

**ORANGE COUNTY INTERSCHOLASTIC
ATHLETIC ASSOCIATION
BOYS AND GIRLS OUTDOOR TRACK BY-LAWS**

1. The current National Federation Track & Field Rules for Boys & Girls and NYSPHSAA Rules & Regulations shall apply.
2. Postponements: It is the duty of the host school to postpone meets (worked through the Athletic Directors) and for rescheduling at the earliest possible date. The host school must inform the OCIAA Athletic Coordinator of any postponements or rescheduling.
3. Dressing room facilities: None needed. Teams change at home and travel in uniforms and sweats.
4. Participation limitations as stated in Officials' Agreement between the Section IX Athletic Council, Inc. and the Section IX Federation of Sports' Officials will be adhered to.
5. Scores **MUST** be reported to the league via the rSchool Today mobile app. Coaches are also encouraged to send results to the local media outlets.
6. Unsportsmanlike Conduct:
 - a. When a coach is ejected from a meet please refer to the NYSPHSAA Handbook, Sportsmanship Standard #27.
 - b. When a player(s) is ejected from a meet for fighting or unsportsmanlike conduct, the following action is required by the NYSPHSAA Regulations, detailed in Standard #27b.
 - (1) First ejection - that player(s) cannot attend or participate in the next scheduled meet.
 - (2) Second ejection - that player(s) cannot attend or participate in the next two scheduled meets.
 - (3) Third ejection - that player(s) cannot attend or participate in any remaining scheduled meets including sectionals or any higher level of competition.
 - (4) There is no appeal to a player(s) ejection. The official's decision is final and includes the following contest(s).
 - c. The official who ejected the player(s) will notify the Athletic Coordinator (294-5799), prior to 12:00 p.m. the following day with the name(s) of the players and the type of infraction(s).
 - d. The coach of the player or players who was/were ejected will notify his/her Athletic Administrator. The Athletic Administrator will then contact the OCIAA Athletic Coordinator 's Office to confirm that the player or players will not be allowed to participate in that school' s next scheduled meet or meets as required above. The Athletic Administrator must report the ejection to the Athletic Coordinator' s Office.
 - e. A player(s) who is ejected from a meet, will not be allowed to be present at the site of any game that player(s) has been disqualified from participating in (home or away).

f. For unsportsmanlike violation that occur during the OCIAA season, penalties will carry over into sectional play. Once penalties are served, sectional unsportsmanlike conduct rules apply.

7. Awards (Varsity Only):

a. Boys

(1) Plaques: 4 Division Champions (Team)
1 - OCIAA Meet Champion

(2) OCIAA Patches: Each individual school may purchase their own patches if they choose to do so.

(3) Medals: 1 - Gold 1 - Silver 4 - Bronze

Total of 6 medal in each of the following events: (except for Relays - 4 medals for each of the 6 places)

110 Meter Hurdles	3200 Meter Run	Pole Vault
400 Meter Hurdles	400 Meter Relay	Discus
100 Meter Dash	1600 Meter Relay	Shot Put
200 Meter Dash	3200 Meter Relay	Javelin
400 Meter Dash	Long Jump	Steeplechase
800 Meter Run	High Jump	Decathlon
1600 Meter Run	Triple Jump	Pentathlon
Throwing Pentathlon	Hammer	

b. Girls

(1) Plaques: 4 Division Champions (Team)
1 - OCIAA Meet Champion

(2) OCIAA Patches: Each individual school may purchase their own patches if they choose to do so.

(3) Medals: 1 - Gold 1 - Silver 4 - Bronze

Total of 6 medal in each of the following events: (except for Relays - 4 medals for each of the 6 places)

100 Meter Hurdles	1500 Meter Run	High Jump
400 Meter Hurdles	3000 Meter Run	Triple Jump
100 Meter Dash	400 Meter Relay	Discus
200 Meter Dash	1600 Meter Relay	Shot Put
400 Meter Dash	3200 Meter Relay	Javelin
800 Meter Run	Long Jump	Pentathlon
Throwing Pentathlon	Hammer	Pole Vault
		Steeplechase

8. Regular Season Division winners:
If there is a tie based on division records, the following will be used to determine that division champion:
 1. Head to Head overall for current season between teams that are tied.
 2. Points allowed between tied teams
 3. Record vs. the team occupying the next highest position in division standings
 4. Points allowed vs. the team occupying the next highest position in division standings

9. Modified Level
 - a. All modified meets will be conducted according to the NYSPHSAA adopted modifications as listed in the New York State Handbook, pages 137-139.
 - b. The suggested field events shall be: 4 kilogram shot, 1 kilogram discus, high jump, long jump, pole vault, and triple jump.
 - c. The suggested running events and their recommended order for combined Boys-Girls Spring Track meets shall be (boys first, followed by girls events.):
 - (1) 55 Meters 30: Hurdles
 - (2) 200 Meters Dash
 - (3) 1500 Meters Run (both boys & girls)
 - (4) 100 Meters Run
 - (5) 3000 Meter Run (Optional - Girls)
 - (6) 400 Meters Run
 - (7) 200 Meters 30" Hurdles
 - (8) 800 Meters Run
 - (9) 3000 Meters Run (Optional - Boys)
 - (8) 4 x 200 Meters Relay
 - (9) 4 x 100 Meters Relay

10. Schedules
 - a. Will be developed by the Athletic Coordinator.
 - b. Each Varsity team may not schedule more than 16 total meets.
 - c. Each Modified team may not schedule more than 10 total meets.