

2023 Section IX

Field Hockey

Handbook



**SECTION IX FIELD HOCKEY COMMITTEE**

**DEBORAH BEAM: SECTION CHAIR (PINE PLAINS)**

**518-819-9813 CELL**

**845-758-2241 ext. 71025 WORK**

**Email: [dbeam@rhcsd.org](mailto:dbeam@rhcsd.org)**

**NANETTE SIMIONE – RONDOUT VALLEY**

**687-2400 EXT 4769 WORK**

**845-633-9080 CELL**

**Email: [nsimione@rondout.k12.ny.us](mailto:nsimione@rondout.k12.ny.us)**

**SECTION IX FIELD HOCKEY CLASSIFICATIONS -2023**

**CLASS A: KINGSTON-1451**

**PINE BUSH-1280**

**CLASS B: OUR LADY OF LOURDES-506**

**CLASS C: COXSACKIE-ATHENS-276**

**ELLENVILLE-383**

**ONTEORA-350**

**PINE PLAINS-207**

**RED HOOK-410**

**RONDOUT-408**

**SPACKENKILL-396**

**TACONIC HILLS-278**

## 2023 Field Hockey Dates

**August 21- Season Starts (Need 6 practices for Scrimmage/Game)**

**August 23- Section 9 Meeting Zoom Call 7 pm**

**Scrimmage Playday – Pine Plains Aug 28, 29 or 30???**

**Oct. 18:** Section 9 Field Hockey Post Season Meeting  
List of all stars from each team for coaches to use to rank  
**ZOOM MEETING 7 PM**

**Oct. 18:** Sectional material to be emailed to Deborah Beam  
[dbeam@rhcsd.org](mailto:dbeam@rhcsd.org)

**Week of Oct 16TH:** MHAL Championship; semi-finals week (Top 4 Teams)

**Oct. 24-26 :** Section IX Tournament @  
TACONIC HILLS JR. SR HIGH SCHOOL

Semis for C Oct. 24 4 and 6 pm

Finals for C AND A on Oct. 26; 4 pm and 6 pm

- If Quarterfinal C games are needed, they will be at higher seed either Oct 20 or Oct 21

**November 5: Regional Finals –** Section IX hosting  
Winners of Section (1vs 2) vs 9  
If no B; C,A 12 pm, 2 pm  
Rotation is C, A, B: 11 am, 1 and 3 pm  
Rondout Valley High School

**November 9 -Senior Game-** OUR LADY OF LOURDES Stadium 6 pm  
All seniors eligible if not still playing.

**November 11 AND 12 :** State Tournament at Centereach High School, LI

# **STATE TOURNAMENT INFORMATION**

## **PROGRAM ROSTERS /TEAM PHOTOS**

All teams must submit a Roster and Photo on the NYSPHSAA website link MAX PREPS immediately following Sectional Finals for the Championship program.

1. Go to [www.nysphsaa.org](http://www.nysphsaa.org) and click on Sports, select Field Hockey.
2. Click on Roster Reporting this will take you to MAX PREPS website.
3. Choose sport, complete roster, print a copy and click submit.

## PHOTO

1. Go to [www.nysphsaa.org](http://www.nysphsaa.org) and click Sports, select Field Hockey.
  2. Click Photo submission, this will take you to MAX PREPS website.
  3. Send only one (1) team photo, not variations of a team photo
- \* Please send/upload in Roster and Photos as soon as you win sectionals.

Teams to states should have 25 athletes plus 7 bench personnel.

Ball people are needed for Sectionals, Regionals and States.

## **Rule Change: Only 6 practices are required prior to a game or scrimmage.**

**Reminder for Scrimmages:** A field hockey scrimmage must start with a sideline or 16 yard hit and includes one or more of the following:

1. A running clock and/or modified periods
2. Incorporate all or part of the Overtime Procedure into the scrimmage
3. Each team will take 5 offensive corners, playing until either a goal is scored; ball goes out of bounds or crosses the 25yd line.

Please read the NFHS rulebook and keep it with you at games.

## SECTION IX

### Unsportsmanlike Conduct Rule

Sportsmanship: The NYSPHSAA and Section IX recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA AND Section IX has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

#### I. Coach (**There is no appeal to a coach ejection. The official's decision is final.**) (Please refer to the NYSPHSAA Handbook – Sportsmanship; Standard 27b):

1. Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. **The coach may not be present at the game site. NOTE:** “Not being physically present at the site” means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet.
2. A coach who strikes, shoves, kicks or makes other physical contact with the intent to do so to another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for one year from the date of the offense.
3. The coach that was ejected will notify his/her Athletic Director of the incident on the same day that it occurred. The Athletic Director will then contact the League Coordinator as the coach(s) will not be allowed to participate in the school's next scheduled game/games as above.

#### II. Player Ejections: (**There is no appeal to a player ejection. The official's decision is final.**)

1. Any member of a squad ruled out of a contest for unsportsmanlike conduct (flagrant foul, two technical fouls in basketball, two yellow cards, red card, inappropriate language or taunting, fighting, etc.), the following action is **required** by the NYSPHSAA Regulations detailed in Standard #27b:
  - A. First Ejection – that player(s) cannot attend or participate in the next scheduled contest **in that sport**. If the season has ended the player(s) cannot attend or participate in the next scheduled contest in his/her next season of participation.
  - B. Second Ejection – that player(s) cannot attend or participate in the next two scheduled contests **in that sport**. If the season has ended the player(s) cannot attend or participate in the next two scheduled contests in his/her next season of participation.
  - C. Third Ejection – that player(s) cannot attend or participate in any remaining scheduled contests for the remainder of that sports season – including sectional, regional and state contests. If the season has ended the player(s) cannot attend or participate in the next three scheduled contests in his/her next season of participation.

**Please note: Disqualifications from one season will carry over to the next season of participation.**

2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to do so to an official shall be expelled from the game immediately and banned from further participation in all sports for one year from the date of the offense. **NOTE:** “Member of the squad” includes player, manager, scorekeeper, timers, and statisticians.
3. Communication Responsibilities regarding ejections:
  - A. The coach of the player(s) who was/were ejected will notify his/her Athletic Administrator by 12 noon the following day. The Athletic Administrator must report the ejection to their respective League Coordinator by 12 noon the following day.

#### III. Official:

1. Unprofessional conduct on the part of official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the Section Executive Director. A request will be made to the appropriate sport officials' chapter to investigate the incident and to report their action to the Section in a timely manner.

2. The official who ejected the player(s) or coach shall notify the League Coordinator prior to 12:00 Noon the following day of the name(s) of the player(s) or the coach and the infraction(s). The League Coordinator shall notify the Athletic Director of the offending school.

## SECTIONAL FIELD HOCKEY

### **Classifications**

**All teams who qualify for sectionals must submit a team roster and photo**

**C 449 and below**

**B 450-914**

**A 915 and up**

This Qualifying and Seeding criteria is for the following sports: Boys and Girls Soccer, Field Hockey, Girls Volleyball, Boys and Girls Basketball, Baseball, Softball, Boys and Girls Lacrosse.

### Qualifying Standards

To qualify a team must achieve one of the standards listed below:

1. 500 winning percentage in division
2. 500 winning percentage in class
3. 500 winning percentage Overall
4. Committee Selection

There will be a Section appointed committee that will handle all requests from schools who do not qualify for entry into the tournament by one of the first three standards listed above. It would be made up of equal reps from both leagues. It would be selected from league Presidents, Section XI Officers, and League Coordinators. The school must apply to the committee 24 hours prior to the stated sport seeding meeting date. The decision of this Committee will be how a school can gain entry via Committee Selection and its decision could be appealed by the school to the Executive Director.

### Seeding Criteria

1. Point Cards will be submitted online based on a deadline set by each sports committee.
2. Seeding is based on either your division points/#of division games or your overall points/ # of overall games played.
3. The highest index of the two must be used.
4. Any division in either league with less than four teams when the division games begin will only use their overall index.
5. Points will be earned for a win based on the chart below and a tie game the teams will split in half the points from the number of points they would have earned if they had won the game.
6. There are no negative points.
7. The tie breaker for seeding is:
  - a. Head-to-head
  - b. Class points/# of class games played.
  - c. Overall points/# of overall games played.
  - d. Coin toss
  - e. In three 3way or greater ties, after one team breaks the tie, the remaining teams go back to the first criteria and continue until that tie is broken and so on until all ties have been resolved.
8. For purposes of what constitutes a division game the definition is as follows: Division games are the teams in your division as assigned by the MHAL or OCIAA. If you play each team twice in your division and choose to play that team a third time only the games assigned by your league count as division games.



<u>A WIN AGAINST</u>		<u>Tie</u>
A	6	3
B	5	2.5
C	4	2

<u>B WIN AGAINST</u>		
A	7	3.5
B	6	3
C	5	2.5

<u>C WIN AGAINST</u>		
A	8	4
B	7	3.5
C	6	3

**\*\*A spreadsheet will be made available from Section 9 that must be completed and submitted for petition for sectionals. Please be made aware there are no longer negative points....you only are awarded points for Wins and Ties.**

**COMMITTEE SELECTION**  
**Section IX Athletic Council**  
**N.Y.S.P.H.S.A.A.**

**TO:** Section IX Athletic Directors

**FROM:** Mr. Robert Thabet, Executive Director, Section IX

**DATE:** September 21, 2005

**RE:** Committee Selection

As announced at a Section IX meeting, we will be implementing the following procedure for team sports.

Committee Selection for Section IX tournaments will be available in all team sports.

A. The respective sports committee must be notified at least 3 school days before the seeding and selection meeting date that a given school is going to apply for committee selection.

B. The notification must be made (in writing) by the applying school's Athletic Director to both the Committee Chair and the Section IX Executive Director.

C. The Athletic Director in question must attend the selection committee meeting.

D. If the Athletic Director disagrees with the committee selection decision, she/he has 1 (one) hour to appeal the decision to the Section IX Executive Director or his designee.

E. The decision of the Section IX Executive Director or his designee shall be final and binding.

You are encouraged to share this information with your coaches but remember that the Athletic Director is the official and only voice for each school in this matter.

RT/al

## **SECTIONAL GAME PROCEDURES**

1. Both teams are responsible for providing 1 game ball (yellow).
2. **Winning schools** are responsible for notifying the media of the results/email results.  
All three newspapers must be notified:  
Times Herald Record (845) 295-2181  
Poughkeepsie Journal (845) 437-4845  
Kingston Freeman (845) 331-5000
3. Both teams are to provide chaperones to all matches.
4. **WARM-UPS** The warm up areas are located at the end of the field. Home team will take the bench to the left of the scorer's table as you face the field. Teams can only use the warm-up area immediately preceding their game. Those teams playing the first game of the day will be allowed on the field 30 minutes before game time. A minimum of a 10 minute warm-up will be allowed on the game field.

## **GAME OFFICIALS**

Will be assigned by Section IX Committee in conjunction with the assigner.

## **TICKETS**

1. Ticket prices at the door will be as follows: (**Prices subject to change**)

Sectional finals	Adults \$6.00 per person	Students \$4.00
Regional semis/finals	Adults \$7.00 per person	Students \$5.00
2. Section IX and/or NYSPHSAA Gold Passes will be honored.
3. Athletic Directors will e-mail a gate list to [dbeam@rhcsd.org](mailto:dbeam@rhcsd.org), [josbornesection9@gmail.com](mailto:josbornesection9@gmail.com) no later than 48 hours before finals or regionals. (see form)
4. All expenses incurred by the Field Hockey Committee will be underwritten by Section IX.
5. Each school is permitted 20 gate list guests. When the number of guests exceeds the gate list total of 20 the school will be billed. Parents of players may not be on the gate list.

## **PROTEST PROCEDURE FOR SECTIONALS, REGIONALS AND FINALS**

1. No protest based on officials' judgments will be heard by the committee.
2. The protest committee will be composed of the members of the Field Hockey Committee.
3. Any coach lodging a protest will immediately notify one of the game officials that he or she is playing the game under protest and follow the following procedure:
  - A. The protesting coach will write a complete statement outlining the reasons for the protest. The written protest should be submitted to a member of the Field Hockey Committee. If no committee member is present, the officials are to accept the protest and notify the Chairman immediately. The officials and Chairman (if available) will rule on the protest immediately.
4. The Protest Committee's decision will be final in all instances.

### **Awards**

1. Plaques—A Sectional championship plaque will be awarded in each class.

### **Supervision and Game Control**

All participating schools shall be required to send the appropriate number of school personnel to supervise the spectator's actions. Serious violations of good sportsmanship may lead to the individual(s) being suspended from all further games. **Spectators are not permitted to bring/use signs or noisemakers of any type.**

- **All supervisors/chaperones of tournament teams will report to the score table before the match and are required to wear an armband or identifying jacket.**
- **Photographers:** Only media/ press with appropriate credentials or persons with a letter from the Athletic Director or school district administrator will be allowed access to the field, following the restrictions applied to the game/site.

### **TOURNAMENT SITE PRACTICE**

Tournament teams are not permitted to practice at neutral sites assigned for **Sectional** tournament games once the regular season has concluded.

### **REGIONAL/STATE INFORMATION**

*NYSPHSAA provides awards for 25 players at State level play. Please plan accordingly.*

**ALL TEAMS MUST BRING WARM-UP BALLS TO ALL REGIONAL AND STATE GAMES.**

**ROSTER AND PHOTO SUBMISSION FOR REGIONAL AND STATE CHAMPIONSHIPS**

Go to : <http://www.nysphsaa.org/Championships>

Click on Field Hockey

Click on submit photos and rosters – it will take you to MaxPreps.

Follow those directions.

**SECTION IX**

**FIELD HOCKEY**

SCHOOL \_\_\_\_\_ CLASS \_\_\_\_\_

**Check the criteria used to qualify (only one check needed)**

- \_\_\_\_\_ 500 or better division record
- \_\_\_\_\_ 500 or better overall class record
- \_\_\_\_\_ 500 or better division class record
- \_\_\_\_\_ 500 Overall record
- \_\_\_\_\_ Plus points in division
- \_\_\_\_\_ Overall plus points

**Records**

- Division/conference record \_\_\_\_\_
- Division/conference points \_\_\_\_\_
- Division/conference Points/Games \_\_\_\_\_

YOU ARE SEEDED ON YOUR DIVISION RECORD = DIVISION POINTS/GAME

- Overall record \_\_\_\_\_
- Overall points \_\_\_\_\_
- Overall points/game \_\_\_\_\_

USED IF NECESSARY AS TIE BREAKER ONLY

Signed \_\_\_\_\_

Athletic Director \_\_\_\_\_

AD's phone \_\_\_\_\_

AD's email \_\_\_\_\_

Coach's home phone \_\_\_\_\_

School phone \_\_\_\_\_

Coach's cell phone \_\_\_\_\_

Coach's e-mail \_\_\_\_\_

**RETURN BY OCTOBER 16, 2023 TO: [dbeam@rhcsd.org](mailto:dbeam@rhcsd.org)**

## SECTION IX FIELD HOCKEY ROSTER INFORMATION

1. PLEASE fill out for Varsity team AND SEND WITH SEEDING INFO

2. PLEASE send a roster **in the form below** with all requested information, **PLEASE TYPE IN NUMBER ORDER**...we do not want to embarrass a player with a misspelled name. **Send by e-mail to: Deborah**

**Beam at [dbeam@rhcsd.org](mailto:dbeam@rhcsd.org)** THANK YOU FOR YOUR HELP! BE SURE TO INCLUDE ALL INFORMATION. This information will be used for program and announcing.

SCHOOL NAME \_\_\_\_\_

SCHOOL COLORS \_\_\_\_\_ MASCOT \_\_\_\_\_

HEAD COACH \_\_\_\_\_ ASST COACH \_\_\_\_\_

TEAM MANAGER \_\_\_\_\_

ATHLETIC DIRECTOR \_\_\_\_\_

SCHOOL PHONE \_\_\_\_\_ HOME PHONE \_\_\_\_\_

<u>PLAYER NAME (first, last)</u>	<u>NUMBER</u>	<u>POSITION</u>	<u>GRADE</u>
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1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

11. \_\_\_\_\_

12. \_\_\_\_\_

13. \_\_\_\_\_

14. \_\_\_\_\_

15. \_\_\_\_\_

16. \_\_\_\_\_

17. \_\_\_\_\_

18. \_\_\_\_\_

19. \_\_\_\_\_

20. \_\_\_\_\_

21. \_\_\_\_\_

22. \_\_\_\_\_

23. \_\_\_\_\_

24. \_\_\_\_\_

25. \_\_\_\_\_

**SECTION IX FIELD HOCKEY TOURNAMENT-GATE LIST**

SCHOOL PERSONNEL & CHAPERONES – E-mail to Jim Osborne & Debbie Beam– Class A, B, C, at [josborne@ouboces.org](mailto:josborne@ouboces.org) & [dbeam@rhcsd.org](mailto:dbeam@rhcsd.org) PLEASE DO NOT FAX.

E-mails will be accepted from **Athletic Directors only**.

Each school is permitted 20 people only. Please indicate which of the 20 people are chaperones. (This list may include Superintendent, Principal, Athletic Director, School Board Members and Teacher Chaperones, School Security) Parents of players MAY NOT be included on this list.

SCHOOL \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

New York State Public High School Athletic Association, Inc.  
**NYSPHSAA High School**  
**Sport Record Reporting Form**



A records database for all sports conducted by the NYSPHSAA has been compiled and is held in the NYSPHSAA office. It has been updated by input from State and Section sport coordinators. If there is a correction to this database or if there is a new record please complete this form and submit to:

**NYSPHSAA Sports Record Database**  
**8 Airport Park Blvd.**  
**Latham NY 12110**  
**518-690-0771 FAX 518-690-0775**  
**www.nysphsaa.org**

• Sport \_\_\_\_\_

(ie: Baseball, Boys Track, Girls Lacrosse)

• Record Category \_\_\_\_\_

(ie: Career Points / Event-1600m relay / Coaching Wins 200+)

• Athlete or Coach or Team NAME \_\_\_\_\_

• Athlete or Coach or Team SCHOOL \_\_\_\_\_

• Record \_\_\_\_\_

(ie: career, season, game strike outs / career, season, game points / # coaching wins)

• Status (date of record - or for coaching wins: active/retired) \_\_\_\_\_

• Name of Person Submitting Record (print) \_\_\_\_\_

• Phone Number of Person Submitting Record \_\_\_\_\_

• Comments / Additional Information \_\_\_\_\_

\_\_\_\_\_

• Date Submitted \_\_\_\_\_

• Signature of Coach \_\_\_\_\_

(signature)

(print name)

• Signature of Athletic Director \_\_\_\_\_

(signature)

(print name)

NYSPHSAA 2/10

NYSPHSAA Staff Approval _____ initials _____ date _____
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**NYSPHSAA GUIDELINES  
FOR EMERGENCY CANCELLATION & DECLARED EMERGENCIES**

**EMERGENCY CANCELLATION** -Cancellation of school(s) or cancellation of an interscholastic athletic contest(s):

If an event is postponed, it will be rescheduled at a date and time mutually agreed upon by both school districts according to the policies of the league, and/or conference and/or Section. If there is a dispute on a rescheduled date or time, the league president (if there is one) or Section Executive Director, in accordance with Section policy, will make the final determination.

If a contest cannot be rescheduled, the contest will be declared as a “no contest”. Therefore, no win or loss will be recorded on the team’s season record. Sections will adjust the seeding procedure to ensure no negative impact will be imposed in the seeding procedure.

**DECLARED EMERGENCY POLICY** -In the event an emergency is declared by a BOCES or governmental agency at the local, state and/or national level the NYSPHSAA policy will be:

⌚ **LOCAL and COUNTY (included in this category are league, conference, Section, BOCES, etc)**

○ If a local emergency is declared, schools will be expected to adhere to the constraints placed on the local school districts. In the event the postponement of scheduled interscholastic contests is required, the rescheduling of these contests will be determined by the league, conference or section policies.

⌚ **STATE** -If a state emergency is declared, all schools/school districts will determine whether they should postpone scheduled contests.

○ If a school/school district determines it is in its community’s best interest to postpone a scheduled contest, that is a decision that rests with the Chief School Officer of both schools after consulting with each other. Nevertheless, if one Chief School Officer decides it is in the best interests of his/her school not to play, the contest will be postponed and rescheduled when and if possible.

○ If an interscholastic athletic event is postponed, it will be rescheduled at a date and time mutually agreed upon by both school districts according to the policies of the league, and/or conference and/or Section. If there is a dispute on a rescheduled date or time, the league president (if there is one) or Section Executive Director in accordance with Section policy will make the final determination.

○ If a contest cannot be rescheduled, the contest will be declared as a “no contest”. Therefore, no win or loss will be recorded on the team’s season record. Sections will adjust the seeding procedure to ensure no negative impact will be imposed in the seeding procedure.

○ The NYSPHSAA will follow all appropriate directives and will determine whether interscholastic athletic competition will continue for its member schools.

⌚ **NATIONAL** -If a national emergency is declared, the NYSPHSAA will follow all appropriate directives and will determine whether interscholastic athletic competition will continue for its member schools.

○ **Sectional Championships** -If a declared emergency is called during sectional events, the Section will make the determination whether to continue play after consulting with all appropriate health, NYSED and governmental agencies.

○ **NYSPHSAA Championship** -If a declared emergency is called during NYSPHSAA events, the NYSPHSAA will make the determination whether to continue play after consulting with appropriate health, NYSED and governmental agencies.

**Please note:** Member schools should go to the NYSPHSAA web site ([www.nysphsaa.org](http://www.nysphsaa.org)) or your Section web site for specific directions and instructions.

Approved May 1, 2009

Adapted from: California Interscholastic Federation



## SECTION IX LIGHTNING AND THUNDER POLICY

### 1. Purpose and philosophy

a. The purpose of a lightning and thunder policy is to provide a safeguard for athletic contest, events and practices

### 2. Policy

a. **The occurrence of lightning and thunder is NOT subject to interpretation or debate.** Lightning and thunder necessitates that contests, events, or practices be immediately suspended

### 3. Procedures:

a. Chain of command

i. The chain of command at athletic events is defined as:

1. Superintendent of school
2. Principle/building administrator
3. Sport chairs or their designees
4. Athletic Coordinator
5. Host site athletic director or their designees
6. Officials
7. Sponsoring Coach
8. Security Personnel

b. Sequential Response will include:

1. Suspend play and direct participants to shelter in a public building or if building is unavailable, to a vehicle with a solid top
2. Monitor weather scanners/stations
3. **After lightning and thunder has passed, wait a FULL 30 minutes after the last lightning strike and/or sound of thunder before resuming play**
4. Event suspension or evacuation procedures to be outlined during pre-event announcements

c. Host School Responsibilities will include:

1. To make a pre-event announcement that notes rules, regulations and evacuation procedures
2. Announcement to be read: "All spectators, competitors, and personnel should go inside to the school building as quickly as possible. A vehicle with a metal roof and the windows rolled up is a safe alternative to a sturdy building. DO NOT take shelter under trees or other lone objects. DO NOT remain on, under, or near metal bleachers, fences, or backstops."
3. Authority to execute the sequential response shall be governed by the chain of command
4. Consideration to cancel or resume play must take into account a minimum of a 30 minute wait from the time of interruption. The rules of the sport will determine whether the contest is official or if the contest must resume at a later date
5. To plan for the occurrence of bad weather



## HEAT INDEX PROCEDURES

### Administration of Heat Index Procedures:

- Heat index will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- The athletic trainer, athletic director, or school designee will use the [accuweather.com](http://accuweather.com) website to determine the heat index for the area of the contest/practice. The [accuweather.com](http://accuweather.com) website can be reached through the NYS PHSAA website. Once a person is on the [accuweather.com](http://accuweather.com) website, they will put in the zip code for the location of the contest/practice and the website will give them the air temperature as well as the RealFeel temperature (heat index).
- If the RealFeel temperature (heat index) is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the RealFeel (heat index) at halftime or midway point of the contest. If the RealFeel (heat index) temperature is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	RealFeel (Heat Index) under 79 degrees	Full activity. No restrictions.
RECOMMENDED	Heat Index Caution: RealFeel (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: RealFeel (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when RealFeel temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: RealFeel (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when RealFeel temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: RealFeel (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010



Field Hockey Overtime Procedures  
2017-2018

- I. At the end of the regulation game, there will be a coaching intermission that will last up to 5 minutes.
- The Officials will:**
- Meet with Captains and Coach.
  - Toss of coin: the **Visiting team** calls the toss. The winner of the toss gets choice of possession OR end of field.
  - The tableside official remains the head official for all segments of the overtime procedures.
- II. **Ten minute OT 7 V 7 sudden victory OT period:**
- Rolling substitutions are permitted.
  - Each team is permitted one time out during the 10-minute overtime period
  - Defensive corners during 7 v 7:
  - Defense will be reduced to 4 players (3 plus goalie) behind end line
  - The remaining defensive player goes behind the 50 yd line with the rest of the team.
  - The attack remains the same.
- III. **If a tie still exists after the first 10 minute overtime, the teams will play a second 10 minute 7 V 7 Sudden Victory overtime period.**
- A coaching intermission, lasting 5 minutes, will be allowed prior to the start of the second OT period.
  - Teams will change ends of the field, the team not having possession at the start of the first OT shall have possession to start the second OT.
  - Time-outs may not be carried over from the previous period, each team is allowed one time out.
  - Rolling substitution are permitted.
  - Defensive corners same as above.
  - The attack remains the same.
- IV. **If the score remains tied at the end of the second 10 minute overtime period; a Shoot-out will take place.**
- A set of 5 alternating shoot outs take place in each series. A full set of 5 is played.**
- Players from each team take a 1v1 shoot-out, alternately against the goalkeeper of the other team.
  - Five (5) players per team will take the shoot-out in the sequence nominated and communicated by the team to the umpires on duty before the start of the shoot-out competition. The order of shoot-out must be indicated to the umpires at the coin toss.
  - The umpires, in conjunction with the tournament committee will choose the goal to be used.
  - Toss of coin: The **Visiting team** calls the toss. The team which wins the toss has the choice to take or defend the first shoot-out.
1. The team scoring or awarded the most goals is the winner and the competition ceases once an outright winner is determined. Winner is declared: when there is a clear winner and play is not necessary to finish the group of 5. ex: during the 1<sup>st</sup> group of five 1v1 scenarios, the score is 4-1 , there is no need to play out the last two players.

## PLAYERS AND COACHES—

- When not involved in play, the Goalkeeper may stand on the end line on the side of the goal closest to her team OR may stand behind the 25 yd line with the 5 players involved in the shootout.
  - Team members, and coaches not involved in the shootout, may stand on the field, behind the 30 yd. line, 5-10 yards from the sideline. One team on each side of the field.
  - PLAYERS should be ready for the next shootout, but not raced into the set up.
  - If the goalie is a shooter, she is considered a field player.
- A player who has been excluded permanently (red card) from the field of play during that same match, cannot take part in any shoot-out competition.
  - A team with a player who was carded during the shootout, must play short in the shootout period.

### V. **Shootout:**

#### **OFFICIALS:**

- Lead and Trail officials will call the shootout.
- Lead official during regulation time will continue to be lead regardless of which goal is chosen.
- Table official will keep time.
- If Sectional games have a Certified *Table official*, the *Table official* will keep the time. If a Certified Official is not assigned to the table during Sectional games, the timer will turn her/his back to the field and start the 10 seconds with the official's whistle. The official time will be kept on the field.
- Officials should not feel they have to move the 1v1 along. Officials should scan both benches, allowing players and coaches a reasonable amount of time to set up for each shootout.

#### **PROCEDURE:**

- The goalkeeper starts on or behind the goal line between the posts.
- The ball is placed on the nearest 25 yd line opposite the center of the goal.
- The attacker stands outside the 25 yd line near the ball.
- The umpire blows the whistle to signal the start of the shootout; the attacker and the goalkeeper may then move in any direction.
- The shoot-out is completed under the following conditions:
  - **10** seconds has elapsed.
  - The attacker scores a goal.
  - The attacker commits a foul.
  - The goalkeeper commits an unintentional foul in which case the shoot-out is re-taken.
  - The goalkeeper commits an intentional foul, in which case a penalty stroke is awarded.
  - The ball goes out of play over the back-line or side-line; this includes the goalkeeper intentionally playing the ball over the back-line (not a foul). The ball simply going outside the circle a second time does not constitute the end of a shoot-out.

### **Replacement situations**

- If a penalty stroke is awarded as specified above, it is taken by the two players involved in the shoot-out concerned, unless either of them is incapacitated or suspended. This penalty stroke will take place before the next available shoot-out takes place.
- If the replacement goalkeeper is a field player, that player is allowed reasonable time to put on

- protective equipment.
- If during a shoot-out competition, a defending goalkeeper is incapacitated, that goalkeeper may be replaced by another goalkeeper.
  - If during the shoot-out competition, an attacker is incapacitated, that attacker may be replaced by another player from the team unless suspended by the umpire prior to or during the shoot-out competition.
- VI. **If a tie still exists after the first series of 5 shoot-out, a second series of 5 shoot-outs** will take place.
- Coaches may change the order and/or players before the start of the second shootout.
  - A coaching intermission lasting 2 minutes, will be allowed prior to the start of the second shoot-out period.
  - The coach must inform the umpires as to the order in which the nominated players take the shoot-out.
  - The team who had taken the first shoot-out of the first series must defend the second series.

**\*\*If a tie still exists after a second series of 5 shootouts, Sudden Victory of 5 additional shoot-outs are taken. (Follow the same process criteria as above.)**

#### VII. **Misconduct:**

1. Each team will begin the first 7v7 overtime with seven players, one of which must be a Goalkeeper, (unless players were disqualified or have not completed a suspension during any previous playing period. Teams will play short during this time.)
2. Any player who has been disqualified (Red Carded) during regulation play is not eligible for the overtime period and the team will play short for the entire overtime.
3. A player suspended (Green/Yellow Carded) during regulation play, would be eligible at the completion of the suspension timeframe of the 7v7 periods. The team plays short until the suspension is completed.
4. At the beginning of the first round of 1v1shootout, a suspended player with time that is carried over into the 1v1 shootout round will be unable to participate in any future shootout rounds. **Teams will start the 1 v1 shootout with 5 players.**
5. If an Attack player is Green / Yellow carded **during** the shootout, that player may be replaced with an eligible shooter to participate in any future shoot outs. However the player carded will be unable to participate in any future shootout rounds. Any further player who is carded during the shootout will follow the same procedure.
6. If an Attack player is Red carded **during** the shootout, their team will only have 4 shooters participate in any future shootouts. The player carded will be unable to participate in any future shootout rounds. Any future shoot-out the player was entitled to take counts as no goal. The spot of the no goal in future shootouts will be determined by the carded player's coach.
7. If a goalie is carded **during** the shootout, she is replaced and is unable to participate in any future rounds. The replacement goalkeeper is allowed reasonable time to put on protective equipment. If the goalie is Red carded, she will be replaced and is unable to participate in any future rounds. An Attack player will be removed from the shootout series and her spot in future shootouts will count as

a no goal. The spot of the no goal in future shootouts will be determined by the carded player's coach.

8. It is expected that the players and coaches will not enter the field of play until the official has signaled the end of the game or overtime. Failure to comply will be treated as misconduct.

## DUTIES OF THE TABLE UMPIRE DURING NYS CHAMPIONSHIPS

As provided by Bev Hooper, NYS State Coordinator

### 1. Prior to start of the game:

- a. Review responsibilities of the timer and scorer. The table umpire will be responsible for timing team time outs. If there is a discrepancy on the game clock (visible clock) the table umpire will determine what the proper time will be to set on the clock. Tell the field manager, the correction to be made on the visible clock.
- b. If there are ball people for the game, assist in giving instructions.

### 2. Oversee the teams' bench areas:

- a. Ensure coaches and players remain behind the five yard restraining line.
- b. Card coaches or bench personnel if necessary.

### 3. Time and monitor players who receive green and/or yellow cards.

### 4. Ensure that substitutions are properly executed.

5. **Time outs:** If needed, tell the field umpire a team is requesting a time out. If unable to contact the field umpire, then the table umpire may use a whistle to call the time out when appropriate.

6. **Personal Communication devices:** If available, the table umpire may use a communication device to contact the on field umpires with the following information: **a.** Team requesting a time out **b.** Information needed about carding situations **c.** make sure of the correct card information to be written in the scorebook.

7. **Rules Interpreter:** During the game, the table umpire should not act as a rules interpreter for the coaches.

8. **Main objective:** The table umpires main responsibility is to be focused on the game itself and be ready to enter the game in the event of a field umpire being injured. The replacement of the field umpire should happen with as little disruption to the game as possible.

9. **1 v 1 Overtime period:** During the 1 v 1 procedure, the table umpire is responsible to **time** the 10 seconds, and sound a device when the time is ended.



NEW YORK STATE  
PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

SENIOR ALL-STAR CONTEST

Letter of Intent

I \_\_\_\_\_ will participate in the following contest:

Name of Contest \_\_\_\_\_

Sport to be Contested \_\_\_\_\_

Date of Contest \_\_\_\_\_

Site of Contest \_\_\_\_\_

I fully understand the following rules, regulations, guidelines and laws governing my participation in such a contest as printed in the criteria on page 1 of this letter. I also understand that:

1. I am permitted to play in only one approved Senior All-Star Contest in this sport.
2. I am no longer eligible in this sport.
3. I am no longer participating in Sectionals, Regionals or State competition in this sport.
4. I have not played in any non-approved Senior All-Star Contest in the last year.

***Failure to meet the criteria above will result in the loss of your high school eligibility in this sport.***

Signed \_\_\_\_\_  
(athlete)

Signed \_\_\_\_\_  
(parent or legal guardian)

Signed \_\_\_\_\_  
(witness)  
(school personnel responsible for screening and selection of contestants)

Date \_\_\_\_\_

Attach to roster of game participants and mail with post game report to Secretary/Treasurer of the section in which contest takes place.

(Revised February 2010)