# Why Sportsmanship in High School Sports?

Without SPORTSmanship, SPORT becomes obsolete...

## Who Teaches Sportsmanship?

- Parents
- Coaches
- Teachers
- Administrators
- Bus Drivers
- Community
- Students
- Athletes (High School, College, Professional)

## Parents as Teachers of Good Sportsmanship

One of the common myths is that teaching and enforcing sportsmanship is the sole responsibility of the coach. The coaches job is to observe players during the games, and to enforce the guidelines of sportsmanship. The real job of teaching sportsmanship starts with Mom and Dad. Its up to you as parents to lay the foundation, not the coach.

- Watch your thoughts, for they become words.
- Watch your words, for they become actions.
- Watch your actions, for they become habits.
- Watch your habits, for they become character.
- Watch your character, for it becomes your destiny

 One man practicing sportsmanship is far better than 50 others preaching it...

Knute Rockne, Football Coach

Winning isn't everything, it's only one thing.

Vince Lombardi, Football Coach

\* Always imitate the behavior of the winner when you lose \*\*Anonymous\*\*

\* World War II was a MUST win. Marv Levy, Football Coach

Dictators lead through fear; good coaches do not.

John Wooden; Basketball Coach

 Sports do not build character, they reveal it.

Hayward Hale Braun

## Community

\* I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

Maya Angelou; American Poet

\*You can discover more about a person in an hour of play than a year of conversation.

Plato

#### ATHLETES

♣ I never thought about losing, but now that it's happened, the only thing is to do it right.

Muhammad Ali; Boxer

• If all I'm remembered for is being a good basketball player, then I've done a bad job with the rest of my life.

Isaiah Thomas; Basketball player

### Survey of High School Athletes 2006

Are parents and coaches teaching our athletes the right way to play?

According to a national survey of high school student-athletes by Josephson Institute, the values of young athletes are dramatically impacted by their sports experience.

### The Josephson Institute?

Nationally active and based in Southern California, the Institute uses presentations, consultations, trainings, workshops, and publications to help focus the energy of people who want to do something to make our society more honest, fair, and accountable. Since 1987 the Institute has conducted more than 100,000 leaders—in

### Josephson Institiute

Government and the armed forces, in business and journalism, in law and law enforcement, and in education and nonprofit community. The nationwide CHARACTER COUNTS! Youth ethics initiative is a project of the institute.

#### Whose Values?

The Institute holds that ethical obligations are based on common ethical values applicable and knowable to all, regardless of gender, race, age, politics, or religion. These values, called the SIX PILLARS OF CHARACTER, they are trustworthiness, respect, responsibility, fairness, caring, and citizenship.

#### CHARACTER COUNTS!

Character Counts! Is a monthly newsletter that is e-mailed free of charge. It's full of quotes, articles and value. I receive this e-mail each month, I read it and forward it to all Kingston Coaches, PE and Health Teachers. It's just one way to pass along Sportsmanship and character every month.

## Back to the Survey

The report, "What are your Children Learning? The impact of High School Sports on the Values and Ethics of High School Athletes," a biennial survey conducted by Josephson Institute, contains both good and bad news for parents and school administrators.

### "The good news is,

the majority of high school athletes trust and admire their coaches and are learning positive life skills and good values from them, the bad news is, many coaches - particularly in the high profile sports of boys basketball, baseball, and football are teaching kids how to cheat and cut corners without regard for the rules or traditional notions of fair play and sportsmanship."

## Among the Highlights

Major gender differences. There are dramatic differences in the attitudes and behaviors of male and female athletes. On virtually every question, girls expressed a deeper commitment to honesty and fair play than the boys and were much less likely to endorse cheating or other questionable practices in the pursuit of victory.

## Hazing is Widespread

\* Nearly one-third of the boys and 21 percent of the girls say that degrading hazing or initiation rituals are common at their school.

## Some sports are worse than others...

Boys engaged in baseball, football, and basketball are considerably more likely to cheat on the field and in school and to deliberately injure, intimidate, or break rules than boys involved in other sports. Likewise, girls involved in basketball and softball are more likely to engage in illegal or unsportsmanlike conduct than girls in other sports.

#### Athletes steal less...

27 percent of the male athletes admit stealing from a store in the past 12 months compared with 32 percent of the boys not involved in sports. Female athletes measure the same: 20 percent of them engaged in theft compared to 23 percent for all high school girls.

#### Athletes cheat more...

Nearly 75 percent of the boys and girls participating in sports say they cheated on an exam in the past year compared with 60 percent of the total school population.

## Athletes respect their coaches...

The vast majority of high school athletes say their coaches "consistently set a good example of ethics and character" (90%) and that their current coach "wants them to do the ethically right thing, no matter what the cost" (91%)

## Coaches teach negative lessons...

 Despite athletes positive views of the character and intentions of their coaches, they're often taught negative lessons about cheating and sportsmanship.

## Two-fifths of the boys and one-fourth of the girls...

see nothing wrong with using a stolen playbook sent by an anonymous supporter before a big game. 30% of all boys and 20% of girls softball players think it's okay for softball pitcher to deliberately throw at a batter who homered the last time up.

## 54% of male football players, 49% of male basketball players,

and 18% of females in all sports approve of trash-talking. 34% of all the boys and 12% of all the girls approve of a coach trying to pump up a team by swearing at officials to get himself or herself thrown out of the game.

### The report is based on...

- written surveys administered by randomly selected high schools throughout the country in 2006. It includes responses from 5,275 high school students. The margin of error is +/- 3 percent.
- If you want to view the entire report with data tables:

http://josephsoninstitute.org/sports/survey/index.html

#### NYSPHSAA CTA Course

- \* The Citizenship Through Athletics course is another method of educating coaches and teachers about High School Athletics.
- \* Send a representative to take the 7 hour course, become certified and turnkey the ideals that are most important to high school sports.

#### CTA

Participation and sportsmanship to develop good citizens through interscholastic activities which provide equitable opportunities, positive recognition and learning experiences to students while maximizing the achievement of educational goals."

#### CTA Goals

- \* Each member school will develop and maintain a plan for promoting citizenship education through its interscholastic athletics program.
- Each member school will become familiar with materials, topics activities and resources to utilize in developing its Citizenship Through Athletics Program

#### **CTA Goals Continued**

- \* Each Member school will develop a plan and process for introducing Citizenship Through Athletics to the school and community, resulting in an adoption of the "POISE" concepts, (Positive Outcomes in Sports Experiences) establishing a POISE ATMOSPHERE" or the SIX PILLARS.
- Each member school will develop a plan for sustaining it CTA program

## A Course Developed by the NYSPHSAA (Lloyd Mott "Retired")

- Educating Our Athletes
- Positive Citizens- An Outcome of Participation in Athletics
- \* Be Prepared for Challenges
  - Parents, Spectators, Media, Coaches,
    Athletes, Rivalries, and Communities
  - Utilizing Proactive Techniques

#### Continued

- Resources Many are Helpful and Readily Available
- SAVE Legislation CTA Can Help!



## Enjoy the Game program

The Enjoy the Game Program is a character-based education and accountability program that teaches and encourages students to put into daily practice respect of self and others, while holding each student accountable for demonstrating cooperation, self-control, fair play and doing the right thing.

## Established in 1998, the school program

is designed for elementary and middle school students. It teaches the character traits of good sportsmanship and citizenship. The content presented in the school program meets three out of the seven quality teaching standards set by NASPE.

National Association for Sport and PE

#### The more the entire school staff

is aware of what Enjoy the Game means, the more effective it will be throughout the school. The Enjoy the Game message has proven to be an effective tool for the entire school, as it spreads outside the PE classroom.

## Basic Principles

- Respect your peers and teammates
- Respect all teachers and coaches
- Respect authority and the rules
- Do the right thing
- Dealing honestly with others
- Maintaining personal integrity

## Basic Principles Continued

- Responsible decision-making
- Respect for others and authority
- Conflict prevention and resolution
- Cooperative effort and Teamwork
- Personal commitment and accountability

### GOOD SPORTS PROGRAM

If you, as the administrator of the sportsmanship program in your school, feel that your program is deserving of consideration by your Section Athletic Council for a Section plaque or State Banner you simply check the box and provide written documentation that you have made the effort to improve the sportsmanlike atmosphere of your school. Rate the categories and see how you did!!!!!!!

### GOOD SPORTS CATEGORIES

- School Administration
- Coaches
- Student Body
- Student Athletes
- Cheérleaders
- Parent-Spectators-Fans

## NYSPHSAA Good Sports Program

The Good Sports Program is essentially a checklist of how your program is moving toward sportsmanship. It's a journey and not a destination!

#### Rate Yourself Without Fear

- → I will be able to view your rating, but will never judge your efforts. Kingston has a ways to go to become the sportsmanlike school I would like us to be.....It is about sports promotion!
- Survey is due April 15<sup>th</sup>, we all should take the time and effort to rate our programs.

## Steps to Good Sportsmanship

- 1. Shortened CTA course for LL, Soccer and Football Leagues
- 2. Enjoy the Game Elementary-MS
- 3. Pre-season Meeting for Varsity and JV
- 4. Pre-season Meeting for Modified and 6<sup>th</sup> grade parents/athletes

# Steps to Ensure Good Sportsmanship

- 5. Visit each team introduce yourself go over the EAP and Sportsmanship
- 6. The Josephson Institute
- 7. NYS Good Sports Program
- Character Counts! Read and share by e-mail
- 9. Advertise in Programs and Journals

#### Resources

- \* The JOSEPHSON INSTITUTE CHARACTER COUNTS! http://JosephsonInstitute.org
- 1. Guide to building athletes character
- 2. Arizona accord sportsmanship strategies
- 3. Gold medal Children's Activity
- 4. Gold medal standards for amateur basketball
- 5. NYSPHSAA Assistant Director Todd Nelson

#### Resources

Enjoy the Game www.enjoythegame.com

NYSPHSAA GOOD SPORTS PROGRAM www.nysphsaa.org

# New Ideas from the NYSPHSAA Sportsmanship Committee

The "Be Loud, Be Proud, Be Positive" movement. Dave Boundy and Brad Dates have worked on the following statement that will be recommended to the executive committee for approval to be read at all NYSPHSAA Championship Events. We recommend that all member schools adopt or develop a similar statement for their events...

## Be Loud, Be Proud, Be Positive!

New York State Public High School Athletic Association supports and encourages spectators to enjoy the competition from our student athletes and cheer for their teams in a positive manner. Negative comments and behavior will be addressed by the appropriate site personnel.

## Be Loud, Be Proud, Be Positive!

\* Spectators should Be Loud, Be Proud, Be Positive toward all players, coaches, officials and other spectators. Thank you for your support and enjoy the game!

### Thanks for your time and Patience!

- \* ANY QUESTIONS OR CLARIFICATION?
- \* 2010 SPORTSMANSHIP RECOGNITION AWARDS: Millbrook Central School District, Monroe-Woodbury School District, Chester Academy, and Saugerties Cental Schools.

# Thank You For Filling Out the Good Sports Survey for Section IX

- Hyde Park CSD
- Spackenkill UFSD
- Millbrook CSD
- Chester Academy
- Goshen CSD
- James I O'Neill
- Monroe-Woodbury

S.S. Seward

Eldred CS

Livingston Manor

Kingston HS

Onteora CS

Saugerties CSD