

**Minutes of the Life of an Athlete Meeting**  
**October 19, 2009 10AM**  
**Teleconference**

**1. State Meeting Report:**

Our recommendation should a coach/supervisor violate #9 of the State Code of Conduct which states that a coach/supervisor in a supervisory capacity will abstain from the use of alcohol and controlled substances(unless prescribed by a physician) were accepted.

This reads that:

- The school and section will be notified immediately.
- Documentation of the incident will occur.
- A recommendation from the section for disciplinary action will be given.

**2. Life of an Athlete Program:**

Sections 8 and 11 will schedule year 5 training during the week of January 25<sup>th</sup>. This will complete the trainings for all sections.

**DVD's** from any of the 5 year programs can be obtained by calling or emailing Eileen Davis at the NYSPHSAA or filling out the information found in the state magazine order blank.

We would again like to thank John Underwood for all his work on these programs.

**3. Section Reports:** Sections report that they are continuing with workshops and summits for coaches and student athletes in regards to chemical health and leadership. John Underwood is available to do updates, but the sections would be responsible for his fee.

Section 8 will have Eric Jensen, author of **Teaching with the Brain** as a speaker for their in-services day and will forward information to us.

**4. Issues and Concerns :** There were many who voiced concerns about supplements as well as the students' ability to purchase them over the internet. I will try to get information as to what the government is doing to control this issue as well as grant money available of prevention programs. I will also look into conferences that cover supplements to get more information.

**5. Next meeting will be a teleconference on Monday, May 24 at 10 AM.**