

2023 Modified Wizards' Relay Carnival



Date: Tuesday May 2, 2023
Time: 3:30 Field Events -- 3:45 Running Events
Place: Washingtonville High School (buses park in the upper lot)
Fee: \$135.00 - Check payable to: WHS Attn: Track & Field
Awards: Ribbons to top 6 in each event

Order of Running Events			
600 Steeplechase	individual	Unlimited	Anchor wears index card: <ul style="list-style-type: none">- school- athletes- event
55 Shuttle Hurdle Relay	3 athletes per team	Unlimited	
Distance Medley Relay	1200 - 400 - 800 - 1600	2 teams	
4 x 100	relay	2 teams	
4 x 400	relay	2 teams	
Super Sprint Medley	400 - 200 - 100 - 100	1 team	
4 x 200	relay	1 team	
4 x 800	relay	1 team	
Field Events - 2 jumps or throws each			
Long Jump	individual - boys/girls combined	3 entries	No cards needed
Shot Put	individual - boys first	3 entries	
Discus	individual - girls first	3 entries	

RSVP by email to: Greg Nacerino for meet updates – gnacerino@wcsdk12.org

return payment to:

Michael J. White
Washingtonville High School
54 West Main Street
Washingtonville, N.Y. 10992

School Name: _____
Coach's Name: _____
Coach's Email: _____