



# Section IX Athletics

Gregory Ransom, Executive Director

## Section IX Athletic Council Meeting

Tuesday, November 24, 2015

John A. Coleman Central High School – Auditorium @ 9:30 am

1. Call to Order: Greg Ransom
  2. Pledge of Allegiance: Greg Ransom
  3. Review of Meeting Materials – Jim Osborne
  4. Approval of October 20, 2015 Minutes
  5. Financial Report: Jim Osborne
  6. Section IX NYSPHSAA Representatives – Roberta Greene and Jim Wolfe
  7. NYSPHSAA Office Report
  8. Combining of Teams – Greg Ransom
  9. Back from the Leagues
    - a. Baseball Chairperson
    - b. Modified Wrestling
      - i. Sectional League approval, a sudden victory in overtime period.
      - ii. Sectional League approval. Modified wrestlers have the option of wearing alternative to the traditional singlet.
      - iii. Game Conditions.
    - c. Section IX Athletics – conflict of interest policy.
  10. Section IX at the NYSPHSAA Bid Proposal.
  11. Section IX 2016-2017 budget.
  12. Fall Chair Reports:
    - a. Cross Country Jim Glover and Joe Cahill
    - b. Football Dave Coates and Glen Maisch
    - c. Boys Soccer Pete Ferguson
    - d. Girls Soccer Diane Wanser
    - e. Girls Swimming Pat Ryan
    - f. Field Hockey Debra Beam
    - g. Girls Tennis Selina DeCicco
    - h. Volleyball Antonia Woody
  13. Winter Chair Reports:
    - a. Basketball – Boys Fred Ahart
    - b. Basketball – Girls Steve Boucher
    - c. Ice Hockey Frank Allessandrino
    - d. Alpine Skiing Janet Carey
    - e. Nordic Skiing Nick Mancuso
    - f. Boys Swimming Scott Warner
    - g. Winter Track Mike White
    - h. Wrestling Jeff Cuitty
    - i. Bowling Teresa Eckarto and Erena O'Brien
    - j. Gymnastics Lee Ann Pazoga
    - k. Cheerleading Cherie Ramsey
  14. Chair Reports:
    - a. Girls & Boys Modified Sports Jeremy Weber & Michelle Henn
    - b. Safety Janet Carey
    - c. Chemical Health Marco Lanzoni
    - d. Eligibility Fred Ahart
    - e. Officials Coordinator Dennis Burkett
    - f. Sportsmanship Glen Maisch
  15. New Business
  16. Old Business
  17. Adjournment
- Next Meeting Date:  
Tuesday, January 5, 2016 at OUBOCES at 9:30 am



# Section IX Athletics

Gregory Ransom, Executive Director

## **NYSPHSAA Executive Committee Meeting October 22, 2015 Highlights**

### Robert Zayas - Executive Director, NYSPHSAA

PSAL will be making a proposal to the NYS Federation and NYSPHSAA Executive Committee for approval to play in the NYSPHSAA Girls Tennis Championship beginning with the 2016 Championship.

### Todd Nelson, Assistant Director, NYSPHSAA

Unified Sports will have programs in Section 2, 5, 6, 8/11 and 9. If a league or section wants to offer a pilot program for the 2016-2017 school year please contact Todd Nelson in the NYSPHSAA office.

### School Enrollment Numbers:

BEDS numbers from SED will be available the 2<sup>nd</sup> week in January. The NYSPHSAA staff will compile the school enrollment numbers for each section and send to the Section Executive Director. The Section will verify the numbers and a final report will be produced for final approval by the NYSPHSAA Executive Committee.

### Competitive Cheerleading:

The NYSPHSAA Championship will be held at the SRC Arena in Section 3 on March 5, 2016. Teams will have to qualify in order to participate in the Championship. Competitions will be held in Division, Classes, Division I (small and large class), Division II (small and large class) and a Co-Ed Division. Please be reminded that any school hosting or co-hosting a cheerleading event must use NYS Certified Judges.

Sanctioning: A reminder if you are attending an event outside New York they have to complete a "Notice of Entry" from the NYSPHSAA website. Contact Todd Nelson if you have any questions.

### Joe Altieri, Assistant Director, NYSPHSAA

Ice Hockey will propose new classification cut-off numbers and will explore three classifications. Wrestling is exploring a dual meet championship.

2015-2016 Championship updated sites and dates. NYSPHSAA Championships Fall 2016 through spring 2020 (handout).

### Kristen Jadin, Special Programs Coordinator, NYSPHSAA

- Responsibilities to date:
- Athletic Director Directory
- Sport Coordinators current ball adoption and Spalding Adoption beginning in 2016-2017
- Legislative Communications
- Restructuring educational programs
- Sportsmanship Plaques
- Promotion of Battle of the Fans and Community Service Competitions

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Web site: <http://www.sectionixathletics.org>



- A. Budget and Audit Committee – Jim Osborne, Chairperson  
Members Dues – No dues increase for 2016-2017 with \$810. per school and .86 per student (above 300) based upon the 2014-15 BEDS enrollment numbers.

Alpine & Nordic – NYSPHSAA to pay for lift tickets for the skiing championship “competition”.

- B. Championship Advisory Committee (CAC) meeting report enclosed.

- C. Handbook Committee – Meeting report enclosed.

- D. Todd Nelson – Safety Committee Report  
Wrestling Skin Infection Form – A new form was approved (handout.)

Softball helmets for adult base coaches – The Safety Committee continues to support the recommendation to mandate adult base coaches to wear hard shell helmets.

Heat Index and Wind Chill Procedures – Meetings with WeatherBug and Accuweather will take place to review potential adjustment to the current procedure.

- E. Todd Nelson – Modified Athletics

1. Modified Wrestling Proposal

With section/league approval, a sudden victory overtime period shall be permitted in modified wrestling. Wrestlers start in the standing position. The overtime period shall not exceed 30 seconds.

2. Modified Wrestling Alternative Uniform

With section/league approval, modified wrestlers have the option of wearing an alternative to the traditional singlet. Options form fitting compression shirt and shorts or form fitting compression shirt under the school uniform singlet.

3. Modified Wrestling Proposal – Game conditions #1.b

2 -point meets are any competitions where a wrestler competes in 3 or 4 bouts.

6.b. If a contestant competes in two, three or four bouts per contest, the time periods will be either:

1) three 1 minute periods, or 2) 1<sup>st</sup> period: 1 minute; 2<sup>nd</sup> and 3<sup>rd</sup> periods: 1 ½ minutes

Action Items for next meeting of NYSPHSAA Modified Committee

A. Proposed changes in modified starting weeks

B. Proposal to reduce the required number of practice days

- F. NYSPHSAA State Championship Site/Facility Bid Revision: Approved

- G. Certification of private/parochial school coaches: Approved

- H. Football 6<sup>th</sup> Classification: Not Approved

The Football Committee needs to review and recommend the classification numbers for 2016-2017. January 29, 2016 NYSPHSAA Winter Meeting.

- I. NYSED – Physical Education, Health Education and Athletic Update. Refer to handout.

- J. NYSPHSAA Competitive Cheerleading Rubric & composite score sheet. Refer to handout.
- K. Boys Swimming & Diving Qualifying Standards. Refer to handout.
- L. Practice Session Rule Revision – Refer to handout.
- M. Student-Athlete Development Committee  
Student Athlete Advisory Committee (SAAC) – Refer to handout.





2015-2016 NYSPHSAA Championship  
DATES & SITES



**Fall 2015**

Oct 31/Nov 1-2	Girls Tennis	Tri City Tennis Center, Latham (2)
Nov 14	B/G Cross Country	Monroe-Woodbury High School (9)
Nov 14-15	Girls Soccer	SUNY Cortland, Homer HS, Tompkins Cortland CC (3)
Nov 14-15	Boys Soccer	Middletown HS (9)
Nov 14-15	Field Hockey	Maine Endwell HS (4)
Nov 21	Boys Volleyball	Suffolk County Community College (11)
Nov 21	Federation Cross Country	Bowdoin Park, Wappingers Falls (1)
Nov 21-22	Girls Volleyball	Glens Falls Civic Center (2)
Nov 20-21	Girls Swimming/Diving	Ithaca College, Ithaca (4)
Nov 20-21	Football East Semifinals	Dietz Stadium, Kingston (9)
Nov 20-21	Football West Semifinals	Cicero-North Syracuse High School (3)
Nov 27-29	Football Finals	Carrier Dome, Syracuse (3)

*Presented by the American Dairy Association and Dairy Council*

**Winter 2015-2016**

Feb 22-23	B/G Skiing	Whiteface/Mt. Van Hoevenburg, Lake Placid (7)
Feb 26-27	Wrestling	Times Union Center, Albany (2)
Feb 27	Girls Gymnastics	Shaker HS (2)
March 4-5	Boys Swimming/Diving	Erie Community College Buffalo (6)
March 5	Boys Volleyball (Regional)	Section 3 TBA
March 5	B/G Indoor Track/Field	Cornell University (4)
Feb 27	Rifle (Regional)	West Point (9)
March 5	Cheerleading	Onondaga Community College (3)
March 5-6	B/G Bowling	Airport Lanes, Cheektowaga (6)
March 12-13	Ice Hockey	HarborCenter, Buffalo (6)
March 11-13	Girls Basketball	Hudson Valley Community College, Troy (2)

*Presented by the American Dairy Association and Dairy Council*

March 11-13	Boys Basketball	Civic Center, Glens Falls (2)
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*Presented by the American Dairy Association and Dairy Council*

March 18-20	Boys/Girls Federation Basketball Tournament of Champions	Times Union Center, Albany (2)
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**Spring 2016**

June 1	Boys Lacrosse East Semis	Hofstra University (8)
June 1	Boys Lacrosse West Semis	Cicero-North Syracuse High School (3)
June 2-4	Boys Tennis	TBA
**June 3-4	Girls Lacrosse	SUNY Cortland (3)
**June 4	Boys Lacrosse Finals	Middletown HS (9)
June 4-6	Boys Golf	Cornell University, Ithaca (4)
June 10-11	B/G Track & Field	Cicero-North-Syracuse HS (3)
June 11	Softball	Moreau Park, South Glens Falls (2)
June 11	Baseball	Binghamton (4)
*June 10-12	Girls Golf	Bethpage State Park, Farmingdale (8)
June 12	Federation Golf	Bethpage State Park, Farmingdale (8)

**\*\*Proposed to be changed to Week #49 (June 10-11)**

**\*Proposed to be changed to Week #48 (June 3-5)**



NYSPHSAA Championships Fall 2016 through Spring 2020

FALL		FALL 2016	FALL 2017	FALL 2018	FALL 2019
G. Tennis	Date	Nov. 29-31	Oct. 28-30	Oct. 27-29	Nov 2-4
	Site	Tri-City Tennis Ctr, Latham (2)	Tri-City Tennis Ctr, Latham		
B/G Cross Country	Date	Nov. 12	Nov. 11	Nov. 10	Nov 16
	Site	Chenango Valley HS (4)	Victor HS (5)	Sunken Meadow St. Park (11)	Plattsburgh (10)
B. Volleyball	Date	Nov. 19	Nov. 18	Nov.17	Nov 23
	Site	Suffolk County CC (8)	Suffolk County CC (8)		
G. Volleyball	Date	Nov. 19-20	Nov. 18-19	Nov. 17-18	Nov 23-24
	Site	Glens Falls CC (2)	Glens Falls CC (2)		
B. Soccer	Date	Nov. 12-13	Nov. 11-12	Nov. 10-11	Nov 16-17
	Site	Middletown HS (9)	Middletown HS (9)		
G. Soccer	Date	Nov. 12-13	Nov. 11-12	Nov. 10-11	Nov 16-17
	Site	Cortland (3)			
Field Hockey	Date	Nov. 12-13	Nov. 11-12	Nov. 10-11	Nov 16-17
	Site	Maine-Endwell HS (4)	Maine-Endwell HS (4)		
G. Swimming	Date	Nov. 18-19	Nov. 17-18	Nov. 16-17	Nov 22-23
	Site	Ithaca College (4)			
Football EAST	Date	Nov 18-19	Nov 17-18	Nov 16-17	Nov 22-23
	Site	Dietz Stadium			
Football WEST	Date	Nov 18-19	Nov 17-18	Nov 16-17	Nov 22-23
	Site	Cicero North Syracuse HS (3)			
Football FINALS	Date	Nov. 25-27	Nov. 24-26	Nov. 23-25	Nov 29-Dec 1
	Site	Carrier Dome, Syracuse (3)	Carrier Dome, Syracuse (3)	Carrier Dome, Syracuse (3)	
WINTER		WINTER 2017	WINTER 2018	WINTER 2019	WINTER 2020
Skiing	Date	Feb 27-28	Feb. 26-27	Feb. 25-26	Feb 24-25
	Site	Bristol Mountain (5)	Bristol Mountain (5)		
Rifle (Regional)	Date	Feb 25	Feb 24	Feb 23	Feb 22
	Site				
G. Gymnastics	Date	Feb. 25	Feb 24	Feb 23	Feb 22
	Site				
Wrestling	Date	Feb. 24-25	Feb 23-24	Feb 22-23	Feb 28-29
	Site	Times Union Center, Albany (2)	Times Union Center, Albany (2)		
B. Swimming & Diving	Date	March 3-4	March 2-3	March 1-2	March 6-7
	Site	Erie Community College, Buffalo			
B/G Bowling	Date	March 4-5	March 3-4	March 2-3	March 7-8
	Site				
B/G Indoor Track	Date	March 4-5	March 3-4	March 2-3	March 7-8
	Site				
Competitive Cheer	Date	March 4	March 3	March 2	March 7
	Site	SRC Arena, Syracuse (3)	SRC Arena, Syracuse (3)		
Ice Hockey	Date	March 11-12	March 10-11	March 9-10	March 14-15
	Site	HarborCenter, Buffalo (6)	HarborCenter, Buffalo (6)		
G. Basketball	Date	March 17-19	March 16-18	March 15-17	March 20-22
	Site	HVCC, Troy (2)	HVCC, Troy (2)	HVCC, Troy (2)	
B. Basketball	Date	March 17-19	March 16-18	March 15-17	March 20-22
	Site				
G. Basketball FED	Date	March 24-26	March 23-25	March 22-24	March 27-29
	Site				
B. Basketball FED	Date	March 24-26	March 23-25	March 22-24	March 27-29
	Site				
SPRING		SPRING 2017	SPRING 2018	SPRING 2019	SPRING 2020
B. Tennis	Date	June 2-4	June 1-3	May 31-June 2	May 30-June 1
	Site				
B. Golf	Date	June 3-5	June 2-4	June 1-3	June 6-8
	Site				
G. Golf	Date	June 2-4	June 1-3	May 31-June 2	June 5-7
	Site	Bethpage State Park (8)	Bethpage State Park (8)		
B/G Outdoor Track	Date	June 9-10	June 8-9	June 7-8	June 12-13
	Site		Cicero-North Syracuse (3)		Cicero-North Syracuse (3)
G. Lacrosse	Date	June 10-11	June 8-9	June 7-8	June 12-13
	Site				
B. Lacrosse FINALS	Date	June 11	June 9	June 8	June 13
	Site				
Baseball	Date	June 10	June 9	June 8	June 13
	Site	Binghamton (4)			
Softball	Date	June 10	June 9	June 8	June 13
	Site				
10/6/2015					



# MEETING REPORT

## Meeting: Championship Advisory Committee (CAC)

**Date:** Wednesday, September 30, 2015 @ 2 pm via conference call

### Topics Discussed:

- 1) CAC Member Terms & Directory
- 2) Football Classification
- 3) Girls/Boys Lacrosse Classification
- 4) Girls/Boys Lacrosse State Championship dates 2016
- 5) Baseball 2 day tournament
- 6) Cheerleading – Fee & Structure of Judges
- 7) Athlete Gifts
- 8) Girls golf request to move State Tournament dates
- 9) Site bids for Girls Golf, Boys Basketball, Girls Basketball, B/G Indoor Track
- 10) Updates on Outdoor Track, Bowling, Softball

### Attendees:

Chair: Ted Woods    John Rathbun  
Eileen Troy        Greg Ransom  
Mike McCarthy     Mark Ward  
Mike Andrew       Oscar Jensen  
Martha Slack  
Patricia Ryan-Curry

NYSPPHSAA Liaison: Joe Altieri  
Stephen Broadwell   Ed Dopp/Al Roy  
Robert Zayas        Peter Hugo  
Todd Nelson         Gary Vanderzee  
Joe Agostinelli     John Ford  
Kristen Jadin        Jim Amen  
Jacquie Gow

### Chairman Ted Woods called the meeting to order at 2:02 pm. Topics/Discussion/ Action follow:

**CAC Directory/Expiration of Members** – Joe noted some members have terms expiring and wanted to know the intent of four members with expiring terms this year. Ted (2015), Patricia (2016), Greg (2016), and John (2016) all indicated they intend to continue and will accept a new five-year term. It was also noted members are appointed by the President and the CAC serves to review proposals that impact format, structure, management, conduct, participation and officials of state tournaments, then make a recommendation. The CAC now also provides input in championship site selection.

**NOTE:** CAC opted to cast their votes for each proposal at the end of the call so all presenters will be off the call.

**Football Classification-6 Classes**-Todd provided background information on the proposal. Gary presented the proposal. CAC Concerns: No tournament expenses listed, is this good for sport or NYSPHSAA finances, what will formula look like in 3 years, what's the urgency. MOTION by Mike McCarthy. Second by John. Carried 6-1.

**Girls/Boys Lacrosse-4 Classes** – Todd provided background information. Jacquie and Jim presented the proposals. CAC Concerns: 4 games in one day for boys semifinals, move to Saturday, rental expenses for sections adjusting schedule, schedules for sectional tournaments. MOTION by Eileen. Second by Oscar. Carried 6-1.

**Girls/Boys Lacrosse – Move to Week #49** – Robert provided background information and the proposal. Jacquie and Jim provided input. CAC Concerns: Section 6 proposal got turned down at July 2015 Central Committee meeting. MOTION by Martha to accept proposal starting in 2017. Second by Eileen. Carried 7-2.

**Baseball Tournament – 2 day format** – Joe provided background information. Ed and Al presented the proposal. CAC Concerns: None. MOTION by Eileen. Second by Mike McCarthy. Carried 8-0.

**Boys Swimming Qualifying Standards** – Joe provided background information and indicated the proposal slipped through the cracks and was not approved in July with the girls standards. Peter presented additional information on the proposal and noted he had three documents submitted for the July meeting. CAC Concerns: None. MOTION by Martha. Second by Oscar. Carried 8-0.

**Cheerleading – Fee & Structure of Judges** – Todd provided background information and presented the proposal. CAC Concerns: Staff opinion was asked (believe to be too high of a rate), will a contract be set up with judges, comparison to other sports, what's a good starting rate (it becomes the negotiable starting point), MOTION by John to pay \$137 plus mileage. Second by Mike Andrew. The motion carried 5-4.

### **Items Discussion/ Action Taken (CAC Meeting) Continued:**

**Athlete Gifts** – Robert presented the proposal. MOTION by Martha. Second by Mike Andrew. Carried 8-0 NOTE: If a major sponsor comes into the picture, consideration for athlete gifts would be given.

**Girls Golf 2016-17 – Bethpage State Park (Yellow)** - Joe presented information on the bid. MOTION by Mike Andrew to accept Bethpage. Second by Martha. Carried 8-0.

**Girls Golf Move to Week #48-** Joe presented information on the proposal. MOTION by Eileen. Second by Martha. Carried 7-2.

**Boys Basketball 2017-19 – Glens Falls Civic Center** - Joe presented information on the bid. CAC Concerns: process needs to be fixed, bidding was flawed because Glens Falls revised their bid before presentation. MOTION by Mike McCarthy to accept Glens Falls. Second by Oscar. Carried 5-4.

**Girls Basketball 2017-19 – Hudson Valley Community College** - Joe presented information on the bid. MOTION by Patricia. Second by Martha. Carried 8-0.

**Indoor Track 2017-19 – Ocean Breeze Athletic Complex** - Joe presented information on the bid. MOTION by Mike McCarthy. Second by Eileen. Carried 8-1 (Martha).

#### **Joe updated the committee on the following items:**

**Girls/Boys Outdoor Track 2017 & 2019** – Bid presentations postponed until December 8, 2015. Five have been submitted

**Bowling** – the sport committee opted not to present a proposal for two divisions

**Softball** – the sport committee defeated the proposal to set a deadline to complete all Sectional games by a 6-4 vote.

Joe proposed meeting face-to-face when the agenda becomes long again. It was agreed and suggested to meet once per year face-to-face, preferably in the morning.

MOTION by Martha to adjourn. Second by Eileen.

**Chairman Ted Woods called for ADJOURNMENT at 4:53 pm.**

*(Please note casted # of total votes for action items varied from 7-9 due to some CAC members needing to leave the call permanently or return at a later time.)*

**Future Items For Discussion:** PSAL Participating in Girls Tennis Championships  
Ice Hockey Classification #'s  
Site Selection Bidding Process & Current Bids

**Next Meeting:** Friday, December 18<sup>th</sup> – 9 am conference call **or** 10 am face-to-face



# MEETING REPORT

## Meeting: Handbook Committee

Date: Sept. 23, 2015 @ 9:00 AM (Teleconference/ NYSPHSAA)

### Topics Discussed:

- 1) Review of June 22, 2015 Handbook Committee Meeting Report/ Update
- 2) Section IX Proposal to require coaching certification for all NYSPHSAA Member schools
- 3) Students moving from "contact" to "contact" sports

### Attendees:

Pat Pizzareli- Chair  
Julie Bergman  
Mike Carboine  
John Gallagher  
Darryl Daily  
Robbie Green  
Renee James  
Todd Nelson  
Robert Zayas

### Action Items Approved/ Major Discussion:

- Robert Zayas reviewed the June 22, 2015 Handbook Committee Meeting Report.
- Section IX Proposal to require coaching certification for all NYSPHSAA Member schools. The Committee approved the proposal with the addition that all NYSPHSAA member schools must comply with coaching certification requirements no later than July 1, 2016.
- Students moving from a contact sport to a contact sport are not currently permitted to carry over any of conditioning practices. The Handbook Committee recommended revising Rule 22 "Practice Sessions" to:  
*Athletes who switch from one sport to another ~~contact/collision or limited contact/impact sport to a strenuous/noncontact or non-strenuous/non-contact sport~~ are permitted to count conditioning practices toward their new sport as follows (excluding bowling, golf and rifle).*

### Future Items For Consideration:

#### - Future Handbook Committee Dates for the 2015-2016 School Year:

Friday, December 18, 2015 @ 9:00 AM  
Wednesday, April 6, 2016 @ 9:00 AM  
Wednesday, June 22, 2016 @ 9:00 AM



## NYSPPHSAA NYS HEALTH CARE PROVIDER RELEASE WRESTLER TO PARTICIPATE WITH SKIN LESION(S)

The National Federation of State High School State Associations' (NFHS) Sports Medicine Advisory Committee has developed a physician release form for wrestlers to participate with skin lesion(s) as a suggested model you may consider adopting for your state. The NFHS Sports Medicine Advisory Committee (SMAC) conducted a survey among specialty, academic, public health and primary care physicians and reviewed extensively the literature available on the communicability of various skin lesions at different stages of disease and treatment. No definitive data exists that allow us to absolutely predict when a lesion is no longer shedding organisms that could be transmitted to another. Another finding from the survey was the significant differences that exist among physicians relating to when they will permit a wrestler to return to participation after having a skin infection.

Neither the NFHS nor the NFHS SMAC presumes to dictate to professionals how to practice medicine. Nor is the information on this form meant to establish a standard of care. The NFHS SMAC does feel, however, that the guidelines included on the form represent a summary consensus of the various responses obtained from the survey, from conversations and from the literature. The committee also feels that the components of the form are very relevant to addressing the concerns of coaches, parents, wrestlers and physicians that lead to the research into this subject and to the development of this form.

### **GOALS FOR ESTABLISHING A WIDELY USED FORM:**

1. Protect wrestlers from exposure to communicable skin disorders. Although most of the skin lesions being discussed generally have no major long term consequences and are not life threatening, some do have morbidity associated with them and student-athletes should be protected from contracting skin disorders from other wrestlers or contaminated equipment such as mats.
2. Allow wrestlers to participate as soon as it is reasonably safe for them and for their opponents and/or teammates using the same mat.
3. Establish guidelines to help minimize major differences in management among physicians, physician's assistants, and nurse practitioners who are signing "return to competition forms". Consistent use of these guidelines should reduce the likelihood wrestlers catching a skin disease from participation and suffering from inequalities as to who can or cannot participate.
4. Provide a basis to support physician, physician assistant, or nurse practitioner decisions on when a wrestler can or cannot participate. This should help the physician, physician assistant, or nurse practitioner who may face incredible pressure from many fronts to return a youngster to competition ASAP. This can involve a student athlete who never wins a match or the next state champion with a scholarship pending.

### **IMPORTANT COMPONENTS FOR AN EFFECTIVE FORM:**

1. Each state association needs to determine which appropriate health-care professional can sign off on this form. **For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant, or nurse practitioner.**
2. Inclusion of the applicable NFHS wrestling rule so physicians, physician assistants, and nurse practitioners will understand that covering a contagious lesion is not an option that is allowed by rule. Covering a non-contagious lesion after adequate therapy to prevent injury to lesion is acceptable.
3. Inclusion of a "bodygram" with front and back views should clearly identify the lesion in question. Using non-black ink to designate skin lesions should result in less confusion or conflict. Also including the number of lesions protects against spread after physician, physician assistant, or nurse practitioner visit.
4. Inclusion of guidelines for minimum treatment before returning the wrestler to action as discussed above. This should enhance the likelihood that all wrestlers are managed safely and fairly.
5. Inclusion of all of the components discussed has the potential to remove the referee from making a medical decision. If a lesion is questioned, the referee's role could appropriately be only to see if the coach can provide a fully completed medical release form allowing the wrestler to wrestle.



WRESTLING COMMUNICABLE SKIN DISEASE FORM - NYSPHSAA APPROVED OCTOBER 2015  
NYS HEALTH CARE PROVIDER RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION



Any student diagnosed with a contagious skin infection must report to the school health office prior to resuming participation. A copy of this form must be provided to the school nurse/medical director upon return to school and filed in the student's cumulative health record.

Name: \_\_\_\_\_

Date of Exam: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

School: \_\_\_\_\_

Mark Location AND Number of Lesion(s)

Diagnosis \_\_\_\_\_

Please use Blue Ink

Location AND Number of Lesion(s) \_\_\_\_\_

Medication(s) used to treat lesion(s): \_\_\_\_\_

Date Treatment Started: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Time: \_\_\_\_\_

Note: By signing below, the NYS Health Care Provider is stating that the diagnosed lesion(s) is either:

\_\_\_\_ NOT contagious and may return to full participation.

\_\_\_\_ NO LONGER contagious and may return to full participation.

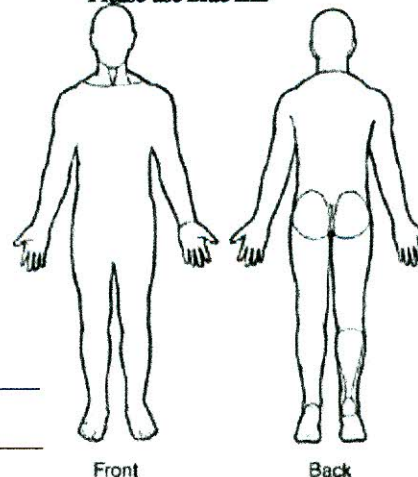
NYS Health Care Provider Signature \_\_\_\_\_ Date: \_\_\_\_\_

NYS Health Care Provider Name (Printed or Typed) \_\_\_\_\_

Office Address \_\_\_\_\_

Office Phone Number: \_\_\_\_\_

**For NYSPHSAA member schools an appropriate health care provider is defined as a NYS licensed physician, physician assistant, or nurse practitioner.**



Front

Back

**Note to Physician, Physician Assistant, Nurse Practitioner:** Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

"ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from an appropriate health-care professional stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated, on-site meet appropriate health-care professional is present and is able to examine the wrestler either immediately prior to or immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."

"ART. 4 . . . If a designated on-site meet appropriate health-care professional is present, he/she may overrule the diagnosis of the appropriate health-care professional signing the medical release form for a wrestler to participate or not participate with a particular skin condition."

"ART. 5 . . . A contestant may have documentation from an appropriate health-care professional only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."

Once a lesion is non-contagious, it may be covered to allow participation.

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

**Bacterial Diseases (impetigo, boils):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

**Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

**Tinea Lesions (ringworm on scalp or skin):** Oral or topical treatment for 72 hours on skin and oral treatment 14 days on scalp.

**Scabies, Head Lice:** 24 hours after appropriate topical management.

**Bacterial Conjunctivitis (Pink Eye):** 24 hours of topical or oral medication and no discharge

**Molluscum Contagiosum:** Upon treatment with curettage and hyfrecator, may cover with bioclusive and wrestle immediately.



# **NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE**

## **October 2015**

### **1. PROFESSIONAL DEVELOPMENT OPPORTUNITIES**

- **Professional Development Opportunities:**
- New York State Athletic Administrators Association (NYSAAA) Leadership Training Program and Certification Program- See website:  
<http://www.nysaaa.org/page.cfm?page=leadership.cfm>
- **<http://www.nysaaa.org/prof-development/certification-program>**
- New York State Athletic Administrators Association (NYSAAA) Annual Conference (March 16-18, 2016) in Saratoga Springs  
<http://www.nysaaa.org/conference/program-information>
- New York State Association for Health, Physical Education, Recreation and Dance (NYSAPERD) Conference (November 18-21, 2015) in Verona, New York- See website:  
<http://www.nysahperd.org/content/professional-development/nys-ahperd-conference.cfm>
- New York State Council of Administrators Conference (November 18-19) in Verona, New York-See website:  
  
**<https://www.nysahperd.org/content/professional-development/new-york-state-council-of-administrators.cfm>**
- American Alliance for Health, Physical Education, Dance and Recreation AAHPERD-Now called "SHAPE", National Conference (April 5-9, 2016) in Minneapolis, Minnesota- See website:  
<http://www.aahperd.org/whatwedo/convention/>

### **2. ATHLETIC PLACEMENT PROCESS for INTERSCHOLASTIC ATHLETIC PROGRAMS-APP (Formerly Selection Classification Program) (New- Fall 2015)**

- Effective: Fall Season 2015
- See:  
<http://www.p12.nysed.gov/ciai/pe/documents/Athletic%20Placement%20ProcessRevisedAUG2015.pdf>
- APP Frequently Asked Questions found at:  
<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/FAQ-AthleticPlacementProcessforInterschoolAthleticPrograms4-23-15.docx.pdf>



## NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE October 2015

### 3. MIXED COMPETITION GUIDELINES REVISED TO REFLECT APP

- Please see:  
[http://www.p12.nysed.gov/ciai/pe/documents/Mixed\\_CompetitionFinalAug2015.pdf](http://www.p12.nysed.gov/ciai/pe/documents/Mixed_CompetitionFinalAug2015.pdf)

### 4. COACHING COURSES

- **New**-NFHS (NYS Specific) Coaching course pathway (NYSED, NYSPHSAA and NYSAAA collaborated) is now approved by NYSED as an alternative pathway. Not a replacement but, another alternative for coaches to complete the required course work.
  - Note: If already in previous NYSED Coaching Course track stay with it.
  - See NFHS process below:  
<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/Coaching%20CourseNFHSSecond%20PathwayGuideline.%2007-01-DD.Finaldocx.pdf>  
  
<http://www.p12.nysed.gov/ciai/pe/toolkitdocs/INTERNSHIP%20EVALUATION%20FINAL%20FORM%206-29-15.DD-%20NFHS1.pdf>
  - Please make sure your certificates are updated (Check with Darryl Daily- Associate in Physical Education if need new template)
  - Please send in yearly evaluations to Darryl Daily at SED (Send to [darryl.daily@nysed.gov](mailto:darryl.daily@nysed.gov))
  - If interested in becoming a provider for traditional NYSED Coaching Courses please contact NYSED at (518) 474-5922.

### 5. TRANSGENDER GUIDANCE DOCUMENT

- Transgender and Gender-Nonconforming-Students Guidance Document BOR approved July 20, 2015:
- <http://www.p12.nysed.gov/dignityact/>
- <http://www.nysed.gov/Press/Transgender-and-Gender-Nonconforming-Students-Guidance-Document>

### 6. DIGNITY FOR ALL STUDENTS ACT (Mandatory DASA 6 hour training)

- **Item:** Section 52.21 and Part 80 of the Regulations of the Commissioner of Education have been amended and a New Subpart 57-4 has been added to the Regulations of the Commissioner of Education to implement the Coursework or Training in Harassment, Bullying and Discrimination Prevention and Intervention required under the Dignity for All Students Act (DASA)

## **NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE October 2015**

### **9. IMPORTANT RELATED ITEMS**

- **SCHOOL HEALTH EDUCATION-Heroine and Opioids Epidemic**-Letter from DOH and SED sent out to various organizations to give schools access to resources to help address the issue. The problem of heroin and opioid abuse continues to grow at alarming rates both in New York State and throughout the nation. Please visit [www.combatheroin.ny.gov](http://www.combatheroin.ny.gov) to learn more about opioid and heroin abuse and the publications and resources available. Helpful Toolkit is being developed by OASAS, DOH and NYSED for schools to use in the future.
- **SCHOOL HEALTH EDUCATION-Governor Cuomo signed bill in October 2014 to mandate CPR/AED training in schools** - Public feedback survey (3-4 week window) was sent out via list serves to constituents in late February. District feedback (3-4 week window) was given through survey. Recommendation was presented to the BOR in April. Board approval of mandate was made in June BOR meeting. See: <http://www.p12.nysed.gov/ciai/pe/news.html#Cardio> Takes effect October 2015. Note: ARC and AHA recommended and/or proposed "Hands Only" CPR instruction and/or ARC Citizen CPR (Knowledge and psychomotor), AED instruction-knowledge based component, 30 minutes and no certification needed for instructor or student. If a district wants to do more they can.

#### **Contact Information:**

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#### **Physical Education Web Site:**

[www.p12.nysed.gov/ciai/pe/](http://www.p12.nysed.gov/ciai/pe/)

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Phone: 518-474-5922





**New York State Public High School Athletic Association  
Executive Committee Meeting – October 22, 2015**

**NYSPHSAA COMPETITIVE CHEERLEADING RUBRIC  
AND COMPOSITE SCORE SHEET**

☒ Action Item  
☐ Discussion/ Information Item

**Presenter:**

Michele Ziegler, NYSPHSAA Cheerleading Coordinator

**Proposal:**

To accept the NYSPHSAA Scoring Rubrics and Composite Score Sheet.

**Rationale:**

The scoring rubric is what judges use to score our teams competing in our competitions. This rubric is used as a skill progression sheet for our teams when they are putting their routines together. The composite score sheet outlines the areas that our teams will be scored on during their routine. The team is trying to score the most points possible with the focus being on execution.

**Proposal Originated:**

NYSPHSAA Cheerleading Committee

**Budget Impact:**

None.

**Notes:**

The NYSPHSAA Cheerleading Committee met every week from April 17<sup>th</sup> until the 3<sup>rd</sup> week in July for a minimum of 2 hours per meeting. A great deal of discussion took place trying to get all the sections to come to a place of compromise. The result of all that work is the rubric and composite score sheet presented today. The process will continue at the end of the upcoming season and concerns will be addressed by the Cheerleading Committee. We are definitely in a better place right now as a State Association than we were a year ago.

**Attachments:**

Rubrics and Composite Score Sheet

# 2015-16 CHEERLEADING CHAMPIONSHIP DEDUCTION SCORESHEET



TEAM \_\_\_\_\_ DIVISION \_\_\_\_\_

:00 - :30	

:30 - 1:00	

Key:	
ST	Standing Tumbling
RT	Running Tumbling
D	Drop
F	Fall
BT	Basket Toss
PC	Pyramid Collapse
T	Tumbling Touchdown
B	Bobble

1:00 - 1:30	

1:30 - 2:00	

Timing: 1-5 sec=.50, 6-10 sec=1.0, 11+sec=2.0	
Routine	
Time	

2:00 - 2:30	

Technical Deductions:			
T/ Bobble		x.25=	
Fall		x1.0=	
Drop		x1.5=	
Pyramid Collapse		X4.0=	

TOTALS:	
Timing	
Technical Deductions	
<b>TOTAL DEDUCTIONS</b>	

*\*The terms DROP and FALL refer to stunts, pyramids, and tumbling.*



# 2016 NYSPHSAA CHAMPIONSHIP COMPOSITE SCORESHEET



<b>STUNTS</b>	
Difficulty	10
Execution	10
<b>PYRAMIDS &amp;/or TOSSES</b>	
Difficulty	10
Execution	10

COMMENTS:

<b>JUMPS</b>	
Difficulty	10
Execution	10
<b>TUMBLING</b>	
Difficulty	10
Execution	10

<b>MOTIONS &amp; DANCE</b>	
Motions	5
Dance	5

<b>TRANSITIONS</b>	
	5
<b>FORMATIONS &amp; SPACING</b>	
	5

<b>VOICE &amp; LEADING</b>	
	10
<b>CROWD APPEAL/SHOWMANSHIP</b>	
	10

120 FULL SCORE SHEET POINTS

**TOTAL POINTS**

\_\_\_\_\_

CROWD APPEAL/SHOWMANSHIP				
Crowd Appeal/ Showmanship	0-2	2-4	4-6	6-8
	Little or no effectiveness in performing a comprehensive and positive memorable experience. Lacking in 2 of the following: confidence, enthusiasm, smile, or crowd appeal	Below average effectiveness in performing a comprehensive and positive. Lacking in 1 of the following: confidence, enthusiasm, smile, or crowd appeal	Average effectiveness in performing a comprehensive and positive memorable experience. Average level of confidence, enthusiasm, and smile	Above average effectiveness in performing a comprehensive and positive memorable experience. High level of confidence, enthusiasm, smile, and crowd appeal
	8-10	Exceptional effectiveness in performing a comprehensive and positive memorable experience. Exceptional level of confidence, enthusiasm, smile and crowd appeal entire duration		

VOICE & LEADING				
Voice & Leading	0-2	2-4	4-6	6-8
	Lacking in all of the following areas: distinct words, volume, energy, stamina, pace.	Lacking in some of the following areas: distinct words, volume, energy, stamina, pace.	Moderate level of distinct words, volume, energy, stamina, pace.	High level of distinct words, volume, energy, stamina, pace.
	8-10	Exceptional level of distinct words, volume, energy, stamina, pace.		



JUMPS DIFFICULTY					
Jump Difficulty	0-2	2-4	4-6	6-8	8-9
	<ul style="list-style-type: none"> <li>• Very limited number of jumps and variety performed in routine.</li> <li>• Failure to perform any jumps will result in a score of "0".</li> </ul>	<ul style="list-style-type: none"> <li>• Double Jumps</li> <li>• Standard flexibility and synchronization</li> </ul>	<ul style="list-style-type: none"> <li>• Triple Jumps</li> <li>• Standard to higher than standard flexibility and synchronization</li> </ul>	<ul style="list-style-type: none"> <li>• Quad Jumps</li> <li>• Jump to Standing Back Handspring</li> <li>• Higher than standard flexibility and synchronization.</li> </ul>	<ul style="list-style-type: none"> <li>• Jump to SBHS Series</li> <li>• Double or Triple Jump to Standing Back Handspring</li> <li>• Jump to BHS Back Tuck</li> </ul>
Majority team performing variety of jumps within same skill range will be rewarded higher within the point range above.					
9-10					
<ul style="list-style-type: none"> <li>• Quad Jump to Standing Back Handspring</li> <li>• Jump to Back Tumbling Series</li> <li>• Jump to Back Tuck</li> <li>• Double, Triple or Quad Jump to Back Tuck</li> </ul>					

Skill Ranges
<b>Basic Jumps</b> - Tuck, Eagle, Double Hook, Herkie <b>Intermediate Jumps</b> - Right Hurdler, Left Hurdler, Front Hurdler <b>Advanced Jumps</b> - Toe Touch, Pike <b>Elite Jumps</b> - Double Nine, Around the World <i>(jumps listed above are examples only and are not an all-inclusive listing)</i>

JUMPS EXECUTION					
Refers to proper body position, placement of legs	0-2	2-4	4-6	6-8	8-10
	Majority team has improper approach, landing, toe point and motion execution of jump including poor form and timing, dropping chest, bent legs.	Below average approach, landing, toe point and motion execution of jump. Athletes with flexed toes and dropped chest.	Average approach, landing, toe point and motion execution of jump. Most of the athletes with good timing, few flexed toes, no missed jumps.	Above average approach, timing, landing, toe point and motion execution of jump. Level/ below level height.	Exceptional execution of approach, landing, toe point and motion, execution of jump. Level/ above level height.



PYRAMIDS DIFFICULTY					
0-2		2-4	4-6	6-8	8-10
Variations	<ul style="list-style-type: none"> <li>Up to Prep Level</li> </ul>	<ul style="list-style-type: none"> <li>Extended variety of two leg skills</li> </ul>	<ul style="list-style-type: none"> <li>Extended Variety of 1 Leg Stunts</li> </ul>	<ul style="list-style-type: none"> <li>3 or More Single Leg Variations</li> </ul>	<ul style="list-style-type: none"> <li>Extended Variety of 1 Leg Stunts</li> <li>Single Base Stunts</li> </ul>
	<ul style="list-style-type: none"> <li>1 Leg Variations below prep level</li> </ul>	<ul style="list-style-type: none"> <li>1 Leg Variations at or below prep level</li> </ul>			
Transitions	<ul style="list-style-type: none"> <li>Single transition at or Below Prep Level</li> <li>Connect at Prep Level</li> </ul>	<ul style="list-style-type: none"> <li>Multiple Transitions at or Below Prep Level</li> <li>Multiple Connections at Prep Level</li> </ul>	<ul style="list-style-type: none"> <li>Multiple Transitional Sequences to &amp; from Extended Level</li> <li>Release Moves (Ball-Up, Split, Tick-Tock)</li> </ul>	<ul style="list-style-type: none"> <li>Multiple Advanced Transitional Sequences Passing Through 2 1/2 High</li> <li>Multiple Release Moves</li> <li>1/2 Ups to 1 Leg Extended</li> <li>Leg Switches at Extended</li> </ul>	<ul style="list-style-type: none"> <li>Multiple Elite Transitional Sequences Passing Through 2 1/2 High</li> <li>Multiple Release Moves; Multiple Top People Performing the Skills within the Pyramid</li> <li>360° or Greater Rotations in transitions to &amp;/or from 1 Leg Extended Variations</li> </ul>
Inversions	<ul style="list-style-type: none"> <li>Inversions to Ground Level</li> <li>Inversion from ground level to below Prep Level</li> </ul>	<ul style="list-style-type: none"> <li>Inversion from ground level to Prep/Extension</li> </ul>	<ul style="list-style-type: none"> <li>Inverted at/below Prep Level</li> <li>Downward Inversion below Prep Level</li> <li>Inversion to Extended 1 leg</li> </ul>	<ul style="list-style-type: none"> <li>Inverted from Prep Level to Prep Level</li> <li>Downward Inversions from Prep Level</li> </ul>	<ul style="list-style-type: none"> <li>Inverted Release from Sponge to an Extended Position</li> </ul>
Dismounts	<ul style="list-style-type: none"> <li>Step/Pop downs</li> <li>Prep Level to Prone</li> <li>Straight Cradle from 2-leg stunts</li> </ul>	<ul style="list-style-type: none"> <li>Single Twists from 2 Legs</li> <li>Up to 1/2 twist from Prep Level</li> <li>Single Leg</li> </ul>	<ul style="list-style-type: none"> <li>1/2 twist to Prone from 1 Leg Extended</li> <li>Single Twists from 1 Leg Extended</li> <li>Suspended Front Flip</li> </ul>	<ul style="list-style-type: none"> <li>Full twist to Prone from 1 Leg Extended</li> <li>1 1/4 Fulls (450°) from 1 Leg Extended</li> <li>Specialty Suspended Front Flip (non-twisting)</li> </ul>	<ul style="list-style-type: none"> <li>1 1/4 twist to Prone from 1 Leg Extended</li> <li>Double Skills to Cradle</li> <li>Specialty Suspended Front Flip (full twist)</li> </ul>
TOSSES DIFFICULTY					
0-2		2-4	4-6	6-8	8-10
Tosses	<ul style="list-style-type: none"> <li>Straight Ride, Blowing a Kiss, Pose</li> </ul>	<ul style="list-style-type: none"> <li>Non-Twisting Single Skill Tosses</li> <li>Toe Touch Kick Pike</li> </ul>	<ul style="list-style-type: none"> <li>Non-Twisting Double Skill Tosses</li> <li>Kick Arch</li> <li>Pike Arch</li> <li>Tuck X</li> </ul>	<ul style="list-style-type: none"> <li>Elite Tosses</li> <li>Twisting Tosses</li> <li>Pike X</li> <li>Switch Kicks</li> </ul>	<ul style="list-style-type: none"> <li>Toe Touch Full</li> <li>Kick Full</li> <li>Double Skill with Single Twist</li> <li>Ball Open Full</li> <li>Full Toe Touch</li> <li>Full Kick Hitch</li> </ul>
EXECUTION					
0 to 2		2 to 4	4 to 6	6 to 8	8 to 10
Refers to proper body position		<p>Below average body position, loads, dismounts, flyer's technique, bases technique of connected stunts</p>	<p>Average body position, loads, dismounts, flyer's technique, bases technique of connected stunts</p>	<p>Above average body position, loads, dismounts, flyer's technique, bases technique of connected stunts</p>	<p>Exceptional body position, loads, dismounts, flyer's technique, bases technique of connected stunts</p>



MOTIONS				
0-1	1-2	2-3	3-4	4-5
<p>Majority of motions executed with poor technique, perfection and synchronization. Use of few team members compared to number on floor. Failure to do any motions may result in a score of "0" (no score).</p>	<p>Minimal Visual Effects. (tricks, ground work, group/partner work, level changes, contagions, opposing motions). Minimal Variety of Movement, Level Changes, Transitions, Energy, Synchronization</p>	<p>Visual effects are accomplished at an average pace, and with few visual incorporations utilized to enhance the performance. Average sharpness, level changes, ripples, variety throughout the routine.</p>	<p>Visual effects are accomplished at a fast pace with above average execution. Many Team Transitions Synchronized throughout the Routine; Creative Combinations of: Movement, Footwork &amp; Placement</p>	<p>Exceptional execution and technique sharpness, and visual effects throughout the routine. Very Creative, Sharp Synchronization with Team/Cheer/Music Overall motions executed with nearly perfect to perfect level of technique, perfection and synchronization.</p>

DANCE				
0-1	1-2	2-3	3-4	4-5
<p>Majority team has improper sharpness, and visual effects throughout the dance. Basic to average dance skills (Ex: Minimal to moderate level and/or formation changes, dance transitions obvious/slow, little to no floor work and/or body movement).</p>	<p>Dance performed at a slow to medium and/or with no change of pace. Below average, sharpness, and visual effects (level changes, ripples, variety) throughout the routine</p>	<p>Average dance skills (Ex: Multiple level and formation changes to create visual effects. Transitions are seamless and solid footwork and body movement)</p>	<p>Performed at fast pace and/or with a variety of changes of pace. Above average sharpness, and visual effects (level changes, ripples, variety) throughout the routine</p>	<p>Dance achieves superior visual effect through use of creative tricks, ground work, group/partner work, level changes, contagious incorporation of opposing motions, crediting the overall quality and quantity of visuals performed. Visual effects are accomplished at a fast pace with seamless execution.</p>



STUNTS DIFFICULTY					
0-2		2-4		4-6	
Variations		• Prep Level Stunts		• Up to Double base Extensions	
<ul style="list-style-type: none"><li>• Sho-n-Go</li><li>• Straddle Sit Prep/Extended</li><li>• Extended Flat Back</li><li>• 1 Leg variation(s) at Prep Level</li></ul>		<ul style="list-style-type: none"><li>• Double Base Extension</li><li>• 1 Single Leg Body Position</li></ul>		<ul style="list-style-type: none"><li>• 2 Single Leg Body Positions Extended</li></ul>	
Transitions		<ul style="list-style-type: none"><li>• Straight up to stunts</li><li>• Switch up to body position below prep level</li><li>• Tic Toc below prep level</li><li>• 1/4 Twisting Transition to below prep level</li><li>• 1/4 down to ground level</li></ul>		<ul style="list-style-type: none"><li>• Barrel Roll</li><li>• Leap Frog</li><li>• Switch up to body position at prep level</li><li>• Full Up (360°) to Prep Level</li><li>• 1/2 Up or Down from Extended</li></ul>	
Inversions		<ul style="list-style-type: none"><li>• Inversions to Ground Level</li><li>• Inversion from ground level to below Prep Level</li></ul>		<ul style="list-style-type: none"><li>• Inversion from ground level to Prep/Extension</li></ul>	
Dismounts		<ul style="list-style-type: none"><li>• Step/Pop downs</li><li>• Prep Level to Prone</li><li>• Straight Cradle from 2-leg stunts</li></ul>		<ul style="list-style-type: none"><li>• Single Twists from 2 Legs</li><li>• Up to 1/2 twist from Prep Level Single Leg</li></ul>	
Skill Ranges		<b>Basic Single Leg Skills</b> - Liberty, Arabesque <b>Intermediate Single Leg Skills</b> - Heel Stretch, Scale <b>Advanced Single Leg Skills</b> - Scorpion, Bow & Arrow <b>Elite Single Leg Skills</b> - Free Stretch, Chin-Chin <i>(Single leg skills listed above are examples only and are not an all-inclusive listing)</i>			
STUNTS EXECUTION					
Refers to proper body		0-2		2-4	
Majority team has improper technique or placement.		Below average body position, loads, dismounts, flyer's technique, bases technique of stand alone stunts		Average body position, loads, dismounts, flyer's technique, bases technique of stand alone stunts	
		4-6		6-8	
		Average body position, loads, dismounts, flyer's technique, bases technique of stand alone stunts		Above average body position, loads, dismounts, flyer's technique, bases technique of stand alone stunts	
		8-10			
		Exceptional body position, loads, dismounts, flyer's technique, bases technique of stand alone stunts			



TRANSITIONS				
0-1	1-2	2-3	3-4	4-5
<p><b>Refers to creative, innovative flow of routine</b></p> <ul style="list-style-type: none"> <li>• Performance lacks creativity and innovative flow of routine.</li> <li>• Poor degree of difficulty/creativity in routine transitions.</li> </ul>	<ul style="list-style-type: none"> <li>• Below average creativity and innovative flow of routine.</li> <li>• Transitions need to be cleaned for timing and smooth execution.</li> <li>• Transitions seem rushed and/or are not well thought out.</li> </ul>	<ul style="list-style-type: none"> <li>• Average creativity and innovative flow of routine.</li> <li>• Some transitions with timing and execution problems.</li> </ul>	<ul style="list-style-type: none"> <li>• Above average creativity and innovative flow of routine.</li> <li>• Spacing appropriately front to back or side to side</li> <li>• Average degree of difficulty/creativity in routine transitions.</li> </ul>	<ul style="list-style-type: none"> <li>• Exceptional creativity and innovative flow of routine</li> <li>• Transitions contain variety of visual elements.</li> </ul>

FORMATIONS				
0-1	1-2	2-3	3-4	4-5
<p><b>Refers to knowledge of formations and spacing</b></p> <p>Majority team has improper knowledge of formations with spacing off throughout routine. Multiple to frequent spacing problems throughout routine. Formation changes need to be cleaned for timing.</p>	<p>Below average use of formations, levels and visual appeal. Minimal degree of difficulty/creativity in formations and/or performers stay in same location for extended periods. Minimal use of floor throughout routine.</p>	<p>Average approach use of formations, levels and visual appeal. Clear shapes/lines, straight lines. Little to no spacing problems during routines. Formation changes are cleanly executed with little timing problems.</p>	<p>Above average use of formations, levels and visual appeal. Spacing appropriately front to back or side to side. High degree of difficulty/creativity in formations.</p>	<p>Exceptional execution of formations, levels and visual appeal. Formation changes throughout routine that add to visual impact and excitement of routine. Great use of total floor.</p>



TUMBLING DIFFICULTY					
0-2	2-4	4-6	6-8	8-9	9-10
Placement within range is determined by difficulty of skills being performed by majority					
<ul style="list-style-type: none"> <li>• Forward/Backward Rolls</li> <li>• Round-Offs • Back Extension</li> <li>• Cartwheels</li> <li>• Front/Back Walkovers</li> <li>• Combinations of Tumbling Skills within this range.</li> </ul>	<ul style="list-style-type: none"> <li>• Standing Back Handspring</li> <li>• Back Walkover, BHS</li> <li>• Round-off BHS</li> <li>• Aerials</li> <li>• Combinations of Tumbling Skills within this range.</li> </ul>	<ul style="list-style-type: none"> <li>• Round-Off, 2 Back Handsprings</li> <li>• 2 Standing BHS</li> <li>• Round-Off 3 BHS</li> <li>• 3 Standing BHS</li> <li>• Creative combinations of Tumbling Skills within 2-6 range.</li> </ul>	<ul style="list-style-type: none"> <li>• Round-Off Back Tuck</li> <li>• Round-Off BHS Back Tuck</li> <li>• Standing Back Handspring Back Tuck</li> <li>• Standing Handspring Series Back Tuck</li> <li>• Creative combinations of Tumbling Skills within 4-8 range.</li> </ul>	<ul style="list-style-type: none"> <li>• Round-off Back Handspring Layout</li> <li>• Round-off Layouts</li> <li>• Round-off Whips</li> <li>• Round-off X-Outs</li> <li>• Back Handspring Layouts</li> <li>• Series Handsprings to Layouts</li> <li>• Punch Front</li> <li>• Standing Back Tuck</li> <li>• Creative combinations of Tumbling Skills within 6-9 range.</li> </ul>	<ul style="list-style-type: none"> <li>• Series Handsprings to Whips</li> <li>• Series handsprings to X-outs</li> <li>• Round-off Full</li> <li>• Series Handsprings to Full</li> <li>• Round-off Side Sumi</li> <li>• Round-off Arabian</li> <li>• Specialty passes of 9-10 Tumbling Skills to Layouts</li> <li>• Specialty passes of 9-10 Tumbling Skills to Fulls</li> </ul>
<b>RECYCLED TUMBLING - Majority reached through Recycled Tumblers will be rewarded the LOWEST Number within the Point Range.</b>					

TUMBLING EXECUTION					
0-2	2-4	4-6	6-8	8-10	
Refers to proper body position, execution and landing of					
Majority team has poor body position, execution and landing of tumbling skills.	Below average body position, execution and landing of tumbling skills.	Average body position, execution and landing of tumbling skills.	Above average body position, execution and landing of tumbling skills.	Exceptional body position, execution and landing of tumbling skills. Standing tumbling skills and variety performed in routine. Running tumbling skills with a nearly perfect level of technique and perfection. Multiple skills and variety performed in routine.	



**PROPOSED QUALIFYING STANDARDS FOR  
BOYS SWIMMING & DIVING 2016**

<b>EVENT</b>	<b>PROPOSED STANDARD</b>
<b>200 Medley Relay</b>	<b>1:40.67</b>
<b>200 Freestyle</b>	<b>1:47.60</b>
<b>200 Individual Medley</b>	<b>2:00.63</b>
<b>50 Freestyle</b>	<b>22.19</b>
<b>Diving</b>	<b>450.00</b>
<b>100 Butterfly</b>	<b>53.95</b>
<b>100 Freestyle</b>	<b>48.76</b>
<b>500 Freestyle</b>	<b>4:52.52</b>
<b>200 Freestyle Relay</b>	<b>1:30.12</b>
<b>100 Backstroke</b>	<b>54.82</b>
<b>100 Breaststroke</b>	<b>1:01.20</b>
<b>400 Freestyle Relay</b>	<b>3:18.87</b>



**New York State Public High School Athletic Association  
Executive Committee Meeting – October 22, 2015**

**PRACTICE SESSION RULE REVISION**

☐ Action Item  
☒ Discussion/ Information Item

**Presenter:**

Todd Nelson, NYSPHSAA Assistant Director

**Proposal:**

Consider for future approval revisions to Rule 22 “Practice Sessions” as follows:

*Athletes who switch from one sport to another ~~contact/collision or limited contact/impact sport to a strenuous/noncontact or non-strenuous/non-contact sport~~ are permitted to count conditioning practices toward their new sport as follows (excluding bowling, golf and rifle).*

**Rationale:**

Currently, NYSPHSAA does not allow student-athletes to carry over practices when going from a “contact” sport to a “contact” sport other than in our State Championships. This revision would create consistency for all students and sports.

**Proposal Originated:**

Membership questions.

**Budget Impact:**

None.

**Notes:**

The Handbook Committee supports this proposal

**Attachments:**

None.





**New York State Public High School Athletic Association  
Executive Committee Meeting – October 22, 2015**

**STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)**

☐ Action Item  
☒ Discussion/ Information Item

**Presenter:**

Kristen Jadin

**Proposal:**

Create a Student-Athlete Advisory Committee (SAAC) to begin in the Spring of 2016. Initially the committee will be comprised of the 13 student-athletes who attended the 2015 New England Student-Leadership Conference (NESLC), the 2 students who attended the 2015 NFHS Student Leadership Conference, and the 5 student-athletes from the Summer 2014 NESLC cohort who have not graduated, totaling 20 student-athletes. After the spring, each section will recommend 1 male and 1 female (1 rising junior and 1 rising senior) for SAAC. These individuals should be able to attend the NESLC (2017) and the NYSAAA conference (2017).

**Rationale:**

Student-Athlete input is imperative in the attempt to create student-athlete development programming. In fact, SAAC gives the student-athletes a voice within the association allowing them to provide feedback and suggestions on a variety of subjects.

**Proposal Originated:**

During the Life of an Athlete Committee meeting on Monday, September 21, 2015, the topic of a creating the SAAC was discussed, based off of the ideas brought forward by Murphee Hayes, who attended the NFHS Leadership Conference.

**Budget Impact:**

The goal for this year is for the SAAC student-athletes to attend and present at the NYSAAA conference in March, attend one meeting with the Marathon student-athletes to discuss and exchange ideas, and attend the NESLC in the Summer of 2016. Expenses will include travel, meals, and potential hotel stay.

**Notes:**

None.

**Attachments:**

None.



**New York State Public High School Athletic Association  
Executive Committee Meeting – October 22, 2015**

**STUDENT-ATHLETE DEVELOPMENT COMMITTEE (SADC)**

☐ Action Item  
☒ Discussion/ Information Item

**Presenter:**

Kristen Jadin

**Proposal:**

Create a Student-Athlete Development Committee that encompasses all student-athlete programming at NYSPHSAA including Life of an Athlete (chemical health), Scholar Athlete, Community Service, Leadership, and Sportsmanship, etc. Each section will have a representative on the committee.

**Rationale:**

A Student-Athlete Development Committee would allow for consistency and growth for the special programs offered at NYSPHSAA. In addition, the goal of the SADC is to create opportunities for student-athletes at the high school level to learn about leadership, sportsmanship, chemical health, life skills, etc. The SADC's role will be to find ways to support and empower student-athletes through programming. Ultimately, the committee will create and revitalize current programming to recognize student-athlete successes, in addition to creating new programming, to prepare student-athletes for the next level of life.

**Proposal Originated:**

The student-athlete development committee was proposed by Kristen Jadin.

**Budget Impact:**

Additional committee meetings throughout the year with at least one face to face a year. Currently, only two meetings take place, none are face to face. Therefore, there is potential for travel, meal, and hotel expenses.

**Notes:**

The Life of an Athlete Committee transitions into the Student-Athlete Development Committee. Life of an Athlete programming will continue to be discussed and promoted through the Student-Athlete Development Committee. In addition, due to the magnitude of the sportsmanship programs offered, the Sportsmanship Committee will continue to be a separate committee.

**Attachments:**

None.



### ***General Action Items***

Approved	1. (A) Consider approval of Ocean Breeze Athlete Complex as the site of the 2017, 2018, and 2019 NYSPHSAA Girls and Boys Indoor Track & Field Championships.	Joe Altieri, NYSPHSAA Assistant Director
Approved	2. (A) Consider approval of Bethpage State Park (Yellow Course) Golf Course as the site of the 2016, 2017 and 2018 NYSPHSAA Girls Golf Championships.	Joe Altieri, NYSPHSAA Assistant Director
Approved	3. (A) Consider approval of Hudson Valley Community College as the site of the 2017, 2018, and 2019 NYSPHSAA Girls Basketball Championships.	Joe Altieri, NYSPHSAA Assistant Director
Defeated	4. (A) Consider approval of Glens Falls Civic Center as the site of the 2017, 2018, and 2019 NYSPHSAA Boys Basketball Championships.	Joe Altieri, NYSPHSAA Assistant Director
Approved	5. (A) Consider approval of revisions to the NYSPHSAA State Championship bidding process.	Robert Zayas, NYSPHSAA Executive Director
Approved	6. (A) Consider approval of NYSPHSAA requiring all of its private/parochial member schools to comply with all coaching certification requirements as outlined in the Commissioner's Regulations Part 135.4, effective July 1, 2016.	Section IX (Sectional concern July 2015)
Defeated	7. (A) Consider approval of a sixth classification in the sport of Football.	Football Committee (Tabled July 2015)
Approved	8. (A) Consider approval to move the Boys and Girls Lacrosse Championships from Week #48 to Week #49.	Boys & Girls Lacrosse Committees
Approved	9. (A) Consider approval to move the Girls Golf Championships from Week #49 to Week #48.	Girls Golf Committee
Approved	10. (A) Consider approval of the Boys Swimming & Diving Qualifying Standards.	Boys Swimming & Diving Committee
Approved	11. (A) Consider approval of NYSPHSAA Athlete Gift policy for State Championship Events.	Robert Zayas, NYSPHSAA Executive Director
Postponed	12. (A) Consider approval of Cheerleading judges fee structure.	Championship Advisory Committee
Approved	13. (A) Consider approval of Cheerleading scoring rubric and composite score sheet.	Todd Nelson, NYSPHSAA Assistant Director
Defeated	14. (A) Consider approval to increase the maximum number of games in the sport Boys Ice Hockey from 20 to 22 games.	Section VI (Sectional Concern July 2015)
Approved	15. (A) Consider approval of an extension of the Boys Volleyball uniform waiver.	Boys Volleyball Committee
Approved	16. (A) Consider approval of waivers of the representation rule for various Sections in several sports.	Robert Zayas, NYSPHSAA Executive Director
Approved	17. (A) Consider revisions of the Wrestling Skin infection form.	Todd Nelson, NYSPHSAA Assistant Director
Approved	18. (A) Consider approval of Friends & Neighbors and new member schools.	Robert Zayas, NYSPHSAA Executive Director

### ***Standing Committees***

Approved	1. Budget/ Audit Committee – Jim Osborne (A) Consider approval of membership dues for 2016-2017, by using the formula of \$810 per school and \$0.86 per student above 300, based upon the 2014-2015 school enrollment numbers.	<i>Budget/ Audit Committee</i>
Approved	(A) Consider approval to maintain ticket prices for the 2016-2017 Championships.	<i>Budget/ Audit Committee</i>
Approved	(A) Consider approval for NYSPHSAA to pay for ski lift tickets for the State Skiing championship “competition” (Alpine and Nordic) beginning in 2017.	<i>Budget/ Audit Committee</i>
-----	2. Championship Advisory Committee – Ted Woods	
-----	3. Handbook Committee – Pat Pizzarelli	
-----	4. Life of an Athlete Committee – Patti Murphy/Thad Lawrence	
Approved	5. Safety Committee – Todd Nelson (A) Consider approval to require adult base coaches in the sport of Softball to wear a hard shell protective helmet while coaching first and third base.	<i>Safety Committee (Tabled July 2015)</i>
Approved	6. Modified Committee – James Rose (A) Consider approval of the number of modified wrestling matches.	<i>Modified Committee</i>
Approved	(A) Consider approval, with section/league approval, a sudden victory overtime period shall be permitted in modified wrestling.	<i>Modified Committee</i>
Approved	(A) Consider approval, with section/league approval, modified wrestlers shall have the option of wearing an alternative to the traditional singlet.	<i>Modified Committee</i>
Approved	(A) Consider approval of Tom Fitzpatrick (Section VIII) as the Modified Tennis Chairman.	<i>Modified Committee</i>
<b><i>Discussion/ Information Items</i></b>		
January Agenda	1. (D/I) Discussion regarding a fourth classification in the sport of Boys & Girls Lacrosse.	<i>Boys &amp; Girls Lacrosse Committees</i>
January Agenda	2. (D/I) Discussion regarding a two-day format for the NYSPHSAA Baseball State Championships to begin in 2017.	<i>Baseball Committee</i>
Introduced	3. (D/I) Creation of Student-Athlete Development Committee.	<i>Kristen Jadin, NYSPHSAA Special Programs Coordinator</i>
Introduced	4. (D/I) Creation of a Student-Athlete Advisory Committee.	<i>Kristen Jadin, NYSPHSAA Special Programs Coordinator</i>
January Agenda	5. (D/I) Discussion regarding a revision to revising Rule 22 “Practice Sessions.”	<i>Handbook Committee</i>
Approved	5. (D/I) Approved Senior All-Star Contests & Combining of Teams.	<i>Robert Zayas, NYSPHSAA Executive Director</i>



**SECTION**

**IX**

**ATHLETICS**

**APPLICATION FOR COMBINING OF TEAMS**

Section IX Athletics  
P.O. Box 656  
Goshen, NY 10924  
Gregory Ransom, Executive Director

## **General Merger Information**

### **SECTION IX ATHLETICS**

Section IX, a member organization of the New York State Public High School Athletic Association (hereafter referred to as NYSPHSAA) has adopted the following procedures for combining of teams within member school districts.

Student bodies of NYSPHSAA member public school districts within Section IX may be combined for interscholastic athletic competition and field a common participating team(s) with the consent of the Section IX Athletic Council.

1. Mergers will be evaluated on a yearly basis. Application for combining of teams must be made annually. NYSPHSAA classification procedures will apply for all contests.
  2. Where applicable, the combined teams may play in a higher classification as dictated by the NYSPHSAA classification policy.
  3. When the application to field a common participating group is made, one of the schools shall be designated to administer the program.
  4. The petitioning schools shall not institute, or be party to, legal proceedings against Section IX, OCIAA, MHAL, or NYSPHSAA in matters associated with combining of team applications.
- \* It is within the rights of the Section IX Athletic Council, and the leagues within, to exercise its judgment to assure that school districts applying for a combination of teams do not use this process to gain an athletic advantage over other member school districts.***

#### **Documents should be sent to:**

**Section IX Athletics  
Combining of Teams Committee  
PO Box 656  
Goshen, NY 10924**

**Email: [josbornesection9@gmail.com](mailto:josbornesection9@gmail.com)  
Fax: 845-291-7306**



## **Statement of Purpose for Combining of Schools:**

\*This document is to be completed by the Host School and signed by all Athletic Director's that are a party to the request.

The Statement of Purpose is a letter that is to be written by the host school and addressed to the Combining of Teams Committee. Within this document, the host school shall provide details of the requested merger such as:

The sport, level(s), host school, combining school(s), reason for combining, number of athletes from combining schools, experience of athletes from combining schools, future plan and/or steps being taken for combined schools to develop individual programs, and any other pertinent information.

### **APPLICATION PROCESS**

1. The Application, which includes the Statement of Purpose and the Combining of Teams Request Forms, including the signature page, must be completed and received by the Section IX Combining of Schools Committee by the deadlines listed below\*:

**Fall Sports: January 15<sup>th</sup> (Football Mergers must be received by January 1<sup>st</sup>)**

**Winter Sports: March 15<sup>th</sup>**

**Spring Sports: May 15<sup>th</sup>**

*\*Extensions beyond the above dates may be considered by the Executive Director on a case by case basis. Requests for extensions and the circumstances must be provided in writing. However, this does not guarantee approval.*

2. The Combining of Teams Committee will review all documents with Section IX Sport Chairperson.
3. The Combining of Teams Committee will send its recommendation to the leagues for a vote.
4. Leagues will bring their recommendations back to the Section IX Athletic Council for a vote. All Council votes will be considered "pending school board approval of all combining schools".
5. If approved by the Council, combining schools bring the request to their Board of Education for approval.
6. If approved at Board of Education level, Resolutions from all involved combining schools must be sent to the Combining of Teams Committee before the request is considered ratified.
7. Once the Section IX Athletic Council has approved the combining of teams, the Executive Director, or designee, will submit the combined teams to NYSPHSAA.

## Combining of Teams Form

School year \_\_\_\_\_ Sport \_\_\_\_\_

Host school district \_\_\_\_\_

Contact Person \_\_\_\_\_ Phone \_\_\_\_\_

Host enrollment number (9-10-11 plus ungraded) \_\_\_\_\_ Current classification \_\_\_\_\_ \*

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Combining school district(s) \_\_\_\_\_

Combining school enrollment (9-10-11 plus ungraded) \_\_\_\_\_ Current classification \_\_\_\_\_ \*

\_\_\_\_\_ First request \_\_\_\_\_ Subsequent request (previously approved)

Program administered by \_\_\_\_\_

Practices to be held at \_\_\_\_\_

Home contests to be played at \_\_\_\_\_

### Reason for combining of teams – Please check the appropriate reason(s):

\_\_\_\_\_ Insufficient number of participants

\_\_\_\_\_ Inadequate facilities

\_\_\_\_\_ Other (please explain)

\_\_\_\_\_

\_\_\_\_\_

### \* Five sport classification numbers 2015-16

AA – 910 and up    A – 480-909    B – 280-479    C – 170-279    D – 169 and below

Class AA – 50%    Class A – 40%    Class B/C - 30%    Class D - 20%.



## **Combining of Teams Signature Page**

**The following signatures are required to validate this request. The request cannot be approved without any of the following:**

### **Requesting (Host) School District**

Superintendent of Schools: \_\_\_\_\_

Board of Education President: \_\_\_\_\_

High School Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_

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### **Combining School District**

Superintendent of Schools: \_\_\_\_\_

Board of Education President: \_\_\_\_\_

High School Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_

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### **Combining School District**

Superintendent of Schools: \_\_\_\_\_

Board of Education President: \_\_\_\_\_

High School Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_

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### **Combining School District**

Superintendent of Schools: \_\_\_\_\_

Board of Education President: \_\_\_\_\_

High School Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_

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# Combining of Teams – Sport Chairperson(s) Input

This form is to be sent to the Sports Chairperson by the host school and must be returned with the Combining of Teams Application to the Committee.

**This section is to be completed by the Host School:**

Host School: \_\_\_\_\_

Combining School(s): \_\_\_\_\_

School Year: \_\_\_\_\_

Sport: \_\_\_\_\_

Level(s): \_\_\_\_\_

**This section is to be completed by the Sport Chairperson(s)**

Notes: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Sport Chairperson Signature: \_\_\_\_\_



# Combining of Teams Request

(This form goes to leagues for approval)

- ☐ Application completed by all schools
- ☐ Chairperson has reviewed request

Host School: \_\_\_\_\_

Combining School(s): \_\_\_\_\_

School Year: \_\_\_\_\_

Sport: \_\_\_\_\_

Level(s): \_\_\_\_\_

Combining of Schools Committee Recommendation:

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League Approval: YES / NO

If "NO", reason for  
rejection: \_\_\_\_\_

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League President Signature: \_\_\_\_\_

**\*For Section Use only – DO NOT WRITE BELOW THIS LINE.****MHAL League Action:**

\_\_\_\_\_ Approved

\_\_\_\_\_ Defeated

League President: \_\_\_\_\_ Print Name: Antonia Woody Date: \_\_\_\_\_

Please attach a statement to support the league action.

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**OCIAA League Action:**

\_\_\_\_\_ Approved

\_\_\_\_\_ Defeated

League President: \_\_\_\_\_ Print Name: Michael Bellarosa Date: \_\_\_\_\_

Please attach a statement to support the league action.

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**Section Action:**

\_\_\_\_\_ Approved

\_\_\_\_\_ Defeated

Executive Director: \_\_\_\_\_ Print Name: Gregory Ransom Date: \_\_\_\_\_

Please attach a statement to support the section action.





# Section IX Athletics

Robert Thabet, Executive Director

## **Section IX Athletics Conflict of Interest Policy**

The purpose of this conflict of interest policy (the "Conflicts Policy") is to ensure that the Section IX Athletics covered personnel act in the Section IX best interest and comply with the applicable regulations set forth under New York State Not for Profit Law and the Section IX Constitution and By-Laws.

### Article 1 – Definitions

1. Covered Personnel

The Section IX Athletic Council members, officers and persons in positions to exercise substantial influence over the affairs of Section IX shall be "covered persons" under the Conflicts Policy.

2. Interested Person

Any covered person who has a direct or indirect financial interest (as defined below) or a potential conflict of interest (as defined below).

3. Conflict of Interest

A conflict of interest may exist whenever an individual owes a duty to more than one person or organization, or when an individual's interests or concerns are potentially inconsistent with, or divergent from, the interests of Section IX Athletics.

4. Family

Family of a person included his or her spouse or domestic partner, ancestors, brothers and sisters, children, grandchildren and great grandchildren.

5. Financial Interest

A person has a financial interest if the person has, directly or indirectly, through business, investment or family:

- a. An ownership or beneficial interest in any corporation of 35% or more than 5% in a partnership or professional corporation with which Section IX has or may have a transaction or arrangement,
- b. A compensation arrangement with Section IX or with any entity or individual with which Section IX transaction or arrangement, or
- c. A potential ownership or investment in, or compensation arrangement with, any entity or individual which Section IX is negotiating a transaction or arrangement.

Compensation includes direct and indirect remuneration as well as gifts or favors that are not insubstantial.

A financial interest is not necessarily a conflict of interest. Under Article III, Section 2 a person who has a financial interest may have a conflict of interest only if the Section IX Athletic Council decides that a conflict of interest exists.

6. Related Party Transaction

A related party transaction includes any transaction, agreement or any other arrangement in which an interested person has a financial interest and in which Section IX is a participant. A transaction, agreement or other arrangement may be a related party transaction even if the Section IX Athletic Council determines that a conflict of interest does not exist.

## Article II Procedures

1. Duty to Disclose

In connection with any actual or possible conflict of interest or any potential related party transaction, an interested person must disclose the existence of any financial interest and be given the opportunity to disclose all material facts to the Section IX Athletic Council considering the proposed transaction or arrangement.

2. Determining whether a Conflict of Interest or Related Party Transaction exists.

After disclosure of the financial interest and all material facts, and after any discussion with the interested person, he/she shall leave the Athletic Council Meeting while the determination of a conflict of interest is discussed and voted upon. The remaining Section IX Athletic Council members shall decide if a conflict of interest exists.

3. Procedures for Addressing the Conflict of Interest or Related Party Transaction.

- a. At the request of the Section IX Athletic Council, an interested person may make a presentation at the Section IX Meeting, but after the presentation shall leave the meeting during the discussion, and vote upon, the transaction or arrangement involving the possible conflict of interest.
- b. An interested person is prohibited from attempting to improperly influence and Athletic Council deliberation or voting related to the transaction or arrangement involving a possible conflict of interest or related party transaction.
- c. The President of Section IX shall, if appropriate, appoint a disinterested person or committee to investigate alternatives to the proposed transaction or arrangement. In the event the proposed transaction involves a related party transaction in which the interested person has a substantial financial interest, then a disinterested person or committee must be appointed to investigate alternative transactions to the extent they are available.
- d. After exercising due diligence, the Section IX Athletic Council shall determine whether Section IX can obtain with reasonable efforts a more advantageous transaction or arrangement from a person or entity that would not give rise to a conflict of interest or related party transaction.



- e. If a more advantageous transaction or arrangement is not reasonably possible under the circumstances not producing a conflict of interest or that do not constitute a related party transaction, the Athletic Council shall determine by a majority vote of the disinterested committee members whether the transaction or arrangement is in Section IX best interest, for its own benefit and whether it is fair and reasonable. In conformity with the above determination it shall make its decision as to whether to enter into the transaction or arrangement.
  - f. If the transaction involving a possible conflict of interest constitutes a related party transaction; then the disinterested committee members shall only approve the transaction or arrangement if it is fair, reasonable and in the Section IX best interests, and shall record in the minutes of the meeting at which such transaction is approved the basis for the Athletic Council approval, that a majority of the committee members present at the meeting approved the transaction and that alternative transactions were considered.
4. Violations of the Conflict of Interest Policy
- a. If the Athletic Council has reasonable cause to believe an interested person has failed to disclose actual or possible conflicts of interest, it shall inform him/her of the basis for the belief and afford him/her the opportunity to explain the alleged failure to disclose.
  - b. If, after hearing the interested person's response and after making further investigation as warranted by the circumstances, the Athletic Council determines the person failed to disclose an actual or perceived conflict of interest, it shall take appropriate disciplinary and corrective action.

## ARTICLE IV RECORDS OF THE PROCEEDINGS

The minutes of the Athletic Council shall contain:

- a. The names of the persons who disclosed or otherwise were found to have a financial interest or other personal interest in connection with an actual or possible conflict of interest, the nature of the financial interest or personal interest, any action taken to determine whether a conflict of interest was present, and the Athletic Council decision as to whether a conflict of interest existed.
- b. No voting member of the Athletic Council, whose jurisdiction includes compensation, directly or indirectly, from Section IX either individually or collectively, is prohibited from providing information to any committee regarding compensation.

## ARTICLE V COMPENSATION

- a. A voting member of the Section IX Athletic Council who receives compensation, directly or indirectly, from Section IX for services is precluded from voting on matters pertaining to that member's compensation.
- b. No voting member of the Athletic Council, whose jurisdiction includes compensation, directly or indirectly, from Section IX either individually or collectively, is prohibited from providing information to any committee regarding compensation.

## ARTICLE VI ANNUAL STATEMENTS

Prior to a person's initial appointment and annually thereafter, each Athletic Council member, officer, employee, agent shall sign a statement (1) whereby the individual identifies, to the best of the person's knowledge, any entity of which such person is an officer, director, trustee, member, owner or employee and with which the Section IX has relationship, and any transaction in which Section IX is a participant and in which the person might have a conflicting interest and (2) which affirms such person:

- a. Has received a copy of the Conflict of Interest Policy
- b. Has read and understood the Conflict of Interest Policy
- c. Has agreed to the Conflict of Interest Policy, and
- d. Understands that Section IX is a charitable entity, and, in order to maintain its federal tax exemption, it must engage primarily in activities, which accomplish one or more of its tax-exempt purposes.

## ARTICLE VII PERIODIC REVIEWS

To ensure that Section IX Athletics operates in a manner consistent with its charitable purposes and does not engage in activities that could jeopardize its tax-exempt status, periodic reviews shall be conducted. The periodic reviews shall, at a minimum, include the following subjects:

- a. Whether the compensation arrangements and benefits are reasonable, based on competent survey information and the result of arm's length bargaining.
- b. Whether partnerships, joint ventures, and arrangements with management organizations conform to Section IX written policies, are properly recorded, reflect reasonable investment or payments for goods and services, further charitable purposes and do not result in inurement, impermissible private benefit or in an excess benefit transaction.

## ARTICLE VIII USE OF OUTSIDE EXPERTS

When conducting the periodic reviews as provided for in Article VII, Section IX may, but need not, use outside advisors. If outside advisors are used, their use shall not relieve the Athletic Council of its responsibility for ensuring periodic reviews are conducted.

Date: \_\_\_\_\_





# Section IX Athletics

Gregory Ransom, Executive Director

## Section IX Athletics 2016-2017 Proposed Budget

### EXPENDITURES:

#### SALARIES:

Section IX Executive Director	\$ 36,050.00
Section IX Officials Negotiator / MHAL Coordinator	\$ 50,428.00
Section IX Treasurer/Secretary	\$ 30,257.00
Section IX Eligibility Chairperson	\$ 5,253.00
Social Security/Comp/Unemployment	\$ 10,000.00
<b>Total</b>	<b>\$ 131,988.00</b>

Equipment	\$ 7,048.00
Supplies	\$ 7,000.00
Catering	\$ 3,000.00
Travel/Conference	\$ 7,000.00
Membership	\$ 2,000.00
Audit	\$ 6,000.00
Awards	\$ 15,000.00
Paychex Services	\$ 2,000.00
Section IX Bid Proposal	\$ 6,000.00
<b>Total</b>	<b>\$ 55,048.00</b>

Boy's Sport Programs	\$ 116,000.00
Girl's Sport Programs	\$ 93,500.00

**Expenditure Total \$ 396,536.00**

SPORT	BOYS	GIRLS
Baseball	\$ 7,000.00	
Basketball	\$ 16,000.00	\$ 16,000.00
Cheerleading		\$2,500.00
Cross Country	\$ 3,000.00	\$ 3,000.00
Field Hockey		\$ 3,000.00
Football	\$ 22,000.00	
Golf	\$ 3,000.00	\$ 3,000.00
Gymnastics		\$ 3,000.00
Ice Hockey	\$ 3,000.00	
Lacrosse	\$ 3,000.00	\$ 3,000.00
Modified Sports	\$ 500.00	\$ 500.00
Softball		\$ 7,000.00
Skiing Alpine	\$ 2,500.00	\$ 2,500.00
Skiing Nordic	\$ 2,000.00	\$ 2,000.00
Soccer	\$ 7,500.00	\$ 7,500.00
Swimming	\$ 6,000.00	\$ 6,000.00
Tennis	\$ 3,000.00	\$ 3,000.00
Track & Field	\$ 13,000.00	\$ 13,000.00
Winter Track	\$ 10,500.00	\$ 10,500.00
Wrestling	\$ 14,000.00	
Volleyball		\$ 8,000.00
<b>Total</b>	<b>\$ 116,000.00</b>	<b>\$ 93,500.00</b>

### INCOME:

Section IX Dues \$225.(per varsity team) x 855 teams	\$ 192,375.00
Section IX Gate Revenue & Time Warner Contract & Sponsors	\$ 176,377.00
Section IX Insurance per school fee \$454. x 46 schools	\$ 20,884.00
NYSAAA-NIAAA Dues per school \$150. x 46 schools	\$ 6,900.00
<b>Total Income</b>	<b>\$ 396,536.00</b>

Section IX	2013-2014	2014-2015	2015-2016
Dues Charge per varsity team	\$315.00 -1.3%	\$250.00 -20%	\$225.00 -10%
Insurance Charge per District	\$454.00 0.0%	\$454.00 0.0%	\$454.00 0.0%
NYSAAA-NIAA Dues Charge per District	\$150.00 0.0%	\$150.00 0.0%	\$150.00 0.0%

Section IX	2016-2017
Dues Charge per varsity team	\$225.00 0.0%
Insurance Charge per District	\$454.00 0.0%
NYSAAA-NIAA Dues Charge per District	\$150.00 0.0%

October 2015

Re: Fall 2015 Meeting Report - NYSPHSAA Committee for Modified Athletics

The fall meeting of the NYSPHSAA Committee for Modified Athletics took place on October 2, 2015 in Latham, New York. A synopsis of the meeting is as follows:

**I. Items that will go to the State Executive Committee in October 2015:**

**A. Modified Wrestling Proposal**

Motion:

*"Modified Wrestling Game Condition #6.c) shall be edited to read:*

*'With section/league approval, a sudden victory overtime period shall be permitted in modified wrestling. . The method of overtime must be determined at the onset of the event. Wrestlers may start in the standing position or in the 'Referees' Criteria' based on the NFHS wrestling rulebook for sudden victory. The overtime period shall not exceed 30 seconds.'*

The motion passed 16-0-2. This item will be moved as an Action Item for implementation this winter season.

**B. Modified Wrestling Alternative Uniform**

Motion:

*"With section/league approval, modified wrestlers have the option of wearing an alternative to the traditional singlet. Options may include a form-fitting compression shirt and compression shorts, or a form-fitting compression shirt under the school uniform singlet."*

The motion passed 18-0. The item will be moved as an Action Item for implemented in the winter season.

**II. Items that will go to the State Safety Committee in October**

**Modified Wrestling Proposal**

Motion:

*"Modified Wrestling Game Conditions #1.b) and 6.b shall be edited to read:*

*1.b) 2 Point Meets are any competitions where a wrestler or wrestlers compete in 3 or 4 bouts. and*

*6.b) If a contestant competes in two, three or four bouts per contest, the time periods will be either: (1) Three 1 minute periods, or (2) 1<sup>st</sup> Period: 1 minute; 2<sup>nd</sup> and 3<sup>rd</sup> Periods: 1 ½ minutes."*

The motion passed 16-0-2. If it is passed by the Safety Committee, it will be moved to the Executive Committee as an Action Item for implementation this winter season.

**III Items which will occur before the Spring 2016 Modified Committee meeting:**

A. Completion of sectional Fall 2015 football pilot program post-season injury surveys by sections participating in pilot program; preparation of final Fall 2015 football pilot program



results by modified football coordinator Steve Nolan; recommendation for adoption of rule changes

- B. Sub-committee will meet to develop recommendations from the modified sections and modified sport coordinators to the Modified Committee and Safety Committee regarding reduction of number of practice days required before modified level scrimmages/games
- C. Georgia McCarthy from Section 11, in collaboration with boys' and girls' modified basketball sport coordinators Steve Hummel and Jim Miller, will design a Survey Monkey document to collect state-wide Middle School and high school coaches' opinions of the use of the 3-point shot in modified boys' and girls' basketball

**IV. Discussion Item for Next Meeting**  
Reduction in Required Practice Days

**V. Action Item for Next Meeting of NYSPHSAA Modified Committee**

**Proposed Changes in Modified Starting Weeks**

Motion:

*"The modified sections may be more restrictive and have the option of establishing their modified sport season starting weeks after the NYSPHSAA starting weeks:*

*The starting week for the modified fall season will be Week 8 .*

*The starting week for the modified winter season will be Week 20.*

*The starting week for the modified spring season will be Week 37."*

The motion passed 18-0.

**Proposed Change in Fall Season Starting Week for Section 7**

Motion:

*"Section 7 requests a change in their fall season starting week from Week 8 to Week 7."*

The motion passed 18-0.

**Proposed Field Hockey Rule Change**

Can modified field hockey players play an aerial ball? This will be voted on in the spring for next year.

**VI. Information Items**

1. Post-Season Football Injury Survey Report. Sections 2, 3, 4, 5, 6, 7 and 9 are participating in the second year of the modified football pilot program during the Fall 2015 season. The cumulative data collected after the first year of the pilot program displayed no increase in the total number of injuries, and consistent numbers in concussions, strains and sprains, fractures, abrasions and contusions, as compared to previous years when the pilot program was not in effect. There were no catastrophic injuries or deaths. When reviewing feedback related to the changes to the rules in modified football, the overall reaction was positive from coaches at both the modified level and the varsity level. All of the coaches and directors who provided feedback felt that the rule changes made a significant positive impact in terms of modified athletes learning the game and being prepared for the next level. In relation to football development, especially at schools with limited numbers of participants, the rule changes were felt to limit injuries due to the increased teaching of fundamentals by coaches. Another factor was the increased involvement of upper level coaches in helping to teach skills needed at upper levels. In

programs where athletes transition from modified to varsity, coaches felt that the athletes were better prepared for the next level of play as a result of the modified rule changes.

A final decision as to whether or not the football pilot program will be adopted will occur at the Modified Committee's Spring 2016 meeting, after the injury data of the second year of the pilot program is collected and analyzed. Modified football sport coordinator Steve Nolan will go through all of the data, prepare a final report.

2. Use of 3-Point Shot in Modified Boys' and Girls' Basketball. The NYS sections are split on this issue, and discussion continues. Last spring's anticipated survey of the opinions of state modified and high school coaches did not happen, so the issue was tabled at this meeting.

3. Proposal to Reduce Required Number of Practice Days. A sub-committee was established to develop recommendations to the State Safety Committee and Modified Committee regarding possible reductions in the number of practice days required before modified level games. Our existing standards may be outdated. Does our section have recommendations regarding this issue? The recommendations from our section are due by December 15, 2015.

4. The State Modified committee is requesting that each section have someone designated as the modified football wrestling representative.

5. Does Section 9 have modified cheerleader do stunts and tumbling? If so, they must be following the rules from the State in terms of competitive cheerleading.

NYSPHSAA Modified Committee Spring Meeting: Friday, April 1, 2016 - 9:30 AM