

2017-2018

SECTION

IX

**GIRLS AND BOYS
SWIMMING & DIVING HANDBOOK**

**COORDINATORS:
Mr. Pat Ryan – GIRLS
Mr. Scott Warner – BOYS**

SECTION 1
(Contact Information)

Girls' Swimming & Diving Contact List 2017- 2018

Organization	Contact	Phone (day)	Home/Cell	Email
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Valley Central	Scott Warner	AD Office: 457-2400 Ext. 17886	(845) 494-3744 C (845) 778-9032 H	scott.warner@ valleycentralschools.org

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SECTION 2

(Qualifying)

PROTOCOL FOR ATHLETES TO QUALIFY FOR THE STATE SWIMMING AND DIVING CHAMPIONSHIPS

1. Swimmers will have the opportunity to qualify for the NYSPHSAA/NYS Federation Championship Meet if they meet the event qualifying standard during the regular season.
2. Swimmers who have qualified for the NYSPHSAA/NYS Federation Championship Meet are required to participate in their respective Sectional Championship Meet. Swimmers are not required to swim the event {s} in which they have met the qualifying standard. If circumstances out of the swimmer's control, such as injury or illness, prohibited participation in the Sectional Championship Meet, the school may appeal to the Section.
3. The Section champion in each event will represent the Section in the NYSPHSAA/NYS Federation Championship Meet. If the champion chooses not to attend the State Meet, the Section may replace the swimmer with the 2ⁿ place finisher only if no other swimmer met the qualifying standard for that event. If a Section has more than one (1) class meet, the fastest individual from the final day of competition from all the classes would be the eligible athlete to move on as well as any other swimmer who met the qualifying standard.
4. FAT Timing (Fully Automatic Timing) or three (3) hand held watches must be used for the time to meet the qualifying standard. Divers must be scored by NFHS certified

Girls NYSPHSAA 2017 - 2018 Qualifier Standards

200 Med Relay	1:52.35
200 Freestyle	1:57.24
200 Ind. Medley	2:12.84
50 Freestyle	:24.84
Diving (11)	440.00
100 Butterfly	1:00.02
100 Freestyle	:54.36
500 Freestyle	5:14.65
200 Freestyle Relay	1:41.69
100 Backstroke	1:00.42
100 Breaststroke	1:08.60
400 Freestyle Relay	3:42.73

2017-18 NYSPHSAA GIRLS STATE CHAMPIONSHIP MEET WILL BE HELD IN ITHACA, NY AT ITHACA COLLEGE ON NOVEMBER 16, 17, 18 2017

**Section IX 2017 Girls' Swimming & Diving Championships
Hosted at Valley Central High School**

Thursday, November 2, 2017 (Swim Prelims) – snow date is Friday Nov.3, 2017

Doors Open:		2:00 pm
Warm Up:	Circle Swim, all lanes	2:30 pm – 3:50 pm
	Lanes 1, 5, 8 Remain Circle Swim	3:50 – 4:20
	Lanes 2, 3, 4 Relay Take offs	
	Lanes 6 & 7 One way sprints	
Pool Cleared:		4:20pm
Coaches Meeting:		4:20 pm
Start:		4:30 pm

Friday, November 3, 2017 (Dive Prelims, Semi-finals, Finals) –snow date is Saturday, Nov. 4, 2017

Doors Open:	1:30 pm	prior to swim finals
Warm Up:	2:00 pm	
Boards Close:	3:50 pm	
Coaches Meeting:	3:50 pm	
Start:	4:00 pm	

Saturday, November 4, 2017 (Finals) – snow date is Sunday, Nov. 5, 2017 after 12 noon

Swimmers Warm up:	Circle Swim, all lanes	9:30 am – 10:15 pm
	Lanes 1, 5, 8 Remain Circle Swim	10:15 pm – 10:50 pm
	Lanes 2, 3, 4 Relay Take offs	
	Lanes 6 & 7 One way sprints	
Pool Cleared:		10:50 pm
Coaches Meeting:		10:50 pm
Start:		11:00 am

Coaches:

- Enter pool from the deck door
- If you plan on warming up at your own facility, please notify Scott Warner of when you plan to arrive at the pool for the competition.
- Discuss with your team that Valley Central will not be held responsible for any lost or stolen items, bring a lock and lock it up.

Qualifying standards, Updates and Changes will be posted on our web site: SECTION9SWIM.COM

Girls Section 9 Championship Meet Qualifying Standards 2017-18

Event	Standard
200 Medley Relay	1/Team
200 Freestyle	2:14.61
200 Individual Medley	2:33.96
50 Freestyle	27.82
Diving (6)	140.00 pts
Diving (11)	250.00 pts
100 Butterfly	1:10.67
100 Freestyle	1:01.57
500 Freestyle	6:05.95
200 Freestyle Relay	1/Team
100 Backstroke	1:10.40
100 Breaststroke	1:20.10
400 Freestyle Relay	1/Team

SECTION 3

(Championship Meets)

2017-18 OCIAA GIRLS CHAMPIONSHIP MEET DATES & GUIDELINES

THURSDAY OCTOBER 19 DIVING CORNWALL HS 3:30
FRIDAY OCTOBER 20 DIVISION 2 SWIMMING WASHINGTONVILLE HS 4:00 PM
SATURDAY OCTOBER 21 DIVISION 1 SWIMMING WASHINGTONVILLE HS 10:00 AM
TUESDAY OCTOBER 24 LAST CHANCE MEET NEWBURGH ACADEMY 4:30

ENTRY INFORMATION

- **Coaches must submit their entries via the “on-line” entry form at www.section9swim.com. FAX entries not permitted!**
- Each team is permitted a maximum of 36 individual entries and 1 relay for each relay event.
- Unless otherwise agreed upon by a majority of the OCIAA coaches, National Federation Rules will govern the OCIAA Championship Meet.

GENERAL MEET FORMAT-SWIMMING

- The OCIAA Championship Meet is a TIMED FINAL meet.
- Heats will be swum slowest to fastest.
- Since the diving competition is on a different day, there will be a minimum of a 20-minute break after Event No. 4 (50-yard freestyle).

GENERAL MEET FORMAT-DIVING

- The diving event in the OCIAA Championship Meet is an 11-dive format competition.
- Since the meet is a TIMED FINAL meet, all divers will perform all 11 dives regardless of the number of divers entered.
- If a diver fails to finish the diving competition, they will be disqualified from the event.
- The dive sheets must be filled out on the official dive sheet and turned in 1 hour prior to the start of competition.

SCORING

- Scoring will be scored to 16 places utilizing National Federation High School rules.

AWARDS

- There will be a Team Championship Plaque.
- There will be medals awarded to the top 8 finishers in each individual event.
- There will be medals awarded to the top 8 finishers in each relay event.

MISCELLANEOUS

- A Championship Meet Committee will consist of two participating coaches and the meet referee.
- The Orange/Ulster BOCES Athletic Coordinator in conjunction with the OCIAA Athletic Director Swimming Chairperson will assign officials for the OCIAA Championship Meet.

ENTRY DEADLINES

[”On-Line” Entry \(www.section9swim.com\)](http://www.section9swim.com)

THE ENTRY DUE DATE WILL BE POSTED ON THE WEB SITE - SECTION9SWIM.COM

Note – For technical assistance regarding entries, please contact John Coombs

ONCE PSYCH SHEET GOES OUT ON WEB LIVE – THERE ARE NO CHANGES ONLY SCRATCHES

Awards:

Plaques:

2 - Regular Season Division Champion Plaque one for each divisions

2 - OCIAA Division Championship Plaque for overall team winner at championship meets.

Medals:

Due to the split division championships, we will be giving out medals to first, second and third place finishers only in all events at the OCIAA Division Championships.

<u>Division I</u>	<u>Division II</u>
1. Newburgh	1. Warwick
2. Monroe-Woodbury	2. FDR **
3. Middletown	3. Cornwall
4. Kingston *	4. Goshen
5. Pine Bush	5. New Paltz
6. Valley Central	6. Marlboro
7. Washingtonville	7. Highland
8. Minisink	8. Rhinebeck
* Rondout to shadow Kingston	+Walkill {Limited meets}
	+Burke {Limited meets}
	** Millbrook to shadow FDR

***Make sure to select all schools when looking at schedules on the OCIAA web site tab, SPORTS PAC, for multiple schools coming to meets.**

There will be two divisions: Division 1 and Division 2. The Division Champion will be determined by the point system: 2 points for a win, 1 point for a tie (Division meets only). If there is still a tie after using the point system, the following will be used to determine the regular season Division champion:

1. Head to Head overall between teams tied.
2. Points allowed between tied teams
3. Record vs. the team occupying the next highest position in division standings
4. Points allowed vs. the team occupying the next highest position in division standings

OCIAA Sportspac Online link:

http://ociaa.ouboces.org/sportspaconline_new/oecgi3.exe/O4W_WRAPPER?ID=O4W_SPAKONLINE_HOME

Section 9 Swimming and Diving Link:

<http://www.section9swim.com/>

New York State Public High School Athletic Association Link:

<http://www.nysphsaa.org/>

National Federation Link:

<https://www.nfhs.org/>

2017-2018

OCIAA Girl's Swimming & Diving

~WEEKLY REQUIRED DIVE LIST~

Week # 1 September 4 Group 100 Forward

Week # 2 September 11 Group 200 Back

Week # 3 September 18 Group 400 Inward

Week # 4 September 25 Group 5000 Twist

Week # 5 October 2 Group 300 Reverse

Week # 6 October 9 Group 100 Forward

Week # 7 October 16 Group 200 Back

Week # 8 October 23 Group 400 Inward

Week # 9 October 30 Group 5000 Twist

Week # 10 November 6 Group 300 Reverse

Any rescheduled meets always revert back to the dive group that corresponds to the original meet date.

Any meets conducted prior to the first date listed use the 100 group

**ORANGE COUNTY INTERSCHOLASTIC
ATHLETIC ASSOCIATION
BOYS & GIRLS SWIMMING BY-LAWS
Adopted March 3, 2010**

- 1. The current year National Federation Rules, the NYSPHSAA Hand Book and the following OCIAA rules shall apply:**
 - A. A minimum of six participants is required to compete on a team level.**
 - B. A mandatory list of required dives for OCIAA League meets must be compiled and distributed by the Chairperson to all participating schools prior to the start of the dual meet season.**
 - C. If the host school has inadequate facilities (i.e. - diving board, water depth, starting blocks, etc.) they must inform the visiting school so that there is prior written mutual consent to conduct the meet.**
 - D. The host school must provide a minimum of one (1) timer per lane.**
 - E. Radios and tape decks are prohibited on the pool deck.**
 - F. Host team must report meet results to the Middletown Times Herald Record which is the OCIAA Official League Newspaper and to the Section IX Swimming website.**
 - G. To participate in a League Swim Meet as an individual, all necessary paperwork should be on file before the first League Swim Meet.**
- 2. Unsportsmanlike Conduct:**
 - a. When a coach is ejected from a contest please refer to NYSPHSAA Handbook # 27 Sportsmanship.**
 - b. When a swimmer(s) is ejected or disqualified from a meet for unsportsmanlike conduct, the following action will be taken:**
 - (1) First ejection - that swimmer(s) cannot participate in the next scheduled meet.**
 - (2) Second ejection - that swimmer(s) cannot participate in the next two scheduled meets.**
 - (3) Third ejection - that swimmer(s) cannot participate in any remaining scheduled meets including sectionals and any higher level of competition.**
 - b. The official that ejected the swimmer(s) will notify the OCIAA Athletic Coordinator, prior to 12:00 noon the following day, of the name(s) of the player(s) and the type of infraction(s).**
 - c. The coach of the swimmer(s) who was ejected will notify his/her Athletic Director. The Athletic Director will then contact the OCIAA Athletic Coordinator's Office to confirm that the swimmer(s) will not be allowed to participate in that school's next scheduled meet or meets as required above.**
 - d. A swimmer(s) that is ejected from a meet, will not be allowed to be present at the site of any meet that swimmer(s) has been disqualified from participating in (home or away).**
 - e. For unsportsmanlike violations that occur during the OCIAA season, penalties will carry over into sectional play. NYSPHSAA unsportsmanlike conduct rules will apply after the completion of the league season.**
- 3. Championships:**

An individual must have completed in six swim meets in order to participate in the League Championship.

There will be one conference: American. The Conference Champion will be determined by the point system: 2 points for a win, 1 point for a tie (Conference meets only). If there is still a tie after using the point system, the following will be used to determine the conference champion:

 - (1) Head-to-head between teams that are tied**
 - (2) If teams are tied after these tiebreaker procedures co-conference champions will be declared.**
- 4. Awards:**

Plaques will be awarded to each boys and girls swim teams for the following:

1 OCIAA Champion (Dual Meet Season)

1 OCIAA Championship Meet Winner

Medals: Awarded to all finalists in the OCIAA championship. Individual and Relay Events – Top 8.

OCIAA Patches: Each individual school may purchase their own patches if they choose to do so.

5. Safety Guidelines at Meets

- a. Coaches shall actively supervise their swimmers and divers during warm-up sessions at meets.**
- b. The available number of lanes for swimming warm-ups must be equally divided between both schools.**

Boys & Girls Swim Bi-Laws cont'd.

- c. There shall be no swimming under the diving board(s) while divers are warming up.**
 - d. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the block. Swimmers are not to step up on the block if there is a backstroker ready to start.**
 - e. Warm-up procedures shall be enforced during any breaks scheduled during the competition.**
 - f. Hazards on deck, in the locker rooms, or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.**
 - g. A minimum of 30 minutes of warm-up must be provided to the visiting team in the event of a late arrival.**
- 6. Extra Heats are permitted if both schools agree by prior mutual consent. The home team does not have the prerogative to add extra heats if the visiting team does not mutually agree to do so. It is recommended that the request to conduct extra heats be made to the opposing team at least one day before the scheduled meet.**

7. Rules Interpretation Meeting:

A Rules Interpretation Meeting will be held prior to each season.