



# Section IX Athletics

Gregory Ransom, Executive Director

Section IX Athletic Council Meeting

Wednesday, January 4, 2023

In-Person at 9:30 am

Orange-Ulster BOCES

1. Call to Order- Greg Ransom
2. Review of Meeting Materials
3. Approval of November 1, 2022, Minutes
4. Financial Report- Linda Trapani
5. Section IX NYSPHSAA Representatives- Roberta Greene and David Coates
- VOTING:
  - a. Removing the NYSPHSAA Note Under Mixed Competition
  - b. Modified: Changing Soccer Mouth Guard Requirement to Recommended
  - c. Modified: Increasing Max Number of Events for Track & Field
  - d. Football: Amend Guidelines for Combined Practices for 11-Man
  - e. Boys Wrestling: NFHS 1.5% Weight Loss Plan
  - f. Boys Wrestling: Eliminate the NYSPHSAA Honor Weigh-In
  - g. Boys Wrestling: 2023-2024 Weight Classes
  - h. Boys Wrestling: Division Cut-Off Numbers
  - i. Girls Flag Football: High School Sports Standards
  - j. Girls Flag Football: NFHS/NYSPHSAA Playing Rules
  - k. Girls Flag Football: Establish a State Championship in 2024
6. NYSPHSAA Office Report – Dr. Robert Zayas
7. Combining of Teams - Tim Bult and Dominic Zarrella
8. Winter Chair Reports:

<ol style="list-style-type: none"><li>a. Boys Basketball</li><li>b. Girls Basketball</li><li>c. Boys Bowling</li><li>d. Girls Bowling</li><li>e. Boys Swimming</li><li>f. Winter Track</li><li>g. Boys Wrestling</li><li>h. Girls Wrestling</li><li>i. Nordic Skiing</li><li>j. Alpine Skiing</li><li>k. Cheerleading (Competitive)</li><li>l. Gymnastics</li></ol>	<p>Rob Gravelle Steve Boucher Chris Vero Sean Collins Scott Warner Mike White Jeff Culty Tom Cunningham Ann Gregory Janet Carey Patti Archiere Nicole Calderone</p>
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9. Chair Reports:

<ol style="list-style-type: none"><li>a. Girls &amp; Boys Modified Sports</li><li>b. Safety</li><li>c. Student Athlete Advisory Committee</li><li>d. Eligibility</li><li>e. Officials Coordinator</li><li>f. Sportsmanship</li><li>g. Unified Sports</li><li>h. Girls Flag Football</li></ol>	<p>Greg Warren / Suzanne Lenzian Janet Carey Suzanne Lenzian Tom Cassata Dennis Burkett Adam Kless Rich Silverstein Rich Silverstein / Greg Sirico</p>
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10. Old Business
11. New Business
12. Adjournment of Section IX Meeting

**Next Meeting Date:**

Tuesday, March 14, 2023

Zoom Meeting at 9:30 am



# Section IX Athletics

Gregory Ransom, Executive Director

## Financial Report January 4, 2023

### Orange County Trust Company

Period Ending: December 5, 2022

Beginning Balance:

November 1, 2022: \$296,509.26

Ending Balance:

December 5, 2022: \$248,915.51

# New York State Public High School Athletic Association



Executive Committee Meeting – October 19, 2022

## **Handbook Committee – Removing the NYSPHSAA Note under Mixed Competition**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Pat Pizzarelli, Handbook Chairperson

### **Proposal:**

The NYSPHSAA Handbook Committee is recommending removing the following NYSPHSAA Note under Mixed Competition regulation in the NYSPHSAA Handbook.

*"NYSPHSAA Note: This clause is to meet the need of the exceptionally talented girl".*

### **Effective Start Date:**

When approved by the Executive Committee

### **Rationale:**

Mixed Competition is an SED regulation. The NYSPHSAA Note is an opinion by NYSPHSAA on a regulation that we have no jurisdiction over this regulation. This could cause some issues for our member schools and NYSPHSAA if we were challenged on this language.

### **Proposal Originated:**

NYSPHSAA Handbook Committee

### **Budgetary Impact:**

None

### **Notes:**

None.

### **Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Modified Committee – Changing Soccer Mouth Guard Requirement to Recommendation**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Jim Rose, Modified Co-Coordinator

### **Proposal:**

The NYSPHSAA Modified Committee is recommending changing the following language in the NYSPHSAA Handbook under the sport of soccer. " a mouthpiece ~~shall~~ (replace with may) be worn by the soccer goalie for protective purposes".

### **Effective Start Date:**

2023-2024 season

### **Rationale:**

From youth soccer all the way to professional soccer the only level that requires goalies to wear a mouth guard is the NYSPHSAA modified level. The Modified Committee feels that this should be a choice made by the school and the player. This falls in line with a change we made a few years ago regarding the soft headgear for modified soccer goalies.

### **Proposal Originated:**

NYSPHSAA Modified Committee

### **Budgetary Impact:**

None

### **Notes:**

The NYSPHSAA Safety Committee expressed no concerns with this recommendation.

### **Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Modified Committee – Increasing Max Number of Events for Track and Field**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Jim Rose, Modified Co-Coordinator

### **Proposal:**

The NYSPHSAA Modified Committee is recommending increasing the maximum number of events for a track athlete from 3 to 4 providing one of the 4 is a relay. The are also recommending eliminating the distance restrictions in the modified Track and Field regulation.

### **Effective Start Date:**

2023-2024 season

### **Rationale:**

This change would allow for more participation for our modified athletes. Many schools were struggling to fill relay teams because of the restriction of 3 events. The committee also feels the restriction to the distance run by the modified athletes is not needed and coaches should be able to put students in events they feel are appropriate.

### **Proposal Originated:**

NYSPHSAA Modified Committee

### **Budgetary Impact:**

None

### **Notes:**

The NYSPHSAA Safety Committee expressed no concerns with this recommendation.

### **Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **FOOTBALL – Amend Guidelines for Combined Practices for 11-Man**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Gary Vanderzee, NYSPHSAA Football Coordinator

### **Proposal**

The NYSPHSAA Football Committee is seeking approval of an amendment to the Combined Practice guidelines for 11-man football.

### **Effective Start Date**

August 19, 2023

### **Rationale**

In 2019 the NYSPHSAA Football State Committee established guidelines for interschool practices. Five items make up the framework of these guidelines. Items d) and e) are being proposed to be revised.

### **CURRENT GUIDELINES:**

- a) Coaches are to instruct their own players.
- b) "Full Live" contact is permitted but not required.
- c) Athletes/Teams may not participate in a combined practice unless they previously completed five (5) days of practice.
- d) While working on team situational aspects, drills may not exceed seven (7) players from either team. This will allow for teams to conduct a 7 v 7 period for skill positions or it may be designed to focus on an inside run package to emphasize offensive/defensive line play.
- e) Schools using more than seven (7) players in a team drill will be in violation of this rule.

### **PROPOSED CHANGES:**

- d) While working on team situational aspects, drills may not exceed a maximum of nine (9) players from either team. This will allow for teams to conduct a 9 v 9 period for skill positions or it may be designed to focus on an inside run package to emphasize offensive/defensive line play.  
\*\* 8-Man Football teams will only be allowed a maximum of seven (7) players from either team.
- e) 11-Man teams using more than nine (9) players in a team drill will be in violation of this rule.  
8-Man teams using more than seven (7) players in a team drill will be in violation of this rule.

The rationale for the request centers on allowing teams to work on inside run play with a full line. Currently, with the 7 v 7 rule in place, a team that uses a tight end with two running backs can't run full line drills. They would need to use 5 linemen plus the tight end and quarterback and they are already at the maximum of 7 without counting the running backs. As a result, teams are forced to go half line and not incorporate any backside linemen. Most teams utilize pulling lineman from the back side when

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

executing inside run play. If the rule is modified to read a maximum of 9 players, teams could use 5 linemen, a tight end, and 2 running backs to get a true evaluation and a more productive drill.

When the state committee established these guidelines, the 7 v 7 rule was put in for two reasons:

1. There needed to be a clear distinction that these drills were not actually scrimmages with 11 on 11 so the decision was made to max out at 7 v 7 so it would be clear to all, it was not an 11 on 11 full team scrimmage. We believe modifying this rule will still accomplish that same premise while allowing for a more productive teaching period for athletes. Anyone viewing this period will still note the offense has no wide receivers and the defense has no defensive backs. It will still be evident to all that this is not an 11 on 11 situation.
2. If more than 7 v 7 was permitted, 8-Man teams would have a full line-up thus making it a scrimmage. With that, we would only be asking for this modification be implemented for 11-Man football.

It should also be noted the original decision to max at 7 v 7 had nothing to do with safety. As mentioned, it was simply put in so there was a distinction between the combined practice and a scrimmage. This change would still honor that premise.

## **Proposal Originated**

The NYSPHSAA Football Committee on March 29, 2022

## **Budgetary Impact:**

None

## **Notes**

None

## **Attachments**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Boys Wrestling – NFHS 1.5 % Weight Loss Plan**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Marty Sherman, Boys Wrestling Coordinator

### **Proposal:**

The NYSPHSAA Boys Wrestling Committee is recommending following the NFHS 1.5% weight loss plan.

### **Effective Start Date:**

2023-2024 season

### **Rationale:**

Currently wrestlers are certified to a minimum wrestling weight and must weigh in 50% of their matches at the weight in which they want to compete in the post season. The 1.5% weight loss plan sets up a weight loss plan for the wrestler in which they can only lose 1.5% of their body weight each week. The plan can be given to the wrestler at the beginning of the season so they can know exactly what the minimum weight they can weigh in each week. If the student weighs in more than the minimum weight for the week the plan is recalculated. The wrestler and the coach can monitor the plan each week during the season. The 1.5% weight loss plan would replace the 50% rule.

### **Proposal Originated:**

NYSPHSAA Wrestling Committee

### **Budgetary Impact:**

None.

### **Notes:**

The committee voted 9-1-1 to approve the recommendation. Section 4 voted against and Section 1 abstained.

### **Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Boys Wrestling – Eliminate the NYSPHSAA Honor Weigh-In**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Marty Sherman, Boys Wrestling Coordinator

### **Proposal:**

The NYSPHSAA Boys Wrestling Committee is recommending eliminating the NYSPHSAA honor weigh-in.

### **Effective Start Date:**

2023-2024 season

### **Rationale:**

Currently teams are allowed to weigh-in in the morning of a match and if the students make the weight for a particular weight class, they are given a 3lb allowance for the mat side weigh-in during the evening match. The honor weigh-ins are required to be monitored by a school administrator or their designee. There are doubts in most Sections that an administrator is monitoring the honor weigh-ins. If the 1.5% weight loss plan is approved, the practice of honor weigh-ins would allow students to keep fluctuating during the season which is not in the best interest of the student.

### **Proposal Originated:**

NYSPHSAA Wrestling Committee

### **Budgetary Impact:**

None.

### **Notes:**

The committee voted 9-1-1 to approve the recommendation. Section 1 voted against and Section 4 abstained.

### **Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Boys Wrestling – 2023-2024 Weight Classes**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Marty Sherman, Boys Wrestling Coordinator

### **Proposal:**

The NYSPHSAA Boys Wrestling Committee is recommending using the following NFHS weight classes plus a NYSPHSAA lower weight. The weight classes would be 101 (NYSPHSAA), 108, 116, 124, 131, 138, 145, 152, 160, 170, 190, 215, 285.

### **Effective Start Date:**

2023-2024 season

### **Rationale:**

The NFHS has given the State Associations the option to select 12, 13, or 14 weight classes. The committee feels that the NFHS 12 weight classes is best suited for NYS. The committee also feels that NYS has had a lower weight class for many decades and many Sections would like to keep a lower weight class.

### **Proposal Originated:**

NYSPHSAA Wrestling Committee

### **Budgetary Impact:**

None, this is in line with the number of weight classes currently being offered.

### **Notes:**

The committee voted 7-4 to approve this recommendation. Sections 2,3,7 and 8 were opposed.

### **Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Boys Wrestling – Division Cut-Off Numbers**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Marty Sherman, Boys Wrestling Coordinator

### **Proposal:**

The NYSPHSAA Boys Wrestling Committee is recommending that Boys Wrestling become a variation sport and is recommending having the Division cut-off numbers be 600 and above Division 1 and 599 and below being Division 2.

### **Effective Start Date:**

2023-2024 season

### **Rationale:**

The new format to determine the classification cut-off numbers for non-variation sports in two division sports is 40% of the teams in Division 1 and 60% of the teams in Division 2. The Boys Wrestling Committee is concerned with the imbalance of the two Divisions. The Boys Wrestling Committee would like to keep the divisions balanced and the cut-off numbers being 600 and above for Division 1 and 599 and below being Division 2.

### **Proposal Originated:**

NYSPHSAA Wrestling Committee

### **Budgetary Impact:**

None.

### **Notes:**

The committee voted unanimously to approve this recommendation.

### **Attachments:**

None

# New York State Public High School Athletic Association



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## **Girls Flag Football – High School Sport Standards**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Todd Nelson, Assistant Director

### **Proposal:**

The NYSPHSAA Girls Flag Football Committee is recommending the following High School Sport Standards for Girls Flag Football.

- Minimum 6 practices to represent your school
- Maximum 16 games during the regular season
- 1 night rest between contests
- 1 contest allowed per day
- NFHS Football Rules plus NYSPHSAA Rules
- 1 scrimmage per day

### **Effective Start Date:**

Spring 2023

### **Rationale:**

As an emerging sport, Girls Flag Football needs to establish High School Sport Standards. These standards are the same as Girls Lacrosse Standards.

### **Proposal Originated:**

NYSPHSAA Girls Flag Football Committee

### **Budgetary Impact:**

None.

### **Notes:**

None.

### **Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Girls Flag Football – NFHS/NYSPHSAA Playing Rules**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

**Presenter:**

Todd Nelson, Assistant Director

**Proposal:**

The NYSPHSAA Girls Flag Football Committee is recommending following the NFHS Football playing rules along with the NYSPHSAA Girls Flag Football Rules.

**Effective Start Date:**

Spring 2023

**Rationale:**

During the pilot program in the Spring of 2022 the participating teams used the NFHS Football rules along with NYSPHSAA Girls Flag Football Rules. The committee did review all of the rules and made minor adjustments to them for the 2023 season.

**Proposal Originated:**

NYSPHSAA Girls Flag Football Committee

**Budgetary Impact:**

None.

**Notes:**

None.

**Attachments:**

NYSPHSAA Playing Rules

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **GIRLS FLAG FOOTBALL– ESTABLISH A STATE CHAMPIONSHIP IN 2024**

☐ Action Item  
☒ Discussion Item  
☐ Informational Item

### **Presenter:**

Joe Altieri, NYSPHSAA Assistant Director  
Todd Nelson, NYSPHSAA Assistant Director

### **Proposal:**

The NYSPHSAA Staff and Girls Flag Football Committee is seeking to conduct a state championship starting in spring 2024.

### **Effective Start Date:**

Week #48 in Spring 2024

### **Rationale:**

Due to Girls Flag Football meeting the criteria of six sections with four or more programs, a state championship may be established per the NYSPHSAA Championship Philosophy.

### **Proposal Originated:**

The NYSPHSAA Girls Flag Football Committee met for the first time on September 14, 2022.

### **Budget Impact:**

There will be travel expenses for schools to send a flag football team to a state championship in addition to NYSPHSAA incurring expenses to rent a venue, pay for officials and awards, travel, and also pay for other associated state tournament expenses. Additionally, schools/sections/NYSPHSAA will generate revenue from admissions at local games, Section tournaments and the State Tournament to help offset budgets.

### **Other**

Each section will send a representative to a Regional competition (see proposed regions below) for the right to advance to the State Semifinals/Finals. Teams will be made up of 15-30 players and follow the NFHS Football Rules supplemented by the NYSPHSAA Flag Football rules. They will also adopt all high school sports standards as published in the NYSPHSAA handbook.

The schedule is proposed as follows:

State Semifinals/Finals	Week #48 – Games on Fri & Sat <u>OR</u> Sat & Sun
Regionals	Week #47 – Games on Friday, Saturday or Sunday
Section Tournament	Week #46 – Games days to be determined by the section

Proposed Regions:	North Sections: II, III, VII, X	South Sections: VIII, XI
	West Sections: V, VI	East Sections: I, IV, IX

*\*tentative; subject to change*

DATE REVISED: September 30, 2022

# New York State Public High School Athletic Association



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## **Venues:**

Section Tournaments and Regional game sites will be determined by sections. Regional rotations will be set up by the committee and approved by CAC and Executive Committee. The State Semifinals/Finals will be determined by a bid process at least one year prior to the event date, approved by the Executive Committee.

## **Awards:**

Certificates for Regionals, Semi-Finalists and Finals will be distributed. Championship t-shirts, 1<sup>st</sup> place medals, plaques, Final Four bracket boards and champion boards will be awarded to team champions. Finalists will be awarded medals and plaques. Semi-finalists will receive plaques. Sportsmanship shirts will be awarded to one athlete from each participating State Tournament team. A maximum number of team personnel will be established to allow for a budgeted quantities of awards.

## **Staff/Officials:**

NYSPHSAA Staff will oversee and manage the planning of this event with consultation with the state coordinator and committee. The state coordinator shall oversee gameday operations on the field with assistance from NYSPHSAA and the state committee.

Game officials will be determined using Officials Fees & Policies procedures, established by CAC, and will be similar to girls lacrosse procedures.

## **CAC Feedback:**

**No concerns at this time (discussion).**



# Section IX Athletics

Gregory Ransom, Executive Director

## Section IX

### Meeting Dates/Sites

2023-2024

Thursday, September 7, 2023	Orange-Ulster BOCES	9:30 AM
Monday, September 11, 2023	TBA MANDATED WORKSHOP	8:30 AM
Tuesday, October 3, 2023	Orange-Ulster BOCES	9:30 AM
Thursday, November 2, 2023	Orange-Ulster BOCES	9:30 AM
Thursday, January 4, 2024	Orange-Ulster BOCES (In-Person)	9:30 AM
Tuesday, March 12, 2024	Orange-Ulster BOCES	9:30 AM
Tuesday, April 9, 20234	Orange-Ulster BOCES	9:30 AM
Tuesday, May 14, 2024	Orange-Ulster BOCES	9:30 AM
Tuesday, June 11, 2024	TBA	8:00 AM

### NYSPHSAA Meetings

October 18, 2023

January 31, 2024

May 1, 2024

July 30-31, 2024

### Section IX Start Dates

Football – Saturday, August 19, 2023

All Other Fall Sports – Monday, August 21, 2023

All Winter Sports – Monday, November 13, 2023

All Spring Sports – Monday, March 11, 2024