

A. Acro Series Recognition and Special Requirement fulfillment:

Examples:

1. Standing Back salto, Back salto;
Not an acro series because only two acro elements – but will fulfill Special Requirement #1 because two saltos directly connected.
2. Round-off, Flic-flac, Back salto;
An acro series, but No acro special requirement #1, because no two (2) saltos.
3. Front handspring, Front aerial, Front aerial
No acro special requirement #1, because aerials are not saltos.

B. A break (pause, extra step, hop) between the fast flight elements or saltos will break the acro series special requirement.

C. A dance element performed within an acro series will break the acro series special requirement.

Ex. - Round-off, Flic-flac, Back salto in tuck, Straddle jump, Flic-flac, Back salto in pike
No Acro series special requirement, because the straddle jump breaks the connection of the two saltos

VI. DANCE PASSAGE RECOGNITION

- The object is to create a large, flowing and traveling movement pattern. The locomotor movement can move forward, sideward, or backward.
- *An indirect connection would allow for running steps, small leaps, hops, chassés, assemblés, or **any kind of turn on 1 or 2 feet** between the two dance elements.*
- No acro elements, pauses, or stops are allowed within the dance passage.
- Leaps and hops may land on one *or both* feet as the first, second and/or last element in the dance passage. *Rebounding from a leap/jump is allowed and will not be considered a stop or pause.*
- The second (or last) element may also land in a prone or split-sit position.

Examples -

1. Tour jête,+ chasse, + cat leap 1/1 *Fulfills requirement*
2. Switch leg leap, + step hop, + wolf hop ½ *Fulfills requirement*
3. Tuck jump 1/1 turn, + Straddle jump 1/1 (Popa)
Does NOT fulfill requirement, both are jumps from two feet
4. Cat leap 1/1, + run, run, + wolf hop ½
Does NOT fulfill requirement, there is no 180° split in the passage

1. Examples: B + B + 0.10 P.

- Front handspring, Front salto stretched, Front salto tuck
B B
- RO, FF, Whip salto, Back salto stretched
B B
- Front aerial, Side aerial
B B

2. Examples: B + C + 0.20 P

- RO, FF, Whip salto, Back salto with 2/1 twist
B C
- FHS, Front salto with 1/1, Front salto tuck
C B

A. Direct connection of two (2) Dance elements; or two (2) Dance/Acrobatic elements. The acrobatic elements may include saltos/aerials and hand support elements with flight.

- The two dance elements may be the same or different
- *A turn directly connected to a jump (in that order only) is **NOT** eligible for Connection Value bonus.*

Ex.: Double turn + Straddle jump with 1/1 turn = NO CV

Wolf hop with 1/1 turn + Double turn = OK for CV

- A pause, stop, hop, small jump or extra step between elements will break the direct connection.

1. Examples: C + C + 0.10 P.

- Switch leg ring leap (C) + cat leap with 1½ turn (C)
- Switch leap with ¼ turn to side split (C) + Tuck jump with 1½ turn (C)
- Straddle jump 1/1 (Popa) + Straddle jump 1/1 (Popa)

IX. SPECIFIC FLOOR EXERCISE EXECUTION DEDUCTIONS

- A. Concentration pause (more than 2 seconds) each 0.10 P.
- B. Rhythm during execution of direct connections each up to 0.10 P.
- C. Incorrect body position in dance element each up to 0.10 P.
- D. Legs not parallel to floor in split or straddle pike up to 0.20 P.
- E. Music and movement not in harmony each 0.05 P.
- F. Exercise not ended with music 0.10 P.