

2026

Athletic Director's Workshop

NYSPHSAA Verification of Attendance



Presenters



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NYSPHSAA Executive Director



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NYSPHSAA Assistant Director



Staff Directory



Print

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Registration



- QR Code
 - Contact information
 - Registration
 - Code of Conduct



Workshop Format



- Informational topics
 - Athletic Placement Process Update
 - Future of Coaching Certification Changes
 - Regional Rotation Update
 - Non-Public School Update
 - NYSPHSAA Programs
- Rules & Regulations review
- Question & Answer (Kahoot) – Get Ready!
- Verification of attendance



NYSPHSAA Updates

Athletic Placement Process Changes



- NYSED Approved APP Changes – July 2026
- **Changes:**
 - No Tanner Scale
 - No Physical Fitness Test
 - No Reporting to Section/ Opponents
- **Process:**
 - School invites student to tryout
 - Parent/ Guardian approves tryout invitation
 - Preparticipation physical exam
 - Student evaluated on skills with “ALL” other students trying out

To determine readiness....

- personal and social responsibility
- sport-specific skill development
- knowledge of the game
- physical fitness

[SPORTS](#)

[CHAMPIONSHIPS](#)

[PROGRAMS](#)



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APP FAQ

Certification

Classifications

CSIET

Eligibility

Mental Health Webinar presented by HSS

NFHS Learn

NYS AAA

NYSED

Professional Development

Safety

Sanctioning

School Enrollment Numbers 25-26

School Enrollment Numbers 26-27

Spalding

**Championship Ticketing
Information**

Athletic Placement Process for Interschool Athletic Programs

Frequently Asked Questions



Background

Commissioner's Regulation §135.4(c)(7)(ii) governs interscholastic athletic competition for students in grades 7 through 12. This regulation also addresses the process for students competing outside of their usual grade-level classification (e.g., participating on Freshman, Junior Varsity or Varsity).

Local boards of education may choose to permit students to compete outside of their usual grade-level classification; if they do, they must implement the Athletic Placement Process (APP) to determine a student's readiness.

Effective July 29, 2026, amendments to [Commissioner's regulation 135.4](#) revised the APP. The amendments eliminate the physiological maturity assessment (e.g., Tanner Sexual Maturity Rating), revises the student-readiness criteria, and codify several existing APP procedures directly into regulation.

General Information

1. What is the Athletic Placement Process?

The APP is a standardized process originally approved by the Board of Regents in 1980.

A board of education may elect to use APP to permit:

- a student in grade 7 or 8 to compete on a senior high school team; or
- a student in grades 9 through 12 to compete on a team for grades no lower than seventh.

APP applies only to the limited number of students who may benefit from competing at another level.

Districts may not use APP to:

- fill roster vacancies;
- provide extra playing opportunities;

Future of Coaching Certification

- **Anticipated changes in Spring 2027**

- Temporary License good for 2 years
- Second renewal good for 3 years
- Professional License – ongoing

- More information to be distributed when it is available



- All NYSPHSAA member schools must abide by NYSED regulations for Coaching Certification

- Includes:

- Non-Public Schools
- Volunteer Coaches
- Assistant Coaches

Regional Rotations



Regional Rotations

- Establishes consistent geographic opponents

11 Section Participation

- Section 1 vs. Section 9
- Section 2 vs. Section 7
- Section 3 vs. Section 10
- Section 4 vs. At-Large
- Section 5 vs. Section 6
- Section 8 vs. Section 11

9 Section Participation

- Section 1 vs. Section 9
- Section 2 vs. Section 3
- Section 4 vs. At-Large
- Section 5 vs. Section 6
- Section 8 vs. Section 11

- Equitable, objective, transparent and consistent
- Regional Rotation Committee Meeting → Dec. 9th

Start Dates



- **Fall**

- Football: Monday of Week #7
- All other Fall Sports: Two weeks before Labor Day

- **Winter**

- Monday of Week #20 (mid-November)

- **Spring**

- Second Monday of March

7 Year Calendar



SPORTS CHAMPIONSHIPS PROGRAMS NYSPHSAA ADS & COACHES FORMS ABOUT Q									
CHAMPIONSHIPS									
8/2/2025									
Standard Calendar of Weeks (NYSPHSAA State Championships - 7 Year Calendar)									
	Wk #	# of Wks	Fall 2024	Fall 2025	Fall 2026	Fall 2027	Fall 2028	Fall 2029	Fall 2030
Football Start Date (Mon.)	7	N/A	8/19	8/18	8/17	8/16	8/14	8/13	8/19
Fall Start Date High School & Modified (Mon.)	7/ 8	N/A	8/26	8/18	8/24	8/23	8/21	8/20	8/19
Executive Committee Meeting (Wed.)	16	N/A	10/24	10/21 (Tue.)	10/21	10/20	10/18	10/17	10/23
Tennis Singles & Doubles Champ. (Girls) (Mon.-Wed.)	17	10/ 11 Wks.	10/28-10/30	10/27-10/29	10/26-10/28	10/25-10/27	10/24-10/26	10/22-10/24	10/28-10/30
Tennis Team Championships (Girls) (Fri.)	18	11/ 12 Wks.	11/8	11/7	11/6	11/5	11/3	11/2	11/8
GameDay Cheer Championships (Sun.)	19	12/ 13 Wks.	11/10	11/9	11/8	11/7	11/5	11/4	11/10
Cross Country Championships (Girls/ Boys) (Sat.)	19	12/ 13 Wks.	11/16	11/15	11/14	11/13	11/11	11/10	11/16
Soccer Championships (Boys) (Thur.-Sun.)	19	12/ 13 Wks.	11/15-11/17	11/14-11/16	11/13-11/15	11/12-11/14	11/10-11/12	11/9-11/11	11/15-11/17
Soccer Championships (Girls) (Sat.-Sun.)	19	12/ 13 Wks.	11/16-11/17	11/15-11/16	11/14-11/15	11/13-11/14	11/11-11/12	11/10-11/11	11/16-11/17
Field Hockey Championships (Sat.-Sun.)	19	12/ 13 Wks.	11/16-11/17	11/15-11/16	11/14-11/15	11/13-11/14	11/11-11/12	11/10-11/11	11/16-11/17
Swimming & Diving Championships (Girls) (Fri.-Sat.)	20	13/ 14 Wks.	11/22-11/23	11/21-11/22	11/20-11/21	11/19-11/20	11/17-11/18	11/16-11/17	11/22-11/23
Volleyball Championships (Boys) (Sat.-Sun.)	20	13/ 14 Wks.	11/23	11/22-11/23	11/21-11/22	11/20-11/21	11/18-11/19	11/17-11/18	11/23-11/24
Volleyball Championships (Girls) (Fri.-Sun.)	20	13/ 14 Wks.	11/23-11/24	11/21-11/23	11/20-11/22	11/19-11/21	11/17-11/19	11/16-11/18	11/22-11/24
Football Semifinals (Fri.-Sat.)	21	14 Wks.	11/29-11/30	11/28-11/29	11/27-11/28	11/26-11/27	11/24-11/25	11/23-11/24	11/29-11/30
Football Championships (Fri.-Sun.)	22	15 Wks.	12/6-12/8	12/5-12/7	12/4-12/6	12/3-12/5	12/1-12/3	11/30-12/2	12/6-12/8
Scholar-Athlete Deadline- Fall (Mon.)	23	N/A	12/9	12/8	12/7	12/6	12/4	12/3	12/9
	Thanksgiving		28-Nov	27-Nov	26-Nov	25-Nov	23-Nov	22-Nov	28-Nov

Championship Schedules



- It continues to be the practice of the NYSPHSAA not to amend schedules for fairness and equity to all participating teams and students.
- Includes, but not limited to:
 - *Graduations, proms, SAT/ACT, weddings, birthdays, etc.*



2026/2027

Digital SAT/ACT Test Dates



SAT

AUGUST 22, 2026

SEPTEMBER 12, 2026

OCTOBER 3, 2026

NOVEMBER 7, 2026

DECEMBER 5, 2026

MARCH 6, 2027

MAY 1, 2027

JUNE 5, 2027

ACT

September 19, 2026

October 17, 2026

December 12, 2026

February 27, 2027

April 10, 2027

June 12, 2027

July 10, 2027



Uniform Waivers

- Submit requests for uniform waivers to Todd Nelson at tnelson@nysphsaa.org
- Include photo of uniform and rationale for request.



Non-Public/ Charter School Update



- Created SWOB Committee Fall 2024 to address membership concerns
 - Met 5 times during 2024-25 school year
 - Met 2 times during 2025-26 school year
 - Reviewed multiple membership proposals
- Revised Non-Public/ Charter Classification Criteria:
 - Consistent timeline for non-public/ charter reclassification
 - Consistent criteria for review
 - Oversight Committee granted authority
- Schools Without Boundaries Committee Meeting → Dec. 9th
 - Continued examination for future revisions



NYSPHSAA/NYSED Rules & Regulations

NYSPHSAA Handbook



NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

EDUCATION THROUGH INTERSCHOLASTIC ATHLETICS

SPORTSCHAMPIONSHIPSPROGRAMS



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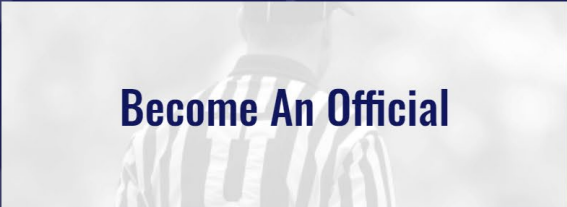
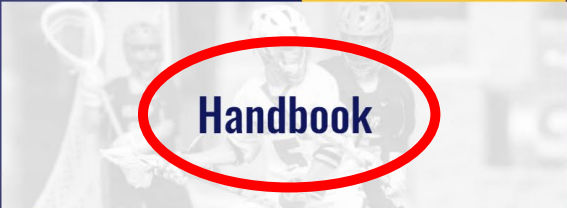
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Welcome to the New NYSPHSAA.org

August 11

<●○○○⏏>

View Story Archives



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NYSPHSAA Rules

VS.

NYSED Regulations

NYSED Regulations



- Mixed Competition
- Athletic Placement Process
- Duration of Competition
- Bona Fide Student
- Coaching Certification





Definitions

DEFINITIONS

ADVISORY COUNCIL: All school personnel of member schools are considered advisory members. They may make recommendations on athletics to the Executive Committee and serve on committees of the Association. (Constitution, Article II, (4)).

AGE OF MAJORITY: Age of majority refers to persons sixteen to eighteen years of age living apart from their parents and financially independent of them. Minors claiming emancipation must have established a residence in which they maintain themselves beyond the support and control of their natural parents.

ATHLETIC COUNCIL: The administrative body for each of the sections of the NYSPHSAA, Inc. consisting of representatives from leagues and member schools. (Constitution, Article VI, (2))

BONA FIDE STUDENT: A bona fide student is a regularly enrolled boy or girl whose name is on the official attendance register of the secondary school represented and who is in good standing. ([Eligibility Standard #6](#))

CENTRAL COMMITTEE: The Central Committee is the legislative body of the NYSPHSAA, Inc. consisting of a chief school officer, a principal, and two athletic representatives elected from each section, and the elected officers and ex-officio members. (Constitution, Article III, (1) (a)).

CLUB TEAM: Neither the regulations of the Commissioner of Education nor the NYSPHSAA recognize extra class activities called "club teams". Interscholastic teams may not practice/scrimmage with or compete against "club teams".

COMMISSIONER'S REGULATIONS: The Regulations of the Commissioner of Education are policies and controls enacted by the Board of Regents and administered by the State Education Department. The NYSPHSAA has additional regulations and standards. See By-Laws and Regulations. NOTE: All NYSPHSAA private/parochial schools must comply with all coaching certification requirements as outlined in the Commissioner's Part 135.4 effective July 1, 2016.

COMPETITOR: Any competitor must be a bona fide student in the member school district represented and is considered to be the school team or part of such team. Compliance with all NYSPHSAA bylaws and standards and conformance with all NYSED regulations is required. Participation as an individual competitor counts toward the maximum number of contests permitted and meets the requirements of the [Representation Standard #26](#).

CONDUCTING A CONTEST: All contests shall be under the direction and supervision of qualified school personnel who shall have full knowledge of and give full approval to the plans for the contest. It is necessary to be physically present with authority to change any part of the procedures which are contrary to NYSPHSAA, Inc. policy or not in the best interests of secondary school competitors ([Eligibility Standard #26](#)). When a contest or game is held in conjunction with a fund-raising effort, the following criteria is required to be met:

1. The host school is required to have the charity event approved by a school administrator and /or Board of Education.
2. The sport specific game rules (NFHS, NCAA, etc.) may not be altered.
3. All NYSPHSAA and NYSED eligibility standards must be followed.
4. Donations may not be made based on the outcome of student performance.





Bylaws & Eligibility Standards

1. Age and Grade

- July 1st
- Student turns 19 prior to July 1st = Ineligible

1. AGE AND GRADE:

Regulation of the Commissioner of Education



A student shall be eligible for interschool competition in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports.

NOTE: Students may be eligible regardless of age or grade if they have been approved through the State Education Department's Athletic Placement Process.

The 15-year-old below the 9th grade needs only to meet the [Athletic Placement Process](#) maturity standards to be eligible at the high school level. ([Duration of Competition #8](#))

Reporting Procedure: All violations shall be reported to the League and Section.

2. AMATEUR:

1. A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation.

2. When competing in non-NYSPHSAA sponsored events, an athlete forfeits amateur status in a sport by:

a. Accepting money or other compensation, including gift cards and gift certificates is prohibited (allowable entry fees, travel, meals, and lodging expenses is permitted.) (Feb. 2019)

b. Receiving an award or prize of monetary value which has not been approved by this Association. NOTE: Only awards or prizes having a monetary value of five hundred dollars (\$500) or less per competition will be approved by the Association. When honoring student-athletes for success in NYSPHSAA sponsored championship events, Boards of Education are encouraged to approve limited awards that are appropriate to high school level competition. (May 2019)

c. An athlete forfeits amateur status in a sport by capitalizing on athletic fame by receiving money, compensation, endorsements or gifts of monetary value in affiliation or connection with activities involving the student's school team, school, Section or NYSPHSAA (scholarships to institutions of higher learning are specifically exempted). (Oct. 2021)

1. This provision is not intended to restrict the right of any student to participate in a commercial endorsement provided there is no school team, school, Section or NYSPHSAA affiliation.

2. The student does not appear in the uniform of the student's school and does not utilize the marks, logos, etc. of the school, section, or NYSPHSAA as part of any endorsement.

3. Appeal Procedure

3. APPEAL PROCEDURE:

The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from school, leagues and sections.

1. The decision of the Athletic Council clearly is contrary to the evidence presented.
2. The facts found by the Athletic Council constitute a violation of the Association's Constitution, standards or rules, or Regulations of the Commissioner of Education, or
3. A procedural error affected the reliability of the information that was utilized to support the finding of the Athletic Council.

Appeals & Protests



- Approved May 2024 (Executive Committee)
 - Misapplication vs. Judgement

All questions and/or protests as to game/meet rules or as to the conduct of the game or meet shall be heard and decided by the game/meet committee established by that Section or State Sport Championship Committee as the case may be prior to play continuing; and all such decisions shall be final with no right of appeal. In any case, video may not be used to overturn an official's decision, unless the rules clearly provide for the use of video (i.e., ice hockey, cheerleading, basketball, skiing, etc.)." (May 2024)

Bona Fide Students

6. BONA FIDE STUDENTS:

Regulation of the Commissioner of Education

[\[NYSED LINK\]](#)



A contestant must be a bona fide student of the high school represented and must be taking at least four subjects including Physical Education. A foreign exchange student may be considered a bona fide student if all of these eligibility rules are satisfied. A student in an education program in two schools may represent only the home school.

NOTE: A student in shared services, part-time or full-time program, taking the equivalent of four subjects including Physical Education, is considered as being registered in the home school. Exceptions for special cases must be approved by League and Section.

A student who satisfies all eligibility standards, enrolled in the equivalent of three requirements for graduation, may be enrolled in one or more college courses for advance placement. The student must be earning a minimum of three high school credits and Physical Education to be eligible.

For assistance in determining the eligibility of students enrolled in a GED program, please contact the NYSPHSAA office.

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ASK NYSPHSAA [\[CLICK HERE\]](#)

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Home School / Private School

- **Home school students** – NOT Bona Fide Students in the district they live.
- **Private school students** – NOT Bona Fide Students in the district they live.
- ***“I pay taxes”*** = Does NOT constitute being a Bona Fide Student

7. College

7. COLLEGE:

A student is no longer eligible to represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season. Prior to completion, the NYSPHSAA Executive Director may grant an exemption of the College Rule for an individual sport athlete when vying for a standard that would qualify them for the Olympic trials and/or Olympic Games when this opportunity is not offered through the New York State Public High School Athletic Association and/or the National Federation of State High School Associations. The exemption would permit a student to participate as an "unattached" individual with no affiliation to their school team in a competition against open and college competitors in an approved competition set forth by the Olympic Committee without violating the [College Rule](#). (Jan. 2012).

Reporting Procedure: All violations shall be reported to the League and Section.

[\[COLLEGE RULE VIDEO INTERPRETATION\]](#)



8. Duration of Competition (NYSED)



- Regardless of participation
- Consecutive Semesters
 - 7th graders = 6 consecutive years
 - 8th graders = 5 consecutive years
 - 9th graders = 4 consecutive years



Extension of Eligibility

- 5th year of eligibility
- Student “missed” a semester of eligibility as a result of an illness or accident, or social/ emotional condition **AND** has led to needing additional semesters to graduate.



19. Penalties

19. PENALTIES:

a. If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools. In individual sports, the use of an ineligible player would result in the contest being forfeited, however, the performances and outcomes of the other individuals would stand.

i. NYSPHSAA Sections may sanction, censure or place schools on probation that fail to address derogatory or inappropriate behavior deemed harmful to physical or mental well-being for those involved in interscholastic activities. (July 2023)

Maximum Number of Games

- Teams are limited to a maximum number of games.

c. If an individual or team exceeds the maximum number of contests permitted, the penalty is team ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross country, indoor track & outdoor track, swimming & diving, and bowling, when an individual exceeds the maximum number of contests, only the individual would no longer be eligible for that season. When an athlete exceeds the maximum number of contests the level in which the student-athlete participated as an ineligible competitor will be affected.

Any member school that has exceeded the maximum number of contests has the option to utilize the existing penalty outlined above (c) or may elect to suspend the head coach from all team related functions and activities (including, but not limited to, practices, scrimmages, conditioning/weight training, film sessions, and games) from the date of the violation for the remainder of the season and forfeit additional contests. The use of this option must be submitted to the Section Executive Director and State Executive Director in writing from the Superintendent of Schools or Headmaster self-reporting the violation prior to the next game/ contest being played. (07-29-20)

HIGH SCHOOL SPORT STANDARDS



	# of practices for Student-Athletes to Represent their school (Feb. 2019)	Team and Individual Maximum Number of Contests *	Min. Time Between Contests or Scrimmages	Individual Contest Limitations Per Day	RULES	Scrimmage Limitations Per Day
Sport						
Badminton	6		1 night	3 matches 1 contest	USBA	1
Baseball	10	20	1 night	2 contests	NFHS	2
Battery	10					
Basketball	6	20	1 night	1 contest	NFHS-Boys NCAA-Girls	1
GIRLS/ BOYS						
Bowling	Training	20+	1 night	6 games	USBC	1
Cheerleading	6	12	1 night	1 competition	NFHS	1
Cross-country	6	16	2 nights	5000meters or 3.1miles	NFHS	1
Fencing	6	20	1 night	3 contests	USFA	1
Field Hockey	6	16	1 night	1 contest	NFHS	1
Football	10	10	4 nights(1)	1 contest	NFHS	1
Golf	Training	16	1 night	1 match 2 - 9-holeM non-school days.	USGA& Local course rules	1
Gymnastics	10	16	1 night	6 events (boys) 4 events (girls) 1 contest	Girls- USAGJO/ Tech HB	1
Ice hockey	6	20	1 night	1 contest	NFHS	1
Lacrosse	6	16	1 night	1 contest	NFHS-Boys & Girls	1
Skiing	6	16	1 night	2 events	FIS & USSA	1
Soccer	6	16	1 night	1 contest	NFHS	1
Softball	6	20	1 night	2 contests	ASA	2
Swimming/	6	16+	1 night	4 events	NFHS	1
Tennis	6	16	1 night	2 matches ++	USTA	1
Outdoor Track	6	16+	1 night	4 events 1 contest	NFHS	1
Winter Track	6	16+	1 night	3 events 1 contest	NFHS	1
Volleyball	6	20	1 night	2 matches/day	NCAA	1
Wrestling	10	20 points+	1 night	6 bouts	NFHS	1

Practice Sessions

b. No student or team may be permitted to participate in school organized practice or play on **seven** consecutive days during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days are prohibited.

NOTE: Any contests leading up to Sectional play is considered “regular season.”

Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. **A practice session conducted on the same day as a game cannot** be counted to meet the minimum practice requirement to be eligible for that day’s contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include **vigorous activity** specific to the sport for the purpose of improving the physical condition of the players. **Warm-ups prior to a game/ contest are not considered “practice.”** Each of the required number of practices for an individual must include vigorous activity.

NOTE: Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.

Standard Practice Requirements



- Standardized practice requirements for all sports and levels.
 - *Varsity* → *Modified* 
- 6 practices to represent your school; 10 in football, gymnastics, wrestling & baseball.



26. Representation



Team Sports: For the sports of baseball, basketball, field hockey, ice hockey, lacrosse, soccer, softball and volleyball an individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, Cheerleading (Competitive & Game Day) (Oct. 2021) and Skiing (May 2024), a student must be an eligible participant for a minimum of three (3) contests/ competitions.

Team/Individual and Individual Sports: For the sports of archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, swimming, tennis, outdoor track, winter track and wrestling an individual must also have represented their school in six (6) scheduled contests (Girls Wrestling three (3) for two-year pilot – Oct. 2022) during the season to be eligible. For the sport of skiing, a student must have represented their school in three (3) scheduled contests. These required contests must occur on three (3) or six (6) different dates and must be conducted prior to the conclusion of the team's regular schedule. See “NOTE” below.

Representation Rule

- In the sport of Girls Wrestling eligibility for the NYSPHSAA Girls Wrestling Championship is limited to female wrestlers who compete solely in girls wrestling events during the regular season.



31. Transfer Rule

- Transfers begin with a “change in registration”
 - No Change in registration = no transfer
- **With** a corresponding change of address.
AND
- **Without** a corresponding change of address.

NYS PHSAA

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Corresponding Change of Address

- When a student changes registration, with a “corresponding” change of address the student is ELIGIBLE.

31. TRANSFER:

[\[Foreign Exchange/International #9\]](#)

NOTE: The Transfer Rule will be enforced as written with no variations permitted.

NOTE: A student's eligibility is determined by the situation/ facts at the time of registration.

a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from public school district to another public-school district for athletic eligibility the student must enroll in the public-school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.

Non-Corresponding Change of Address

- Changing registration without a change of address
 - Ineligible **at the varsity level** for one year from the date of registration.
 - Grades 7-10 = sub-varsity eligibility & practice
 - Grades 11-12 = practice only
- Waivers & Exemptions

Transfer Waivers



- Transfers **without** a corresponding change of address:
 - Any type of Hardship including but not limited to:
 - Health & Safety
 - Financial
 - Other:
 - District of Residency



District of Residency Waiver

- Students who return from any school to the public school of the residence of his/her parents (or other persons with whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver of the transfer rule. Such transfer without penalty will only be permitted **once** in a high school career.
- Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

Transfer Exemptions

- 1. Age of majority; can substantiate they are independent and self-supporting.
- 2. If a private or parochial school ceases to operate
- 3. A student who is a ward of the court or state; Guardianship does not fulfill this requirement.
- 4. Divorced or “legally” separated parents.
- 5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.
- 6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

32. Transgender Guidelines

Procedure:

1. The student or the parent(s)/guardian shall notify the Superintendent (or designee) that the student would like the opportunity to participate in interscholastic athletics consistent with the gender he/she identifies as.
2. The student's home school will determine the eligibility of a student seeking to participate in interscholastic athletics in a manner consistent with his/her gender identity where the student's gender identity does not correspond to his/her sex assigned at birth.
3. The Superintendent (or designee) will confirm the gender identity asserted for purposes of trying out for an interscholastic sports team through documentation from the parent, guardian, guidance counselor, or from a doctor, psychologist or other medical professional.
4. On a seasonal basis the school will provide approval of eligibility to try out for an interscholastic sports team or teams which corresponds to the student's gender identity.
5. The Athletic Director should notify the NYSPHSAA if any accommodations are needed.

Appeals:

All appeals with respect to a District's determination as to eligibility of a transgender student to participate in interscholastic sports will go directly to the Commissioner of Education.

Transgender Student-Athletes



- Place the student on the team that most appropriately aligns with the student's gender identity.
- NYS Anti-discrimination laws
- NYS Human Rights Laws
- Mixed Competition testing



Modified Athletics

- Age rule
 - Upon entry into 7th grade
 - Ineligible if 16 years old
 - Age, grade, geography, ability
- Practice Sessions
 - Maximum of 2 hours; at least 45 minutes
 - No 7 consecutive days
 - Vigorous activity
- Promotion Rule – **Change!**
- Start dates
 - Same as high school
- Transfer Rule
 - 7th & 8th graders who compete at high school level are subject to transfer rule



Modified Sports - Tryouts

- c. Ninth grade students do not have to pass the APP qualification to participate in the tryout.
- d. The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to modified program until the athlete's tryout is complete.
- e. Tryout periods for wrestling, boy's lacrosse and ice hockey shall be a maximum of five (5) Of the first seven (7) practice days of the high school season.
- f. The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.
- g. Student athletes participating in sectional approved tryout sessions are not subject to the Promotion rule.
- h. In cases involving new transfer students, overlapping season, and/or medical conditions the student's try-out period will be 3 out of 5 days, 5 out of 7 days, or 8 out of 10 days of the high school season depending on the sport.

Quick Hit Topics



- Foreign Exchange students
- Combining of Teams
- NFHS Rule Books
- Drone Policy
- Jewelry Rule





NYSPHSAA Programs

NYSPHSAA's partnership with Special Olympics NY



- Interscholastic Special Olympics Unified Sports® for NYSPHSAA Member Schools.
- 13th years!!
 - 2013-2014 - 12 schools and one sport
 - 2025-2026 – 315+ schools and three seasons
- NYSPHSAA adopted Unified Sports® rules for:
 - Basketball, Bowling, Bocce*, Soccer,* Tennis* and Flag Football*.
(*denotes intramural/extramural or club style implementation)
- Unified Sports® is the keystone component of Special Olympics Unified Champion Schools®.
- All Unified Sports coaches are required to complete the free, online "Coaching Unified Sports" course on NFHS Learn.



- Benefits of NYSAAA Membership
 - Professional Development Courses
 - Access to Colleagues from around New York State
 - Access to Vendors and Sponsors
- How to Pay for Membership
 - Individually
 - School
 - League Dues
 - Section Dues



Student Leadership Conference



- **April 7-8, 2027**
- Overnight on the 7th
- Hilton - Albany
- 7:30 AM - 3:30PM



Student-Athlete Advisory Committee



- Each Section has two representatives
- Application based process
- Student voice
 - Ex: SAAC Students are on Standing committees



NYSPHSAA Foundation Grants



- Offering grants of up to \$1,000
- Applications are accepted on rolling basis and are reviewed quarterly
- Funding prioritized in areas of:
 - Increasing student participation
 - Professional development for coaches
 - Recruitment and retention of officials



More information on grants and fundraising opportunities at [nysphsaa.org/foundation](https://www.nysphsaa.org/foundation)

Hazing Prevention



- *Hazing Prevention: It's Everyone's Responsibility* is available to all NYSPHSAA schools, free of charge.
 - The training kit includes a Facilitator's Guide, multimedia presentation and a certificate of completion. Available on nysphsaa.org.
- NYSPHSAA schools will receive a 25% Discount on the individual course for students, **Hazing Prevention 101™ High School Online Course with the special code available on NYSPHSAA website**



NYSPHSAA Participation Survey



- Distributed in late March/early April via FinalForms
- Complete the Checklist via FinalForms
- Submit participation information throughout the year
- Due by the middle of May



Community Service Challenge



NYSPHSAA partnered with Team Up 4 Community to provide a FREE platform for students, coaches, teams, administrators, and schools to apply for the NYSPHSAA Community Service Challenge. A challenge will take place each sports season. The NYSPHSAA SAAC will determine a winner after each season's submission deadline. Submissions for fall are now open – go to www.nysphsaa.org for more information!

Deadline Dates on NYSPHSAA website



NYSPHSAA Scholar-Athlete



- **DIGITAL CERTIFICATES**

- **DEADLINES**

- Fall – Monday, Week #23 (December 7, 2026)
- Winter – Monday, Week #37 (March 15, 2027)
- Spring – Tuesday, Week #47 (May 25, 2027)



School of Distinction/Excellence



School of Distinction

100% of varsity athletic programs qualified for and received Scholar-Athlete Team Award

School of Excellence

75% of varsity athletic programs qualified for and received the Scholar-Athlete Team Award

ONLINE Application Required: Deadline

JUNE 30th

*Application available on the Scholar-Athlete website
AFTER Spring Scholar-Athlete Deadline.

- Log onto Kahoot.it
- Enter PIN

Kahoot!

REGISTRATION/CODE OF CONDUCT



- All athletic directors MUST register to verify attendance.





THANK YOU

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REGISTRATION/CODE OF CONDUCT



- All athletic directors MUST register to verify attendance.

