

MHAL

SOCCER



2010-2011

Girls Sports Chair:
Amy McArdle, Ph.D.
amy.mcardle@hydeparkschools.org
845-229-4020 ext 1232

Boys Sports Chair:
Pete Ferguson
pferguson@highland-k12.org
845-691-1031

MHAL Championship Games



Semi-Finals

GIRLS SOCCER	10/19	5PM AND7PM	MHAL CONFERENCE CHAMPIONSHIPS	MARLBORO HS
--------------	-------	---------------	----------------------------------	-------------

BOYS SOCCER	10/20	5PM AND7PM	MHAL CONFERENCE CHAMPIONSHIPS	MARLBORO HS
-------------	-------	---------------	----------------------------------	-------------

Finals

GIRLS SOCCER	10/22	5PM	MHAL CHAMPIONSHIP	MARLBORO HS
--------------	-------	-----	-------------------	-------------

BOYS SOCCER	10/22	7PM	MHAL CHAMPIONSHIP	MARLBORO HS
-------------	-------	-----	-------------------	-------------

Information about EVENT

For all of these games, there will be an admission charge for spectators. It will be \$6 for adults and children under 8 are free.

Please fax the gate list to the Highland HS Athletic office 845-691-1033. There should not be more than fifteen names. If you have an assistant coach, make sure their name is on the gate list if they have not traveled with the team. List chaperones names at the bottom of the gate list as well. **You must bring at least three chaperones.** Chaperones are asked to keep ALL spectators seated and off the turf at all times.

IMPORTANT: Please ask your coaches/players to keep the bench area clean. Please ask your coaches to bring an additional roster with all of the player's names and identify starting line-up for the announcer.

NEWSPAPERS

The MHAL has three area newspapers, which should be contacted after each home contest.

Kingston Daily Freeman 331-5000
331-3557 (FAX)

Times Herald Record 1-800-295-2181

Poughkeepsie Journal 437-4954
437-4921 (FAX)



Please note that schools from other leagues/sections might not call these papers. If you want the coverage, then you should call it in.

MHAL BY LAWS

Team Sports: Boys and Girls Soccer

1. Selection: Selected by coaches (number of nominations at the discretion of coaches). A coaches meeting may be held to discuss nominations. Voting will be done by fax. Coaches may not vote for their own players.
2. Number of Awards: Based on the number of individuals that compose a team with the exception of 1st team (number of players plus one additional for the MVP).
3. Types of Awards: Medals for 1st (Gold), 2nd (Silver), 3rd (Bronze).
4. MVP Award: Plaque awarded to MVP chosen by coaches. (The MVP will receive a plaque in addition to his/her 1st Team Award.)

Team Awards

Championship Trophies: Schools winning MHAL Championships will be awarded permanent trophies.

Traveling Trophies: Each sport will have a traveling trophy which will be kept by the winning school for one year. Winning schools would have their names inscribed on the trophy.

- B. All of the arrangements for the playing off of ties shall be made by the Athletic Coordinator, Sports Chairs, and the Athletic Directors of the member schools involved. Tie breaker system for 3 Divisional play is as follows:

ALL DIVISIONS ARE BASED ON BEDS INFORMATION EACH YEAR

1. All Varsity and JV teams will have 12* games
 - a. 10 League games & two crossover/playoff games when applicable
 - b. 16 game limit
2. There will be 2 Conferences (American & National) with 2 DIVISIONS in each Conference.
 - a. DIVISION 1 winner and DIVISION 2 winner play for American Conference Championship
 - b. DIVISION 3 winner and DIVISION 4 winner play for National Conference Championship
 - c. Conference Championships play for League Championship
 - d. A Consolation game may precede the Championship contest
3. A point system will determine DIVISION WINNERS (playoff for ties)
 - a. 3 points for a DIVISION win
 - b. 2 points for a Conference win
 - c. 1 point for a non-conference win
 - d. Ties – ½ point total for game (1.5 D) (1 C) (.5 NC)
4. There will be 5 rounds of games
 - a. Round 1: DIVISION 1 vs DIVISION 2 & DIVISION 3 vs DIVISION 4 (4 games)
 - b. Round 2: INTER-DIVISION Play (3 games)
 - c. Round 3: DIVISION 1 vs DIVISION 3 & DIVISION 2 vs DIVISION 4 (4 games)
 - d. Round 4: INTER-DIVISION Play (3 games)
5. Schools are encouraged to schedule scrimmages/non-league contests with MHAL schools that are not on the regular schedule
 - a. Each school will meet at least 12 – 14 MHAL schools each season
6. DIVISIONS 2 & 4 will be designated home teams on even years. DIVISIONS 1 & 3 will be designated home teams on odd years
7. CONFERENCE CHAMPIONSHIP

American Conference will be designated home team on even years. National Conference will be designated home team on odd years for league championship contest.

8. Later game in MHAL Tournament will be determined by the following:
 - a. unequal # of games , an average # of points per contest will be computed
 - b. most points in MHAL
 - c. overall MHAL record
 - d. head to head

AMERICAN CONFERENCE

NATIONAL CONFERENCE

DIVISION 1		DIVISION 2		DIVISION 3		DIVISION 4	
1. FDR		5. NEW PALTZ		9. ONTEORA		13. PINE PLAINS	
2. WALLKILL		6. HIGHLAND		10. ELLENVILLE		14. MILLBROOK	
3. SAUGERTIES		7. RED HOOK		11. SPACKENKILL		15. WEBUTUK	
4. RONDOUT		8. MARLBORO		12. RHINEBECK		16. COLEMAN	

- H. Seniors may be allowed to participate at the Junior Varsity level. The AD must notify the League in writing.
- I. Scouting of any MHAL scrimmage is prohibited. However, film scouting of MHAL contests is permitted.
- J. Coaches may nominate their own players for All Star recognition. The Coach may *not* vote for their players.
- K. Pre-game and half-time music may be played at the discretion of the Home School. Music must stop one minute prior to play.
- L. SPORTSMANSHIP: As per NYSPHAA Handbook Guidelines/Section IX Guidelines
- M. The MHAL recognizes a student's right to participate in two sports in the same sports season.
- N. MODIFIED SPORTS - The score at the end of a 5 quarter contest will be the official score.
- O. Each Varsity sport may name a Coach of the Year.
- P. No sport can be played outside of the MHAL when it is offered during that season.
- Q. In sports organized primarily for female athletes, the MHAL does not recognize the participation of males on the Varsity level.
- R. *Best overall MHAL record will be used in determining who gets home site when teams are tied in the Division and a playoff is necessary. If teams are still even, then a neutral site will be used.
*Applicable for 3 division sports only

BOYS SOCCER:

MATCH TIME: 4:15 P.M. 10:00 A.M. or 11:00 A.M. Saturday

ADMISSION: Admission can be charged at the discretion of the Home School.

POSTPONEMENTS: Next available date

DRESSING ROOM FACILITIES: If available

REGULAR COACHES MEETINGS: Pre-season/post-season

TOURNAMENTS: MHAL championship/Section Nine

ALL STAR SELECTIONS: 11 player 1st/2nd team/ 3rd team plus MVP(total 33).

- Number of nominations for All-Star selections will be at coach's discretion.
- Nominations for All-Star selection will be faxed to Sports Chair. The Chair will make copies to be distributed at the post season meeting. Coaches may discuss the nominations. Voting will be done by fax. Coaches cannot vote for their own players.

One round of voting for each position with the highest total votes received awarded first and second highest votes second.

A player must be selected on the first team to be considered for player of the year. Only league statistics from current year are to be used for criteria.

Positions selected as follows:

Goalkeeper	First team/second team/third team
Defenders	Top 3 1st team/2nd 3 second team/ 3 rd 3
Midfielders	Top 4 1st team/2nd 4 second team/ 3 rd 4
Forwards	Top 3 1st team/2 nd 3 second team/ 3rd 3 team

ALL TIES BROKEN

COACH OF THE YEAR

FEDERATION RULES WILL APPLY

VARSIITY - two forty minute halves

TIE GAME - two ten minute overtime periods sudden victory

JUNIOR VARSITY - two forty minute halves

TIE GAME - two five minute overtime periods sudden victory

If game is tied after overtime, game will remain tied. Any game that ends in a tie will result in each team receiving ½ of the winning point total.

HOME TEAM - Light Jersey

VISITING TEAM - Dark Jersey

YELLOW CARD - player will be removed from game and may return at next substitution opportunity. (coach responsibility) Make sure to report the yellow cards according to the accumulation policy.

In the event that the player receives two Yellow Cards in the same game, resulting in a Red Card, the two Yellow Cards will not count towards the season total; as the player will receive one game suspension as a result of the misconduct and ejection.

RED CARD - player, coach, or bench personnel in the team area shall be disqualified for:

- (a) exhibiting violent conduct or committing serious foul play;
 - (1) a player anywhere on the field (other than a goalkeeper within his/her own penalty area) intentionally handling a ball to prevent it from going into goal.
 - (2) an intentional foul by a player against an opponent who is moving toward a goal with an obvious opportunity to score.
- (b) using foul or abusive language
- (c) any subsequent act of misconduct

The player will be removed from the game and will not play in team's next game

TIE BREAKER FOR CHAMPIONSHIP GAME:

- (A) Two fifteen minute sudden victory periods
- (B) If the score remains tie, the teams are declared Co-Champions

That all schools strive to make fields maximum size (120x75)

GIRLS SOCCER

MATCH TIME: 4:15 - 3:30 P.M. after daylight savings time

ADMISSION: None for daylight contests. Admission can be charged for night contests at the discretion of the Home School.

POSTPONEMENTS: Next available date

REGULAR COACHES MEETINGS: Pre-season/post season

TOURNAMENTS: Section IX

METHOD OF ALL STAR SELECTION: The all star squad shall be made up of an 11 player First/Second/Third Team (33 total plus MVP).

- Number of nominations for All-Star selections will be at coach's discretion.
- Nominations for All-Star selection will be faxed to Sports Chair. The Chair will make copies to be distributed at the post season meeting. Coaches may discuss the nominations. Voting will be done by fax. Coaches *cannot* vote for their own players.

One round of voting for each position with the highest total votes received awarded first team, the second highest total awarded second team, and the third highest awarded third team.

A player must be selected on the first team to be considered for player of the year. Only league statistics from the current year are to be used for criteria.

Positions selected as follows:

Goalkeeper	First team/second team/third team
Defenders	Top 3 1st team/2nd 3 second team/ 3 rd 3
Midfielders	Top 4 1st team/2nd 4 second team/ 3 rd 4
Forwards	Top 3 1st team/2 nd 3 second team/ 3 rd 3 team

ALL TIES BROKEN

COACH OF THE YEAR:

FEDERATION RULES WILL APPLY

VARSIITY - two forty minute halves

- TIE GAME - two ten minute overtime periods. If the game is still tied, game ends in a tie. If game ends in a tie, each team will receive half of the winning point total.

JUNIOR VARSITY - Two forty-minute halves will be played.

TIE GAME - two five minute overtime periods

If game is tied after overtime, game will remain tied.

HOME TEAM - Light Jersey

VISITING TEAM - Dark Jersey

YELLOW CARD - player will be removed from game and may return at next substitution opportunity. (coach responsibility) Make sure to report the yellow cards according to the accumulation policy.

In the event that the player receives two Yellow Cards in the same game, resulting in a Red Card, the two Yellow Cards will not count towards the season total; as the player will receive one game suspension as a result of the misconduct and ejection.

RED CARD - player, coach, or bench personnel in the team area shall be disqualified for:

- (a) exhibiting violent conduct or committing serious foul play;
- (1) a player anywhere on the field (other than a goalkeeper within his/her own penalty area) intentionally handling a ball to prevent it from going into goal.
- (2) an intentional foul by a player against an opponent who is moving toward a goal with an obvious opportunity to score.
 - (b) using foul or abusive language
 - (c) any subsequent act of misconduct

The player will be removed from the game and will not play in team's next previously scheduled game.

That all schools strive to make fields maximum size (120x75)

Teams practicing on adjoining field refrain from whistle blowing during soccer contests

TIE BREAKER FOR CHAMPIONSHIP GAME:

- (A) Two ten minute overtime periods
- (B) Two five minute sudden victory periods
- (C) If the score remains tie, the teams are declared Co-Champions

NYSPPHSAA
Yellow Card Accumulation Policy
Approved 5/07

It is the intention of the NYSPPHSAA to address the issue of the accumulation of Yellow Cards during the soccer season by an individual player or coach. The situations surrounding Red Cards are dealt with directly under the NYSPPHSAA Guidelines for Sportsmanship and Misconducts outlined in the State Handbook for all sports. The consequences for the accumulation of excessive Yellow Cards will be as follows:

1. Five Yellow Cards accumulated by a single player or a coach in the regular season will result in a one game suspension. Disqualifications due to an accumulation of five yellow cards occurring in the last game of the season will carry over to the next season of participation.
2. The continued accumulation of Yellow Cards by the same individual (player or coach) will result in a one game suspension per additional Yellow Card.
3. In the event that the player or coach receives two Yellow Cards in the same game, resulting in a Red Card, the two Yellow Cards will not count toward the season total, since the individual will receive a one game suspension as a result of the misconduct and ejection.
4. The accumulation card total is for regular season play only and the process will start over again for post season play. However, any penalties awarded as a result of the last regular season game will carry over into the post season.
5. The post season policy will provide a one game suspension after three Yellow Cards and a one game suspension for each additional card received through the State Final.
6. The coaches, or athletic directors, of both schools are to report all Yellow Cards to their League and Section by means of Mail, E-mail or Fax for tabulation. The officials should report to their boards concerning games in which cards are given and the reasons for issuance of the card. Board policy will determine the method of notification to the League and Section.
A final end of the year report including data on disqualifications shall be sent to the NYSPPHSAA Sportsmanship Coordinator. Data will be collected for all high school soccer teams (girls and boys). Although the rule is in place for the modified level athletes and coaches, data will not be collected at the modified level.
7. Refusing to report, or failing to report infractions and allowing a player or a coach to continue play under these circumstances will result in the forfeiture of all games in which the individual in question participated.



MHAL SOCCER YELLOW CARD ACCUMULATION FORM

RETURN TO YOUR ATHLETIC DIRECTOR ASAP

DATE: _____

GIRLS: _____ **BOYS:** _____

SCHOOL: _____

OPPONENT: _____

ATHLETE(S) RECEIVING A RED CARD

ATHLETE(S) RECIEVEING A YELLOW CARD **SEASON TOTAL**

**ATHLETIC DIRECTOR SHALL REPORT THIS INFORMATION
TO THE LEAGUE OFFICE IMMEDIATELY.**

Important Reminders

- It is against NYSPHSAA rules for boys and girls to practice, scrimmage or train together.
- The following are **not permitted** at the games:
 1. Noise makers
 2. **Signs**
 3. Horns, radios, music boxes, etc.
 4. No bands

Please inform your students of these restrictions!

- **The legal size of the playing field for sectional and intersectional play is **110 by 60** yards.

Suspended Game BOYS'and GIRLS'

In the event a game must be suspended because of conditions which make it impossible to play, the head referee shall declare the game official if one complete half or more of the game has been played and one team is ahead in the score. If less than one half has been played, the game will resume from the point of suspension. If the game is tied in the second half the game will resume from the point of suspension.

Section IX Lightning and Thunder Policy
Prepared by the Section IX Safety Committee

- I. Purpose/Philosophy
The purpose of a lightning and thunder policy is to provide a safeguard for athletic contests, events and practices.
- II. Policy
The occurrence of lightning and thunder is NOT subject to interpretation nor debate. Lightning and thunder necessitates that contests, events or practices be immediately suspended.
- III. Procedures
 - A. Chain of command
 - 1. The chain of command at athletic events is defined as:
 - a. Superintendent of School
 - b. Principal/Building Administrator
 - c. Sport chairs or their designees
 - d. Athletic Coordinator
 - e. Host site athletic directors or their designees
 - f. Officials
 - g. Sponsoring Coach
 - h. Security Personnel
 - B. Sequential Response will include:
 - 1. Suspend play and direct participants to shelter in a public building or if building is unavailable, to a vehicle with a solid top.
 - 2. Monitor weather scanners/stations
 - 3. After lightning and thunder has passed, wait a full 30 minutes after the last lightning strike and/or sound of thunder before resuming play.
 - 4. Event suspension or evacuation procedures to be outlined during pre-event announcements.
 - C. Host school responsibilities will include:
 - 1. To make a pre-event announcement that notes rules, regulations and evacuation procedures.
 - 2. Announcement to be read: "All spectators, competitors, and personnel should go inside to the school building as quickly as possible. A vehicle with a metal roof and the windows rolled up is a safe alternative to a sturdy building. DO NOT take shelter under trees or other lone objects. DO NOT remain on, under, or near metal bleachers, fences, or backstops."
 - 3. Authority to execute the sequential response shall be governed by the chain of command.
 - 4. Consideration to cancel or resume play must take into account a minimum 30 minute wait from the time of interruption. The rules of the sport will determine whether the contest is official or if the contest must resume at a later date.
 - 5. To plan for the occurrence of bad weather.
- IV. Communication of Lightning and Thunder Policy
 - A. Section workshops
 - B. League meetings
 - C. Preseason coaches meeting
 - D. Section IX heat clinics
 - E. Health Science and First Aid Update classes
 - F. Published plan sent to superintendents, principals, etc.
- V. Evaluations
 - A. Yearly

2010-11 Soccer Rules Changes

3-3-1c (new): Time for Substitutions: either team may substitute an unlimited numbers of players from the bench:

- a. between periods;
- b. when a goal is scored;
- c. when a player is injured and removed from the field.

3-3-1c3: Any player who exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health-care professional. (Please see NFHS Suggested Guidelines for Management of Concussion).

4-1-1b: Beginning with the 2012 fall season, the home team shall wear solid white jerseys and solid white socks, and the visiting team shall wear dark jerseys and socks. Prior to and during the game, jerseys shall be tucked into the shorts, unless manufactured to be worn outside.

4-1-1i1: Beginning with the 2012 fall season, all jerseys, shall be numbered on the back with a different Arabic number at least 6 inches in height and on the front (jersey or shorts) with the same number which shall be at least 4 inches in height. Numbers shall be of contrasting color to the jersey (or shorts) and clearly visible.

4-1-1i2: Only those names, patches, emblems, logos or insignias referencing the school are permitted on the team uniform, except as in 4-1-1 (d), (f) and (g). The player's name may also appear on the team uniform.

4-2-1c: Hard and unyielding items (guards, casts, braces, etc.) on the hand, wrist, forearm, elbow, upper arm or shoulder unless covered, and must be padded with a closed-cell, slow-recovery foam padding no less than ½-inch thick.

4-2-5: Artificial limbs, which in the judgment of the state high school association are no more dangerous to players than the corresponding human limb and do not place an opponent at a disadvantage, may be permitted. Upper limb prostheses and above-knee leg prostheses are discouraged. Hinges shall be lateral and covered by suitable material. All permissible artificial limbs must be padded with a closed-cell, slow-recovery foam padding no less than ½-inch thick.

5-3-2i (new): Instruct the timer to correct the clock, when necessary.

15-1-3: While a throw-in is being taken, an opponent shall neither interfere with, nor in any way impede, the actions of the thrower, and shall stand at least two yards from the point at which the throw-in is being taken. PENALTY: An official shall administer a caution for unsporting conduct.

18-1-1v (new): MISCONDUCT – Any of the actions by players, substitutes and bench personnel that results in yellow and/or red cards being issued.

NFHS Official Soccer Signals: The NFHS Official Soccer Signals have been modified to reflect common practice.

Points of Emphasis

1. Concussion Management
2. Ankle and Knee Braces
3. NFHS Code of Ethics
4. NFHS Soccer Signals
5. Online Education
6. Team Areas
7. Throw-in Encroachment

NSCAA Membership Form



Name _____
 Address _____
 City _____ State _____ ZIP _____
 Work Phone _____ Home Phone _____
 Fax _____ Email _____

School or Club Name _____ I am: Male Female
 Check here if you would like to receive The Technical Area, NSCAA's bi-weekly electronic newsletter.

Select Your Membership Category

- Standard Membership* (\$95)\$ _____
- Youth Coach Membership (\$75).....\$ _____
- European Membership+ (\$115).....\$ _____
- Foreign Membership+ (\$125).....\$ _____
- NSCAA Member Subscription to *Success in Soccer* magazine
 (\$36.99 for U.S. members, \$41.95 for Canadian members; not
 available to European or Foreign members).....\$ _____
- Voluntary Contribution to NSCAA Foundation (supporting
 Special Olympics, inner-city soccer and other programs)\$ _____
- TOTAL**.....\$ _____

Method of Payment:

Check No. _____ or Money Order (enclosed)
 Credit Card: Visa MasterCard American Express Discover
 Name on Card _____
 Card No. _____
 Exp. Date _____ VIC Code # _____
 Signature _____
 Cardholder's Home Phone: _____

I am a: New Member Renewal: Membership No. _____

New Members: How did you learn about NSCAA? _____

Credit card payments may be faxed to: 913-362-3439.

* High school, college, senior amateur, professional and general membership.
 + Liability insurance is not included with these membership categories.

Return this form with your payment to:

**NSCAA
 Attn: Membership
 800 Ann Ave.
 Kansas City, KS 66101**

Primary coaching area (check one):

- Youth
- High School
- Junior College Division I
- Junior College Division III
- NCAA Division I
- NCAA Division II
- NCAA Division III
- NAIA
- NCCAA
- Professional
- Amateur
- Referee
- Other

I coach: Male Female Both

What is your primary role?

- Coach
- Assistant Coach
- Director of Coaching

Race/Ethnicity (Optional):

- Asian/Pacific Islander
- Black
- Caucasian
- Hispanic
- Multi-Racial
- Native American/Alaska Native

NSCAA Coaching Diplomas Earned:

- Youth Level I (Parent/Coach)
- Youth Level II (State)
- Youth Level III (National Youth)
- Youth Level IV (Advanced Youth)
- Junior Level V (Regional)
- Junior Level VI (Advanced Regional)
- National
- Advanced National
- Premier
- Professional Development Certificate