

# 1st Annual Valley Central High School

**VIKING**



**PRIDE**

## ***Cheerleading Competition***

**Saturday February 1st, 2020 (Snow date 2/2)**

**Please Join us!**

This competition has been long awaited but worth the wait!! Let us show you the same wonderful hospitality you've shown us over the years!

Ceremony for Senior Cheerleaders! College Team Exhibitions!

Awards for top three teams in each division!

**GRAND CHAMPION BANNERS** awarded in Each Session!

Competition Shirts, Cheer items and Food concessions available!

Valley Central High School

1175 NY-17K

Montgomery, N.Y.12549

All teams will enter and check in at the Middle school, located right next to the High school. Buses can park at the High school. Pick-up in front of Middle school and High school.

**AM Session I: All-Star & Rec teams - Check-in begins at 8:00am.** All Star and Rec teams must also provide Insurance Certificate with registration paperwork and submit any Tax Exempt Certificate if applicable. Coaches meeting 8:30am. Warm up times will begin at 8:45am. Coaches will receive line up one week prior to competition. NFHS-Spirit rules apply for Rec teams.

**Competition Begins at approximately 9:30am!**

### **Spectators will be admitted into the High School Entrance:**

Doors open at 8:00am for AM Session I.

Doors open at 12:30pm for PM Session II.

Spectator Fee: \$7per person, \$5 Students. Seniors and children under 5yrs-Free.

Cafeteria will be available and vendors will have items for sale!

**PM Session II: Scholastic/HS Cheer and Dance - Check-in begins at 12:30pm.** All teams will enter and check in at the Middle school, located right next to the High school. Open tumble in main gym at the High school 1:00-1:30pm. Coaches meeting at 1:15pm. Warm-ups beginning at 1:30pm. Coaches will receive final line up one week prior to competition. NFHS Spirit Rules/ NYSPHSAA Scoring.

**Competition begins at approximately 2:30pm!**

*Coaches are responsible for the actions of their athletes at all times. Please do not leave them unsupervised. Should any problems occur, your team will be disqualified.*

***Good Luck and HAVE FUN!!***

**Valley Central VIKING PRIDE Cheerleading Competition**  
**Valley Central High School February 1<sup>st</sup>, 2020**

Entry Fee: \$150 per squad (non-refundable)

\$175 after January 24<sup>th</sup>, 2020

Deadline to register January 27<sup>th</sup>, 2020

Please mail/e-mail the registration form and Fee to:

**VCHS Athletics/Coach Trish Stolz**

**1175 State Rt.17K**

**Montgomery, N.Y.12549**

E-mail: [patricia.stolz@vcsdny.org](mailto:patricia.stolz@vcsdny.org)

- Checks payable to: Valley Central High School with Cheerleading in the MEMO line.
- Recreation Teams must provide Insurance Certificate with registration paperwork.
- All teams are required to provide proof of music licensing certificate. Music can be emailed to DJ Kenny at [soundwizardsdj@gmail.com](mailto:soundwizardsdj@gmail.com) to help make things easier! Please have a copy with you as well.

NYSCJA will be providing the judges for our competition. We will follow National Federation of High Schools (NFHS) rules and guidelines.

Please visit NYSPHAA Cheer Web Page <http://www.nysphaa.org/Sports/Competitive-Cheerleading> for important and very useful Competitive Cheerleading information. We will have a quick 15 minute Coaches meeting before each session to answer any questions you might have. Team Line up and schedule of events will be emailed to all coaches one week prior to competition.

General Liability: Valley Central officials and entities are not responsible for lost or stolen items. Valley Central High School is not responsible for any injury to participants. Participants assume all risk and responsibility.

VCHS will provide an Athletic Trainer at both sessions.

**WE HOPE YOU WILL JOIN US FOR A DAY OF FUN AND COMPETITION!**

\*\*\*ANY QUESTIONS PLEASE E-MAIL\*\*\*

COACH TRISH STOLZ: [patricia.stolz@vcsdny.org](mailto:patricia.stolz@vcsdny.org)

**GO VIKING PRIDE!**

**Valley Central VIKING PRIDE Cheerleading Competition**  
**Valley Central High School February 1<sup>st</sup>, 2020**  
**All Star / Recreation Divisions**  
**REGISTRATION FORM**

**Registration Form Deadline is January 27<sup>th</sup>, 2020. Please complete a separate form for each team.**

School/Organization Name: \_\_\_\_\_

Address: \_\_\_\_\_

School/Org. Phone Number \_\_\_\_\_ Fax: \_\_\_\_\_

Mascot \_\_\_\_\_ Colors \_\_\_\_\_

Coach's Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email \_\_\_\_\_

**TEAM REGISTRATION:** Please circle the division you are entering and indicate number of members.

**All-Star USASF Divisions**

All Star Tiny (5 yrs. & under)

All Star Mini (8 yrs. & under)

All Star Youth Division (11 yrs. & under)

All Star Junior Division (14 yrs. & under)

All Star Senior Division (18 yrs. & under)

All Star Senior Co-Ed (18 yrs. & under)

**Number of Team Members and Level**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Recreation Divisions:**

Pee Wee Division (2<sup>nd</sup> grade & under)

Youth REC Division (4<sup>th</sup> grade & under)

Junior REC Division (6<sup>th</sup> grade & under)

Senior REC Division (8<sup>th</sup> grade and under)

**Number of Team Members**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please include **TEAM ROSTER** page with your registration

**THANK YOU AND GOOD LUCK!**



**Valley Central VIKING PRIDE Cheerleading Competition**  
**Valley Central High School February 1<sup>st</sup>, 2020**  
**Scholastic/High school**  
**REGISTRATION FORM**

Registration Form Deadline is January 27<sup>th</sup>, 2020. Please complete a separate form for each team. Purchase orders or a letter on school stationary will be acceptable with the registration forms for proof of payment. Forms can be faxed to (845) 457-4418 Attention Coach Trish Stolz or email to: [patricia.stolz@vcsdny.org](mailto:patricia.stolz@vcsdny.org)

School/Organization Name: \_\_\_\_\_

Address: \_\_\_\_\_

School/Org. Phone Number \_\_\_\_\_ Fax: \_\_\_\_\_

Mascot \_\_\_\_\_ Colors \_\_\_\_\_

Coach's Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email \_\_\_\_\_

**DIVISION**

**Number of athletes on team**

**Modified/Middle School** \_\_\_\_\_

**HS Dance** \_\_\_\_\_

**Junior Varsity** \_\_\_\_\_

**Small Varsity (16 & under)** \_\_\_\_\_

**Large Varsity (17- 32)** \_\_\_\_\_

**Varsity Co-Ed (1+ Male)** \_\_\_\_\_

Please include **TEAM ROSTER** page with your registration

**THANK YOU AND GOOD LUCK!** 

*Valley Central VIKING PRIDE Cheerleading Competition  
Valley Central High School February 1<sup>st</sup>, 2020*

**TEAM ROSTER**

School: \_\_\_\_\_

Division: \_\_\_\_\_

Coach: \_\_\_\_\_

1	_____	17	_____
2	_____	18	_____
3	_____	19	_____
4	_____	20	_____
5	_____	21	_____
6	_____	22	_____
7	_____	23	_____
8	_____	24	_____
9	_____	25	_____
10	_____	26	_____
11	_____	27	_____
12	_____	28	_____
13	_____	29	_____
14	_____	30	_____
15	_____	31	_____
16	_____	32	_____

**TO HAVE YOUR TEAM PICTURE INCLUDED IN THE PROGRAM,  
PLEASE EMAIL PICTURE TO: [patricia.stolz@vcsdny.org](mailto:patricia.stolz@vcsdny.org)**

**OR #VIKINGPRIDECOMPETITION**