



# Section IX Athletics

Robert Thabet, Executive Director

## Section IX Athletic Council Meeting

Tuesday, October 21, 2014 at 9:30 a.m.

Orange-Ulster BOCES, Carl P. Onken Conference Center, Room B&C

### AGENDA

1. Call to Order: Bob Thabet
  2. Pledge of Allegiance: Bob Thabet
  3. Review of Meeting Materials – Jim Osborne
  4. Approval of September 16, 2014 Minutes
  5. Financial Report: Jim Osborne
  6. Section IX NYSPHSAA Representatives – Roberta Greene and Jim Wolfe
    - a. NYSPHSAA General Action Items
    - b. Fairness in High School Athletic Competition
  7. NYSPHSAA: Joe Altieri, Director of Media and Marketing
  8. Section IX Reserve Fund /Investment Policy Committee Report
  9. Cheerleading – Cherie Ramsey
  10. Back from the Leagues
    - a. Academic Advantage Waiver (Educational Waiver)  
Corresponding Change of Residency and Legal Separation
    - b. Boys Lacrosse – Exceptional Senior Game
    - c. Track & Field – Classification Numbers
  11. Use of Drones for Athletic Scrimmages and Games – Michael Bellarosa
  12. Section IX Softball Chairperson Resignation – Bob Thabet
  13. Fall Chair Reports:
    - a. Cross Country                      Jim Glover and Joe Cahill
    - b. Football                              Dave Coates and Glen Maisch
    - c. Boys Soccer                         Pete Ferguson
    - d. Girls Soccer                         Diane Wanser
    - e. Field Hockey                        C.J. Bull-Knuth
    - f. Girls Swimming                      Pat Ryan
    - g. Girls Tennis                         Selina DeCicco
    - h. Volleyball                            Toni Woody
  14. Chair Reports:
    - a. Girls & Boys Modified Sports    Jeremy Weber & Michelle Henn
    - b. Safety                                   Janet Carey
    - c. Chemical Health                      Marco Lanzoni
    - d. Officials Coordinator                Dennis Burkett
    - e. Eligibility                              Fred Ahart
    - f. Sportsmanship                        Glen Maisch
  15. New Business
  16. Old Business
  17. Adjournment
- Next Meeting Date: Tuesday, November 25, 2014 at Marlboro High School Library at 9:30 a.m.

### ***General Action Items***

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|--|--|
| 1. (A) Consider approval to permit jewelry in accordance with the NFHS Track & Field Rule book.  | <i>Girls &amp; Boys Track &amp; Field and Cross Country Committees</i> |
| 2. (A) Consider approval of Glens Falls (2) as the site for the 2015-2018 Girls & Boys Volleyball Championships.                       | <i>Girls &amp; Boys Volleyball Committee</i>                           |
| 3. (A) Consider approval to change the site of the 2015 Boys Lacrosse Championships to Vestal High School (4).                         | <i>Boys Lacrosse Committee</i>   |
| 4. (A) Consider approval to change the site of the 2015 Bowling Championships to Strike-N-Spare Lanes (3).                             | <i>Girls &amp; Boys Bowling Committee</i>                              |
| 5. (A) Consider approval to change the date of the rifle regionals to Saturday, February 28, 2015.                                     | <i>Rifle Committee</i>   |
| 6. (A) Consider approval to add an at-large entry into the NYSPHSAA Division II Ice Hockey Championships.                              | <i>Ice Hockey Committee</i>  |
| 7. (A) Consider approval of NYSPHSAA wrestling skin infection form.  | <i>Wrestling Committee</i>   |
| 8. (A) Consider approval of the post season option for the minimum weight certification program.                                       | <i>Wrestling Committee</i>   |
| 9. (A) Consider approval of NYSPHSAA Competitive Cheerleading standards to begin in the winter season of 2014.                         | <i>Competitive Cheer Committee</i>                                     |
| 10. (A) Consider approval of NYSPHSAA Competitive Cheerleading Championships to begin in the winter season of 2016.                    | <i>Competitive Cheer Committee</i>                                     |
| 11. (A) Consider approval for dual participation (Fall & Winter) in competitive Cheer to begin Fall 2015.                              | <i>Competitive Cheer Committee</i>                                     |
| 12. (A) Consider approval of waivers of the representation rule for various sports and Sections.                                       | <i>Sections I, II, III, VII</i>  |
| 13. (A) Consider approval of Assistant Girls Swimming & Diving Coordinator (Pat Ryan) and Girls Soccer Coordinator (Joe Vasile-Cozzo). | <i>Bob Stulmaker, NYSPHSAA Assistant Director</i>                      |
| 14. (A) Consider approval of Friends and Neighbors.  | <i>Robert Zayas, NYSPHSAA Executive Director</i>                       |

### ***Discussion/ Information Items***

- |   |   |
|---|---|
| 1. (D/I) NYSPHSAA regulations of Executive and Central Committee representatives. | <i>Superintendent Cracker Barrel Session- July 2014</i> |
| 2. (D/I) Approved NYSPHSAA guidelines being included in the Handbook.             | <i>Robert Zayas, NYSPHSAA Executive Director</i>        |
| 3. (D/I) NYSPHSAA Transgender Guidelines.   | <i>Robert Zayas, NYSPHSAA Executive Director</i>        |
| 4. (D/I) NYSPHSAA State Championship site selection policies and procedures.      | <i>Robert Zayas, NYSPHSAA Executive Director</i>        |
| 5. (D/I) Ball adoption RFP.   | <i>Robert Zayas, NYSPHSAA Executive Director</i>        |
| 6. (D/I) Maximum game limits.   | <i>Section X/ Carl Normandin</i>                        |
| 7. (D/I) Approved Senior All-Star Contests & Combining of Teams.                  | <i>Robert Zayas, NYSPHSAA Executive Director</i>        |



## ***Standing Committees***

1. Budget/ Audit Committee – Jim Osborne  
(A) Consider approval of membership dues for 2015-2016, by using the Formula of \$810 per school and \$0.86 per student above 300, based upon the 2015-2016 school enrollment numbers. *Budget/ Audit Committee*  
  
(A) Consider approval to maintain ticket prices for the 2015-2016 Championships. *Budget/ Audit Committee*
2. Championship Advisory Committee – Ted Woods
3. Handbook Committee – Pat Pizzarelli  
(A) Consider approval to eliminate the “Educational Waiver” as one of the waivers of the NYSPHSAA transfer rule beginning with the 2015-2016 school year with the addition of “*educational waivers will not be considered as an undue hardship*” to the “NOTE:” following the transfer exemptions within the NYSPHSAA Handbook. *Transfer Committee*  
  
(A) Consider approval to add the following to Corresponding Change of Residency within the NYSPHSAA transfer rule to begin with the 2015-2016 school year: “*For athletic eligibility a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one’s physical presence as an inhabitant and the intent to remain indefinitely.*” *Transfer Committee*  
  
(A) Consider approval to revise the 4th exemption of the Transfer Rule to read: “*4. A student from divorced or 'legally' separated parents who moves into a new school district with one of the aforementioned parents. Such transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.*” *Transfer Committee*
4. Life of an Athlete Committee – Patti Murphy/Thad Lawrence
5. Safety Committee – Todd Nelson
6. Modified Committee – James Rose  
(A) Consider approval for the NYSPHSAA Executive Director to provide a wavier of the Promotion Rule if a team is dropped by a district. *Modified Committee*  
  
(A) Consider approval to eliminate “sudden victory” in Modified Basketball with one 4-minute overtime period. *Modified Committee*  
  
(A) Consider approval to reduce the required number of cross country practices (13 to 11) and Track & Field practices (15 to 13). *Modified Committee*  
  
(A) Consider approval to allow the 3-point shot in modified basketball with Section and League approval. *Modified Committee*  
  
(A) Consider approval to allow up to 50% of the maximum number of games scheduled for each modified level sport may be designated as scrimmages with Section/ League approval. *Modified Committee*
7. Officials Coordinating Federation – Dennis Burkett
8. Sportsmanship Committee – Todd Nelson
9. Student Leadership – Bob Stulmaker



**New York State Public High School Athletic Association  
Executive Committee Meeting – October 23, 2014**

**BALANCING THE MAXIMUM # OF CONTEST  
BY LENGTH OF THE SPORT SEASON  
& CREATING A COMMON STARTING DATE  
FOR EACH SPORT SEASON**

     Action Item  
  √   Discussion/ Information Item

**Presenter:**

Carl Normandin- Executive Director Section 10

**Proposal:**

To balance the “maximum number of varsity contest” based on the actual length of the three (3) respective sports seasons, starting the 2015-2016 school year.

**1<sup>st</sup> Recommendation-**

- ❖ Fall- 15 weeks -16 contests for the sports of Field Hockey, Soccer, Cross Country, Volleyball, and Swimming/Diving & Tennis.
- ❖ Winter- 20 weeks- 20 contests for the sports of Basketball, Bowling, Ice Hockey, Wrestling
- ❖ Spring- 15 weeks- 16 contests for the sports of Baseball, Golf, Lacrosse, Softball, Outdoor Track, Tennis.

**2<sup>nd</sup> Recommendation-**

Create a common sport season starting date for the fall, winter and spring seasons.

- ❖ **Fall** sport season- third (3<sup>rd</sup>) Monday of August as the common starting date for all Varsity/Jv sports
- ❖ **Winter** sport season-third (3<sup>rd</sup>) Monday of November as the common starting date for all Varsity/Jv sports
- ❖ **Spring** sport season-third (3<sup>rd</sup>) Monday of March as the common starting date for all Varsity/Jv sports

**Rationale:**

**1<sup>st</sup> Recommendation-**This proposal will require a reduction of contest(s) by two (2) in the sports of B/G Tennis & B/G Golf to bring these sports in line with all other Fall/Spring sports. The sport of B/G basketball would increase by one (+1) to balance that sport with the rest of the winter sports in that respective (20 week) season. Estimated Cost Saving may vary on a per district basis. This contest adjustment is based in part on the assumption that the current NYSPHSAA moratorium is scheduled to expire in June 2015. This proposal will provide an overall balance of the maximum # of contest based on the actual length of each sports season.

**2<sup>nd</sup> Recommendation-**This proposal will establish a fair and consistent starting date for every student – athlete, coach and interscholastic program as a member school in NYSPHSAA. This will also help better balance out the number of weeks per sports season based on proposal #1. This will also reduce the amount of overlap from the post season of one sport to the start up of the next sport season our athletic communities. It also creates some needed recuperative down time both physically, socially and



emotionally for everyone involved in interscholastic athletics. This “transition phase” also supports NYSPHSAA’s mantra that:

“We are High School” and we are “educationally based” entity.

**Proposal Originated:**

Section 10 Athletic Council

**Budget Impact:**

- No Budget impact to NYSPHSAA
- No Budget impact to the Section
- No Budget impact to the Leagues

**Notes:**

Current (# of game)-Proposed (#of games)

Fall (15 weeks)

Field Hockey-16/16  
Soccer -16/16  
Cross Country-16/16  
Volleyball-20\*

Winter (20 weeks)

Basketball-18/20  
Bowling-20/20  
Ice Hockey-20/20  
Wrestling-20/20

Spring (15 weeks)

Baseball-20\*  
Softball-20\*  
Lacrosse-16/16  
Track & Field-16/16

\*These sports have the ability to play 2 contest(s) in day per NYSPHSAA handbook.

**Attachments:**

None.



2014-2015 NYSPHSAA Championship  
Dates/Sites



**Fall 2014**

Nov 1-3	G Tennis	Tri City Tennis Center, Latham (2)
Nov 8	B/G Cross Country	SUNY Canton (10)
Nov 15	Federation Cross Country	Bowdoin Park, Wappingers Falls (1)
Nov 14	B Volleyball	Civic Center, Glens Falls (2)
Nov 15-16	G Volleyball	Civic Center, Glens Falls (2)
Nov 15-16	G Soccer	SUNY Cortland, Homer HS, Tompkins Cortland CC (3)
Nov 15-16	Field Hockey	Maine-Endwell HS (4)
Nov 15-16	B Soccer	Middletown HS (9)
Nov 21-22	G Swimming/Diving	Ithaca College, Ithaca (4)
Nov 21-22	Football East Semifinals	Dietz Stadium, Kingston (9)
Nov 21-22	Football West Semifinals	Sahlen's Stadium, Rochester (5)
Nov 29-30	Football Finals	Carrier Dome, Syracuse (3)

*Presented by the American Dairy Association and Dairy Council*

**Winter 2014-2015**

Feb 23-24	B/G Skiing	Whiteface/Mt. Van Hoevenburg, Lake Placid (7)
Feb 27-28	Wrestling	Times Union Center, Albany (2)
Feb 27-28	Boys Swimming/Diving	Ithaca College (4)
Feb 28	Girls Gymnastics	Kenmore West HS (6)
Feb 28	Rifle (Regional)	West Point (9)
March 7	Boys Volleyball (Regional)	Section 2 TBA
March 7	B/G Indoor Track/Field	Cornell University (4)
March 7-8	B/G Bowling	Strike-n-Spare Lanes (3)
March 14-15	Ice Hockey	Memorial Auditorium, Utica (3)
March 20-22	Girls Basketball	Hudson Valley Community College, Troy (2)

*Presented by the American Dairy Association and Dairy Council*

March 20-22	Boys Basketball	Civic Center, Glens Falls (2)
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*Presented by the American Dairy Association and Dairy Council*

March 27-29	Boys/Girls Federation Basketball	University at Albany (2)
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**Spring 2015**

May 28-30	B Tennis	National Tennis Center, Flushing (NYC)
May 30-31, June 1	B Golf	Cornell University, Ithaca (4)
June 3	B Lacrosse East Semis	Middletown HS (9)
June 3	B Lacrosse West Semis	St. John Fisher College, Rochester (5)
June 5-6	G Lacrosse	SUNY Cortland (3)
June 6	B Lacrosse Finals	Vestal HS (4)
June 7	Federation Golf	Bethpage State Park, Farmingdale (8)
June 12-13	B/G Track & Field	University at Albany (2)
June 13	Softball	Moreau Park, South Glens Falls (2)
June 13	Baseball	Binghamton (4)
June 12-14	G Golf	SUNY Delhi (4)

**Cheerleading Regionals**

February 21	Guilderland HS (2)
February 28	Long Island (8/11)
March 7	RIT (5)

Updated 9/29/14





2015-2016 NYSPHSAA Championship  
TENTATIVE Dates/Sites



**Fall 2015**

Oct 31/Nov 1-2	G Tennis	TBA
Nov 7	B/G Cross Country	Monroe-Woodbury High School (9)
Nov 14	Federation Cross Country	Bowdoin Park, Wappingers Falls (1)
Nov 13	B Volleyball	Civic Center, Glens Falls (2)
Nov 14-15	G Volleyball	Civic Center, Glens Falls (2)
Nov 14-15	G Soccer	SUNY Cortland, Homer HS, Tompkins Cortland CC (3)
Nov 14-15	Field Hockey	Cicero-North Syracuse HS (3)
Nov 14-15	B Soccer	Middletown HS (9)
Nov 20-21	G Swimming/Diving	Ithaca College, Ithaca (4)
Nov 20-21	Football East Semifinals	Dietz Stadium, Kingston (9)
Nov 20-21	Football West Semifinals	Sahlen's Stadium, Rochester (5)
Nov 27-29	Football Finals	Carrier Dome, Syracuse (3)

*Presented by the American Dairy Association and Dairy Council*

**Winter 2015-2016**

Feb 22-23	B/G Skiing	Whiteface/Mt. Van Hoevenburg, Lake Placid (7)
Feb 26-27	Wrestling	Times Union Center, Albany (2)
Feb 26-27	Boys Swimming/Diving	Erie Community College Buffalo (6)
Feb 29	Girls Gymnastics	TBA
March 5	Boys Volleyball (Regional)	Section 3 TBA
March 5	B/G Indoor Track/Field	Cornell University (4)
March 5	Rifle (Regional)	TBA
March 5-6	B/G Bowling	TBA
March 12-13	Ice Hockey	Memorial Auditorium, Utica (3)
March 11-13	Girls Basketball	Hudson Valley Community College, Troy (2)

*Presented by the American Dairy Association and Dairy Council*

March 11-13	Boys Basketball	Civic Center, Glens Falls (2)
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*Presented by the American Dairy Association and Dairy Council*

March 18-20	Boys/Girls Federation Basketball	Times Union Center, Albany (2)
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**Spring 2016**

May 26-28	B Tennis	National Tennis Center, Flushing (NYC)
May 28-30	B Golf	Cornell University, Ithaca (4)
June 1	B Lacrosse East Semis	TBA
June 1	B Lacrosse West Semis	TBA
June 3-4	G Lacrosse	SUNY Cortland (3)
June 4	B Lacrosse Finals	TBA
June 5	Federation Golf	Bethpage State Park, Farmingdale (8)
June 10-11	B/G Track & Field	Cicero-North Syracuse HS (3)
June 11	Softball	Moreau Park, South Glens Falls (2)
June 11	Baseball	Binghamton (4)
June 10-12	G Golf	SUNY Delhi (4)

**Cheerleading Regionals**

Dates and Sites TBA

# MEETING REPORT

## Meeting: NYSPHSAA Budget/ Audit Committee

Date: September 12, 2014 (Teleconference)

### Topics Discussed:

- Revisions to conflict and interest policy
- Membership dues
- Ticket Prices
- State Championship facilities/ venue selection
- General Liability Insurance coverage

### Attendees:

Jim Osborne- Chair  
Julie Bergman  
Steve Broadwell- Absent with notice  
Rene James  
Paul Harrica  
John Rathbun  
Ryan Sherman  
Eileen Troy  
Robert Zayas

### Action Items/ Major Discussion:

- The Committee approved the following items:
  - Renee James discussed the need to amend the Conflict of Interest policy to conform to the not-for-profit law to ensure our policy is in compliance with the statute. Definitions were added to the statute and highlighted the responsibilities of the Budget/ Audit Committee.
  - Robert Zayas recommended no increase in membership dues by calculating membership dues for 2015-2016, by using the Formula of \$810 per school and \$0.86 per student above 300, based upon the 2015-2016 school enrollment numbers.
  - Jim Osborne recommended no increase in ticket prices.
- The Committee discussed the need for the CAC, Budget & Audit Committee and NYSPHSAA Staff to have more review and oversight of the site selection of NYSPHSAA Championship facilities and venues.
- Robert Zayas informed the Budget & Audit Committee that he was proposing a change in the Association's General Liability carrier to include regular season General Liability coverage. If the change does occur, the GL premium will increase approximately \$60,000 per year. Robert recommended the Association utilize a recently discovered inactive CD to offset any increase the sections may incur for General Liability coverage during the 2014-2015 school year. The Budget & Audit Committee agreed.

### Future Items For Consideration:

#### Future Meeting Dates:

- January 30, 2015 @ 1:00 PM
- February 6, 2015 @ 10:00 AM (*Compensation Committee*)
- March 27, 2015 @ 1:00 PM



# MEETING REPORT

## Meeting: Handbook Committee

Date: September 22, 2014 @ 10:00 AM (Teleconference/ NYSPHSAA)

### Topics Discussed:

- Educational Waiver elimination
- Transfer rule
- Legal Separation
- Constitution changes
- Practice Sessions (Contact to Contact)
- NYSPHSAA Guidelines
- Future meeting dates
- Suspended games and seven day rule
- Transgender Guidelines

### Attendees:

Pat Pizzareli- Chair  
Julie Bergman  
Steve Broadwell  
Mike Carboine  
Darryl Daily  
Robbie Green  
Renee James  
Todd Nelson  
Robert Zayas

### Action Items Approved/ Major Discussion:

- Handbook Committee favored the following items being recommended to the Executive Committee:
  - Consider eliminating the "Educational Waiver" as one of the waivers of the NYSPHSAA transfer rule beginning with the 2015-2016 school year with the addition of "educational waivers will not be considered as an undue hardship" to the "NOTE:" following the transfer exemptions within the NYSPHSAA Handbook.
  - Adding the following to the transfer rule: *For athletic eligibility a residency is changed when one is abandoned by the immediate family and another residency established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely.*
  - Consider revising the 4<sup>th</sup> exemption of the Transfer Rule to read: *"4. A student from divorced or 'legally' separated parents who moves into a new school district with one of the aforementioned parents. Such transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge."*
- The Committee suggested the Executive Committee discuss the idea of adding guidelines for mixed competition and transfer hardship to the NYSPHSAA Handbook .
- The Committee recommended the safety committee address the question: why can an athlete not switch from a contact to a contact and be permitted to count conditioning practices toward their new sport?
- The Committee agreed with Robert Zayas' interpretation that the suspended game rule would take precedence over the seven day rule, since the seven day rule is in place not for safety, but to address over emphasis.

### Future Items For Consideration:

#### - Future Handbook Committee Dates:

December 18, 2014 @ 9:00 AM

March 25, 2015 @ 1:00 PM

June 22, 2015 @ 9:00 AM

## **New York State Public High School Athletic Association Transgender Guidelines**

The NYSPHSSAA recognizes the value of participation in interscholastic sports for all student athletes. The NYSPHSSAA is committed to providing all students with the opportunity to participate in NYSPHSSAA activities in a manner consistent with their gender identity and the New York State Commissioner of Education's Regulations.

The Dignity For All Students Act (DASA) prohibits discrimination and/or harassment of students on school property or at school functions by students or employees. The prohibition against discrimination includes discrimination based on a student's actual or perceived sex and gender. Gender includes a person's actual or perceived sex as well as gender identity and expression.

A transgender student's home school will perform a confidential evaluation to determine the appropriate team assignment for the prospective student athlete. Guidelines for making this determination are set forth below.

### **Definitions:**

For purposes of these guidelines the following definitions will apply:

**Transgender person:** A person whose gender identity does not match the sex assigned to him or her at birth. This cross gender identification is often referred to as gender dysphoria. A transgender individual who is born female bodied but identifies as a male is referred to as a transgender man. A transgender person who is born male-bodied but identifies as female is referred to as a transgender woman.

**Gender Identity:** A person's deeply felt internal sense of being male or female.

**Gender Expression:** A person's external characteristics that is socially defined as either masculine or feminine, such as dress, mannerisms, speech patterns and social interactions.

### **Privacy Policy:**

All discussions and documentation at each level of the process shall be kept confidential to the extent permitted by law unless the student and the family make a specific request in writing.



## Procedure:

1. The student's home school will be the first point of contact for determining the student's eligibility to participate in a particular sport.
2. The student and the parent(s)/guardian must notify the Superintendent and the Athletic Director of the District in writing that the student has a different gender identity than the gender identity on the student's birth certificate and would like the opportunity to participate in interscholastic athletics. The request must state each sport the student wishes to participate in.
3. The school will determine the teams that the student is eligible to participate in.

The school may use the following criteria to determine participation:

-Gender identity used for school registration and other school purposes.  
(Information can include participation in other school activities etc,)

-Medical documentation (Medical documentation can include, but is not limited to evidence of counseling, hormone therapy, letters from medical personnel certifying the student's gender identity. Medical personnel can include doctor, therapist or other qualified professional.)

-Gender Identity related advantages for approved participation (information can include the size and skill of the student)

Once a member school has rendered a decision the Superintendent or Athletic Director shall notify the NYSPHSAA office and the Section Executive Director in writing of the decision. The notification shall state the student's classified gender and the sports that the student would like the opportunity to participate in if they are selected through the try-out process.

## NYSPHSAA:

The NYSPHSAA will appoint an Equity liaison. The liaison will only become involved in the process if requested by the District. The Equity liaison will act in an advisory capacity only and will facilitate access to information regarding gender identity as it relates to interscholastic sports.

A parent of a transgender student denied participation under these guidelines should appeal directly to the Commissioner of Education. The Commissioner of Education is currently reviewing the implications of DASA and the Mixed Competition Rule. Therefore, any member school appealing the decision of the home school of the transgender student granting the student the opportunity to participate in interscholastic sports based on the Mixed Competition Regulation of the Commissioner of Education must also appeal directly to the Commissioner of Education.



**New York State Public High School Athletic Association  
Executive Committee – October 23, 2014**

**COMPETITIVE CHEERLEADING SPORT STANDARDS**

☒ Action Item  
☐ Discussion/ Information Item

**Presenter:**

Todd Nelson, NYSPHSAA Assistant Director

**Proposal:**

The following sport standards for Competitive Cheerleading have been recommended by the Cheerleading Committee:

- Minimum Practice Requirement: 10 team/8 individual
- Representation: minimum of 2 required competitions before post season. Note: The 2014-2015 NYSPHSAA Invitational(s) will not be considered post-season.
- Maximum number of Contests: 12
- Nights Rest: 1 night per competition. Note: Cheering or performing during a sport event is not considered competition.
- Spirit Standards: NFHS Spirit Rule Book
- Limitations per Day: 1 competition per day
- Competition Standards: Routine – 2 minutes and 30 seconds must include Cheer and Dance
- Judges: Minimum of 3 judges and 1 safety judge per competition

**Rationale:**

Starting with the winter 2014-2015 season, Competitive Cheerleading will be a recognized sport. All Competitive Cheerleading teams will have to follow all NYSPHSAA and NYSED rules and regulations. These standards will outline the rules and regulations specific to Competitive Cheerleading.

**Budget Impact:**

Schools and Sections will determine the budgetary impact of Competitive Cheerleading.

**Notes:**

The NYSPHSAA Cheerleading Committee has been planning and preparing for the recognition of competitive cheerleading since 2009. The Cheerleading Committee has taken the input from all 11 sections in regards to these recommendations.

**Attachment:**

None.





**New York State Public High School Athletic Association  
Executive Committee – October 23, 2014**

**COMPETITIVE CHEERLEADING CHAMPIONSHIP**

☒ Action Item  
☐ Discussion/ Information Item

**Presenter:**

Todd Nelson, NYSPHSAA Assistant Director

**Proposal:**

To host a NYSPHSAA Competitive Cheerleading Championship in Winter of 2016 in 5 divisions with teams qualifying through a sectional event. The schools would be divided into Division I (750 and up) and Division II (749 and down) based on their school enrollment number. Within each of those divisions there would be a small squad size (5-16 athletes competing) and a large squad size (17 to 32 athletes competing). The fifth division would be a co-ed division with all teams competing that had at least one male on the team. To reach the State Championship the top 10% of schools from each division in each section would qualify for the event. Sections would have the option to only send their top qualifier for each division.

**Rationale:**

Starting with the Winter 2014-2015 season Competitive Cheerleading will be a recognized sport. Based on the 2013-2014 participation survey we have 490 competitive cheerleading squads within our membership. Based on this number and the Championship Philosophy we are over the number of teams needed (401) to have 5 classes of competition.

**Budget Impact:**

Schools and Sections will have expenses related to their teams participating in the NYSPHSAA Championship event. Sections will also have the opportunity to see profits from their Sectional events. For the past two years the NYSPHSAA has hosted two invitational events and will host three this current school year and has seen a significant profit from these events.

**Notes:**

The NYSPHSAA Cheerleading Committee has been planning and preparing for the recognition of competitive cheerleading since 2009. The Executive Committee will be taking action on the recommendations the cheerleading committee has made for the Sport Standards of Competitive Cheerleading. We appreciate the input and opinion of the Championship Advisory Committee.

**Attachment:**

None.

Section	School Name	Classification	Varsity Participation
9	NEWBURGH FREE ACADEMY-MAIN CAMPUS	2603	13
9	MIDDLETOWN HIGH SCHOOL	1661	18
9	MONROE-WOODBURY HIGH SCHOOL	1660	28
9	KINGSTON HIGH SCHOOL	1580	15
9	PINE BUSH SENIOR HIGH SCHOOL	1435	17
9	Valley Central	1120	18
9	WASHINGTONVILLE SENIOR HIGH SCHOOL	1091	18
9	WARWICK VALLEY HIGH SCHOOL	1079	18
9	MINISINK VALLEY HIGH SCHOOL	1015	18
9	Franklin D Roosevelt	967	20
9	WALLKILL SENIOR HIGH SCHOOL	852	17
9	CORNWALL CENTRAL HIGH SCHOOL	840	16
9	MONTICELLO HIGH SCHOOL	719	19
9	PORT JERVIS SENIOR HIGH SCHOOL	688	8
9	GOSHEN CENTRAL HIGH SCHOOL	675	20
9	RED HOOK SENIOR HIGH SCHOOL	517	18
9	MARLBORO CENTRAL HIGH SCHOOL	495	14
9	HIGHLAND HIGH SCHOOL	454	24
9	Spakenkill	401	14
9	JAMES I O'NEILL HIGH SCHOOL	345	12
9	John S Burke Catholic High School	339	15
9	LIBERTY MIDDLE/HIGH SCHOOL	338	14
9	SULLIVAN WEST HIGH SCHOOL	300	4
9	FALLSBURG JUNIOR-SENIOR HIGH SCHOOL	282	10
9	TRI-VALLEY SECONDARY SCHOOL	263	12
9	CHESTER ACADEMY-MIDDLE/HIGH SCHOOL	237	21
9	S S SEWARD INSTITUTE	197	11
9	WEBUTUCK HIGH SCHOOL	180	21
9	Eldred	159	14
9			





**New York State Public High School Athletic Association  
Executive Committee – October 23, 2014**

**DUAL SEASON COMPETITION FOR  
COMPETITIVE CHEERLEADING**

☒ Action Item  
☐ Discussion/ Information Item

**Presenter:**

Todd Nelson, NYSPHSAA Assistant Director

**Proposal:**

The Cheerleading Committee is recommending the NYSPHSAA recognize Fall Competitive Cheerleading and Winter Competitive Cheerleading as separate sport seasons. This will allow student athletes and teams to compete in both seasons.

**Rationale:**

The NYSED recognizes Fall Competitive Cheerleading and Winter Competitive Cheerleading. Many sections and leagues have well established competitions in both the Fall and Winter Seasons. Many indoor and outdoor track and field athletes perform the same activity in both Winter and Spring Season.

**Budget Impact:**

Schools, Leagues, and Sections could be negatively impacted by not be able to run a Fall Cheerleading Competition and a Winter Cheerleading Competition. These events have been well established and have a positive impact on the league and section budgets.

**Notes:**

The NYSPHSAA would only hold a Championship event in the Winter season. If teams are restricted to only one season of competition they would still be classified as a competitive cheerleading team in the other season and have to follow NYSED coaching regulations.

**Attachment:**

None.

# MEETING REPORT

## Meeting: NYSPHSAA Modified Committee

Date: 9/19/2014 (NYSPHSAA Office)

### Topics Discussed:

- Central Committee approvals (promotion, try-out etc.)
- Promotion Rule Wavier
- Volleyball Service Rotation
- Modified Basketball Overtime
- Minimum Practices for XC and T/F
- 10 second rule for girls basketball
- Modified Wrestling Points
- 3 Point Shot in B/G Basketball
- Concerns with Badminton and Tennis
- 50% Scrimmage Rule

### Attendees:

Jim Rose – Co-chair  
Judy Salerno – Co-chair  
Mira Martincich – Secretary  
Todd Nelson – Asst. Director  
Sections – 1,2,3,4,5,7,8,9,10,11  
Steve Nolan – Baseball/Football  
Jim Miller – Girls Basketball  
Gordie Pollard – B Lax  
Matt Wood – B/G Soccer  
Micki Bedlington – Softball  
Teresa Lee – B/G Track and Field

### Action Items Approved/ Major Discussion:

- Waiver of the Promotion Rule if a team is dropped by a district can be made to the NYSPHSAA Executive Director. Approved; going to Executive Committee in October
- Modified Basketball Overtime: eliminate “sudden victory”, one 4 minute overtime period. Approved; going to Executive Committee in October
- Reduction in minimum number of practices for XC (13 to 11) and T/F (15 to 13). Approved; going to Executive Committee in October
- 10 second rule for Girls Basketball. Defeated; all schools will follow the NCAA rule.
- 3 point shot for girls and boys basketball with **League and Sectional approval**. Approved; will go to Executive Committee in October.
- 50% scrimmage rule. Approved; will go to Executive Committee in October.

### Future Items For Consideration:

- Modified Wrestling maximum number of points. Will be an action item in the Spring modified meeting.
- Volleyball servicing rotation recommendation. Section 1 concern. Possible action item in the Spring
- Badminton and Tennis concerns from Section 8. Possible recommendation and action in the Spring.



# MEETING REPORT

**Meeting:** Life of an Athlete Committee

**Date:** 9/29/14 (Teleconference)

## **Topics Discussed:**

- Video for the website.
- Using the 19 students that attended the New England Student Leadership Conference to produce the video.
- Use the same students to tweet positive messages about healthy living, sleep, nutrition, wellness, etc.
- Flash drives will be provided to the Section Reps with updated information.

## **Attendees:**

Patti Murphy  
Thad Lawrence  
Tim Hayes  
Murphee Hayes  
Marco Lanzoni  
Jeff Malis  
Matt DeVincenzo  
Bob Stulmaker  
Joe Agostinelli  
Bridget frank - Intern

## **Action Items Approved/ Major Discussion:**

- None.

## **Future Items For Consideration:**

- Next Meeting: Thursday, March 15, 2015 @ 3:00 PM
- NYSAAA Conference



## **NYSPHSAA PHYSICIAN RELEASE WRESTLER TO PARTICIPATE WITH SKIN LESION(S)**

The National Federation of State High School Associations' (NFHS) Sports Medicine Advisory Committee has developed a physician release form for wrestlers to participate with skin lesion(s) as a suggested model you may consider adopting for your state. The NFHS Sports Medicine Advisory Committee (SMAC) conducted a survey among specialty, academic, public health and primary care physicians and reviewed extensively the literature available on the communicability of various skin lesions at different stages of disease and treatment. No definitive data exists that allow us to absolutely predict when a lesion is no longer shedding organisms that could be transmitted to another. Another finding from the survey was the significant differences that exist among physicians relating to when they will permit a wrestler to return to participation after having a skin infection.

Neither the NFHS nor the NFHS SMAC presumes to dictate to professionals how to practice medicine. Neither is the information on this form meant to establish a standard of care. The NFHS SMAC does feel, however, that the guidelines included on the form represent a summary consensus of the various responses obtained from the survey, from conversations and from the literature. The committee also feels that the components of the form are very relevant to addressing the concerns of coaches, parents, wrestlers and physicians that lead to the research into this subject and to the development of this form.

### **GOALS FOR ESTABLISHING A WIDELY USED FORM:**

1. Protect wrestlers from exposure to communicable skin disorders. Although most of the skin lesions being discussed generally have no major long term consequences and are not life threatening, some do have morbidity associated with them and student-athletes should be protected from contracting skin disorders from other wrestlers or contaminated equipment such as mats.
2. Allow wrestlers to participate as soon as it is reasonably safe for them and for their opponents and/or teammates using the same mat.
3. Establish guidelines to help minimize major differences in management among physicians, physician's assistants, and nurse practitioners who are signing "return to competition forms". Consistent use of these guidelines should protect wrestlers from catching a skin disease from participation and should protect them from inequalities as to who can or cannot participate.
4. Provide a basis to support physician, physician assistant, or nurse practitioner decisions on when a wrestler can or cannot participate. This should help the physician, physician assistant, or nurse practitioner who may face incredible pressure from many fronts to return a youngster to competition ASAP. This can involve a student athlete who never wins a match or the next state champion with a scholarship pending.

### **IMPORTANT COMPONENTS FOR AN EFFECTIVE FORM:**

1. Each state association needs to determine which appropriate health-care professional can sign off on this form. **For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant, or nurse practitioner.**
2. Inclusion of the applicable NFHS wrestling rule so physicians, physician assistants, and nurse practitioners will understand that covering a contagious lesion is not an option that is allowed by rule. Covering a non-contagious lesion after adequate therapy to prevent injury to lesion is acceptable.
3. Inclusion of a "bodygram" with front and back views should clearly identify the lesion in question. Using non-black ink to designate skin lesions should result in less confusion or conflict. Also including the number of lesions protects against spread after physician, physician assistant, or nurse practitioner visit.
4. Inclusion of guidelines for minimum treatment before returning the wrestler to action as discussed above. This should enhance the likelihood that all wrestlers are managed safely and fairly.
5. Inclusion of all of the components discussed has the potential to remove the referee from making a medical decision. If a lesion is questioned, the referee's role could appropriately be only to see if the coach can provide a fully completed medical release form allowing the wrestler to wrestle.



# WRESTLING COMMUNICABLE SKIN DISEASE FORM

## PHYSICIAN RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION



Name: \_\_\_\_\_

Date of Exam: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

School: \_\_\_\_\_

Diagnosis \_\_\_\_\_

Location AND Number of Lesion(s) \_\_\_\_\_

Medication(s) used to treat lesion(s): \_\_\_\_\_

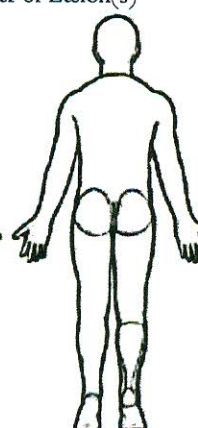
Date Treatment Started: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Time: \_\_\_\_\_

**Note:** By signing below, the physician is stating that the diagnosed lesion(s) is no longer contagious and the student may return to full participation.



Front



Back

Physicians Signature \_\_\_\_\_ Date: \_\_\_\_\_

Physician Name (Printed or Typed) \_\_\_\_\_

(M.D. or D.O.)

Office Address \_\_\_\_\_

Office Phone Number: \_\_\_\_\_

**For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant, or nurse practitioner.**

**Note to Physician, Physician Assistant, Nurse Practitioner:** Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

"ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from an appropriate health-care professional stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated, on-site meet appropriate health-care professional is present and is able to examine the wrestler either immediately prior to or immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."

"ART. 4 . . . If a designated on-site meet appropriate health-care professional is present, he/she may overrule the diagnosis of the appropriate health-care professional signing the medical release form for a wrestler to participate or not participate with a particular skin condition."

"ART. 5 . . . A contestant may have documentation from an appropriate health-care professional only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."

Once a lesion is non- contagious, it may be covered to allow participation.

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

**Bacterial Diseases (impetigo, boils):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

**Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours or full five days of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

**Tinea Lesions (ringworm on scalp or skin):** Oral or topical treatment for 72 hours on skin and oral treatment 14 days on scalp.

**Scabies, Head Lice:** 24 hours after appropriate topical management.

**Conjunctivitis (Pink Eye):** 24 hours of topical or oral medication and no discharge

**Molluscum Contagiosum:** Upon treatment with curettage and hyfrecator, may cover with bioclusive and wrestle immediately.





# Cornwall Central High School

*Home of the Green Dragons*

Michael Kroemer  
*Director of Health, PE and Athletics*

October 6, 2014

## **NYSAAA Chapter IX Report** *Michael Kroemer, Chapter IX Rep.*

### **Section News**

- Chris Mayo has stepped into the role as Athletic Coordinator taking over for James Osborne who retired in September. Chris has been with the OCIAA and Section 9 for 17 years and brings with him great experience and expertise. We are very happy to welcome him in this role.
- Section 9 is not in favor of restoring the 19<sup>th</sup> game in varsity boys and girls basketball. We are hoping that when the reduction of contests expires, all sports will be restored to their original number of contests.
- Section 9 has adopted a Spectator Code of Conduct.
- Mandatory AD Workshop was held on Sept. 16<sup>th</sup> at Wallkill HS.
- All ADs in Section 9 are members of NYSAAA. It is incorporated into their Sectional dues.

### **OCIAA/MHAL (League) News**

- Dennis Burkett has taken over the role of MHAL (Mid-Hudson Athletic League) Coordinator.
- Both leagues have voted to not allow drones at any athletic contest.

### **NYSAPERD Catskill Zone News**

- The Catskill Zone will be hosting a Brain Gym 101 Workshop at Washingtonville High School October 11-13 8:30am-5:00pm. Anyone who is interested can contact Michelle Henn via email at [mhenn@ws.k12.ny.us](mailto:mhenn@ws.k12.ny.us) or 914-443-6667.
- Our Get Moving NY Event is still TBA- we are working on trying to get a run/walk set up in Washingtonville, but have hit a couple of bumps.
- Our Mini-Conference will be on November 10<sup>th</sup> at Pakanasink Elementary School/Circleville Middle School from 8:00-12:30. Participants are encouraged to bring a lesson idea to share. They can go to the NYSAPERD website for information and registration.

### **Local (School News)**

- Cornwall Central High School was named a 2013-14 School of Distinction as every varsity team qualified as team scholar athletes.
- Don Blaine, Cornwall Wrestling coach was inducted into the National Wrestling Hall of Fame. The first Section 9 wrestling coach to be inducted. The ceremony was held in Syracuse on September 21, 2014.