



2017 NFHS BOYS LACROSSE RULE REVIEW

National Federation of State
High School Associations



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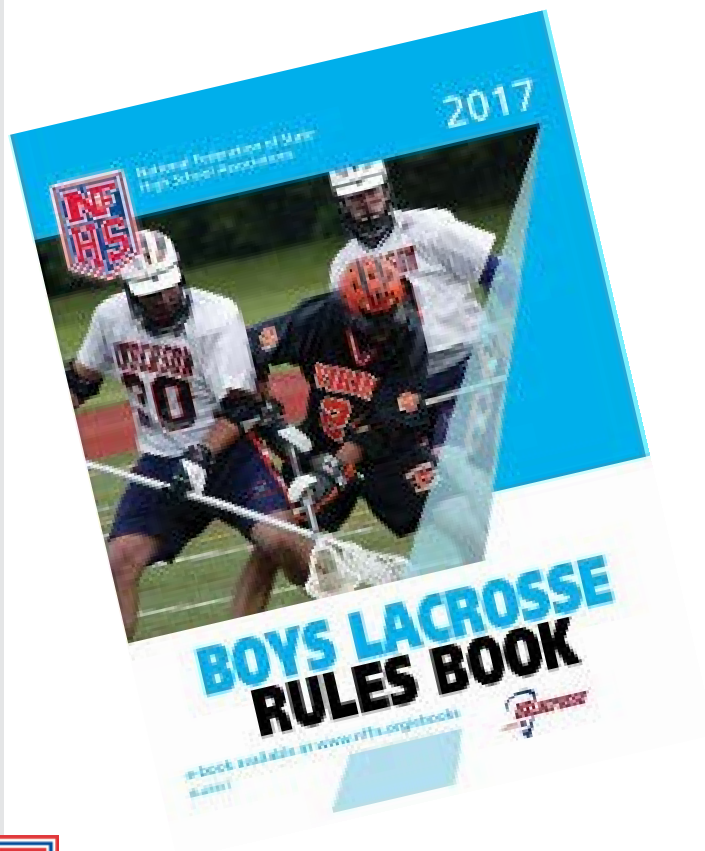


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U.S. Lacrosse

2017 NFHS RULES BOOK



- 2017 Boys Lacrosse Rules Book available at:

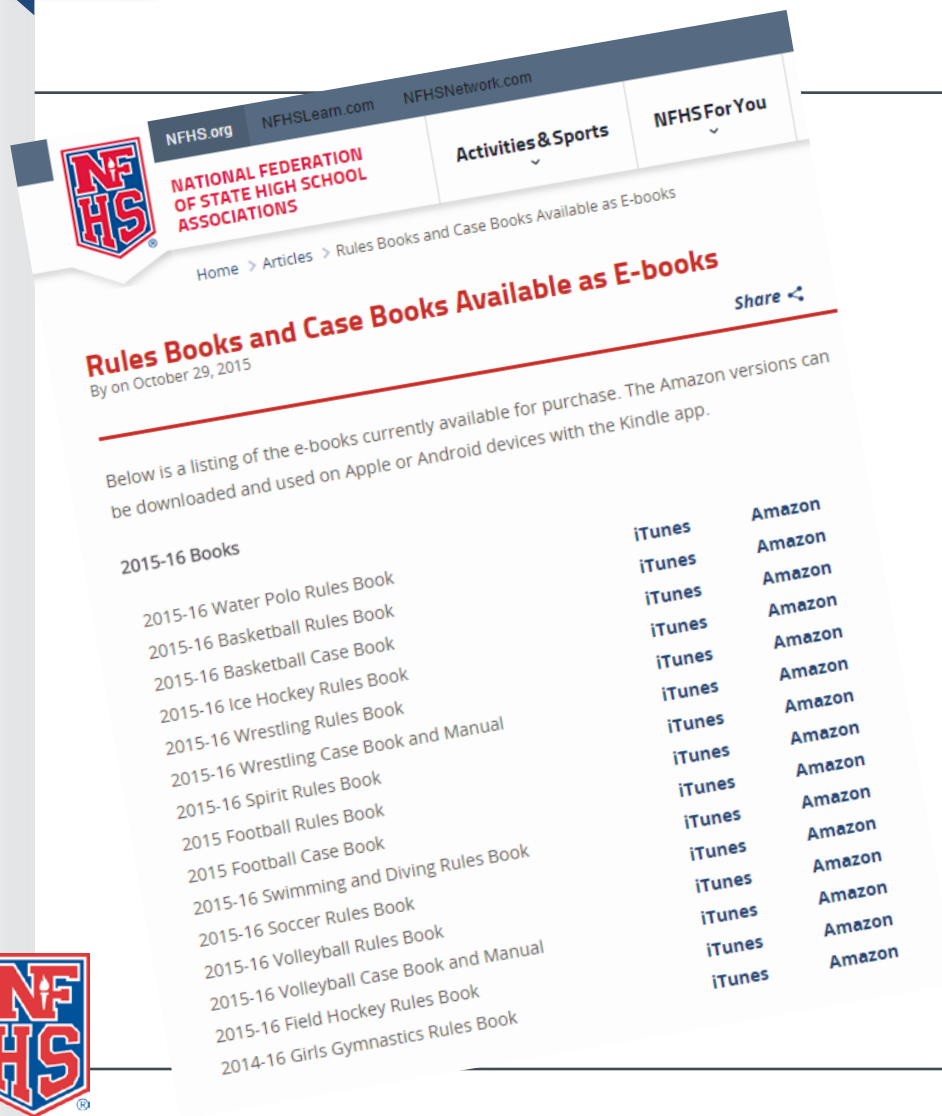
www.nfhs.com

<http://www.nfhs.com/c-198-boys-lacrosse.aspx>

\$8.20 Plus S/H



NFHS RULES E-BOOKS



NFHS.org NFHSLearn.com NFHSNetwork.com

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Activities & Sports NFHS For You

Home > Articles > Rules Books and Case Books Available as E-books

Rules Books and Case Books Available as E-books

By on October 29, 2015

Below is a listing of the e-books currently available for purchase. The Amazon versions can be downloaded and used on Apple or Android devices with the Kindle app.


2015-16 Books	iTunes	Amazon
2015-16 Water Polo Rules Book	iTunes	Amazon
2015-16 Basketball Rules Book	iTunes	Amazon
2015-16 Basketball Case Book	iTunes	Amazon
2015-16 Ice Hockey Rules Book	iTunes	Amazon
2015-16 Wrestling Rules Book	iTunes	Amazon
2015-16 Wrestling Case Book and Manual	iTunes	Amazon
2015-16 Spirit Rules Book	iTunes	Amazon
2015 Football Rules Book	iTunes	Amazon
2015 Football Case Book	iTunes	Amazon
2015-16 Swimming and Diving Rules Book	iTunes	Amazon
2015-16 Soccer Rules Book	iTunes	Amazon
2015-16 Volleyball Rules Book	iTunes	Amazon
2015-16 Volleyball Case Book and Manual	iTunes	Amazon
2015-16 Field Hockey Rules Book	iTunes	Amazon
2014-16 Girls Gymnastics Rules Book	iTunes	Amazon

- E-Books are available for purchase at:
www.nfhs.org/ebooks/

\$5.99 Apple or Android

WWW.NFHS.ORG

ACTIVITIES & SPORTS – BOYS LACROSSE



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New Faceoff Procedure Among Rules Changes in High School Boys Lacrosse



OHSAA to Sponsor Boys and Girls Lacrosse Beginning in 2016-17



Implementation of Boys Lacrosse Rule 1-7-3 Delayed Until 2016



Restart Procedure Altered in High School Boys Lacrosse



Rules Changes

Boys Lacrosse Rules Changes - 2016



2017 NFHS BOYS LACROSSE RULE REVISIONS

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Major Rules Changes
Situations and Rulings
Points of Emphasis



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Major Rules Changes

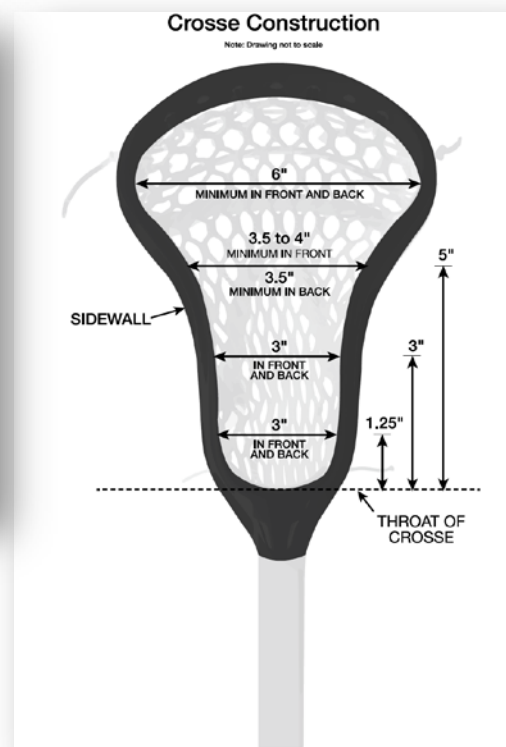
CROSSE DIMENSIONS

RULE 1-6-1

PAGE 13

- Beginning in 2018, minimum stick specifications shall be as follows:

Measurement from throat (inches)	Minimum distance between narrowest point of head (inches)
1.25	3 (all measurements)
3.0	3 (all measurements)
5.0	3.5 to 4 on front, 3.5 on back
Widest point	6 (all measurements)





1-3-2A

PAGE 9

If a flat-iron goal is used on a grass field, it may be attached to the ground with ground anchors.





4-3-1 EXCEPTION 2

PAGE 30

- If a player or team commits a foul before any faceoff, the ball will be awarded to the offended team in its offensive side of the field at the Center.





4-3-3

PAGE 32

- Paint, a single wrap of tape, or other material of contrasting color to the head may now be used on the handle of the crosse for any player taking a faceoff.





4-18-4

PAGE 45

- No defensive player, other than a properly equipped goalkeeper, can enter his own crease with the perceived intent on blocking a shot or acting as a goalie. Penalty: Conduct foul on the defensive player. A second violation by the player will be enforced as releasable unsportsmanlike conduct.





6-5-2

PAGE 68

- Failure to wear the required mouthpiece (unless it comes out during play) is now a technical foul.





6-10-3

PAGE 73

- During the last two minutes of regulation play, stalling rules are in effect for the team that is ahead by four goals or less. When the score differential is five goals or more, neither team is forced to keep the ball in the goal area unless warned to “keep it in.”





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Points of Emphasis

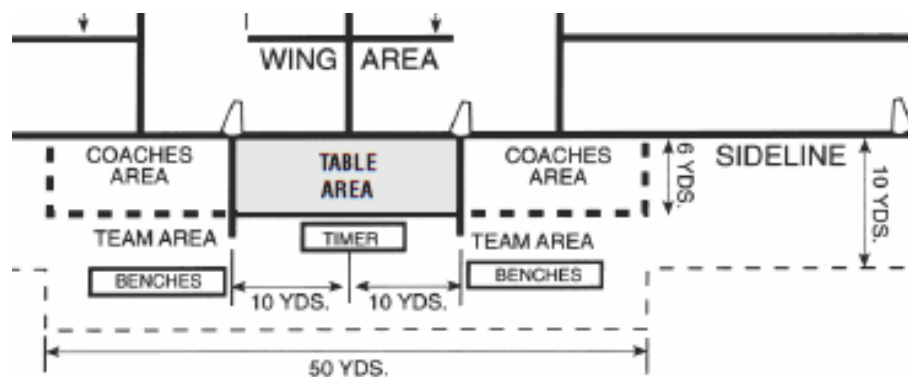
POINTS OF EMPHASIS

- **Points of Emphasis – Page 91**
 - Coaches and Team Area
 - Defenseless Hits
 - Blindside Hits
 - Mouthpieces
 - Reminder of Crosse Change in 2018



POINTS OF EMPHASIS COACHES AND TEAM AREA

- The only time a coach is allowed to enter the lacrosse field is to attend to an injured player, to warm up a goalkeeper or during halftime. If a coach is on the field of play during a live ball or dead ball for any other instance and the coach does not have permission from an official, it is considered a foul. Officials are encouraged to enforce this rule and keep coaches restricted to the sideline and coaches' area during live play, during time-outs and between quarters.



POINTS OF EMPHASIS DEFENSELESS HITS

- An illegal body check includes, but is not limited to: hitting a defenseless player from the “blindside,” a body check when the player’s head is down, and when there is a check to the player whose head is turned.





POINTS OF EMPHASIS BLINDSIDE HITS

- As with any contact sport, continued awareness and emphasis to minimize risk for all participants is important. The penalty for excessive hits to the head and neck is in place as an effort to eliminate this type of contact from the game. A section is in place to address penalties for hits to defenseless players and blindside hits. Coaches should continue to educate their players about how to make a proper body check and the dangers and risks of unnecessary or excessive contact. Officials should strongly enforce penalties for body checks.



POINTS OF EMPHASIS MOUTHPIECES

- It is strongly recommended that mouthguards be properly fitted and not be altered in any manner that decreases effective protection. Mouthguards cannot be clear and must be of any visible color other than white to allow for easier rule enforcement by officials. Coaches should instruct players to have their mouth guards properly in their mouths at all times, i.e., no fish hooking. Officials must enforce this rule.





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Rules Book Corrections

- SECTION 9: PLAYER EQUIPMENT
- A1, while driving to the goal, has no mouthpiece, the mouthpiece is hanging from his face mask or it is in his mouth but not worn properly. RULING: Stop play, ~~one-minute non-releasable penalty~~ technical violation, award ball to Team B unless the official knows the mouthpiece came out as a result of play.



- SECTION 3: FINAL TWO MINUTES OF REGULATION PLAY
- During the final two minutes of regulation play, stalling rules will be in effect. ~~The~~ A team that is ahead by four goals or less will be warned to “keep it in” once the ball has been brought into its respective goal area.



- SECTION 7: BALL CAUGHT IN CROSSE OR EQUIPMENT
- NOTE: Neither situation applies to a designated goalkeeper if he is within his goal crease area at the time the ball becomes stuck. In this case, a defensive player shall be awarded the ball ~~laterally outside the goal area~~ in the crease.

- SECTION 18: GOAL CREASE PRIVILEGES
- B1 (not the goalkeeper) ~~makes a save~~ picks up a loose ball or catches a pass while in the crease. As he is coming out of the crease, A1 checks B1's crosse, causing the ball to enter goal. RULING: Legal goal. Interference may be called only when the designated goalkeeper is involved.



4-18-4 NEW SITUATION A

- SECTION 18: GOAL CREASE PRIVILEGES
- A1 takes a shot while B1 Goalkeeper is away from the crease area. While the shot is in flight, B2 non-goalkeeper-defender steps in the crease to block the shot. **RULING:** Play-on until the shot comes to its normal conclusion.
- If it is B2's first violation of this type, (a) if the ball did not enter the goal, stop play and award ball to Team A. B2 does not serve penalty time. (b) If the ball entered the goal as a result of the shot, B2's violation is wiped out by the goal. In either case, B2 would serve a 1-minute releasable unsportsmanlike conduct foul for each subsequent violation.
- If it is B2's second or any subsequent violation of this type, (a) if the ball did not enter the goal, stop play. B2 will serve a 1-minute releasable unsportsmanlike conduct foul. Award the ball to Team A laterally outside of the Goal Area. (b) If the ball entered the goal as a result of the shot, B2 will serve a 1-minute releasable unsportsmanlike conduct foul. Resume play with a faceoff.



- SECTION 31: GET IT ON/KEEP IT IN
- C. “Get It In/Keep It In” situations are:
 - 1. Under two minutes remaining in the game when ~~the game is not tied~~ a team is ahead by four goals or less.

- SECTION 5: ILLEGAL PROCEDURE
- During the faceoff, but before possession is gained, A1 pushes B1 who is attempting to secure the ground ball, in B's defensive side of the field. Official awards the ball to B at the spot of the infraction. **RULING:** ~~Ball should have been awarded to Team B in its offensive side of the field at center.~~ Correct. The ball is moved to the offended team's offensive side of the field only on a pre-whistle violation.



- SECTION 10: STALLING
- During the last two minutes of regulation play, stalling rules are in effect for the team that is ahead by four goals or less. When **the score is tied, or** the score differential is five goals or more, neither team is forced to keep the ball in the goal ~~area unless~~ ~~warned to “keep it in.”~~

- SECTION 3: RESUMING PLAY AFTER A PENALTY
- When a penalty occurs and the ball is in the offended team's offensive half of the field, the ball shall be put in play the team awarded the ball, at the spot where the ball was when play was suspended. If the ball was in the goal area when play was suspended, it shall be restarted ~~nearest to the spot of the ball at the time of the whistle~~ 20 yards laterally outside the goal area. If the ball has crossed the end line prior to the penalty occurring, the ball shall be restarted at that spot.



- SECTION 3: RESUMING PLAY AFTER A PENALTY
- After a faceoff and before possession has been declared or the ball crosses the defensive-area line, B4, who was behind the defensive-area line at the beginning of the faceoff, comes across the defensive-area line to play the loose ball. RULING: Technical foul against B. Ball awarded to Team ~~B~~ A at the spot where the ball was when play was suspended.



- SECTION 11: ENFORCEMENT OF PLAY-ON TECHNIQUE
- While ball is loose in the crease, A1 interferes with goalkeeper B1. RULING: Play-on situation. If B1 fails to gain possession of the ball, ball is -awarded to Team B, outside the goal area at the spot where the ball was at the time of the violation.



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NFHS Services and Initiatives



Accredited Interscholastic Coach – National Coach Certification Program –

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More Information at nfhslearn.com!

Level One National Certification Course Requirements:

- Fundamentals of Coaching
- First Aid, Health and Safety for Coaches
- Sport-specific Course or Teaching Sports Skills
- Concussion in Sports (FREE)



Coaching Boys Lacrosse

Course Objectives

- Differences between girls and boys lacrosse sessions
- Methods and techniques for teaching lacrosse
- Learn basic rules of boys lacrosse
- Understand essential beginning lacrosse skills and be able to teach those skills to players
- How to create drills and structure effective practice sessions
- How lacrosse is played
- Player positions and game structure

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Units

- Origin and Background Game
- Teaching Lacrosse
- Team Tactics
- Playing the Game
- Skills and Techniques

More Information at nfhslearn.com



Interscholastic Officiating

- Officiating Basics
- The Science of Officiating a Contest
 - The Art of Officiating a Contest
 - Putting it All Together

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- Rules Knowledge
- The High School Environment
- The Foundation of Officiating
- Managing Difficult Situations
 - Game Speed Decisions
 - Professional Development



NCAA Eligibility

- Involvement
 - Amateurism
- Learn the different classifications of NCAA Divisions
- The coach's role and responsibilities
- Student's responsibilities
- Student Responsibilities
- Definition of amateurism requirements
- New core course requirements

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More Information at
[nfhslearn.com!](http://nfhslearn.com)



Creating a Safe and Respectful Environment

- Define inappropriate relationships and behaviors
- Define Hazing
- Define Bullying and Cyberbullying
- The role of the Coach

- Inappropriate, Abusive or Harassing Behavior
- Hazing
- Bullying and Cyberbullying

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**American
Red Cross**

First Aid, Health and Safety for Coaches

- Before Giving Care
- Breathing Emergencies
Emergencies
- Soft Tissue Injuries
Sports
- Sudden Illness
- Environmental
- Health and Safety in

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■ Injuries to Muscles, Bones, and Joints **Take Part. Get Set For Life.™**

- How to develop an emergency action plan
- How to check a conscious and unconscious adult or athlete
- Recognize and manage breathing emergencies, including respiratory distress and respiratory arrest, asthma and choking emergencies
- Recognizing sudden illness and steps for care
- Prevention and management of cold & heat related illnesses
- Types and management of wounds

More Information at **nfhslearn.com**!



Concussion in Sports

- Understand what concussions are & their impact on players
- Recognize the complications associated with concussions
- Understand your responsibilities
- Recognize signs and
- Know when additional medical
- Understand the proper concussion management

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Units

- Concussion Overview
- The Problem
- Your Responsibility
- The

More Information at nfhslearn.com

NFHS SUGGESTED GUIDELINES FOR MANAGEMENT OF CONCUSSION IN SPORTS

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Suggested Guidelines for Management of Concussion in Sports

A concussion is a traumatic brain injury that interferes with normal brain function. An athlete does not have to have suffered a direct blow to the head or lose consciousness (be "knocked out") to have suffered a concussion.

Common Signs and Symptoms of Concussion Include:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall
- Headaches or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right" or is "feeling down"

Suggested Concussion Management:

1. No athlete should return to play (RTP) or practice on the same day of a concussion.
2. Any athlete suspected of having a concussion should be evaluated by an appropriate health-care professional that day.
3. Any athlete with a concussion should be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition.
4. After medical clearance, RTP should follow a step-wise protocol with provisions for delayed RTP based upon return of any signs or symptoms at rest, while doing school work or with physical activity.

For further details please see the "NFHS Suggested Guidelines for Management of Concussion in Sports" at www.nfhs.org.

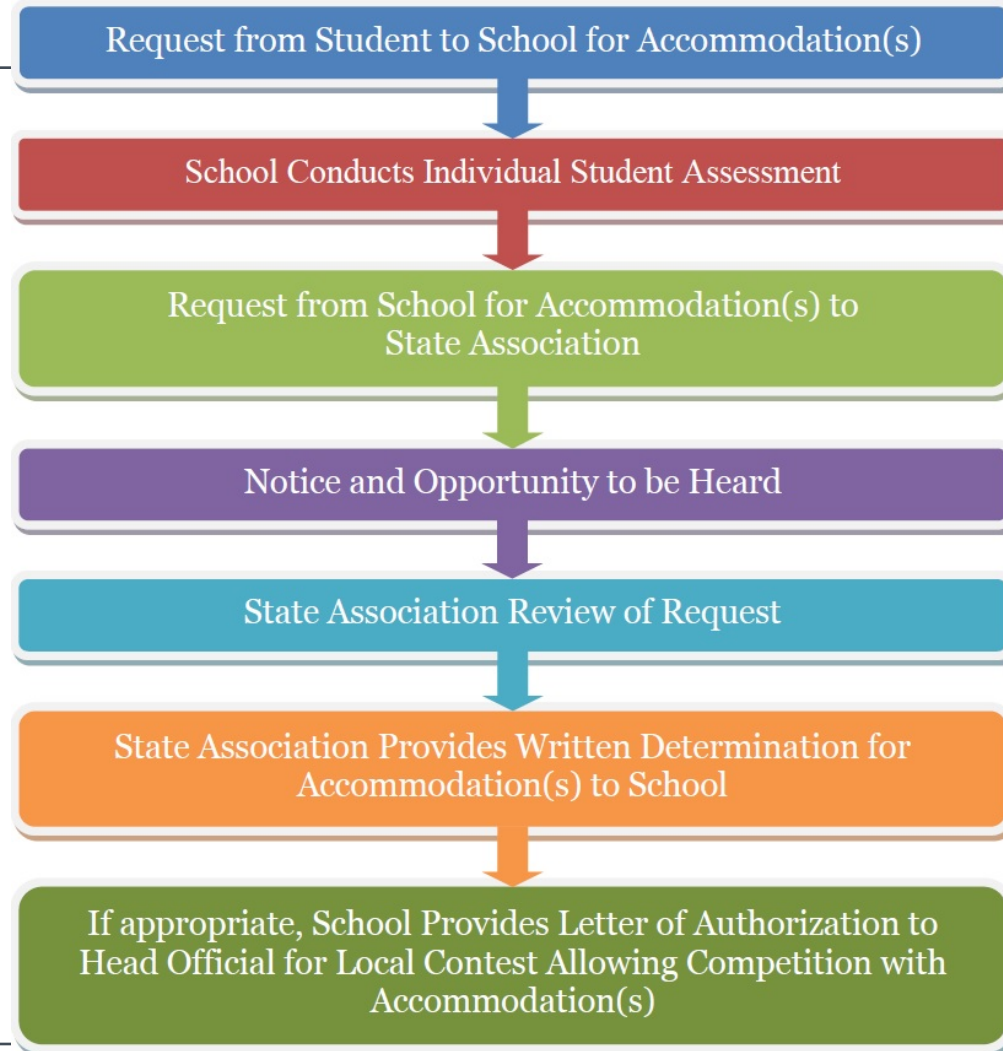
Revised and Approved October 2013

**In the Appendix
of all the
2017 NFHS
Rules Book**



INCLUSION OF STUDENTS WITH DISABILITIES

GUIDELINES FOR SCHOOLS AND STATE ASSOCIATIONS FOR CONSIDERATION OF ACCOMMODATIONS





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Photo: Good Haven High School Lady Bucs - 2012 Girls AAA Championships



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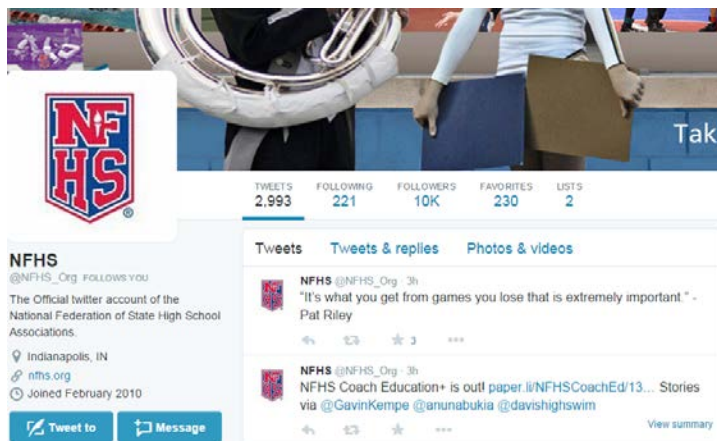
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NFHS BOYS LACROSSE RULE WRITING PROCESS

- **NFHS Rule Change Proposal Form Due**

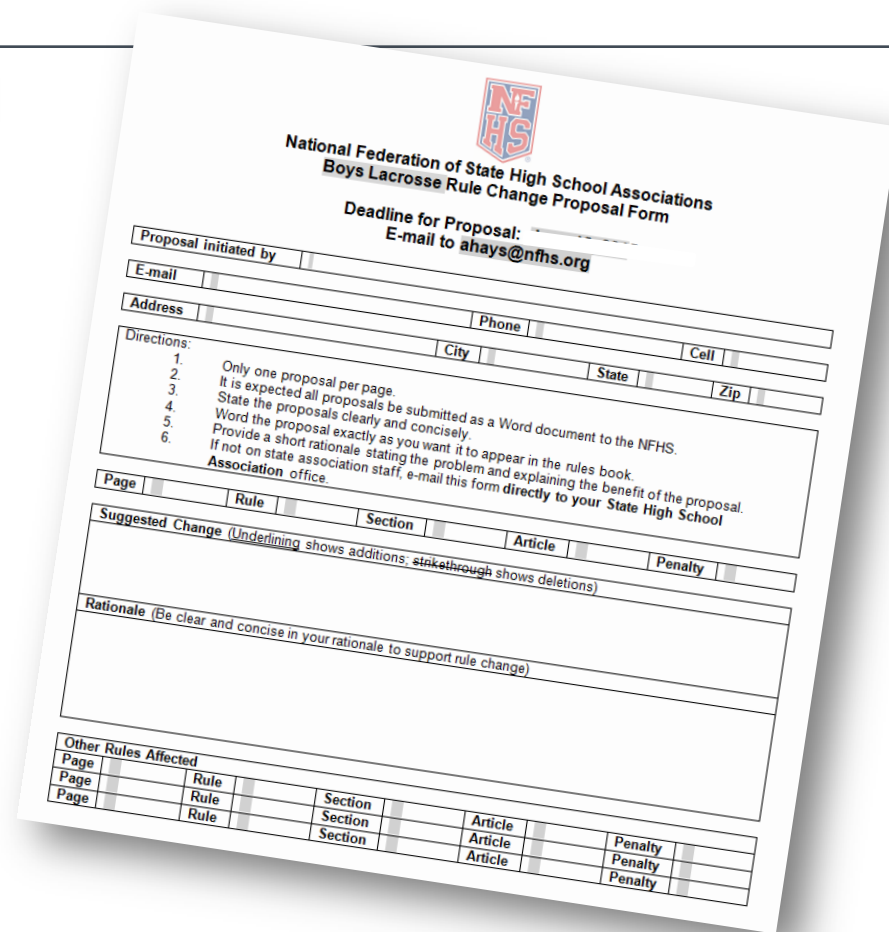
- June 1, 2017

- **2017 NFHS Rules Committee Meeting**

- July 17-19, 2017
- Indianapolis, IN

- **Email addresses:**

- James Weaver—Jweaver@nfhs.org
- Angela Hays – ahays@nfhs.org



The image shows a sample of the NFHS Boys Lacrosse Rule Change Proposal Form. The form is titled "National Federation of State High School Associations Boys Lacrosse Rule Change Proposal Form". It includes a deadline for proposals and an email address for submissions. The form is divided into several sections: "Proposal initiated by", "E-mail", "Address", "Phone", "City", "State", "Zip", "Cell", "Directions", "Suggested Change", "Rationale", and "Other Rules Affected". The "Directions" section contains six numbered instructions. The "Suggested Change" section has a table with columns for "Page", "Rule", "Section", "Article", and "Penalty". The "Rationale" section is a large text area. The "Other Rules Affected" section has a table with columns for "Page", "Rule", "Section", "Article", and "Penalty".

NFHS
National Federation of State High School Associations
Boys Lacrosse Rule Change Proposal Form

Deadline for Proposal: _____
E-mail to ahays@nfhs.org

Proposal initiated by _____

E-mail _____

Address _____ Phone _____

City _____ State _____ Zip _____

Cell _____

Directions:

1. Only one proposal per page.
2. It is expected all proposals be submitted as a Word document to the NFHS.
3. State the proposals clearly and concisely.
4. Word the proposal exactly as you want it to appear in the rules book.
5. Provide a short rationale stating the problem and explaining the benefit of the proposal.
6. If not on state association staff, e-mail this form **directly to your State High School Association office.**

Page _____ Rule _____ Section _____ Article _____ Penalty _____

Suggested Change (Underlining shows additions; ~~strikethrough~~ shows deletions)

Rationale (Be clear and concise in your rationale to support rule change)

Other Rules Affected

Page	Rule	Section	Article	Penalty
Page	Rule	Section	Article	Penalty
Page	Rule	Section	Article	Penalty



NFHS SPORT QUESTIONNAIRE



Sports Questionnaire Counts by State

2015 NFHS Boys Lacrosse Rules Questionnaire

State	Coach Count	Official Count	State Count	% of Responses
Alabama	4	20	0	1.85%
California	5	12	1	1.39%
Colorado	10	25	0	2.69%
Connecticut	53	81	1	10.39%
Delaware	10	20	1	2.39%
Florida	51	49	1	7.78%
Georgia	12	13	2	2.08%
Idaho	0	1	0	0.08%
Illinois	13	45	0	4.46%
Indiana	0	24	0	1.85%
Kansas	0	3	0	0.23%
Kentucky	1	5	0	0.46%
Louisiana	0	3	0	0.23%
Maine	1	5	1	0.54%
Maryland	4	18	2	1.85%
Massachusetts	0	11	1	0.92%
Michigan	61	67	1	9.93%
Minnesota	13	15	0	2.16%
Mississippi	0	1	0	0.08%
Missouri	2	4	0	0.46%
Montana	0	10	0	0.77%
Nevada	1	1	0	0.15%
New Hampshire	1	2	1	0.31%
New Jersey	4	182	0	14.32%
New Mexico	2	1	0	0.23%
New York	64	58	0	9.39%

NFHS Sport Questionnaires

By on April 18, 2015

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Click on a link below to take one of the 2014 NFHS sport questionnaires.

Sport	Opens	Closes
Baseball	April 20, 2015	May 18, 2015
Boys Lacrosse	April 20, 2015	May 18, 2015
Girls Gymnastics	April 20, 2015	May 18, 2015
Softball	April 20, 2015	May 18, 2015
Track and Field	April 20, 2015	May 18, 2015



Sports Questionnaire Results

Page 1 of 1

2015 NFHS Boys Lacrosse Rules Questionnaire

	Coach	Official	State			
	#	%	#	%		
PART I – Checkup on present 2015 Rules - Were the following rule changes satisfactory?						
Adding an additional stick check procedure to ensure that the ball will roll out of the top end of the head.						
Yes	281	84%	775	87%	14	100%
No	53	16%	111	13%	0	0%
Clarifying that an illegal stick will result in a penalty for not meeting specifications, even if unaltered.						
Yes	294	89%	837	95%	13	93%
No	38	11%	42	5%	1	7%
Revising the duties of the Chief Bench Official (CBO).						
Yes	248	77%	674	78%	12	86%
No	76	23%	195	22%	2	14%
Revising the restart procedure to specify that the ball may be restarted in the goal area or in the crease on a turnover to the defense. However, no restart shall take place with any player within 5 yards of the ball carrier.						
Yes	277	84%	824	93%	14	100%
No	54	16%	60	7%	0	0%
Specifying that a minimum of four game balls should be placed at the scorer's table on the bench side of the field.						
Yes	245	73%	792	90%	14	100%
No	90	27%	90	10%	0	0%
Specifying that any hanging strings or leathers cannot be more than 2 inches in length and, beginning in 2016, that shooting strings and V channels must be within 4 inches of the top of the crease.						
Yes	245	74%	761	86%	14	100%
No	88	26%	125	14%	0	0%
Specifying that if a player leaves the penalty area before authorized to do so and if a goal is scored by the opposing team, that player will not be required to serve the 30-second penalty for illegal entry into the game.						
Yes	249	75%	769	87%	12	86%
No	81	25%	115	13%	2	14%
Stipulating that a game cannot continue if a team has fewer than seven on-field players.						
Yes	304	91%	839	95%	13	93%





NFHS – U.S. LACROSSE PARTNERSHIP



As the national governing body of men's and women's lacrosse, US Lacrosse provides a leadership role in virtually every aspect of the sport throughout the United States, and offers a wide range of programs and services to its national membership.

US Lacrosse is represented on the NFHS Boys Lacrosse Rules Committee, and endorses the use of NFHS rules for boys high school competition.

**113 West University Parkway
Baltimore, MD 21210-3300
410-235-6882
410-366-6735 FAX
www.uslacrosse.org**





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Important

- At the end of this session, do not close your browser. After the Webinar is concluded, a meeting evaluation form will appear.
- Please complete and submit the evaluation form and then close your browser.

**Thank you for participating in the online meeting and
for completing the evaluation!**





2017 NFHS BOYS LACROSSE RULE PRESENTATION

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Thank you for your participation!