



# Monroe-Woodbury Modified Track and Field Invitational



Date: Friday, May 11, 2018

Time: 3:30 PM

(Rain Date: Friday, May 18, 2018)

Time: 3:30 PM

Dear Coach,

Please join us Friday, May 11, 2018 at 3:30 for the 11th Annual Monroe-Woodbury Modified Track and Field Invitational. There is **NO ENTRY FEE**.

## Order of Events for Invitational:

### Track Events: (3 Entrants per school)

55 meter hurdles

200 meter run

1500 meter run

100 meter run

400 meter run

200 meter hurdles

Sprint Medley (200-100-100-400) (1 Team only)

800 meter run

### Relay Events: (2 Teams per school)

4X200 meter relay

4X100 meter relay

### Field Events: (3 Entrants per school)

Shot Put

Discus

Long Jump

Triple Jump

High Jump

Pole Vault

**Seeding:** The meet will have seeded heats. Coaches will be required to have their roster for the meet submitted prior to the meet. Details will be sent directly to coaches as the meet approaches.

The invitational will be open to the first 18 teams to register. Please complete the entry form by Friday, April 13th to reserve your team's spot.

We hope to see you there.

Brian Collins

M-W Girl's Modified Track Coach

Contact:

Brian Collins (M-W Modified Girl's Head Coach)

Email: [bcollins@mw.k12.ny.us](mailto:bcollins@mw.k12.ny.us)

Phone: 845-460-6400

Fax: 845-460-6044

## 2018 Monroe-Woodbury Crusader Invitational Information Form

\_\_\_\_\_ **YES**, we plan to participate in the 2018 Crusader Invitational on May 11th 2018.

Coach Girl's Team: \_\_\_\_\_

Email Address: \_\_\_\_\_

Coach Boy's Team: \_\_\_\_\_

Email Address: \_\_\_\_\_

School Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Fax: \_\_\_\_\_

Please email your response and this form to [bcollins@mw.k12.ny.us](mailto:bcollins@mw.k12.ny.us) by April 13, 2018.

-OR-

Please fax this completed form to the number listed below by April 13, 2018.

### Contact

Brian Collins (M-W girl's head coach)

Phone: 845-460-6400

Email: [bcollins@mw.k12.ny.us](mailto:bcollins@mw.k12.ny.us)

Fax: 845-460-6044