

Matthew O'Brien  
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Cradle of the Trotter  
and  
Birthplace of Webster's  
Dictionary

GOSHEN CENTRAL SCHOOL DISTRICT  
222 SCOTCHTOWN AVE.  
GOSHEN, NEW YORK 10924

TO: OCIAA Athletic Director & Modified Track Coaches

FROM: Matthew O'Brien, Athletic Director  
Gus Lawson, Varsity Track Coach

DATE: February 22, 2018

RE: **GOSHEN MODIFIED TRACK INVITATIONAL**

**SITE OF MEET:** Goshen High School

**DATE OF EVENT:** Tuesday, May 22<sup>nd</sup>, 2018

**STARTING TIME:** 3:30 p.m. Field Events  
3:45 p.m. Running Events

**ENTRY FEE:** **\$125.00** per school. Blank vouchers or check must be sent to the Goshen Athletic Dept. They will be completed and returned. Please make check payable to **Goshen Track Club**

**RULES:** **NYSPHSAA Modified Rules**

<b>EVENTS:</b>	<b><u>Field Events</u></b>	<b><u>Running Events</u></b>
	High Jump	Sprint Medley Relay (1 Team per school)
	Long Jump	Hurdles (55m and 200 m)
	Triple Jump	100 meter
	Discus	200 meter
	Shot Put	400 meter
		800 meter
		1500 meter
		4 x 100 meter relay - 1 team per school
		4 x 200 meter relay - 1 team per school

**SEEDING:** This will be done by the clerk at the check-in for each event. (**No pre-meet seeding will be done**). All athletes in running events should have a 3 x 5 card attached to their front for each event that includes: Event, Athlete's Name, and School

Athletes in field events will sign in when event is called.

**In all running and field events, you may enter up to \* three people\*.**

**Please confirm your intent to participate in this meet by Monday, May 14<sup>th</sup> by calling 845-615-6161 or in writing to: Athletic Director, Goshen High School, 222 Scotchtown Ave, Goshen, NY 10924**

cc: Chris Mayo, Athletic Coordinator  
GV/ca