

**NYSPHSAA EXECUTIVE COMMITTEE MEETING
JANUARY 30-31, 2009 – BINGHAMTON, NEW YORK**

Executive Director Report - Ms. Nina Van Erk

1. Participation in a Senate hearing on the pros and cons of an abbreviated school week schedule. (NYSPHSAA comments attached.)
2. NYSPHSAA legal seminar – Executive Directors Workshop – Friday, April 24, 2009 in the NYSPHSAA Office.

Assistant Director Report – Mr. Robert Stulmaker

1. Approved 2009 Boys Lacrosse East Semi-Final Thursday, June 11, 2009 at Middletown High School
2. Winter 2008-2009 Scholar Athlete State Champions deadline is Friday, March 6, 2009, filing through NYSPHSAA website to be done electronically.
3. New York State Federation Basketball Tournament – March 27, 28, 29, 2009 at Glens Falls Civic Center Boys Federation Golf Championship – Sunday, June 7, 2009
4. Approved 2009-2010 NYSPHSAA Championship Dates/Sites (enclosed).

Assistant Director – Mr. Todd Nelson

Approved the official enrollment numbers for the 2009-2010 classification of schools (enclosed).

<u>Current Classification Numbers</u>				<u>Five Classes</u>				<u>Proposed Classification Numbers</u>			
Class	Minimum Enrollment	Schools	%	Class	Minimum Enrollment	Schools	%	Class	Minimum Enrollment	Schools	%
AA	950 (Up)	144	18.58	AA	925 (Up)	153	19.74	AA	925 (Up)	153	19.74
A	550 (949)	149	19.23	A	525 (924)	159	20.52	A	525 (924)	159	20.52
B	325 (549)	153	19.74	B	300 (524)	155	20	B	300 (524)	155	20
C	193 (324)	159	20.52	C	183 (299)	148	19.10	C	183 (299)	148	19.10
D	0 (192)	169	21.81	D	0 (182)	159	20.52	D	0 (182)	159	20.52

Motion defeated 11-10

The following schools would have been affected in 2009-2010 if the motion carried.

Marlboro B to A
 Pine Plains, Fallsburg, Millbrook and Rhinebeck C to B
 Eldred D to C

Coaching Clinics:

Baseball	Hall of Fame, Cooperstown	Feb. 27, 2009
Field Hockey	Field of Dreams, Utica	March 6, 2009
Track & Field & Cross Country	Holiday Inn, Syracuse	March 27-28, 2009
Volleyball	Union College, Schenectady	March 24, 2009
Soccer	Hall of Fame, Oneonta	May 29, 2009
Cheerleading	TBA	May 15, 2009

Assistant Director – Mr. Joe Altieri

Broadcasting – Internet Agreement for NYSPHSAA Championships (enclosed).

New York State Education Department – Ms. Trish Kocialski Report (enclosed).

1. Physical Education Profile
2. Update on Physical Education Compliance
3. Standards Review – Health, Physical Education, Family and Consumer Sciences
Proposed changes to CR 135.4
4. Selection Classification
5. Coaching Course Revisions
6. 2009-2010 School Budgets
7. Interscholastic Athletics and Funding

Sport Season Committee Report – Mr. Jim Osborne

1. More than 60 % of the surveys have been returned
2. The NYSPHSAA participation survey has been expanded to include information regarding mixed competition participation and teams competing outside of sport season.
3. The committee will meet again via teleconference after completion and tabulation of the NYSPHSAA participation survey.

Fiscal Concerns Committee – Ms. Julie Maney

Recommendations – See enclosed.

Handbook Committee – Ms. Roberta Greene

Approved

- ❖ **Overtime:** Sections will have the authority to decide if overtime sessions will be played in a particular sport. If approved, the overtime procedure included in the sport specific rule book must be followed. Any approved waiver or modification of the overtime procedures are noted in the Sport Standards section of the NYSPHSAA Handbook (pages 110-117).

Approved

- ❖ **Exceeding The Maximum Number of Contests:** The committee discussed the appropriate interpretation to use when an individual athlete exceeds the maximum number of contests. Discussion focused on the scenario when a player moves from the JV level to the Varsity level; which team is effected when the maximum number of contest are exceeded? The committee recommends the following note to be added to page 99, Penalties letter “c”. *NOTE: The level in which the student athlete participated as an ineligible competitor will be effected.*

Approved

- ❖ **General Objectives of the NYSPHSAA:** The committee recommends removing the two references to “high” schools in the General Objectives of the NYSPHSAA (page 27) to better reflect the inclusion of both high schools and middle schools.

No Change

- ❖ **Re-Defining A Scrimmage:** The committee discussed the merits of re-defining a scrimmage to be a “practice competition”. At this time the committee would like to withdraw their request for consideration of any change to the definition of a scrimmage.

Sectional Concerns: Section IX

1. Approved - The request for reduction of 6 contests to 4 contests for representation into the Section IX Tournament for Indoor Track, Gymnastics, Alpine and Nordic Skiing.
2. The NYSPHSAA Modified Sports Committee has been notified that Section IX would like approval to conduct Varsity/Modified meets in Cross Country, Indoor and Outdoor Track and Field.
3. Shot Clock – Girls Basketball
Discussion on the New York State Girls Basketball Rules Interpreter decision to notify each Official's Board that contests should not be played if the shot clock is not working. Ms. Van Erk will contact the State Rules Interpreter regarding the correct and appropriate interpretation of the rule.

Modified Sports Committee – Mr. Todd Nelson

1. Approved – With section/league approval a “mercy rule” experiment in modified baseball/softball will be permitted, allowing a game to end after a team at the short end of the 15 run rule has completed their fifth at bat.

All Sections are reminded that if they participate in any of the experiments that were approved they are required to return surveys to their sectional representatives. The Section IX modified representatives have the necessary survey forms.

Championship Advisory Committee (CAC) – Mr. Robert Stulmaker

1. Approved – Softball super regional doubleheader in classes B & C for Sections 1-8-9-11.
2. Defeated – Boys and Girls Tennis: An athlete will not be allowed to participate unless there is a Board of Education approved coach/school designee from that school in attendance acting in a supervisory role of the participating athletes(s).
3. Approved – Boys Basketball request for 3 person crews for the Regional and State Championship Tournament at no additional cost effective 2009.
4. Defeated – The request for an increase in student-athlete roster size and support personnel in Softball from 20 to 23.
5. Approved – An increase in student –athlete roster size in Girls Lacrosse from 25 to 30 and a decrease in student-athlete roster size in Boys Lacrosse from 35 to 30.
6. Approved – An increase in medal awards in Boys Tennis for 3rd and 4th place and a decrease in medal awards in Girls Tennis from 5th and 6th place to 3rd and 4th place.

Safety Committee – Mr. Todd Nelson

Approved – The Safety Committee will collect and analyze data provided by a certain number of certified athletic trainers from schools that play Girls Lacrosse in New York State.

Concussion Management – 8 of the 11 sections have established section-wide committees to help implement school based Concussion Management teams.

Life of an Athlete Report – Section IX Workshop will be conducted on Wednesday, April 22, 2009 at Wallkill High School registration begins at 8:00 a.m.

Request by Section Executive Directors to have:

1. Handbook Committee – Review the Foreign Student form.
2. CAC review the Ice Hockey classification numbers as reported by Carl Normandin, Section X Athletics.

SUMMARY OF RECOMMENDATIONS FROM SPORT COMMITTEE MEETINGS

Boys/Girls Golf

Approved

Range Finders:

Not approved during competition, however may be used in practice rounds by coaches or players.

Rulings:

Rulings may only be pointed out by the competitors and markers. Spectators are not permitted to make rulings.

Practice Rounds at NYSPHSAA Championship:

Only competitors may play in the student athlete's practice round. Coaches are limited to being on the course in a supervisory and coaching capacity.

Baseball

Approved

Item #1 – To approve the following:

NYSPHSAA Baseball Tied and Suspended Game Rule (for NYSPHSAA Championship Tournament Play)

1. An official game is 5 innings or 4 and a half if the home team is ahead. If a winner can be determined and no more baseball can be played that day, the game is over and a winner declared. The game does not have to go 7 innings.
2. If a game is stopped before it becomes an official game, the game is a suspended game. This game will be picked up at that point. Score, inning count of batter etc. etc. etc. should all be recorded in scorebook.
3. If the game is stopped after having gone long enough to be an official game, however a winner cannot be determined due to a tied score. This game becomes a tied/suspended game at that point. This game will be picked up at that point. Score, inning, count of batter etc. etc. etc should all be recorded in scorebook.
4. If a game is stopped after having gone long enough to become an official game and:
 - a. The visitors score a run or runs in the top half of the inning. The game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. Or,

- b. The visitors score a run or runs in the top half of the inning and the home team does not complete their at bat. The game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. If we have a tied/suspended game we pick up from that point (Visitors runs in the top half of the inning and home team runs in bottom half count). This game will be picked up at that point. Score, inning, count of batter etc. etc. etc. should all be recorded in scorebook.
- c. The home team ties the game in the bottom half of the inning but doesn't complete the inning. If we cannot play anymore we have a tied/suspended game at that point. This game will be picked up at that point. Score, inning, count of batter etc. etc. etc. should all be recorded in scorebook. Or,
- d. The home team takes the lead in the bottom half of the 5th or 6th inning, then game is called. At that point the home team is declared the winner.

Item # 2 – To approve the following:

Approved

With Section approval, Sections may adopt the Tied and Suspended Rule for regular season or Sectional Contests. (In absence of this approval suspended games will be resumed from the point of interruption).

Boys Volleyball

Approved

NCAA RULES – The Boys Volleyball Committee requests approval to adopt the NCAA Volleyball Rules with the same modifications used in Girls Volleyball beginning in the fall of 2009.

Girls Tennis

Approved

Item # 1 – COACHING: To permit coaching on the court at NYSPHSAA Championship. Cheering would not be permitted. These changes would make the Girls Tournament comparable to Boys Tennis.

Minutes of the meeting submitted by:

Ms. Roberta Greene, Mr. Jim Wolfe, and Mr. Jim Osborne
Section IX Athletics

WORKSHEET SECTION IX

CLASSIFICATION OF SCHOOLS - BEDS NUMBERS FOR 2009-2010

(Please be aware that the numbers reported will be compared to the SED BEDS numbers when their report in finalized)

SCHOOL	NYSPHSAA ENROLLMENT		FB	VB	XC	FH	B LAX	G LAX	BASK SOC BB SB	Spr.Track Wrestling	SCHOOL	NYSPHSAA ENROLLMENT		FB	VB	XC	FH	B LAX	G LAX	BASK SOC BB SB	Spr.Track Wrestling
	SED #	REPORTED #										SED #	REPORTED #								
John S. Burke	463		B	B	C		C	C	B	II	NFA	2902	AA	AA	AA		A	A	AA	I	
Chapel Field	99				D				D	II	James I. O'Neill	443	B	B	C		C	C	B	II	
Chester	262		D		D				C	II	Onteora	470	B	B	B	B			B	II	
John A. Coleman	157			D	D	D			D	II	Pine Bush	1560	AA	AA	AA	A	A	A	AA	I	
Cornwall	870		A	A	A				A	I	Pine Plains (Stissing)	322	C	C	C	C			C	II	
Eldred	186		D		D				D	II	Port Jervis	881	A	A	A				A	I	
Ellenville ** (440)	416		C	C	C	C			B	II	Red Hook	608	B	B	B	B	C	C	A	I	
Fallsburg	316		C	C	C				C	II	Rhinebeck	315		C	C	C			C	II	
Family School	98				D				D	II	Rondout	680	A	B	B	B			A	I	
F.D.R. * (1444)	1129		AA	AA	AA	A	A	A	AA	I	Roscoe	53	D		D				D	II	
Goshen	741		A	A	A				A	I	S.S. Seward	211		D	D				C	II	
Highland	472		B	B	B	B	C	C	B	II	Saugerties	811	A	A	A	B	B	B	A	I	
Kingston	1848		AA	AA	AA	A	A	A	AA	I	Spackenkill	440	C	B	C	C			B	II	
Liberty	404		C	C	C				B	II	Sullivan West	351	C	C	C				B	II	
Livingston Manor	139		D		D				D	II	Tri-Valley	297	C	C	C				C	II	
Marlboro	539		B	B	B	B			B	II	Tuxedo	293		C	C				C	II	
Middletown	1620		AA	AA	AA		A	A	AA	I	Valley Central	1247	AA	AA	AA		A	A	AA	I	
Millbrook	321		C	C	C	C			C	II	Walkkill	910	A	A	A	B	B		A	I	
Minisink	1167		AA	AA	AA		A	A	AA	I	Warwick	1282	AA	AA	AA		A	A	AA	I	
Monroe-Woodbury	1825		AA	AA	AA		A	A	AA	I	Washingtonville	1185	AA	AA	AA		A	A	AA	I	
Monticello	821		A	A	A				A	I	Wawarsing Christian	24								II	
New Paltz	589		B	B	B	B	C	C	A	II	Webutuck	201	D	D	D	D			C	II	

** Includes Wawarsing Christian Academy (24)

* Includes Rhinebeck for Football (315)

2009-2010 Sport Exceptions Classifications

5 Classes				3 Classes			Individual Sports	
Volleyball	Football	Basketball-Soccer-Baseball-Softball		Cross Country	Field Hockey	Boys Lacrosse	Girls Lacrosse	Spring Track Wrestling
AA 1020-Up	AA 1051-up	AA 950 - Up		AA 1083 - Above	A 915 - Up	A 1100 - Up	A 1134 - Up	Div. I
A 690-1019	A 626 - 1050	A 550 - 949		A 712 - 1082	B 914 - 450	B 650 - 1099	B 750 - 1133	600 - Up
B 436-689	B 441 - 625	B 325 - 549		B 468 - 711	C 449 - Below	C 0 - 649	C 749 - Below	Div. II
C 270-435	C 276 - 440	C 193 - 324		C 290 - 467				0 - 599
D 269-Below	D 275 & below	D 192 - Below		D 289 - Below				

NYSED – Physical Education/Athletics Update

NYSPPHSAA Central Committee Meeting
January 2009

Physical Education Profile

1. Product Support

- SED maintains a website devoted to updates on the Physical Education Profile at: www.emsc.nysed.gov/ciai/pe/profile.htm

2. Progress to Date

- Rest of State: **221** school districts need to take the professional development on the PE Profile. If your school has not attended a professional development on the use of the PE Profile, SED encourages you to contact the BOCES Staff and Curriculum Development Network office to schedule a professional development for the upcoming school year. You will not be able to get the PE Profile CD-ROM unless you attend one of these training events.

3. Ongoing Issues

- Compatibility with VISTA/Microsoft Office 2007 is still an issue and due to budget restraints a fully compatible version will not be able to be produced. One version has been completed, but it has printing issues. It can be used for training/professional development/public relations, but will not be able to print. SED budget will limit reproduction of this version. I will update the PE Profile page when we have additional copies ready for distribution.

Update on Physical Education Compliance

NYS OFFICE OF THE STATE COMPTROLLER – Auditing of Physical Education Compliance:

OSC completed the first report of 20 school districts and found 19 of 20 non-compliant with the regulations for physical education. Issues were mostly on the elementary (K-3) level and there were some issues on the secondary level where schools were offering elective courses in physical education for the required credit. Elective credit may only be used as such and may not count toward the required physical education credit that all students must attain in the regular physical education program.

SED will be sending letters to the schools involved in the audits requiring them to submit a plan within 60 days on how they will come into compliance. The complete OSC report is available at:

http://www.osc.state.ny.us/localgov/audits/swr/2008/physical_ed/physical_edfinal.pdf

The regulation for physical education is available on the PE web page – see link at end.

Standards Review – Health, Physical Education, Family & Consumer Sciences.

Our learning standards are set for the review cycle in 2010, but will possibly be set to a later date as the process is taking longer than expected. Please be thinking about the current standards and what if any adjustments should be made.

Proposed Changes to CR 135.4

SED is recommending several changes to the Regulations of the Commissioner, Section 135.4. A summary of the changes are:

1. Elementary physical education required instruction would be changed to allow schools that have grades 5-6 in middle schools to follow the same day/time schedules as grades 7-8. This will eliminate the scheduling and staffing issues of following two different required instruction days/times.
2. The time to complete the coaching requirements would be extended to 7 years to provide additional time for new teachers to complete their Master's Degree requirement and the coaching course requirement.
3. The regulation would be clarified regarding the appointment of coaches to include paid and non-paid coaches.
4. Additional authority would be included to allow SED to extend the time to complete the required courses due to lapse in service for extenuating circumstances (i.e. military service, pregnancy, etc.)
5. Teacher coaches and non-teacher coaches will have the exact same language regarding coaching requirements.
6. The extension of eligibility due to injury or accident would be clarified to require the Chief School Officer to provide documentation on how the injury/accident directly affected the educational plan of the student to a fifth year.

Selection/Classification

I continue to receive waiver requests that are incomplete. This increases the time a student has to wait for a determination. Please remind your Directors of Physical Education/Athletics to include the required forms (filled out completely and legibly) if

applying for a selection and classification waiver for an athlete. Also include the email address somewhere on the forms if a quick response is desired, otherwise it will come via U.S. Mail. The following forms may be mailed or faxed (518-473-4884):

- Individual Athletic Profile form
- Special Approval Request Application
- Special Case Form (only if athlete is rated below required standard)

Course Outline Revisions.

Coaching Courses: All revisions to the coaching course are complete and in effect. Agencies that failed to respond to the request for updated information were removed from the approved list. If you are one of those agencies, you will need to re-apply to SED to be reinstated.

First Aid/CPR: The committee that has worked on these changes is currently working on updates to the First Aid and CPR course outlines. The same process will be followed regarding distribution to approved agencies. Mailed updates will occur the first time to all agencies on the SED list and will request updated information including email addresses. If information is not received, the agency will be removed from the approved list.

PLEASE NOTE: BOCES Certification Units that issue coaching licenses refer to this list when applications are processed. If the agency on the certificate is NOT on the SED site, they will not approve the courses and the application will be denied.

Approved ON-LINE Coaching Courses:

Currently the following agencies are approved to teach the coaching courses on-line (or combination on-line and face-to-face). You can go to the PE web page, click on "Approved Courses" then click on Coaching Courses to find the contacts for these agencies (by location):

SUNY Cortland – Cortland, NY

SUNY Stony Brook – Stony Brook, NY

Sullivan County Community College – Loch Sheldrake, NY

Long Island Institute for Learning in Education (LILIE) – Centereach, NY

Erie2-Chautauqua-Cattaragus BOCES – Fredonia, NY

NO ON-LINE FIRST AID OR CPR COURSES ARE APPROVED

Attached is the NEWLY REVISED list of approved First Aid and CPR certificates. There have been several changes due to organization revision of courses and reduction of class time. Please share this list with the schools in your sections.

Applying to be an Approved Agency/Instructor for the Coaching Courses.

SED with the assistance of NYSPHSAA has revised the requirements for agency instructors to ensure that all instructors are qualified and have the appropriate experience to cover the outlines for the courses as described by SED. See attached.

FYI – 2009-10 School Budgets

With the growing deficit and reductions to school aid, schools must still provide students with the requirements in Education Law and Commissioner's Regulation. That means that physical education may not be reduced because of budget issues. *It is required by Education Law 803* (Required Instruction in Physical Education) as outlined in Commissioner's Regulation 135.4. Students must receive the required instruction indicated (days and time). Extra Class Activities (intramural, extramural and interscholastic competition) are also in Commissioner's Regulation but the extent to which schools must offer these is not indicated and budgets for these programs are different than those for required instruction.

FYI – Funding Interscholastic Athletics: The following is from a March 1995 memo by James Kadamus to School Superintendents regarding funding of interscholastic programs under contingent budgets: "Please remember that expenditure of funds for interscholastic athletics remains a noncontingent expense and subject to voter approval. It is also improper for a school district to charge fees to participants as a method of funding interscholastic sports programs." The memo also included language from an appeal decision: "he also (Commissioner) cautioned the school district not to engage in activities which create the impression that it is requiring payment of fees for student participation in sports activities."

For Physical Education Information Go To The Physical Education website:

www.emsc.nysed.gov/ciaj/physed.html

Trish Kocialski, Associate in Physical Education

pkocials@mail.nysed.gov – As always, email is the most effective way to reach me
518-474-5922 (office) 518-473-4884 (fax)

BECOMING AN APPROVED AGENCY/ AGENCY INSTRUCTOR

WHO MAY OFFER APPROVED PROGRAMS

Programs may be offered by colleges and universities, two year colleges, school districts, BOCES, professional organizations, athletic leagues, section athletic councils, athletic associations or other recognized groups or agencies that have received approval from the State Education Department. Agencies or organizations wishing to offer a Coaching Course program or First Aid and CPR, should make application to the Office of Curriculum and Instruction and must receive approval prior to implementation.

I. The materials to be submitted with a letter of request for approval shall include:

1. The contact person for the agency. Include name, full address, phone number and email address;
2. The name of the person(s) teaching the course(s), including evidence of their competence: **see specifics in item II. below**;
3. A statement from the agency indicating it will keep permanent records on persons who complete the courses, where the records will be kept and who will be responsible for them;
4. Indicate which course(s) the agency wishes to be approved to teach:
 - Philosophy, Principles and Organization of Athletics in Education
 - Health Sciences Related to Coaching
 - Theory & Techniques of Coaching – sport specific
 - First Aid
 - CPR;
4. A list of the resource persons that will be used (for coaching courses only);
5. A description of the evaluation techniques to be used.
6. Name, address, and email for each instructor you wish approved, plus the items under Instructor Approvals:

II. Instructor Approvals:

A) Coaching Courses:

To have instructors approved to teach any of the coaching courses, please see the following list of qualifications necessary to become an instructor. Verification of these items must accompany a request to have the individual approved to be an instructor:

- 1) Earned Master's Degree
- 2) Copy of teacher certification or other NYSED certification (counselors, school psychologists, Nurses license, etc.)
- 3) Documentation of completion of the three coaching courses (for all individuals that are not certified in physical education)
- 4) Minimum of five years recent coaching experience at the interscholastic Varsity - Head coach level – or currently in a Director of Physical Education/Athletics position.
- 5) List of current memberships: (NYSPHSAA, NYSAAA, NYSCOA, NYSAIIPERD, etc.)
- 6) Knowledge and understanding of the NYSPHSAA Handbook.
- 7) NYS Certified Athletic Trainers may be approved to teach Health Sciences Applied to Coaching without items 2 and 4.
- 8) Three letters of recommendation to be an instructor for SED.

BECOMING AN APPROVED AGENCY/ AGENCY INSTRUCTOR

B) First Aid/CPR Courses:

First Aid and CPR instructors must provide the following verifications:

- 1) Documentation of 5 years experience teaching First Aid and/or CPR for a recognized agency such as the American Red Cross, American Heart Association, National Safety Council, EMS Services, NYS Department of Health, etc.
- 2) Current instructor certifications from one of the above.
- 3) Three letters of recommendation to become an instructor for SED.

III. Upon agency approval:

Once the agency and instructors are approved, a course outline for each of the courses to be taught will be sent to the contact person listed for the agency. Certificates of completion for Coaching Courses, First AID and CPR will be provided for participants (photocopy masters) and approved agencies will be responsible to provide certificates of completion to participants for each coaching course offered.

IV. Course Certificates of Completion:

Participant certificates will be provided by SED for all agencies approved to teach the courses. An original photocopy of the certificates will be sent to the Point of Contact upon approval. These certificates must be used to provide evidence of course completion to the BOCES Certification Units and the Director's of Physical Education/Athletics where the individual is coaching. **ONLY THESE CERTIFICATES WILL BE ACKNOWLEDGED BY THE CERTIFICATION UNITS AS EVIDENCE OF COURSE COMPLETION.**

V. Applications to NYSED:

Send the above to Patricia Kocialski, Associate in Physical Education, State Education Department, Room 320 EB, Albany, New York 12234 for an updated list.

If you have questions, please send them via email to: pkocials@mail.nysed.gov

**COURSES ACCEPTED AS MEETING
THE COACHES FIRST AID AND CPR REQUIREMENT
AS OF JANUARY 2009**

FIRST AID

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years)
(www.emsc.nysed.gov/ciai/physed.html - Click on Approved Courses)
2. American Red Cross:
 - a. Responding to Emergencies (24 hour course that includes CPR certification)
3. NYS DOH/Bureau of Emergency Medical Services:
 - a. Certified First Responder
4. National Safety Council
 - a. First Aid Taking Action
 - b. First Responder

ADULT CARDIOPULMONARY RESUSCITATION (CPR)

1. A State Education Department approved agency that offers CPR using the SED course outlines and time requirements: 4 hours initial; 2 hours update (must be renewed every year to be valid)
(www.emsc.nysed.gov/ciai/physed.html - Click on Approved Courses)
2. National Safety Council (NSC):
 - a. CPR/ AED Course
3. American Heart Association Courses (AHA):
 - a. Advanced Cardiac Life Support (ACLS)
 - b. Basic Life Support for Health Care Providers (BLS)
4. American Red Cross Courses (ARC):
 - a. Adult CPR/AED
 - b. CPR/AED for the Professional Rescuer (credited for CPR only...not First Aid)
 - c. Responding to Emergencies (credited for both CPR and First Aid)
5. American Safety & Health Institute (ASHI)
 - a. Adult CPR/AED

SED does not require the following to have separate certification in First Aid/CPR to coach:

- c. Registered Nurse – Nurse Practitioner – LPN - Nurse Aide
- d. Physician – Physician Assistant
- e. Licensed Physical Therapist
- f. Certified Emergency Medical Technician*
- g. Certified National Athletic Trainer*
- h. Fire and Police officers* - (full time officers)

**The above credentials are also valid for SED approved instructors of First Aid or CPR if their card indicates authorization as an "instructor." For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Education at (518) 474-5922*