



NFHS Rules Interpretation

An overview of the 2016 high school boys lacrosse rule changes





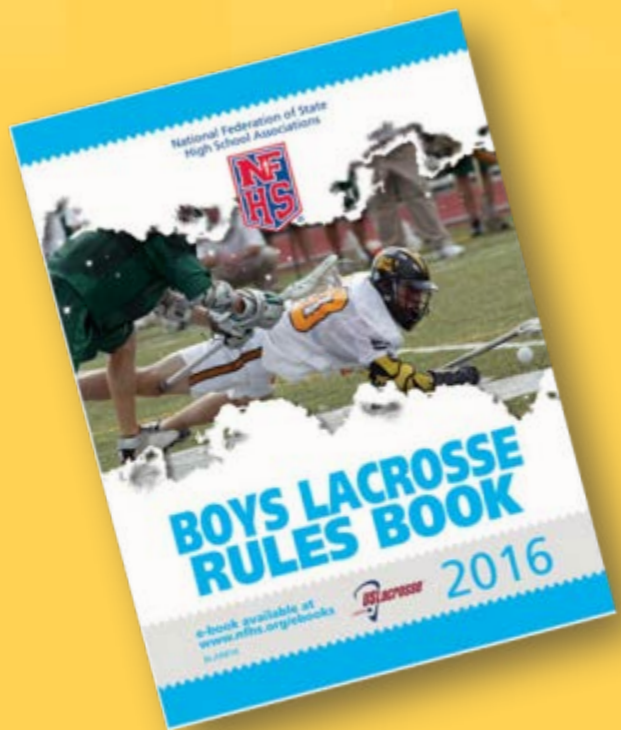
NFHS Rules Committee

2015 NFHS BOYS LACROSSE RULES COMMITTEE

					
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2016 NFHS Rules Book



Rules Book available at:
www.nfhs.com

<http://www.nfhs.com/c-198-boys-lacrosse.aspx>

\$8.20 Plus S/H



NFHS Rules E-Books

E-Books are available at:
www.nfhs.org/ebooks/

\$5.99 Apple or Android





WWW.NFHS.ORG

Activities & Sports – Boys Lacrosse

A screenshot of the NFHS.org website. The top navigation bar includes the NFHS logo, the text 'NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS', and menu items for 'Activities & Sports', 'NFHS For You', 'We Are High School™', and 'Resources'. There are also links for 'Sign In' and 'Register'. Below the navigation bar, the breadcrumb trail reads 'Home > Activities & Sports > Lacrosse-Boys'. The main heading is 'Lacrosse-Boys'. Underneath, there is a section titled 'Lacrosse-Boys Articles' with a 'View All' link. This section contains four article thumbnails with titles: 'New Faceoff Procedure Among Rules Changes in High School Boys Lacrosse', 'OHSAA to Sponsor Boys and Girls Lacrosse Beginning in 2016-17', 'Implementation of Boys Lacrosse Rule 1-7-3 Delayed Until 2016', and 'Restart Procedure Altered in High School Boys Lacrosse'. At the bottom of the screenshot, there is a 'Rules Changes' section with a link for 'Boys Lacrosse Rules Changes - 2016'. The background of the website is white with a dark blue header and footer.



NFHS Rules Interpretation

Major Rules Changes





Revision

Rule 7-3

Page 79

- ***laterally outside the goal area** was omitted from the sentence.
- If the ball was in the goal area when play was suspended, it shall be restarted ***laterally outside the goal area** nearest to the spot of the ball at the time of the whistle.

SECTION 3 RESUMING PLAY AFTER PENALTY

When a penalty occurs and the ball is in the offended team's offensive half of the field, the ball shall be put in play by the team awarded the ball, at the spot where the ball was when play was suspended. If the ball was in the goal area when play was suspended, it shall be restarted **★** nearest to the spot of the ball at the time of the whistle. If the ball has crossed the end line prior to the penalty occurring, the ball shall be restarted at that spot.

When a penalty occurs and the ball is in the offended team's defensive half of the field and a penalty is to be served, the ball shall be awarded to any player of the offended team in its offensive side of the field at the Center. When no penalty time is to be served, the ball will be put in play at the spot the ball was when the whistle blew.

EXCEPTION: For simultaneous fouls where time is to be served by each team, the ball will be put in play at the spot where the ball was when the whistle blew or nearest to the spot of the ball at the time of the whistle.



Revision

Rule *7-3 Situation D

Page 80

- Resuming Play After Penalty

Editorial revision....

- **RULING:** Technical foul against B. Ball awarded to ~~Team B~~ **Team A** at the spot where the ball was when play was suspended.

***7.3 SITUATION D:** After a faceoff and before possession has been declared or the ball crosses the defensive-area line, B4, who was behind the defensive-area line at the beginning of the faceoff, comes across the defensive-area line to touch the loose ball. **RULING:** Technical foul against B. Ball awarded to Team B at the spot where the ball was when play was suspended.

NOTE: The ball is no longer awarded to Team A in its offensive half of the field. This ruling is the result of the deletion of language from the Exception in Rule 7-3 in the 2016 Rules Book.

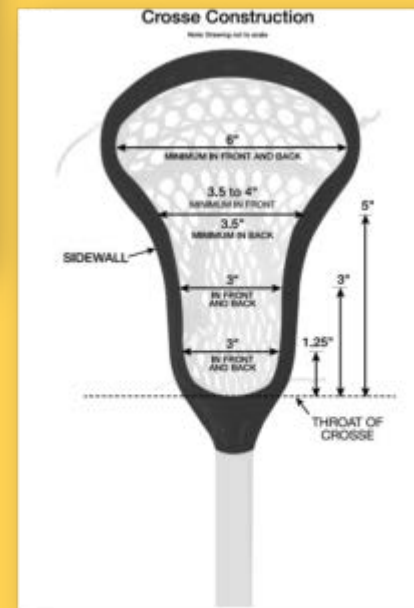


Crosse Dimensions

Rule 1-6-1

Page 13

Measurement from throat (inches)	Minimum distance between narrowest point of head (inches)
1.25	3 (all measurements)
3.0	3 (all measurements)
5.0	3.5 to 4 on front, 3.5 on back
Widest point	6 (all measurements)



Starting in 2018



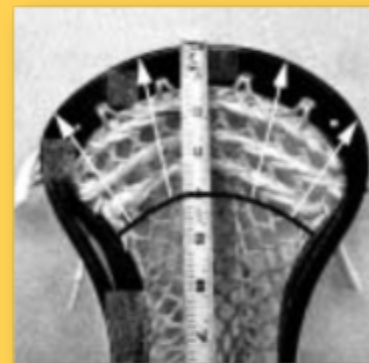


Crosse Construction

Rule 1-7-3

Page 14

- Beginning this season....Any additional strings or laces (e.g., shooting strings, V channels) must be located within 4 inches of the top of the crosse.



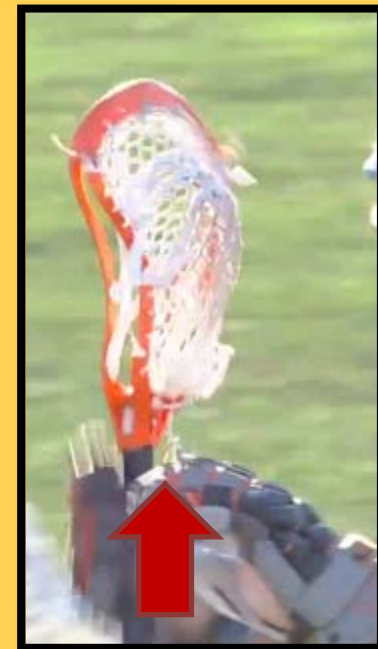


Crosse Prohibitions

Rule 1-8

Page 15

- The use of pull strings to alter the depth of the pocket is illegal. No more than one sidewall string on each side is allowed.





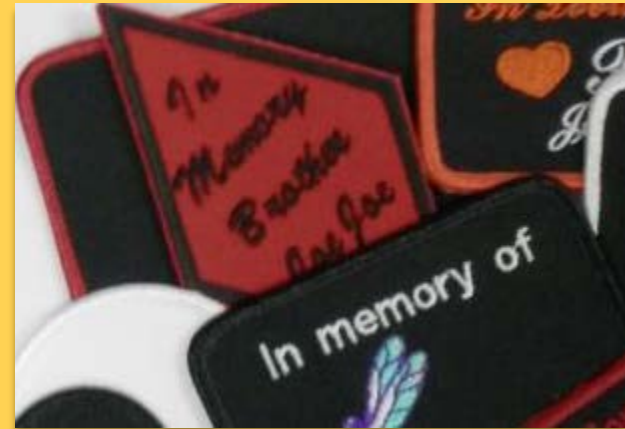
Player Equipment

Rule 1-9-1

Page 18



2x3 inches



≤ 4 square inches





Player Equipment

Rule 1-9-k1

Page 18

Goalkeepers shall wear:

1. Throat protector designed for lacrosse.
2. Chest protector.





Faceoffs

Rule 4-3-3 a-h

Pages 30-32



“Down”

Adjust

“Set”





Faceoffs

Rule 4-3-3i

Page 32



Must move, rake, or direct ball out within 1 step



Goal Not Counted

Rule 4-9-2n/4-19-1

Page 40/47



Dive = No Goal

Push + Dive = Flag
Down, No Goal



Advancing the Ball

Rule 4-14-3

Page 44



1. Ball touched in box
2. Offense touches ball last
3. Ball breaks plane of centerline

Over and Back



Restarts

Rule 4-22-2 & 3

Page 50

2. Any non time-serving violation on the defense that occurs while the ball is in the goal area will result in the ball being awarded to the offensive team laterally outside the goal area.

3. Any non time-serving violation on the offense that occurs while the ball is in the goal area will result in the ball being awarded to the defensive team. The defense will restart play with the ball in the goal area or in the crease.





Penalty Time

Rule 7-2d

Page 77

The longest common penalty time between players of opposing teams is non releasable, as is all penalty time of a shorter or equal duration.





Correction of Errors

Rule 7-13-2

Page 88

- a. If all officials are fully aware of the ruling and have sufficient time to call attention to the mistake, the correction must be made before the next live ball.
- b. If the officials do not have sufficient time to call attention to the mistake prior to play restarting (e.g., when the mistake itself is an improper restart), the correction must be made before the second live ball.
- c. Once a faceoff occurs, no prior goal may be disallowed.



Correction of Errors

Rule 7-13-3

Page 88





NFHS Rules Interpretation

Points of Emphasis





Points Of Emphasis

- **Page 92**
 - 1. Contact
 - 2. Lacrosse Helmet Fitting
 - 3. Halftime Warm-up
 - 4. Helmets During Pre-Game and Practice Time
 - 5. Defending the Crease – Defending the Goal Crease Area



Points of Emphasis - Contact



Points of Emphasis Continued

2



3 & 4



5





NFHS Rules Interpretation

Questions

