



# **SECTION IX GIRLS' LACROSSE HANDBOOK 2023**

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845-598-7895

## ATHLETIC DIRECTORS

<b>John S. Burke</b>	Adam Kless 80 Fletcher St Goshen, NY 10924 845-294-5481 ext.152	<b>Monroe-Woodbury</b>	Howard Harrison 155 Dunderberg Rd Central Valley, NY 10917 845-460-7049
<b>Cornwall</b>	Jason Semo 10 Dragon Dr New Windsor, NY 12553 845-534-8009 ext.7504	<b>New Paltz</b>	Gregory Warren 196 Main St New Paltz, NY 12561 845-256-4151
<b>Goshen</b>	George St. Lawrence 227 Main St Goshen, NY 10924 845-615-6161	<b>Newburgh Free Academy</b>	Christian Hodge, Sr 201 Fullerton Ave Newburgh, NY 12550 845-563-5420
<b>Highland</b>	Frank Alfonso 320 Pancake Hollow Rd Highland, NY 12528 845-691-1032	<b>James I. O'Neill</b>	Bryan Wilson 21 Morgan Rd Highland Falls, NY 10928 446-4914 ext.2881
<b>Hyde Park (FDR)</b>	Tom Cunningham 11 Boice Rd Hyde Park, NY 12538 845-229-4020 ext.6881	<b>Pine Bush</b>	Michael Gillespie State Route 302 Pine Bush, NY 12566 744-2031 ext.3627
<b>Kingston</b>	Rich Silverstein 403 Broadway Kingston, NY 12401 845-943-3736	<b>Red Hook</b>	Tom Cassata 9 Mill Rd Red Hook, NY 12571 758-2241 ext.18800
<b>Marlboro</b>	Jonnah O'Donnell 50 Cross Rd Marlboro, NY 12542 845-236-5806	<b>Saugerties</b>	Dominick Zarrella Call Box A Saugerties, NY 12477 845-247-6500 ext.2720
<b>Middletown</b>	David Coates 223 Wisner Ave Middletown, NY 10940 845-326-1532	<b>Valley Central</b>	Rich Steger 944 State Route 17K Montgomery, NY 12549 845-457-2400 ext.17885
<b>Millbrook</b>	Al Hammell 43 Alden Pl Millbrook, NY 12545 845-527-0897	<b>Warwick</b>	Gregory Sirico P.O. Box 595 Warwick, NY 10990 845-987-3050 ext.12881
<b>Minisink</b>	Timothy Bult 2320 State Route 6 Slate Hill, NY 10973 845-355-5172	<b>Washingtonville</b>	Suzanna Lendzian 54 West Main St Washingtonville, NY 10992 845-497-4000 ext.24561
<b>Beacon</b>	John Giametta 10 Education Dr Beacon, NY 12508 845-838-6900 ext.3218	<b>Rondout Valley</b>	Jeff Panek 122 Kyserike Rd Accord, NY 12404 845-687-2400 ext.4261

## TOURNAMENT INFORMATION

### TEAM SELECTION:

- A. 500 or better division record
- B. 500 or better class record
- C. 500 or better class division record
- D. Plus points in the division
- E. Overall plus points
- F. 500 or better overall record
- G. Committee selection Tournament

### TOURNAMENT STRUCTURE:

Seeding will be determined by dividing the total division points by the number of division games.

#### 1. Tournament Seeding Selection – Tiebreaker Process

- (a) Head-to-head record
- (b) Head-to-head goals allowed
- (c) Total goals allowed in class games

#### 2. Responsibilities

- (a) The team with the home field advantage will furnish an announcer, competent timers and scorers, ticket takers, security and any other personnel to secure a safe environment.

NOTE: An adult must be responsible for the game time clock operations.

The same is highly recommended for penalty clock operators as well.

- (b) Home school will assume payment of officials and retain gate receipts.
- (c) Traveling team will assume bus responsibility.
- (d) Officials fees for semifinal and final games are the shared responsibility of the participating schools.

#### 3. Game Procedures

- (a) Higher seed will wear home uniforms (white or light color)
- (b) Sectional games can be played to 80% of completion, if needed.
- (c) Regional and State games must be played to 100% completion.
- (d) Opening ceremonies will include (but are not limited to) announcement of players, sportsmanship, anthem, etc.
- (e) Warm-ups may be no longer than 30 minutes.
- (f) Protest Procedures

- The Protest Committee will consist of at least one member of the Lacrosse Committee.
- The committee will not hear any protest based upon officials' judgments.

(f) Protest Procedures (continued)

- Any coach lodging a protest will immediately notify at least one of the game officials that he/she is playing the game under protest, and the following the protest guidelines as follows:
  - i. Immediately after the completion of the game, the protesting coach will write a complete statement outlining the reasons for the protest.
  - ii. The written protest should be turned over to a member of the Lacrosse Committee immediately after the game.
  - iii. If no member is present, the officials are to accept the protest, and notify the chairperson immediately.

4. Game Officials

- (a) Will be assigned by Section IX committee in conjunction with the assignor
- (b) Three officials for first round and for semifinal games
- (c) Four officials for championship games (three field officials, and one chief bench official/alternate)
- (d) Officials from the host section will be assigned for regional contests.

5. Tickets

- (a) Ticket prices shall be posted at the entrance gate for championship games.
- (b) Section IX passes will not be honored throughout the tournament.
- (c) ADs will submit gate lists to the host site no later than noon on the day of the contest.
- (d) All expenses incurred by the Lacrosse Committee will be underwritten by Section IX.

6. Supervision and Game Control

- (a) All participating schools shall be required to send an appropriate number of school personnel to supervise their fan section.
- (b) Said personnel should report to the committee members upon arrival to identify themselves, and will be visible/positioned to provide appropriate supervision.

## COMMITTEE SELECTION

Committee selection for Section IX tournaments will be available in all team sports.

- A. The respective sports committee must be notified at least three (3) school days before the seeding and selection meeting date that a given school is going to apply for committee selection.
- B. The notification must be made by the applying school's Athletic Director to both the Committee Chair and the Section IX Executive Director.
- C. The Athletic Director in question must attend the selection committee meeting.
- D. If the Athletic Director disagrees with the committee selection decision, she/he has one (1) hour to appeal the decision to the Section IX Executive Director or his designee.
- E. The decisions of the Section IX Executive Director or his designee shall be final and binding.

You are encouraged to share this information with your coaches, but remember that the Athletic Director is the official and only voice for each school in this matter.

## **MID-HUDSON LACROSSE UMPIRES ASSOCIATION**

**Paul Rickard**, President

**Matt Giufre** Vice President

**Wendy Crandall**, Rules Interpreter 845-744-2031 (office)

Pine Bush High School 845-551-2871 (cell)

PO Box 670

Pine Bush, NY 12566

If you have any question pertaining to the officiating, rules interpretation or general questions, please feel free to contact either Wendy or Paul (listed above).

## **MEDIA CONTACTS**

Daily Freeman, Kingston 331-5000 331-3557 (fax)

Times Herald Record 800-2181 ext.3191 342-6024 (fax)

Poughkeepsie Journal 800-933-7267 437-4921 (fax)

YNN (Your News Now) 845-695-7066

NOTE: Home team coach is responsible to call the media listed above ASAP following the completion of the game. Be sure to instruct scorekeepers to record the first and last names of all players in the book.

## **IMPORTANT NYSPHSAA REQUIREMENTS**

Each School needs to provide the following ahead of the tournament:

1. Team Picture  
This should be a high resolution photograph of your team in uniform. Be sure that players are seated or arranged so that their numbers are visible. Coaches should be in this photograph.
2. Team Roster
  - a. Typed, and including the following information for each player in this exact order:  
(Athlete's name), (grade), (position), (uniform #)
  - b. Names of athletic director, district superintendent, high school principal, head coach, assistant coach(es), athletic trainer
  - c. Record sheet of games can be sent online to the state office.
3. Section Champions in each class are responsible for submission of a team photo and roster to the NYSPHSAA for the State Program Booklet. Coaches must upload their rosters and team pictures to MaxPreps.com, as NYSPHSAA will be collecting these materials from that website. All Athletic Directors have been given access codes to login.
4. All rosters and team pictures MUST be uploaded to your MaxPreps.com page by 5/26/23.

## **LIGHTNING & THUNDER POLICY**

### **1. PURPOSE & PHILOSOPHY**

The purpose of a lightning and thunder policy is to provide a safeguard for athletic contest, event and practices.

### **2. POLICY**

The occurrence of lightning and thunder is NOT subject to interpretation or debate. Lightning and thunder necessitates that contests, or practices be immediately suspended.

### **3. PROCEDURES**

#### **A. The chain of command at athletic events is defined as:**

- i. Superintendent of Schools
- ii. Principal/Building Administration
- iii. Sports Chairs or their designees
- iv. Athletic Coordinator
- v. Host site Athletic Director or their designees
- vi. Officials
- vii. Sponsoring Coach
- viii. Security Personnel

#### **B. Sequential Response will include:**

- i. Suspend play and direct participants to shelter in a public building or if building is unavailable, to a vehicle with a solid top.
- ii. Monitor weather scanners/stations
- iii. After lightning and thunder has passed, wait a full 30 minutes after the last lightning strike and /or sound of thunder before resuming play.
- iv. Event suspension or evacuation procedures to be outlined during pre-event announcements.

#### **C. Host School Responsibilities will include:**

- i. To make a pre-event announcement that notes rules, regulations and evacuation procedure.
- ii. Announcement to be read: "All spectators, competitors, and personnel should go inside to the school building as quickly as possible. A vehicle with a metal roof and the windows rolled up is a safe alternative to a sturdy building. DO NOT take shelter under trees or other lone objects. DO NOT remain on, under, 8 or near metal bleachers, fences, or backstops."
- iii. Authority to execute the sequential response shall be governed by the chain of command.
- iv. Consideration to cancel or resume play must take into account a minimum 30 minute wait from the time of interruption. The rules of the sport will determine whether the contest is official or if the contest must resume at a later date.
- v. To plan for the occurrence of bad weather.



## HEAT INDEX PROCEDURES

### Administration of Heat Index Procedures:

- Feels Like Temperature (Heat index) or THI using a Wet Bulb indicator on the field will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Download WeatherBug app to your phone or log into [www.weatherbug.com](http://www.weatherbug.com). Schools may also use a Wet Bulb indicator on the field that will be used.
- Enter zip code or city and state in the location section of the app or on-line or determine the THI by using a Wet Bulb indicator.
- If the Feels Like temperature (heat index) or the Wet Bulb Indicator is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the Feels Like temperature (heat index) or Wet Bulb indicator at halftime or midway point of the contest. If the Feels Like temperature (heat index) or Wet Bulb indicator is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp(Heat Index) or Wet Bulb indicator under 79 degrees	Full activity. No restrictions
RECOMMENDED	Heat Index Caution: Feels Like Temp (Heat Index) or Wet Bulb indicator 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) or Wet Bulb indicator 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) or Wet Bulb Indicator 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: Feels Like Temp (Heat Index) or Wet Bulb indicator 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010  
Updated July 27, 2016



## **COACHES CODE OF CONDUCT**

In order to ensure that the principals of sportsmanship, fair play, skill development, and mutual respect among players, coaches, officials and spectators are the primary consideration governing competition in Section IX, the following Code of Conduct has been established and adopted.

Each coach shall:

1. Know the rules and abide by them. Instruct team members in the rules and coach their team in such a way as to motivate each player to compete according to the rules at all times.
2. Respect the game officials and refrain from questioning their decisions in a disrespectful and abusive manner. No negative comments in the media.
3. Ensure that all facility rules and regulations are followed by all players, coaches, and spectators, respecting the property of others at all times.
4. Assist the game officials in maintaining control of spectators during the games when necessary.
5. Respect the coaches and players of the opposing team and demonstrate appropriate gestures of sportsmanship during the play of the game and at its conclusion. Be humble and generous in victory. Be proud and courteous in defeat. Teach each player, especially through personal example, to be humble and generous in victory, and proud and courteous in defeat.
6. Maintain emotional and physical control, avoid the use of abusive language or profanity, humiliating remarks, gestures of ill temper, and physical assault upon another individual. Coaches should refrain from making comments from the bench during opponent's free kicks or throw-ins.
7. Instruct team support personnel (e.g. assistant coaches, managers, scorebook keepers, and timekeepers) in their responsibilities in accordance with established rules and procedures.
8. Realize, accept and practice the principals that a team's reputation is built not only on its playing ability, but also on its sportsmanship, courtesy and conduct.

NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC.  
**NYSPHSAA HIGH SCHOOL SPORT RECORD REPORTING FORM**

A records database for all sports conducted by the NYSPHSAA has been compiled, and is held in the NYSPHSAA office. It has been updated with input from state and section sport coordinators. If there is a correction to this database or if there is a new record, please complete this form and submit to:

NYSPHSAA Sports Record Database  
8 Airport Park Blvd  
Latham, NY 12110  
Phone: (518) 690-0771  
Fax: (518) 690-0775  
[www.nysphsaa.org](http://www.nysphsaa.org)

SPORT: \_\_\_\_\_  
i.e. Baseball, Boys Track, Girls Lacrosse

RECORD CATEGORY: \_\_\_\_\_  
i.e. Career Points/Event – 1600m Relay/Coaching Wins 200+

ATHLETE or COACH or TEAM NAME: \_\_\_\_\_

ATHLETE or COACH or TEAM SCHOOL: \_\_\_\_\_

RECORD: \_\_\_\_\_  
i.e. career/season/game strike outs

STATUS: \_\_\_\_\_  
Date(s) of record, or for coaching wins: active/retired

NAME OF PERSON SUBMITTING: \_\_\_\_\_

PHONE NUMBER OF PERSON SUBMITTING: \_\_\_\_\_

ADDITIONAL COMMENTS/INFORMATION: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DATE SUBMITTED: \_\_\_\_\_

## 2023 SECTION IX TOURNAMENT

**SEEDING MEETING:** Thursday, May 18, 2023 at 6:00pm

Please scan and email your points cards to Taryn Brechbiel ([tbrechbiel@cornwallschools.com](mailto:tbrechbiel@cornwallschools.com)) by 2:00pm on 5/18. If you are playing on 5/18, please send your points card ahead of time, and then email/text the score of your game as soon as it has concluded. Make sure to include your cell phone number on the points card, and contact your AD if you need assistance completing the points card properly.

### **SECTION FINALS**

James O'Neill HS

Wednesday, May 24, 2023

Class B 4:00pm

Class D 6:30pm

Thursday, May 25, 2023

Class A 4:00pm

Class C 6:30pm

### **SUB-REGIONALS**

Winners of Section I vs Section II

Schuylerville HS

Tuesday, May 30, 2023

Class D 5:30pm

Class A 7:30pm

Wednesday, May 31, 2023

Class C 5:30pm

Class B 7:30pm

### **REGIONALS**

Winners of Section IX vs Section II

James O'Neill HS

Saturday, June 3, 2023

Class B 10:00am

Class C 12:30pm

Class D 3:00pm

Class A 5:30pm

### **STATE TOURNAMENT**

SUNY Cortland & Cortland HS

Friday, June 9 and Saturday, June 10, 2023

***All tickets for the State Tournament will be sold online.  
(Tickets will not be sold at the gate.)***

## 2023 NYS Section IX Girls Lacrosse

## POINTS CARD

Please enter all games on this card.

SCHOOL: \_\_\_\_\_

CLASS: \_\_\_\_\_

COACH'S EMAIL &amp; CELL: \_\_\_\_\_

CLASS																		
DATE																		
O P P O N E N T																		
GAME #	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	TOTAL	NET TOTAL
POSITIVE POINTS																		
NEGATIVE POINTS																		

A	OPPONENT	WIN AGAINST	LOSS TO
	A	+6	-6
	B	+5	-7
	C	+4	-8
	D	+3	-9

C	OPPONENT	WIN AGAINST	LOSS TO
	A	+8	-4
	B	+7	-5
	C	+6	-6
	D	+5	-7

B	OPPONENT	WIN AGAINST	LOSS TO
	A	+7	-5
	B	+6	-6
	C	+5	-7
	D	+4	-8

D	OPPONENT	WIN AGAINST	LOSS TO
	A	+9	-3
	B	+8	-4
	C	+7	-5
	D	+6	-6