2024 Modified Wizards' Relay Carnival







Date: Tuesday- April 30, 2024

Time:3:30 Field Events -- 3:45 Running Events

Place: Washingtonville High School (buses park in the upper lot)

Fee: \$135.00 - Check payable to: WHS Attn: Track & Field

Awards: Ribbons to top 6 in each event

Order	of Running Events		
600 Steeplechase	individual	Unlimited	
55 Shuttle Hurdle Relay	3 athletes per team	Unlimited	Anchor wears index card: - school - athletes - event
Distance Medley Relay	1200 - 400 - 800 - 1600	2 teams	
4 x 100	relay	2 teams	
4 x 400	relay	2 teams	
Super Sprint Medley	400 - 200 - 100 - 100	1 team	
4 x 200	relay	1 team	
4 x 800	relay	1 team	
Field Events - 2 jumps / 2 throws each			
Triple Jump Only	individual - boys/girls combined	3 entries	No cards needed
Shot Put	individual - boys first	3 entries	
Discus	individual - girls first	3 entries	

RSVP by email to Greg Nacerino to receive meet updates-<u>gnacerino@wcsdk12.org</u>

return payment to:

Michael J. White Washingtonville High School 54 West Main Street Washingtonville, N.Y. 10992

School Name:	
Coach's Name:	
Coach's Email:	