

Shot Put. **4 Athletes** Boys 1st
Weight Throw. **3 Athletes**

LJ. **3 Athletes** Girls 1st
TJ. **3 Athletes**
HJ. **3 Athletes**
 3'9" up 3". 4'9" up 3"

PV. **3 Athletes**
 7'6" Girls up 6"
 9'6" Boys up 6"
When completed 6' up 6"

1600/1500. **4 Athletes.**
 3 Heats B 3Heats G

55 HH. **8 Athletes**
 2 Cards

55M. **10 Athletes**
 2 Cards

1500 RW. **4 Athletes**
 2 Heats

600M. **4 Athletes**
 Top 3 Heats in Lanes
 2 Cards

300M. **6 Athletes**
 2 seeded Cards per Team

4x8. **2 Teams**
 1 or 2 Heats depending on size

4x4 **2 Teams**
 3 Seeded Heats then scratch start
 1 Card

4x2 **2 Teams 1 Card**