



**WILDCATS CHEERLEADING  
WARWICK VALLEY HIGH SCHOOL  
PO BOX 595  
WARWICK, NY 10990  
(845) 987-3050 ext. 2474**

November 2009

Dear Cheerleading Coach:

You are cordially invited to participate in the Wildcat Cheer Challenge at Warwick Valley High School. Our cheerleading competition will be held on **Sunday, January 10<sup>th</sup>, 2010**. In the event of a snowstorm, the competition will be postponed to Sunday, January 17<sup>th</sup>.

There will be two sessions. Session I will be for All-Star teams. Registration begins at 8am. The competition will begin at 10am. Spectators will be admitted at 9am. Session II will be for Recreational and School teams. Session II check in begins at 10am followed by at 12:30pm competition start time. Times are subject to changed based on registration numbers. All coaches will be e-mailed their mat and performance times a week before the competition.

No cheerleader may participate in more than one category with the exception of the All-Star divisions. Please accurately fill out the registration and team information forms completely to ensure that your team is placed in the correct category. Registration is \$125 per team.

Teams will perform one routine with a maximum time limit of 2 minutes and 30 seconds. Cheers, chants, jumps, tumbling, stunts, music (1 minute and 30 seconds maximum), signs, poms, flags, etc., may all be used. All performances will be on a 42' by 42' cheer floor. Professional judges will be used. A sample score sheet is enclosed.

Please read through the enclosed materials. If you have any questions, please feel free to contact me at the above number. I look forward to seeing you all on the 10<sup>th</sup> of January☺

Cheerfully,

Christina DeClary  
Warwick Valley Cheer Coach  
Competition Coordinator  
[cheer4math@aol.com](mailto:cheer4math@aol.com) or  
[cdeclary@wvcsd.org](mailto:cdeclary@wvcsd.org)

Katie Caswell  
Warwick Valley Cheer Coach  
Asst. Competition Coordinator

Kristin Melillo  
Warwick Valley Cheer Coach  
Asst. Competition Coordinator

## Divisions

### Session 1: All-Star-USASF Divisions:

- 🐾 All Star Tiny (5 yrs & under)
- 🐾 All Star Mini (8 yrs & under)
- 🐾 All Star Youth (11 yrs & under)
- 🐾 All Star Junior (14 yrs & under)
- 🐾 All Star Senior (18 yrs & under)
- 🐾 All Star Senior Co-Ed (18 yrs & under)
- 🐾 All Star Open (18 yrs & over)

**Please indicate the level when registering. Level divisions will only be used with 3 or more squads entered in that division. Otherwise levels will be combined.**

### Session 2: Scholastic and Recreation

- 🐾 Pee Wee (2<sup>nd</sup> grade & under)
- 🐾 Youth (6<sup>th</sup> grade & under)
- 🐾 Middle/Junior High (6<sup>th</sup>-8<sup>th</sup> grade; 9<sup>th</sup> grade permitted if applicable in the school district)
- 🐾 Junior Varsity (up to 11<sup>th</sup> grade)
- 🐾 Varsity, Small (16 participant or less)
- 🐾 Varsity, Large (17 participants or more)
- 🐾 Co-Ed JV/Varsity (Squads with more than 2 males participating)

## Rules and Requirements

1. *No one person can participate in more than one team division (exception: All-Star team members).*
2. *All teams must perform one routine with a maximum time limit of 2½ minutes. Music may be used for a maximum limit of 1 minute 30 seconds, with exception to the All-Star division. A 10-point deduction will be assessed for going over the routine and/or music time limit.*
3. *Timing will begin with the first movement, voice, or note of music which ever comes first. There is to be no organized entry or exit.*
4. *All squads must adhere to NFHS safety guidelines for scholastic teams and USASF for All-Star teams. Penalties will be assessed at the discretion of the judges. Any team violating a safety rule or regulation will receive a 10-point per violation deduction from their final score.*
5. *Good sportsmanship must prevail throughout the entire competition. Decisions made by the judges are final and may not be appealed. A parent, participant, or fan may not question or approach a judge on the score sheet or legality decisions. Only coaches may ask for clarification of a ruling, scoring, or comment.*
6. *All routines must be performed on the mats.*
7. *Only signs, poms, flags, and megaphones may be used. No props can be used (ex: sunglasses, hats, glitter, etc.)*
8. *Absolutely no jewelry anywhere. This includes the navel, nose, and tongue rings. They cannot be taped and must be removed. There will be a 10-point deduction for any participants wearing jewelry.*
9. *Each team must provide a copy of their music and operate the music from our sound system. Please have at least one back up copy and make sure to test your music with our D.J. upon arrival.*
10. *We will be adhering to the Federation's NO GLITTER requirement.*

## Approximate Time Schedule

- 8:00    *Session I Participant Entry Only*  
 9:00    *Gym Opens to Public*  
 8:45    *Coaches Meeting*  
 10:00    *Session I Competition for All-Star Teams Begins & Session II Participant Entry Only*  
 12:15    *Session I Awards & Session II Coaches Meeting*  
 12:30    *Session II Competition for Scholastic and Recreation Teams Begins*  
 5:00    *Session II Awards*

*4 minutes of mat time will be given to each team on a separate practice mat in the old gym. The competition will take place on the cheer floor in the new gym. In addition, there will be another area for warm-ups and tumbling. This schedule may vary due to registration numbers. Two sets of judges will be used to keep the competition on time. **You will be e-mailed with an updated schedule a week before the competition.***

### Awards

1. 1<sup>st</sup>-3<sup>rd</sup> in each division.
2. 1<sup>st</sup>-5<sup>th</sup> if more than 10 in each division.
3. Grand Champion Award for highest total score for each session during the competition.
4. Medals or ribbons to all members of 1<sup>st</sup> place teams.

### Participant Entry Fee

1. \$5 entrance fee for spectators.
2. Free for children under 5.

### Souvenirs & Raffles

- ~Wildcat Cheer Challenge Cheer T-shirts
- ~Professional Photographer for Team and Individual Pictures
- ~Professional Competition DVD
- ~50/50 Raffle
- ~Theme Basket Raffles
- ~Assorted Cheer Apparel

### Refreshments

- ~Soda, Water, Iced Tea, Coffee
- ~Bagels, Rolls, Donuts, Muffins, Baked Goods
- ~Hot Dogs, Hamburgers, Pizza, Wedges, Nachos
- ~Candy, Chips, Pretzels, etc.

**Warwick Valley High School  
89 Sanfordville Road  
Warwick, NY 10990**

## **DIRECTIONS**

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### **From the South**

New York State Thruway to Exit 16 (Harriman). Make left at exit. Follow Route 17 West to Exit 127 (Greycourt Road). Make left at the exit and proceed to traffic light. Diagonal left through traffic light onto Kings Highway (Green sign indicates Chester). Continue on for approximately 3 miles. Go through one light, up a large hill, and pass a farm on your right. Make the next right at the Sugar Loaf sign (although the sign indicates straight ahead for Warwick) and continue on Kings Highway until you get into Warwick. (Should you continue straight by accident and not go through Sugar Loaf, when you get to the end of road – take a right – go to end of road again – take a left, and you will be in the same location as if you went through Sugar Loaf.) At the traffic light in Warwick (Mobil station on your right), you will make a left and continue on Main Street until you come to another light. At the light, make a right onto West Street. **\*Stay on West Street and proceed through next traffic light. Middle School is on the left followed by the High School. Enter the last parking lot on your left hand side that is the main entrance to the High School. Follow the entrance to the right and park in the back of the building. You will enter through the new the gym's doors.**

### **From the north**

#### **Directions to the High School from the Thruway from the North (Newburgh Area):**

Take the New York State Thruway south to Exit 17, Newburgh. Follow the signs for I-84 west. Take Route 84 west to Exit 4E (Route 17 east). Follow Route 17 east to Exit 124, Goshen/Florida. At the end of the exit ramp, make a left onto Route 17A south. Proceed on 17A south through the Village of Florida. Continue on 17A (also Route 94) into the Village of Warwick. At the second traffic light in Warwick, make a right onto West Street and continue on until you come to a traffic light (about a mile). **Follow directions above.\***

#### **Directions to the High School from the George Washington Bridge (North)**

Take the George Washington Bridge to the Palisades Parkway north. Then connect with the Thruway Exit 9N. Take Exit 16 in Harriman onto Route 17 west. Take Exit 127 (Greycourt Road). Make a left at the end of the exit ramp and go through the first traffic light. Diagonal left through traffic light onto Kings Highway (Green sign indicates Chester). Continue on for approximately 3 miles. Go through one light up a large hill and pass a farm on your right. Make the next right at the Sugar Loaf sign (although the sign indicates straight ahead for Warwick) and continue on Kings Highway until you get into Warwick. (Should you continue straight by accident and not go through Sugar Loaf, when you get to the end of road – take a right – go to end of road again – take a left, and you will be in the same location as if you went through Sugar Loaf.) At the traffic light in Warwick (Mobil station on your right), you will make a left and continue on Main Street until you come to another light. At the light, make a right onto West Street. **Follow directions above.\***

#### **Alternate Directions to High School from Thruway going North**

Take the New York State Thruway 87 north to Exit 16, Harriman. Follow Route 17 west to Exit 124, Goshen/Florida. At the end of the exit ramp, make a left onto Route 17A south. Proceed on 17A south through the Village of Florida. Continue on 17A/94 south into the Village of Warwick. At the second traffic light in Warwick, make a right onto West Street. **Follow directions above.\***

### **From western New York State**

Take Route 17 east to Exit 124 (Route 17A south). Make left at exit. Follow Route 17A south to Village of Florida. Continue on 17A/94 south to Village of Warwick. At the second traffic light in Warwick, make a right onto West Street. **Follow directions above.\***

*Wildcat Cheer Challenge*  
*Warwick Valley High School*  
*January 10, 2010*

Squad Name \_\_\_\_\_

Division Level \_\_\_\_\_

### CHEER SECTION

**CROWD LEADING – 35 Points**

(How does the team use the following to effectively lead the crowd?)

- |   |           |       |
|---|-----------|-------|
| 1. Use of stunts / pyramids                   | 10 Points | _____ |
| 2. Motions (sharpness & placement)            | 5 Points  | _____ |
| 3. Use of signs/poms/megaphones               | 5 Points  | _____ |
| 4. Voice (pace and use of words), eye contact | 5 Points  | _____ |
| 5. Jumps                                      | 5 Points  | _____ |
| 6. Tumbling                                   | 5 Points  | _____ |

### MUSIC SECTION

**SKILLS – 40 Points**

- |                           |           |       |
|---------------------------|-----------|-------|
| 1. Stunts                 |           |       |
| Execution                 | 5 Points  | _____ |
| Difficulty                | 5 Points  | _____ |
| 2. Pyramids / Transitions |           |       |
| Execution                 | 10 Points | _____ |
| Difficulty                | 5 Points  | _____ |
| 3. Tumbling               | 5 Points  | _____ |
| 4. Jumps                  | 5 Points  | _____ |
| 5. Dance                  | 5 Points  | _____ |

### OVERALL PRESENTATION

- |                              |          |       |
|------------------------------|----------|-------|
| SPORTSMANSHIP                | 5 Points | _____ |
| SYNCHRONIZATION              | 5 Points | _____ |
| CHOREOGRAPHY / VISUAL EFFECT | 5 Points | _____ |
| FORMATIONS/SPACING           | 5 Points | _____ |
| OVERALL EFFECT               | 5 Points | _____ |

**100 Points Possible**

**TOTAL** \_\_\_\_\_

Comments:



**Cheer Challenge**  
**Sunday, January 10, 2010**  
**Snow Date: Sunday, January 17, 2010**  
**Registration Form**  
**Deadline: December 19**

School Name \_\_\_\_\_

School Address \_\_\_\_\_

School Phone Number \_\_\_\_\_ School Fax Number \_\_\_\_\_

School Colors \_\_\_\_\_ Mascot \_\_\_\_\_

Head Coach \_\_\_\_\_

Home Mailing Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail Address that **Permits Attachments** \_\_\_\_\_

*Please circle the divisions you are entering, indicate the number of participants, and level for all stars.*

<i>Session I All Stars</i>	<i>Number of Participants</i>	<i>Level</i>	<i>Session II School/Recreation</i>	<i>Number of Participants</i>	<i>Check if you are a Recreational Team</i>
<i>Tiny</i>			<i>Pee-Wee</i>		
<i>Mini</i>			<i>Youth</i>		
<i>Youth</i>			<i>Middle/Jr. High</i>		
<i>Junior</i>			<i>Junior Varsity</i>		
<i>Senior</i>			<i>Varsity Small</i>		
<i>Senior Co-Ed</i>			<i>Varsity Large</i>		
<i>Open</i>			<i>Varsity Co-Ed (More than 2 Males)</i>		

**Entrance Fee: \$125 per team (includes admission for 2 coaches per team) or Late fee of \$150 per team after 12/19/09.**

*Please make checks and purchase orders payable to **WVHS Cheerleaders**.*

*\*Please mail, e-mail, or fax your registration form in as early as possible. Payment or School purchases orders are due by no later than December 19<sup>th</sup>. You must send your registration in before December 19<sup>th</sup> to have your squad listed on the competition t-shirt. Receipt of your registration will be given via e-mail.*

**Please send registration form and payment to:**

**Christina DeClary**  
**Warwick Valley High School**  
**PO Box 595**  
**Warwick, N.Y. 10990**  
**Fax: (845) 987-2061**



*Cheer Challenge*  
*Sunday, January 10, 2010*  
*Snow Date: Sunday, January 17, 2010*  
*Team Information*  
*Deadline: December 19*

*Please complete one form per team and send in with your registration.*

*School Name* \_\_\_\_\_

*Coach* \_\_\_\_\_

*Home Mailing Address* \_\_\_\_\_

*Home Phone* \_\_\_\_\_ *Cell Phone* \_\_\_\_\_

*E-Mail Address that Permits Attachments* \_\_\_\_\_

*Division* \_\_\_\_\_ *Level* \_\_\_\_\_

*Squad Members*

1.	16.
2.	17.
3.	18.
4.	19.
5.	20.
6.	21.
7.	22.
8.	23.
9.	24.
10.	25.
11.	26.
12.	27.
13.	28.
14.	29.
15.	30.

# Stick-It Stunting

## Procedures

- While we are waiting for the judges to tally the scores, Stick-It will begin.
- Each time a cheerleader enters the floor to participate they must pay \$1.
- We will announce the category, participants will come onto the mat, and pay their entrance fee.
- We will announce 5,6,7,8 ready begin.
- Hit your stunt.
- When you drop, you're out.
- The last three standing stunt groups will receive individual ribbons.
- Warwick Coaches and affiliates are the judges and all decisions are final.
- Any unsportsmanlike conduct from cheerleaders, parents, and/or coaches will result in immediate disqualification from further stunting.
- We will continue until the judges are back with the results.

## Categories:

- Longest Held Liberty
- Longest Held Full Extension
- Longest Held Heel Stretch
- Longest Held Single-Base Full(with only a side and back spot)
  - Best Basket Toss
  - Best Tumbling Pass

**\*Proceeds to benefit the Warwick Valley Humane Society\***

