

NYSPHSAA MODIFIED TRACK HURDLES 2009 SURVEY

Modified Track Coach's Report

All Sections requested and were granted approval by the NYSPHSAA Executive Committee to conduct a two-year pilot program in modified boys' track and field during the 2009 and 2010 seasons, that would increase the height of the hurdle in the 55m boys' event from 30 inches to 33 inches. At the conclusion of each season and year of the experiment, each participating school is asked to return this survey to the track and field coordinator in your section and/or your NYSPHSAA Modified Sectional Representative. The due date of this survey is Friday, June 12, 2009. The NYSPHSAA Committee for Modified Athletics will review the survey information at its Fall 2009 meeting. Your input is valued and appreciated.

School: _____ Section _____
Submitted by: _____

How many boys practiced or competed in the 55m event at the 33" height this year? _____

How many of these hurdlers participated in the hurdles at the modified level last year (2008)? _____

Did any of your hurdlers sustain an injury at the 33" height this year? ___ YES ___ NO How many? _____

If you had injuries, what type of injuries were they? Please list them below:

Do you feel that the 3" increase in hurdle height contributed to more injuries than during the previous year at the 30" height? ___ YES ___ NO

As a coach, what type of feedback can you provide about the use of the 33" hurdle for boys' modified track?

Do you feel that the use of the 33" hurdle height in modified boys' track better prepares your players for the HS program? ___ YES ___ NO

Was a positive impact on hurdle technique visible as the season progressed?
 ___ YES ___ NO

Would you recommend a continuation of this pilot program for next year?
 ___ YES ___ NO

Additional suggestions regarding this study or pilot program are welcome.

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Sectional Representatives' Summary Report

Submitted by: _____ Section _____

All Sections requested and were granted approval by the NYSPHSAA Executive Committee to conduct a two-year pilot program in modified boys' track and field during the 2009 and 2010 seasons; the experiment would increase the height of the hurdle in the 55m boys' event from 30 inches to 33 inches. At the conclusion of each season and year of the experiment, each participating school was asked to return its track coach's survey to the sectional coordinator of track and field and/or sectional modified representative. The NYSPHSAA Committee for Modified Athletics will review the survey information at its Fall 2009 meeting.

This summary of each section's coaching surveys is to be sent to NYSPHSAA modified track and field coordinator Teresa Lee. All summary reports should be received by June 26, 2009. Please use numbers in reporting the results of each question, by tallying the total coaching survey responses per item. The percentage of your returns must also be calculated. Additional comments are welcome.

Total Number of Schools that Participated in Hurdles Pilot Program _____
Total Number of Schools in Section that Returned Surveys: _____
Percentage of Return: _____%

How many boys in your section practiced or competed in the 55m event at the 33" height this year? _____

How many of these hurdlers participated in the hurdles at the modified level last year (2008)? _____

Did any of your section's hurdlers sustain an injury at the 33" height this year? Number of Coaches who reported YES _____
Number of Coaches who reported NO _____

The type and number of sectional injuries is listed below:

Did your coaches feel that the 3" increase in hurdle height contributed to more injuries than during the previous year at the 30" height?
Number of Coaches who reported YES _____
Number of Coaches who reported NO _____

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Did your coaches feel that the use of the 33" hurdle height in modified boys' track better prepared their hurdlers for the HS program?

Number of Coaches who reported YES _____

Number of Coaches who reported NO _____

Was a positive impact on hurdle technique visible as the season progressed?

Number of Coaches who reported YES _____

Number of Coaches who reported NO _____

Would you recommend a continuation of this pilot program for next year?

Number of Coaches who reported YES _____

Number of Coaches who reported NO _____

In general, did the coaches feel that the experiment permitting the use of the 33" hurdles resulted in positive outcomes for modified athletes?

Number of Coaches who reported YES _____

Number of Coaches who reported NO _____

Additional sectional feedback about the use of the 33" hurdle for boys' modified track may be noted below: