



# Section IX Athletics

Robert Thabet, Executive Director

**Section IX Athletic Council Meeting  
Thursday, June 12, 2014 at 8:00 a.m.  
at Winding Hills Golf Course  
1847 State Route 17K, Montgomery, NY 12549**

1. Call to Order: Bob Thabet
2. Pledge of Allegiance: Bob Thabet
3. Financial Report: Jim Osborne
4. Approval of May 14, 2014 Minutes
5. Review of Meeting Materials – Jim Osborne
6. Joe Altieri, NYSPHSAA Media & Marketing Director
7. Section IX NYSPHSAA Representatives – Roberta Greene and Jim Wolfe
8. Section IX Constitution Committee – Bob Thabet
9. Section IX Assistant Secretary/Assistant Treasurer – Bob Thabet
10. Dr. William Moran Award – Bob Thabet
11. Mergers for 2014-2015 – Jim Osborne
12. Section IX Directory for 2014-2015
13. Section IX Billing for 2014-2015 – Sports Dues Form
14. Cheerleading Report – Ms. Cherie Ramsey and Ms. Heather Walsh
15. NYSPHSAA Student Leadership Conference – Tom Cassata
16. Code of Conduct for Spectators: Dennis Burkett and Doug Murphy
17. Non-Public School Classification Committee – Tom Cassata
18. Rondout Valley Eligibility Report – Alan Baker
19. Section IX Investment Committee Report
20. Spring Sport Chairs:
  - a. Baseball T.D. Mills
  - b. Boys Golf Tom Howe
  - c. Boys Lacrosse Bob Slate
  - d. Boys Tennis Urvashi Gupta and LuAnn McCarthy
  - e. Track & Field Matthew Hemmer and Natasha Kennedy
  - f. Girls Golf Bill Earl
  - g. Girls Lacrosse Wendy Crandall
  - h. Softball Bruce Guyette
21. Chair Reports:
  - a. Girls & Boys Modified Sports Jeremy Weber and Michelle Henn
  - b. Safety Janet Carey
  - c. Chemical Health Marco Lanzoni
  - d. Officials Coordinator Dennis Burkett
  - e. Eligibility Fred Ahart
  - f. Sportsmanship Glen Maisch
22. New Business
23. Old Business
24. Adjournment  
Next Meeting Date: Tuesday, September 16, 2014 at Wallkill High School at 9:30 a.m.  
NYSPHSAA Mandated Athletic Director Workshop following
25. **Executive Session – Section IX Athletic Council immediately following the meeting**

# MEETING REPORT

## Meeting: Cheer Committee

Date: May 20, 2014 (NYSPHSAA)

### Topics Discussed:

- Difference between traditional and competitive cheer
- SED Regulations
  - Mixed competition, competition season, coaching certification
- Practice requirements
- Representation eligibility requirements
- Sanctioning process
- Transfer eligibility
- # of competitions and nights rest between competitions
- Judges
- Divisions for competitions and classifications
- State Championships will be discussed in the future

### Attendees:

Robert Zayas (518-925-6631)  
Todd Nelson (315)717-1712  
Section 1 – Marsha Tessler  
Section 2 – Joe Scalise/Len Keis/Patty  
Section 3 – Bruce Quimby/Nina Baker  
Section 5 – Ed Stores/Joanne Small  
Section 6 – Michelle Ziegler/Theresa  
Section 7 – Karen Lopez/Vicki Nephew  
Section 8 – Joanthon Bloom/Lori  
Section 9 – Cherie Ramsey/Heather  
Section 10 – Lori Brewer  
Section 11 – Amy Agesini  
CHSAA – Denise  
SED – Darryl Daily/ Ann Judzinski  
LICAA – Lucille Manikowich

### Action Items Approved For at July Central Committee Meeting:

- Required NYSPHSAA Coaching requirements for 2014-2015 Winter Season:
  - AACCA, First Aide/ CPR/ AED, Concussion, School violence and prevention, Child abuse
- Practice requirements proposed to be 10 (team) and 8 (individual).
- Representation requirement to be an eligible participant in at least two competitions during the defined season.
- Teams have to complete the sanctioning process for hosting/participating in out of states competitions.
- 12 for the maximum number of competitions.
- Required number of one nights rest between competitions.
- Divisions for competition based upon BEDS numbers into two divisions.
  - Division I: Small (5-16), Large (17-32)
  - Division II: Small (5-16), Large (17-32)
  - Co-Ed (5 to 32)
- All other NYSPHSAA rules and regulations will be followed. The Cheerleading Committee will develop define a scrimmage.

### Future Items For Consideration:

- SED will look into revising SED mixed competition guidelines for male athletes not to have to go through mixed competition testing.
- SED will look into defining Fall and Winter seasons for fall and winter seasons; NYSPHSAA Cheer committee is in support of having two seasons (Fall & Winter).
- SED will look into the coaching certification process for current coaches and a potential implementation period to officially begin with the 2015-2016 school year.

**Q & A:**

**Q:** If a school selected their cheer team in the Spring of 2014, do they need to tryout for the Winter 2014 season?

**A:** Yes, teams must conduct tryouts for the winter 2014 season.

**Q:** Will sections be able to have a fall and a winter cheer season?

**A:** The NY SED will examine the possibility of having two seasons for the sport of cheerleading.



# Section IX Athletics

Robert Thabet, Executive Director

May 22, 2014

Mr. Robert Zayas, Executive Director  
NYSPHSAA, Inc.  
8 Airport Park Blvd.  
Latham, NY 12110

RE: 2014 Student Leadership Conference

Dear Mr. Zayas:


I have enclosed the application information for Section IX Athletics.

Megan Gagnon (Cornwall Central School District)

DaShaun Graham (Highland Falls-Ft. Montgomery Central School District)

If you have any questions please call me at (845) 294-5799.

Sincerely,



James M. Osborne  
Section IX Secretary

JMO/al  
Enclosures

cc: Mr. Robert Thabet, Section IX Executive Director  
Mr. Tom Cassata, Section IX President  
Mrs. Debra Crowe, Athletic Director, Highland Falls-Ft. Montgomery C.S.D.  
Mr. Michael Kroemer, Athletic Director, Cornwall Central School District



# MONTICELLO CENTRAL SCHOOL DISTRICT

237 FORESTBURGH ROAD + MONTICELLO, NEW YORK 12701  
845.794.7700 (O) + 845.794.7710 (F) + WWW.MONTICELLOSCHOOLS.NET

MR. DANIEL A. TEPLESKY - SUPERINTENDENT OF SCHOOLS  
MS. SUSAN M. PURCELL, PRESIDENT - BOARD OF EDUCATION

DOUGLAS E. MURPHY  
DIRECTOR OF PHYSICAL EDUCATION,  
HEALTH AND ATHLETICS  
DMURPHY@K12MCSD.NET

*Building Excellence Through Trust*

## Spectator Code of Conduct

Section IX athletics recognizes the importance of behavior and personal character in our student athletes, with that we ask our spectators to:

1. Demonstrate a high degree of sportsmanship.
2. Show team support by making only positive comments.
3. Show respect for the judgment of coaches, officials, and referees.
4. Acknowledge fields, courts and equipment as the player's domain during contests.
5. Monitor the safety of children in the bleachers and stands.
6. Respect the law all public schools and section IX venues are smoke- free, substance free environment.
7. Athletic contests home. Away or at a neutral site are an extension of the classroom. Therefore, all All school rules are in effect.
8. Spectators will respect and obey all school officials, supervisors and site personnel at contests.
9. There will be no ringing of bells, sounding of horns, or other noise makers at indoor contests during Play. Outdoor use will be at the discretion of the site personnel.
10. The throwing of debris, confetti, or other objects from the stands is prohibited. Offending individuals will be asked to leave the premises.
11. Exceptions to this behavior will lead to ejection from the event.

\*\*\* Individual schools may have more stringent policies.

**RED HOOK CENTRAL HIGH SCHOOL**  
**103 WEST MARKET STREET □ RED HOOK, NEW YORK 12571**  
**(845) 758-2241 □ FAX (845) 758-9444**

**ROY PAISLEY**  
*PRINCIPAL*  
EXT. 3247

**AMANDA GREENE**  
*PRINCIPAL*  
EXT. 3246

**TOM CASSATA**  
*DIRECTOR OF ATHLETICS*  
EXT. 3248

**GAIL VOLK**  
*GUIDANCE DIRECTOR*  
EXT. 3250

**OFFICE OF INTERSCHOLASTIC ATHLETICS**  
*TOM CASSATA*

**To: Bob Thabet**  
**From: Tom Cassata**  
**Date: May 16, 2014**  
**Re: Non-Public School Classification Committee information**

The non-public school classification committee met on May 14<sup>th</sup> to review the Section IX winter 2012-2013 non-public school records, student information, and history reports. Committee members in attendance for the meeting: Tom Cassata, Dennis Burkett, James Osborne, Doug Murphy, and Marco Lanzoni.

It is the recommendation of the committee that the following occur:

- Burke Catholic Boys' Basketball remain at the Class AA level for the 2014 -2015 season
- Coleman Catholic Girls' Basketball remain at the Class B level for the 2014 -2015 season
- Coleman Catholic Boys' Basketball moves up to the Class C level from the Class D level for the 2014-2015 season

The committee received a letter from the basketball committee in support of these recommendations for the 2014 -2015 season.

There were no other recommendations from the committee for your review.



# Section IX Athletics

Robert Thabet, Executive Director

May 30, 2014

Mr. Alan Baker, Athletic Director  
Rondout Valley Central School District  
P.O. Box 9  
Accord, NY 12404

Dear Mr. Baker:

You have self reported a violation of the regulations that govern the By-laws and Eligibility Standards as listed in the NYSPHSAA Handbook. Your school district used an 8<sup>th</sup> grade softball athlete that was selectively classified to play JV softball. However, the athlete played in three varsity games which is a violation of NYSPHSAA Regulations.

By means of this notification I am contacting you regarding the Rules, Regulations, By-laws and Eligibility Standards of NYSPHSAA, Section IX and the MHAL. This is the second violation this year for the Rondout Valley Central School District. Please note that this could result in sanctions being levied on the Rondout Valley sports program.

I will ask the Section IX Athletic Council to unanimously approve:

- A. This letter be kept active for a period of two years from the date of this letter.
- B. NYSPHSAA Handbook, page 101, #19, Penalties:  
"If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools."

I want to thank you for your investigation and self reporting of the rule violation.

If you have any questions please contact me at (845) 294-5799.

Yours in sports,

A handwritten signature in black ink that reads 'Robert Thabet'. The signature is written in a cursive, flowing style.

Robert Thabet, Executive Director  
Section IX Athletics

RT/al



# Section IX Athletics

Robert Thabet, Executive Director

## **Section IX Athletics Reserve Fund/ Investment Policy**

Section IX Athletics will keep a reserve fund to cover unforeseen expenditures that is approximately the same amount as the total budget for the previous year. The funds will be divided between current bank accounts and/or money market investments and certificates of deposit. The Section IX Executive Director, at various times, will recommend these investments to the Section IX Investment Committee for approval.

This committee will consist of three (3) members who are also members of the Section IX Athletic Council. They will be nominated for a term of two (2) years by the Executive Director. The Committee nominations will be confirmed by a majority vote of the Section IX Athletic Council.

The Section IX auditor will review the reserve fund and investments annually. Any amendments to the Reserve Fund/ Investment Policy will require a positive vote of 2/3 of the Section IX Athletic Council.





# Section IX Athletics

Robert Thabet, Executive Director

Section IX Athletics  
Reserve Fund and Investments  
Minutes of Meeting  
May 14, 2014

Present: Rosario Agostaro, Dennis Burkett, Doug Murphy and Jim Osborne.

The Committee met to discuss the possible directions that Section IX should follow regarding Reserve Funds and Investments.

It was suggested that Orange County Trust and Hudson Heritage should be contacted for their recommendations and possible sponsorship.

Jim Osborne will meet with both companies and report back to the Committee.

The Committee discussed the possibilities of developing sub committees to look into t-shirts and programs. It was also suggested that a grant writer should be contacted to see if or how they could help Section IX Athletics.

The Committee discussed the need for a strategy on investing and how NYSPHSAA and Joe Altieri might be able to help Section IX. Jim Osborne has been working on a Sponsorship Form/Agreement that he will send out to the Committee Members for review.

Next meeting is Thursday, June 12, 2014 after the Section IX Athletic Council Meeting.

Respectfully submitted,

*James M. Osborne*

James M. Osborne, Secretary  
Section IX Athletics

JMO/al

# Section IX Athletics

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## Corporate Sponsorship Agreement



Robert Thabet, Executive Director  
email: [rthabet@sectionixathletics.org](mailto:rthabet@sectionixathletics.org)

Section IX Athletics | 53 Gibson Road | Goshen NY 10924  
(845)294-5799

# Section IX Athletics Event Sponsorship Agreement

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## Purpose of the Section IX Athletics Event Sponsorship Agreement (ESA)

This Event Sponsorship Agreement serves as the guidelines of what can be expected from a sponsorship of a Section IX event. The Event Sponsorship Agreement is a legal document in which terms are agreed upon and accepted by the signatures of both parties.

### Sponsorship Inclusions:

- Corporate sponsor has use of the Section IX logo on marketing materials for the length of that season. Season length to be outlined by Section IX Athletics.
- Public service and or advertising announcements for sponsor will be made during the event.
- Corporate sponsor logo will be placed on LED, scoreboard or video board (where applicable).
- Corporate sponsor will have on site exhibit space provided to display merchandise.
- Corporate sponsor banner will be displayed at the championship (sponsor provided).
- Section IX athletics will distribute "Announcement packets" (provided by sponsor) to the member schools during the Championship season. (Packet content to be approved by Section IX Athletics.)
- The corporate sponsor will have an advertisement placed and logo used in the event program. Sponsor will provide Section IX with necessary logo(s) and advertisement language (If event program is produced).
- Corporate sponsor will have the opportunity to develop promotions to be approved by Section IX Athletics.
- Sponsor to present awards at championship event.

**Sponsorship Fee:** \$ \_\_\_\_\_ **Sport:** \_\_\_\_\_

### Reviewed and approved by:

\_\_\_\_\_  
Corporate Sponsor

\_\_\_\_\_  
Date:

\_\_\_\_\_  
Section IX Athletics Designee

\_\_\_\_\_  
Date:

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# Section IX Athletics



## Corporate Sponsorships Available!

### Benefits of a Corporate Sponsorship :

- Corporate sponsor has use of the Section IX logo on marketing materials for the length of that season. Season length to be outlined by Section IX Athletics.
- Public service and or advertising announcements for sponsor will be made during the event.
- Corporate sponsor logo will be placed on LED, scoreboard or video board (where applicable).
- Corporate sponsor will have on site exhibit space provided to display merchandise.
- Corporate sponsor banner will be displayed at the championship.
- Section IX athletics will distribute “Announcement packets” (provided by sponsor) to the member schools during the Championship season. (Packet content to be approved by Section IX Athletics.)
- The corporate sponsor will have an advertisement placed and logo used in the event program. Sponsor will provide Section IX with necessary logo(s) and advertisement language.
- Corporate sponsor will have the opportunity to develop promotions to be approved by Section IX Athletics.
- Sponsor to present awards at championship event.

**Contact: Robert Thabet, Executive Director**

**[rthabet@sectionixathletics.org](mailto:rthabet@sectionixathletics.org)**

**(845)294-5799**

**Section IX Athletics | 53 Gibson Road | Goshen NY 10924**

April 2014

To: Section IX Athletic Council  
Section IX Athletic Directors

From: NYSPHSAA Modified Athletics Committee

Re: Spring 2014 Meeting Report  
NYSPHSAA Committee for Modified Athletics

The spring meeting of the State Committee for Modified Athletics took place on April 4, 2014 in Latham, New York. A synopsis of the meeting is as follows:

**I. Items that will go to the State Executive Committee:**

**A. Tryouts Rule Editorial Change**

Motion:

*"The following editorial changes will be made in the Modified General Eligibility TRYOUTS Rule #17. d.) (Reference: NYSPHSAA handbook, page 137)*

*d.) "The tryout period for a modified athlete shall be defined as participation in a maximum of three (3) out of five (5) consecutive practice days of the high school season. During the tryout period, the modified athlete may not return to the modified program until the athlete's tryout is complete."*

The motion passed unanimously 19-0.

**B. Promotion Rule Revision Proposal**

Motion:

"Current Promotion Rule 13.2) (Reference: NYSPHSAA handbook, page 136), shall be amended to read:

*2) In schools where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team at any point in the season if he/she displays the skills and maturity to compete at the varsity level. A promoted ninth grade contestant is eligible to participate immediately upon promotion providing that he/she has completed the necessary number of required practices for that specific sport. The contestant may not exceed the total number of contests as outlined by the NYSPHSAA High School Sports Standards chart."*

The motion passed unanimously 17-0.

**C. Use of “*With section/league approval...*” Language**

Motion

*“Motions may continue to come from the NYSPHSAA Modified Committee with the language ‘With sectional, league approval’ language.”*

The motion passed 16-0-1.

There has been discussion at the Executive level that the modified program should not allow section or league-specific variances in rules. The modified representatives felt that the modified program is unique in many ways: across the State, we have many small schools, with great diversity in size. Many sections have significant geographic distances between their schools, and disparities in athletic strength. We do not participate in post-season play, nor do we compete outside of our sections. Because we deal with younger, less-developed athletes, we should be allowed more discretion and less legislation in order to serve the needs of the children in our sections.

**II. Items that will go to the State Safety Committee**

**A. Section IV Modified Football Pilot Program**

(Please refer to Addendum attached to this report)

Eric Race from Section IV presented a modified football rules proposal, suggesting a 2-year pilot program to include implementation of revised modified football rules, and a required two-year health and safety study to track injuries and categorize them to determine if athletes are at a greater risk of injury by participating using the new rules.

The rationale for the pilot program is to teach and coach similar systems of offensive and defensive football schemes to all players in the football program at appropriate age and developmental levels; to create more consistency between modified and varsity levels in teaching techniques of individual positions, team philosophies, and overall schemes and language; to safely close the gap between modified football rules and the NFHS rules employed at the HS level; and to provide, step-wise, a natural progression for student-athletes in the game of football in NYS, beginning at the modified level and culminating at the varsity level.

It will be imperative that any sections/schools that wish to participate in the pilot program establish baseline information data on injuries from their 2013 football season. . They must submit their school report to their sectional modified football sport coordinator, to Todd Nelson at

NYSPPHSAA, and to state modified football sport coordinator Steve Nolan. They must then track and report all injuries to players for the next two consecutive seasons in 2014 and 2015, and submit this information no later than December 1<sup>st</sup> of each year. The information will be collected, analyzed, collated and released to all vested parties.

Motion:

*“Section IV shall be permitted to adopt a two-year pilot program in modified football that will allow implementation of revised modified football rules. Each school participating shall be required to provide injury data from its 2013 modified football season practices and games, to serve as a baseline of information prior to its participation in the pilot program. The injury report must be completed again after the 2014 and 2015 seasons, and submitted to the local sections, and to Todd Nelson at NYSPHSAA, and state modified football coordinator Steve Nolan. With sectional approval, other sections may participate in this pilot program, contingent upon submission of baseline data prior to participation in the program, and completion of annual injury reports.”*

The motion passed unanimously 19-0. If passed, it will be forwarded to the Executive Committee.

**B. Reduction in Number of Practices Required Prior to First Contest in Modified Cross Country and Track & Field (page 10)**

Motion

*“The required number of practices required prior to the first contest in modified cross country (Reference: NYSPHSAA handbook, page 144 and Modified Sports Standards chart, page 140 ) shall be reduced from 13 to 11. The number of practices required prior to the first contest in modified Track and Field (Outdoor and Winter) (Reference: NYSPHSAA handbook, page 153 and Modified Sports Standards chart, page 141) shall be reduced from 15 to 13.”*

The motion passed unanimously 17-0. It will be an Action Item at the Fall meeting of the Modified Committee. The input of the State Safety Committee was also requested at their April 10, 2014 meeting.

**III Items which will occur before the Fall 2014 Modified Committee meeting:**

- **IF** the proposed football pilot program is approved by the State Safety Committee and the NYSPHSAA Executive Committee: we must decide if our section wishes to participate. We must designate a member of our section to collect 2013 football baseline injury surveys, complete a 2014

and 2015 football post season injury survey annually, and assure we are communicating the rules and spirit of the pilot program.

- Efforts to secure modified sport coordinators for girls' gymnastics and boys' and girls' tennis
- Appropriate report presentations by fall and winter sports coordinators. The following sports are scheduled for review: baseball, cross country, field hockey, football, boys' and girls' lacrosse, boys' and girls' soccer, softball, boys' and girls' tennis, track and field and wrestling.

#### **IV. Discussion Item**

##### **A. Waiver of Promotion Rule**

Motion:

*“In special cases, when a high school team is dissolved due to low participation numbers, the Promotion Rule may be waived for those modified athletes who were promoted to that team. The modified athlete may return to the modified program in that same season in that same sport if a waiver has been filed and approved by the NYSPHSAA office.”*

The motion passed unanimously 17-0.

What does our section think of this item?

#### **V. Action Items for Next Meeting**

##### **A. Sudden Victory in Modified Basketball**

Motion:

*“Existing Modified Boys' Basketball Game Rule #2 and Modified Girls' Basketball Game Rule #3 (Reference: NYSPHSAA handbook, page 143) shall be examined to determine if 'sudden victory' should continue, or the overtime duration time and/or number of overtime periods should be adapted.”*

The motion passed unanimously 17-0.

What does our section think of this item? Should we continue to allow 'sudden victory' in modified basketball, should we increase the overtime to more minutes, or should we allow a second overtime?



**B. Reduction in Number of Practices Required Prior to First Contest in Modified Cross Country and Track & Field**

Motion (Staropoli, Koenig)

*“The required number of practices required prior to the first contest in modified cross country (Reference: NYSPHSAA handbook, page 144 and Modified Sports Standards chart, page 140 ) shall be reduced from 13 to 11. The number of practices required prior to the first contest in modified Track and Field (Outdoor and Winter) (Reference: NYSPHSAA handbook, page 153 and Modified Sports Standards chart, page 141) shall be reduced from 15 to 13.”*

The motion passed unanimously 17-0.

Does our section agree that the required number of practices should be reduced in these sports? Are we in agreement with the proposed 2 days reduction?

**C. Modified Use of Girls’ Basketball 10-Second Rule**

Motion (Romanello, Doroshenko)

*“The 10-second rule shall not be used in modified girls’ basketball.”*

The motion passed unanimously 17-0.

Do we agree that we should NOT use the 10 second rule in modified girls’ basketball?

**VI. Information Items**

1. **State Handbooks.** Starting with the 2014-2015 school year, there will no longer be hard copies of the NYSPHSAA or modified handbooks. The handbooks will be accessible on the NYSPHSAA website. The decision was made to keep the handbooks accurate and current; many changes were made in-between printings.
2. **Coaching Certification.** Coaching certification requirements are being streamlined in cooperation with the NYSED. We recognize that it has become difficult to get interested new coaches certified in a timely manner, resulting in a shortage of available coaches. We are hopeful that enough time will be allotted towards communicating new changes with the sections so that coaching courses aligned with new requirements can be made available in our section.

## Section IV Football - Modified Football Rules Proposal

### Request:

*A 2-year pilot study in the sport of football at the modified level to include:*

- 1. Implementation of the revised modified football rules (see below) and*
- 2. All participating schools will take part in the 2 year required Health and safety study.*

All sections/schools approving the use of the modified football rules must take part in, complete and submit the following safety study:

Schools will be required to track and keep records of all injuries that occur to modified football athletes during the football season including game and practice sessions. The tracking of injuries and categorization of them will look to determine if athletes are at a greater risk of injury by participating using the new rules for modified football.

To establish a baseline of information, all schools participating will be asked to submit to their section Executive Director, Football Chairman and NYSPHSAA an injury report from the 2013 football season for modified players, as well as, track and report all injuries to players for the next two consecutive seasons 2014 and 2015. This information must be submitted no later than December 1<sup>st</sup> of each year. This information will be collected, analyzed, collated and released to all vested parties.

### Rationale:

- Teaching and coaching similar systems of offense and defensive football schemes to all players in the program at the appropriate age and developmental level.
- Consistency between modified and varsity levels in teaching techniques of individual positions, team philosophies, and overall schemes and language.
- Safely close the gap between Jr. High, "modified" football rules and NFHS rules employed at the HS level
- Step-wise, natural progression for student athletes in the game of football in NYS beginning in modified and culminating at the varsity level.

### Proposed Changes to current NYSPHSAA Modified Football Rules

1. Dead ball rule on all punts, no live punts or returns (optional for section wide use with approval of the section.)
2. The offense must employ three players on the line-of-scrimmage on both sides of the center, no unbalanced line (optional for section wide use with approval of the section.)
3. There is a maximum of 1 yard splits between line-man, tackle to tackle.
4. Defenses must employ a 4, 5 or 6 man front
5. 4 and 6 man fronts must be balanced and aligned head up tackle to tackle and cannot cover the center (no gap alignment.)
6. If a 5-man front is employed. The nose guard must line head up on the center and the tackles head up on the offensive guards or tackles, (no gap alignments.)
7. Defensive lineman, once aligned and in a stance cannot stem prior to the snap of the ball
8. No blitzing allowed. Linebackers must be stationary and at a 3 yard minimum depth at the snap of the ball.
9. Press coverage and contact at the line-of-scrimmage is not allowed against a receiver (Exception: you may press and contact is allowed with any eligible receiver within 5 yards of the offensive tackle.)

Pilot Study Baseline Information:

Section IV Football Injury Report for the 2013 season (44 total schools, 29 Reported at time of submission)

Total Injuries:

(See Attached for individual school breakdown)

## Section IV Football - Modified Football Rules Proposal

This is the chart we plan to utilize in the pilot program to track and categorize injuries

### Categories of Injury

	Catastrophic Paralysis/Death	Severe/Fracture	Sprains/Strains	Contusions/Abrasions	Head Injury/Concussion
Total Number 2014					
Total Number 2015					

Each injury should be further categorized by indicating when the injury occurred by the following:

Practice or Game (P or G)

Offense (O)

Defense (D)

Special Teams (ST)

For example:

	Catastrophic Paralysis/Death	Severe/Fracture	Sprains/Strains	Contusions/Abrasions/ Cut	Head Injury/ Concussion
Total Number <b>2014=</b> <b>10</b>	No Injuries	1 Broken leg (P)	1 sprain knee (G,ST) 1 sprain ankle (G, O)	1 Bruise hamstring (P) 1 Bruise foot (P) 1 Cut (G, D)	2 Concussion (G, ST) 1 Concussion (P) 1 Concussion G, D)

# SUNY SULLIVAN COMMUNITY COLLEGE

## SUMMER 2014

### NYS Coaching Certification Courses

112 College Rd. Loch Sheldrake, NY 12759 (845) 434-5750 [www.sunysullivan.edu](http://www.sunysullivan.edu)

#### 2014 Summer Coaching Course Registration Has Begun

**NOTE: These courses are guaranteed to run without cancellation.**  
Significant price reduction; \$291 for NY State residents.

**Summer 2014 Online courses:** Instructed by Paul Clune

Course Number	Course Title	Credits	Dates
REL-1509-01DL	Theory and Techniques of Coaching	3	July 21st – August 13th

Course Number	Course Title	Credits	Dates
REL-1505-01DL	Philosophy, Principles, and Organization of Athletics in Education	3	June 23rd – July 17th

**Summer 2014 Online courses:** Instructed by Betsy Conaty

Course Number	Course Title	Credits	Dates
REL-1507-01DL	Health Sciences Applied to Coaching	3	May 27 – June 19th

#### **COST**

- Course fee:
  - \$291 for New York State residents with a certificate of residence.
  - \$375 per three credit course for those with out a certificate of residence.
- Fees current as of 5/1/14 and may be subject to change.
- For more information about any additional fees, please contact the Registrar's Office at (845) 434-5750 x4302.

#### **CONTACT INFORMATION**

- For additional information or to register, call (845)434-5750, x-4302.
- For email, please write in the subject heading line "online coaching certification courses."

Registration Services	x4302	<a href="mailto:fsinigaglia@sunysullivan.edu">fsinigaglia@sunysullivan.edu</a>
Student Billing	x4285	
Paul Clune (Associate Professor/Coach)	x4427	<a href="mailto:pclune@sunysullivan.edu">pclune@sunysullivan.edu</a>

For additional information about the above courses or any other courses go to:

**[www.sunysullivan.edu](http://www.sunysullivan.edu)**

**Online Courses in New York State Coaching Certification**  
Offered by Sullivan County Community College

**REL 1509-01DL Theory and Techniques of Coaching**

**Offered: Summer 2014**

Course Description:

- An introductory classroom phase of this course covers the basic concepts common to all sports. A history of interschool athletics in New York State, objectives, rules, regulations and policies; teaching methods, performance skills, technical information (offense, defense, strategy, etc.); organization and management of practices; special training and conditioning of athletes in the specific sport; care and fitting of equipment; special safety precautions; and officiating methods are included. This course may include an internship in the specific sport under the supervision of a master coach or director of physical education as a substantial portion of the course hours.

**REL 1505-01DL Philosophy, Principles, and Organization of Athletics in Education**

**Offered: Summer 2014**

Course Description:

- This course covers the basic philosophy, principles, and organization of athletics as integral parts of physical education and general education; state, local and national regulations and policies related to athletics; legal considerations; function and organization of leagues and athletic associations in New York State; personal standards for the responsibilities of the coach as an educational leader; public relations; general safety procedures, general principles of school budgets, records, purchasing, and use of facilities. This course is required for all non-physical education certified teachers who coach athletic teams at any level in New York State schools.

**REL 1507-01DL Health Sciences Applied to Coaching**

**Offered: Summer 2014**

Course Description:

- This course covers selected principles of biology, anatomy, physiology, kinesiology, psychology, and sociology related to coaching, human growth and development, training, and conditioning of athletes.

**Registration Procedures:**

- Before register at Sullivan go to [www.sunysullivan.edu](http://www.sunysullivan.edu) and click on the “**Current Students**” link then go to the “**Student Services**” link and scroll down to the “**Registration Services**” link and click it. Once there, look to the right side and click on “**Summer 2014**” under “**Part-time Application**” form.
  - Download it and fill it out.
  - Then, download your certificate of residence. This can be found by going back to “**Current Students**” link then go to the “**Student Services**” link and scroll down and click “**Student Billing**” and locate the “**Certificate of Residency**” link on the right side and follow the instructions.
  - Get the certificate of residence notarized in order to avoid an extra fee.
  - When you have completed all the necessary paperwork, fax the material to the College at 845-434-4806. Please write in the heading “online coaching courses”.
  - After you have faxed the material, call the registrar and student billing to make sure all materials have been received. **You will also need a username and password. This is done through Sullivan County Community College website.** Go to [www.sunysullivan.edu](http://www.sunysullivan.edu) and click on the “**Current Students**” link then go to the “**Academics**” link and scroll down to the “**Registration Services**” link and click it. Once there, click on the “**ANGEL and SLN Online Assistance**” link on the right side.
- Course fee:
  - \$291 for New York State residents with a certificate of residence.
  - \$375 per three credit course for those without a certificate of residence.
- Fees current as of 5/1/14 and may be subject to change.