



Section IX Athletics

Gregory Ransom, Executive Director

Section IX Athletic Council Meeting

Tuesday, September 11, 2018

John Coleman Catholic H.S – 9:30 am

1. Call to Order: Greg Ransom
2. Pledge of Allegiance: Greg Ransom
3. Review of Meeting Materials: Jim Osborne
4. Approval of June 19, 2018 Minutes
5. Financial Report: Jim Osborne
6. Section IX NYSPHSAA Representatives: Roberta Greene and Jim Wolfe
7. NYSPHSAA Office Report
8. Combining of Teams: Tim Bult and Kermit Moyer
9. Back from the Leagues:
 - a. Boys Lacrosse Chair Person
11. Fall Chair Reports:

<ol style="list-style-type: none">a. Cross Countryb. Footballc. Boys Soccerd. Girls Soccere. Field Hockeyf. Girls Tennisg. Volleyballh. Swimming	<p>James Glover & Joe Cahill David Coates Pete Ferguson & Tony Martelli Diane Wanser Debra Beam Selina DeCicco Stephen Boucher Pat Ryan</p>
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12. Chair Reports:

<ol style="list-style-type: none">a. Girls & Boys Modified Sportsb. Safetyc. Student Athlete Advisory Committeed. Eligibilitye. Officials Coordinatorf. Sportsmanshipg. Unified Sports	<p>Greg Warren & Michelle Henn Janet Carey Kermit Moyer Fred Ahart Dennis Burkett Adam Kless Rich Silverstein</p>
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13. New Business
14. Old Business
15. Adjournment of Section IX Meeting

Next Meeting Date:

Tuesday, October 11, 2018 at 9:30 am at Orange-Ulster BOCES Conference Center

Mandated NYSPHSAA Athletic Directors Workshop

Tuesday, September 18, 2018 at 9:30 am at Wallkill High School



Nugent & Haeussler, P.C.

CERTIFIED PUBLIC ACCOUNTANTS

ESTABLISHED 1925

101 Bracken Road
Montgomery, New York 12549
Tel (845) 457-1100
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e-mail: nh@nhcpas.com

August 3, 2018

Section IX Athletic Council, Inc.
P.O. Box 656
Goshen, New York 10924

Attention: James Osborne

Peter J. Bullis, CPA, FACFEI, DABFA
Norman M. Sassi, CPA
Christopher E. Melley, CPA
Gary C. Theodore, CPA
Julia R. Fraino, CPA
William T. Trainor, CPA
Mark M. Levy, CPA, CFP
Thomas R. Busse, Jr., CPA
Brent T. Napoleon, CPA
Jennifer L. Capicchioni, CPA
Patrick M. Bullis, CPA
Justin B. Wood, CPA

Richard P. Capicchioni, CPA
Walter J. Jung, CPA
Jennifer A. Traverse, CPA

Re: Our File No. 3006

Dear Jim:

We have reviewed a sample of your records for the year ended June 30, 2018. As part of our review, we selected a sample of paid bills, canceled checks and bank statements and compared them to the check register and to QuickBooks. We did not notice any discrepancies. We also reviewed a sample of the deposit slips, receipt documents and bank statements and traced them to the check register and to QuickBooks. We did not notice any discrepancies. All of the information that we reviewed was organized and in good order. Based upon our review, we are happy to report that the books and records of the organization are in good shape and we recommend that all current procedures being used by the organization stay in place. Our firm has many not-for-profit clients. Your record keeping system, as compared to other organizations your size is excellent.

Please contact me if you have any questions.

Very truly yours,

NUGENT & HAEUSSLER, P.C.

Gary C. Theodore

GCT:sb



Section IX Athletics

Gregory Ransom, Executive Director

NYSPHSAA Summer Meeting

July 24-25, 2018

Highlights

Robert Zayas - Executive Director, NYSPHSAA

- A) Mandated Athletic Director Workshop in Section IX on Tuesday, September 18, 2018, at Wallkill High School
- B) NOCSAE Baseball Stamp required starting in January 2019
- C) Homeschool Legislation – a bill was proposed permitting homeschooled students to participate in interscholastic sports in the district they live. The bill did pass the Senate, however, was not voted upon by the Assembly.

Todd Nelson – Assistant Director, NYSPHSAA

- A) Unified Sports – NYSPHSAA is looking for one or two Sections to expand into the Fall Season
- B) Sanctioning – Anytime a school is traveling out of state for a competition, they must complete the “Notice of Entry” online. If a school is hosting an event that involves a school (s) from another state, they must complete the NYSPHSAAA sanctioning application or the NFHS online sanctioning application.

Kristen Jadin – Assistant Director, NYSPHSAA

- A) Scholar-Athlete – distribution of pins for the school year will take place at the mandatory Athletic Director Workshops
- B) School of Excellence is awarded to schools who had 75% of their Varsity programs qualify for and receive the NYSPHSAA Scholar-Athlete Team Award
- C) School of Distinction is awarded to schools who had 100% of their Varsity programs qualify to receive the NYSPHSAA Scholar-Athlete Team Award
- D) SAAC – Section IX Representatives:
 - a. Deeya Modwadiya, Newburgh Free Academy
 - b. Ryan Strobach, Wallkill High School
- E) Hazing Prevention – contact Kristen for program information
- F) NYSED Physical Education, Health Education & Athletics Update
- G) NYSA – Conference begins on Wednesday, March 13, 2019, to March 15, 2019



Section IX Athletics

Gregory Ransom, Executive Director

Action Items: October NYSPHSAA Executive Committee Meeting

1. Consideration of revision to the classification to allow six classifications for sports with more than 500 schools participating at the NYSPHSAA Championships
2. Consideration of a proposal to address receivership situations when a school has an influx or reduction in enrollment
3. Review of NFHS/NCAA/USA rules
4. Consideration of approval of Track & Field wheelchair procedures
5. Consideration of endorsing a NYSPHSAA resolution related to LTC Course 631
Administration: Emergency Management of Interscholastic Athletic Events
6. Consideration of revision of football nights rest and maximum contest rules
7. Consideration to recommend that the NYSPHSAA Handbook recommendations include that every member high school has a Certified Athletic Trainer providing full-time coverage to the athletic program – ACCESS
8. Consideration to support revised age requirement within NYSED regulations for Unified Sports
9. Consideration to revise the NYSPHSAA Boys Tennis Championship format for a separate NYS Federation Championship
11. Consideration of requiring Softball Regionals to be scheduled Thursday through Monday only, prior to the State Tournament
12. Consideration of requiring Wrestling teams to finalize their schedule no later than the Saturday of week #28
13. Consideration to permit a pound allowance for all Wrestlers competing in a Sectional Tournament when schools are closed due to a weather emergency
14. Consideration when a school is closed due to weather emergency on the 3rd day of the appeal timeline, the wrestler will be given one extra day to appeal their original weight assessment

Section IX Athletics | PO Box 656 | Goshen, NY 10924 | Phone: (570) 618-2200 | Fax: (845) 291-7306

Web site: <http://www.sectionixathletics.org>

Standing Committee Reports

1. Compensation Committee – Mike Carboine
2. Budget/ Audit Committee – Paul Harrica
3. Championship Advisory Committee (CAC) – Greg Ransom
4. Handbook Committee – Pat Pizzarelli
(A) Consider approval to add Representation Rule related to “practice” to the “Practice Rule.” **APPROVED**
5. Student-Athlete Development Committee (SADC) – Kristen Jadin
6. Student-Athlete Advisory Council (SAAC) – Kristen Jadin
7. Sportsmanship Committee – Todd Nelson & Kristen Jadin
8. Safety Committee – Todd Nelson
9. Modified Committee – Jim Rose
(A) Consider approval to remove “sneakers and molded cleat” restrictions from the NYSPHSAA Handbook. **APPROVED**
10. Officials Coordinating Federation (OCF) – Dennis Burkett
(A) Consider approval of the NYSPHSAA Officials Contract for the 2018-2019 & 2019-2020 school years. **APPROVED**
11. Sport Committee Report Questions & Concerns

** Note: Committee reports distributed via e-mail*

General Action Items

1. (A) Consider approval to finalize 7 non-public school classification Numbers for the 2018-2019 school year. **APPROVED**
Robert Zayas, NYSPHSAA Executive Director
2. (A) Consider approval of 2019-2020 classification numbers.
NOTE: NYSED will not release finalized numbers until September; vote will need to be postponed until October 16th Executive Committee Meeting.* **NO ACTION – PUSHED TO OCTOBER
Robert Zayas, NYSPHSAA Executive Director
3. (A) Consider approval to revise the format of the NYSPHSAA Cheerleading Championships to include revisions of the scoresheet and coaches education and judges training. **APPROVED**
Cheerleading Committee
4. (A) Consider approval to recognize Game Day Cheer. **APPROVED**
Cheerleading Committee
5. (A) Consider approval to revise the NYSPHSAA Championship Philosophy. **APPROVED**
Robert Zayas, NYSPHSAA Executive Director
6. (A) Consider approval of a revised graduated scale percentage for the combining of teams to be sports specific. **APPROVED**
Section IX- Feb. 2 Executive Committee Sectional Concern
7. (A) Consider approval of an appeal process for the graduated scale for combining of teams. **WITHDRAWN**
Section VIII- Feb. 2 Executive Committee Sectional Concern
8. (A) Consider approval of regular season Girls Volleyball Standard Operating procedures. **TABLED**
Girls Volleyball Committee
9. (A) Consider approval of revisions to the Volleyball scrimmage rule. **APPROVED**
Girls & Boys Volleyball Committee
10. (A) Consider approval of moving the Bowling Championships from Week #35 to Week #36. **APPROVED**
Girls & Boys Bowling Committee

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|--|-----------------|---|
| 11. (A) Consider approval of moving the Bowling Championships from a two-day tournament to a three-day tournament and eliminate official practice day at the facility. | APPROVED | Girls & Boys Bowling Committee |
| 12. (A) Consider approval of amending the Girls & Boys Bowling Substitution rule at the NYSPHSAA State Championships. | APPROVED | Girls & Boys Bowling Committee |
| 13. (A) Consider approval of revision to the Girls & Boys Bowling maximum contest rule. | APPROVED | Girls & Boys Bowling Committee |
| 14. (A) Consider approval of the addition of a "Super Qualifying Standard" for the NYSPHSAA Outdoor Track & Field Championships. | APPROVED | Girls & Boys Track & Field Committee |
| 15. (A) Consider approval of Ice Hockey Regional Rotation. | APPROVED | Ice Hockey Committee |
| 16. (A) Consider approval of Ice Hockey post season games to use video replay for determining goals, undetected goals and for determining correct time on the game clock (NFHS rule 9-13). | APPROVED | Ice Hockey Committee |
| 17. (A) Consider approval of Ice Hockey regular season warm up procedures. | APPROVED | Ice Hockey Committee |
| 18. (A) Consider approval of waivers of the representation rule for Various Sections. | APPROVED | Robert Zayas, NYSPHSAA Executive Director |
| 19. (A) Consider approval of Friends & Neighbors and new member schools. | APPROVED | Robert Zayas, NYSPHSAA Executive Director |

Discussion/ Information Items

- | | |
|---|---|
| 1. (D/I) Consideration of revision to the classifications to allow six classifications for sports with more than 500 schools participating at the NYSPHSAA Championships. | Section V – May 4
Executive Committee
Sectional Concern |
| 2. (D/I) Consideration of a proposal to address receivership situations when a school has an influx or reduction in enrollment. | Section VII – May 4
Executive Committee
Sectional Concern |
| 3. (D/I) Review of NFHS/ NCAA/ USA rules survey data. | Robert Zayas, NYSPHSAA |
| 4. (D/I) Consideration of approval of Track & Field Wheelchair procedures. | Girls & Boys Track & Field Committee |
| 5. (D/I) Consideration of endorsing a NYSAAA Resolution related to LTC course 631 Administration: Emergency Management of Interscholastic Athletic Events. | Section VIII & XI |
| 6. (D/I) Consideration of revision of football nights rest & maximum contest rules. * Revised proposal | Football Committee |

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|---|--|
| 7. (D/I) Consideration to recommend that the NYSPHSAA Handbook Recommendations include that every member High School has a Certified Athletic Trainer providing full-time coverage to the athletic program. | <i>Safety Committee</i> |
| 8. (D/I) Consideration to support revised age requirement within NYSED Regulations for Unified Sports. | <i>NYSPHSAA Staff</i> |
| 9. (D/I) Consideration to revise the NYSPHSAA Boys Tennis Championship format for a separate NYS Federation Championship. | <i>Boys Tennis Committee</i> |
| 10. (D/I) Consideration to move the Softball Championships from Week #49 to Week #50 for the 2019 State Championships. | <i>Softball Committee</i> |
| APPROVED | |
| 11. (D/I) Consideration of requiring Softball regionals to be scheduled Thursday through Monday only, prior to the State Tournament. | <i>Softball Committee</i> |
| 12. (D/I) Consideration of requiring wrestling teams to finalize their schedule no later than the Saturday of Week #28. | <i>Wrestling Committee</i> |
| 13. (D/I) Consideration to permit a pound allowance for all wrestlers competing in a Sectional tournament when schools are closed due to a weather emergency. | <i>Wrestling Committee</i> |
| 14. (D/I) Consideration when a school is closed due to a weather emergency on the 3rd day of the appeal timeline the wrestler will be given one extra day to appeal their original weight assessment. | <i>Wrestling Committee</i> |
| 15. (D/I) Consideration to update the current Wrestling Skin Infection form to include the editorial changes made by the NFHS SMAC. | <i>Wrestling Committee</i> |
| APPROVED | |
| 16. (D/I) Consideration to officially endorse the use of USBC Bowling Rules. | <i>Boys & Girls Bowling Committee</i> |
| WITHDRAWN | |
| 17. (D/I) Consideration to adopt the 6 th Edition of the NYSPHSAA Gymnastics Technical Handbook. | <i>Girls Gymnastics Committee</i> |
| APPROVED | |
| 18. (D/I) Approved Senior All-Star Contests & Combining of Teams. | <i>Robert Zayas, NYSPHSAA Executive Director</i> |
| 19. (D/I) Consideration to move the Baseball Championships from Week #49 to Week #50 for the 2019 State Championships. | <i>Off the floor (Section III)</i> |
| APPROVED | |

NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE SUMMER 2018

1. PROFESSIONAL DEVELOPMENT OPPORTUNITIES

- New York State Association for Health, Physical Education, Recreation and Dance (NYSAHPERD) Conference (November 14-17, 2019) in Verona, New York- See website: <http://www.nysahperd.org/content/professional-development/nys-ahperd-conference.cfm>
- New York State Council of Administrators Conference (November 14-17, 2019) in Verona, New York-See website:

<https://www.nysahperd.org/content/professional-development/Council-of-Administrators-Annual-Conference.cfm>
- Society for Health and Physical Education of America (SHAPE), National Conference (April 9-13, 2019) in Tampa, Florida-See website:
<http://www.shapeamerica.org/>
- New York State Athletic Administrators Association (NYSAAA) Leadership Training Program and Certification Program- See website:
<http://nysaaa.org/contact-us>
- New York State Athletic Administrators Association (NYSAAA) Annual Conference (March 12-15, 2019) in Saratoga Springs-See website:
<http://nysaaa.org/conference/conference-dates>
- NYSA AAA now approved for CTLE credit.

2. NEW YORK STATE LEARNING STANDARDS REVIEW PROCESS FOR PHYSICAL EDUCATION HAS BEGUN (Winter/Spring/Summer 2018)

- Collaborating with NYSAHPERD- Kick off at SED on August 6-7, 2018. Reviewing National and NYS Learning Standards and Outcomes for NYS. Process and review team includes multiple representatives; (SED, ELA's, BOCES, NYSAHPERD, NYSBAA, NYSUT and SAANYs, K-12 and Higher Education Institutions).

3. CONCUSSION MANAGEMENT GUIDELINES UPDATED (June 2018)

- The New York State Education Department Guidelines for Concussion Management in Schools have been revised to reflect the current recommendations on managing concussions. Previous guidance was that students must be completely symptom free to return to activities. Now there is emerging research suggesting that some symptoms may be acceptable during return to activities. The updated guidelines now reflect this practice

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along with emphasizing that schools follow guidance of the student's health care provider on what symptoms are acceptable for return to activities.

- A gradual return to physical activity typically is done by progressing a student through levels of activity that increase in duration and/or intensity. Gradual return to activity should occur with the introduction of a new activity level every 24 hours. If any post-concussion symptoms return, the student should stop the activity and drop back to the previous level of activity. Current research suggests that some level of symptoms with activity is acceptable. Therefore, schools will need to follow provider orders on return to activities. Students should be monitored by district staff daily following each progressive level of physical activity, for any return of signs and symptoms of concussion. A gradual progression should be followed based on the private healthcare provider's or other specialist's orders and recommendations.
- *Please direct questions to the Office of Student Support Services at 518-486-6090 or studentsupportservices@nysed.gov.*

4. RECENT SCHOOL HEALTH SERVICES CHANGES (Effective July 1, 2018)

- Revisions to commissioner's regulations 136.1-135.3 go into effect 7/1/18.
- Health examinations must now be completed on a required form.
- Grade levels for health examinations and required screenings have been revised.
- New guidelines are available for Health Examination, Vision Screening, Hearing Screening, and Scoliosis Screening. Due to changes in screening requirements it is important that school health personnel review the new guidelines.
- The new guidelines and new required health exam form are on our website **NYSED School Health Services – Updates and New Information**.
- Questions may be directed to the Office of Student Support Services, at 518-486-6090, or studentsupportservices@nysed.gov.
- <http://www.p12.nysed.gov/sss/schoolhealth/schoolhealthservices/>
- <http://www.p12.nysed.gov/sss/documents/ReqNYSSchoolHealthExamForm.pdf>
- http://www.p12.nysed.gov/sss/documents/IntervalHealthHxforExam_Athletics.pdf
- Note-In regards to the new health examination form, 2018-2019 is a transition year since health care providers and parents/guardians may not be aware of the new form. Therefore, schools are strongly encouraged to accept any physical turned in regardless of the form it is completed on. Physicals done prior to 7/1/18 cannot be mandated to be on the new form since the regulation was not in effect. Please contact the Office of Student Support Services if you have questions. 518-486-6090 or studentsupportservices@nysed.gov

**NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE
SUMMER 2018**

**5. NEW INITIATIVES TO COMBAT SUBSTANCE ABUSE AMONG
SCHOOL-AGED CHILDREN AND STUDENT ATHLETES**

- Heroin and opioid use continues to grow at an alarming rate. Recent studies have shown that the percentages of high school students in New York State who have reported using heroin or who have injected an illegal drug have more than doubled from 2005 to 2015.
- Education and healthcare leaders can increase awareness by talking about underage drinking, substance use disorders, addiction, warning signs, and how to access help. These materials provide guidance on how to have those conversations.
- NYSED partnered with the New York State Health Department and the New York State Office of Alcoholism and Substance Abuse Services to provide the New York State Addiction and Substance Use Disorder Educational Resource.
- A Free Flash Drive Educational Resource has been developed through the New York State Department of Health, specifically to assist you in reaching your students and their families in combating this epidemic. This tool provides readily accessible and striking sample presentations, videos and discussion guides on how to engage students that may be dealing with sports-related injuries and pain relief involving opioid prescriptions or self-treatment with opioid medications. We know how our athletes look up to physical education teachers, athletic directors and coaches to guide them, so please order a flash drive.



The New York State Addiction and Substance Use Disorder Educational Resource is available free on a flash drive that may be ordered by sending an email to: B0019W@health.ny.gov (email address contains zeros), or by mailing your request to:

PUBLICATIONS NYSDOH Distribution Center P.O. Box 343 Guilderland, New York
12084

Materials sent to addresses within New York State are provided free of charge. Quantities may be limited.

Please include the name of your school, company, or facility; physical address; name and email address of contact person; and the following description and order number: New York State Addiction and Substance Use Disorder Educational Resource - Pub.# 12029. (Flash drives cannot be mailed to post office boxes).

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6. GUIDELINES FOR COACHING (Updated January 2018)

- See: <http://www.p12.nysed.gov/ciai/pe/toolkitdocs/COACHING-COURSE-GUIDELINES-FINAL-01292018.pdf>

7. QUALITY PHYSICAL EDUCATION PLAN REMINDER

- a. Is your district plan current? Is your plan frequently updated to ensure high-quality programs are being offered? Is your plan aligned with the current regulations and/or National and NYS Standards? Recommend updating minimum of 7 years. Important when looking for funding and support.
 - b. If you need technical assistance or have specific questions contact Darryl Daily at darryl.daily@nysed.gov
 - c. According to Commissioner's Regulation 135.4 -Physical Education Plans must be filed both at the local level and at the Department. Plans can be sent as a hard copy or as an e-mailed attachment to the Department. E-mail format is preferred.
- 8. Amendment of Section 100.5 and Addition of Section 100.20 to the Regulations of the Commissioner of Education to Implement the Interstate Compact on Educational Opportunity for Military Children and Provisions Relating to Transfer Credits and Diploma Requirements for Physical Education. (BOR approved November 2017))**

- See: <http://www.regents.nysed.gov/common/regents/files/617p12d4.pdf>
- See: <http://www.p12.nysed.gov/ciai/pe/documents/GuidanceMemoPhysicalEducation.pdf>
- 5th year seniors and out of state transfer students changes

9. ATHLETIC ELIGIBILITY amendments (BOR approved at June 2017 meeting)

- 13 K-8 School Districts and APP
- Duration of Competition amended (Social emotional documentation..)
- See: <http://www.regents.nysed.gov/common/regents/files/317p12d1.pdf>
- **Riflery added to Special Tryout Processes (Similar to Golf and Bowling protocol)**

**10. GUIDELINES FOR SPORT STANDARDS
(Amended and posted January 2017)**

- See: <http://www.p12.nysed.gov/ciai/pe/documents/Guidelines-for-Sports-Standards-1-5-2017.pdf>
- Competitive Cheerleading was added to the list-January 2017.

NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE SUMMER 2018

- **Note: 2 separate seasons** (fall and winter) for competitive cheerleading. 15 weeks for fall competitive cheerleading season. 22 weeks for winter competitive cheerleading season.

11. IMPORTANT REMINDER TO ALL PHYSICAL EDUCATION DIRECTORS/ATHLETIC DIRECTORS



- Please make sure all of your coaches are certified and/or are in the process of completing their certification. Re-check to make sure they have all their requirements completed and license in hand in order to coach.

IMPORTANT HEALTH EDUCATION RELATED ITEMS

A) MENTAL HEALTH EDUCATION LEGISLATION (Effective July 1, 2018)

- Mental Health Education Legislation Chapter 390 of the Laws of 2016 amending Section 804 of Article 17 and states *as of July 2018 all schools under the jurisdiction of the department will ensure their health education programs recognize the multiple dimensions of health by including mental health and the relation of physical and mental health so as to enhance student understanding, attitudes and behaviors that promote health, well-being and human dignity – <http://public.leginfo.state.ny.us/lawssrch.cgi?NVLWO>*
- SED & Mental Health Association of NYS collaborated as a stakeholder task force to develop guidance resources to implement the new mental health law by July 2018.
- See link: <http://www.p12.nysed.gov/ciai/health/> and <http://www.p12.nysed.gov/ciai/health/Mentalhealtheeducation.html>

B) SOCIAL-EMOTIONAL LEARNING GUIDELINES (BOE- Presentation May 2018)

- Introducing New Guidance and Resources for Social Emotional Learning |  BR (D) 1
- Supplemental Presentation:
-  Social Emotional Learning - Essentials for Learning, Essentials for Life

C) NEW YORK STATE COMBAT HEROIN AND PRESCRIPTION OPIOID ABUSE CAMPAIGN

- At its meeting in January 2015, the Board of Regents convened a panel to discuss combatting opioid and heroin use and abuse. Presenters shared their thoughts on prevention, warning signs, intervention, referral, treatment, recovery, and outreach.

NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE SUMMER 2018

- In 2015, New York State enacted laws allowing schools to provide and maintain opioid antagonists (naloxone) on-site, and late last year, NYSED issued guidance and information for schools regarding opioid overdose prevention programs. Additional resources to combat opioid and heroin use and abuse include:
- **Kitchen Table Toolkit**
The Kitchen Table Toolkit was developed to assist individuals (parents, spouses, siblings, teachers, coaches, counselors, probation officers, etc.) with initiating conversations about heroin and opioid abuse. Information, resources, and supports are available so no one needs to be alone in the fight to combat heroin and opioid abuse. Recognizing that addiction is not exclusive to heroin and opioids, this information may be applicable for alcohol and other drugs, also addressed in this toolkit. See page 12 for school-focused information.
- For updated Health Education Standards Supplemental Guidance Document See: <http://www.p12.nysed.gov/ciai/pe/documents/NYSED%20Heroin-Opioids%20Instructional%20Resource%20Packet6.17.pdf>

D) DEVELOPMENT OF RESOURCES TO EDUCATE ON NEED TO ENCOURAGE ORGAN AND TISSUE DONATION

- Legislation (Summer 2016)-SED began working collaboratively with multiple organizations that promote organ and tissue donation to provide a toolkit that contains model exemplar lesson plans and best practice instructional resources on the importance and value of organ and tissue donation. Information will be shared as it becomes available. See: <http://alliancefordonation.org/coming-soon-new-york-state-high-school-curriculum-organ-eye-and-tissue-donation>
- Please note-APRIL is National "DONATE LIFE" month.

E) DEVELOPMENT OF RESOURCES FOR SEPSIS

- Currently SED has a workgroup planning a sepsis webpage. They are working collaboratively with organizations that promote sepsis to provide model exemplar lesson plans and best practice instructional resources for school districts.

F) GAMBLING RESOURCES

- In recognition of Problem Gambling awareness Month (April), the Office of Alcoholism and Substance Abuse Services released a tool kit in collaboration with the New York State Education Department (NYSED) to help identify early problem gambling habits in teens.
- According to OASIS, "The new comprehensive Toolkit can be used by school administrators, educators, pupil personnel services, parent-teacher associations, parents, and community groups to teach students and parents about preventing underage gambling."
- See: <https://www.oasas.ny.gov/gambling/SchoolDistrictResources.cfm>

**NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE
SUMMER 2018**

**G) COMMISSIONER'S REGULATIONS TO REQUIRE INSTRUCTION IN
CARDIOPULMONARY RESUSCITATION ("Hands Only" CPR) AND INSTRUCTION IN THE
USE OF AUTOMATED EXTERNAL DEFIBRILLATORS (Requirement began September
2015)**

- Students in senior high school shall be provided instruction in hands-only cardiopulmonary resuscitation and the use of an automated external defibrillator at least once before graduation.
- See link for memo to the field:
<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/memo-CPR%20instruction%20in%20HS-%20Sept%202015.pdf>
- See link:
<https://yourethecure.org/aha/advocacy/details.aspx?BlogId=2&PostId=4139>

H) TIC AND LYME DISEASE LEGISLATION (Summer 2016)

- NYSED and Department of Conservation collaborated on instructional tools and materials for school districts to advance and promote education awareness on tick identification and protection.
- See: <http://www.p12.nysed.gov/ciai/health/tick-borne-disease.html>

Contact Information:

Darryl L. Daily,
Associate in Physical Education
New York State Education Department
Room 860 EB
89 Washington Avenue
Albany, New York 12234
E-mail: Darryl.Daily@nysed.gov
Phone: (518) 4754-5922

Physical Education Web Site:

www.p12.nysed.gov/ciai/pe/



New York State Public High School Athletic Association
Central Committee Meeting – July 24-25, 2018

COMBINING OF TEAMS SPORT SPECIFIC CLASSIFICATION PROPOSAL

☒ Action Item
☐ Discussion/ Information Item

Presenter:

Gregory Ransom, Section IX Executive Director

Proposal:

Section IX would like to change the combining of team's guidelines by using the specific sports classification numbers instead of all sports using the standard five class numbers. The proposal would replace language in the handbook which currently reads: "The percentage is dependent upon 5 sport classification cut off numbers". Section IX proposes changing it to read: "The percentage is dependent upon the association's specific sport classification cut-off numbers. Sports with two divisions, Division One will follow AA combining of team guidelines (100%) and Division Two will follow class C combining of team guidelines (40%).

Effective Start Date:

2019-2020 school year.

Rationale:

If two schools combine for the sport of football as an example, we currently use the five class numbers for determining classification for the sports of soccer, basketball, baseball and softball. It makes more sense to use the sport specific numbers.

Proposal Originated:

Section IX schools.

Budget Impact:

None.

Notes:

This proposal was approved by the Section IX Athletic Council.

Attachments:

None.



New York State Public High School Athletic Association
Central Committee Meeting – July 24-25, 2018

**BOWLING – ADJUST STATE TOURNAMENT WEEKEND FROM
WEEK #35 TO #36 PERMANENTLY**

☒ Action Item
☐ Discussion/ Information Item

Presenter:
NYSPHSAA Bowling Committee

Proposal:
The NYSPHSAA Bowling State Committee proposes a change in the scheduling of the State Tournament from Week #35 to Week #36 permanently.

Effective Start Date:
March 2019.

Rationale:
The change would allow bowling to conduct a three-day state tournament at available suitable sites a week later. In addition, it would allow for bowling to move off a weekend where five other NYSPHSAA events are conducted and provide for better media coverage, NYSPHSAA staffing and promotion of the sport on a weekend with just one other NYSPHSAA tournament (Ice Hockey).

Proposal Originated:
This proposal originated at our State Bowling Coordinator meeting prior to the 2018 NYSPHSAA Bowling Championships.

Budget Impact:
None.

Notes:
The CAC supported this proposal.

Attachments:
None.

The potential for student-Athlete codes of conduct violations will be minimized because athletes competing will return home after competitions instead of staying in the hotel.

Proposal Originated:

This proposal originated at our State Bowling Coordinator meeting prior to the 2018 NYSPHSAA Bowling Championships.

Budget Impact:

This proposal does not have any negative impact on budget. Spectator numbers would remain the same for each event, resulting in no loss of revenue at the gate. There was no admission cost for the official practice session held on the Friday of the tournament, so eliminating it would not have any impact on revenue.

School districts would save money on hotel and meal costs for athletes and coaches since the tournament would end early enough to take a bus back home.

School districts would save money because bus drivers would not have to stay overnight or multiple nights in the hotel.

School districts would save money on cost of the Friday official practice session.

In the first year of the two-division tournament, NYSPHSAA saw a spike in attendance that is expected to be maintained or grow with a three-day tournament. The three-day tournament will allow ticket sales to be spread out over three days, four sessions and allow fans plenty of seating and viewing.

Notes:

The CAC supports this proposal.

Attachments:

None.



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BOWLING – MAXIMUM NUMBER OF CONTESTS

☒ Action Item
☐ Discussion/ Information Item

Presenter:

NYSPHSAA Bowling Committee

Proposal:

The NYSPHSAA Bowling Committee is seeking approval to add bowling to #19 Penalties on page 39, part C in the NYSPHSAA Handbook which states:

If an individual or team exceeds the maximum number of contests permitted, the penalty is team ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross country, indoor track and outdoor track, swimming and diving when an individual exceeds the maximum number of contests, only the individual would no longer be eligible for that season. When an athlete exceeds the maximum number of contests the level in which the student-athlete participated as an ineligible competitor will be affected.

Effective Start Date:

2018-2019.

Rationale:

To add the team/individual sport of bowling to the individual sports of wrestling, cross country, indoor track and outdoor track, swimming and diving that if a team or individual exceeds the maximum number of contests, only the individual competitor will be disqualified.

Individual athletes will not be penalized/excluded for a coach's mistake or other individual athletes going over the maximum number of contests.

Proposal Originated:

The proposal was presented by Section 1 and discussed by the State Committee on March 9, 2018.

Budget Impact:

None.

Notes:

BOYS: 8 for, 0 against, 3 abstention

GIRLS: 7 for, 0 against, 4 abstention

Attachments:

None.

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BOWLING – ADD SUBSTITUTION RULE FOR STATE TOURNAMENT

☒ Action Item
☐ Discussion/ Information Item

Presenter:
NYSPHSAA Bowling Committee

Proposal:

The Bowling Committee is seeking to allow substitutions within a game during only the NYSPHSAA State Tournament beginning in 2019. Currently, substitutions may only be made in-between games. Below are the proposed terms of the new substitution rule:

1. One (1) substitution may be made per game.
2. A substitution may be made prior to the first ball being thrown of any frame.
3. The athlete who begins a frame must finish that frame. EXCEPTION - 10th frame: In the 10th frame, a substitution may also be made prior to the “fill-ball” for any bowler. This substitution may only be made after a spare or after the second strike.
4. If a substitution is made, the score for that game is credited to the athlete who began the game. However, that game score AND six-game series is ineligible to be used toward individual awards.
5. When a substitution is made, the head coach must indicate the change on the team scoresheet. The game score (for the bowler who began the game) should be circled. For the substitute, the coach should enter an asterisk (*) along with the frame number that bowler entered the game.
6. Penalty: If an illegal substitution is made, an individual score of 0 will be given for every illegal frame. Once a scoresheet is verified (signed) by the opposing coach, scores will NOT be adjusted.

Effective Start Date:
Winter 2019.

Rationale:
To allow coaches to make an “in-game” substitution.

Proposal Originated:
The proposal was presented by Section 2 and discussed by the State Committee on March 9, 2018.

Budgetary Impact:
None.

Notes:
BOYS: 7 for, 3 against, 1 abstention
GIRLS: 6 for, 2 against, 3 abstentions

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**BOWLING - CHANGE BOWLING STATE TOURNAMENT FROM A
TWO-DAY TOURNAMENT TO A THREE-DAY TOURNAMENT**

☒ Action Item
☐ Discussion/ Information Item

Presenter:

NYSPHSAA Bowling Committee

Proposal:

The NYSPHSAA Bowling State Committee proposes a change in the length of the state tournament from two days of competition to three. In order to accommodate for the third day, the official practice session on Friday would be eliminated. Division 2 boys and girls teams will compete on Friday afternoon. Composite Teams will compete on Saturday with the girls and boys being separate competitions with one in the morning and one in the afternoon. Division 1 will compete on Sunday morning. A rotation schedule will be established to prevent the same division from losing school time each year.

Effective Start Date:

March 2019.

Rationale:

The addition of the Division 2 component to the tournament added another event to the NYSPHSAA Bowling Championships. In order to accommodate spectators so they are not denied access due to fire code, the composite event would be split into two separate competitions on the Saturday of the tournament with one group competing in the morning and another in the afternoon. In order to schedule all events for the tournament and accommodate the larger than capacity crowd for the composite event, we would need to eliminate the Friday practice session.

The spectator experience at the venue will be improved because there will be more space to view the athletes, shorter concession lines and bathroom lines during the composite team event.

Bowler and spectator safety will be improved because there will be less equipment laying around the settee area and more space for spectators to move around.

Competition will end earlier so that schools could depart back home after competition instead of staying another night in a hotel, saving school districts money.

Improved travel itineraries for sections furthest from event because of tournament end times. (i.e. If Section 11 is the host Section, Sections 5 and 6 would be most affected by length of travel.)

Student-athletes would lose less classroom instructional time because not all teams would need to travel during school hours on the Friday of the Championship weekend due to the elimination of the official Friday practice.

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CLASSIFICATION READJUSTMENT/EQUITY

☐ Action Item
☒ Discussion/ Information Item

Presenter:

Matt Walentuk, Section VII Executive Director

Proposal:

Consider the ability to have the NYSPHSAA office readjust BEDS numbers of schools based on a recommendation from a Section Executive Director that fit into the following categories:

- 1.) When a school is closing or splitting into multiple schools due to NYSED receivership or similar status.
- 2.) When a school closes and a large influx of students enroll in a nearby school(s).
- 3.) When a school experiences a significant decrease in enrollment due to loss of industry or other unique circumstance.

Effective Start Date:

Summer 2019

Rationale:

To allow for statewide equity to attempt to have as many schools participating in their appropriate classification. With the change in when BEDS classifications projecting two years out, this allows a way for schools to play in their appropriate classification.

Proposal Originated:

Several times schools have competed in and/or won NYSPHSAA championships in classifications that did not match their current class size. Section VII expressed concern at the May 4, 2018 Executive Committee meeting.

Budget Impact:

None

Notes:

The current BEDS formula projects two years out uses the sum of grades 9, 10 and the average of 9/10. NYSPHSAA will have the ability to gather current information from the schools that may be in this unique situation and place them in the appropriate classifications.

Attachments:

None.

COMBINATION TEAM/INDIVIDUAL SPORTS: Currently applies to: Cross Country, Skiing, Bowling, Wrestling (Oct. 2016), Girls Golf (Oct. 2016) and Rifle.

Number of Varsity Programs	Number of Allowable Championship Classes or Divisions
24 -200	1
201 - 425	2
426 - 500	3
501 - above	4

Proposal Originated:

Section V and it has also been discussed by state level sport committees.

Budgetary Impact:

Cost associated with increasing some state championships by one class (officials, awards, etc.)

Notes:

This was a discussion item on the March 27th, 2018 Football Committee Meeting Report

Attachments:

None.



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REVIEW OF NFHS/ NCAA/ USA RULES SURVEY DATA

☐ Action Item
☒ Discussion/ Information Item

Presenter:

Robert Zayas, NYSPHSAA Executive Director

Information:

A survey has been administered at the direction of the NYSPHSAA Executive Committee to gain feedback on the sport playing rules used in the sports of Girls Basketball, Girls Volleyball, Boys Volleyball and Softball.

The deadline for the survey to be completed is July 17th. Survey results will be provided at the Central Committee meeting. This will be one of three topics discussed during the Cracker Barrel meetings on Wednesday, July 25.

As of July 12th the following responses were received to the various surveys:

Girls Basketball (<i>NCAA Rules</i>)	389
Girls & Boys Volleyball (<i>NCAA Rules</i>)	376
Softball (<i>USA Rules</i>)	332
Officials	1123

Below are the minutes from the NYSPHSAA Executive Committee meetings related to this topic:

The October 12, 2017 Executive Committee minutes state (pg. 21):

"President Osborne asked the Girls Basketball Committee to review and compare/contrast the NCAA Rules and NFHS Rules and come back to the Executive Committee with a recommendation or a rationale for staying with NCAA rules. He also directed the Section Executive Directors to take this back to their Sections for discussion. It will be a discussion item on the agenda of the May Executive Committee meeting."

Link:

<http://nysphsaa.org/Portals/0/PDF/Committees/Executive/October%2012%202017%20EC%20Meeting%20Minutes.pdf>

This request came after the girls basketball committee requested several waivers of the NCAA rules.

The February 2, 2018 Executive Committee minutes state (pg. 16):

"At the October 2017 Executive Committee meeting, NYSPHSAA President Jim Osborne asked the Girls Basketball Committee to review and compare/contrast the NCAA Rules and NFHS Rules and come to the February Executive Committee with a recommendation or a rationale for staying with NCAA rules. He also directed the Section Executive Directors to discuss in their Sections."

Link to minutes:

<http://nysphsaa.org/Portals/0/PDF/Committees/Executive/February%202018%20EC%20Minutes.pdf>

May 4, 2018 Executive Committee minutes state (pg. 23):

"Survey Related to NFHS Rules

- *Robert Zayas, Executive Director, presented a proposal for consideration to administer a survey to coaches, officials and athletic directors related to the use of NFHS rules in sports currently using other rules (i.e. girls basketball-NCAA, girls & boys volleyball-NCAA, softball-USA, etc.).*
- *The Philosophy Committee is interested in gathering data from coaches, officials and athletic directors on this topic before providing a recommendation."*

Link: <http://nysphsaa.org/Portals/0/PDF/Committees/Executive/May%202018%20EC%20Minutes.pdf>



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WHEELCHAIR TRACK AND FIELD ATHLETES

☐ Action Item
☒ Discussion/ Information Item

Presenter:

Todd Nelson, NYSPHSAA Assistant Director

Proposal:

To have a standard scoring procedure for all wheelchair athletes participating in NYSPHSAA regular season and post season outdoor Track & Field competitions.

Effective Start Date:

Spring 2019.

Rationale:

Over the past two seasons we have had two wheelchair track and field athletes participate in track and field at the modified level. Now that they are entering the HS level of competition we need to establish a uniformed and consistent procedure for scoring and competing during the regular season and post season.

Proposal Originated:

NYSPHSAA member schools and Sections.

Budget Impact:

None.

Notes:

We formed a committee to develop the proposal. The committee consisted of the Boys and Girls track and Field State Coordinators, the NYSPHSAA office staff, the athletic directors and coaches from the two schools and the families of the two athletes. The NYSPHSAA office staff surveyed all the state associations to inquire on any current procedures and practices utilized within their state. PA has had a procedure in place that has worked well for them for over 10 years. The committee had a lengthy discussion on all the possible options and agreed to model this proposal after the PIAA procedure. The committee feels that this will be fair to all students and teams competing in the sport of Track and Field.

The NYSPHSAA Officers approved this proposal as a one-year pilot for the 2018 Outdoor Track & Field season.

This proposal was discussed at the May 4, 2018 Executive Committee and requested to be a discussion item at the Central Committee meeting to afford the Track & Field Committees to provide input at their Fall meetings.

Attachments:

Proposed procedure.

Proposed NYSPHSAA Procedure for Wheelchair Track and Field Athletes

1. Special Accommodations: Schools would be required to apply for a Special Accommodation for each student competing in a wheelchair. The request would have to include all necessary medical documentation which requires the accommodation. NYSPHSAA approval is required for the student to participate using a wheelchair. Accommodations will include the following:
 - a. If only one wheelchair athlete in the race, then they will race with the able-bodied athletes. If two or more-wheel chair athletes, then they will race at the same time in a separate heat from the able-bodied athletes. All wheelchair athletes must wear a helmet.
 - b. In all laned events the wheelchair athlete will be given two lanes to compete in. In non-laned races the wheelchair athlete will start on the outside lane or behind the able body athletes and not be able to cut into lane 1 until the first 100 meters has passed.
 - c. In field events the wheelchair athlete will be able to use a throwing chair set up by an adult to compete in shot put and discus.
2. Scoring: Wheelchair athletes will either race against a clock or another Wheelchair athlete. Wheelchair Athletes and able body athletes will not compete against each other for points or place finishes.
 - a. If only one wheelchair athlete is competing in the race, then they will be racing against the clock and if they meet or exceed the standard then they will receive 1 point for their team. If in post season they will receive the 1 point plus qualify for the next level of competition.
 - b. If two wheelchair athletes competing against each other the first-place athlete will receive 2 points and the second place athlete will receive 1 point. If there are three wheelchair athletes, the first place finisher will receive 5 points and the second place finisher will receive 3 points and the third place finisher will receive 1 point. In the post season the top finisher will advance to the next level of competition.
3. Standards: The following standards will be used to determine qualifying and earning points for the athlete's teams. The standards will be derived from the standards and results of the Adaptive Track and Field USA Database which has over 25 years of data.

Event	Gender	Standard
100M	Female	40.0
100M	Male	29.0
400M	Female	2:09.0

400M	Male	1:40.0
800M	Female	4:00.0
800M	Male	3:19.0
1500M	Female	6:00.0
1500M	Male	4:46.0
1600M	Female	7:00.0
1600M	Male	6:00.0
Shot	Female	7 feet
Shot	Male	9 feet
Discus	Female	22 feet
Discus	Male	23 feet

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FOOTBALL – MODIFICATION TO THE PARTICIPATION STANDARD

 Action Item
 ✓ Discussion/ Information Item

Presenter:

Gary Vanderzee, NYSPHSAA Football Coordinator

Proposal:

The NYSPHSAA Football Committee is seeking approval for a football player to be allowed to participate in both the junior varsity and varsity contests within the same week. The stipulation is that during one of the contests, the athlete would have a ten (10) play limit. During the other contest, the athlete would be free of any restriction on plays.

Effective Start Date:

2018-19 season

Rationale:

In many areas, schools are facing declining roster sizes in their football programs due to decreasing enrollments and safety concerns surrounding the game of football. This has led to postponements and/or forfeits at either level. This proposal could possibly eliminate those concerns while at the same time protect our athletes. If a team has only 16-20 players dressed for a game, it is likely that some of those players never come off the field. This proposal could increase the roster size at any given game allowing players to receive a much needed rest during the contest providing a safer environment for all.

Proposal Originated:

NYSPHSAA Football Committee March 2018.

Budgetary Impact:

None.

Notes:

Both junior varsity and varsity teams are normally required to submit rosters. The varsity roster could include junior varsity players that may or may not be dressed for the varsity game. These players could be denoted on the roster with an asterisk for those watching and/or tracking. The same could be done for the junior varsity roster if they were allowing varsity players to participate at the junior varsity level. The NYSPHSAA Football Committee unanimously supports this proposal.

Attachments:

None.

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BEST PRACTICES FOR ATHLETIC TRAINING SERVICES

☐ Action Item
☒ Discussion/ Information Item

Presenter:

Todd Nelson, Assistant Director

Proposal:

To add the following language to the NYSPHSAA recommendations in the NYSPHSAA Handbook.

"NYSPHSAA recommends and supports the 'Best Practice' that every member High School has a Certified Athletic Trainer providing full-time coverage to the athletic program."

Effective Start Date:

Fall 2018.

Rationale:

The NYSPHSAA Strategic Plan contained a goal of increasing athletic training services to all member schools. The NYSPHSAA Safety Committee formed a sub-committee to look at three areas, (1) benefits of athletic training services, (2) obstacles of providing athletic training services, and (3) ways to provide athletic training services. We all share the goal to minimize risk to student athletes participating in our athletic programs and Certified Athletic Trainers are imperative to meeting this goal.

Proposal Originated:

NYSPHSAA Safety Committee.

Budget Impact:

None directly to NYSPHSAA but a school district will have a budgetary impact in trying to meet this recommendation.

Notes:

The attached document would be linked to this recommendation in the handbook.

Attachments:

Supporting document for this recommendation.

SCHOOL SAFETY AND EMERGENCY MANAGEMENT

WHEREAS, the NYSAAA, as the professional organization representing Athletic Administrators, chooses to honor the memory of Chris Hixon, Athletic Director at Marjory Stoneman Douglas High School, whose life was senselessly cut short February 14, 2018.

WHEREAS, the NYSAAA in response to this event, including those recent tragedies involving school shootings, recognizes the extraordinary responsibility of Athletic Administrators to maintain and provide a safe environment during after school athletic events and practices.

THEREFORE, BE IT RESOLVED that the NYSAAA seeks to work collaboratively by offering access for all New York State Athletic Administrators to **LTC 631, ATHLETIC ADMINISTRATION: EMERGENCY MANAGEMENT OF INTERSCHOLASTIC ATHLETIC EVENTS**. This course is a part of the nationally regarded professional development program created specifically for Athletic Administrators and offered by the National Interscholastic Athletic Administrators Association (NIAAA).

BE IT FURTHER RESOLVED that **LTC 631 ATHLETIC ADMINISTRATION: EMERGENCY MANAGEMENT OF INTERSCHOLASTIC ATHLETIC EVENTS** will provide an overview of how to mitigate/prevent, prepare for and manage emergencies during interscholastic athletic events. The course will highlight venue and event safety, security and emergency management issues. The course will provide guidelines for creating an emergency team, assessing the venues for risks and needs, developing and implementing emergency management plans and debriefing after an incident.

BE IT FURTHER RESOLVED that the NYSAAA stands united as the gatekeeper in their commitment to provide a safe, and healthy environment for their student-athletes. This task does not end on the playing field, but should be carried into the normal operation of a school. It is through these types of professional development experiences that an Athletic Administrator can make more of an impact the NYSAAA has and will continue to be the organization that provides direction and guidance to administrators and student-athletes.



Athletic Training Services Support Document

This document is meant to help support the NYSPHSAA 5 Year Strategic Plan of increasing the amount of member schools utilizing athletic training services on a full-time or part-time basis.

Data: The Kory Stringer Institute in conjunction with the National Athletic Trainers Association has contacted every High School in the country to collect data on the use of athletic trainers. Below is a breakdown of national, regional, and state data. Data was collected between 2015 and 2018. For more information please go to: <https://ksi.uconn.edu/nata-atlas/>

National: 66% of all HS have access to either full-time or part-time trainers
34% of all HS have no access to either full-time or part-time trainers

Regional: 82% of all HS have Access to either full-time or part-time trainers
(DE,NY,NJ,PA) 18% of all HS have no access to either full-time or part-time trainers

NYSPHSAA 66% of all NYSPHSAA schools have access to either full-time or part time trainers
34% of all NYSPHSAA schools have no access to either full-time or part-time trainers

Benefits of having access to athletic training services: The NYSPHSAA Safety Committee has provided a list of benefits to a school district as well as those involved in interscholastic athletics. The benefits are not limited to this list only.

- Resource to admin/parents/coaches/students
- Evaluation of injuries – Return to Play Protocol (RTP)
- Concussion evaluation and testing – monitor RTP protocol
- Training of athletes for preventive measures and rehab
- Accessibility to other health care providers
- Takes care of student athlete injury so that coach can take care of the rest of the team
- Helps support the coach with stability and emotional confidence
- Insurance costs decrease for families and districts
- Focus on student athletes returning to competition appropriately
- Development of school wide and team emergency action plans
- Communication with school nurse, parents, and coaches regarding student injuries
- Ensure students are medically cleared to participate

- Educating coaches on first aid and injury prevention
- Keeping accurate records of all athletic injuries/ injury reports
- Designing weight training and conditioning programs
- Preparation of team medical kits
- Proper fitting of athletic equipment
- Nutritional education for athletes, parents, and coaches

Obstacles to overcome by school districts: The NYSPHSAA Safety Committee recognizes the obstacles that school districts face in trying to provide athletic training services to their athletic department. The list below outlines some of those concerns but is not limited to this list.

- Financial resources available in the school budget
- Athletic training services lower on the priority list of needs for the district
- Availability of athletic training services in the region
- New athletic trainer certification process
- Coaches are trained in First Aid and CPR/AED by SED Regulations

Options to provide athletic training services in a district: The NYSPHSAA Safety Committee has listed some possible options districts can utilize to provide athletic training services in their athletic program. The options are not limited to this list.

- District can hire a full-time athletic trainer
- District could hire a part-time athletic trainer
- District could contract through the local BOCES to share an athletic trainer with another district or two and receive possible aid on the services
- District could contract through a local medical facility to provide athletic training services
- District could contract through a local physician to provide athletic training services to the athletic program
- District could hire a teacher or administrator who is also certified as an Athletic Trainer and pay them a stipend to be the AT after school
- SED or NYSPHSAA could mandate each district provide athletic training services

As you can see two thirds of our member schools provide athletic training services within their athletic program. These districts are located all over the state of New York and are both large and small schools. Please feel free to contact the NYSPHSAA office if you need further resources to provide athletic training services to your athletic programs.

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SED AGE AND DURATION OF COMPETITION – UNIFIED SPORTS

☐ Action Item
☒ Discussion/ Information Item

Presenter:

Todd Nelson, Assistant Director

Proposal:

Consideration to support revised age requirement within NYSED Regulations for Unified Sports.

Effective Start Date:

2018-2019 school year

Rationale:

With the expansion, popularity and benefits of Unified Sports many of our schools have raised a concern that students that have participated in the Unified Sports program are no longer eligible to participate due to the SED Age and Duration of Competition rule. The Unified Sports Committee formed a sub-committee to make a proposal to grant a waiver of the Age and Duration of Competition rule. Please see the particulars below.

Proposal Originated:

Unified Sports Committee

Budgetary Impact:

None.

Notes:

The recommendation would follow the following parameters to grant a waiver:

1. Identification of the student with a classification as **alternately assessed students**.
2. The data that would be collected for the review panel. APP fitness test would be given and the scores would be compared to the fitness levels in the Mixed Competition regulations.
3. Review panel. School Medical Director, Athletic Director, Special Education Director, Physical Education Teacher, and a Unified Sport Coach.
4. Approval by the Review Panel.

Attachments:

Identification requirements for students to receive the waiver.

STUDENT IDENTIFICATION FOR AGE AND DURATION OF COMPETITION WAIVER

We are seeking a medical waiver for the age / duration of competition rule for a very specific student population that participates in Unified sports through the NYSPHAA.

These students are classified with an intellectual disability---a cognitive deficit that requires them to have more time to complete their education. This population is classified as **alternately assessed students**. These students do not qualify for a regents diploma, local diploma, or GED.

Under the New York State Commissioner's Part 200 Regulations, students with these disabilities may remain in high school until age 21, as they often require more time in order to gain a meaningful exit credential (Career Development and Occupational Studies Commencement Credential (CDOS) or Skills and Achievement Commencement Credential (SACC)).

The New York State Education Department has always recognized this population of students as requiring different supports and has put into place a variety of safety nets in order for them to successfully to complete their education.

We would urge that same recognition be given in the area of those students participating in Unified sports. The age and duration of their ability to play should be in line with their overall development and the overall timeline NYSED has already allowed them to complete their education.

We are not globally seeking this waiver for all students with disabilities, but only for those students with a classification of **alternately assessed students**, that have been deemed eligible to play in Unified sports.

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FEDERATION BOYS TENNIS CHAMPIONSHIPS

 Action Item
 √ Discussion/ Information Item

Presenter:

Selina DeCicco, NYSPHSAA Boys Tennis State Coordinator

Proposal:

Consideration to revise the format of the NYSPHSAA/ NYS Federation Boys Tennis Championships.

Effective Start Date:

Spring 2019.

Rationale:

The rationale for this proposal is to offer an equitable, healthy and safe NYSPHSAA Boys Tennis Federation State Championship for all participating associations to include NYSPHSAA, PSAL, NYSAISAA, and CHSAA.

This opportunity would allow for all four association champions in both singles and doubles to commit to compete in an organized championship event that which is not scheduled concurrently with any of the named associations' championships.

It is suggested that the Boys Tennis Federation Championship be scheduled for week #49 of the scholastic calendar, as the NYSPHSAA Boys Tennis State Championship and other association championships are scheduled on or before week #48. This schedule adheres to the USTA Regulations for tournament participation of sanctioned events and would also allow all competitors appropriate rest periods between championship events.

This proposal must provide each of the four associations the opportunity to appoint an association coordinator to participate in tournament responsibilities, such as to complete a tournament draw or round robin format based on the number of participating associations to give all competitors equal contests, to structure the rules and guidelines of competition not limited to scoring, coaching, officiating, etc., keep and report results, secure a venue, athletic trainers, provide first aid/AED and awareness of emergency procedures for the benefit of all in attendance.

Proposal Originated:

This proposal originated from the 2017 NYSPHSAA Boys Tennis Committee and the 2018 Boys Tennis Committees after many concerns were raised of the current format and schedule.

Budgetary Impact:

Wednesday, July 11, 2018

The budgetary impact of this proposal would include additional travel and food expenses to those athletes and coaches traveling to the Federation Championship on the scheduled day of competition. In past Federation Championships, the budgetary impact of tennis balls, court time, awards, officials and athletic trainers are consistent per hour and would not impose additional costs than what is currently projected. The Federation Championship does not impose a lodging expense to competitors traveling great distances, as competition can be completed in one day with indoor courts available in case of inclement weather.

Notes:

The NYSPHSAA Boys Tennis Committee unanimously agreed to the rationale of this proposal on 5/30/18, as well as 5/18/18 email to Robert Zayas which indicate the concerns of the NYSPHSAA Boys Tennis Committee in regards to the Federation Championship for Boys Tennis.

Attachments:

None.

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**SOFTBALL – STANDARDIZE REGIONAL PLAY TO ONLY THURSDAY
TO MONDAY PRIOR TO STATE TOURNAMENT**

 Action Item
 √ Discussion/ Information Item

Presenter:

Cathy Allen, NYSPHSAA Softball Coordinator

Proposal:

The NYSPHSAA Softball State Committee is requesting approval for Regional play to be scheduled Thursday through Monday only, prior to the State Tournament.

Effective Start Date:

2019 season.

Rationale:

Setting a schedule of certain days for regional contests to be completed would help maintain a fair and equitable schedule. This would allow for the same play and rest periods for teams heading to Regionals and coming out of Regionals across the state and additionally keep Sections accountable in maintaining similar schedules (to other Sections). This has been a discussion for some time. The committee voted 10-1 in favor of this proposal.

Proposal Originated:

Proposal originated at the NYSPHSAA State Softball Committee meeting June 8, 2018

Budgetary Impact:

None.

Notes:

None.

Attachments:

None.

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WRESTLING - SCHEDULING OF NEW MATCHES AFTER WEEK #28

☐ Action Item
☒ Discussion/ Information Item

Presenter:

Marty Sherman, NYSPHSAA Wrestling Chairmen

Proposal:

No new matches may be scheduled after week #28 unless they are a make-up for a cancelled match.

Effective Start Date:

2018-19 Season

Rationale:

Schools were scheduling matches at the end of the year to get wrestlers weigh-ins but not actually wrestling. This does not follow the spirit of the 50% rule.

Proposal Originated:

NYSPHSAA Wrestling Committee

Budgetary Impact:

None.

Notes:

A majority of the Committee voted in favor of this proposal.

Attachments:

None.

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WRESTLING – EXTENTION OF THE APPEAL TIMELINE

☐ Action Item
☒ Discussion/ Information Item

Presenter:

Marty Sherman, NYSPHSAA Wrestling Chairmen

Proposal:

When a school is closed due to a weather emergency on the 3rd day of the appeal timeline the wrestler will be given one extra day to appeal their original weight assessment.

Effective Start Date:

2018-19 Season

Rationale:

Currently the 3-day appeal timeline is strictly enforced and does not allow any deviation for school closing due to weather emergencies.

Proposal Originated:

NYSPHSAA Wrestling Committee.

Budgetary Impact:

None.

Notes:

The Wrestling Advisory Committee is in full support of this proposal. The Safety Committee will discuss at their Fall meeting.

Attachments:

None.

**New York State Public High School Athletic Association
Central Committee Meeting – July 24-25, 2018**

**WRESTLING – POUND ALLOWANCE FOR SECTIONAL
TOURNAMENTS DUE TO SCHOOL CLOSINGS**

 Action Item
√ Discussion/ Information Item

Presenter:

Marty Sherman, NYSPHSAA Wrestling Chairmen

Proposal:

To allow a pound allowance for all wrestlers competing in a Sectional tournament when schools are closed due to a weather emergency.

Effective Start Date:

2018-19 Season.

Rationale:

We currently use this procedure throughout the entire regular season and the Wrestling Committee feels that we should continue with the procedure for Sectional tournaments.

Proposal Originated:

NYSPHSAA Wrestling Committee.

Budgetary Impact:

None.

Notes:

The Wrestling Advisory Committee fully supports this recommendation.

Attachments:

None.



NYSPHSAA NYS HEALTH CARE PROVIDER RELEASE WRESTLER TO PARTICIPATE WITH SKIN LESION(S)

The National Federation of State High School State Associations' (NFHS) Sports Medicine Advisory Committee has developed a physician release form for wrestlers to participate with skin lesion(s) as a suggested model you may consider adopting for your state. The NFHS Sports Medicine Advisory Committee (SMAC) conducted a survey among specialty, academic, public health and primary care physicians and reviewed extensively the literature available on the communicability of various skin lesions at different stages of disease and treatment. No definitive data exists that allow us to absolutely predict when a lesion is no longer shedding organisms that could be transmitted to another. Another finding from the survey was the significant differences that exist among physicians relating to when they will permit a wrestler to return to participation after having a skin infection.

Neither the NFHS nor the NFHS SMAC presumes to dictate to professionals how to practice medicine. Nor is the information on this form meant to establish a standard of care. The NFHS SMAC does feel, however, that the guidelines included on the form represent a summary consensus of the various responses obtained from the survey, from conversations and from the literature. The committee also believes that the components of the form are very relevant to addressing the concerns of coaches, parents, wrestlers and physicians that lead to the research into this subject and to the development of this form.

GOALS FOR ESTABLISHING A WIDELY USED FORM:

1. Protect wrestlers from exposure to communicable skin disorders. Although most of the skin lesions being discussed generally have no major long term consequences and are not life threatening, some do have morbidity associated with them and student-athletes should be protected from contracting skin disorders from other wrestlers or contaminated equipment such as mats.
2. Allow wrestlers to participate as soon as it is reasonably safe for them and for their opponents and/or teammates using the same mat.
3. Establish guidelines to help minimize major differences in management among physicians, physician's assistants, and nurse practitioners who are signing "return to competition forms". Consistent use of these guidelines should reduce the likelihood wrestlers catching a skin disease from participation and suffering from inequalities as to who can or cannot participate.
4. Provide a basis to support physician, physician assistant, or nurse practitioner decisions on when a wrestler can or cannot participate. This should help the physician, physician assistant, or nurse practitioner who may face incredible pressure from many fronts to return a youngster to competition ASAP. This can involve a student athlete who never wins a match or the next state champion with a scholarship pending.

IMPORTANT COMPONENTS FOR AN EFFECTIVE FORM:

1. Each state association needs to determine which appropriate health-care professional can sign off on this form. **For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant, or nurse practitioner.**
2. Inclusion of the applicable NFHS wrestling rule so physicians, physician assistants, and nurse practitioners will understand that covering a contagious lesion is not an option that is allowed by rule. Covering a non-contagious lesion after adequate therapy to prevent injury to lesion is acceptable.
3. Inclusion of a "bodygram" with front and back views should clearly identify the lesion in question. Using non-black ink to designate skin lesions should result in less confusion or conflict. Also including the number of lesions protects against spread after physician, physician assistant, or nurse practitioner visit.
4. Inclusion of guidelines for minimum treatment before returning the wrestler to action as discussed above. This should enhance the likelihood that all wrestlers are managed safely and fairly.
5. Inclusion of all of the components discussed has the potential to remove the referee from making a medical decision. If a lesion is questioned, the referee's role could appropriately be only to see if the coach can provide a fully completed medical release form allowing the wrestler to wrestle.

WRESTLING COMMUNICABLE SKIN DISEASE FORM- For use during 2018-2019 Season

NYS HEALTH CARE PROVIDER RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION



Any student diagnosed with a contagious skin infection must report to the school health office prior to resuming participation. A copy of this form must be provided to the school nurse/medical director upon return to school and filed in the student's cumulative health record.

Name: _____

School: _____

Date of Exam: ____ / ____ / ____

Mark Location AND Number of Lesion(s)

Please use Blue Ink

Diagnosis _____

Location AND Number of Lesion(s) _____

Medication(s) used to treat lesion(s): _____

Date Treatment Started: ____ / ____ / ____ Time: _____

Note: By signing below, the NYS Health Care Provider is stating that the diagnosed lesion(s) is either:

Please make sure one of the two lines below is checked.

____ NOT contagious and may return to full participation.

____ NO LONGER contagious and may return to full participation.

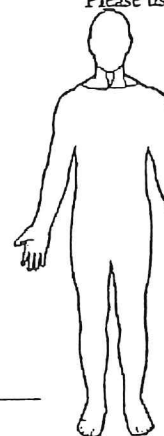
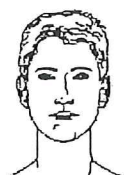
NYS Health Care Provider Signature _____ Date: _____

NYS Health Care Provider Name (Printed or Typed) _____

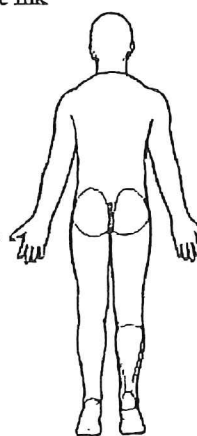
Office Address _____

Office Phone Number: _____

For NYS PHSAA member schools an appropriate health care provider is defined as a NYS licensed physician, physician assistant, or nurse practitioner.



Front



Back

Note to Physician, Physician Assistant, Nurse Practitioner: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

"ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from an appropriate health-care professional stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated, on-site meet appropriate health-care professional is present and is able to examine the wrestler either immediately prior to or immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."

"ART. 4 . . . If a designated on-site meet appropriate health-care professional is present, he/she may overrule the diagnosis of the appropriate health-care professional signing the medical release form for a wrestler to participate or not participate with a particular skin condition."

"ART. 5 . . . A contestant may have documentation from an appropriate health-care professional only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."

Once a lesion is non-contagious, it may be covered to allow participation.

Below are some treatment guidelines that suggest MINIMUM TREATMENT before return to wrestling:

Bacterial Diseases (impetigo, boils): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for 72 hours is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 72 hours. For a first episode of Herpes Gladiatorum, wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment before return to wrestling should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

Tinea Lesions (ringworm on scalp or skin): Oral or topical treatment for 72 hours on skin and oral treatment 14 days on scalp.

Scabies, Head Lice: 24 hours after appropriate topical management.

Bacterial Conjunctivitis (Pink Eye): 24 hours of topical or oral medication and no discharge

Molluscum Contagiosum: Upon treatment with curettage and hyfrecator, may cover with bioclusive and wrestle immediately.



**New York State Public High School Athletic Association
Central Committee Meeting – July 24-25, 2018**

**GYMNASTICS – ADOPT THE 6th EDITION OF THE NYSPHSAA
GYMNASTICS TECHNICAL HANDBOOK**

☐ Action Item
☒ Discussion/ Information Item

Presenter:

Marbry Gansle, NYSPHSAA Girls Gymnastics Coordinator

Proposal:

The NYSPHSAA Gymnastics Committee is seeking approval to adopt the 6th edition of the NYSPHSAA Gymnastics Technical Handbook.

Effective Start Date:

2018-19 season

Rationale:

The Technical Handbook has not been approved in several years and it was necessary for the committee to revise the document this summer, then request approval. The revisions are reflected in the 6th edition of the handbook and is the official technical rulebook member gymnastics schools should follow.

Proposal Originated:

NYSPHSAA Gymnastics Committee March 2018

Budgetary Impact:

None.

Notes:

Both the NYSPHSAA Girls Gymnastics Committee unanimously supports this document

Attachments:

None.



**New York State Public High School Athletic Association
Central Committee Meeting – July 24-25, 2018**

GAME DAY CHEERLEADING

☒ Action Item
☐ Discussion/ Information Item

Presenter:

Jennifer Simmons, Cheer Committee Coordinator

Proposal:

Game Day Recognition

Effective Start Date:

Fall 2018

Rationale:

Consider approval to recognize GameDay Cheer in an effort to provide an opportunity for member programs to explore a different style of Cheerleading, increase participation and promote community and school spirit.

Proposal Originated:

NYSPHSAA Cheer Committee.

Budgetary Impact:

None at this point, may require additional trainings in the future.

Notes:

The Cheer Committee and the Executive Directors fully support this proposal and Plan

Attachments:

See Proposal Packet for previous proposal.

**New York State Public High School Athletic Association
Executive Committee Meeting – October 16, 2018**

GIRLS WRESTLING- REPRESENTATION RULE

 Action Item
 ✓ Discussion/ Information Item

Presenter:
Section IX

Proposal:
Consider approval of the following language *addition* to the NYSPHSAA representation rule:

NOTE: Teams organized for one gender may only practice and compete against teams of that same gender. Furthermore, once an individual competes on a team for one gender during the regular season, he/she may not compete for or against a team organized for the other gender during that regular season.

NOTE: for individual, individual/ team sports, when a school district does not have a team designated for each singular gender, the Section Executive Director may grant a waiver of the Representation Standard for Sectional Competition when a student has met the qualification for participation in the current school year's NYSPHSAA Championship event. The waiver request must be submitted to the Section Executive Director before the start of Sectional Competition. The athlete must meet all eligibility standards, to receive the waiver.

NOTE: for the sport of girls wrestling, a girl may wrestle during the regular season as a member of the boys team via mixed competition and also compete in tournaments organized specifically for girls, as long as she does not exceed the maximum number of points (20) during the regular season.

Effective Start Date:
Winter 2019-2020 season.

Rationale:
This proposal would permit a female wrestler to wrestle as a member of the boys team via mixed competition, while also permitting the female wrestler to wrestle only against girls. The goal would be to increase participation in girls wrestling and eventually remove this "NOTE" from the representation rule.

Proposal Originated:
Section IX Athletic Council.

Budgetary Impact:
Optional impact upon a schools who choose to send girls to wrestling tournament specifically for girls.

Notes:
Section IX will begin recognizing girls wrestling during the 2019-2020 season.

Handbook Committee needs to provide input at the September 21st Handbook Committee meeting.

Wrestling Committee needs to provide input at the September 24th Wrestling Committee meeting.

New York State Public High School Athletic Association, Inc.



August 9, 2018

Mr. Walentuk,

The NYSPHSAA Oversight Committee met on July 16, 2018 and August 9, 2018 to review Section VII's request to examine the classification placement of Mount Academy (Section IX) boys soccer team in Class D for the 2018 season.

The Oversight Committee reviewed the procedures and rationale provided by Section IX for the placement of Mount Academy.

The Oversight Committee can:

Accept the Section's placement of the non-public/ charter school or
remand the placement back to the Section for rationale and further review.

The Oversight Committee unanimously accepted the placement of Mount Academy boys soccer team into Class D for the 2018 season.

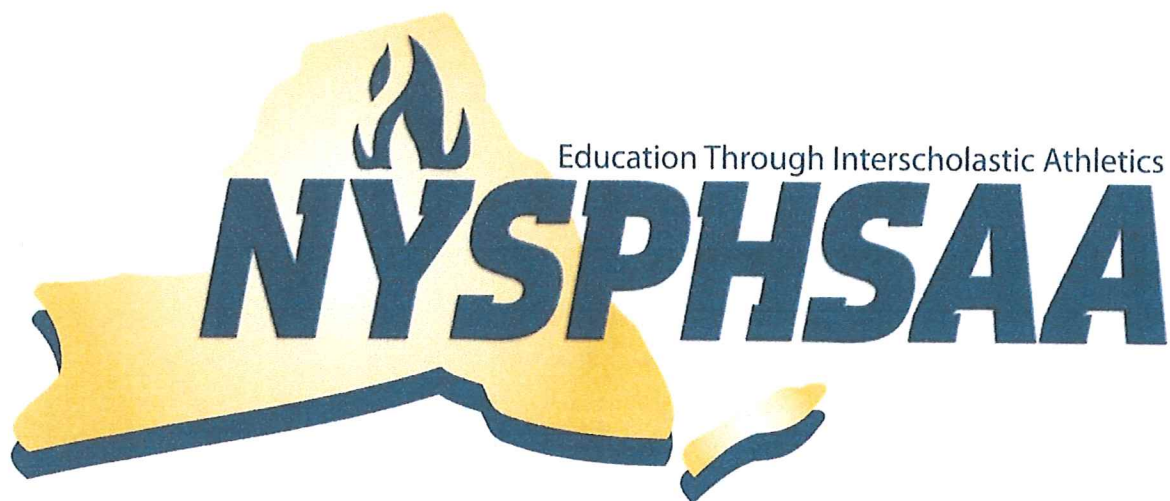
If you have any questions or concerns related to this correspondence, please let me know.

Thank you.

Sincerely,



Dr. Robert Zayas
NYSPHSAA Executive Director



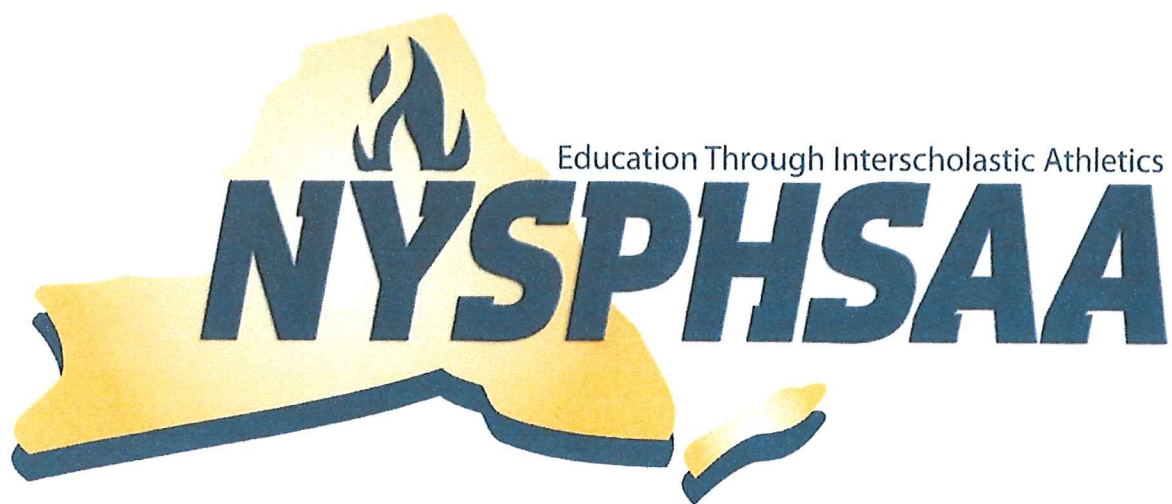
NYSPHSAA
Cheerleading Committee
PROPOSAL
1 and #2
June 2018



Committee Members

Section 1	Alice Granger
Section 2	Patty Palmer
Section 3	Tanya VanOrnum
Section 4	Andrea Guccia
Section 5	Joanne Small
Section 6	Marisa Fallacaro
Section 7	Vicki Nephew
Section 8	Jen Keane
Section 9	Cherilee Walker
Section 10	Karen Johnson
Section 11	Scott Reh

Sub-Committee: Alice Granger, Andrea, Joanne Small, Jen Keane, Casey Goll (Rules Interpreter)

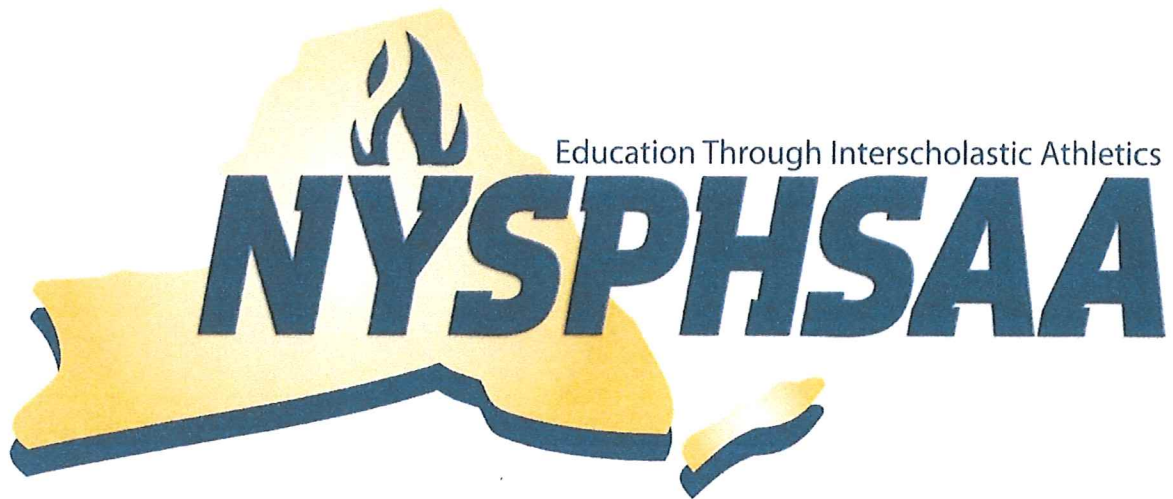


Philosophy

The Committee believes in offering a fair and equitable State Competition experience that maximizes the strengths of all student-athletes and programs regardless of the style they use.

The Committee also believes in the importance of trainings for Coaches and Judges using whatever resources are available to NYSPHSAA to better equip both entities.

The Committee believes that maintaining these guidelines for a minimum of a period of two years to be able to assess and evaluate the progress of this new Sport. * subject to NFHS Rules



Score Sheets

Proposal #1

Team Name

Judge #

Division

Judge Initials

CHEER PORTION – 25 Points

Points

Score

Presentation of Material

Encompasses energy, facial expressions (natural), Volume, pace, and clarity of words, Use of formations for crowd coverage, Correlation of words to school's name, mascot, colors.

5

Motions

Use of motions to either: Lead the crowd response (including props) and/or create visual interest. Execution of motions including sharpness, placement, synchronization.

5

Skills

Effective use of skills to: Enhance the cheer/response and/or Create visual interest that correlates to the words.

5

Execution

How well the skills of the cheer are performed. Skills used are technically correct and strong, synchronization, spacing and overall skill level shown with stunts, motions, jumps, etc

10

MUSIC PORTION – 70 Points

Points

Score

Partner Stunts - 20 Points

Execution

10

Difficulty

10

Pyramids - 20 Points

Execution

10

Difficulty

10

Jumps - 10 Points

Execution

5

Difficulty

5

Standing/Running Tumbling - 10 Points

Execution

5

Difficulty

5

Dance

10

Total

Possible

Score

95

Full Routine – 5 Points

Points

Score

Overall Effect

Flow, transitions, entertainment, performance of skills, energy throughout the entire routine

5



Judging Tools

This includes an online scoring system for the NYSPHSAA finals

NYSPHSAA CHAMPIONSHIP
CHEER SCORE SHEET
JUDGES 1/2



Team Name	Judge 1 Initials
Division	Judge 2 Initials

CHEER PORTION – 25 Points	Points	Score
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Presentation of Material

Encompasses energy, facial expressions (natural), Volume, pace, and clarity of words, Use of formations for crowd coverage, Correlation of words to school's name, mascot, colors.	5	
--	----------	--

Motions

Use of motions to either: Lead the crowd response (including props) and/or create visual interest. Execution of motions including sharpness, placement, synchronization.	5	
--	----------	--

Skills

Effective use of skills to: Enhance the cheer/response and/or Create visual interest that correlates to the words.	5	
--	----------	--

Execution

How well the skills of the cheer are performed. Skills used are technically correct and strong, synchronization, spacing and overall skill level shown with stunts, motions, jumps, etc	10	
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MUSIC PORTION – 20 Points	Points	Score
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Standing/Running Tumbling - 10 Points

Execution	5	
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Difficulty	5	
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Dance	10	
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Total	Possible	Score
	45	

Full Routine – 5 Points (Averaged)	Points	Score
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Overall Effect

Flow, transitions, entertainment, performance of skills, energy throughout the entire routine

Judge 1	5	
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Judge 2	5	
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NYSPHSAA CHAMPIONSHIP
 CHEER SCORE SHEET
 JUDGES 3/4



Team Name	Judge 3 Initials
Division	Judge 4 Initials

MUSIC PORTION - 50 Points	Points	Score
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Partner Stunts - 20 Points

Execution	10	
Difficulty	10	

Pyramids - 20 Points

Execution	10	
Difficulty	10	

Jumps - 10 Points

Execution	5	
Difficulty	5	

Total	Possible	Score
	50	

Full Routine – 5 Points (Averaged)	Points	Score
------------------------------------	--------	-------

Overall Effect

Flow, transitions, entertainment, performance of skills, energy throughout the entire routine

Judge 3	5	
Judge 4	5	

NYSPHSAA CHAMPIONSHIP
 CHEER SCORE SHEET
 OVERALL COVER SHEET



Team Name _____

Division _____

Judge Totals	Points	Score
Judges 1/2	45	
Judges 3/4	50	
Subtotal Total	Possible	Score
	95	

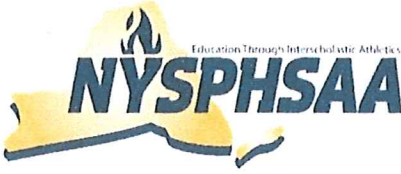
Overall Effect – 5 Points (Averaged)	Points
Judge 1	
Judge 2	
Judge 3	
Judge 4	
Sub-Total	
Final Overall Effect (Subtotal divided by 4)	

Grand Total	Points	Score
Judges Subtotal	95	
Final Overall Effect	5	
Grand Total	Possible	Score
	100	



Trainings

- Trainings for all coaches and Judges will be in the month of September
- There will be Videos that all coaches and Judges will be required to watch prior to coming to the trainings-Some from Varsity and some of our own
- There will be five dates for the Sections to use for their trainings and have been assigned as follows:
Sections 5/6 –Sept 15th...Sections 3/4/10-September 16th
Sections 1/9-September 22nd...Sections 8/11 Sept. 23rd
Sections 2/7-September 29th (arranged by Section Cheer Coor.)
Any issues, contact State Coordinator
- The trainings will be done by members of the staff of “Varsity”- they will cover educational work on progressions in stunts, pyramids, tumbling and jumps. The State Rules interpreter for Cheerleading will join the trainings and cover rules and safety
- ½ of the day will be trainings for Coaches and the other ½ will be for the judges to learn the scoring and progressions as well
- Additional trainings later in the year may be provided prior to the winter season
- The committee recommends trainings in both years of this two year proposal



NYSPHSAA State Competition

- Each Section will be allowed to send up to two representatives for each division (local Section decision)
- Each of the five divisions will complete a 2 1/2 minute routine.
- The routine will consist of two portions-a cheer portion and a music portion. A minimum of 30 seconds of cheer with no music will remain from last year, with the remainder of the time being devoted to the music portion
- After the first round of scoring, the top 5 teams advance in each division- same as it has been
- The judges panels will remain as they were in the first round, not switching- this is a change from previous years- the committee feels this will aid in consistency throughout
- Judges for the NYSPHSAA will be selected from each of the 11 Sections
- Judges will be allowed to submit applications to their Sections of interest in the NYSPHSAA Championship selecting an area(s) of expertise. "Cheer/Tumbling, Building/Jumps, or Safety..." ...in order to place the best judges in the appropriate positions. Sections will submit a list of judges to the NYSPHSAA Committee. The final selection of judges and positions will be up to the NYSPHSAA Cheer Committee.
- NYSPHSAA will hire Varsity "overseers" for the next two years to monitor the progress of the competition.
- An online scoring system will be used at the NYSPHSAA competition
<https://docs.google.com/spreadsheets/d/1F7DNXLW8uRzWe42PFfYKmypRVcCspE7DmtQdSY7KLY0/edit?usp=sharing>



Game-Day-Separate Proposal #2

- Game –day will be a pilot with NYSPHSAA recognizing it starting with the 2018-fall school year.
- The Competitions/exhibitions will be held in the Fall Season or Winter season
- The program will use the Varsity Brand UCA format as outlined
- The Committee proposes using trained Game Day judges for these events in year 1-inviting additional NYSPHSAA Judges association as observers (as they will not have been trained in this, this year).
- The Committee suggests that any Section wanting to host a Game Day event, will set the dates and contact their Section Representative for judges.
- Further Training of the judges of NYSPHSAA for Game-Day will be through observing the first year at events as well as training in the Summer of 2019, or when available
- The Game-Day format will follow the guidelines as set forth by Varsity Game-Day Competitions
- Fight Song music is available through varsity to use if needed



Miscellaneous

- Communication is important through the process. Therefore we are stressing that all questions from your coaches regarding the process go the Sectional Representatives. The Representatives may reach out to the appropriate person regarding the topic of the questions-Questions regarding Rules/Safety: The State Rules Interpreter for Cheerleading Rules , Casey Goll. Questions regarding scoring or progressions, contact the NYSPHSAA Coordinator who will find the answer for you. Coaches should not be addressing a judge on how they scored something. These questions should go from coaches, to the Section Representative/and or AD and we will confer with the Section Judges Association/or other resources if needed to clarify.
- Any Judges questions should be referred to the Section's rules interpreter who then can use the Rules Interpreter or The State Coordinator to get clarification.
- The use of "Varsity" is for their expertise in the Sport of Cheerleading and as a resource for NYSPHSAA to be able to move the Sport of Cheerleading in a positive direction for all student-athletes in NYS.

STUNT PROGRESSIONS

	Release	Inversion	Twisting	Other	Baskets	
0.0-2.0	BASIC	<ul style="list-style-type: none">Below level release to below level stunt	<ul style="list-style-type: none">Inversion from ground to below shoulder/prep-ex. Back bend to thigh stand	<ul style="list-style-type: none">¼ to ½ up to prep level stunt	<ul style="list-style-type: none">Straddle sit at prep levelFlat back stuntTwo leg prep level stunt	<ul style="list-style-type: none">N/A
2.1-4.0	INTERMEDIATE	<ul style="list-style-type: none">Switch up, Tic Tock, ball up to prep level stuntPrep level Tic Tock level variationsSwitch up to extended one leg stunts	<ul style="list-style-type: none">Inverted stunts below prep levelBelow prep level inversions out of stunts (yo-yo, back walk-over)Suspended Rolls	<ul style="list-style-type: none">Cross leg full up variationsFull up to prep level and below variationsTwisting transitions to side/prone/cradle	<ul style="list-style-type: none">Cradle caught from extensionTransition from below prep to Prep 1 leg body positionFull twisting dismount from 2 leg stuntsSingle leg extended variationsSingle base extension	<ul style="list-style-type: none">Straight Ride
4.1-6.0	ADVANCED	<ul style="list-style-type: none">Quick toss to extended two leg stuntRelease moves caught at prep level or belowQuick toss to single leg extended	<ul style="list-style-type: none">Inversion transitions to prep level and belowRelease inversions to below prep levelPrep level inverted stuntTwisting suspended rollsWaterfall style dismounts	<ul style="list-style-type: none">Full up variations to extended target/libertyTwisting rewind	<ul style="list-style-type: none">Full twisting dismount from single leg stuntsExtended single base libertyPrep level full twisting transition to prep level single body positionBall up, Straddle up, and/or release to Prep level body position	<ul style="list-style-type: none">Non-twisting "bent leg" toss skillsSingle skill basket toss
6.1-8.0	ELITE	<ul style="list-style-type: none">½ switch up to extended 1 legRelease moves landing extended (low to high, ball up from prep, ect)½ around release moves to extendedLow to High Tic Tock variations (body position to body position)	<ul style="list-style-type: none">Released inversions to prep levelInversions transitions to extended stunts	<ul style="list-style-type: none">Full twisting Tic Tock to prep 1 leg stuntFull twisting Ball Up, Straddle Up and/or switch up to prep level body position-prep to prepFull UP body position1 ½ up to extended Lib	<ul style="list-style-type: none">Kick full twisting dismountExtended single base body position	<ul style="list-style-type: none">Multiple skill toss
8.1-10	SUPER ELITE	<ul style="list-style-type: none">Full up switch up variationsFull up release moves to extended stuntsFull up quick toss to extended stunts	<ul style="list-style-type: none">½ up or full up inversions to extended stunts	<ul style="list-style-type: none">Hands full around to extended target/liberty1 ½ up to extended body positionsHigh to high full around variationsHands full around to extended body positionsDouble up to extended stunts	<ul style="list-style-type: none">½ up to extended single baseSwitch up to extended 1 leg single baseExtended single base variations that include twisting/releases (low to high tic tock, full up, ½ switch up)	<ul style="list-style-type: none">Multiple skills with a twist

PYRAMID PROGRESSIONS

	Non-released	Released Transition	Braced Roll/Flip
0.0-2.0	<ul style="list-style-type: none"> • Extensions on two feet or single leg variations at prep level • Preps or single leg variations below prep level 	<ul style="list-style-type: none"> • From load to prep with braces below prep level • Released transitions at prep or below with 2 bracers 	<ul style="list-style-type: none"> • N/A
2.1-4.0	<ul style="list-style-type: none"> • Braced non-released transitions • Inverted stunts to prep level and below • Intermediate full up variations 	<ul style="list-style-type: none"> • Released transitions to prep or below with 1 bracer • Switch up landing extended-braced • Released transition to any level with 2 bracers 	<ul style="list-style-type: none"> • Flipping transitions landing below prep level • Rolling transition to prep and below
4.1-6.0	<ul style="list-style-type: none"> • Inverted stunts to extended-2 bracers • Advanced full up variations 	<ul style="list-style-type: none"> • Released transition landing extended with 1 bracer • Braced inverted stunts released to prep level and below 	<ul style="list-style-type: none"> • Flipping transition landing at prep level • ½ twisting flip transition landing below prep level • Rolling transition to extended position-2 bracers
6.1-8.0	<ul style="list-style-type: none"> • Inverted stunts involving spinning to extended-2 bracers • Inverted stunts to extended-1 bracer • Elite full up variations • Single base advanced full up variations 	<ul style="list-style-type: none"> • Released transition involving spinning or inversion that land extended with 2 bracers • releases landing extended 	<ul style="list-style-type: none"> • Flipping transitions landing extended • ½ twisting flipping transition landing at prep level • Rolling transition to extended position-1 bracer
8.1-10	<ul style="list-style-type: none"> • Inverted stunts involving spinning to extended -1 bracer • Super Elite full up variations • Single base elite/super elite full up variations 	<ul style="list-style-type: none"> • Released transition to extended involving spinning/inversions with 1 bracer • Unbraced spinning release landing extended 	<ul style="list-style-type: none"> • Flipping transition starting at prep or above, landing extended • ½ twist flipping transition landing extended • Flipping transition landing extended with minimal bases

TUMBLING AND JUMPS

		TUMBLING
0.0-1.5	BASIC	<ul style="list-style-type: none"> • Forward/Backward Roll • Back Extension Roll • Cartwheel • Walkover
1.6-3.0	INTERMEDIATE	<ul style="list-style-type: none"> • Aerials • Standing Back Handspring • Front Handspring • Back Walkover, BHS • Round-Off BHS • Multiple Handsprings
3.1-5.0	ADVANCED	<ul style="list-style-type: none"> • Standing BHS Back Tuck • Round-Off Back Tuck • Round-Off BHS Back Tuck • Punch Front • Standing BHS Series Back Tuck • Standing Back Tuck • RO/BHS Layout • Standing Full • RO Full
		JUMPS
0-1.5	BASIC	<ul style="list-style-type: none"> • Single
1.6-3.0	INTERMEDIATE	<ul style="list-style-type: none"> • Double
3.1-5.0	ADVANCED	<ul style="list-style-type: none"> • Triple