

DOVER HIGH SCHOOL CHEERLEADING
PRESENTS OUR 1ST ANNUAL

DRAGON'S DEN COMPETITION



SATURDAY JANUARY 25TH
SUNDAY JANUARY 26TH (SNOW DATE)
2368 ROUTE 22
DOVER PLAINS, NY 12522

THIS COMPETITION IS OPEN TO ALL SCHOLASTIC MODIFIED, JV, & VARSITY TEAMS (SMALL, LARGE, & MIXED). REC AND ALL-STAR WILL BE ADDED IF THERE IS ENOUGH INTEREST. EXHIBITIONS ARE ALWAYS WELCOME! WE HAVE A FULL



SET OF 9 MATS FOR WARM UPS IN THE HS GYM & A BEAUTIFUL NEW FULL SET OF 9 BLACK MATS FOR PERFORMING IN OUR MS GYM! WE WILL HAVE A COACHES SUITE & PARENT DANCE OFF!

PLEASE JOIN US IN THE DRAGON'S DEN!

REGISTRATION FEE: NON-REFUNDABLE

- \$125/TEAM COMPETING
- \$100/TEAM EXHIBITIONING

FIRST 2 COACHES ARE FREE, \$10 FOR EVERY ADDITIONAL COACH

PLEASE MAKE ALL CHECKS PAYABLE TO: DOVER ATHLETICS

ADMISSIONS: \$10-SPECTATORS, \$8 SENIOR CITIZENS, \$5 STUDENTS W/SCHOOL ID & DOVER STAFF, CHILDREN 5 YEARS AND UNDER ARE FREE!

TENTATIVE SCHEDULE: *SCHEDULE WILL BE EMAILED TO COACHES 1 WEEK BEFORE THE COMPETITION*

- REGISTRATION-10:00AM
- WARM UPS-10:30AM
- DOORS OPEN TO SPECTATORS-11:00AM
- COMPETITION BEGINS-12:00PM
- AWARDS-IMMEDIATELY FOLLOWING LAST PERFORMANCE!

FOOD CONCESSION: (HOT DOGS, PIZZA, SANDWICH WEDGE, MEATBALL & SAUSAGE/PEPPER WEDGES, WALKING TACOS, HOT CHOCOLATE BAR, ETC.)

OTHER ITEMS AVAILABLE FOR SALE:

COMPETITION T-SHIRTS, VENDORS, AND 50/50 RAFFLE!

RULES AND GUIDELINES:

- All Scholastic teams must follow 2019-2020 NYSPHSAA Cheerleading rubrics and scoring guidelines
- Rec and Jr high teams CANNOT perform basket tosses but can perform power pops
- Rec teams will be scored using the school division score sheets
- All Stars will follow USASF divisions and guidelines
- For schools and Rec, we will be using certified New York State category judging and 1 separate safety judge
- Performance area will be a 54' x 42' mat (9 mats)
- Routine length: Schools and Rec follow NYSPHSAA rules, All Stars 2:30 – all music
- ALL COACHES SHOULD BRING 2 COPIES OF MUSIC, CD or ipod can be used during Competition, warm up will have ipod/phone ability only
- The schedule will be emailed to coaches 1 week before the competition
- Warm ups will take place separate from the main gym throughout the competition (competition-MS GYM, warm ups-HS GYM) Teams will have 5-7 minutes for stretching and 5-7 on a full 9-panel performance mat
- There will be an athletic trainer available for taping during warm ups and competition
- Teams can keep personal belongings in the HS Cafe (Dover UFSD and Dover High School Cheerleading are **not** responsible for lost or stolen property so please do not leave valuables unattended)
- Unsportsmanlike conduct of any kind will not be tolerated. Any participant, coach, or team attendant that exhibits unsportsmanlike conduct may cause his/her team to be disqualified
- All judges' decisions are final

ANY QUESTIONS? PLEASE CONTACT:

KATHLEEN HEGARTY

KATHLEEN.HEGARTY@DOVERSCHOOLS.ORG

(845) 392-3266

DOVER HIGH SCHOOL CHEERLEADING
PRESENTS OUR 1ST ANNUAL

DRAGON'S DEN COMPETITION

REGISTRATION FORM (PLEASE FILL OUT 1/TEAM)

DEADLINE FOR REGISTRATION FORM & PAYMENT - JANUARY 11TH!

School Name: _____

Address: _____

Number: _____

Team Name: _____ Colors: _____ Mascot: _____

Head Coach's Name: _____ Number: _____

Email: _____

Additional Coaches Names: _____

Division:

of athletes:

Rec or All-Star

Modified (7th & 8th graders)

JV

Small Varsity (16 or less)

Large Varsity (17-32)

Mixed Varsity (1 male)

PLEASE SEND TO:
DOVER HIGH SCHOOL
ATTN: KATHLEEN HEGARTY
2368 ROUTE 22
DOVER PLAINS, NY 12522