

Section IX
Cheerleading
Competition



2019

SECTIONIX CHEERLEADING COMMITTEE

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NYSPHSAA

Competitive Cheerleading - Full Implementation

In an effort to assist NYSPHSAA member schools with questions and concerns pertaining to competitive cheerleading, please reference the topics and information included in this document. For additional information, please contact:

Todd Nelson, NYSPHSAA Assistant Director at tnelson@nysphsaa.org / (518) 690-0771.

Traditional Cheer vs. Competitive Cheer: The NYSPHSAA Cheerleading Committee has recommended any CHEERLEADING Squad that stunts or tumbles (see definitions below, as per AACCA) be considered a Competitive Cheer Squad and would be subject to all SED and NYSPHSAA rules and regulations. A team that does not stunt and tumble would be a traditional squad and NOT subject to SED and NYSPHSAA rules and regulations.

- **Stunt:** One or more persons supporting one or more top persons off of the ground.
- **Tumbling:** Gymnastic skills that begin and end on the performing surface, including rolls, inverted extended skills (cartwheels, handstands, walkovers, handsprings, etc.), aerials, twists and flips.
NOTE: Jumps, leaps and side rolls on the performing surface are not considered to be tumbling.

NYSED Regulations: All SED regulations (Age, Grade, Bona Fide Student, Duration of Competition, Health exams, et c.) will be followed along with the regulations listed below:

- o Mixed Competition: Outlined by SED
- o Selection Classification: Gymnastics standards recommended by the NYSPHSAA.
- o Coaching Certification: All Competitive Cheerleading coaches will have to have the following to be certified coaches for the Winter season as per SED regulations: All non-certified teacher coaches will have to apply for a temporary coaching certificate. Any outside clinician that works with a team for more than 5 days during the season will also have to apply for a temporary coaching certificate.
 - First Aid and CPR/AED
 - Fingerprinting
 - Child Abuse Course
 - Concussion Management Course
 - DASA Training (if applying for a temporary coaching license)
 - AACCA Safety Course
 - All non-PE coaches will have to begin to take the three required courses:
 - Philosophies and Principles of Coaching - first year
 - Theories and Techniques - by 3rd year
 - Health and Sciences - by 3rd year

NYSPHSAA General Eligibility:

All current NYSPHSAA eligibility rules (including the transfer rule) will be enforced for all Competitive Cheerleading Squads. Two of those regulations are highlighted below:

- Fall Cheerleading and Winter Cheerleading: The Cheerleading Committee has recommended that students/teams be allowed to compete in both seasons because of well-established league and sectional events. The NYSPHSAA Championship events would be held only in the Winter season.
- Interstate Sanctioning: Teams will have to follow the sanctioning process if they are attending an out of state event or hosting an event that has out of state schools competing. NY schools may only compete against member/approved schools.

NYSPHSAA Competition Standards:

Competition Standards for the sport of competitive cheerleading.

- Minimum Practice Requirement: 10 team/ 8 individuals
- Representation: minimum of 2 required competitions before post season. Note: *The NYSPHSAA Invitational(s) will not be considered post-season.*
- Maximum number of Contests: 12
- Nights rest: 1 night per competition. Note: *Cheering or performing during a sport event is not considered competition.*
- Spirit Standards: NFHS Spirit Rule Book
- Limitations per Day: 1 competition per day
- Competition Standards: Routine – 2 min and 30 seconds and must include Cheer and Dance and prep time.
- Judges: Minimum of 3 judges and 1 safety judge per competition.
- NYSPHSAA Divisions and Classes: 2 Divisions - I and II, small class and large class in each division. 1 Co-Ed division.

NYSPHSAA Cheerleading Championship:

Teams will qualify for the championship event through a process established by the SECTION. The Cheerleading Committee has recommended the following qualifying process and championship format:

- Qualifying Process: Each section will send the winner of each class to the Championship event. A maximum of 10% of the teams competing in each class will qualify for the championship event. A section could be more restrictive and only send the winner of each class to the championship event.
- Format: Each will have a preliminary and finals round at the championship event.

CHEERLEADING SECTION IX COMPETITIONS

2019 CHEERLEADING SECTIONALS COMPETITION – FEBRUARY 22, 2020

Monroe Woodbury High School, 155 Dunderberg Road, Central Valley, NY 10917

The top teams from Sectionals will compete at STATES.

Each school must provide a copy of their music licensing agreement (this is obtained from your respective DJ). It is to be submitted with your Sectional or State entry.

1. Procedure for weather delays or cancellations of Section IX Championships
 - In Sectional competition involving multiple schools, the respective Sports Chair will advise the Executive Director or designee of any adverse conditions. The Executive Director or Designee will consult with the participating schools then decide whether to hold or cancel the competition. The snow date is **February 23, 2020**.
2. Admission:
 - \$5.00 Adults and Seniors
 - \$3.00 Student
3. Awards:
 - Plaques and Medals will be awarded to the Section IX Champion for each Division.

2020 NYSPHSAA STATES COMPETITION - MARCH 7th

Rochester Institute of Technology, Gordon Field House, Rochester, NY

Tickets, \$8 on line; \$10 on site. Doors open at 8, Prelims begin at 9 a.m.; Finals at 3 p.m.

NYSPHSAA

Frequently Asked Questions - Competitive Cheerleading

Now that the Board of Regents has recognized Competitive Cheerleading as a sport, the State Education Department and the NYSPHSAA has finalized the exact rules and regulations that will govern the sport of Competitive Cheerleading. Video replay final approval is scheduled for review January 2017. Below are some questions we have received regarding how cheerleading may look as we move forward.

Q - What is the difference between Traditional Cheerleading and Competitive Cheerleading? Will schools be able to just have traditional cheerleading?

A - Schools will be able to just offer traditional cheerleading squads. These squads will not follow the rules and regulations of SEO or the NYSPHSAA. If a traditional squad incorporates stunting /tumbling into a sideline or halftime routine they will be considered a competitive cheerleading squad and will have to follow the rules and regulations of SEO and NYSPHSAA. Schools can choose to be both.

Q - Will coaches have to be certified to coach competitive cheerleading?

A - All competitive cheer squads will have to have a properly certified coach per SEO regulation. All SEO coaching certifications will have to be followed. Please contact your athletic administrator for the exact requirements to coach competitive cheerleading

Q - Will teams be able to be selected in the Spring for the following year?

A - Teams will have to be selected at the beginning of the Section established season in the same manner other sports are selected. The NYSPHSAA allows only the membership of the NYSPHSAA the direction of Competitive Cheerleading will be determined out of season activities as long as it is open to all students and it is not mandatory by the coaches. Some sections and leagues can be more restrictive, please check with your athletic administrator.

Q- Will teams be able to compete in both the Fall and Winter seasons?

A - The NYSPHSAA Competitive Cheerleading season will be during the Winter season. The NYSPHSAA will NOT hold any state level events in the Fall.

Q - Can teams bring in experts to work with the Competitive Cheerleading squads?

A- Teams can bring in clinicians to work with their teams if this is a permissible practice of the school district. Clinicians work with the teams sporadically and not on a consistent basis Clinicians do not have to be certified to work with the teams.

Q - Can teams travel out of state or host out of state teams for competitions?

A- Any competitions that our schools participate in would have to be properly sanctioned by the NYSPHSAA office. New York schools may only compete against member/approved schools.

Q- Would student athletes and teams have to have a minimum number of practices before competing in a competition?

A - Students and teams will have to have a minimum number of practices before competing. 10 team/8 individual

Q - Will the Selection Classification process be used for Competitive Cheerleading?

A- The gymnastics standards of the Selection Classification process will be used to selectively classify 7th and 8th graders to the high school level as per SED regulations.

Q- Will Competitive Cheerleading teams be eligible for the NYSPHSAA Scholar Athlete program?

A- As a recognized sport, Competitive Cheerleading squads will be eligible for the scholar athlete program and state scholar athlete championship.

Q - Who can I contact as a coach or athletic director to give my input on the direction of Competitive Cheerleading?

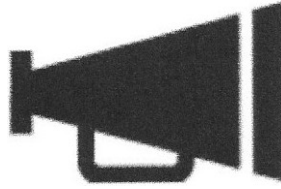
A- Coaches and athletic directors can contact their Section Executive Director, Section Cheerleading Representative, or the NYSPHSAA office staff. The NYSPHSAA is a membership led organization.

Thank you all for your passion and commitment to the outstanding student athletes that participate in Competitive Cheerleading. We look forward to ensuring the safety of those student athletes and highlighting and promoting these student athletes.

Questions:

Robert Zayas, NYSPHSAA Executive Director rzayas@nysphsaa.org 518-690-0771

Todd Nelson, NYSPHSAA Assistant Director tnelson@nysphsaa.org 518-690-0771



NYSPHSAA

Section IX Executive Director: Gregory Ransom

Section IX Athletic Director for Competitive Cheer: Suzanne Lenzian

Section IX Treasurer/Secretary: Jim Osborne

Cheerleading Sections Committee

Section 1: Alice Granger

Section 2: Patty Palmer

Section 3: Tanya VanOrnum

Section 4: Andrea Guccia

Section 5: Joanne Small

Section 6: Justina Grudzinski

Section 7: Vicki Nephew

Section 8: Jonathan Bloom/Jennifer Keane

Section 9: Cherie Walker/Patti Archiere

Section 10: Karen Johnson

Section 11: Scott Reh

Modified Representative: Alisa Pacheco

**2019-2020 Section IX Cheerleading Championship
REGISTRATION FORM – SMALL SQUAD**

Name of School: _____

Name of Coach: _____ Email: _____

Cell Phone: _____ Work Phone: _____

SMALL SQUAD ROSTER – Please print or type names

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____

Please list TWO (2) required competitions that you attended during the season:

SITE

DATE

1. _____
2. _____

Date

Signature of Athletic Director

**2019-2020 Section IX Cheerleading Championship
REGISTRATION FORM – LARGE SQUAD**

Name of School: _____

Name of Coach: _____ Email: _____

Cell Phone: _____ Work Phone: _____

LARGE SQUAD ROSTER – Please print or type names

- | | |
|-----------|-----------|
| 17. _____ | 17. _____ |
| 18. _____ | 18. _____ |
| 19. _____ | 19. _____ |
| 20. _____ | 20. _____ |
| 21. _____ | 21. _____ |
| 22. _____ | 22. _____ |
| 23. _____ | 23. _____ |
| 24. _____ | 24. _____ |
| 25. _____ | 25. _____ |
| 26. _____ | 26. _____ |
| 27. _____ | 27. _____ |
| 28. _____ | 28. _____ |
| 29. _____ | 29. _____ |
| 30. _____ | 30. _____ |
| 31. _____ | 31. _____ |
| 32. _____ | 32. _____ |

Please list TWO (2) required competitions that you attended during the season:

SITE

DATE

1 _____

2 _____

Date

Signature of Athletic Director

**2019-2020 Section IX Cheerleading Championship
REGISTRATION FORM – CO-ED SQUAD**

Name of School: _____

Name of Coach: _____ Email: _____

Cell Phone: _____ Work Phone: _____

CO-ED SQUAD ROSTER – Please print or type names

33. _____	17. _____
34. _____	18. _____
35. _____	19. _____
36. _____	20. _____
37. _____	21. _____
38. _____	22. _____
39. _____	23. _____
40. _____	24. _____
41. _____	25. _____
42. _____	26. _____
43. _____	27. _____
44. _____	28. _____
45. _____	29. _____
46. _____	30. _____
47. _____	31. _____
48. _____	32. _____

Please list TWO (2) required competitions that you attended during the season:

SITE

DATE

1 _____	_____
2 _____	_____

Date

Signature of Athletic Director