



# Section IX Athletics

Gregory Ransom, Executive Director

**Section IX Athletic Council Meeting**  
**Tuesday, November 15, 2016**  
**John Coleman High School @ 9:30 am**

1. Call to Order: Greg Ransom
2. Pledge of Allegiance: Greg Ransom
3. Review of Meeting Materials – Jim Osborne
4. Approval of October 18, 2016 Minutes
5. BSN Sports- Rich Koegel & Bert Meyers
6. Financial Report: Jim Osborne
7. Section IX NYSPHSAA Representatives – Roberta Greene and Jim Wolfe
8. NYSPHSAA Office Report
9. Combining of Teams – Antonia Woody, Tim Bult
10. Fall Chair Reports:
  - a. Cross Country James Glover & Joe Cahill
  - b. Football David Coates & Glen Maisch
  - c. Boys Soccer Pete Ferguson & Tony Martelli
  - d. Girls Soccer Diane Wanser
  - e. Field Hockey Debra Beam
  - f. Girls Tennis Selina DeCicco
  - g. Volleyball Antonia Woody
  - h. Swimming Pat Ryan
11. Winter Chair Report:
  - a. Boys Basketball Fred Ahart
  - b. Girls Basketball Steve Boucher
  - c. Ice Hockey Frank Allessandrino
  - d. Alpine Skiing Janet Carey
  - e. Nordic Skiing Nick Mancuso
  - f. Boys Swimming Scott Warner
  - g. Indoor Track Mike White
  - h. Wrestling Jeff Cuilty
  - i. Bowling Theresa Eckert & Erena O'Brien
  - j. Cheerleading Cherie Walker
  - k. Gymnastics Nicole Plucino
12. Chair Reports:
  - a. Girls & Boys Modified Sports Jeremy Weber & Michelle Henn
  - b. Safety Janet Carey
  - c. Chemical Health Marco Lanzoni
  - d. Eligibility Fred Ahart
  - e. Officials Coordinator Dennis Burkett
  - f. Sportsmanship Adam Kless
  - g. Unified Sports Rich Silverstein
13. New Business
14. Old Business
15. Adjournment of Section IX Meeting

Next Meeting Date:

Thursday January 5, 2017 @ Orange-Ulster BOCES @ 9:30 am

Section IX Athletics | Post Office Box 656 | Goshen, NY 10924 | Phone: (570) 618-2200 | Fax: (845) 291-7306  
Web site: <http://www.sectionixathletics.org>



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## Section IX Athletics 2017-2018 Proposed Budget

### EXPENDITURES:

#### SALARIES:

Section IX Executive Director	\$ 37,132.00
Section IX Officials Negotiator / MHAL Coordinator	\$ 51,940.00
Section IX Treasurer/Secretary	\$ 31,165.00
Section IX Eligibility Chairperson	\$ 5,411.00
Social Security/Comp/Unemployment	\$ 10,000.00
<b>Total</b>	<b>\$ 135,648.00</b>

Office Equipment & Supplies	\$ 14,048.00
Catering	\$ 3,000.00
Travel/Conference	\$ 7,000.00
Membership	\$ 2,000.00
Audit	\$ 6,000.00
Awards	\$ 15,000.00
Paychex Services	\$ 2,000.00
Legal Fees	\$ 6,000.00
<b>Total</b>	<b>\$ 55,048.00</b>

Boy's Sport Programs	\$ 116,000.00
Girl's Sport Programs	\$ 93,500.00

**Expenditure Total** \$ 400,196.00

SPORT	BOYS	GIRLS
Baseball	\$ 7,000.00	
Basketball	\$ 16,000.00	\$ 16,000.00
Cheerleading		\$2,500.00
Cross Country	\$ 3,000.00	\$ 3,000.00
Field Hockey		\$ 3,000.00
Football	\$ 22,000.00	
Golf	\$ 3,000.00	\$ 3,000.00
Gymnastics		\$ 3,000.00
Ice Hockey	\$ 3,000.00	
Lacrosse	\$ 3,000.00	\$ 3,000.00
Modified Sports	\$ 500.00	\$ 500.00
Softball		\$ 7,000.00
Skiing Alpine	\$ 2,500.00	\$ 2,500.00
Skiing Nordic	\$ 2,000.00	\$ 2,000.00
Soccer	\$ 7,500.00	\$ 7,500.00
Swimming	\$ 6,000.00	\$ 6,000.00
Tennis	\$ 3,000.00	\$ 3,000.00
Track & Field	\$ 13,000.00	\$ 13,000.00
Winter Track	\$ 10,500.00	\$ 10,500.00
Wrestling	\$ 14,000.00	
Volleyball		\$ 8,000.00

**Total** \$ 116,000.00 \$ 93,500.00

### INCOME:

Section IX Dues \$225.(per varsity team) x 837 teams	\$ 188,325.00
Section IX Gate Revenue & Time Warner Contract & Sponsors	\$ 184,691.00
Section IX Insurance per school fee \$454. x 45 schools	\$ 20,430.00
NYSAAA-NIAAA Dues per school \$150. x 45 schools	\$ 6,750.00
<b>Total Income</b>	<b>\$ 400,196.00</b>

Section IX	2013-2014		2014-2015		2015-2016	
Dues Charge per varsity team	\$315.00	-1.3%	\$250.00	-20%	\$225.00	-10%
Insurance Charge per District	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%
NYSAAA-NIAA Dues Charge per District	\$150.00	0.0%	\$150.00	0.0%	\$150.00	0.0%

Section IX	2016-2017		2017-2018	
Dues Charge per varsity team	\$225.00	0.0%	225.00	0.0%
Insurance Charge per District	\$454.00	0.0%	454.00	0.0%
NYSAAA-NIAA Dues Charge per District	\$150.00	0.0%	150.00	0.0%



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## **NYSPHSAA Fall Meeting**

**October 19, 2016**

### **Highlights**

#### **Robert Zayas - Executive Director, NYSPHSAA**

The following Committees met; Combining of Teams, Championship Philosophy & Membership with proposals moving forward with further discussions needing to take place.

#### **Joe Altieri – Assistant Director, NYSPHSAA**

Hall of Fame applications due January 27, 2017

NYSPHSAA Championships Fall of 2016 through Spring of 2020 (attached)

#### **Todd Nelson – Assistant Director, NYSPHSAA**

Please contact Todd Nelson if interested in Unified Sports

NHFS LEARN COURSE offering, check the website for Professional Development.

Sanctioning – If you are attending an event outside New York you must complete a “Notice of Entry” form.

#### **Kristen Jadin – Special Programs Coordinator, NYSPHSAA**

Captains Club- contact Kristen for more information SADC & SAAC reports given.

#### **Darryl Daily – SED**

Report attached.

**NYSPHSAA Membership Dues-** Freeze dues for 2017-2018, by using the formula of \$ 810.00 per school and .86 per student above 300, based upon the 2014-2015 school enrollment numbers.

#### **Handbook Committee**

Revise the handbook from “Each section must hold at least one Chemical Health Workshop during the school year emphasizing educational and preventative strategies and attended by representation from each school in their section” to read “Each section is recommended to hold at least one Chemical Health Workshop during the school year emphasizing educational and preventative strategies and attended by representation from each school in their section”.

#### **Modified Committee**

Back to the Sections

- A. Increase the number of Baseball/ Softball games permitted per week (attached).
- B. Extended playing time in Modified Boys and Girls Volleyball (attached).
- C. 3 point shot Approved with Section / League approval.
- D. Modified sports and the number of contests – Review



### **Action Items:**

**Approved** - Cheerleading, prohibiting the use of props as bases.

**Approved** – The request of a minimum of 4 panel judges and 1 safety judge in Cheerleading Competitions.

**Approved** – NYSPHSAA Cheerleading Rubrics.

**No Action Taken** – Cheerleading Video Replay – safety deduction.

**Approved**- Wrestling establishing a 2 Division Dual Meet Championship with amendments to the Representation Rule and the Consecutive days of practice.

**Approved** – Girls Golf expansion of the State Tourney to include teams.

**Approved** – Boys and Girls Bowling expansion of the State Tournament into Division I & II.

**Defeated** – Girls and Boys Swimming & Diving to allow a school to receive the Title as State Champion.

### **Items to be reviewed by the Leagues for a Section vote:**

- A. Indoor Track – Establish 2<sup>nd</sup> relay at the State Meet (attached).
- B. Drone Policy – All regular season and/or post season.
- C. Volleyball- Yellow/Red Card (attached).
- D. Membership Sub-Committee OVERSIGHT (attached).
- E. Pitch Counts – To be presented by the Baseball Chairperson.
- F. Bowling – Approved the On Center, Syracuse as the site for the 2018 NYSPHSAA Bowling Championship with a possible future review depending on the cost.
- G. Bowling – Revise the 2018 State Championship from week # 35 (March 3-4) to week # 36 (March 10-11).
- H. Heat Index/ Wind Chill Procedure- To allow schools to use the wet bulb indicator to determine the THI on site.
- I. NYSAAA requests NYSPHSAA to require and mandate that all NYS Athletic Administrators attain a minimum of NIAAA Certified Athletic Administrator (CAA) Certification within three (3) years.

Request for reduction in contests in the following sports:

Skiing from 6 to 3

Indoor Track from 6 to 3

Gymnastics from 6 to 3

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NYSPHSAA Championships Fall 2016 through Spring 2020

FALL (BID YEAR)		FALL 2016	FALL 2017	FALL 2018	FALL 2019
Girls Tennis (2016)	Date	Oct 29-31	October 28-30	October 27-29	November 2-4
	Site	Sound Shore Tennis Club			
B/G Cross Country (2018)	Date	Nov. 12	Nov. 11	Nov. 10	Nov 16
	Site	Section1 Athletic Council	Wayne Central School	Sunken Meadow State Park	Plattsburgh
Boys Volleyball (2016)	Date	Nov. 19	Nov. 18	Nov.17	Nov 23
	Site	Suffolk County CC	Suffolk County CC		
Girls Volleyball (2016)	Date	Nov. 19-20	Nov. 18-19	Nov. 17-18	Nov 23-24
	Site	Glens Falls CC	Glens Falls CC		
Boys Soccer (2016)	Date	Nov. 12-13	Nov. 11-12	Nov. 10-11	Nov 16-17
	Site	Middletown HS	Middletown HS		
Girls Soccer (2015)	Date	Nov. 12-13	Nov. 11-12	Nov. 10-11	Nov 16-17
	Site	Cortland			
Field Hockey (2016)	Date	Nov. 12-13	Nov. 11-12	Nov. 10-11	Nov 16-17
	Site	Maine-Endwell HS/Vestal HS	Maine-Endwell HS/Vestal HS		
Girls Swimming	Date	Nov. 18-19	Nov. 17-18	Nov. 16-17	Nov 22-23
	Site	Ithaca College	Ithaca College		
Football EAST (2015)	Date	Nov 18-19	Nov 17-18	Nov 16-17	Nov 22-23
	Site	Dietz Stadium			
Football WEST (2015)	Date	Nov 18-19	Nov 17-18	Nov 16-17	Nov 22-23
	Site	Cicero North Syracuse HS			
Football FINALS (2017)	Date	Nov. 25-26	Nov. 24-26	Nov. 23-25	Nov 29-Dec 1
	Site	Carrier Dome	Carrier Dome	Carrier Dome	
WINTER		WINTER 2017	WINTER 2018	WINTER 2018-2019	WINTER 2019-2020
Girls Ice Hockey	Date	February 10-11, 2017	February 12-13, 2018	February 11-12, 2019	
	Site	Section 10	Section 3	Section 6	Section 7
B/G Skiing (2017)	Date	Feb 27-28, 2017	Feb. 26-27, 2018	Feb. 25-26, 2019	Feb 24-25, 2020
	Site	Bristol Mountain (5)	Bristol Mountain (5)		
Rifle REGIONAL (2016)	Date	March 4, 2017	March 3, 2018	March 2, 2019	March 7, 2020
	Site	West Point			
Girls Gymnastics (2015)	Date	March 4, 2017	March 3, 2018	March 2, 2019	February 29, 2020
	Site	Cold Spring Harbor			
Wrestling (2017)	Date	Feb. 24-25, 2017	Feb 23-24, 2018	Feb 22-23, 2019	Feb 28-29, 2020
	Site	Times Union Center, Albany	Times Union Center, Albany		
B. Swimming & Diving (201)	Date	March 3-4, 2017	March 2-3, 2018	March 1-2, 2019	March 6-7, 2020
	Site	Nassau Aquatics Center	Nassau Aquatics Center	Nassau Aquatics Center	Nassau Aquatics Center
B/G Bowling (2015)	Date	March 4-5, 2017	March 3-4, 2018	March 2-3, 2019	March 7-8, 2020
	Site	Gates Bowl, Rochester	Section 3 in conjunction with USBC		
B/G Indoor Track (2018)	Date	March 4, 2017	March 3, 2018	March 2, 2019	March 7, 2020
	Site	Ocean Breeze Athletic Complex	Ocean Breeze Athletic Complex	Ocean Breeze Athletic Complex	
Competitive Cheer (2017)	Date	March 4, 2017	March 3, 2018	March 2, 2019	March 7, 2020
	Site	SRC Arena, OCC	SRC Arena, OCC		
Ice Hockey (2017)	Date	March 11-12, 2017	March 10-11, 2018	March 9-10, 2019	March 14-15, 2020
	Site	HARBORCENTER, Buffalo	HARBORCENTER, Buffalo		
Girls Basketball (2018)	Date	March 17-19, 2017	March 16-18, 2018	March 15-17, 2019	March 20-22, 2020
	Site	HVCC, Troy	HVCC, Troy	HVCC, Troy	
Boys Basketball (2018)	Date	March 17-19, 2017	March 16-18, 2018	March 15-17, 2019	March 20-22, 2020
	Site	Binghamton Floyd Maines Arena	Binghamton Floyd Maines Arena	Binghamton Floyd Maines Arena	
FED G. Basketball (2018)	Date	March 24-26, 2017	March 23-25, 2018	March 22-24, 2019	March 27-29, 2020
	Site	Glens Falls Civic Center	Glens Falls Civic Center	Glens Falls Civic Center	
FED B. Basketball (2018)	Date	March 24-26, 2017	March 23-25, 2018	March 22-24, 2019	March 27-29, 2020
	Site	Glens Falls Civic Center	Glens Falls Civic Center	Glens Falls Civic Center	
SPRING		SPRING 2017	SPRING 2018	SPRING 2019	SPRING 2020
Boys Tennis (2016)	Date	June 2-4, 2017	May 31-June 2, 2018	May 30-June 1, 2019	May 30-June 1, 2020
	Site	USTA Nat. Tennis Center			
Boys Golf (2016)	Date	June 3-5, 2017	June 2-4	June 1-3	June 6-8
	Site	Cornell University	Cornell University	Cornell University	
Girls Golf (2016)	Date	June 2-4, 2017	June 1-3	May 31-June 2	June 5-7
	Site	Bethpage State Park	Bethpage State Park		
B/G Outdoor Track (2019)	Date	June 9-10, 2017	June 8-9, 2018	June 7-8, 2019	June 12-13, 2020
	Site	Union Endicott HS	Cicero-North Syracuse	Middletown HS	Cicero-North Syracuse (3)
Girls Lacrosse (2015)	Date	June 9-10, 2017	June 8-9	June 7-8	June 12-13
	Site	SUNY Cortland	SUNY Cortland	SUNY Cortland	
Boys Lacrosse EAST	Date	June 7, 2017	June 6	June 5	June 10
	Site	UAlbany & Adelphi	UAlbany & Adelphi	UAlbany & Adelphi	
Boys Lacrosse WEST	Date	June 7, 2017	June 6	June 5	June 10
	Site	CNS & St. John Fisher	CNS & St. John Fisher	CNS & St. John Fisher	
Boys Lacrosse FINALS (2015)	Date	June 10, 2017	June 9	June 8	June 13
	Site	St. John Fisher	St. John Fisher	St. John Fisher	
Baseball (2016)	Date	June 9-10, 2017	June 8-9	June 7-8	June 12-13
	Site	Binghamton			
Softball (2016)	Date	June 10, 2017	June 9	June 8	June 13
	Site	Moreau Park, South Glens Falls	Moreau Park, South Glens Falls	Moreau Park, South Glens Falls	



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**1. PROFESSIONAL DEVELOPMENT OPPORTUNITIES**

- New York State Athletic Administrators Association (NYSAAA) Leadership Training Program and Certification Program- See website:  
<http://www.nysaaa.org/page.cfm?page=leadership.cfm>
- <http://www.nysaaa.org/prof-development/certification-program>
- New York State Athletic Administrators Association (NYSAAA) Annual Conference (March 15-17, 2017) in Saratoga Springs  
<http://www.nysaaa.org/conference/program-information>
- New York State Association for Health, Physical Education, Recreation and Dance (NYSAHPERD) Conference (November 16-19, 2016) in Verona, New York- See website:  
<http://www.nysahperd.org/content/professional-development/nys-ahperd-conference.cfm>
- New York State Council of Administrators Conference (November 16-19, 2016) in Verona, New York-See website:  
<https://www.nysahperd.org/content/professional-development/new-york-state-council-of-administrators.cfm>
- American Alliance for Health, Physical Education, Dance and Recreation AAHPERD-Now called "SHAPE", National Conference (March 14-18, 2017) in Boston, Mass.- See website:  
<http://www.aahperd.org/whatwedo/convention/>

**2. NEW REGISTRATION AND CONTINUING TEACHER AND LEADER (CTLE) REQUIREMENTS FOR CLASSROOM TEACHERS AND SCHOOL LEADERS HOLDING A PERMANENT OR PROFESSIONAL CERTIFICATE, AND LEVEL III TEACHING ASSISTANT CERTIFICATE HOLDERS**

- See link:

<http://www.highered.nysed.gov/tcert/news/newsitem05122015.html>

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**3. THE SIGNING of THE EVERY STUDENT SUCCEEDS ACT (ESSA)**  
**STATEMENT FROM EDUCATION COMMISSIONER MARYELLEN ELIA (December 2015)**

- *"We still have to review the new law closely, and there are a number of questions we have to find answers for, questions about evaluations, assessments, and accountability."*
- *"But it's apparent that President Obama and the Congress have struck a balance between maintaining high standards for our nation's students and providing states with the flexibility to implement their own strategies."*
- *"In New York, we will continue to challenge our students to ensure they're ready for life after high school, either on a college campus or in the workplace. The Every Student Succeeds Act will let us move forward to implement the new, higher standards and improve our schools. Our goal is to help our students build better lives through education. ESSA is another tool to help us complete that task."*
- *See: <http://www.regents.nysed.gov/meetings/2016/2016-02/meeting-board-regents>*

**4. ESSA QUICK FACTS (From SHAPE - 2016)**

- School health and physical education are identified as part of a student's "well-rounded" education. Other subjects noted in the definition of well-rounded education include science, art, civics, history and geography, among others.
- The term "well-rounded education" replaces the term "core subjects" used in previous authorizations of the Elementary and Secondary Education Act.
- Subjects included in a well-rounded education are allowed the use of funds by states and school districts for Title I (low-income schools) and Title II (professional development for teachers and principals).
- School health, physical education and physical activity programs will have access to significant funding under Title IV of ESSA. Block grants will be distributed to states under the Safe and Healthy Students program.



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- Funding previously allocated to school districts through the Carol M. White Physical Education Program (PEP) from the U.S. Department of Education will no longer exist. The funding available in the block grants through Title IV will replace the PEP grant funding.
- School districts will be able to access funding from Title I, Title II and Title IV through their state department of education. The process for accessing these funds is still being developed by Congress and the U.S. Department of Education.
- Communication will follow as the U.S. Department of Education put in place the regulations and process for implementation of the funding for ESSA. This process will take place over the next six months to a year.
- NYSED, headed by Assistant Commissioner, Ira Schwartz, created a think tank with numerous stakeholders, including the NYSAHPERD. NYSED has set goal to submit its ESSA State Plan by March 6, 2017. However, State Education Agencies may also submit their plans during a second window, on July 5, 2017.

### **5. NEW GUIDANCE HIGHLIGHTS IMPACT OPORTUNITIES TO SUPPORT HEALTHY STUDENTS (From USDOE bulletin sent on 1/15/16)**

- <http://www2.ed.gov/policy/elsec/guid/secletter/160115.html>
- Toolkit available: Healthy Students promising Futures-State and local Action Steps and practices to improve School Based Health
- See link: <http://www2.ed.gov/admins/lead/safety/healthy-students/toolkit.pdf>
- **Promote Healthy School Practices Through Nutrition, Physical Activity, and Health Education.** More physical activity and more nutritious food throughout the school day can improve a student's health and academic outcomes. <sup>[ 7 ]</sup> School learning environments should be designed to include opportunities for daily physical activity and high-quality, nutritious school food. To create these opportunities, schools can assess the effectiveness of their policies and practices using the Centers for Disease Control and Prevention's (CDC) School Health Index and School Health Guidelines to Promote Healthy Eating and Physical Activity. Schools can get access to even more technical assistance and support materials by signing up to be school champions through the *Let's Move! Active Schools* initiative. LEAs can develop strong Local Wellness Policies that are deeply integrated into individual school improvement plans. As research has shown, comprehensive health education leads to fewer students using tobacco or alcohol, and fewer delinquent behaviors. <sup>[ 8 ]</sup> Schools can use CDC's Health Education Curriculum Analysis Tool (HECAT) to determine how well their health education programs address these and other topics.

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**6. NEW PUBLICATION HIGHLIGHTS OPORTUNITIES TO INCORPORATE  
HEALTH AND WELLNESS INTO SCHOOL IMPROVEMENT PLANS**

- The National Association of Chronic Disease Directors (NACDD) has released a new resource: **A Guide to Incorporating Health and Wellness into School Improvement Plans**. School improvement plans provide a systematic opportunity to address the needs of the whole child, incorporating physical, social, emotional and/or behavioral health priorities into schools. The guide is designed to provide public health agencies and other education partners an understanding of improvement plans and their purpose and role in schools and districts. It outlines opportunities to incorporate health and wellness-related goals and aligned activities into the improvement planning process, and highlights useful examples from a state, district and schools that have done it.

**7. ATHLETIC PLACEMENT PROCESS for INTERSCHOLASTIC ATHLETIC  
PROGRAMS-APP (Formerly Selection Classification Program)**

➤ **July 2016 Update**

The Athletic Placement Process (APP) was fully implemented in the 2015-2016 school year. The New York State Education Department (NYSED) has been receiving requests from the field to review the APP document after a year of implementation. After review and input from NYSED staff, New York State Public High School Athletic Association (NYSPHSAA) staff and the medical community, some amendments have been made to the APP document. The amendments will take effect beginning July 2016, for the 2016-2017 school year.

- The amendments in the (Updated-July 2016) APP document are highlighted below:
  - Categories of sports were taken into account and recommended Tanner scores were adjusted in appendix H to reflect that. (IE: Collision sports, limited contact sports, and non-contact sports).
  - Further citations were added to the APP document for medical directors.
  - Further clarification has been made in step 4 with the APP document to help clarify the question of recommended score vs. required score with the Tanner score.

Please see updated July 2016 document:

<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/AthleticPlacementProcessJuly2016.pdf>

**8. COURSES ACCEPTED AS MEETING THE FIRST AID/CPR/AED  
REQUIREMENT LIST (Updated August 2016)**

➤ **Please see:**

[http://www.p12.nysed.gov/ciai/pe/documents/COURSES\\_ACCEPTED\\_AS\\_T](http://www.p12.nysed.gov/ciai/pe/documents/COURSES_ACCEPTED_AS_T)



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**HE\_COACHES\_FIRST\_AID\_AND\_CPR-AED\_REQUIREMENT09-07-  
2016REV.pdf**

**9. MIXED COMPETITION GUIDELINES REVISED (August 2015)**

- Please see:  
[http://www.p12.nysed.gov/ciai/pe/documents/Mixed\\_CompetitionFinalAug2015.pdf](http://www.p12.nysed.gov/ciai/pe/documents/Mixed_CompetitionFinalAug2015.pdf)

**10. COACHING COURSES**

- NFHS (NYS Specific) Coaching course pathway (NYSED, NYSPHSAA and NYSAHA collaborated) has been approved and added by NYSED as an alternative pathway. Not a replacement but, another alternative for coaches to complete the required course work.
- Note: If already in previous NYSED Coaching Course track it is suggested that coaches stay with it.
- See NFHS process below:  
<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/Coaching%20CourseNFHSSecond%20PathwayGuideline.%2007-01-DD.Finaldocx.pdf>  
  
<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/INTERNSHIP%20EVALUATION%20FINAL%20FORM%206-29-15.DD-%20NFHS1.pdf>
- Contact Associate in Physical Education, Darryl Daily if need new Coaching Course provider templates. Note-SED New templates include space for birthdate and last 4 digits of Social Security number.
- Please send in yearly evaluations to Darryl Daily at NYSED (Send to [darryl.daily@nysed.gov](mailto:darryl.daily@nysed.gov)).
- If interested in becoming a provider for traditional and/or online NYSED Coaching Courses please contact NYSED at (518) 474-5922.

**11. TRANSGENDER GUIDANCE DOCUMENT**

- Transgender and Gender-Nonconforming-Students Guidance Document BOR was approved July 20, 2015:
- <http://www.p12.nysed.gov/dignityact/>
- <http://www.nysed.gov/Press/Transgender-and-Gender-Nonconforming-Students-Guidance-Document>

**12. QUALITY PHYSICAL EDUCATION PLAN REMINDER**

- Is your district plan current? Is your plan frequently updated to ensure high-quality programs are being offered? Is your plan aligned with the current regulations and/or National and NYS Standards? Recommend updating minimum of 7 years. With ESSA coming into effect this would be



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valuable to districts to justify funding. In addition it would be useful when applying for grants.

- If you need technical assistance or have specific questions contact Darryl Daily at [darryl.daily@nysed.gov](mailto:darryl.daily@nysed.gov)
- According to Commissioner's Regulation 135.4 -Physical Education Plans must be filed both at the local level and at the Department. Plans can be sent as a hard copy or as an e-mailed attachment to the Department. E-mail format is preferred.

### **13. IMPORTANT REMINDER TO ALL PHYSICAL EDUCATION DIRECTORS/ATHLETIC DIRECTORS**

- Please make sure all of your **coaches are certified and/or are in the process of completing their certification. Re-check to make sure they have all their requirements completed and license in hand in order to coach.**

### **14. IMPORTANT HEALTH RELATED ITEMS**

#### **A) NEW YORK STATE COMBAT HEROIN AND PRESCRIPTION OPIOID ABUSE CAMPAIGN**

- A new Kitchen Table Toolkit is available as part of the campaign.
- The toolkit features two new videos which can be used by parents, teachers, and community members to help begin conversations with youth concerning the health risks and dangerous consequences of heroine and prescription painkiller abuse.
- See link:  
[http://combatheroin.ny.gov/sites/default/files/resources/DiscussionGuideTableToolkit2\\_Web.pdf](http://combatheroin.ny.gov/sites/default/files/resources/DiscussionGuideTableToolkit2_Web.pdf)
- The Kitchen Table Toolkit was developed to assist individuals (parents, spouses, siblings, teachers, coaches, counselors, probation officers, etc.) with initiating conversations about heroin and opioid abuse. Information, resources, and supports are available so no one needs to be alone in the fight to combat heroin and opioid abuse. Recognizing that addiction is not exclusive to heroin and opioids, this information may be applicable for alcohol and other drugs, also addressed in this toolkit. See page 12 for school-focused information
- A new supplemental guide Health Education Standards Modernization Supplemental Guidance Document: Instructional Resource Packet for Heroin and Opioids is now available to assist school districts to meet requirements of modernizing health education instruction by including heroin and opioid content within the alcohol, tobacco, and other drugs curricula. This guide was developed to assist teachers in addressing the functional knowledge content for Heroin and Opioids (e.g. prescription painkillers), and is aligned with the NYS Learning Standards for Health Education for students at three levels: elementary, intermediate, and commencement.

**NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE  
October 2016**

- The Learning Standards, Health Education Guidance Document and the new supplemental guide for heroin and opioids, along with additional resources can be found at the Department's School Health Education website -  
<http://www.p12.nysed.gov/sss/schoolhealth/schoolhealtheducation/>

**B) COMMISSIONER'S REGULATIONS TO REQUIRE INSTRUCTION IN CARDIOPULMONARY RESUSCITATION ("Hands Only" CPR) AND INSTRUCTION IN THE USE OF AUTOMATED EXTERNAL DEFIBRILLATORS**

- Students in senior high school shall be provided instruction in hands-only cardiopulmonary resuscitation and the use of an automated external defibrillator at least once before graduation.
- See link for memo to the field:  
<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/memo-CPR%20instruction%20in%20HS-%20Sept%202015.pdf>
- See link:  
<https://yourethecure.org/aha/advocacy/details.aspx?BlogId=2&PostId=413>

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**C) DEVELOPMENT OF RESOURCES TO EDUCATE ON NEED TO ENCOURAGE ORGAN AND TISSUE DONATION**

- Recent Legislation (Summer 2016)-SED will work collaboratively with organizations that promote organ and tissue donation to provide model exemplar lesson plans and best practice instructional resources on the importance and value of organ and tissue donation. Information will be shared when it becomes available.
- Please note-APRIL is National "DONATE LIFE" month.

**Contact Information:**

Darryl L. Daily,  
Associate in Physical Education  
New York State Education Department  
Room 860 EB  
89 Washington Avenue  
Albany, New York 12234

**Physical Education Web Site:**

[www.p12.nysed.gov/ciai/pe/](http://www.p12.nysed.gov/ciai/pe/)

\*E-mail: Note for 2016: e-mail is now: [Darryl.Daily@nysed.gov](mailto:Darryl.Daily@nysed.gov) \*New" office is EB 860

Phone: 518-474-5922

# MEETING REPORT

## Meeting: Handbook Committee

Date: September 21, 2016 @ 9:00 AM (Teleconference)

### Topics Discussed:

- Life of An Athlete requirement or recommendation
- Practice and appeals
- 7<sup>th</sup> & 8<sup>th</sup> Grade transfer students

### Attendees:

Pat Pizzareli- Chair  
Julie Bergman  
Pete Bednark  
Mike Carboine  
Darryl Daily  
Robbie Greene  
Renee James  
Todd Nelson  
Steve Broadwell- *Absent with notice*  
Robert Zayas  
  
Jim Osborne- (President)- *Guest*

### 1) Life of An Athlete:

Currently the NYSPHSAA Handbook "requires" each section to hold at least one chemical health workshop during the school year..... (see handbook excerpt below):

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#### THE NYSPHSAA, INC. CHEMICAL HEALTH MANDATE

Each section must hold at least one chemical health workshop during the school year emphasizing educational and preventative strategies, and attended by representation from each school in their section. The chemical health workshops were mandated in 1990-91.

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Consideration for revising language to read:

*"Each Section is recommended to hold at least one chemical health workshop during the school year....."*

\*\*Unanimous support for this change by the Committee.

### 2) Practice and appeals:

Students are currently permitted to "practice" while their eligibility is being appealed to the Section, State or NYSED Commissioner.

**Question:** what would happen if the student was appealing the NYSED Age of 19 regulation because the student was 20 years old? Could this be a liability to the school and/or State if this student were to injure another student in practice? Should NYSPHSAA consider permitting students athletes to "practice" if they are appealing a NYSPHSAA standard, but not to practice if they are appealing an NYSED Regulation?



New York State Public High School Athletic Association  
Executive Committee Meeting – October 19, 2016

**MAXIMUM NUMBER OF GAMES/WEEK BASEBALL AND SOFTBALL**

☐ Action Item  
☒ Discussion/ Information Item

**Presenter:**

Jim Rose, Modified Chair

**Proposal:**

“The second sentence of both Baseball Game Condition 2. Doubleheaders: b) and Softball Game Condition 3. Doubleheaders: b). “A team may not play three (3) games in two (2) consecutive days. No more than three (3) games a week may be played.” will be edited to read:

*“No more than four (4) games a week may be played.”*

**Effective Start Date:**

Spring 2017

**Rationale:**

To give schools more flexibility to reschedule games due to inclement weather during the season. Schools would still be prohibited from playing 3 days in a row.

**Proposal Originated:**

Section 3 Modified Committee.

**Budget Impact:**

None.

**Notes:**

None.

**Attachments:**

None.

New York State Public High School Athletic Association  
Executive Committee Meeting – October 19, 2016

**EXTENDED PLAYING TIME IN VOLLEYBALL**

☐ Action Item  
☒ Discussion/ Information Item

**Presenter:**

Jim Rose, Modified Chair

**Proposal:**

“With section/league approval, extended playing time in modified volleyball may consist of 6 games per match. The number of points per game shall be limited to 20 points in these matches.”

**Effective Start Date:**

Fall 2017.

**Rationale:**

NYSPHSAA currently allows some sports to have extended playing time in the form of extended 4 qt games or 5<sup>th</sup> quarters. This motion would treat volleyball in the same fashion by limiting each game to 20 pts. instead of 25.

**Proposal Originated:**

Section 9 Modified Committee.

**Budget Impact:**

None. Officials would charge the same fee as a 3 set match.

**Notes:**

None.

**Attachments:**

None.

(Draft)

## New York State Public High School Athletic Association Drone Policy

The New York State Public High School Athletic Association prohibits the use or possession of unmanned aircraft or aerial systems (UAS), also known as drones, for any purpose by any person or entity at all regular season and post season events.

This prohibition applies to the area above and upon all spectator areas, fields of play, courts, arenas, stadiums, mats, gymnasiums, pools, practice facilities, parking areas and or other property being used at a NYSPHSAA event.

For purposes of this policy, a UAS is any unmanned airborne device or aircraft. The NYSPHSAA reserves the right to refuse admission to anyone operating or attempting to operate a UAS or to request the immediate removal of any person using or attempting to use a UAS in violation of this policy.

The NYSPHSAA Executive Director has the authority to grant an exception to this policy to law enforcement, public safety agencies, NYSPHSAA media partners, or other entities or individuals. Any request for an exception to the policy must be submitted to the Executive Director at least a week prior to the event. The exception is limited to the specific event requested and requires the consent of the host venue. Any use granted under this provision must comply with the applicable FAA regulations as well as any and all requirements set forth by NYSPHSAA. News media must have the necessary FAA authorization. Any individuals granted an exception would be required to sign a document acknowledging and agreeing to the terms of use and agreeing to hold the NYSPHSAA and its member schools harmless from damage to persons or property.

The NYSPHSAA does not regulate the use of UAS at member schools during the regular season.



**New York State Public High School Athletic Association  
Executive Committee Meeting – October 19, 2016**

**VOLLEYBALL YELLOW/ RED CARD**

☐ Action Item  
☒ Discussion/ Information Item

**Presenter:**

Boys & Girls Volleyball Committee

**Proposal:**

To reverse the language in the NYSPHSAA Handbook to allow officials the ability to give a coach a yellow card before a red card which is the current rule in the NCAA Rulebook.

**Effective Start Date:**

For Fall 2017 season.

**Rationale:**

The Volleyball Committees recommended to not allow Officials the ability to hand out a yellow card before issuing a red card in 2012, which was in the NCAA rulebook. Both committees are in agreement to reverse the language and follow the rules in the NCAA rulebook. The officials are also in support of this and were not in favor of the recommendation in 2012.

**Proposal Originated:**

Boys and Girls Volleyball Committee.

**Budget Impact:**

None.

**Notes:**

None.

**Attachments:**

None.

# MEETING REPORT

## Meeting: Membership Sub-Committee (Oversight)

Date: Wednesday, August 17, 2016 (Teleconference) @ 10:00 AM

### Topics Discussed:

- Explore the possibility of creating a statewide Oversight Committee to review and examine Sections placement of non-public and charter schools.
- Explore the creation of standard criteria to use when classifying non-public & charter schools.

### Attendees:

Steve Broadwell  
Jim Osborne  
Robert Zayas  
Pat Pizzarelli  
Deb Ferry  
Patricia Ryan-Curry  
Scott Millken  
Todd Nelson

### Items Discussion/ Action Taken:

Robert Zayas reviewed the reason for the creation of the sub-committee and the NYSPHSAA Central Committee minutes from August of 2010 where the NYSPHSAA's Central Committee approved that all Sections will establish a process for the review of the classification of all non-public and Charter Schools in their Section. The review must be done every two years.

Scott Millken asked the purpose of classifying non-public school & charter schools into a higher classification? Pat Pizzarelli said that the purpose is non-public school recruit students from a larger geographic area and therefore they could have more "athletic" kids attend; in summary to equalize the competitive nature of interscholastic athletics. Scott asked if the "purpose" is to prevent a championship from being won by a non-public school?

Robert Zayas said in his evaluation, NYSPHSAA has one of the best policies in the country for classifying non-public schools and charter schools, because Sections have the ability to move schools up in classification by sport and gender.

Discussion pertained to whether NYSPHSAA should have one set of criteria for all Sections to use and an Oversight Committee to oversee the use/ implementation of the criteria. All committee members agreed that an oversight committee should be utilized.

Robert Zayas asked what standard criteria that should be used? Is there a way to have criteria that is less subjective and more objective? Scott Millken said the criteria should be "subjective" because students graduate and the teams change.

Jim Osborne mentioned that Sections may like the criteria they are currently using and may not support a change; the creation of an oversight committee to review the placement of non-public & charter schools may be accepted by the 11 Sections.

Patricia asked if the Oversight Committee doesn't approve of a Section's placement, what is the consequence? Jim said the Oversight Committee could remand the placement back to the Section for further review.

The sub-committee agreed that Sections should keep their own criteria but an Oversight Committee should be considered.

The Committee came to agreement on the following structure:

Section makes placement of non-public & charter schools

→ Oversight Committee reviews all placements and can: ←

1) Accept placement

2) Remand to back to section for further review/ consideration

→ Remand: Section reviews and:

1) revises placement

2) no change – a member school can appeal to NYSPHSAA appeal panel

The Oversight Committee structure was then discussed. Several options were discussed for the structure of the committee (regional representation, classification representation, and all 11 Sections have representation).

The committee agreed the chair of the Oversight Committee would be the NYSPHSAA Executive Director and the NYSPHSAA President would appoint five representatives from the five classifications at the beginning of the two year term of the presidency, along with a sixth member from a non-public/ charter school. For voting purposes, if the committee cannot come to a consensus (i.e. 3-3 vote) no change/ recommendation would take place (i.e. accept the placement).

The timeline was then discussed for the placement of non-public schools. The sub-committee suggested that input be provided by the Section Executive Directors.

**Next Step:**

The NYSPHSAA Membership Committee that met on July 18<sup>th</sup> will be presented with the Oversight Sub-Committee's recommendations. Proposals will be discussed at the October 19<sup>th</sup> Executive Committee meeting, with any action taking place at the January 27, 2017 Executive Committee meeting.





MAX # PITCHES			# NIGHTS REST		
VARSITY	JV/FR	MOD	VARSITY	JV/FR	MOD
105	85		4	4	
81-104	61-84	51-70	3	3	3
56-80	36-60	31-50	2	2	2
31-55	26-35	16-30	1	1	1
1-30	1-25	1-15	0	0	0

### REVISED

MAX # PITCHES			# NIGHTS REST		
VARSITY	JV/FR	MOD	VARSITY	JV/FR	MOD
96-105	76-85	61-75	3	3	3
66-95	46-75	41-60	2	2	2
36-65	31-45	21-40	1	1	1
1-35	1-30	1-20	0	0	0

VARSITY POST SEASON					
MAX # PITCHES			# NIGHTS REST		

103-125
72-102
41-71
1-40

3
2
1
0

Draft 10/24

- 1 If a pitch is thrown and a balk is called the pitch will NOT count for the purposes of this rule
- 2 A pitcher at any level who reaches the pitch count limit in the middle of an at-bat will be allowed to finish that hitter.
- 3 Schools will have the responsibility to maintain every pitching chart and have available prior to each game to show that day's opponent each pitchers' availability.
- 4 During games each team will record pitch counts on the official NYSPHSAA pitch count form not including warm-ups or pick off attempts. After each half inning the pitch counts will be confirmed, any discrepancy will be resolved based on the records of the home team pitch count chart.
- 5 At games's conclusion, the NYSPHSAA pitch count form will be signed by both head coaches or designated representative.
- 6 **PENALTY:** a.) For the first offense the head coach will be suspended for one (1) game.  
b.) For the second offense the head coach will be suspended for two (2) games and the game is declared a forfeit.

*(c) For the 3rd offense the head coach will be suspended for (1) one year and the game is declared a forfeit*



MAX # VARSITY	NIGHTS REST
105	4
81-104	3
56-80	2
31-55	1
1-30	0

MAX # JV & FR	NIGHTS REST
85	4
61-84	3
36-60	2
26-35	1
1-25	0

MAX # MOD	NIGHTS REST
51-70	3
31-50	2
16-30	1
0-15	0

SCHOOL \_\_\_\_\_

LEVEL \_\_\_\_\_

DATE \_\_\_\_\_

PITCHER NAME & #  
Total  
pitches

Cross off a number for every pitch thrown excluding warm-ups & pick off attempts.

Nights rest  
required

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

Home Team Coach Signature \_\_\_\_\_ Visiting Team Coach Signature \_\_\_\_\_ Pitch Counter Signature \_\_\_\_\_



New York State Public High School Athletic Association  
Executive Committee Meeting – October 19, 2016

**HEAT INDEX/WIND CHILL PROCEDURES**

☐ Action Item  
☒ Discussion/ Information Item

**Presenter:**

Todd Nelson, NYSPHSAA Assistant Director

**Proposal:**

To add language in the Heat Index and Wind Chill procedures to allow schools to use a Wet Bulb indicator to determine the THI on site.

**Effective Start Date:**

February 1, 2017.

**Rationale:**

Using the Wet Bulb indicator on the field that is being used for practice or the game is the Gold Standard. This allows schools to more effectively determine the actual Heat Index or Wind Chill at the site.

**Proposal Originated:**

NYSPHSAA Safety Committee.

**Budget Impact:**

Wet Bulb indicators cost about \$500 to \$600 per unit.

**Notes:**

The use of the Wet Bulb indicators is not required.

**Attachments:**

Heat Index and Wind Chill Procedures with proposed language additions.





# NYSAAA

New York State Athletic Administrators Association

## MINIMUM CERTIFICATION REQUIREMENT FOR ATHLETIC ADMINISTRATORS IN NEW YORK STATE

### Proposed Resolution:

WHEREAS, the National Interscholastic Athletic Administrators Association (NIAAA) and the New York State Athletic Administrators Association (NYSAAA) recognizes a need for requiring all athletic administrators (athletic directors) to have a minimum competency level and a knowledge base equivalent to the NIAAA standard of Certified Athletic Administrator (CAA) in order to perform the duties and responsibilities of the position of athletic administrator in New York State.

WHEREAS, attaining this certification (NIAAA Certified Athletic Administrator – CAA) should not exceed three calendar years.

WHEREAS, attaining this certification should only apply to those who are not NYS certified teachers in Physical Education and hold NYS Certification as SBL or SDL (SAS or SDA).

THEREFORE, BE IT RESOLVED that the New York State Athletic Administrators Association supports and encourages the New York State Public High School Athletic Association and its component sections to require and mandate that all NYS Athletic Administrators (Athletic Directors) in secondary schools attain a minimum of NIAAA Certified Athletic Administrator (CAA) certification within three years.

Desired Date for Approval & Implementation by the NYSPHSAA: 2018-19 School Year

Approved by the NYSAAA Representative Board on 10/3/2016

## Section IX Athletic Council

At this year's NYSPHSAA Girls Golf Championship (2015-2016) the State Coordinator announced that a State Team Championship is probable in the near future. For this to occur, each participating section will need to recognize a section team champion. That team (individuals) will then represent their school and compete in the NYSPHSAA Girls Golf Championship. There will still only be only one weekend of play for ALL individuals. Scores will be filtered to recognize the various state champions. (Individual, Public School top 20, Federation, Section Team Champion, and the School Team Champion) Other sections in the state are already recognizing team champions in girls and boys golf.

Please consider the following at this time for the 2016-2017 season;

### **Girls Golf Section IX Team Championship Proposal**

- At this time, only the Division Champs (and ties if applicable) are eligible to compete for the Section IX Team Championship. Most of these teams already have 2-3 girls participating in the tournament, so the increase of players would be approximately 4-8 tops.
- It will be played at the same site, on the same day, of the FIRST round of sectionals.
- Individuals will play 18 holes, and will be required to HOLE OUT.
- Teams would play 4 and score their best 3, or play their best 3 and count all scores.

I am open to any suggestions or recommendations from the Council, which will help expedite this proposal and increase participation and the recognition of Girls Golf within the Section and State.