



Section IX Athletics

Robert Thabet, Executive Director

Section IX Athletic Council Meeting

Tuesday, September 16, 2014

Wallkill High School Auditorium at 9:30 a.m.

Followed by the NYSPHSAA Mandated Athletic Director Workshop

1. Call to Order: Bob Thabet
2. Pledge of Allegiance: Bob Thabet
3. Introduction of New Athletic Council Members – Sean Michel, Joe Phelan, Ivan Katz
4. Introduction of New Athletic Directors
5. Review of Meeting Materials – Jim Osborne
6. Approval of June 12, 2014 Minutes
7. Financial Report: Jim Osborne
8. Section IX NYSPHSAA Representatives – Roberta Greene and Jim Wolfe
9. NYSPHSAA: Robert J. Zayas, Executive Director
10. Section IX Reserve Fund /Investment Policy Committee Report
11. Parental Workshop on College Application – Rosario Agostaro
12. Meeting of Sports Coordinators – Bob Thabet
13. Cheerleading – Cherie Ramsey
14. Back from the Leagues
 - a. Code of Conduct for Spectators - DRAFT
 - b. Section IX Championship and Neutral Sites
15. School Mergers – Jim Osborne
16. Fall Chair Reports:
 - a. Cross Country Jim Glover and Joe Cahill
 - b. Football Dave Coates and Glen Maisch
 - c. Boys Soccer Pete Ferguson
 - d. Girls Soccer Diane Wanser
 - e. Field Hockey C.J. Bull-Knuth
 - f. Girls Swimming Pat Ryan
 - g. Girls Tennis Selina DeCicco
 - h. Volleyball Toni Woody
17. Chair Reports:
 - a. Girls & Boys Modified Sports Jeremy Weber & Michelle Henn
 - b. Safety Janet Carey
 - c. Chemical Health Marco Lanzoni
 - d. Officials Coordinator Dennis Burkett
 - e. Eligibility Fred Ahart
 - f. Sportsmanship Glen Maisch
18. New Business
19. Old Business
20. Adjournment
 - Next Meeting Date: Tuesday, October 21, 2014 at Orange-Ulster BOCES, Carl P. Onken Conference Center, Room B & C at 9:30 a.m.
21. NYSPHSAA Mandated Athletic Director Workshop-
Robert Zayas, NYSPHSAA Executive Director

**New York State Public High School Athletic Association
Robert Zayas
Executive Director**

**Section IX Athletics
Robert Thabet
Executive Director
2014-2015**

**James Osborne
Secretary**

**James Osborne
Treasurer**

Athletic Council

Tom Cassata, Red Hook C.S.D. – President
John Landro, Tuxedo U.F.S.D. – Past President
Tim Bult, Minisink Valley C.S.D. – 1st Vice President
Antonia Woody, New Paltz C.S.D. – 2nd Vice President

Rosario Agostaro, Rondout Valley C.S.D. – Central Committee Superintendent Rep.
Sean F. Michel, Chester U.F.S.D. – Superintendent Representative
Ivan Katz, Fallsburg C.S.D. – Superintendent Representative
Joseph Phelan, Rhinebeck C.S.D. – Superintendent Representative
Jim Wolfe – Central Committee
Dave Bernsley, Monroe-Woodbury C.S.D. – Central Committee
Roberta Greene, Washingtonville C.S.D. – Central Committee
Scott Courter, Washingtonville C.S.D. – League Representative OCIAA
Michael Bellarosa – League Representative OCIAA
Dave Franskevicz, Sullivan West C.S.D. – League Representative OCIAA
Fred Ahart, Roscoe C.S.D. – League Representative OCIAA
Dennis Burkett – League Representative MHAL
Amy McArdle-Rausenberger – F.D.R. High School, Hyde Park C.S.D. – League Rep. MHAL

Orange County Interscholastic Athletic Association

Executive Committee:

President - Mr. Michael Bellarosa, Valley Central S.D.
Vice President – Mr. John Landro, Tuxedo U.F.S.D.

Superintendents:

Ms. Roberta Greene, Washingtonville C.S.D.
Mr. Daniel T. Connor, Goshen C.S.D.
Dr. Ivan Katz, Fallsburg C.S.D.

Principals:

Mr. Kenneth Hauck, Minisink Valley C.S.D.
Mr. Lou Trombetta, Highland Falls-Ft. Montgomery C.S.D.
Mr. Scott Haberli, Sullivan West C.S.D.

Athletic Directors:

Mr. David Coates, Middletown City S.D.
Mr. Michael Kroemer, Cornwall C.S.D.
Mr. Rob Gravelle, Florida U.F.S.D.

Office of Interscholastic Athletics:

OCIAA Athletic Coordinator: Mr. Christopher Mayo
OCIAA Assistant Athletic Coordinator: Mrs. Heather Walsh

Mid-Hudson Athletic League

MHAL Officers

President – Mrs. Antonia Woody, New Paltz Athletic Director
Vice President – Mr. Tom Cassata, Red Hook Athletic Director
MHAL Coordinator – Mr. Dennis Burkett

Central Administration

Mr. Rosario Agostaro, Rondout Valley C.S.D. Superintendent
Mr. Joseph Phelan, Rhinebeck C.S.D. Superintendent
Mr. Raymond Castellani, Marlboro C.S.D. Superintendent
Mr. Brian Devincenzi, Wallkill C.S.D. Ass't. Superintendent

Secondary Administration

Ms. Barbara Clinton, New Paltz High School Principal
Mr. Nicholas Millas, Millbrook Athletic Director
Dr. Amy McArdle-Rausenberger, F.D.R. Athletic Director

Athletic Director

Mr. Stephen Boucher, Rhinebeck Athletic Director



Section IX Athletics

Robert Thabet, Executive Director

NYSPHSAA Central Committee Meeting July 2014 - Highlights

Robert Zayas - Executive Director, NYSPHSAA

Coaching Certification: The NYSPHSAA and NYSA continue efforts to streamline the coaching certification requirements in New York State (report enclosed.)

Statewide Ball Adoption: The NYSPHSAA staff has started to prepare the request for proposal for the Potential Implementation of a Statewide Ball Adoption program.

Legislative Initiatives: Memo of support was created to support a bill to require the New York State Department of Health to compile data and publish the best practices for the management and treatment of concussions and mild traumatic brain injuries. (Report enclosed)

Fall Athletic Director Workshop: The 2014 Fall Athletic Director Mandatory Eligibility Workshop will be held in Section IX on Tuesday, September 16, 2014 at Wallkill High School.

Robert Stulmaker, Assistant Director, NYSPHSAA

School of Distinction Award Winners for the 2013-2014 from Section IX was Cornwall Central High School. 2014-2015 instructions and application forms are posted on the NYSPHSAA website.

Todd Nelson – Assistant Director, NYSPHSAA

Sanctioning: The NYSPHSAA Sanctioning process is online at www.nysphsaa.org. Anytime a school is traveling out of state for a competition they must complete the “notice of entry” on-line. Schools will be able to check the status of an out of state event on the website. If a school is hosting an event that involves a school(s) from another state they must complete the NYSPHSAA sanctioning application or the NFHS on-line sanctioning application. For further assistance please contact Todd Nelson in the NYSPHSAA office at: tnelson@nysphsaa.org

Free NFHS Courses: The NFHS is committed to provide more and more courses at no cost. For more information on courses offered by the NFHS please visit www.nfhslearn.com

Darryl Daily, Associate in Physical Education, NYSED (Report enclosed)

NYSED Physical Education, Health Education and Athletics Update.
DASA requirement information and Concussion Course legislation details are listed in the report.

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|--|---|
| 1. <u>Handbook Committee:</u>
(Report enclosed) | 8. <u>Modified Promotion Rule:</u>
(Item Enclosed) |
| 2. <u>Championship Advisory Committee:</u>
(Report enclosed) | 9. <u>Modified Tryout Rule:</u>
Approved with Change (Item Enclosed) |
| 3. <u>Todd Nelson – Safety Committee:</u>
(Report Enclosed) | 10. <u>Modified Football – Pilot Program:</u>
(Item Enclosed) |
| 4. <u>Modified Sports Committee:</u>
(Report Enclosed) Items for Review Fall 2014 | 11. <u>Representation Rule –
Medical Documentation:</u> (Item Enclosed) |
| 5. <u>Todd Nelson – Sportsmanship Committee:</u>
(Report Enclosed) | 12. <u>Competitive Cheerleading:</u>
Approved |
| 6. <u>Unified Sports as an Official Program:</u>
(Item Enclosed) | 13. <u>Wrestling Physician Release:</u>
Approved (with Form Enclosed) |
| 7. <u>Mixed Competition Guidelines:</u>
(Item Enclosed) | |

- A. NYSPHSAA ban on jewelry is still in effect, page 112 of the NYSPHSAA Handbook. NFHS ruling does not affect NYSPHSAA ban on jewelry.

GENERAL ACTION ITEMS VOTED ON AT NYSPHSAA SUMMER MEETING

- B. #6 Approved with change to include only transfer students, medical condition and overlapping seasons.
- C. #14 with Sectional Approval Increase the number of varsity ONLY Basketball games from 18 to 19 for the 2014-2015 school year.
- D. #17 Approved with change “Next regularly scheduled contest.”
- E. Elimination of Academic Advantage, Legal Separation, and Athletic Shopping to be voted upon by the NYSPHSAA Executive Committee at the October Meeting.
- F. Approval of the Wrestling Updated Skin Infection Form.
- G. Review AED location at events and who is responsible for checking to make sure the machines are working. Sports Chairpeople to add to their Safety Plan and review multiple venues.

NEW YORK STATE INTERSCHOLASTIC COACHING REQUIREMENTS

The New York State Interscholastic Coaching requirements, at their core, have consisted of three fundamental courses since the mid 1970's. While the topics covered are pertinent to coaches, we believe the delivery system to be somewhat antiquated and not always readily available to coaches in need of certification.

In 2013 NYSED agreed to accept the National Federation of High Schools (NFHS) On-Line Concussion recognition course to meet the concussion legislation requirement for coaches. The NFHS have a complete coaching certification course catalog that is recognized in more than 30 States. The rigor these courses provide and their ease of access make the process of coaching certification much more streamlined. Therefore, we would like to propose the following change in the New York State Interscholastic Coaching course requirements:

Existing NYS Coaching Requirements

- Philosophy, Principles & Organization of Athletics in Education
- Theories & Techniques of Coaching
- Health Sciences Applied to Coaching

No changes proposed to other current requirements:

- Fingerprints
 - SAVE
 - Child Abuse Recognition
 - Dignity Act Training
 - NFHS Concussion in Sports (on-line)
 - CPR/AED
 - First Aid for Coaches
 - DASA Training
-

Proposed NEW NYS Coaching Requirements

- NFHS Fundamentals of Coaching
 - NFHS Fundamentals of Coaching –Sports Specific
 - NFHS First Aid, Health & Safety for Coaches
-
- Completion of these three NFHS courses plus the NFHS Concussion course earn the coach the Accredited Interscholastic Coach (AIC) designation
 - 6 states + the District of Columbia require a State Component on-line course through NFHS for certification. We may want to consider as well.

NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION



MEMORANDUM IN SUPPORT

S.7004 (Young) / A.9651 (Benedetto)

AN ACT to amend the public health law, in relation to directing the commissioner of health to produce a report on the best practices for the management and treatment of mild traumatic brain injuries in children and adolescents

This bill would require the New York State Department of Health to compile data and publish the best practices for the management and treatment of concussions and mild traumatic brain injuries. Further, it would require the Department to post the information on its website.

The New York State Public High School Association (NYSPHSAA) and its 783 member schools support this proposal as it complements the comprehensive guidelines and procedures established in the Concussion Management and Awareness Act (CMAA) of 2011. NYSPHSAA fully supports CMAA because it provides schools with a statewide standard that addresses head injuries on and off the field. CMAA goes beyond interscholastic sports by requiring the State Education Department to provide all schools with guidelines for the return to the classroom after a student is concussed. CMAA ensures students receive the appropriate amount of recovery time before they can return to the playing field and schools receive the tools needed to better understand the impact head injuries have in the classroom. S.7004/A.9651 will continue to build off the success of the Concussion Management and Awareness Act by providing up-to-date research and techniques to manage and treat children and adolescents with head injuries.

NYSPHSAA applauds the sponsors for continuing to focus on this important issue and urge the Legislature to adopt S.7004/A.9651.

The New York State Public High School Athletic Association Inc. is a non-profit, voluntary, educational service organization composed of public, parochial, and private schools dedicated to providing equitable and safe competition for the students of its member schools. Membership is open to secondary schools providing interschool athletic activities for boys and girls in grades 7-12.

Contact: Robert Zayas, Executive Director 518.609.0771
Todd Nelson, Assistant Director 518.690.0771

NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE
July 2014

1. THANK YOU FOR YOUR CONTINUED EFFORTS IN PROVIDING HIGH-QUALITY PHYSICAL EDUCATION, HEALTH EDUCATION and ATHLETIC PROGRAMS IN NEW YORK STATE.

2. PROFESSIONAL DEVELOPMENT OPPORTUNITIES

- See website: " **Let's Move Active Schools**" - <http://www.letsmoveschools.org/>
- NFL-Fuel Up to Play 60-See Website: <http://www.fueluptoplay60.com/>
- Program developed to support schools in creating a culture of physical activity in schools. **Money is available to districts through the "Let's Move Active Schools" program.**
- **Professional Development opportunities**-See below:
- New York State Athletic Administrators Association (NYSAAA) Leadership Training Program- See website: <http://www.nysaaa.org/page.cfm?page=leadership.cfm>
- New York State Association for Health, Physical Education, Recreation and Dance (NYSAHPERD) Conference (November 19-22, 2014) in Verona, New York- See website: <http://www.nysahperd.org/content/professional-development/nys-ahperd-conference.cfm>
- American Alliance for Health, Physical Education, Dance and Recreation AAHPERD-Now called "SHAPE", National Conference (March 17-21, 2015) in Seattle, Washington- See website: <http://www.aahperd.org/whatwedo/convention/>

3. Recent Item: Section 52.21 and Part 80 of the Regulations of the Commissioner of Education have been amended and a New Subpart 57-4 has been added to the Regulations of the Commissioner of Education to implement the Coursework or Training in Harassment, Bullying and Discrimination Prevention and Intervention required under the Dignity for All Students Act (DASA)

- **Required**-Schools need to create policies and guidelines to be used in school training programs to discourage the development of discrimination or harassment and to enable employees to prevent and respond to discrimination or harassment.

NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE July 2014

- **Effective January 1, 2014-** School professionals applying for a certificate or license on or after January 1, 2014 complete training on the social patterns of harassment, bullying and discrimination.
- **Required-**teacher and school leadership preparation programs to include **at least six hours of training** in Harassment, Bullying and Discrimination Prevention and Intervention.
- **A new Subpart 57-4** of the Commissioner's Regulations was added to establish standards under which the Department will approve providers of this training.
- See: <http://www.highered.nysed.gov/tcert/certificate/dasa-applicant.html>

4. Reminder-Concussion Courses legislation courses required for physical education teachers and coaches every 2 years:

- http://www.cdc.gov/concussion/HeadsUp/online_training.html
- Great News! The NFHS/CDC Concussion Course is now approved to be used by coaches in New York State as part of the Concussion Management and Awareness Act requirement (every 2 years).

*All NFHS course are accessed at www.nfhslearn.com. The direct link to the Concussion Course is <http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>. Note-Physical education teachers would still have to complete the **Heads Up, Concussion in Youth Sports** (every 2 years) It is available at http://www.cdc.gov/concussion/HeadsUp/online_training.html.

5. REGENTS REFORM ITEMS QUESTIONS:

- Suggest going back frequently to NYSED website for updates and clarification; Topics including Common Core Standards, APPR, data-driven instruction, Student Learning Objectives or teacher and leader effectiveness.
 - For updated information see: <http://engageny.org/>
 - Specific questions related to Regents reform: <http://www.engageny.org/contact>
 - Specific questions for SLO's: educatoreval@mail.nysed.gov

6. NEW GUIDELINES FOR HEALTH APPRAISALS (Health Exams)

- Released August 2013
- See site <http://www.p12.nysed.gov/sss/schoolhealth/schoolhealthservices/SchoolHealthExaminationGuidelines.pdf>

NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE July 2014

- Asking more detailed questions related to concussion and cardiac history on the health history recommended sample form.
- Note: The process will not change.
- Includes Medical Certificate of Limitation sample for Adaptive PE.

7. CONNECTING HEALTH AND PHYSICAL EDUCATION TO THE COMMON CORE STANDARDS (AAHPERD-New name is "SHAPE")

- For professional development see:
<http://www.aahperd.org/whatwedo/prodev/common-core-state-standards-webinars.cfm>
- Enhancement, not replacement for quality PE

8. COMPETITIVE CHEERLEADING RECOGNIZED AS A SPORT WITH BOTH SED AND NYSPHSAA (Effective- Winter season 2014-2015):

- Unanimously approved by the NYSED Board of Education at April, 2014 Board Meeting.
- Amendments will be made to Guidelines based on CR 135.4: Coaching Requirement Guidelines, Selection Classification Guidelines, Mixed Competition, and Sport Standards.
- All coaches/advisors of competitive cheerleading are required to complete the same coaching requirements, including all safety provisions, as all interscholastic sports recognized in Department Guidelines, based on Commissioner's Regulation §135.4 (c)(7). Suggest all competitive cheerleading coaches begin certification process ASAP.
- Competitive cheerleading shall be defined by the Department as teams performing various athletic activities, including stunts, pyramids and/or tosses, jumps and tumbling, under the direct supervision of a properly certified coach. Competitive cheerleading squads may perform during school functions, as well as properly sanctioned school, sectional, state, and/or national events during a specified season.

9. COACHING COURSE PROVIDERS

- Please make sure your certificates are updated (Check with Darryl Daily-Associate in Physical Education if need new template)

10. QUALITY PHYSICAL EDUCATION PLAN REMINDER

- Is your district plan current? Is your plan frequently updated to ensure high-quality programs are being offered? Is your plan aligned with the current regulations and/or National and NYS Standards?
- If you need technical assistance or have specific questions contact Darryl Daily at ddaily@mail.nysed.gov
- Physical Education Plans must be filed both at the local level and at the Department. Plans can be sent as a hard copy or as an e-mailed attachment to the Department. E-mail format is preferred.

NYSED PHYSICAL EDUCATION, HEALTH EDUCATION, and ATHLETICS UPDATE

July 2014

11. DISABILITY STUDENT WAIVER FOR SENIOR ATHLETIC COMPETITION

An amendment was made to section 135.4 © (7) (ii) (d) of the Regulations of the Commissioner of Education, relating to eliminating the one additional season restriction by allowing students with disabilities to participate in a non-contact sport for one or more additional seasons if they meet all of the specified criteria for the waiver.

- Limited to non-contact sports (swimming, and diving, golf, track & Field, cross country, rifle, bowling, gymnastics and archery and any other sport deemed appropriate by the Commissioner.
- The student has not graduated from high school as a result of his or her disability delaying his or her education for one year or more
- The student is otherwise qualified to compete in the athletic competition and has been selected for such competition in the past
- The student has undergone and passed a physical evaluation by the school physician
- The superintendent of schools or chief executive officer of the school or school system has determined that the given student's participation in the athletic competition will not adversely affect the opportunity of the other students competing in the sport to successfully participate in such competition.

12. SELECTION CLASSIFICATION REMINDER

Please use most recent Attachment D & E for Selection Classification Developmental Screening documents. See:

<http://www.p12.nysed.gov/ciai/pe/documents/scrivised2005.pdf>

13. QUESTIONS

Contact Information:

Darryl L. Daily,
Associate in Physical Education
New York State Education Department
89 Washington Avenue
Albany, New York 12234

ddaily@mail.nysed.gov
518-474-5922

Physical Education Web Site:

www.p12.nysed.gov/ciai/pe/

MEETING REPORT

Meeting: Handbook Committee Mtg.

Date: June 24, 2014 (Teleconference) @ 10:00 AM

Topics Discussed:

- Assumed name proposal- *Section VIII **
- Definition of participation proposal- *Section VII **
- Clarification of representation rule proposal- *Section VII **

** Attached Documentation*

Attendees:

Pat Pizzarelli- *Chair*

John Gallagher

Steve Broadwell

Renee James

Julie Bergman

Darryl Daily

Todd Nelson

Robert Zayas

Items Discussion/ Action Taken:

- Assumed name proposal was approved by the committee after brief discussion pertaining to the need for some revisions of this rule on behalf of students who participate under an assumed name.
- After discussion and clarification by Robert Zayas, the committee determined it was best not to take action on amending the definition of participation. Robert explained that confusion often exists between the Commissioner's Duration of Competition Rule and the association's Representation and Participation definition. He plans to cover these topics in detail, at the Fall Athletic Directors Workshop. He also brought attention to the fact that "participation" has nothing to do with being entered in the book or on an official roster; participation as defined by the association is actually "playing" in the game/contest.
- The committee supported Section VII's proposal to add clarification to the representation rule to ensure all sections are interpreting waivers based only on "medical documentation." The approved revision is stated as: *"Waivers of the representation rule for individuals, can only be based upon medical reasons."*

Future Items For Consideration:

2014-2015 Meeting dates; one week prior to the Executive/ Central Committee item due date.



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

PROPOSAL TITLE

☒ Action Item
☐ Discussion/ Information Item

Presenter: Karen Lopez

**Proposal: Request the Handbook Committee to consider the following changes to definition of
“Participation”:**

Except as found in the Duration of Competition standard, “participation” defines whether an athlete has competed in a contest.

For Individual Sports a student is charged with a contest once they enter into competition during a contest or event

For Team Sports a student is charged with a contest if the individual is an eligible participant on that team during a scheduled contest. It matters not if the athlete does not enter the contest or if the athlete competes during the entire contest, they have participated in a contest.

Rationale:

New definition would provide state-wide clarification and consistency for a student athlete who transfers from one school to another without a corresponding change in residence of his/her parents.

The term “eligible participant” is used in the Representation Regulation when determining number of contests for an individual athlete who participates on a team sport

Current definition requires complete accuracy in recording the name of student athletes that enter a contest during a team sport. New definition would eliminate questions or concerns regarding the accuracy of a scorebook.

Proposal Originated: Discussions at Executive Committee and Section Executive Directors Meetings

Budget Impact: None

Notes: None

Attachments: None

MEETING REPORT

Meeting: Championship Advisory Committee

Date: July 8, 2014 (Teleconference)

Topics Discussed:

- Charge admission/ parking at tennis and cross country championships when conducive.
- Swimming & Diving competition standards.
- State Track & Field participating athletes.
- Crowning state "team" champions.
- State Championship Official submission dates.
- State Championship dates and season lengths.

Attendees:

Ted Woods- *Chair*
Martha Slack- Absent with notification
Robert Zayas
Eileen Troy
Oscar Jensen
Mike McCarthy
Ed Cinelli
Timm Slade
Greg Ransom
Patricia Ryan-Curry
John Rathbun
Diane Hicks-Hughes
Tom Wells
Bob Stulmaker

Action Items Voted Upon:

- Approved charging admission/ parking at tennis and cross country championships.
- Approved changing the swimming & diving competitions to the same standard as track & field. This will afford divers to attend an 11 dive meet and not count against the entire swimming & diving team.
- The committee did not second a motion to allow track & field athletes to have additional qualifiers based upon the three year average of 4th place at the State meet, which would serve as an "automatic" qualifying time/ distance.
- No support for crowning "team" champions in sports which have traditionally not awarded a team champion.
- Supported having the Section Executive Director examine a uniformed calendar for the submission of state championship officials.
- No support for extending sport seasons.

Future Items For Consideration:

- 2014-2015 CAC meeting dates:

- Monday, September 15, 2014 @ 9:00 AM
- Monday, December 15, 2014 @ 9:00 AM
- Tuesday, March 24, 2015 @ 9:00 AM
- Monday, June 15, 2015 @ 9:00 AM



NYSPHSAA Central Committee

July 29-31, 2014

Todd Nelson Safety Committee Report

IMPACT CONCUSSION TESTING:

As many of you know, the NYSPHSAA has negotiated a set price for our member schools for unlimited baseline tests. That deal did expire in January 2014. The NYSPHSAA office staff is pleased to announce that we have agreed to a new deal in which our member schools will be able to get baseline tests and post-injury tests at the lowest possible price in the country. We have set order forms to all member schools to purchase the baseline tests at \$1 per test and post-injury at \$4 per test. Schools will purchase the tests directly from the NYSPHSAA. As long as we have an agreement with ImPact the tests will allowed to be carried over to the following year. We are very pleased to offer this service to our membership.

NYS CONCUSSION MANAGEMENT LAW:

The Concussion Management Law went into effect on July 2012. Part of the requirement for the law is that every coach, PE teacher, school nurse and athletic trainer must complete a concussion management course every two years. The course must be approved by the State Education Department. During the first year the only course that was approved was the CDC course. After working directly with SED and the NFHS on behalf of the membership, the NFHS Concussion Management Course is now also approved for coaches only. Please remind your schools that most coaches will have to retake a concussion management course this year to be compliant with the Law.

FULL FOOTBALL CONTACT LIMITATIONS:

The Safety Committee and Football Committee will continue to discuss the topic of limiting the amount of full contact days prior to a football game. The NYSPHSAA has obtained information about other state regulations (see attached). This document has been shared with the both the Safety Committee and the Football Committee. The NYSPHSAA would like to see some type of recommendation coming from both of these committees for the Fall 2015 Football season. Sections should be having conversations that include both representatives from the Safety and Football Committee. Please let us know if the NYSPHSAA office staff can be of any assistance in these discussions.

HEAT ACCLIMATIZATION:

As schools prepare for the upcoming Fall season, everyone needs to be reminded that heat illness is one of the preventable illnesses we have in the athletic realm. Proper planning and preparation can avoid any occurrences of heat related illness. Please keep in mind that sports that have heavy equipment are more likely to have heat related illness but all sports are not immune to potential situations. The NYSPHSAA does have a heat Index regulation which along with other important resources can be found on the NYSPHSAA website (www.nysphsaa.org).

NFHS SPORTS MEDICINE HANDBOOK:

The 5th Edition of the NFHS Sports Medicine Handbook will delivered to the NYSPHSAA office at the beginning of August. The NYSPHSAA will distribute a complimentary copy of the handbook to each member school at the mandatory athletic director workshop in the Fall. The NFHS Sports Medicine Handbook is an invaluable resource to athletic trainers, school nurses and athletic directors on a variety of sports medicine issues and topics. Additional books can be ordered by member schools.



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

PROPOSAL TITLE

☒ Action Item
☐ Discussion/ Information Item

Presenter: Karen Lopez

**Proposal: Handbook Committee consider the following clarification to NYSPHSAA
Representation regulation**

“School districts may submit a written request to the Section for an adjustment in the number of contests for an individual participant based on medical documentation that confirms the individual was not able to participate the required number of contests.”

Rationale: In past years there was an “unwritten” understanding that Section Executive Director’s issued such adjustments for medical reasons only. If this “understanding” is to continue it should appear in our handbook.

Revised language would provide members and school personnel with the current procedures that apply to this regulation

Proposal Originated: Discussion and agreement among the current Section Executive Directors that adjustments are issued for medical reasons which can be documented.

Allowing the sections to granting adjustments for other reasons may lead to inconsistency throughout the state.

Budget Impact: None

Notes: None

Attachments: None



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

UNIFIED SPORTS AS AN OFFICIAL PROGRAM

☒ Action Item
☐ Discussion/ Information Item

Presenter:

Todd Nelson, NYSPHSAA Assistant Director

Proposal:

To recognize Unified Sports as an official Interscholastic program of the NYSPHSAA. We would like to form a committee on Unified Sports with representatives from all 11 sections. This committee would act as a resource and recommending body to help expand Unified Sports programs across the NYS. Participation in this program would strictly be voluntary by the sections and schools. Special Olympics New York would be a consulting partner and member of this committee.

Rationale:

One of the goals of the NYSPHSAA is to highlight and promote student athletes. The Unified Sports Program allows the NYSPHSAA, Sections, and schools the opportunity to do just that to a whole new set of students. Both students with and without disabilities are directly impacted by this program. Another area that this program addresses is school climate. The pilot program just completed in Section 2 showed the immense impact this program had on improving school climate and raising awareness and acceptance of students with disabilities.

Budget Impact:

The committee would meet by conference call to discuss the program and further implementation. Through Special Olympics NY, the NYSPHSAA, NFHS, and corporate sponsorship there is funding available to schools wishing to participate in a pilot program or continuing an existing program.

Notes:

Section 2 has just completed a pilot program in Unified Basketball and Section 5 is participating in a pilot program in Unified Basketball during the 2014-2015 school year.

Attachments:

There will be a short video presentation.

ITEMS FOR THE FALL 2014 MODIFIED MEETING:

Reduction in Number of Practices Required Prior to First Contest in Modified Cross Country and Track & Field

"The required number of practices required prior to the first contest in modified cross country (Reference: NYSPHSAA handbook, page 144 and Modified Sports Standards chart, page 140) shall be reduced from 13 to 11. The number of practices required prior to the first contest in modified Track and Field (Outdoor and Winter) (Reference: NYSPHSAA handbook, page 153 and Modified Sports Standards chart, page 141) shall be reduced from 15 to 13."

Waiver of Promotion Rule

"In special cases, when a high school team is dissolved due to low participation numbers, the Promotion Rule may be waived for those modified athletes who were promoted to that team. The modified athlete may return to the modified program in that same season in that same sport if a waiver has been filed and approved by the NYSPHSAA office."

Sudden Victory in Modified Basketball

"Existing Modified Boys' Basketball Game Rule #2 and Modified Girls' Basketball Game Rule #3 (Reference: NYSPHSAA handbook, page 143) shall be examined to determine if 'sudden victory' should continue, or the overtime duration time and/or number of overtime periods should be adapted."

Modified Use of Girls' Basketball 10-Second Rule

"The 10-second rule shall not be used in modified girls' basketball."

Need for Modified Gymnastics and Tennis Sports Coordinators

We continue to be in need of a NYS modified sport coordinator for girls' gymnastics, and a boys' and girls' tennis sport coordinator.

NYSPHSAA Modified Committee Meetings for 2014-2015

Fall Meeting - Friday, September 19, 2014
Spring Meeting - Friday, March 27, 2015

9:30 AM
9:30 AM



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

MODIFIED PROMOTION RULE

☒ Action Item
☐ Discussion/ Information Item

Presenter:

Jim Rose, Modified Chairmen

Proposal:

"In schools where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team at any point in the season if he/she displays the skills and maturity to compete at the varsity level. A promoted ninth grade contestant is eligible to participate immediately upon promotion providing that he/she has completed the necessary number of required practices for that specific sport. The contestant may not exceed the total number of contests as outlined by the NYSPHSAA High School Sports Standards chart."

Rationale:

As enrollments continue to drop, the smaller schools are fighting to keep teams viable. Some schools, in an attempt to keep both modified and varsity teams alive, have the bare number of contestants at both levels. A school may try to leave ninth grade students at the modified level in order to keep a modified team going, even if the varsity team has barely enough participants. Any situation resulting in the loss of contestants at the varsity level may warrant the promotion of a ninth grade student or students in order to sustain a varsity team.

This adjustment would allow schools to make more comfortable decisions about the placement of ninth grade contestants without worrying about the time between 50% and the completion of the modified season.

Proposal Originated:

Section VII Modified Committee.

Budget Impact:

None.

Notes:

None.

Attachments:

None.



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

MODIFIED TRYOUT RULE

☒ Action Item
☐ Discussion/ Information Item

Presenter:

Jim Rose, Modified Chairmen

Proposal:

Consider approval to revise the Modified Tryout rule to read “The tryout period for a modified athlete shall be defined as participation in a maximum of three (3) out of five (5) consecutive practice days of the high school season. During the tryout period, the modified athlete may not return to the modified program until the athlete’s tryout is complete.”

Rationale:

There are times and special circumstances when a student athlete misses the beginning of the High School season due to issues outside of their control. This recommendation would allow the student a try-out period and at the end of the try-out period an opportunity to return to the modified level.

Proposal Originated:

Modified Committee.

Budget Impact:

None.

Notes:

This has been discussed at the last two Modified meetings. The language change would carry over to (e) and (f) as well in the try-out rule.

Attachments:

NYSPHSAA Handbook- Modified try-out rule.

15. **TIME INTERVAL:** Unless extenuating circumstances arise, it is recommended that no more than two contests should be scheduled per week. Except in football and cross country, contests may be played with only one night of rest three times per season for rescheduling purposes only. A team may never play three days in a row. There shall not be more than three contests played per calendar week. Baseball and softball shall be permitted to play two games a day twice during the season. (See Baseball and Softball – Game Conditions.)
16. **TRANSFER:** A student who is enrolled in one school may subsequently transfer no more than once during a school year without a corresponding change in the residence of his parents or guardians, or having reached the age of majority establishes a residency.
- a) A student who transfers from one school to another becomes eligible after starting regular attendance.
 - b) Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of regular attendance for fall sports.
NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific Sports Standard according to the number of practice sessions required.
 - c) Practices at the previous school district may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.
17. **TRYOUTS:**
- a) A section may establish tryout periods to allow EXCEPTIONAL ATHLETES who have completed and passed the NYS Education Department Selection/Classification (S/C) Procedures and Standards the opportunity to be selected for a high school team.
 - b) Seventh and eighth grade students must pass the S/C qualifications prior to the tryout period.
 - c) Ninth grade students do not have to pass the S/C qualification to participate in the tryout.
 - d) The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to modified program until the athlete's tryout is complete.
 - e) Tryout periods for wrestling, boys lacrosse and ice hockey shall be a maximum of five (5) of the first seven (7) practice days of the high school season.
 - f) The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.
 - g) Student athletes participating in sectionally approved tryout sessions are not subject to the Promotion rule.



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

MIXED COMPETITION GUIDELINES

 ✓ Action Item
 Discussion/ Information Item

Presenter:

Robert Zayas, NYSPHSAA Executive Director

Proposal:

Consider the implementation of guidelines to assist schools, superintendents and sections when interpreting “significant adverse effect” in terms of Mixed Competition requests.

A response of “yes” to one or more of the questions below, could determine a “*significant adverse effect*.”

Proposed guidelines are:

1. Will the athlete be “advantaged” by the rules of the game?
2. Will participation result in a student of the opposite gender being displaced from the team?
3. Will the participation affect the opportunity of the other students to participate in such competition (i.e. tryouts, practice and games)?
4. Does the student exceed the physical standards of the sport they wish to participate as per NYSED guidelines?
5. Has the student participated in the sport previously on an all-male team?

Rationale:

Currently schools, superintendents and sections are interpreting “significant adverse effect” differently. By implementing a standard set of guidelines, more consistency and uniformity would be possible when boys wish to play on a girls’ team.

Proposal Originated:

Mixed Competition Ad Hoc committee.

Budget Impact:

None.

Notes:

If approved, the guidelines would not be a requirement; for example, a superintendent could respond “Yes” to all five questions and still allow the student to participate.

Attachments:

None.



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

MODIFIED FOOTBALL CHANGES – PILOT PROGRAM

☒ Action Item
☐ Discussion/ Information Item

Presenter:

Jim Rose, Modified Chairmen

Proposal:

Sections 2, 3, 5, 6, 7 (2015), and 9 shall be permitted to adopt a two-year pilot program in modified football that will allow implementation of revised modified football rules. Each school participating shall be required to provide injury data from its 2013 modified football season practices and games, to serve as a baseline of information prior to its participation in the pilot program. The injury report must be completed again after the 2014 and 2015 seasons, and submitted to the local sections, Todd Nelson at NYSPHSAA, and modified state football coordinator Steve Nolan.

Rationale:

- Teaching and coaching similar systems of offense and defensive football schemes to all players in the program at the appropriate age and developmental level.
- Consistency between modified and varsity levels in teaching techniques of individual positions, team philosophies, and overall schemes and language.
- Safely close the gap between Jr. High, “modified” football rules and NFHS rules employed at the HS level.
- Step-wise, natural progression for student athletes in the game of football in NYS beginning in modified and culminating at the varsity level.

Proposal Originated:

Section IV Football/Modified Committee.

Budget Impact:

None.

Notes:

NYSPHSAA Safety Committee discussed this on April 10th.

NYSPHSAA Executive Committee approved a proposal to allow Section IV to pilot the revised modified rules.

Attachments:

See attached document from Section IV with specific rule changes.

Request:

A 2-year pilot study in the sport of football at the modified level to include:

- 1. Implementation of the revised modified football rules (see below) and*
- 2. All participating schools will take part in the 2 year required Health and safety study.*

All sections/schools approving the use of the modified football rules must take part in, complete and submit the following safety study:

Schools will be required to track and keep records of all injuries that occur to modified football athletes during the football season including game and practice sessions. The tracking of injuries and categorization of them will look to determine if athletes are at a greater risk of injury by participating using the new rules for modified football.

To establish a baseline of information, all schools participating will be asked to submit to their section Executive Director, Football Chairman and NYSPHSAA an injury report from the 2013 football season for modified players, as well as, track and report all injuries to players for the next two consecutive seasons 2014 and 2015. This information must be submitted no later than December 1st of each year. This information will be collected, analyzed, collated and released to all vested parties.

Rationale:

- Teaching and coaching similar systems of offense and defensive football schemes to all players in the program at the appropriate age and developmental level.
- Consistency between modified and varsity levels in teaching techniques of individual positions, team philosophies, and overall schemes and language.
- Safely close the gap between Jr. High, "modified" football rules and NFHS rules employed at the HS level
- Step-wise, natural progression for student athletes in the game of football in NYS beginning in modified and culminating at the varsity level.

Proposed Changes to current NYSPHSAA Modified Football Rules

1. Dead ball rule on all punts, no live punts or returns (optional for section wide use with approval of the section.)
2. The offense must employ three players on the line-of-scrimmage on both sides of the center, no unbalanced line (optional for section wide use with approval of the section.)
3. There is a maximum of 1 yard splits between line-man, tackle to tackle.
4. Defenses must employ a 4, 5 or 6 man front
5. 4 and 6 man fronts must be balanced and aligned head up tackle to tackle and cannot cover the center (no gap alignment.)
6. If a 5-man front is employed. The nose guard must line head up on the center and the tackles head up on the offensive guards or tackles, (no gap alignments.)
7. Defensive lineman, once aligned and in a stance cannot stem prior to the snap of the ball
8. No blitzing allowed. Linebackers must be stationary and at a 3 yard minimum depth at the snap of the ball.
9. Press coverage and contact at the line-of-scrimmage is not allowed against a receiver (Exception: you may press and contact is allowed with any eligible receiver within 5 yards of the offensive tackle.)

Pilot Study Baseline Information:

Section IV Football Injury Report for the 2013 season (44 total schools, 29 Reported at time of submission)

Total Injuries: 154

(See Attached for individual school breakdown)

This is the chart we plan to utilize in the pilot program to track and categorize injuries

Categories of Injury

	Catastrophic Paralysis/Death	Severe/Fracture	Sprains/Strains	Contusions/Abrasions	Head Injury/Concussion
Total Number 2014					
Total Number 2015					

Each injury should be further categorized by indicating when the injury occurred by the following:

Practice or Game (P or G)

Offense (O)

Defense (D)

Special Teams (ST)

For example:

	Catastrophic Paralysis/Death	Severe/Fracture	Sprains/Strains	Contusions/Abrasions/ Cut	Head Injury/ Concussion
Total Number 2014= 10	No Injuries	1Broken leg (P)	1 sprain knee (G,ST) 1 sprain ankle (G, O)	1 Bruise hamstring (P) 1 Bruise foot (P) 1 Cut (G, D)	2 Concussion (G, ST) 1 Concussion (P) 1 Concussion G, D)



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

REPRESENTATION RULE- MEDICAL DOCUMENTATION

☒ Action Item
☐ Discussion/ Information Item

Presenter:

Karen Lopez, Section VII Executive Director

Proposal:

Consider the following clarification to NYSPHSAA Representation regulation:

"School districts may submit a written request to the Section for an adjustment in the number of contests for an individual participant based on medical documentation that confirms the individual was not able to participate the required number of contests."

Rationale:

In past years there was an "unwritten" understanding that Section Executive Director's issued such adjustments for medical reasons only. If this "understanding" is to continue it should appear in our handbook.

Revised language would provide members and school personnel with the current procedures that apply to this regulation

Proposal Originated:

Discussion and agreement among the current Section Executive Directors that adjustments are issued for medical reasons which can be documented.

Allowing the sections to grant adjustments for other reasons may lead to inconsistency throughout the state.

Budget Impact:

None.

Notes:

None.

Attachments:

None.



**New York State Public High School Athletic Association
Central Committee Meeting – July 29-31, 2014**

COMPETITIVE CHEERLEADING

 Action Item
 √ Discussion/ Information Item

Presenter:

Todd Nelson, NYSPHSAA Assistant Director

Discussion:

NYSPHSAA Rules and Regulations for Competitive Cheerleading

Rationale:

NYS Board of Regents has recognized Competitive Cheerleading as a sport starting with the Winter 2014-2015 season.

Budget Impact:

Some schools may see a budgetary impact due to coaching salaries, equipment and invitational events.

Notes:

There are some discussions at SED and the NYSPHSAA to delay full implementation of Competitive Cheerleading until the Fall of 2015. This would include all SED and NYSPHSAA regulations. By delaying implementation this would give coaches and schools time to properly prepare for Competitive Cheerleading in their school. By delaying implementation, cheerleading would remain unchanged for the 2014-2015 school year.

Attachments:

See attached recommendations from the Cheerleading Committee.



Competitive Cheerleading - Full Implementation

Winter 2014-2015 Season!!!!

In an effort to assist NYSPHSAA member schools with questions and concern pertaining to competitive cheerleading, please reference the topics and information included in this document. For additional information, please contact Todd Nelson, NYSPHSAA Assistant Director, at: tnelson@nysphsaa.org/518-690-0771

Traditional Cheer vs. Competitive Cheer:

The NYSPHSAA Cheerleading Committee is recommending that any Cheerleading Squad that **stunts or tumbles (see definitions below, as per AACCA)** be considered a Competitive Cheer Squad and would be subject to all SED and NYSPHSAA rules and regulations. A team that does not stunt and tumble would be a traditional squad and NOT subject to SED and NYSPHSAA rules and regulations. This will be clarified by the NYSPHSAA Executive Committee in October 2014.

- **Stunt:** One or more persons supporting one or more top persons off of the ground.
- **Tumbling:** Gymnastic skills that begin and end on the performing surface, including rolls, inverted extended skills (cartwheels, handstands, walkovers, handsprings, etc.), aerials, twists and flips. NOTE: Jumps, leaps and side rolls on the performing surface are not considered to be tumbling.

NYSED Regulations:

All SED regulations (Age, Grade, Bona Fide Student, Duration of Competition, Health Exam, etc.) will be followed along with the regulations listed below:

- **Mixed Competition:** Will be outlined by SED in the Fall 2014
- **Selection Classification:** Will be outlined by SED in the Fall 2014. Gymnastics standards have been recommended by the NYSPHSAA.
- **Coaching Certification:** All Competitive Cheerleading coaches will have to have the following to be certified coaches for the 2014-15 winter season as per SED regulations: **All non-certified teacher coaches will have to apply for a temporary coaching certificate. Any outside clinician that works with a team more than 5 days during the season will also have to apply for a temporary coaching certificate.**
 - First Aid and CPR/AED
 - Fingerprinted
 - Child Abuse Course
 - Violence Prevention Course
 - Concussion Management Course
 - DASA Training (if applying for a temporary coaching license)
 - AACCA Safety Course (this is being recommended by the cheerleading committee and will be voted upon by the Executive Committee in October)
 - All non-PE coaches will have to begin to take the three required courses (Philosophy and Principles of Coaching (first year), Theories and Techniques (by 3rd year) and Health Science (by 3rd year).

NYSPHSAA General Eligibility:

All current NYSPHSAA eligibility rules (including the transfer rule) will be enforced for all Competitive Cheerleading Squads. Two of those regulations are highlighted below:

- Fall Cheerleading and Winter Cheerleading: The Cheerleading Committee is recommending ~~that~~ students/teams be allowed to compete in both seasons because of well-established league and sectional events. The NYSPHSAA Championship events would be held only in the winter season. The Executive Committee will vote on this recommendation in October.
- Interstate Sanctioning: Teams will have to follow the sanctioning process if they are attending an out of state event or hosting an event that has out of state schools competing. NY Schools may only compete against member/approved schools.

NYSPHSAA Competition Standards:

Sections should be prepared to vote on the following Competition Standards for the sport of competitive cheerleading at the October Executive Committee meeting.

- Minimum Practice Requirement: 10 team/8 individual
- Representation: minimum of 2 required competitions before post season. *Note: The 2014-2015 NYSPHSAA Invitational(s) will not be considered post-season.*
- Maximum number of Contests: 12
- Nights Rest: 1 night per competition. *Note: Cheering or performing during a sport event is not considered competition.*
- Spirit Standards: NFHS Spirit Rule Book
- Limitations per Day: 1 competition per day
- Competition Standards: Routine – 2 minutes and 30 seconds must include Cheer and Dance
- Judges: Minimum of 3 judges and 1 safety judge per competition
- NYSPHSAA Divisions and Classes: 2 Divisions (I/II), small class and large class in each division. 1 co-ed division.

NYSPHSAA 2014-2015 Cheerleading Invitational:

The NYSPHSAA will host three invitational events during the winter 2014-2015 season. These events are considered regular season events and not post season events.

- February 21, 2015 – Albany (Section 2) area (tentative)
- February 28, 2015 – Long Island (Section 8/11) area (tentative)
- March 7, 2015 – Rochester Institute of Technology (Section 5) – Confirmed

NYSPHSAA 2015-2016 Cheerleading Championship:

The Cheerleading Committee is recommending a NYSPHSAA Championship Event of the Winter 2015-2016 school year. Teams would qualify for the championship event through a process established by the Section. The Cheerleading Committee is recommending the following qualifying process and championship format:

- *Qualifying Process: Each Section would send the winner of each class to the Championship event. A maximum of 10% of the teams competing in each class would qualify for the championship event. A Section could be more restrictive and only send the winner of each class to the championship event.*

- *Format: Each class would have a preliminary and finals round at the championship event. Final format will be recommended by the Cheerleading Committee and sent to the Championship Advisory Committee.*

Sections should be prepared to vote on the following items at the October 23, 2014 Executive Committee meeting:

- **NYSPHSAA Traditional vs. Competitive definition**
- **AACCA Safety Course required for all Competitive Cheer coaches**
- **Participation in both Fall Cheerleading and Winter Cheerleading**
- **All NYSPHSAA Competitive Cheer Standards (see above)**
- **NYSPHSAA Invitational events for 2014-2015**
- **NYSPHSAA Championship Event for 2015-2016**
- **Qualifying process for Championship Event**

NYSPHSAA Cheerleading Committee:

Section 1: Marsha Tessler
 Section 2: Joe Scalise and Patty Palmer
 Section 3: Nina Baker
 Section 4: Josh Gannon
 Section 5: Joanne Small
 Section 6: Michelle Ziegler
 Section 7: Vicki Nephew
 Section 8: Jonathon Bloom
 Section 9: Cherie Ramsey
 Section 10: Lori Brewer
 Section 11: Amy Agnesini

Special Liason: Lucille Mankowich, Gail Vern, Nancy VanHoughton (LICCA)



Name: _____

Date of Exam: ____ / ____ / ____

School: _____

Diagnosis _____

Mark Location AND Number of Lesion(s)

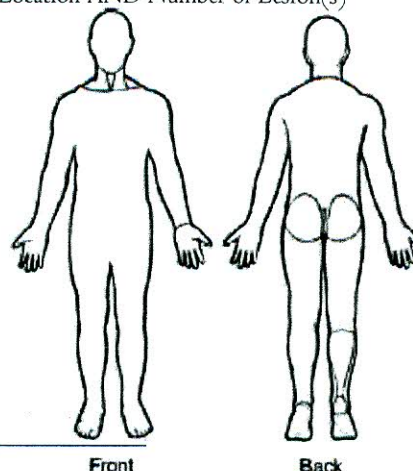
Location AND Number of Lesion(s) _____

Medication(s) used to treat lesion(s): _____

Date Treatment Started: ____ / ____ / ____

Time: _____

Note: By signing below, the physician is stating that the diagnosed lesion(s) is no longer contagious and the student may return to full participation.



Physicians Signature _____ Date: _____

Physician Name (Printed or Typed) _____
(M.D. or D.O.)

Office Address _____

Office Phone Number: _____

For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant, or nurse practitioner.

Note to Physician, Physician Assistant, Nurse Practitioner: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

"ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from an appropriate health-care professional stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated, on-site meet appropriate health-care professional is present and is able to examine the wrestler either immediately prior to or immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."

"ART. 4 . . . If a designated on-site meet appropriate health-care professional is present, he/she may overrule the diagnosis of the appropriate health-care professional signing the medical release form for a wrestler to participate or not participate with a particular skin condition."

"ART. 5 . . . A contestant may have documentation from an appropriate health-care professional only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."

Once a lesion is non- contagious, it may be covered to allow participation.

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

Bacterial Diseases (impetigo, boils): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours or full five days of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

Tinea Lesions (ringworm on scalp or skin): Oral or topical treatment for 72 hours on skin and oral treatment 14 days on scalp.

Scabies, Head Lice: 24 hours after appropriate topical management.

Conjunctivitis (Pink Eye): 24 hours of topical or oral medication and no discharge

Molluscum Contagiosum: Upon treatment with curettage and hyfrecator, may cover with bioclusive and wrestle immediately.

NYSPHSAA DRAFT July 2014



NYSPHSAA PHYSICIAN RELEASE WRESTLER TO PARTICIPATE WITH SKIN LESION(S)

The National Federation of State High School State Associations' (NFHS) Sports Medicine Advisory Committee has developed a physician release form for wrestlers to participate with skin lesion(s) as a suggested model you may consider adopting for your state. The NFHS Sports Medicine Advisory Committee (SMAC) conducted a survey among specialty, academic, public health and primary care physicians and reviewed extensively the literature available on the communicability of various skin lesions at different stages of disease and treatment. No definitive data exists that allow us to absolutely predict when a lesion is no longer shedding organisms that could be transmitted to another. Another finding from the survey was the significant differences that exist among physicians relating to when they will permit a wrestler to return to participation after having a skin infection.

Neither the NFHS nor the NFHS SMAC presumes to dictate to professionals how to practice medicine. Neither is the information on this form meant to establish a standard of care. The NFHS SMAC does feel, however, that the guidelines included on the form represent a summary consensus of the various responses obtained from the survey, from conversations and from the literature. The committee also feels that the components of the form are very relevant to addressing the concerns of coaches, parents, wrestlers and physicians that lead to the research into this subject and to the development of this form.

GOALS FOR ESTABLISHING A WIDELY USED FORM:

1. Protect wrestlers from exposure to communicable skin disorders. Although most of the skin lesions being discussed generally have no major long term consequences and are not life threatening, some do have morbidity associated with them and student-athletes should be protected from contracting skin disorders from other wrestlers or contaminated equipment such as mats.
2. Allow wrestlers to participate as soon as it is reasonably safe for them and for their opponents and/or teammates using the same mat.
3. Establish guidelines to help minimize major differences in management among physicians, physician's assistants, and nurse practitioners who are signing "return to competition forms". Consistent use of these guidelines should protect wrestlers from catching a skin disease from participation and should protect them from inequalities as to who can or cannot participate.
4. Provide a basis to support physician, physician assistant, or nurse practitioner decisions on when a wrestler can or cannot participate. This should help the physician, physician assistant, or nurse practitioner who may face incredible pressure from many fronts to return a youngster to competition ASAP. This can involve a student athlete who never wins a match or the next state champion with a scholarship pending.

IMPORTANT COMPONENTS FOR AN EFFECTIVE FORM:

1. Each state association needs to determine which appropriate health-care professional can sign off on this form. **For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant, or nurse practitioner.**
2. Inclusion of the applicable NFHS wrestling rule so physicians, physician assistants, and nurse practitioners will understand that covering a contagious lesion is not an option that is allowed by rule. Covering a non-contagious lesion after adequate therapy to prevent injury to lesion is acceptable.
3. Inclusion of the date and nature of treatment and the earliest date a wrestler can return to participation. This should minimize the need for a family to incur the expense of additional office visits as occurs when a form must be signed within three days of wrestling as some do.
4. Inclusion of a "bodygram" with front and back views should clearly identify the lesion in question. Using non-black ink to designate skin lesions should result in less confusion or conflict. Also including the number of lesions protects against spread after physician, physician assistant, or nurse practitioner visit.
5. Inclusion of guidelines for minimum treatment before returning the wrestler to action as discussed above. This should enhance the likelihood that all wrestlers are managed safely and fairly.
6. Inclusion of all of the components discussed has the potential to remove the referee from making a medical decision. If a lesion is questioned, the referee's role could appropriately be only to see if the coach can provide a fully completed medical release form allowing the wrestler to wrestle.

WRESTLING COMMUNICABLE SKIN DISEASE FORM

PHYSICIAN RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION

NYSPHSAA CENTRAL COMMITTEE MEETING - JULY 2014

General Action Items

Approved	1. (A) Consider approval for Unified as an official program of NYSPHSAA. (Pg. 87) Sports	Todd Nelson, NYSPHSAA Assistant Director
Approved	2. (A) Consider approval of mixed competition guidelines to assist schools, superintendents and section when determining a "significant adverse effect." (Pg. 88)	Robert Zayas, NYSPHSAA Executive Director
Approved	3. (A) Consider the addition of five members to the NYSPHSAA Hall of Fame Selection Committee. (Pg. 89)	Robert Zayas, NYSPHSAA Executive Director
Approved	4. (A) Consider approval of Eileen Davis' replacement for the position of NYSPHSAA Accounts Payable clerk. (Pg. 90)	Robert Zayas, NYSPHSAA Executive Director
Approved	5. (A) Consider approval to revise the modified 9th Grade Promotion rule. (Pg. 91)	James Rose, Modified Chair
Approved	6. (A) Consider approval to revise the modified tryout rule. (Pg. 92-93) To include Only: 1. Overlapping Season 2. Medical Condition 3. Transfer	James Rose, Modified Chair
Approved	7. (A) Consider approval for additional sections to pilot revised rules in Modified Football for the 2014 and 2015 Modified Football Seasons. (Pg. 94-96)	Todd Nelson, NYSPHSAA Assistant Director
Approved	8. (A) Consider approval of revisions to the NYSPHSAA assumed name regulation. (Pg. 97)	Section VIII
Approved	9. (A) Consider approval of revisions to the NYSPHSAA representation regulation. (Pg. 98)	Karen Lopez, Section VIII Executive Director
Approved	10. (A) Consider approval for all variation sports to receive CAC approval prior to presenting changes to classification cut off numbers to the Executive/ Central Committee and to abide by a uniformed calendar. (Pg. 99)	Jen Simmons, Section I Executive Director
Approved	11. (A) Consider approval of Paul Harrica (Section X) for the 2nd Vice President.	Mark Ward, NYSPHSAA Past President
Approved	12. (A) Consider approval of reduction of contests for post season participation. (Pg. 100)	Robert Zayas, NYSPHSAA Executive Director
Withdrawn	13. (A) Consider approval to permit basketball to have a maximum of 20 contests beginning with the 2015-2016 season. (Pg. 101-102)	John Rathbun, Section III Executive Director
New Proposal	14. (A) Consider approval to balance the number of varsity team sport contests offered during the winter regular sport season to a maximum of 20 contests by increasing the number of Varsity (only) basketball games from 18 to 19 during the 2014-2015 season and by increasing the number of Varsity (only) basketball games from 19-20 for the 2015-2016 season. (Pg. 103-104)	Ben Nelson, Section IV Executive Director
Approved	15. (A) Consider approval for the number of competitions for Swimming & Diving to the same as Outdoor and Indoor Track & Field. (Pg. 105-107)	Girls/ Boys Swimming & Diving Committees
Approved	16. (A) Consider approval to add of weight throw to the Indoor Track & Field Championships. (Pg. 108-116)	Girls/ Boys Indoor Track & Field Committees
Approved with Change	17. (A) Consider approval to amend the penalty for a wrestler who exceeds the 20 allotted points or 6 allotted tournaments. (Pg. 117) Next regularly scheduled contest.	Wrestling Committee
Approved	18. (A) Consider approval of the NYSPHSAA Technical Handbook for Girls' Gymnastics. (Pg. 118-121)	Girls Gymnastics Committee

Approved	19. (A) Consider approval to charge admission/ parking at the NYSPHSAA Tennis and Cross Country Championships when possible. (Pg. 122-123)	Robert Zayas, NYSPHSAA Executive Director
Approved	20. (A) Consider approval of Sport Coordinators. (Pg. 124)	Bob Stulmaker, NYSPHSAA Assistant Director
Approved	21. (A) Consider approval for Mardi-Bob Lanes to host the 2015 State Bowling Championships. (Pg. 125)	Bob Stulmaker, NYSPHSAA Assistant Director
Approved	22. (A) Consider approval for Cornell University to host the 2015 & 2016 State Indoor Track & Field Championships. (Pg. 125)	Bob Stulmaker, NYSPHSAA Assistant Director
Approved	23. (A) Consider approval of Friends and Neighbors. (Pg. 126)	Robert Zayas, NYSPHSAA Executive Director

Discussion/ Information Items

Will be Voted by the Exec. Committee at October Meeting	- 1. (D/I) Elimination of Academic Advantage. (Pg. 127-139)	Robert Zayas, NYSPHSAA Executive Director
	- 2. (D/I) Legal Separation. (Pg. 127-139)	Robert Zayas, NYSPHSAA Executive Director
	- 3. (D/I) Athletic Shopping. (Pg. 127-139)	Wayne Bertrand, Section II Executive Director
Need further Review	4. (D/I) Uniformed calendar for State Championship officials' submission.	Jen Simmons, Section I Executive Director
October Exec. Comm. Vote	5. (D/I) Competitive Cheer "sport standards." (Pg. 140-142)	Todd Nelson, NYSPHSAA Assistant Director
Approved	6. (D/I) Wrestling- updated skin infection form. (Pg. 143-145)	Todd Nelson, NYSPHSAA Assistant Director
Approved	7. (D/I) Approved Senior All-Star Contests & Combining of Teams. (Pg. 146-150)	Robert Zayas, NYSPHSAA Executive Director

Group Meetings

Chief School Officers (Gothics)
Principals (Cascade)
Section Executive Directors/ Treasurers (Iroquois)
Physical Education Representatives (Wright)
Section Presidents (Reflections)
Past Presidents (Marcy Boardroom)

Topics:

- 1) Is the graduated scale for combining of teams working?
- 2) Is the NYSPHSAA "transfer rule" working?
- 3) How can the NYSPHSAA staff better serve the membership of the association?



NYSPHSAA Central Committee

July 29-31, 2014

Todd Nelson

Sportsmanship Committee Report

NYSPHSAA SPORTSMANSHIP PROMOTION BANNER AWARD:

We are pleased to announce that East Greenbush Central School District (Columbia High School) and Carthage Central School District have been selected as the NYSPHSAA Sportsmanship Promotion Banner Award winners for the 2013-2014 school year. Columbia has won this honor for the second consecutive year. Both of these schools have distinguished themselves as promoting positive sportsmanship and making this a priority in their athletic and school programs. We congratulate both of these schools.

NAIA 5 STAR LEADERSHIP PROGRAM:

During the 2013-2014 school year we had 4 schools that took advantage and completed all 5 stars of the NAIA 5 Star Leadership Program. These 4 schools will be receiving the NAIA 5 Star Leadership Banner at the Fall AD workshops. We congratulate Tappan Zee High School (1), Arlington High School (1), Penfield High School (5), and Cooperstown High School (3) for completing the entire program. We encourage all member schools to make a goal of completing this program and having their school recognized as a NAIA 5 Star Leadership School.

BATTLE OF THE FANS:

The NYSPHSAA will once again be sponsoring the Battle of the Fans contest to all member schools. Schools will be asked to submit a 3 minute YouTube video to the NYSPHSAA office staff by the middle of the winter season. A group of finalist will be selected from all entries and one school will be selected from the group of finalist following a school visit by the NYSPHSAA office staff. Norwich High School was the first ever winner of the Battle of the Fans contest during the 2013-2014 school year.

TIME WARNER CABLE "STAY IN THE GAME PROGRAM":

The 2013-2014 school year was the inaugural year for the Time Warner "Stay in the Game" program. Each school was given a Stay in the Game banner at the mandatory AD workshop to display within their school. All the schools that met the criteria of not having any coach or player disqualified from an athletic contest would receive a decal to put on the banner. Decals will be distributed at this year's AD workshops. As of this report, 8 out of 11 sections reported, and 144 schools have met the criteria. An updated number will be given at the Central Committee meeting. At the recognition dinner we will announce the section that had the highest percentage of schools meet the criteria. The winning sections will receive a perpetual trophy to keep in the Section office for the entire year. The program will continue during the 2014-2015 school year. Please ask your schools to pass along the mission and goal of this program to all students and coaches within their school. Thank you so much to Time Warner Cable for their support.



Section IX Athletics

Robert Thabet, Executive Director

Spectator Code of Conduct

Section IX Athletics recognizes the importance of behavior and personal character in our student athletes. As such, we ask our spectators to:

1. Demonstrate a high degree of sportsmanship.
 2. Show team support by making only positive comments.
 3. Show respect for the judgment of coaches, officials, and referees.
 4. Acknowledge fields, courts and equipment as the player's domain during contests.
 5. Monitor the safety of children in the bleachers and stands.
 6. Respect the law. All public schools and Section IX venues are smoke-free, substance free environment.
 7. Athletic contests home, away or at a neutral site are an extension of the classroom. Therefore, all school rules are in effect.
 8. Spectators will respect and obey all school officials, supervisors and site personnel at contests.
 9. There will be no ringing of bells, sounding of horns, or other noise makers at indoor contests.* Outdoor use will be at the discretion of the site personnel.
- *This does not apply to spirit groups including school approved pep bands or cheerleaders.
10. The throwing of debris, confetti, or other objects from the stands is prohibited. Offending individuals will be asked to leave the premises.
 11. Exceptions to this behavior will lead to ejection from the event.

Please note that individual schools may have more stringent policies.



Section IX Athletics

Robert Thabet, Executive Director

Section IX Athletics Partnership with a WINNING Team

Purpose/Objective

To enhance the championship experience for all participants and attendees by offsetting costs of venues and while keeping admission tickets affordable.

Website: sectionixathletics.org

Section IX Athletics is a private, non-profit, 501(c) (3) Organization

Section IX serves Forty-Seven school districts within the Counties of Orange, Sullivan, Ulster and Dutchess.

Section IX Athletics is an Organization that sponsors Championships throughout the year during the Fall, Winter and Spring Sport Seasons.

Fall

Boys and Girls Cross Country, Football, Boys and Girls Soccer, Field Hockey, Volleyball, Cheerleading, Girls Swimming and Girls Tennis

Winter

Boys and Girls Basketball, Ice Hockey, Boys and Girls Alpine Skiing, Boys and Girls Nordic Skiing, Boys Swimming, Boys and Girls Indoor Track, Boys and Girls Bowling, Wrestling and Gymnastics

Spring

Baseball, Softball, Boys and Girls Golf, Boys and Girls Lacrosse, Boys and Girls Track/Field and Boys Tennis

Section IX Athletics also supports programs that deal with Sportsmanship, Chemical Health and Safety

WHY PARTNER?

Sponsorship with Section IX Athletics has its benefits

CONSUMER REACH

to new and large communities

*

INCREASED SALES

to diverse demographics

*

BRAND AWARENESS

to new audiences

*

COMMUNITY

relations and recognition

*

IMAGE ENHANCEMENT

to general public and focused audience

*

MEDIA

promotion and advertising

*

GAIN VISIBILITY & EXPOSURE

to groups not attending the championships

*Partnership with Section IX Athletics for
A WINNING TEAM!!!*

Section IX Athletics



Corporate Sponsorships Available!

Benefits of a Corporate Sponsorship :

- Corporate sponsor has use of the Section IX logo on marketing materials for the length of that season. Season length to be outlined by Section IX Athletics.
- Public service and or advertising announcements for sponsor will be made during the event.
- Corporate sponsor logo will be placed on LED, scoreboard or video board (where applicable).
- Corporate sponsor will have on site exhibit space provided to display merchandise.
- Corporate sponsor banner will be displayed at the championship.
- Section IX athletics will distribute "Announcement packets" (provided by sponsor) to the member schools during the Championship season. (Packet content to be approved by Section IX Athletics.)
- The corporate sponsor will have an advertisement placed and logo used in the event program. Sponsor will provide Section IX with necessary logo(s) and advertisement language.
- Corporate sponsor will have the opportunity to develop promotions to be approved by Section IX Athletics.
- Sponsor to present awards at championship event.

Contact: Robert Thabet, Executive Director

rthabet@sectionixathletics.org

(845)294-5799

Section IX Athletics | 53 Gibson Road | Goshen NY 10924



Section IX Athletics

Robert Thabet, Executive Director

2014-2015 Corporate Sponsorships

Platinum Sponsor: \$ 20,000.

- Use of Section IX logo on marketing materials for the year of sponsorship.
- Public service or advertising announcements for sponsor will be made during events (where applicable).
- Halftime promotion at selected events.
- Complimentary tickets to any Section IX Championship.
- Corporate sponsor logo will be placed on LED, scoreboard or video board (where applicable).
- Corporate sponsor will have on site exhibit space provided to display merchandise.
- Corporate sponsor banner (provided by sponsor) displayed at championships.
- Section IX Athletics will distribute "Announcement packets" (provided by sponsor) to member schools.
- Advertisement placed and logo used in all event programs (where applicable). Sponsor provides logo and advertisement language.
- Sponsor to assist in Award Presentation at Championship events.
- Website promotion on main page.

Gold Sponsor: \$ 10,000.

- Use of Section IX logo on marketing materials for two of the three sport seasons Fall – Winter – Spring. Sponsor to choose seasons before contract is finalized.
- Public service or advertising announcements for sponsor will be made during events (where applicable).
- Complimentary tickets to selected events during sport season.
- Corporate sponsor logo will be placed on LED, scoreboard or video board (where applicable).
- Corporate sponsor will have on site exhibit space provided to display merchandise for two of the three sport seasons chosen as listed above.
- Corporate sponsor banner (provided by sponsor) displayed at championships for two of the three sport seasons chosen as listed above.
- Sponsor to assist in Award Presentation at selected Championship events during sport season.
- Website promotion on selected Section IX sport pages.
- Advertisement placed and logo used in all event programs (where applicable). Sponsor provides logo and advertisement language.

Silver Sponsor: \$ 5,000.

- Use of Section IX logo on market materials.
- Public service or advertising announcements for sponsor will be made during the event (where applicable).
- Complimentary tickets for the Section IX Championship selected.
- Corporate sponsor logo will be placed on LED, scoreboard or video board (where applicable).
- Corporate sponsor will have on site exhibit space provided to display merchandise during the event selected.
- Corporate sponsor banner (provided by sponsor) displayed at Section IX Championships.
- Advertisement placed and logo used in event programs (where applicable). Sponsor provides logo and advertisement language.
- Sponsor to assist in Award Presentation at selected Section IX Championship.
- Website promotion on Section IX sports page.

Bronze Sponsor: \$ 1,000.

- Use of Section IX logo on market materials for a sport season.
- Public service or advertising announcements for sponsor will be made during the event (where applicable).
- Corporate sponsor logo will be placed on LED, scoreboard or video board (where applicable).
- Corporate sponsor banner (provided by sponsor) displayed at Section IX Championships.
- Advertisement placed and logo used in event programs (where applicable). Sponsor provides logo and advertisement language.



Competitive Cheerleading - Full Implementation

Winter 2014-2015 Season

In an effort to assist NYSPHSAA member schools with questions and concern pertaining to competitive cheerleading, please reference the topics and information included in this document. For additional information, please contact Todd Nelson, NYSPHSAA Assistant Director, at: tnelson@nysphsaa.org/518-690-0771

Traditional Cheer vs. Competitive Cheer:

The NYSPHSAA Cheerleading Committee is recommending any Cheerleading Squad that **stunts or tumbles (see definitions below, as per AACCA)** be considered a Competitive Cheer Squad and would be subject to all SED and NYSPHSAA rules and regulations. A team that does not stunt and tumble would be a traditional squad and NOT subject to SED and NYSPHSAA rules and regulations. This will be clarified by the NYSPHSAA Executive Committee in October 2014.

- **Stunt:** One or more persons supporting one or more top persons off of the ground.
- **Tumbling:** Gymnastic skills that begin and end on the performing surface, including rolls, inverted extended skills (cartwheels, handstands, walkovers, handsprings, etc.), aerials, twists and flips. NOTE: Jumps, leaps and side rolls on the performing surface are not considered to be tumbling.

NYSED Regulations:

All SED regulations (Age, Grade, Bona Fide Student, Duration of Competition, Health Exam, etc.) will be followed along with the regulations listed below:

- **Mixed Competition:** Will be outlined by SED in the Fall 2014
- **Selection Classification:** Will be outlined by SED in the Fall 2014. Gymnastics standards have been recommended by the NYSPHSAA.
- **Coaching Certification:** All Competitive Cheerleading coaches will have to have the following to be certified coaches for the 2014-15 winter season as per SED regulations: **All non-certified teacher coaches will have to apply for a temporary coaching certificate. Any outside clinician that works with a team more than 5 days during the season will also have to apply for a temporary coaching certificate.**
 - First Aid and CPR/AED
 - Fingerprinted
 - Child Abuse Course
 - Violence Prevention Course
 - Concussion Management Course
 - DASA Training (if applying for a temporary coaching license)
 - AACCA Safety Course (this is being recommended by the cheerleading committee and will be voted upon by the Executive Committee in October)
 - All non-PE coaches will have to begin to take the three required courses (Philosophy and Principles of Coaching (first year), Theories and Techniques (by 3rd year) and Health Science (by 3rd year).

NYSPHSAA General Eligibility:

All current NYSPHSAA eligibility rules (including the transfer rule) will be enforced for all Competitive Cheerleading Squads. Two of those regulations are highlighted below:

- Fall Cheerleading and Winter Cheerleading: The Cheerleading Committee is recommending ~~that~~ students/teams be allowed to compete in both seasons because of well-established league and sectional events. The NYSPHSAA Championship events would be held only in the winter season. The Executive Committee will vote on this recommendation in October.
- Interstate Sanctioning: Teams will have to follow the sanctioning process if they are attending an out of state event or hosting an event that has out of state schools competing. NY Schools may only compete against member/approved schools.

NYSPHSAA Competition Standards:

Sections should be prepared to vote on the following Competition Standards for the sport of competitive cheerleading at the October Executive Committee meeting.

- Minimum Practice Requirement: 10 team/8 individual
- Representation: minimum of 2 required competitions before post season. Note: *The 2014-2015 NYSPHSAA Invitational(s) will not be considered post-season.*
- Maximum number of Contests: 12
- Nights Rest: 1 night per competition. Note: *Cheering or performing during a sport event is not considered competition.*
- Spirit Standards: NFHS Spirit Rule Book
- Limitations per Day: 1 competition per day
- Competition Standards: Routine – 2 minutes and 30 seconds must include Cheer and Dance
- Judges: Minimum of 3 judges and 1 safety judge per competition
- NYSPHSAA Divisions and Classes: 2 Divisions (I/II), small class and large class in each division. 1 co-ed division.

NYSPHSAA 2014-2015 Cheerleading Invitational:

The NYSPHSAA will host three invitational events during the winter 2014-2015 season. These events are considered regular season events and not post season events.

- February 21, 2015 – Albany (Section 2) area (tentative)
- February 28, 2015 – Long Island (Section 8/11) area (tentative)
- March 7, 2015 – Rochester Institute of Technology (Section 5) – Confirmed

NYSPHSAA 2015-2016 Cheerleading Championship:

The Cheerleading Committee is recommending a NYSPHSAA Championship Event of the Winter 2015-2016 school year. Teams would qualify for the championship event through a process established by the Section. The Cheerleading Committee is recommending the following qualifying process and championship format:

- *Qualifying Process: Each Section would send the winner of each class to the Championship event. A maximum of 10% of the teams competing in each class would qualify for the championship event. A Section could be more restrictive and only send the winner of each class to the championship event.*
- *Format: Each class would have a preliminary and finals round at the championship event. Final format will be recommended by the Cheerleading Committee and sent to the Championship Advisory Committee.*

Sections should be prepared to vote on the following items at the October 23, 2014 Executive Committee meeting:

- NYSPHSAA Traditional vs. Competitive definition
- AACCA Safety Course required for all Competitive Cheer coaches
- Participation in both Fall Cheerleading and Winter Cheerleading
- All NYSPHSAA Competitive Cheer Standards (see above)
- NYSPHSAA Invitational events for 2014-2015
- NYSPHSAA Championship Event for 2015-2016
- Qualifying process for Championship Event

NYSPHSAA Cheerleading Committee:

Section 1: Marsha Tessler
Section 2: Joe Scalise and Patty Palmer
Section 3: Nina Baker
Section 4: Josh Gannon
Section 5: Joanne Small
Section 6: Michelle Ziegler
Section 7: Vicki Nephew
Section 8: Jonathon Bloom
Section 9: Cherie Ramsey
Section 10: Lori Brewer
Section 11: Amy Agnesini

Special Liason: Lucille Mankowich, Gail Vern, Nancy VanHoughton (LICCA)

Section IX Championships – Neutral Site

Motion:

The Section IX Executive Director, with input from the sport chairperson, will be responsible for determining where the Section IX Tournament Finals will be played in the event of a host team conflict at a designated site. The Executive Director will get involved with neutrality issues only when a particular sport's championship venue is formally called into question based on a host team's involvement in the finals.

ITEMS FOR THE FALL 2014 MODIFIED MEETING:

Reduction in Number of Practices Required Prior to First Contest in Modified Cross Country and Track & Field

"The required number of practices required prior to the first contest in modified cross country (Reference: NYSPHSAA handbook, page 144 and Modified Sports Standards chart, page 140) shall be reduced from 13 to 11. The number of practices required prior to the first contest in modified Track and Field (Outdoor and Winter) (Reference: NYSPHSAA handbook, page 153 and Modified Sports Standards chart, page 141) shall be reduced from 15 to 13."

Waiver of Promotion Rule

"In special cases, when a high school team is dissolved due to low participation numbers, the Promotion Rule may be waived for those modified athletes who were promoted to that team. The modified athlete may return to the modified program in that same season in that same sport if a waiver has been filed and approved by the NYSPHSAA office."

Sudden Victory in Modified Basketball

"Existing Modified Boys' Basketball Game Rule #2 and Modified Girls' Basketball Game Rule #3 (Reference: NYSPHSAA handbook, page 143) shall be examined to determine if 'sudden victory' should continue, or the overtime duration time and/or number of overtime periods should be adapted."

Modified Use of Girls' Basketball 10-Second Rule

"The 10-second rule shall not be used in modified girls' basketball."

Need for Modified Gymnastics and Tennis Sports Coordinators

We continue to be in need of a NYS modified sport coordinator for girls' gymnastics, and a boys' and girls' tennis sport coordinator.

NYSPHSAA Modified Committee Meetings for 2014-2015

Fall Meeting - Friday, September 19, 2014
Spring Meeting - Friday, March 27, 2015

9:30 AM
9:30 AM

NYSPHSAA Combining of Teams Data



Section: IX

Please complete the information below pertaining to the teams who have combined in your section in the past two school years. Return to Robert Zayas, NYSPHSAA Executive Director at rzayas@nysphsaa.org no later than Monday, June 16th.

Questions: Robert Zayas at 518.690.0771 or rzayas@nysphsaa.org

2012-2013

* 24 # of combined teams

11 # of Individual Sports

13 # of Team Sports

** **Note:** Individual sports are bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling*

1 # of "combined teams" who were moved up in classification as a result of merging.

0 # of combined teams who won sectional titles

0 # of Individual Sports

0 # of Team Sports

2013-2014

* 28 # of combined teams

13 # of Individual Sports

15 # of Team Sports

** **Note:** Individual sports are bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling*

1 # of "combined teams" who were moved up in classification as a result of merging using the graduated scale.

0 # of combined teams who won sectional titles

0 # of Individual Sports

0 # of Team Sports

- * Students do not participate in all sports therefore information is counted as one combined team.
- * Ellenville Central School District and Wawarsing Christian Academy – All sports / All levels
- * Kingston City School District and The Mount Academy – All sports except Boys Cross Country and Boys Soccer



Section IX Athletics

Robert Thabet, Executive Director

Section IX Sites 2014-2015

Mills Mansion
Ulster County Community College
Sullivan County Community College
Orange County Community College
SUNY New Paltz
Hudson Valley Sports Dome
Mansion Ridge Golf Course
Apple Greens Golf Course
Dietz Stadium
Casperkill Country Club
Dutchess Stadium
Mt. Peter Ski Resort
Holiday Mt. Ski Resort
Bard College
Vassar College
Marist College

Mount Saint Mary College
Cantine Fields
West Point Military Academy
Bear Mountain State Park
Match Point Tennis Center
Hunter Mountain
Rock Sports Park
Orange County Park
Stony Ford Golf Course
West Point Golf Course
Watts Park
Villa Roma
Torne Valley
Bowdoin Park, Wappingers Falls
Belleayre Mountain Ski Center
Mohonk Mountain