



2024 Tri-Valley Invitational

Your team is invited to the 29th Annual Tri-Valley Track and Field Invitational at Tri-Valley's Iatauro Sports Complex, on **Saturday, May 4, 2024, beginning at 10:00am**. The track will be open for warm-ups at 9am and there will be a 9:45am coaches meeting. This is a great meet to get marks for upcoming championships with unlimited entries in most events, except HJ and PV (3 athletes per school). There will be t-shirts and concessions for sale, and a live DJ throughout the meet. This meet will also feature the use of **Fully Automatic Timing** and results provided by Fulton Accurate Timing and online registration using MileSplit-NY. **Registration through MileSplit** will open on December 17, 2023 and close on Friday, May 3, 2024 at 11:00pm.

The meet will offer Individual events at the Varsity level. All events will count toward your Team Score which will be in two divisions.

Entry Fee: \$300.00 Blanket Entry Fee or \$10.00 individual per event or \$30.00 per relay team. Please make payment to: **CAST- Running Fund**.

****this is an entry fee, not a participation fee. If the meet is held all are expected to pay****

This meet is only available to New York State Track and Field teams.

Scoring: - 10-8-6-4-2-1 (Division 1 – 401 - and up: Large school; Division 2 – 400 and under: Small school, grades 9-11); although there are unlimited entries, Only 1 relay team per school will score.

Awards: Top three in all individual events and top three relays receive awards. Winners of events will receive t-shirts. Winning teams Male/Female in each Division (Large school, Small school), Outstanding Male/Female Track Athlete, and Outstanding Male/Female Field Athlete of the Meet will receive plaques.



Tri Valley Invitational Order of Events

TRACK EVENTS (B-G)	FIELD EVENTS
<p><u>10am: Rolling Schedule</u> 3000m SC/2000m SC 100m 110m/100m Hurdles Frosh/Soph 200m Varsity 200m Frosh/Soph 1600m/1500m Varsity 1600m/1500m TV Senior Recognition & Coaches Relay (4X100m) 400m 800m 400m Hurdles 3200m/3000m 4x100m Relay 4x400m Relay 4x800m Relay</p> <p>*All track events will run Boys then Girls.</p>	<p style="text-align: center;"><u>10am Start</u></p> <p style="text-align: center;">Discus (Boys then Girls) Shot Put (Girls then Boys) Long Jump (Boys then Girls) Triple Jump (Girls then Boys) High Jump (Boys then Girls) Pole Vault (Girls then Boys)</p> <p style="text-align: center;"><u>Starting after the conclusion of Shot Put</u></p> <p style="text-align: center;">Hammer (Open Pit)</p> <p style="text-align: center;"><u>Open Pit after the conclusion of Long Jump and Triple Jump</u></p> <p style="text-align: center;">Javelin (off Grass)</p> <p>*HJ and PV will be limited to 3 entries per school. **In Discus the best will throw first, and in Hammer the best will throw last. **Javelin will be weather permitting (off Grass).</p>



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If Interested Register on MileSplit-NY, make payment to: **CAST- Running Fund**,
and mail payment to:

Tyler Eckhoff
Tri-Valley School
34 Moore Hill Road
Grahamsville New York 12740
845-985-2296 (press 0 for operator)
jasoncloss@trivalleycsd.org

Name of School: _____

Girls Coach: _____

Cell Phone# _____

Boys Coach: _____

Cell Phone# _____

Blanket Entry: Yes or No

of Individuals _____

of Relays _____

Total Payment: _____