

2017-2018

OCIAA Girl's Swimming & Diving

~WEEKLY REQUIRED DIVE LIST~

Week # 1 September 4	Group 100 Forward
Week # 2 September 11	Group 200 Back
Week # 3 September 18	Group 400 Inward
Week # 4 September 25	Group 5000 Twist
Week # 5 October 2	Group 300 Reverse
Week # 6 October 9	Group 100 Forward
Week # 7 October 16	Group 200 Back
Week # 8 October 23	Group 400 Inward
Week # 9 October 30	Group 5000 Twist
Week # 10 November 6	Group 300 Reverse

Any rescheduled meets always revert back to the dive group that corresponds to the original meet date.

Any meets conducted prior to the first date listed use the 100 group