

CHEERLEADING – NYSPHSAA 2/2/2010-MEETING

I. Coaching requirements for all cheerleading Coaches (To be completed prior to the start of coaching)

- NYS education approved first aid and CPR course
- Finger Printing
- Child Abuse
- Violence prevention
- AACCA – American Association Cheerleading Coaches & Administrators-
(safety course 5 hours- may be done on line now)

Educated coaches will result in a safer environment for the newly evolved cheerleading programs

II. Additional Coaching Requirements Second year: -Principals & Philosophies

III. Additional Coaching Requirements Third Year: -Health Science -Theory & Techniques

IV. NFHS Courses

- The NFHS offers Coaching certifications
- The Bronze level, Silver level and the Gold level
- The Bronze level may take the place of the principals, health, and theory courses-
As it appears to be repetitious of them. However, more cheer sport specific
- Being offered by NFHS enhances the credibility of NYS Cheer Coaches

V. NYSPHAA Coaches Clinic May 21, 2010 – Holiday Inn Fishkill, NY

VI. Topics of discussion:

- start/finish date
- selection classification
- state meet
- one/two teams- sprit/competitive or one that does both
- Officials – how many per event? /pay scale?

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