



8th Annual
KINGSTON TIGERS MODIFIED
RELAYS



Friday, April 29th 2016 @ 4:30 p.m.
Dietz Stadium, Kingston, N.Y.

Order of Events

2 relay teams unless otherwise noted

Running Events

55 Hurdle Relay (Unlimited Teams)

(Times added together/No Shuttle) Please note A, B, C, etc.

4x800

4x100

4x400 (1 entry)

800 M Steeplechase (3 Entries)

SMR (4-2-2-8) (1 entry)

4x200

DMR (1200, 400, 800, 1600) (1 entry)

Please give a seed time (as close as possible) for all track events.

Field Events (4 entries per event)

Long Jump B South Pit/G North Pit

Triple Jump B South Pit/G North Pit

Pole Vault B/G Combined (poles will be provided)

Discus B/G

Shot Put G/B

High Jump B South Pit/G North Pit

Ribbons will be awarded to the TOP 6 in each event

NEW THIS YEAR – TIGER RELAYS T-SHIRTS WILL BE
FOR SALE. \$15.00

8th Annual Kingston Tigers Modified Track & Field Invitational Entry Form

High/Middle:
School
Address

Athletic Dept Phone:

Team: Boys Girls Both

** Please make sure the contact information is correct and up to date

Team Contact:

Contact Phone:

Contact E-Mail:

Blanket Fee: \$120.00, Boys Team: \$60.00, Girls Team: \$60.00

Total Due: \$_____

Please Note the Change in the Check Payable
Made Payable to: **Kingston Track & Field Club**
Federal ID/EIN # Available

Kingston High School
Attn: Coach Joe Cahill
403 Broadway
Kingston NY, 12401

Fax to:
KHS Athletic Department
Attn: KHS Track
Fax #: 845 331-4161

