbook (page 99-100) would apply. In addition the violation must be reported to the Sectional Chairmen who must then report it to their Athletic Council for a determination if further action is required.

Tournament-Individual Round Robin:

Tournament-Forfeits: Following an injury default

Situation 4: If a wrestler loses a match by injury default, the next remaining match they were scheduled to compete in (immediately following the injury default) shall be recorded as a loss by forfeit. Any remaining matches to be wrestled will not be counted as losses for the injured wrestler.

To be recorded as follows:

Winners over the injured wrestler: Earn wins by forfeit over the school and name of the wrestler who forfeited.

Loser (the injured wrestler): The wrestler who is forfeiting must record the match and does receive a loss on their record against the school and name of the opponent they forfeited to in the next round after the injury default. They do not have to record any additional losses in any remaining rounds.

Note: In this example, the injured wrestler is taking **two losses on their record**, one for the actual injury default and the next remaining match.

Seeding: Wins and losses count for seeding but wins and losses by forfeit do NOT count as head to head wins.

WRESTLING FORFEITURES (cont.)

Tournament-Individual Round Robin:

Tournament-Forfeits: Due to injury/sickness

Situation 5: A wrestler is either: injured or sick in a previous match but completes it with no injury default and then determines they cannot continue due to the injury/sickness, or an injury/sickness occurs sometime prior to their next match (which could be in warm-ups prior to their first match). Because of this injury/sickness, it is determined that the wrestler cannot continue in their next match. The coach should inform the Head Table that the wrestler is being scratched for medical reasons. The next two bouts the wrestler was scheduled to wrestle become forfeits. All remaining matches are also forfeits but will not count as losses.

Record as follows:

Winners over the injured wrestler: Earn wins by forfeit over the school and name of the wrestler who forfeited..

Loser (the injured wrestler) : The wrestler who is forfeiting must record the next two scheduled matches and does receive two losses on their record against the schools and names of the opponents they forfeited to. They do not have to record any additional losses in any remaining rounds.

Note: In this example, the injured wrestler is taking **two losses on their record**, for the next two schedule matches only.

Seeding: Wins and losses count for seeding but wins and losses by forfeit do NOT count as head to head wins.

Tournament-Individual Round Robin:

Tournament-Forfeits: Re-Entering a Tournament (after a Forfeits due to injury)

Situation 6: Due to the nature of the injury or sickness a wrestler may forfeit a round of a tournament but return in a later round if they are feeling better. The coach should inform the Head Table when they originally scratch that there is a possibility that the wrestler may return in a later round and therefore the wrestler should not be removed from the round-robin bracket. The same procedures in Situation #2 and Situation #3 above will apply (should they re-enter but they have to scratch again). In this scenario a wrestler **could possibly earn four forfeit losses on their record** in the same tournament. The first two forfeit losses might be recorded when they first withdraw from two rounds due to injury/sickness. The second two forfeit losses could be recorded should they withdraw from a round due to injury/sickness a second time (after returning for a round or rounds after the initial forfeit loss).

Tournament-Individual Round Robin

Tournaments-Forfeit due to not wrestling on a 2nd Day:

Situation 7: A wrestler who advanced on a bracket to the second day of a round robin tournament does not show up, does make weight, or is sick or injured on Day #2. Although they never take the mat:

Record as follows:

Winners over the wrestler who is withdrawing: Earn a wins by forfeit over the school and the name of the wrestler who withdrew.

Loser (the wrestler who withdrew): The wrestler who withdrew takes a loss on their record against the school and name of the opponent they forfeited to in the next two rounds they were scheduled to wrestle. They do not have to record any additional losses in any remaining rounds.

Note: To stay consistent with recording forfeit losses in a bracketed tournament the injured wrestler is taking **two losses on their record**, for the next two scheduled matches only.

WRESTLING FORFEITURES (cont.)

Tournament-Individual Round Robin:

Weight Class is short entries

Situation 8: In a round robin pooled tournament a weight class is short one or more entry(s) due to a team(s) not having a representative(s) at that weight class. The missing entries become BYES and not forfeits.

Record as follows:

Winner: Earns a Bye in each round they were scheduled to wrestle a school without an entry.

Loser: There is no loser as no wrestler was entered in the weight class.

Tournament-Individual Round Robin:

JV wrestler inserted as a forfeit

Situation 9: In a round robin pooled tournament a weight class is short an entry due to a team not having a representative at that weight class. Another team enters a “JV” or “extra” Varsity wrestler in the weight to fill the bye. But this wrestler never actually wrestles; they are entered but will forfeit all of their matches.

Record as follows:

Winner: Earns a win by forfeit over the school and the name of the “extra” wrestler who forfeited.

Loser: The “extra” wrestler who forfeits each round takes a loss on their record against the school and name of the opponent they forfeited to for the first two rounds only. This “extra” wrestler must count the tournament as one of their 6 tournaments and it will cost them 2 points towards their 20 point maximum and they will take two losses on their record.

Tournament-Flagrant Misconduct Removal:

Situation 10: A wrestler is removed from a tournament for Flagrant Misconduct. The deduction of team points is three plus all points earned in the tournament by that wrestler. With respect to won/loss records: Even though team points and points earned from that individual are being deducted because of the flagrant misconduct, the previous matches still count because the bracket does not change.

Record as follows:

Winner by DQ: Flagrant Misconduct: Earns a win by DQ over the school and the name of the wrestler who was just disqualified.

Loser by DQ: Flagrant Misconduct: The disqualified wrestler takes a loss against the school and name of the wrestler they were wrestling at the time of the DQ. All wins and losses earned in the tournament prior to being disqualified are not erased and count on their won/loss record. Any other wrestlers who faced the disqualified wrestler prior to them being disqualified will have the wins and losses stand.

Example: If there is an 8-person bracket and Wrestler A won their quarter and semifinal match they would be 2-0 going into the finals match. The two matches are completed and the results count with respect to win-loss records. If the flagrant misconduct happens during the finals, it would be a loss for Wrestler A and a win for Wrestler B. Scoring: Deduct three team points and remove all previous team points earned in the tournament by Wrestler A.

Note: In cases where the wrestler who was DQ'd for flagrant misconduct still had scheduled matches to wrestle, the disqualified wrestler takes additional losses by forfeit against the school and name of the wrestler they were still scheduled to wrestle. The wrestlers they were still scheduled to wrestle earn wins by forfeit over the name and school of the wrestler DQ'd for flagrant misconduct.

Note: To be consistent, if the wrestler DQ'd for flagrant misconduct still had scheduled matches to wrestle in an **Individual Round Robin tournament**, then they would only take **two losses by forfeit** for the next two rounds they were scheduled to wrestle.

WRESTLING FORFEITURES (cont.)

Tournament-Withdrawal by School Administration

Situation 11: Reason for withdrawal is not the fault of the wrestlers

An entire school is withdrawn by their school administration (could either be forced to leave a tournament early or to not be able to return at all for a second day). Some possible reasons for withdrawal by school administration could be for weather conditions or if a team with only one coach, has an injured wrestler who must go to the hospital and the coach is required to go with him, thus leaving no one else to coach the team.

Record as follows:

Winners: Earn wins by forfeit over the school of the wrestler who forfeited (not the name of the wrestler).

Losers (team that left): The wrestlers who forfeited do not record the matches and do not receive losses on their record against the school or names of the opponent they forfeited to.

Forfeits effect on seeding:

Wins and losses by forfeit count for seeding but wins and losses by forfeit do NOT count as head to head wins. However, a wrestler who wins by forfeit will earn any available Seeding Competition Points for the win. (The logic is that there should be some type of penalty to keep wrestlers from not wrestling).

PENALTIES

PENALTIES FOR EXCEEDING MAXIMUM NUMBER OF POINTS:

If a wrestler exceeds the maximum points **or tournaments** permitted (as explained on Page 21) at any time during the season, the wrestler will be ineligible for the remainder of the season. In addition, the coach of the wrestler who exceeded the maximum number of points or tournaments will be suspended from the team's next previously scheduled competition and could be subject to additional penalties by their Sections Athletic Council.

If the individual exceeds the maximum points in a dual meet competition, the team will forfeit the match, the individual will lose by forfeit, but the individual performances of all the other matches would stand. If the individual exceeds the maximum points in a tournament competition, the team will earn zero team points, the individual will lose all matches competed in by forfeit, but the individual performances of all the other matches would stand. NYSPHSAA HANDBOOK.

PENALTIES FOR ALLOWING UNAUTHORIZED ADDITIONAL POUNDS:

Should a Sectional Chairman become aware of two teams allowing an extra weight allowance for any other reason, not specifically covered by the Additional Pound section above the following procedures will apply:

Dual Meet: The teams will both forfeit the dual meet. The weigh in sheet will be used to determine which individual wrestlers receive forfeit wins and losses. Each individual wrestler who accepted the extra pound will receive a loss on their individual records. Any individual wrestler who did not take the unauthorized extra pound will not be penalized and their individual match performance will stand.

Tournament: If a tournament allowed an unauthorized additional pound, all teams who had at least one wrestler accept the unauthorized pound will receive a team score of zero. The tournament weigh in sheets will determine which wrestlers accepted the unauthorized pound and their matches will be forfeited.

PENALTIES FOR INELIGIBLE WEIGHT CLASS

After a dual is wrestled, it is found out that a team used a wrestler at a weight lower than his/her certified weight (or at a weight above the State minimum weight: (Example: 8th grade 85 pounder wrestles at 99 and does not meet the 91 pound minimum), the team forfeits the dual meet and the wrestler takes a loss on his/her record. The won/loss records of the other wrestlers who wrestled in the dual meet are not affected and the results of their individual bouts stand. (NYSPHSAA Handbook-Penalties). **If the ineligible wrestler was competing in a Dual Meet tournament, the team would forfeit all Dual meets that the ineligible wrestler participated in. The ineligible wrestler would take losses for every bout they wrestled that day which could result in a maximum penalty of going 0-5 if they had 5 matches.**

If, while a dual meet is in progress, it is discovered that an ineligible wrestler has competed, the dual meet becomes a forfeit. However, the meet will be wrestled to its conclusion so that the win/loss records of the other wrestlers who competed in the dual meet are not affected.

SECTIONAL COMPETITION

ELIGIBILITY FOR SECTIONAL SPONSORED COMPETITION

Participation in a minimum of six (6) **contests** is required to be eligible for Sectional competition. Therefore, a wrestler must compete (exhibition, forfeit, varsity/JV match) and be charged with at least six (6) points towards their maximum number of points **and** the six required **contests** must be held on six separate dates.

Note: a 2-day tournament is only one contest.

REPRESENTATION: *To be eligible for sectional, intersectional, or state competition, a team must have competed in six (6) school scheduled contests during the season. Wrestlers must also have represented their school in (6) scheduled contests during the season to be eligible. These required contests must occur on six different dates and must be concluded prior to the conclusion of the team's regular schedule. NYSPHSAA HANDBOOK*

Section sponsored tournaments (Sectional Individual Or Sectional Dual meet tournaments) are not considered part of the regular season and do not count as contests towards the six required contests for eligibility, do not count as one of the six allowed tournaments, do not count as points towards the 20 point limit, and do not count as a weigh in toward the 50% rule. Team and Individual wins and losses from these events will count and should be entered into the NWCA results.

To enter into the Sectional Tournament an NWCA District Report form must be printed and signed by every wrestler and coach prior to the start of the post season qualifier seeding meeting. All Varsity results for individual wrestlers must be entered into the NWCA database prior to the post season seeding meetings.

NYSPHSAA STATE CHAMPIONSHIPS

AT-LARGE QUALIFIERS

At-Large competitors will be selected to fill bye in the tournament. This format allows for multiple entries from each section. The procedure and timeline for determining the At-Large Qualifiers for the season will be posted on the NYSPHSAA website and sent to all Sectional Chairmen for distribution to wrestling coaches and Athletic Directors prior to the start of the wrestling season.

NYS TOURNAMENT SEEDING

The procedure and timeline and mechanics for seeding the NYS tournament will be included on the NYSPHSAA website and sent to all Sectional Chairmen for distribution to wrestling coaches and Athletic Directors prior to the start of the wrestling season. "The NYSPHSAA Wrestling Committee maintains the authority to make adjustments in tournament seeding, through the appeal process, when the purpose and objective of the seeding procedure has not been met".

Previously scheduled matches or make-up matches held after the Sectional tournament would count for NYS Seeding. No other individual record or statistic forms are permitted.

NYS TOURNAMENT APPEALS PROCESS

If a coach at the state tournament feels that after talking with the mat official that a rule was misapplied, before leaving the mat they should request that the rules interpretation official be summoned. If the coach is still not satisfied with the explanation and the issue is not resolved a 3 person committee consisting of: the NYS Wrestling Chairman, the NYSWOA Rules Interpreter, and the NYSWOA President will be convened. If additional wrestling may be required, the wrestler should not leave the mat area. If no additional wrestling is required, the coach should not leave the wrestling mat area.



POST – SEASON TOURNAMENTS
2015-16

FRIDAY, FEBRUARY 12, 2016

DIVISION ONE -SECTIONAL QUALIFIER
@ MONROE WOODBURY H.S.

Start: 4:45 p.m. End: 10:00 p.m.

(16 entries per team – Outbrackets and Round of 16, Quarterfinals)
8 wrestlers per weight (Semifinalists and Qtrfinal losers advance to Saturday)

SATURDAY, FEBRUARY 13, 2016

DIVISION ONE -SECTION 9 TOURNAMENT
@ MONROE WOODBURY H.S.

Start: 10:30 a.m. Finals: 5:15 p.m.

Quarterfinal loser: wrestlebacks, Semifinals,
Consolation finals and finals
(Champions advance to States)

SUNDAY, FEBRUARY 14, 2016

DIVISION TWO -SECTION 9 TOURNAMENT
@ ULSTER C.C.C. (RONDOUT VALLEY)

Start: 12:15 p.m. Finals: 6:15 p.m.

(16 entries per team –Outbrackets, Quarterfinals, semi's, cons-semi's and Finals)
(Champions advance to States)

FRIDAY-SATURDAY, FEBRUARY 26 – FEBRUARY 27, 2016

NY STATE TOURNAMENT
DIVISIONS ONE AND TWO
@ TIMES UNION CENTER, ALBANY

SECTION 9 WRESTLING TOURNAMENTS
TIME SCHEDULES
2015-16

DIVISION ONE:

FRIDAY 2/12/16 QUALIFIER at MONROE WOODBURY HIGH SCHOOL 6 OFFICIALS

- 2 :30 - 3 :30 p.m. -Weigh-In's
- 3 :30 p.m. -Coaches Meeting
- 4 :45 p.m. -Outbrackets (4 mats) 50 bouts/4 mats = 12.5 (1 hr)
- 5 :45 p.m. -Round of 16 (4 mats) 8 x15 =120 bouts/4 mats = 30 (2 ¼ hrs)
- 8 :15 p.m. -Quarterfinals (4 mats) 4 x15 =60 bouts/4 mats = 15 (2 ¼ hrs)
- 10 :00 p.m. -Approximate finish time

SATURDAY 2/13/16 FINALS at MONROE WOODBURY HIGH SCHOOL 6 OFFICIALS (1-ALT)

- 9 :00 - 10 :00 a.m. -Weigh-In's
- 10 :00 a.m. -Coaches Meeting
- 10 :30 a.m. -Semifinals (2 front mats) 30 bouts/2 mats = 15 (2 ¼ hrs)
- Wrestlebacks (Qtrfinal losers) (2 back mats) 30 bouts/2 mats = 15
- 12 :45 p.m. -Break
- 1 :30 p.m. -Cons-Semifinals (3 mats) 2 bouts x 15wts =30/3=10=45 min
- 3 :00 p.m. -Consolation Finals (3 mats) 2 bout x 15wts = 30/ 3 mats=1 hr
- (Break down to 2-mats after 119 lbs)
- 4 :15 p.m. -Set up for Finals
- 5 :00 p.m. -Introductions
- 5 :15 p.m. -Finals (1 mat) (15 min. per wt class= 2 ½ hrs) (135 matches)
- 8 :00 p.m. -Approximate finish time

D1-SNOW CANCELLATION DATES ARE SATURDAY 2/14 AND SUNDAY 2/15

If Friday is cancelled tournament will begin on Saturday 2/14 with a 9:00 a.m. Weigh in and go thru Quarterfinals ending approximately 5:15 p.m. Finals would then be Sunday with 10:30 a.m. Weigh in and a 6:30 final, ending approximately 9:15 p.m. If Saturday is cancelled, tournament will be held on Sunday 2/15.

DIVISION TWO:

SUNDAY 2/14/16 FINALS at ULSTER C.C.C. (Host School: RONDOUT) 6 OFFICIALS (1-ALT)

- 10 :00 - 11 :00 a.m. -Weigh-In's
- 11 :00 a.m. -Coaches Meeting
- 12 :15 p.m. -Outbrackets/Round of 16 (3 mats)
- 12 :45 p.m. -Quarterfinals (3 mats) 4 x15 =60 bouts/3 mats = 20 (1.5 hrs)
- 2 :30 a.m. -Semifinals (2 mats) 30 bouts/2 mats = 15 (1 hr 45 min)
- 4 :30 p.m. -Break
- 5 :00 p.m. -Consolation Finals (2 mats)
- 6 :00 p.m. -Introductions
- 6 :15 p.m. -Finals (1 mat)
- 8 :30 p.m. -Approximate finish time

D2-SNOW CANCELLATION DATE IS MONDAY 2/16 (school holiday- same times)



Section IX Athletics

Robert Thabet, Executive Director

Section IX Championships – Neutral Site

Approved by the Section IX Athletic Council – Tuesday, September 16, 2014

The Section IX Executive Director, with input from the sport chairperson, will be responsible for determining where the Section IX Tournament Finals will be played in the event of a host team conflict at a designated site. The Executive Director will get involved with neutrality issues only when a particular sport's championship venue is formally called into question based on a host team's involvement in the finals.

With the implementation of the new Neutral Site Rule every effort should be made to choose a neutral site as close to participating schools as possible. The Section IX sports chairpeople should make this part of the decision making process on selecting a site for the Championships.

Robert Thabet, Executive Director
Section IX Athletics

SECTION 9 WRESTLING TOURNAMENT (INDIVIDUAL - STATE QUALIFIER)

SITE SELECTION:

A. THIS YEARS SITE AND FUTURE YEAR SITES:

The **2015-16** Division One Tournament will be held on two days: Qualifier on: Friday, **February 12** and Finals on: Saturday, **February 13**, at Monroe Woodbury High School (on 4 mats) with wrestle-backs to 6 places. The Division Two Section 9 Tournament will be hosted by **Rondout Valley HS at Ulster County CC, Sunday, February 14**, on 3 mats) with no wrestlebacks. NY State will continue the 2-Class system indefinitely. Sites for **2016-17** will be **TBA** for D1 and **TBA** for D2. Schools interested in hosting in **2016-17** must have the ability to hold 4 mats (D1) and 3 mats (D2) with adequate space for score tables and at least 1,000 spectators. Schools interested in hosting must send a letter of intent to the Section 9 Chairman as described below.

B. LETTER OF INTENT:

To be selected to host a Class Tournament any year in the future, a letter (e-mail) of intent must be sent to the Section 9 Chairman. This letter (e-mail) should give a brief description of your facility and formally express your interest in hosting the tournament for a stated year. This letter (e-mail) shall include signatures of the Athletic Director, and High School Principal. Once received, the Chairman will follow up by sending the school a **Request for Hosting worksheet**. The worksheet will list your schools mat availability, spectator capacity, and a budget for costs: including: facility rental, custodial fees, security fees, copying fees, etc. The worksheet will also provide a list of both paid and volunteer staff you will need to provide, supplies needed to host, and a list of areas of your building that will need to be designated for the tournament. Your letter of intent and worksheet will be evaluated by the Section 9 Chairman, Asst Chairman and OCIAA office. Based on number of requests received, a schedule of hosts by class will be developed for up to the next 4 seasons. The Section 9 Chairman will forward the names of the schools selected to host next season's sites to the Section 9 Secretary for notification.

Letters of intent for next season should be received by: MAY 1, 2016

CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS:

A. # OF QUALIFIERS:

Both Divisions One (Large) and Two (Small) will be open tournaments. **Each school in Division One and Division Two is allowed one additional Sectional entry for a total of 16 entries. You may not enter more than 2 wrestlers at a weight class but can enter your 16 wrestlers in any combination you want so long as you do not exceed two per weight.** Division One will compete in a two day tournament that will have full wrestlebacks to 6 places. Division Two will compete in a one day tournament that will wrestle the semifinal losers for 3rd/4th place.

CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

B. ELIGIBILITY RULE FOR PARTICIPATION IN SECTIONALS:

By [NYSPHSAA Handbook p.104](#):

REPRESENTATION: To be eligible for sectional, intersectional, or state competition, a **team** must have competed in **six (6) school scheduled contests** during the season. **Wrestlers** must also have represented their school in **(6) scheduled contests** during the season to be eligible. These required contests must occur on **six different dates** and must be concluded prior to the conclusion of the team's regular schedule.

To count a contest:

1-First the wrestler must be **eligible**:

The official weigh-in sheet that will be kept at the head table for each dual meet and tournament will list the wrestlers who were **eligible** to wrestle for that contest.

To be eligible and appear on the weigh-in sheet, you must meet the following three conditions:

1. **have made weight**
2. **be academically eligible**
3. **be physically eligible** (cleared of any injuries or skin rashes)

It is the responsibility of the coach, and not the official, to list the eligible wrestlers.

Just because you are eligible does not mean you can count the contest as one of your 6 contests. You must have actually wrestled or received a forfeit.

2-Second they must have **earned at least one** point toward their 20 point total from the event.

For the sport of wrestling: "**REPRESENTED**" is defined as competing (exhibition, forfeit, varsity/JV match) and being **charged with six (6) points** towards their maximum 20 points.

3-If they were eligible and they earned at least one point at the contest, the contest counts,

To compete in post-season tournaments, a wrestler must have appeared in 6 or more contests on six different dates. The rule is school specific. All six weigh-ins must be for the same school.

Just because a wrestler has 6 matches or 6 points on their record for seeding that does not mean they are eligible for post season.

EXAMPLES:

-Wrestling 3 matches at a tournament counts as 2 points but will only count as 1 contest. It is the responsibility of each coach to document that a wrestler has wrestled in 6 different contests.

-A 2-day tournament and/or a Tri-meet are each only one weigh-in and each only one contest, (even though you may have wrestled 3 or more times and accumulated either 2 or 3 individual points toward your 20 point total),

NOTE: Section sponsored tournaments (Sectional Individual Or Sectional Dual meet tournaments) are **not** considered part of the regular season and do **not** count as contests towards the six required contests for eligibility.

ELIGIBILITY WAIVERS:

A coach may request a waiver for an athlete who does not meet the maximum number of contests due to injury. The request must be made to: Bob Thabet: Section 9 Executive Director **(in writing) prior to the post season tournaments.**

Bob Thabet-Section 9 Executive Director 53 Gibson Road, Goshen, NY 10924

Fax: 291-7306 e-mail: rthabet@sectionixathletics.org

CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

C. DEVELOPMENT OF BRACKETS BY WEIGHT CLASS:

Coaches will meet prior to the tournament and apply a pre-approved seeding criteria, to determine the seeds. Preliminary brackets will be set up at the seeding meeting. Finalized brackets will be prepared after weigh-ins to account for scratches, movements, and forfeits.

D. WEIGH-IN's:

By Federation rule, p.16, art. 2, contestants shall have the opportunity to weigh-in, shoulder-to-shoulder. The S9 Chairman will set the weigh-in time a maximum of two hours, prior to the start of competition. D1 Winners from Friday **2/13** must weigh in again on Saturday **2/14**. Teams will weigh-in in the same order listed for: 99 lbs on the Seeding Rotations document.

E. WEIGHT CLASSES:

By direction of the NYSPHSAA there will be a **2 pound growth allowance** for the **2015-16** season. Wrestlers must have made weight at their sectional weight class a minimum of **50%** of the time during the season. Competition weight classes for the Section 9 tournament will be **scratch +2 (scratch +3 for D1 on the second day)**.

F. WEATHER DELAY:

The decision to institute a weather related delay shall be made by the Section Chairman no later than two hours prior to the scheduled weigh-in time. Either an hour or two hour delay shall be declared at decision time, with adjustments made to the time schedule.

As per the S9 Athletic Council Policy of 9/9/08: In Sectional competition involving multiple schools, the Section Chairman will advise the Executive Director or Designee of any adverse conditions. The Executive Director or Designee will consult with the participating schools then decide whether to hold or cancel the competition.

In the unlikely event that the tournament cannot be held, the Executive Director or Designee in consultation with the Sectional Chairman will determine the Sectional Champions at each weight class. Under ordinary circumstances, this will be the highest seed. If due to unforeseen circumstances, this highest seed is not chosen, the selection of the Section Champs at each weight by the Executive Director or Designee is final and binding.

Phone Tree:

Sectional Chairman calls:

Section 9 Executive Director

Section 9 Executive Director calls:

AD of host school, OCL Coordinators office, S9 Chairman

Based on decision of Executive Director:

Sectional Chairman calls:

All head coaches of teams competing

OCL Coordinator calls:

Head official

G. LATE ARRIVAL:

If for some unforeseen reason your team will arrive late for weigh-in's it is the responsibility of the head coach to place an alert phone call. Section Chairman Cell: **845-591-1498**. Also call: -the site of the tournament (Phone # given at seeding meeting)

CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

H. ADMISSION FEES:

The following fee structure was approved for wrestling. These fees have been agreed upon to off-set sectional tournament expenses. The tournament will be held in 2 separate sessions.

<u>DIVISION ONE:</u>	STUDENT	ADULT
<u>FRIDAY 2/12:</u> OUTBRKTS-ROUND 16-QTRS	\$3.00	\$ 6.00

<u>SATURDAY 2/13:</u> SEMIFINALS ONLY	\$3.00	\$6.00
CONS & FINALS ONLY	\$3.00	\$6.00
ALL DAY SATURDAY	\$5.00	\$10.00

<u>DIVISION TWO:</u>	STUDENT	ADULT
<u>SUNDAY 2/14:</u> QTRS & SEMI's ONLY	\$3.00	\$6.00
CONS & FINALS ONLY	\$3.00	\$6.00
ALL DAY SATURDAY	\$5.00	\$10.00

I. GATE LIST:

Head coaches of each school will receive full day passes for administrators, coaches, and other personnel, who require entrance privileges, **at the Section 9 Seeding Meeting**. Envelopes for each school will be made available at the gate, for guests that coaches were not able to get passes to, prior to the tournament. If a school exceeds a maximum of 20 passes, the District will be billed for any number over. (As per S9AC Minutes 4/5/05).

J. PROGRAM:

A program shall be developed and supported by the Friends of Section 9 Wrestling Coaches Association. Each school shall submit a full or half page ad. Bracket sheets and competitor's names shall be included with the program. Each team submitting ads will receive a complimentary copy of the program.

K. REFEREE SELECTION:

Coaches are encouraged to submit: Referee Rating Cards throughout the season. The Section 9 Chairman will request the top rated officials from the OCIAA and MHAL offices. Representation shall be: **6** of the top officials available to officiate the Division 1 on Day 1, **6** of the top officials (plus **one** alternate) available to officiate the Division 1 on Day 2 at **Monroe**, and **6** of the top officials (plus **one** alternate) available to officiate the Division 2 tournament at **U.C.C.C**. The selection criteria shall be based upon, but not limited to: official in good standing, current ranking by rating cards, tournament experience, and current selection to the NY State Wrestling Tournament.

CURRENT YEAR SECTION 9 TOURNAMENT- SPECIFICS continued:

L. AWARDS CEREMONY:

Individual Medals shall be awarded to in each weight class as follows:
1st, 2nd, 3rd, 4th for Division One and 1st, 2nd, 3rd for Division Two.

Champions shall receive: Wall charts, medals, and patches the night of the finals.

Plaques and patches shall be awarded to the 1st place team only, in each division: as determined by the tournament team scoring system.

S9 Dual meet Championship plaques and patches (D1 & D2) and League Championship plaques will also be presented at the conclusion of the finals.

A “**Most Outstanding Wrestler**” plaque shall be awarded to the wrestler who has been selected by a poll of head wrestling coaches. Coaches will also vote to determine the **Michael DeCapua Award** for the: **Most Exciting Match of the Finals**. (Both wrestlers in this weight class will receive plaques). Plaques are purchased and donated by the Friends of Section 9 Wrestling. The awards ceremony shall occur during the finals at the end of each weight class following a 2 weight class delay:

At the end of the 113 lb final: Awards for the 99 lb. classes shall be presented. At the end of the 120 lb final: Awards for the 106 lb. classes shall be presented, etc. Award recipients should wear their team warm-up top. No hats worn on awards stand.

M. OTHER:

1. **No wrestle-backs** will be held in D2. Semifinal losers wrestle for 3rd and 4th place. **Wrestle-backs** from Quarters will be held in D1 for 3rd thru 6th place.
2. An **appeals committee** consisting of a referee, Coach of Host school, and Section 9 Chairman shall be present to hear and resolve potential problems. If an appeal committee member is associated with a school who initiates such appeal, then the Section 9 Chairman shall appoint a neutral party to represent the vacancy created.
3. **No substitution** of a wrestler is permitted once initial weigh-ins are concluded and the tournament has been bracketed. Winners will advance to the NYS tournament.
4. Winners by **Forfeit** (as defined within the tournament) will receive appropriate team points as listed in the rule book.
5. “**At Large**” **wildcards** will be announced for qualifying 2nd or 3rd place finishers by the Wednesday following the tournament.



Section IX Athletics

Robert Thabet, Executive Director

Section IX Emergency Preparedness and Crowd Control

D. Check List

Directions: Please instruct your Site Chairperson(s) to verify each of the following measures will be in place at the time of your sport's tournament.

Have this checked and signed prior to the Section IX Tournament. Forward a copy to the Section IX Office, c/o Section IX Secretary. Fax number: 845-291-7306.

- A site emergency plan is in place for the Section IX Tournament.
- The local authorities (fire department, police, and school personnel) have been contacted on reacting to an emergency.
- Plans have been made to have the tournament site secured prior to team/spectator arrival.
- Evacuation routes for cars and pedestrians are planned.
- Proper supervision (police and non-police) including duties outlined and times to remain on site has been arranged.
- Participating schools have been notified of all emergency and crowd control measures that will be in place before, during and after the tournament.
- Parking for contest officials and emergency medical personnel has been provided.
- Our announcer will be familiar and possess a copy of what to broadcast in case of emergency.

Sport: _____

Date: _____

Signature/Title: _____

Section IX Athletics | 53 Gibson Road | Goshen, NY 10924 | Phone: (845) 294-6799 | Fax: (845) 291-7306

Web site: <http://www.sectionixathletics.org>

ATHLETIC DIRECTORS HOSTING SECTIONAL EVENTS MUST COMPLETE:
S9 DUALS: GOSHEN, WALLKILL, NEWBURGH S9 TOURNAMENT: MONROE, RONDOUT



SECTION IX ATHLETICS

Robert Thabet, Executive Director

December 4, 2008

Dear Sports Chair:

As per the discussion at the December Section IX meeting, I am asking that you put the following directive in your handbook:

In the event that you schedule an ambulance to be present at a sectional contest, please make sure that ambulance drivers have printed directions available to the hospital(s) where they would transport an injured athlete. These printed directions should be given to school personnel and/or parents as needed."

Thanks for your cooperation.

Robert Thabet
Executive Director, Section IX

AED PROVISION

Directions: Please complete the form below indicating that the Section IX Tournament site(s) will have an Automated External Defibrillator(s) (AED) provided with trained personnel available for the AED's proper operation in case of an emergency. File this form with your paperwork as Site Chairperson. Make sure all site personnel are aware of your procedures.

An AED and trained personnel to operate an AED will be present at the site(s) being used for the Section IX Tournament in my sport.

The personnel and equipment will be provided by:

(name of organization or institution/school)

Signature

Sport

Date

Section 9 Tournament Seeding Meeting 2015

Two separate seeding meeting will be held for both Divisions

	DATE	TIME	LOCATION
DIVISION 1	WEDNESDAY, February 10	3:30 pm	Newburgh Free Academy Lecture Room
DIVISION 2	SATURDAY, February 6	11:30 am	Warwick Valley (during the S9-JV tourn)

MANDATORY ATTENDANCE REQUIRED OF ALL COACHES

- **This will be the OFFICIAL seeding meeting.** Only scratches and weight class changes (for wrestlers seeded at more than one weight class) and name changes will be considered the day of the tournament. Come prepared. We will not consider “missed” common opponents or “missed” Competition Points the day of the tournament. Once the meeting is concluded you may not go back and appeal a weight class unless an error in applying the seeding criteria or if incorrect information provided by an opposing coach that allowed them to earn a seed above you can be documented.
- **Each team is allowed one additional Sectional entry for a total of 16 entries (vs the current 15). You may not enter more than 2 wrestlers at a weight class but can enter your 16 wrestlers in any combination you want so long as you do not exceed two per weight.** When you leave the seeding meeting you must lock in your 16 entries. You will not be allowed to enter replacement wrestlers on the day of the tournament at weights where you did not have an original entry.
- **Wrestlers will be allowed to move up or down weight classes on the day of the tournament.** You may seed a wrestler at more than one weight class at this meeting. Before you leave the meeting, make a preliminary decision as to what weight your wrestler will be competing at. **If you have not seeded a wrestler at more than one weight you may not move a seeded wrestler on the day of the tournament.** Wrestlers may only compete at weights they were seeded at. If they were seeded at a weight, they cannot change weight classes to a weight class they were not seeded at. They will have to wrestle at one of their seeded weights, or be scratched.
- **A coaches meeting will following weigh-ins at the actual tournament.** Remember, your wrestler must have **50%** of their matches (documented with weigh-in sheets) at the weight being seeded at. Time constraints prohibit us from meeting and making numerous changes for an hour or more prior to the start of the actual tournament. Only scratches and weight class changes (for wrestlers seeded at more than one weight class) and name changes will be considered at this meeting.

SECTION 9 TOURNAMENT - SEEDING CRITERIA

2015-16 SEASON

Each coach will be responsible for adhering to the following, prior to the seeding meeting:

1. Fax your tentative lineup with W-L records (on the form provided prior to sections) to the Section 9 Chairman prior to 8:00 pm on: **Friday 2/05/16-D2 & Monday 2/08/16-D1**
2. To enter into the Sectional Tournament a TrackWrestling: NYSPHSAA-Season Record Form must be printed and signed by every wrestler and coach prior to the start of the Sectional tournament (preferably at the seeding meeting). All individual wrestlers Varsity results must be entered into the TrackWrestling database prior to the post season seeding meetings. No other individual record or statistic forms are permitted. **THE SHEETS MUST BE SIGNED BY BOTH THE COACH AND THE WRESTLER**
3. To be consistent on recording Individuals records:
You must follow the new rules for recording FORFEITS (pages 45-49)
4. Prepare a packet for your school. The packet will consist of the TrackWrestling forms you have prepared for each wrestler you are entering, listed in weight class order. If you have a full team, then your packet will consist of at least 16 pages (more if an individual wrestler's printout is more than one page). Please photocopy the packet in order from 99-285 pounds.
5. Make a photocopy of your packet. The Section Chairman will need the original and you will need a copy. (With most having internet/phone access to TrackWrestling, it is no longer needed to make packets to share with other coaches).
6. **Bring all of your weigh-in sheets** (duals and tournaments).
Bring Form 11- NYS-PointsAndWeighInTracking Form

Note: JV and Assistant coaches may attend the meeting, but may not participate in the actual seeding. JV coaches may communicate their opinions through the Varsity coaches, but the Chairman of the meeting will not recognize them.

Please come prepared and on time to the meeting.

Pizza and soda will be provided by the Friends of Section 9 Wrestling.

SECTION 9 TOURNAMENT - SEEDING CRITERIA **2015-16 SEASON**

-To be eligible for Sectionals: Wrestlers must have at least 6 separate competitions and **50%** of their weigh-ins at their seeded weight.

-D1 will seed all wrestlers with winning records (or losing records with criteria to go over a winning record). D2 will seed all wrestlers with winning records. Wrestlers with losing records will be seeded by winning percentage. (Only the Top 6 will be considered for name substitutions or reseeding).

-Wrestlers who do not show up at the weight they were seeded at will be allowed to participate and brackets will be adjusted.

-Coaches may seed a wrestler at more than one weight class at the seeding meeting, but must make a preliminary decision as to the weight the wrestler will be competing at, before leaving the meeting.

-Schools that wish to enter an additional (second) wrestler at a weight class must do so at the seeding meeting. The additional (second) wrestlers may not change from the weights they were entered. If the additional (second) wrestler scratches a different name can be entered at weigh-in's but they must be at the same weight class. By the end of the night of the meeting schools must lock in their 16 entries.

D1-PROCEDURE FOR BRACKET DEVELOPMENT:

1. The S9 Rotations document will be updated before the meeting to determine the starting point for the non-seeded wrestlers. The D1 or D2 team at the bottom of the previous year's rotation will be moved to the top for the current season and each other team will drop down one spot. .
2. When the tournament is seeded: The eight seeded wrestlers will be placed on the appropriate lines. BYES (if needed) will go to the top seeds.
3. The starting point for 99 lbs will be the school at the top of the rotations document. The starting point for 106 lbs will be the school that follows the 99 lb. school alphabetically. Each additional weight class will follow with the next school in the alphabet.
4. **In situations where a school has more than one non-seeded entry, coach will have choice of who to place on which line, after all names have been entered.**
5. A non-seeded wrestler will not wrestle another wrestler from their school in the Outbrackets, Round of 16, or **Quarterfinals**.
6. The unseeded wrestlers will then be placed on the unseeded line numbers with the starting-(drawn school) **on Line of the next available seed.** If a conflict exists, the next available school will be used then the school removed due to the conflict will be immediately put back into the draw at the next available line.
7. The draw of the non-seeded entries will **not** be adjusted at the final meeting on the day of the tournament .

Seed#1=

Seed #16=

Seed #9=

Seed#8=

Seed#5=

Seed #12=

Seed #13=

Seed#4=

Seed#3=

Seed #14=

Seed #11=

Seed#6=

Seed#7=

Seed #10=

Line #14=

Seed#2=

SECTION 9 TOURNAMENT - SEEDING CRITERIA **2015-16 SEASON**

-Coaches will apply the following criteria to determine the seeds:

CRITERIA FOR SEEDING WRESTLERS:

COULD BE CHANGED TO MATCH NYS TOURNAMENT CRITERIA BEING USED BY OTHER SECTIONS

1. HEAD TO HEAD VICTORY

(All matches wrestled during the year count for Head to Head)

2. COMMON OPPONENT VICTORIES

(All matches wrestled during the year count for Common Opponents)

3. RETURNING STATE PLACE-WINNER AT ANY WEIGHT CLASS

4. RETURNING SECTION 9 CHAMPION AT SAME WEIGHT CLASS

5. RETURNING SECTION 9 CHAMPION AT 1-WEIGHT CLASS AWAY

6. RETURNING SECTION 9 CHAMPION AT ANY WEIGHT CLASS

7. MOST COMPETITION POINTS EARNED

When you beat a NYS Sectional Place winner (or out of state: district or state finisher) from **2014-15**, you will earn either: 5 points, 4 points, 3 points, 2 points, or 1 point or a **2015-16** Eastern States Placewinner: 1st/2nd=3 points, 3rd/4th= 2 points, or 5th/6th=1 point as per the [S9-Results-13-14-ALLSections document](#)

(NYS place finishers must be listed in this document),

(Out of state place finishers must be documented by the coach)

5 points if they were a **State Finalist** (CT-Open)in the **Top 2**

4 points if they were a **State Place winner** (CT Open) (Places **3rd -4th**)

3 points if they were a **State Place winner** (CT Open) (Places **5th -6th**)

2 points if they were a **Section or District** (CT-LL's) **Finalist**

1 point if they were a **Section or District** (CT-LL's) (Places **3rd-4th**)

No points earned for D1 victory over D2 (non-state) place winner.

No points earned for out-of -state **Regional** place finishers (CT-SWC).

No points earned for beating wrestler who placed in **2014**

(unless the wrestler was from Section 9)

8. RETURNING S9 PLACE WINNER (TOP 4) AT SAME WEIGHT CLASS

9. RETURNING S9 PLACE WINNER (TOP 4) AT 1 WEIGHT AWAY

10. BEST OVERALL PERCENTAGE RECORD (Must have 10 or more matches)

11. COIN FLIP

NOTE: When a wrestler moves up from a weight class where they have been wrestling all year, if they have NO Head to Head or Common Opponents with any other wrestlers in the weight class, they will be seeding using the above criteria, **BUT....** the Highest seed they can earn is 6th seed.

SECTION 9 TOURNAMENT:

RULES FOR SEED MOVEMENTS

At the conclusion of weigh-ins, In the event that one or more wrestlers in a weight class need to be changed, the following guidelines will be used in moving wrestlers within the bracket.

No weight class should have a situation where a wrestler advances from the quarters to the semifinals due to a BYE, (unless there are less than 8 total wrestlers in the bracket).

Schools that wish to enter an additional (second) wrestler at a weight class must do so at the seeding meeting. The additional (second) wrestlers may not change from the weights they were entered. If the second wrestler does not compete, the rules for name substitutions and scratches (listed below) will apply.

NAME SUBSTITUTION:

A different name of a wrestler from the same school may be substituted on the same line of the bracket that the school originally held. The seeds do not have to be adjusted unless the name of the new wrestler has criteria to be seeded within the **Top 8** seeds (**Top 6** for D2).

If a wrestler now enters a weight class with criteria to be seeded in the **Top 8** (**Top 6 for D2**), he will be seeded in the appropriate spot and **All** seeded wrestlers in the bracket shift to the newly seeded positions and the rotation will be reapplied. Lines without wrestlers become **BYES**.

Non-seeded wrestlers will NOT cause the predetermined bracket to be redone (based on the rotation system used for that weight class).

The addition or deletion of a seeded wrestler that cause the seeds to shift will also allow the rotation to be reapplied with the remaining wrestlers.

WRESTLER SCRATCHES WITH NO SUBSTITUTION:

If a wrestler **not** seeded scratches and the school does not have a replacement wrestler to fill the spot, the bout will be considered a **FORFEIT** and team points will be awarded. The FORFEIT will be inserted into the bracket sheet and will remain a FORFEIT, even if the bracket is redrawn. **This includes situations where additional wrestlers from the same school are entered.**

NYSPHSAA STATE CHAMPIONSHIPS

AT-LARGE QUALIFIERS

This came about in order to fill the four Byes at each weight class at the NYS tournament in both D1 and D2, to make it more equitable for each wrestler in the tournament. At-Large Qualifiers allow some of our most qualified wrestlers (who are in the same Section as the best wrestler in the state) to also be able to compete. This format allows for multiple entries from each section at certain weight classes. The procedure and timeline for determining the At-Large Qualifiers for the current season will be sent to all Sectional Chairmen for them to distribute to all wrestling coaches and Athletic Directors in their sections prior to the start of the wrestling season.

The committee wants the four wildcards to be the next best available wrestlers who have not yet qualified for the tournament. It does not matter what section they are from. It is possible for a Section to have two wildcards at one given weight class and none at any of the others. It is possible for one Section to have a wildcard at every weight class and another Section to have no wildcards. The reverse could happen in the next year.

FORMULA FOR DETERMINING THE WILDCARDS:

The Wrestling Committee finalized the exact formula with their 09/30/15 Meeting.

Wildcard applicants will earn points in three ways:

1-**Current season**: Won/Loss record: Difference between wins and losses.

A Maximum of 35 points is allowed.

2-**Bonus Points** based on prior year Sectional and State place finishes. Each Section is assigned a "LEVEL" for earning these points (based on a percentage breakdown of the number of schools in each Section). It should be harder to place in a Section with more schools in their Sectional Bracket than in a Section with less schools in their Sectional bracket. For **Division 1**-Section 9 =**Level B**. For **Division 2** –Section 9 =**Level C**

3-**Power points** based on the past 6 year history of how many place-winners your Section has had at the NYS tournament. (The Section's Highest placer at each weight is the one who earns these points).The Power point scale will be adjusted on an annual basis to always reflect the most recent six years.

Top 4 Sections: Earn +10, Middle 4: +5, Bottom 4: do not earn any.

For 2015-16: Section 9 **D1** earn: **+5**, Section 9 **D2** earn: **0**

4-**Competiton Points**: 6 pts for defeating a Federation State

Champ, 5 points for a runner up, 4 pts for 3rd, 3 pts for 4th, 2 pts for 5th, 1 pt for 6th.

Wrestlers earn the points every time they beat a Federation place winner.

5-A **Tie-Breaking criteria** has been developed if total points are the same.

NYS TOURNAMENT SEEDING

The Sectional Chairman will meet with all coaches (with state qualifiers) at the: Thursday 2/19 practice to review each qualifier's seeding points and Head to Head Victories earned over other state qualifiers.

The actual NYS Seeding meeting will be held on Saturday: 2/20 at the NYSPHSAA office in Albany. The meeting must be attended by the Sectional Chairman or their designee. Wrestlers in both Divisions will be seeded and brackets created. The meeting normally lasts the entire day. You will be notified via e-mail when the brackets will be available on-line at official tournament website: www.NYSPHSAAwrestling.com. Sectional Chairmen will meet in Albany late Thursday afternoon 2/25 to make any final revisions to the brackets prior to weigh-in's the next morning.

MODIFIED

Game Conditions: See chart p. 139, 2015-2016 NYSPHSAA Handbook.

1. A contestant (or team) may participate in competitions not to exceed **14** points during their season. Points assessed to competitions are as follows:
 - a) 1 Point Meets are any competitions where a wrestler or wrestlers compete in one or two bouts.
 - b) 2 Point Meets are any competitions where a wrestler or wrestlers compete in 3 bouts.
2. No contestant (or team) can accumulate more than **10** points out of the maximum **14** points allowed via 2 point contest, **so no contestant (or team) may have more than 5 of the 3 bouts in a day type of competitions.**
3. No contestant (or team) can accumulate more than 3 points per week.

Examples of Points:

# of contests	# matches at the contest	Total matches wrestled	Total points charged
5	3	15	5 x 2=10
4	2	8	4 x 1= 4
		23	14

= Max pts allowed

# of contests	# matches at the contest	Total matches wrestled	Total points charged
14	2	28	14 x 1=14
		28	14

= Max pts allowed

4. There shall be no competition between wrestlers with an age difference of more than 24 months.
5. At least 2 nights shall elapse between contests.
6. The time periods for bouts shall be as follows:
 - a) If a contestant competes in only one bout per contest, the time periods are:
 - Program 1: Three 1 and 1/2 minute periods
 - Program 2: 1st Period - 1 minute
 - 2nd and 3rd Periods - 1 and 1/2 minutes
 - b) If a contestant competes in two or three bouts per contest, the time periods will be either: (1) Three 1 minute periods, or (2) 1st Period: 1 minute; 2nd and 3rd Periods: 1 1/2 minutes. There must be a 45 minute rest period between bouts.
 - c) With Section approval, a sudden victory overtime period shall be permitted in modified wrestling. Wrestlers must start in the standing position, and the period shall not exceed 30 seconds. (May 2010)
7. Weight Control:
 - a) The Physical Education Director shall establish each wrestler's weight class prior to the first match. A contestant may not wrestle out of this established weight class except as indicated under (b).
 - b) No attempt at weight reduction before the official weigh in is permitted except on written permission from the parents and a written recommendation of a physician. Once a wrestler is established in a weight class, weight reduction and participation in a lower weight class is permitted only under a doctor's authorization and with the parent's permission.
 - c) A squad list, indicating the established weight classes for each team member as well as birth dates and ages, shall be sent to all opposing schools.
 - d) Wrestlers participating in the Modified Program may progress in weight in their individual classes at the same pound and date allowance as high school wrestlers.
8. Weigh ins on the day of a dual meet shall be established by the Section Athletic Council.
9. For multi-school contests, refer to General Eligibility Rule #10 (p. 132).

MODIFIED

Game Rules (Program 1)

1. **Weight Classes:** the official weight classes for competition are: 80, 86, 92, 98, 104, 110, 116, 122, 128, 134, 140, 148. For schools having only 7th and 8th grade students a 155 pound weight class may be optional. Optional classes may be 74, 165 and unlimited classes with contestants competing weighing within 10 pounds of each other. Minimum weight for the 74 lb weight class is 67 lbs.
2. **Honor Weigh in:** The procedures described in the Wrestling Weight Control Plan shall be followed. (2010-2012 NYSPHSAA Handbook)
3. There is no limit to the total team bouts in a contest.
4. **Scoring:** Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.

Game Rules (Program 2)

1. **Weights:** Weight class is listed first, variance second: 70-80 lbs. (4 lbs); 80-90 lbs. (4 lbs); 90-100 lbs. (3 lbs); 100-110 lbs. (3 lbs); 110-120 lbs. (3 lbs); 120-130 lbs. (2 lbs); 130-140 lbs. (3 lbs); 140-150 lbs. (5 lbs); 150-160 lbs. (5 lbs); heavier weights (as much as 6 lbs.).
Variance: The variance listed above permits a contestant to compete against a contestant who is either in a lower or upper weight group. As long as both wrestlers stay within the variance listed. (i.e. a wrestler in the 70-80 lbs. group who weighs 78 lbs. can compete with a wrestler in the 80-90 lbs. weight group as long as the heavier wrestler does not weigh more than 82 lbs.)
2. **Matching wrestlers:** Both coaches will get together and match their wrestlers. All safety measures on the squad roster form are to be used to equalize competition, namely, experience, physical strength and maturity.
3. There is no limit to the total team bouts in a contest.
4. **Scoring:** Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.



2016 Eastern States Wrestling Classic

Friday/Saturday: January 15-16, 2016
Sullivan Community College-Loch Sheldrake, NY
As of October: 152 teams represented from 6 States

SECTION 1

ARLINGTON
 BEACON
 BREWSTER
 BYRAM HILLS
 CARMEL
 CLARKSTOWN N
 EASTCHESTER
 EDMONT
 FOX LANE
 HORACE GREELEY
 JOHN JAY-CR
 JOHN JAY-EF
 LAKELAND-PANAS
 MAHOPAC
 NANUET
 NEW ROCHELLE
 NORTH ROCKLAND
 PEARL RIVER
 PLEASANTVILLE
 PUTNAM VALLEY
 ROY C KETCHAM
 SCARSDALE
 SUFFERN
 YONKERS

SECTION 2

ALBANY ACADEMY
 BALLSTON SPA
 BURNT HILLS
 COLONIE
 COLUMBIA
 GLENS FALLS
 HADLY LUZ-LK GEORGE
 HOOSICK FALLS
 HUDSON FALLS
 LaSALLE
 QUEENSBURY
 SCHUYLERVILLE
 SHENENDEHOWA
 WHITEHALL-FT ANN

SECTION 7

SARANAC

SECTION 3

CANASTOTA
 CENTRAL VAL ACAD
 GENERAL BROWN
 HOLLAND PATENT
 INDIAN RIVER
 JAMESVILLE-DEWITT/CBA
 MEXICO
 NEW HARTFORD
 PHOENIX
 SHERBURNE-EARLVILLE
 SOUTH JEFFERSON

SECTION 4

DEPOSIT-HANCOCK
 ELMIRA
 ITHACA
 JOHNSON CITY
 NEWARK ALLEY
 NORWICH
 SUSQUEHANNA VALLEY
 TIOGA
 UNION ENDICOTT
 WALTON
 WAVERLY

SECTION 5

ALEXANDER
 HILTON
 LYNDONVILLE
 PAL MAC
 PENFIELD
 VICTOR
 WARSAW

SECTION 6

AMHERST
 KENMORE WEST
 LAKE SHORE
 MAPLE GROVE
 TONAWANDA

PRIVATE

HACKLEY
 LONG IS. LUTHERAN
 POLY PREP

SECTION 8

BELLMORE-JFK
 BETHPAGE
 CARLE PLACE-WHEATLEY
 COLD SPRING HARBOR
 FARMINGDALE
 GARDEN CITY
 HEWLETT
 LEVITOWN DIVISION
 LOCUST VALLEY
 LONG BEACH
 MacARTHUR
 MEPHAM
 PLAINVIEW OLD BETHPAGE
 SOUTH SIDE
 SYOSSET
 WANTAGH

HOST: SECTION 9

CORNWALL
 ELDRED-LIBERTY-SW
 GOSHEN
 MIDDLETOWN
 MINISINK VALLEY
 MONROE WOODBURY
 MONTICELLO
 NEWBURGH (NFA)
 NEW PALTZ
 ONTEORA
 PINE BUSH
 PORT JERVIS
 RED HOOK
 VALLEY CENTRAL
 WALLKILL
 WARWICK VALLEY
 WASHINGTONVILLE

SECTION 10

GOVERNEUR
 OGDENSBURG

SECTION 11

DEER PARK
 EASTPORT-S.MANOR
 HALF HOLLOW H-E
 HAUPPAUGE
 JOHN GLENN
 LONGWOOD
 MATTITUCK
 NORTH BABYLON
 PORT JEFFERSON
 ROCKY POINT
 SHOREHAM
 SOUTHAMPTON
 WALT WHITMAN
 WARD MELVILLE

CHSAA

CHAMINADE
 FORDHAM PREP
 MSGR FARRELL
 MT ST MICHAEL
 SAINT FRANCIS
 XAVIER

CONNECTICUT

DANBURY
 NEW MILFORD
 NOTRE DAME
 SOUTHLINGTON

MASSACHUSETTS

DEDHAM
 FRAMINGHAM

PENNSYLVANIA

WYOMING SEMINARY

RHODE ISLAND

MOSES BROWN

VIRGINIA

HAYFIELD
 WESTFIELD

PSAL

TBA

FRIENDS OF SECTION 9 WRESTLING

(An organization of volunteer parents working to support Section 9 wrestling)

They fundraise to provide program printing fees for Eastern States and Sectional Tournaments, plaques for our placewinners and special awards at the year end banquet, and partial scholarships for our top grads attending college. Every team in Section 9 should have representation within this group. We need a commitment of either time or money. Every team has parents, please encourage them to get on board and help any way they can.

<p><u>President:</u> Dan Wernikoff Monroe Woodbury (845) 774-8483 Dan@Champion-Athletes.com</p>	<p><u>Vice President:</u> Gary Rissler Washingtonville (845) 496-1464 GRissler@HVC.RR.com</p>	<p><u>Finance Chairman:</u> Jeff CUILTY Walkill (845) 561-7792 JeffCUILTY@GMail.com</p>
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Marketing Director & SectionIXWrestling.com: **Mike Carey** 742-5926

Banquet Chair: **Marisa Stramiello** 239-9611

Partial List of Board Members include:

Chris Sweeney, Dirk Boersma, Bob/Carol Christensen, John Stramiello, Joe Gaynor, Noreen Daly, Tim Monahan, Phil/Theresa Rosas, Tom Sexton, Sandy Strauss, Mary Ann Wightman

As our organization evolves, people move on, and kids graduate. We would like to re-assign certain tasks that have to be done on a yearly basis. Even though many of the tasks below have someone with experience, returning to run them next year, others have no volunteers as of yet. Please sign-up tonight or contact us if you think you will be able to help out with anything listed below.

EASTERN STATES CLASSIC (Friday/Saturday: 1/15 & 16):

- ___-Mat moving (coordinate with moving company and schools)
- ___-Set up crew (Thursday night: 1/14)
- ___-Assist with weigh-ins (announcer and scale person)
- ___-Ticket takers / program sellers (Friday and Saturday)
- ___-Copy machine (bracket sheets)
- ___-Wall charts: creation and updates
- ___-Merchandise shirt/sweats booth staff
- ___-Table workers (scores and timers)
- ___-Mat rolling and removal as tournament enters later rounds
- ___-Security coordinator
- ___-Fundraising (getting ads for program)
- ___-Hospitality (restocking food/drinks/supplies)
- ___-Finals set up coordinator (slide show/introductions)
- ___-Clean up (break down)

SECTION NINE TOURNAMENTS (D1-Fri/Sat 2/12 & 2/13, D2-Sun-2/14)

- ___-Merchandise shirt/sweats programs booth staff
- ___-Wall chart brackets updates
- ___-Copy machine (bracket sheets)
- ___-Finals- assisting with award presentations

END OF YEAR BANQUET (Sunday, March 13, 2016)

- ___-Registration table
- ___-Decorating committee
- ___-Plaque assemblies

HUDSON VALLEY CHALLENGE (Next Year: Sunday of Columbus Day Weekend)

- ___-Registration table/Gate
- ___-Scorers/Timers (all day)
- ___-Clean up crew: Clock Disassembly, packing supplies, etc.



**FRIENDS OF
SECTION 9
WRESTLING**



The Board of Directors of The Friends of Section 9 Wrestling will support our wrestlers again this year. Based on their existing budget the following will be in effect for the 2015-16 school year.

1. No school will be required to pay for a program ad in the Section 9 program. Friends of S9 will print an ad free of charge for all schools and pay the printing costs associated with the program.
2. No school will be asked to donate to sponsor a weight class at the Friends of S9 banquet at the end of the season. Friends S9 will continue to purchase the special awards that are presented each year.
3. Friends of S9 will not purchase a "Gear Pack" for the Section 9 wrestlers attending the NYS tournament. The "Gear Pack" (consisting of a bag, T-shirt with Champ's names on the back, embroidered S9 Champion Hoodie, embroidered S9 Champion shorts, and S9 Champion warm up top) must now be purchased by each individual wrestler at a cost of \$100 each.
4. Friends of S9 will not purchase a dinner for Sectional Placewinners at the year end banquet. Each placewinner will be responsible for the cost of their meal (\$30). The cost of the meal will include the placement photo plaque. If a wrestler does not pay for the meal they do not receive the plaque.
5. Friends of S9 will grant credits for work performed to support the organization during the season. These credits may not be turned in for cash, but can be applied towards Gear Packs for Champions or for meals at the banquet. In addition any program ads sold to local individuals or business for the S9 program, will be credited to a team's account on a dollar for dollar basis. If a team sells \$100 of ads, the team earns \$100 of credits to apply to Gear Bags or dinners. Unused credits will not roll over to 2016-17. The amount available per credit will not be known until the Eastern States Classic is completed and the current year budget in adjusted.

Teams can earn 1 credit for each of the following:

HVC: 5+ more wresters entered:	Eastern States: 3 hr team Setup Crew Th:1/14
HVC: 3 hour table shift	Eastern States: Team Mat Breakdown Sat 1/16
Eastern States: 3 hour team table shift	Eastern States: Mat Cleaning Fri/Sat 1/15-16
Eastern States: 3 hr Tkt Booth shift	Eastern States: Mat loan

The Friends of Section 9 Board of Directors feels that by implementing the above procedures all teams in Section 9 will be treated equally with respect to both benefits received from; and services performed for The Friends of S9 Wrestling.

OFF-SEASON WRESTLING

When wrestling in the off-season:

- 1- There can be no school affiliation. (No formal school name, no school uniform, no school transportation).
- 2- Participation cannot be mandated and no one can be excluded from participation.
- 3- Any coach can coach the off-season team.
- 4- If there are violations, the NYSPHSAA is not responsible for issuing penalties. Penalties are to be handled by the Sections and Leagues. Penalties could consist of sanctions, suspensions, etc.

COLLEGE SCHOLARSHIPS

Just as the Orange County League and Mid Hudson League have their own sets of rules and bylaws, so do most colleges. The NCAA league, the NAIA league, and the NJCAA league all have different rules, regulations, and eligibility requirements. More information on specific rules and regulations, not outlined below, can be obtained from each leagues website: www.ncaa.org, www.naia.org, or www.njcaa.org.

The NCAA: -Made up of 972 member colleges split into three Divisions.
(Wrestling Schools: 85-Division 1, 38-Division 2, and 99-Division 3 Schools)
Wrestling scholarships are awarded in Division 1 & 2 and the wrestler must meet

The following academic requirements to be able to compete:

- The SAT or ACT test must be taken by the spring of their junior year
- The NCAA Clearinghouse Form must be completed after their junior year.

Division 1 athletes must:

- Maintain a H.S. Grade Point Average (GPA) of 2.0 or better = 70 or "C" average in their 13 core courses and must meet a minimum SAT or ACT score based on a sliding scale.
- The higher the GPA, the lower the ACT or SAT score that is required.
(The ACT score is the sum of the four scores achieved on the test).

Division 2 athletes must:

- Maintain a H.S. Grade Point Average (GPA) of 2.0 or better = 70 or "C" average in their 13 core courses and must meet a minimum SAT or ACT score based on a sliding scale.
- Minimum Scores needed: ACT =68 or SAT = 820
(The ACT score is the sum of the four scores achieved on the test).
The higher the GPA, the lower the ACT or SAT score that is required.
Example: If the GPA = 2.0 then ACT minimum = 86 or SAT minimum = 1010
But if the GPA > 2.5, then ACT minimum = 68 or SAT minimum = 820

Division 3 schools are prohibited from granting scholarships so they do not impose any academic requirements.

- The NAIA:**
- made up of 23 wrestling schools.
 - full or partial scholarships are awarded
Academic Requirements: (Must meet 2 of 3)
 - Grade Point Average (GPA) of 2.0 or better
 - ACT minimum score = 18 or SAT minimum score = 860
 - Must graduate in top 50% of their class

- The NJCAA:**
- made up of 45 wrestling schools, split into Divisions 1,2,and 3 just like the NCAA.
 - Division 1 & Division 2 junior colleges can offer scholarships
 - Division 3 Junior colleges may not offer scholarships.
 - There are no academic eligibility requirements to enter junior colleges.

COLLEGES in NY STATE with WRESTLING PROGRAMS

NYS DIVISION 1 Wrestling Schools
ARMY Coach: Kevin Ward Kevin.Ward@usma.edu (845) 938-7671
BINGHAMTON Coach: Matt Dernlan mdernlan@binghamton.edu (607) 777-5860
BUFFALO Coach: John Stuzman Fjs4@Buffalo.edu (716) 645-6876
COLUMBIA Coach: Carl Fronhofer Cf2363@columbia.edu (212) 854-5261
CORNELL Coach: Rob Koll Rk45@cornell.edu (607) 255-7307
HOFSTRA Coach: Dennis Papadatos Dionisios.Papadatos@hofstra.edu (516) 463-6615
WAGNER (dropped 2011-12)

NYS Division 3 Wrestling Schools	
BROCKPORT Coach: Don Murray dmurray@brockport.edu (716) 395-5360	ONEONTA Coach: Duane Ritter Duane.ritter@oneonta.edu (607) 436-2100
CORTLAND Coach: Brad Bruhn Brad.bruhn@cortland.edu (607) 753-5718	OSWEGO Coach: Mike Howard Michael.howard@oswego.edu (315) 341-2402
HUNTER Coach: Chris Mazzatta Chris.Mazzatta@gmail.com (570) 351-6434	RIT Coach: Scott Stever sastever@yahoo.com (716) 475-7476
ITHACA Coach: Marty Nichols mnichols@ithaca.edu (607) 274-3660	RPI –Club Team Coach: Brad Nelson (518) 439-0829
MARITIME (dropped 2011-12)	US MERCH. MARINE Coach: Greg Ilaria ilariag@usmma.edu (516) 726-5254
NYU Coach: Bruce Haberli Bh7@nyu.edu (212) 998-2050	YESHIVA Dropped program in 2015

NYS Junior Colleges with Wrestling Programs:

ALFRED STATE Coach: Paul Reid reidpt@alfredstate.edu (607) 587-4362	LONG IS. UNIV POST Coach: Joe Patrovich joseph.patrovich@liu.edu (516) 299-3577	NIAGARA C.COLLEGE Coach: Keith Maute kmaute@niagaracc.suny.edu (716) 614-6772
COBLESKILL (dropped 2011-12)	MORRISVILLE COMMUNITY COLLEGE (dropped 2011-12)	TOMPKINS COMMUNITY COLLEGE (dropped 2011-12)
CORNING C.C DELHI (dropped 2011-12)	NASSAU C.COLLEGE Coach: Paul Schmidt Paul.schmidt@ncc.edu (516) 572-7522 x25210	SULLIVAN C.COLLEGE Coach: tba (845) 258-0862



SECTION 9 ATHLETIC COUNCIL

COUNCIL OFFICERS:

EXECUTIVE DIRECTOR	GREG RANSOM 914-805-6302	GRansom@HVS.RR.com
PRESIDENT	TIM BULT 355-5172	TBult@ Minisink.com
PAST PRESIDENT	TOM CASSATA 758-2241 x3248	TCassata@ RHCSd.org
1ST VICE PRESIDENT	ANTONIA WOODY 256-4153	TWoody@ NewPaltz.K12.NY.US
2nd VICE PRESIDENT PAST	JOHN LANDRO 351-5779	JLandro@ TuxedoSchoolDistrict.com
TREASURER	JAMES OSBORNE 570-618-2200	OCIAA BOCES JOsborneSection9@GMail.com
SECRETARY	JAMES OSBORNE 570-618-2200	OCIAA BOCES JOsborneSection9@GMail.com

NYS CENTRAL COMMITTEE MEMBERS:

DAVID BERNSLEY- Monroe 460-7045 DBernsle@MW.KI@.NY.US	ROBERTA GREENE- Washville. 497-2200 x 27051 RGreene@WS.K12.NY.US net	JIM WOLFE- Middletown 342-1274 JWolfe5@HVC.RR.COM
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SUPERINTENDENT REPRESENTATIVES:

ROSARIO AGOSTARO-RV-Supt Rep 687-2400 x4803 RAgostaro@Rondout.k12.ny.us	IVAN KATZ 434-6800 x1214 IKatz@FallsburgCSD.net
SEAN F MICHEL 469-5052 x3401 SMichel@ChesterUFSD.org	JOSEPH PHELAN 874-5520 x5522 JPhelan@RhinebeckCSD.org

LEAGUE REPS:

MICHAEL BELLAROSA OCIAA: 457-2400 x17885	RON MONTALTO OCIAA: 497-4000 x24561	DAVID FRANSKEVICZ OCIAA: 932-8401 x1284
FRED AHART OCIAA: 607-498-4126	DENNIS BURKETT MHAL: 475-2565	AMY McARDLE-RAUSENBERGER MHAL: 229-4020 X6880

N.Y.S.P.H.S.A.A. OFFICERS

EXECUTIVE DIRECTOR ROBERT ZAYAS 518-690-0771 x11 RZayas@nysphsaa.org		ASST. DIRECTOR TODD NELSON 518-690-0771 x13 TNelson@nysphsaa.org		ASST. DIRECTOR JOE ALTIERI 518-690-0771 x14 Altieri@nysphsaa.org	
General Administration Liaison: National Fed. Liaison: State Ed Dept CFO Central & Executive Com Mtgs Official Rule Interpreter Handbook	Financial & Legal Matters Legislative Relations Section Appeals Coordinator Public Relations NYSPHSAA Calendar Spaulding Contract	Safety Committee Unified Sports Sportsmanship Programs Modified Athletics Handbook Updates Eligibility Interpretations	Interstate Sanctioning Classification Wrestling Min Wt Cert Program Cheerleading Championship Programs OCF	Time Warner Contract Internship Program Apparel Contract Hotel Contracts Championship Branding Ticketleap Liaison-Sports Coords Facilities Contracts NYSPHSAA/NFHS HOF	Championship Advisor Committee Championship Official Photographers Handbook Interprets Championship Logistics & Expenses Public Relations Site RFPs Plaques & Medals Sports Coord Packets



**NEW YORK STATE PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION INC.
STATE WRESTLING COMMITTEE**



Marty Sherman

NYS Wrestling Chairman – Section 2
518-793-7380 Win304@ Roadrunner.com

SEC	CHAIRMAN's NAME	Chairman's E-Mail	Chairman's Home School Blank=Retired	Chairman's School Phone
1	Jamie Block	JBlock@ValhallaSchools.org	Valhalla	914-683-5181
	Bob Bernaducci	BernardR@Pville.K12.NY.US	Pleasantville	914-274-7870
2	George Chickanis	GNChickanis @Gmail.com		518-747-9719
	John Vishneowski	JRVish @RCSCSD.org	Ravena	518-756-5200 x2231
3	Brad Hamer	BradfordHamer @GMail.com		315-209-2689
	Bill Kays	WKays @Mexico.CNYRIC.org	Mexico	315-963-8400 x5146
4	Rick Armstrong	RickSArmstrong@GMail.com		607-217-5492
	Rick Gumble	GumbleR @CForks.org	Chenango Frks	607-648-7536
5	Bill Hadsell	BHadsell@GenevaCSD.org	Pal Mac	315-781-0404
	Lou Lombardo	LombardoLJ@Corning.com		585-313-8503
6	Mike DeBarbieri	MDeBarbieri @Verizon.net		716-933-7487
	Israel Martinez	IMartinez @NFSchools.net	Niagara Falls	716-278-5800
7	Gary Edwards	GaEdwards @PeruCSD.org	Peru	518-643-8892
	Rob Witkiewicz	RWitks@Yahoo.com		518-534-2930
8	Ed Ramirez	RamirezE @Baldwin.K12.NY.US	Baldwin	516-765-0112
	John Mankowich	JMankowich@JerichoSchools.org	Jericho	516-203-3600 x3248
9	Jeff Culty	JeffCulty @HVC.RR.com	Wallkill.	845-591-1498
	Lou Chartrand	LChartrand @Onteora.K12.NY.US	Onteora	845-657-2373
10	Randy Morrison	RandyMorrison01 @HotMail.com	Gouverneur	315-287-0494
11	Matt DiVincenzo	MDiVincenzo@Comsewogue.org	Comsewogue	631-512-3497
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PSAL	Ken Bigley	KBigley@Beat-The-Streets.org		718-707-4200
	Larry Cantor	CoachCantor@AOL.com	PSAL Hdqtrs	718-707-4209

WRESTLING SCORING SYSTEMS

INDIVIDUAL MATCH SCORING

1 point for: **ESCAPE**

2 points for: **TAKEDOWN**
REVERSAL
NEAR FALL (Less than 5 seconds)

3 points for: **NEAR FALL** (5 seconds or more)

STALLING: Warning, 1 point, 1 point, 2 points, Disqualification
TECHNICAL VIOLATIONS 1 point

DUAL MEET TEAM SCORING

6 points for: **PIN**
INJURY DEFAULT
DISQUALIFICATION
FORFEIT

5 points for: **TECHNICAL FALL**
(Winning margin of 15 or more points)

4 points for: **MAJOR DECISION**
(Winning margin between 8 and 14 points)

3 points for: **REGULAR DECISION**
(Winning margin between 1 and 7 points)

TOURNAMENT TEAM SCORING

Each individual wrestler can earn points for his team in a tournament in three different ways:

ADVANCEMENT POINTS:

2 points for: Each victory in the CHAMPIONSHIP bracket

1 point for: Each victory in the WRESTLE-BACKS bracket

Wrestlers who earn BYE's in a tournament, earn no points until they win their next round match. Upon victory they earn 2 points for the previous rounds bye (1 point if the bye was in wrestlebacks).

BONUS POINTS:

2 points for: **PIN**
FORFEIT / DEFAULT / DISQUALIFICATION

1 ½ points for: **TECHNICAL FALL**
-(Winning margin of 15 or more points)

1 point for: **MAJOR DECISION**
-(Winning margin between 8 and 14 points)

PLACEMENT POINTS:

Tournament awarding medals 1st – 8th Tournament awarding medals 1st – 6th Tournament awarding medals 1st – 4th

1st	16 points	16 points	14 points
2nd	12 points	12 points	10 points
3rd	9 points	9 points	7 points
4th	7 points	7 points	4 points
5th	5 points	5 points	-----
6th	3 points	3 points	-----
7th	2 points	-----	-----
8th	1 point	-----	-----