

New Paltz Early Bird Invitational, Saturday 6 April 2019 9:00 am

The New Paltz Track and Field team is happy to invite your team to Our Early Bird Invitational on 6 April 2019, starting at 9:00 am.

The intent of this meet is to provide teams with a chance to get seed times before the dual meet season begins in a relaxed atmosphere that offers competition.

Awards for 1st place only in all events, including all members of a relay.

Event entries: Entries in events will be unlimited, except for the 1500/1600 and the 3000/3200, which will be capped at five (5) athletes per team per gender.

Timing will be done by FAT(Tim Fulton) fully automatic timing,

Entries will be done on line thru MILESPLIT **by 9 pm Thursday 4 April**

Entry Fee: \$250 flat fee for Boys team, Girls team, or both. **This is a non refundable entry fee, not a participation fee**

Entry declaration- Intent to enter must be emailed to dbartlett@newpaltz.k12.ny.us by 29 March 2019.

Payment should be made out to New Paltz Track and Field and sent by 5 April to:

Gregory Warren

196 Main Street

New Paltz, NY 12561

School: 845 256 4100

Cell: 845 594 6721

Entries:

-Due by 9:00 P.M. Thursday, 4 April 2019

-Must Be Done through Milesplit- Please be accurate with entries- once entries close, scratches only; no reseed will be done after entries are closed

Refreshments: Stadium snack bar will be open

Equipment: Up to 1/4" spikes are allowed, bring your own starting blocks.

Team Areas: will be outside the stadium fence, either in the stands (please- team tents in back/top row only) or on the grass. Athletes not being clerked or competing should remain outside the fence.

DO NOT leave throwing implements in the bleachers. Our bleachers are open, and implements may fall on people below

Order of Events: Start Time: 9:00 am (coaches meeting at 8:45 am)
Running events will be Girls then Boys, slow to fast
All times will be recorded, and event scoring (10-8-6-5-4-3-2-1) will be final on time

Track 9:00 am (unlimited entries, unless otherwise noted)

4x800 relay

400

100m Final on time

100/110m hurdles Final on time

800

200

3000/3200 (maximum 5 entries per team per gender)

400 hurdles

4x100 relay

1500/1600 (maximum 5 entries per team per gender)

4x400 relay

Field 9:00 am

3 attempts in LJ, TJ, SP and D

Girls Long Jump then Triple Jump- Inside pit

Boys Long Jump then Triple Jump- Outside pit

Pole Vault (Girls open at 6', Boys at 8')

High Jump (Girls open at 3'10", Boys at 4'10")

Shot Put Girls then Boys

Discus Boys then Girls

2019 New Paltz HS Early Bird Invitational Entry Form

Entry Fee: \$250 (one or both Teams)

School Name _____

Check One: Boys _____ Girls _____ Both _____

Coaches Contact Information

Name _____

Phone # _____

FAX # _____

Email _____

Make Checks Payable to: New Paltz Track and Field

Mail payment or PO. by 5 April 2019 to:

Gregory Warren
196 Main Street
New Paltz, NY 12561
845 256 4100

Entries are due on Milesplit by 9 pm Thursday 4 April 2019

Email dbartlett@newpaltz.k12.ny.us to declare your entry by 29 March

Additional questions? Contact D Bartlett, 845 594 6721