

Section 9 Championship Meet
Order of Events

3000M		Unseeded	
3000M		Seeded	
3200M		Unseeded	
3200M		Seeded	
1000M	Girls	Finals	
1000M	Boys	Finals	
1500RW	Girls	Finals	
55M	Girls	Semi-Final	
55M	Boys	Semi-Final	
600M	Girls	Final	
600M	Boys	Final	
55M	Girls	Final	
55M	Boys	Final	
1500M	Girls	Final	
1600M	Boys	Final	
55HH	Girls	Semi-Final	
55HH	Boys	Semi-Final	
300M	Girls	Final	
300M	Boys	Final	
55HH	Boys	Final	
55HH	Girls	Final	
4x800 Relay	Girls	Final	
4x800 Relay	Boys	Final	
4x400 Relay	Girls	Final	
4x400 Relay	Boys	Final	
4x200 Relay	Girls	Final	
4x200 Relay	Boys	Final	
Long Jump	Girls / Boys	Final	3 Jumps NO Finals
Triple Jump	Girls / Boys	Final	3 Jumps NO Finals
High Jump	Boys / Girls		Boys 5' up 3" to 6" then 1" Girls 4' up 3" to 5' then 1"
Weight Throw	Girls / Boys	Final	3 Throws NO Finals
Shot Put	Girls / Boys	Final	3 Throws NO Finals
Pole Vault	Boys / Girls	Final	

Each school will be allowed 2 entries per event and 1 relay per school

55M – 55HH 4 heats of 8 bring back the top 2 in each heat plus the next 4 fastest times

300-600-1000-1500/1600 Seeded heat last