



SECTION IX ATHLETICS

Robert Thabet, Executive Director

Section IX Athletic Council Meeting

Tuesday, December 1, 2009

Walkill High School at 9:30 a.m.

1. Call to Order: Bob Thabet
2. Pledge of Allegiance: Bob Thabet
3. Approval of October 20, 2009 Minutes
4. Championship Philosophy Committee – David Bernsley
5. Financial Report: Jim Osborne
6. Section IX Budget 2010-2011: Bob Thabet
7. Review of Meeting Materials: Jim Osborne
8. NYSPHSAA Representatives – Roberta Greene and Jim Wolfe
9. Reduction of Athletic Contests: Leagues
10. Sportsmanship: Leagues
 - a. Consequence for a coach not serving sportsmanship penalty
11. Modified Sports: Leagues
 - a. Section XI request for baseball re-entry rule
 - b. Baseball bats
 - c. Softball pilot program
12. Classification of Schools – BEDS Report: Jim Osborne
13. How teams are selected to Section 9 Tournament
14. Application for Membership into Section IX – Bob Thabet
15. Fall Chair Reports:
 - a. Cross Country Jim Glover & Steve Loturco
 - b. Football Dave Coates & Glen Maisch
 - c. Boys Soccer Pete Ferguson
 - d. Girls Soccer Diane Wanser
 - e. Field Hockey Linda Krause
 - f. Girls Swimming Pat Ryan
 - g. Girls Tennis Selina DeCicco
 - h. Volleyball Ken Rubino
16. Winter Chair Reports:
 - a. Girls Basketball Ken Rubino
 - b. Boys Basketball Fred Ahart
 - c. Ice Hockey Paul Bacsardi
 - d. Girls & Boys Indoor Track Mike White
 - e. Boys Swimming Scott Warner
 - f. Wrestling Jeff Culty
 - g. Gymnastics Lee Ann Digsby
 - h. Nordic Skiing Jon Stern
 - i. Alpine Skiing Janet Carey
 - j. Bowling Amy McArdle
17. Chair Reports:
 - a. Girls & Boys Modified Sports Brian Devincenzi & Helenanne Gillinder
 - b. Safety Janet Carey
 - c. Chemical Health Marco Lanzoni
 - d. Officials Coordinator Dennis Burkett
 - e. Eligibility Fred Ahart
 - f. Sportsmanship Glen Maisch
18. New Business
19. Old Business
20. Adjournment

Next Meeting Date: Tuesday, January 12, 2010 at 9:30 a.m. at Orange-Ulster BOCES at 9:30 a.m.

TO: Section IX Athletic Directors

[FWD: Championship Philosophy SUMMARY

Dear all,

Attached is the summary of the Championship Philosophy Committee meeting from October 15, 2009.

The committee wanted to have one document to serve as a guide for their presentations to the member schools in your Section.

Please distribute the attached summary rather than the minutes of the meeting.

If you have any questions, please contact me.

Nina Van Erk
Executive Director
NYSPHSAA
518.690.0771 phone

11/30/2009

Championship Philosophy Committee
October 15, 2009

MEETING SUMMARY

MEMBERS PRESENT:

Karen Peterson (1), Michael Cring (3), Kathy Hoyt (5), Ramona Wenck (4), Saul Lerner (8), David Bernsley (9), Lisa Lally (11), Steve Broadwell (7), Pat Burke (6), Pat Pizzarelli (President), Bob Stulmaker (Assistant Director), Nina Van Erk (Executive Director), Doug Kenyon (co-chair) and Karen Lopez (co-chair). Absent with notification: Mark Ward (1st Vice President), Ryan Sherman (2), Tony Bjork (10).

ROLE OF THE COMMITTEE

The role of the committee is to review the current philosophy and assess if any modifications are necessary. The committee will consider such topics as:

- ◆ Current expectations of our student athletes, schools & sections
- ◆ Quality of competition vs. quantity of participants
- ◆ Fiscal concerns associated with championship events
- ◆ How to improve existing championship events

DISCUSSION

TEAM SPORTS – Regional and State Championships

At this time, the members of the committee did not identify any significant issues with team championships.

INDIVIDUAL SPORTS – State Championships

The members of the committee identified the following concerns after discussing quality vs. quantity and at large vs. qualifying times/distances.

1. Some sports do not have any limitations on the number of participants if the qualifying standard has been met.
2. Lack of consistency throughout the Sections on when the qualifying standard can be met.
3. Lack of consistency in how Sections select the individuals for NYSPHSAA Championship events.
4. Lack of consistency in the number of place winners that go on to the championship event.
5. No consistent formula for the qualifying times/distances (6th place – 30th place averages are used).
6. Should the committee re-visit the Individual Sport formula for the number of varsity programs needed for two divisions?

COMBINATION TEAM/INDIVIDUAL SPORTS

The discussion was lengthy and included statements such as:

- The better athletes and the good teams to proceed to the tournament
- There is an incomplete definition of this category
- How did sports achieve the dual status, what is the history behind this designation?

FUTURE REVIEW

The committee agreed we need to have the best athletes at our championship events. The committee would like to review the following:

1. The relay procedure for the sports of track and swimming.
2. The Individual Sport formula for the number of varsity programs needed for two divisions.
3. Should it be a choice of the committee or an automatic approval to increase to two divisions when the required number of programs is achieved?

ADDITIONAL DISCUSSION

Where we want the pendulum to swing? Are we looking at a finite number of participants to achieve excellence in the tournament? Should we address the broader philosophical question, what is the percentage of access to championship events? To be fair and equitable, we examine all categories of sport; team, individual and team/individual sports. The site selection of championship venues was discussed. The use of centralized sites was discussed as a cost saving measure. There are three options that are currently being used by the sport committees. They include:

1. rotation from Section to Section (XC, track, gymnastics),
2. bid process (basketball, volleyball, softball)
3. best available site (tennis, football, soccer)

The committee felt that a future discussion will be held about centralized sites for our championship activity.

NEXT STEPS

At this point in time, the committee is in agreement with the approved NYSPHSAA current philosophical statement:

"In the interest of equitable competition, minimal loss of academic time, financial impact and logistical concerns including, but not limited to, travel, lodging, meals and facilities for competition, the NYSPHSAA will sponsor one championship experience in a sport when six or more of its sections having four (4) or more of their member schools sponsor that sport."

The committee felt strongly about the need to gather more information and be supplied with updated participation information before any recommendation could be discussed.

The Association staff will assist the committee by gathering or updating the following information:

1. Input from Sport Coordinators regarding their sports' NYSPHSAA tournament
 - a. Brief history of the evolution of the tournament
 - b. How is quality vs. quantity addressed
 - c. Using the current philosophical statement for championship events what changes could be made to the tournament
2. Update NYSPHSAA Championship Worksheet (page 21 of Philosophy Report)
3. Update number of participants in NYSPHSAA Championships (Joe's Report)
4. Update list detailing number of medals awarded at NYSPHSAA Championships

5. Gather information from Sections on how athletes qualify for the individual sport NYSPHSAA Championships
6. Compile a comparison of the formulas used for developing individual sports qualifying standards
7. Gather information regarding relay events and participants for swimming and track
8. Construct a comparison indicating the percentage of championship opportunity in all championship events using the Participation Survey data.

NEXT MEETING
Thursday - JANUARY 14, 2010 - 10:00 AM
NYSPHSAA OFFICE

Items to be discussed by the Leagues for a possible vote at the December 1, 2009
Section IX Athletic Council Meeting.

1. 2010-2011 Section IX Budget
2. Reduction of Athletic Contests
(Currently a Section IX and NYSPHSAA Policy)
3. Modified Sports
 - A. Section XI request for baseball re-entry rule
 - B. Baseball bats
 - C. Softball pilot program
4. Sportsmanship
Consequence for a coach not serving sportsmanship penalty

OFFICE OF THE ASSISTANT ADMINISTRATOR FOR STUDENT AFFAIRS
AND DISTRICT ATHLETIC DIRECTOR

State Modified Report from October Meeting

- The four modified pilot programs (1) the use of the libero player in boys' and girls' volleyball in 2009-2010; (2) the "mercy rule" pilot program in baseball and softball, allowing a game to end after the fifth inning when a team at the short end of the 15 run rule has completed their fifth at-bat; (3) the wrestling pilot program that allows modified wrestlers who compete in two or three bouts in a contest to wrestle using the time periods for bouts of 'Program 2': 1st Period – 1 minute, 2nd and 3rd Periods: 1 and ½ minutes; and (4) the increase in the height of the hurdle in the 55m modified boys' event from 30 inches to 33 inches are in progress. Online survey collection is being utilized to gather data.
- Status of Combined HS/Modified Track Meets.
 - Combined meets are not happening in the State; some sections indicated their opposition to the concept, fearing that this could become a financial decision that could compromise modified athletes. Track sport coordinator Teresa Lee noted that this design might be considered by smaller schools, but the longer time factor makes it less applicable for larger schools.
 - The Section XI baseball request for a re-entry rule that would allow a coach to replace an injured player if the coach has already utilized all of his/her substitutions was discussed. The Committee members felt it was not a bad idea, if used respecting the spirit of modified athletics, and would be useful for softball as well. It was agreed that if the design goes directly to the Executive Committee and is passed, it can begin to be used in the spring. The item was deferred to "New Business".
- The Section XI baseball request for a re-entry rule that would allow a coach to replace an injured player if the coach has already utilized all of his/her substitutions was discussed. The Committee members felt it was not a bad idea, if used respecting the spirit of modified athletics, and would be useful for softball as well. It was agreed that if the design goes directly to the Executive Committee and is passed, it can begin to be used in the spring. The item was deferred to "New Business".
- Motion (Robinson, Pollard)
 - *"In the spirit of modified athletics, in the sports of baseball/softball, the re-entry rule may be waived only if an injured player must be replaced and all eligible substitutions have been used."*
 - Approved 17-0. This item will go directly to the Executive Committee, and, if passed, may be implemented in the Spring 2010 season.
- Modified Baseball Bats.
 - The current differential of length and weight in bats may not be greater than -3. This is a problem for smaller athletes because there are few bats manufactured that are less than 30-31" in length, and bats are too heavy. After discussion, it was unanimously agreed that there is a need for more data regarding this item, and the item should be referred to the Safety Committee.

- Softball Regulations for Extra Innings.
- There is a limit of two extra innings in the event of ties when playing doubleheaders (*Reference: Baseball Modified Game Condition #2.d, NYSPHSAA handbook, page 136*). Some would like to see additional innings made available to end games with a win. In the spirit of modified athletics, it was agreed that overtime is not always necessary, other sports end without a winner, and ties are not a bad thing. There was no action.
- *“With sectional/league approval, a two year pilot program in modified softball may be implemented that shall allow innings 1-6 to be completed at five runs or three outs. The 7th inning shall be played as a normal inning, with three outs and no run restrictions for that inning.”*
- Approved 15-2. This item will go directly to the Executive Committee, and, if passed, may be implemented for the Spring 2010 season. Sectional representatives must report their intent to participate in this proposed pilot program by January 29, 2010. Section II representatives must design a survey for the pilot program.. The participating schools must be willing to collect data from participating schools and complete/forward surveys to the NYSPHSAA website.
- Badminton/Tennis Motion
- Motion (Romanello, Bloom)
- *“For the purpose of ensuring that every eligible badminton/tennis player has the opportunity to play in a match, each player may play one additional singles or doubles match per day. The individual limitations/day for badminton and tennis (*Reference: Modified Sports Standards Chart, NYSPHSAA handbook, pages 134-5*) shall be increased to two matches per day, provided that every individual eligible player plays once before any player plays twice.”*
- Approved 17-0. This item will go directly to the Executive Committee, and, if passed, may be implemented in the Spring 2010 season.
- Wrestling Motion
 - Motion (Richard, McMillan)
 - *“With sectional/league approval, an additional ‘sudden victory’ overtime period shall be permitted in modified wrestling. Wrestlers must start in the standing position, and the period shall not exceed 30 seconds.”*
 - Approved 17-0.
This item will be a “Discussion Item” at the Spring 2010 meeting of this Committee.

NYSPHSAA Enrollment Numbers - Section IX Athletics 2010 - 2011

SCHOOL	NYSPHSAA ENROLLMENT REPORTED #	SCHOOL	NYSPHSAA ENROLLMENT REPORTED #
John S. Burke	379	NFA	2892
Chapel Field	98	James I. O'Neill	398
Chester	241	Onteora	473
John A. Coleman	136	Pine Bush	1513
Cornwall	872	Pine Plains (Stissing)	300
Eldred	177	Port Jervis	873
Ellenville	412	Red Hook	591
Fallsburg	301	Rhinebeck	306
Family School	87	Rondout	616
F.D.R. Hyde Park	1122	Roscoe	47
Goshen	746	S.S. Seward	199
Highland	466	Saugerties	804
Kingston	1817	Spackenkill	441
Liberty	366	Sullivan West	361
Livingston Manor	125	Tri-Valley	289
Marlboro	543	Tuxedo	305
Middletown	1629	Valley Central	1214
Millbrook	295	Walkkill	916
Minisink	1161	Warwick	1173
Monroe-Woodbury	1850	Washingtonville	1179
Monticello	823	Wawarsing Christian	19
New Paltz	580	Webutuck	206

Numbers include grades 9, 10, 11, plus ungraded.

Change to pre-season practice regulation for football

Change from 3-2-6-4 to 2-3-6-4.

To read as follows:

The **first two days (2)** of practice must be non-contact, without the use of protective equipment and mechanical blocking devices. The use of cones, ropes, ladders, step-over dummies, soft hand shields and similar devices as teaching aids is permissible. Helmets may be worn.

The **next three days (3)** provide a transition from the conditioning phase to full contact. During this phase players are permitted to wear a helmet and shoulder pads. Blocking dummies, sleds and similar devices are permitted. During this phase player to player tackling drills, team scrimmaging, running full contact plays etc. are not permitted.

The **following six days (6)** consist of contact practice with full protective equipment and the use of all training devices. Full player to player contact and team scrimmaging is permitted.

Four additional practices (4) must be completed by the individual and team prior to the first contest. Interscholastic scrimmages may commence after 11 practices have been completed by the individual player and team. Interscholastic contests may commence after 15 practices have been completed by the individual player and team.



SECTION IX ATHLETICS

ROBERT THABET, EXECUTIVE DIRECTOR

TO: Section IX Athletic Directors
FROM: David Coates, Glen Maisch - Section IX Football Chairmen
RE: 2010 Junior Varsity and Varsity Football Schedules
DATE: November 30, 2009

We will endeavor to schedule everyone **nine** Varsity and Junior Varsity Football games for the 2010 Fall Season. Since Section IX is not large enough to be self-contained in Football, you may be assigned games with schools outside of Section IX. **The Football Committee or its designee will do all Football scheduling (Varsity and Junior Varsity) in Section IX.** The Section IX Football pre season meeting is scheduled for August 15, 2010 at Pine Bush High School at 6:00 p.m. **This meeting is mandatory for all Head Football Coaches.**

This form must be returned by December 15, 2009 or your schedule will be assigned without your input. Return the form to: **OCIAA Athletic Coordinator's Office, 53 Gibson Road, Goshen, NY 10924** or fax form to (845) 291-7306.

Head Football coaches who have questions regarding the schedule during and after the scheduling process should have their Athletic Director contact their Division Representatives only. The Scheduler has been instructed not to speak with coaches regarding the schedule.

PLEASE COMPLETE:

Traditional Rival (1 Team): _____

Secondary Request(s): _____

Day and Time of Home Games: Friday Saturday **Time:** _____

Will you have JV Team?: Yes No

Scheduling Requests/Concerns*: _____

***Please Note:** We will make every attempt to honor your requests. However, this may not always be possible. Review your handbook bylaws to fully understand your responsibilities.

All three signatures listed below must be completed prior to turning in this form.

Superintendent of Schools

School District

Athletic Director

Head Football Coach

Section IX State Safety Meeting 10/7/09 Report

The meeting was held by conference call at 10:00 AM

Girls Lacrosse.

There were several guests from the US Lacrosse Association, NYS Officials Council for Girls Lacrosse, NYS Girls Lacrosse committee members, NYS President of Athletic Trainers. Each made a presentation addressing their information and position on the use of helmets for girls' lacrosse players. A large email package of information was sent to be reviewed by Todd Nelson. Question and answer periods followed the presentations. After lengthy discussion, a motion was made by me to not to make any requirement at this time, but to continue to collect data through the NYS committee and their coaches, to work with the athletic trainers to collect data and to work with the coaches and officials for better education. The vote passed 10 – 1. We will continue the discussions at the section level. Our section reported no injuries for the 2009 season.

Concussion Management

There is no grant for this year. \$9000 remains from the previous grant for use. This year we will continue the Grassroots approach, encouraging all schools to establish their concussion management committees and to establish board policies within their districts. The NYSPHSAA office still has some materials left if any school needs guideline cards, posters, etc. Section 3 thanked us for the idea of going to rules meetings, they said it worked well.

Heat Index Proposal

Each section discussed its concerns, questions and recommendations for the Heat Index policy and a committee was established to finalize the draft. It will also include wind chill information for the cold weather season. We will look at it at the spring meeting.

Football Season Guidelines

The NYS Football committee submitted a "practice proposal" for consideration. Since not all sections had an opportunity to discuss it, it will be taken back to the sections for review and Todd will check with bordering state policies.

H1N1 Virus Prevention

It is important that all coaches communicate before contests to make sure they know how sportsmanship will be displayed before the contest begins so there will be no embarrassment. Make sure players have a way to wash hands afterward.

Minimum Weight Certification

Remind wrestling coaches that they need to have athletes hydrated before testing.

Reminder that on the day of an appeal, the actual weight of the wrestler on that day will be used.

The AD must sign the form before a wrestler can go for hydrostatic testing. This will be the final weight used – no appeal again.

Baseball/Softball Helmets

Section 11 proposed that all first and third base coaches in baseball and softball wear helmets. Should the state have the same rule? Todd will get the National federation position. Agenda item for spring, but any section can rule on it earlier.

Modified Baseball Bats

Concern that bats are too large for many modified players and the committee would like more information from the sections to see if others are having the same problem/ will be an agenda item in the spring.

Scrimmages

The handbook committee will be writing sport specific definitions for scrimmages when they meet on 10/21. We will be asked to determine how many scrimmages can be played in a day and how many nights rest between scrimmages should be allowed. Spring meeting agenda item.

Name: _____ Age _____ Male _____ Female _____

Address: _____ Street _____ City _____ State _____ Zip _____

Telephone: _____ Email: _____

Sessions: _____ 9 am to 11 am (10-12 ages) _____ 12 pm to 2 pm (13-15 ages) _____ 3 pm to 5 pm (16-19 ages)

Please make check out to Mount Saint Mary College Athletics for the amount of \$40 per athlete to:
Mount Saint Mary College Athletics
Attn: Frank Martini, Athletic Clinic
330 Powell Avenue
Newburgh, NY 12550

"Success doesn't come
to you ...



... you go get it!"



Blue Knight Athletic Clinic
Mount Saint Mary College & The Edge

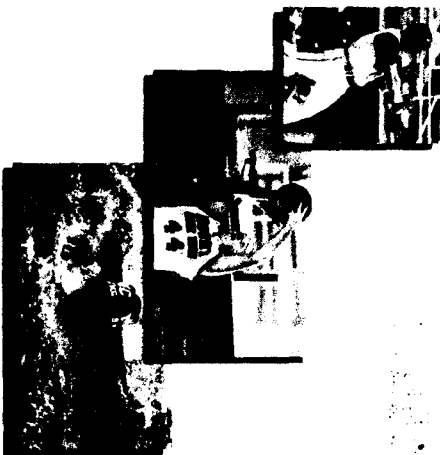
Looking for
an athletic edge ...

Have the desire to
perform your best ...

Want to improve your ...

**SPEED,
STRENGTH,
AGILITY,
POWER,
INJURY -
PREVENTION**

NOV 28



You play a sport. we can help you achieve optimal performance!



Speed • Agility • Strength • Power • Injury Prevention
Education • Performance Training • Weight Loss or Gain
Motivational/Time Management Training
Nutritional Analysis • CPR/First-Aid



Mount Saint Mary College has partnered with The Edge Performance Training Center in bringing to the Hudson Valley a two hour clinic on how every athlete can reach **optimal performance** and reduce the risk of injuries in any sport. On Wednesday, December 30th we will offer three sessions in the Mount Saint Mary College Kaplan Athletic Center that correctly demonstrates and instructs as you go through proven routines that increase speed, agility, strength, injury prevention and a discussion on nutrition to properly fuel a competitive athlete. Each session is open to all athletes, male or female and is geared toward specific age groups at a cost of \$40 per athlete.

Our program is an innovative and motivational training session that is both efficient and effective. You will walk away with a new workout infused with techniques that actually work! The Edge's unique experience in performance training will instill in every athlete cutting edge information, as well as the individual instruction that will take you to the next level!

3 Sessions

9 am to 11 am (10-12 age group)
12 pm to 2 pm (13-15 age group)
3 pm to 5 pm (16-19 age group)
\$40 per athlete

The Edge

Performance Training Center is located in Bethel Ct. and is the leading training specialist in New England.

Attention To Detail

Each session will have a limited number of athletes so that we can ensure correct techniques for every participant.

Further Information

Contact
Coach Martini at fmartini@msmc.edu or
Coach Fonseca at hfonseca@msmc.edu



Section IX

2010 - 2011

PROPOSED

VARSITY & JUNIOR VARSITY WRESTLING – 20 POINTS

Section IX Format

Division I

1. Newburgh
2. Monroe-Woodbury
3. Kingston
4. Middletown
5. Pine Bush
6. Valley Central

Division II

1. Washingtonville
2. Warwick
3. Minisink
4. Wallkill
5. Port Jervis
6. Cornwall

Division III

1. Monticello
2. Saugerties
3. Goshen (Var.)
4. Rondout

Division IV

1. Red Hook
2. New Paltz
3. Highland
4. Onteora
5. Ellenville
6. Millbrook (Var.)

Division V

1. Burke (Var.)
2. Liberty (Var.)
3. Tuxedo (Var.)
4. Fallsburg (Var.)
5. Chester (Var.)
6. Eldred (Var.)