Trotters' Track Carnival

Saturday, April 20, 2024

Coaches, you are formally invited to the third annual <u>Trotters' Track Carnival</u> held on <u>Saturday April 20, 2024</u> at <u>10:00AM</u> at <u>Goshen High School</u>. This invitational is a combination meet with the <u>Coliseum Classic</u>. Come to one or come to both! You will receive complete <u>FAT times</u> on all SECTION IX events between both meets. So please plan to join us on <u>April 20th</u> for the fourth annual <u>Trotters' Track Carnival!!!</u>

The Coliseum:

400m BSS 300 Thixotropic & Embedded Polyurethane Surface
10-Lane Straight Away, 8-Lanes track all the way around, "48" Lanes
4 Long Jump & Triple Jump Pits, 2 High Jump Pits, 2 Pole Vault Pits
2 Shot Circles, 2 Discus Circles, 2 Hammer Circles
Water pit, 4 Portable Adjustable Steeplechase Barriers
Digital Anemometer Handheld Infurider YF-876 Wind Speed Meter Gauge
Fully Automated Timing by Fulton Accurate Timing for all finishes.
Results can be found at https://fultonaccuratetiming.com/
There will be restrooms, concessions & T-shirts available on site to all athletes and spectators!

Meet Information:

- 1. Events will be entered onto MileSplit-**UNLIMITED Entries!** Due on Friday, April 19, 2024 at 11:00PM.
- 2. NYS Public High School Athletic Association rules on participation will be enforced.
- 3. Only ½ or ¼ inch recessed spikes are permitted on the track and runway surfaces.

10:00AM START ORDER OF EVENTS

| Pre-Meet | On the Track | <u>Field Events</u> |
|-------------------------|-------------------------|-------------------------|
| 9:00 AM Warm Ups | (Boys then Girls) | Girls/ Boys Triple Jump |
| 9:30 AM Check Ins | SMR (400-200-200-800) | Girls High Jump |
| 9:45 AM Coaches Meeting | 1600m/1500m | Boys/Girls Discus |
| | 100m/110m Hurdles | Boys Pole Vault |
| | 100m | Boys/Girls Javelin |
| | 800m | |
| | 400m | |
| | DMR (1200-400-800-1600) | |

Scoring/Awards:

★ Medals top 3 all events

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Entry Form

| School | |
|---------|--|
| Address | |
| Coach | |
| Phone # | |
| Email | |

Entry Payment Information (circle one)

This is an entry fee and not a participation fee!

Boys team only:

Girls team only:

Blanket Fee: \$300

Make Checks or Vouchers Payable to:

GOSHEN HIGH SCHOOL EXTRACLASSROOM ACTIVITY FUND-TRACK

W - 9 form available upon request

EIN # 14 - 1712403

Mail entry to:

Fax/Scan/Email (with check to follow) to:

Goshen High School

GHS Athletic Department

ATTN: Gus Lawson

ATTN: Gus Lawson

222 Scotchtown Ave.

FAX #: (845) 615-6163

Goshen, NY 10924

Gus.lawson@qcsnu.org

Meet Director: Gus Lawson

Email: Gus.lawson@gcsny.org

Cell: (845) 321-4054

"One chance is all you need..." -Jesse Owens